Guthrie County

Directory of

Health and Human Services

Updated June 2014
Children, Juveniles and Families

ACES (Association for Children for Enforcement of Support)
- Assists with Child Support Recovery ........................................641-746-2692
  1-800-738-2237

Boys & Girls Club of Central Southwest IA
- Safe Place for Teens and Families ...........................................641-742-3119
  To meet and learn new skills
  807 Broad Street
  P.O. Box 225
  Adair, IA  50002

Child Care Resource and Referral
- Helps families locate child care providers ...............................641-782-8431
- Provides training for providers ..............................................1-888-482-8431
  203 West Adams
  Creston, IA  50801

Community 4 Children
- Decategorization ..............................................................712-792-4317 ext.239

Community Partnership for Protecting Children
  608 N. Court St. Suite C
  Carroll, IA  51401

Court Appointed Special Advocates (CASA).................................866-923-1083
  P.O. Box 1013
  Carroll, IA 51401

Crisis Intervention & Advocacy Center
- Provides services to victims of domestic abuse,
  Sexual assault, and homelessness ......................................24 hour crisis line 1-800-400-4884
  Spanish line 1-800-550-0004

Department of Human Services ..............................................1-866-202-5968
- Economic Programs – FIP emergency assistance, medical assistance, state
  Supplemental assistance, food stamps, home and community waivers, information and referral
  Services, promise jobs, intermediate care facility.
- Service Programs – Adoption, case management, child day care, child and adult protection
  Assessments, family centered services, family preservation, family life home, foster care licensing, foster family and group foster care placement, in-home health related care, juvenile court supervision and social casework.
Family Resource Center (CCCPCA) .............................................................712-792-6440
502 W. 7th Street .................................................................................800-999-5101
Carroll, IA 51401 ..............................................................................www.carrollfrc.org

- Child Care Project – technical assistance to child care providers.
- Parent-Time-Out – provides a break from Challenges of parenting.
- FaDSS (Family Development and Self-Sufficiency Program) – helps participants to become more self-sufficient.
- Crisis Child Care – community-based emergency child care to families.
- Stewards of Children is a curriculum for sexual abuse prevention, nurturing healthy sexual development.

**Waivers and Programs**

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<td>Children’s Mental Health</td>
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**Services**

- SCL (Supported Community Living) focuses skill development.
- Respite is a temporary break for the parent or guardian.
- CDAC (Consumer Directed Attendant Care) – doing tasks for individuals with disabilities.
- Home-Based Habilitation – skill retention or improvement for individuals with psychiatric illnesses.

- **Emergency/Crisis Care – Crisis Line** ........................................1-800-999-5101 or 712-792-6440

**ISU Extension**

- Provides information/programs on parenting ..................................................641-747-2276
- Child development, child care, aging and stress ........................................212 State St.

**New Opportunities, Inc.**

- Maternal Health, Family Planning, Child and Adolescent Health................641-747-3845
- Women, Infant And Children (WIC), Share Iowa ........................................2002 State St., Ste. 2
- Low Income Home Energy Assistance, Financial Literacy .........................Guthrie Center, IA 50115
- Weatherization, Head Start, Food Pantry, and Chore Services ..................www.newopp.org
- Utility Crisis Assistance, Head Start/Early Head Start
- 1st Five Healthy Mental Development
- Homelessness Prevention and Rapid Rehousing (HPRP) – 712-830-8127
Early Childhood Iowa Area for Audubon, Carroll, Greene & Guthrie
Provides funding for preschool assistance, child care project and home visitation
Early Childhood Task Force meetings held quarterly

Churches

Adair
Good Shepherd Lutheran Church, 1107 Broad St. ........................................... 641-742-3802
Immanuel Lutheran Church, 709 Adair St. ......................................................... 641-742-3821
St. John’s Lutheran Church, 3046 Union Ave. ................................................. 641-742-3669
Presbyterian Church, 405 S. 5th St. ................................................................. 641-742-3634
St. John’s Catholic Hall, 501 Adair St. P.O. Box 55, Adair ............................... 641-742-5045
United Methodist Church, 404 Cass ............................................................. 641-742-5575

Bagley
Church of Christ, 321 2nd St. .................................................................. 641-427-5748
United Methodist Church, 401 Main St. ......................................................... 641-427-5425

Bayard
Bayard-Wichita United Methodist Church, 502 Third Street ......................... 712-651-2307
Church of Christ, 401 2nd St., P.O. Box 160 ................................................. 712-651-2905
St. Patrick’s Catholic Church, 214 Prairie St. ................................................ 712-651-2676

Casey
St. John’s Lutheran Church, 104 E. 1st St. ......................................................... 641-746-2734
United Methodist Church, 100 E. 2nd St. ....................................................... 641-746-2210
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<tr>
<th>Community</th>
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<td>Guthrie Center</td>
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<tr>
<td>The First Baptist Church,</td>
<td>113 N. 5th St.</td>
<td>641-747-8198</td>
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<tr>
<td>Bowman Chapel Church,</td>
<td>2397 Bowman Ave.</td>
<td>641-747-2798</td>
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<tr>
<td>Christian Church,</td>
<td>105 N. 4th St., Box 64</td>
<td>641-332-2571</td>
</tr>
<tr>
<td>Immanuel Lutheran Church,</td>
<td>713 N. 12th St.</td>
<td>641-332-2918</td>
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<tr>
<td>Kingdom Hall of Jehovah’s</td>
<td>1300 Grand St.</td>
<td>641-747-8524</td>
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<tr>
<td>Open Bible Church,</td>
<td>E. Hwy. 44, RR 2</td>
<td>641-747-3961</td>
</tr>
<tr>
<td>Community Bible Church,</td>
<td>1507 State St.</td>
<td>641-332-2126</td>
</tr>
<tr>
<td>Presbyterian Church,</td>
<td>701 State St.</td>
<td>641-332-2425</td>
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<tr>
<td>St. Mary’s Catholic Church,</td>
<td>603 Main St.</td>
<td>641-747-2569</td>
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<tr>
<td>Seventh Day Adventist Church,</td>
<td>1305 North</td>
<td>641-747-2761</td>
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<tr>
<td>United Methodist Church,</td>
<td>405 Prairie St.</td>
<td>641-332-2408</td>
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| Jamaica                   |                               |             |
| Jamaica Union Church,     | 401 Second Ave.               | 641-429-3337|

| Menlo                     |                               |             |
| Church of Christ          |                               | 641-524-2571|
| Jefferson Center Church   |                               | 641-524-5358|
| United Methodist Church,  | 303 5th St.                   | 641-524-4561|

| Panora                    |                               |             |
| St. Cecilia Catholic Church, | 220 N. 1st                    | 641-755-2658|
| Church of the Brethren,    | 2946 200th Rd.                | 641-755-3800|
| First Christian Church-Disciples of Christ, | 1st and Church             | 641-755-2227|
| Lighthouse Assembly of God, | 400 SE 3rd, P.O. Box 518    | 641-755-3060|
| Panorama Community Church, | 2322 Wagon Rd., Box 417    | 641-755-2322|
| St. Thomas Lutheran Church, | 2106 Hwy. 4, P.O. Box 509  | 641-755-2051|
| United Methodist Church,  | 119 E. Main, P.O. Box 601    | 641-755-2655|
| Calvary Chapel of the Raccoon River Valley, | 412 W. Church            | 641-755-4268|

| Stuart                    |                               |             |
| All Saint’s Church,       | 801 N. 2nd St.                | 515-523-1943|
| Congregational Church,    | 224 N. Division St.           | 515-523-1570|
| Fairview Congregational Christian Church, | RR 1                     | 515-523-1493|
| Friends Church,           | 723 N. Fremont St.            | 515-523-1541|
| Heartland Baptist Church  |                               | 515-523-2380|
| Maranatha Gospel Church,  | 1323 N. 2nd St.               | 515-523-2304|
| United Methodist Church,  | Stuart-Mt. Vernon, 221 N. Harrison | 515-523-1078|

| Yale                      |                               |             |
| Church of Christ,         | 304 Lincoln St.               | 641-439-2300|
| United Methodist Church,  | 219 Main St.                  | 641-439-2458|
Child Daycare Centers (Licensed)

Family Resource Center
- Parent time out program provided by ........................................712-792-6440
  Registered daycare providers
  502 W. 7th St.
  Carroll, IA  51401

Kid Zone Early Learning Center..................................................641-332-2028
  209 Park St.
  Guthrie Center, IA 50115

Little Panther Daycare & Preschool .........................................641-755-3003
  6001 Panther Drive
  P.O. Box 567
  Panora, IA  50216

Economic/Business

USDA/ Guthrie County FSA
- Financial Assistance to the eligible ........................................641-332-2640
  1000 School St.
  Guthrie Center, IA  50115-8814

West Central I-80 Development Corp
- Economic Development .........................................................641-747-2277
  515-523-1318
  615 S. Division St.
  Stuart, IA  50250
Education/Schools

Des Moines Area Community College
· Continuing educational classes ............................................................ 515-964-6241
    1-800-362-2127

Heartland Area Education Agency II
· Special education support, assist local school ........................................ 641-747-2212
  Districts in identifying and evaluating children
  From birth to age 21
    103 N. 4th St.
    Guthrie Center, IA  50115

ISU Extension
· Provides resources, education, and informational ................................. 641-747-2276
  Services to families, youth, agriculture, business
  And communities
    212 State St.
    Guthrie Center, IA  50115

New Opportunities (Guthrie Family Development Center)
· Head Start Application............................................................................... 641-747-3845
    2002 State St. Ste. 2
    www.newopp.org
    Guthrie Center, IA  51401

Schools

Adair-Casey ..................................................................................................... Elementary 641-742-3310
                                                                                   JR/SR 641-742-3661

Coon Rapids-Bayard ..................................................................................... Deal Elementary 712-999-2846
                                                                                   JR/SR 712-999-2208

Guthrie Center .................................................................................................. Elementary 641-332-2720
                                                                                   Jr. High 641-332-3842
                                                                                   Sr. High 641-332-2236

Panorama .......................................................................................................... Elementary 641-755-2021
                                                                                   JR/SR 641-755-2317
West Central Valley ....................................................... Elementary Dexter 515-789-4480
Elementary Menlo 641-524-2661
Middle School Redfield 641-833-2331
Sr. High Stuart 515-523-1313

Preschools
Adair Casey Preschool..........................................................641-746-2241
Early Learning Center, Guthrie Center.................................641-332-2028
Guthrie Center Preschool....................................................641-332-2720
Head Start, Guthrie Center..................................................712-792-9266 Ext 400
Little Panther Preschool, Panora........................................641-755-3003
Panther Pals ........................................................................641-755-2021
West Central CSD Preschool..............................................641-524-2661

Employment
Division of Vocational Rehabilitation
• Assists persons with a physical or mental disability ..................1-800-532-1486
  To secure or maintain a job
  510 E. 12th St.
  Des Moines, IA  50319

Experience Works
• Works with people who are 55 years and older to provide ................1-800-782-9519
  Them with employment and training
• Must meet income guidelines

Iowa Workforce Development Center
• Career Planning and Educational Information ......................712-792-2685
  Job placement service for applicants to receive
  619 N Carroll St.
  Information to jobs and applications to apply for jobs
  Carroll, IA  51401

  or

• .........................................................................................515-281-9619
  .........................................................................................430 East Grand Avenue
  Des Moines, IA  50309-1920

Proteus, Inc.
• Provides employment and training and health ......................1-800-372-6031
  Services for migrant and seasonal farm workers ..................515-271-5303
  3850 Merle Hay Rd, Ste. 500
  Des Moines, IA  50306
Environmental

Guthrie County Environmental Health
- Environmental Issues ..........................................................641-747-8320
  Courthouse
  200 N. 5th St.
  Guthrie Center, IA  50115

Food, Clothing, Financial

3 “C’s” (Children’s Clothes Closet) .............................................HWY 44 & East 2nd St., Panora, IA 50216
  Free Children/Adolescent clothing items.
  OPEN: 1st & 3rd Saturday each month 9:00 – 11:00 a.m. (by appointment only)
  OPEN: 3rd Tuesday evening 6:00 – 7:30 p.m. (by appointment only)
  For appointments: Contact Waneta Scott at 641-757-0180

Adopt-A-Family (Christmas) New Opportunities Guthrie County Family Development Center
- Receives donated items to prepare packages and gifts ........................................641-747-3845
  To needy families at Christmas Season
  2002 State St., Ste. 2
  Guthrie Center, IA  50115

Crisis Intervention & Advocacy Center
- Safe shelter, Homeless Prevention and Assistance ........1-800-400-4884 24 Hour Crisis Line
  1-800-550-0004 Spanish Line
  P.O. Box 40
  Adel, IA  50003

Department of Human Services
- FIP Food Stamps, Medicaid..........................................................641-747-2052
  Carroll County Office
  608 N. Court, Ste. C
  Carroll, IA  51401

Emergency Food Pantry - New Opportunities Guthrie County Family Development Center
- Provides assistance or resources to families in a crisis .........................641-747-3845
  2002 State St., Ste. 2
  Guthrie Center, IA  50115
Faith Baptist Church  
Provide assistance to families in Guthrie County who need.........................641-755-3034  
Food, and occasionally health/hygiene and paper products. .................................2096 Highway 4  
Panora, IA 50216

Guthrie Center Presbyterian Church Food Pantry.........701 State Street Guthrie Ctr, IA 50115  
Contact: George Hemmen 747-3643  
Dorothy & Clifford Leib 747-3094  
Food items available to needy families every 2 weeks – No income guidelines

Guthrie County Commission of Veteran’s Affairs  
· Rent, utilities and medication assistance .........................................................641-747-2546  
Enrollment into VA Health Care System ..........................................................Courthouse  
200 N. 5th St.  
Guthrie Center, IA 50115

Guthrie County General Assistance  
· Rent, utilities and medication assistance .........................................................641-747-2546  
Courthouse, 200 N. 5th St.  
Guthrie Center, IA 50115

Guthrie County/Municipal Emergency Management Services  
· Guidance for people who have suffered disasters ..............................................641-332-3030  
Courthouse  
200 N. 5th St.  
Guthrie Center, IA 50115

New Opportunities, Inc.  
· Low Income Energy Assistance, Weatherization,..............................................641-747-3845  
Food Pantry, WIC, Share Iowa, Financial Literacy  
2002 State St., Ste. 2  
www.newopp.org  
Guthrie Center, IA 50115

Stuart Food Pantry.................................................................204 S. Division Street  
Stuart, IA 50250  
Contact: 515-523-1301  
Food items available to needy families every 2 weeks – No income guidelines  
Serves entire West Central Valley School District
Health Care

**Alzheimer’s Association**
- Education materials and programs for patients and families living with Alzheimer’s Disease and other Dementias ........................................515-263-2464
  1-800-738-8071
  700 East University Ave.
  Des Moines, IA  50316

**Carroll Area Nursing Service** .................................................................712-999-5664
  www.canshomehealth.com
  413 ½ Main St.
  Coon Rapids, IA  50058

**Child Health Specialty Clinic** .................................................................712-792-5530
  Fax ...............................................................712-792-4825
  726 N. Carroll, Carroll, IA  51401    8:00 a.m. – 4:30 p.m. Mon. – Thur.
  - We assure a system of care for children and youth who have special health care needs.
  - We provide care coordination for children with special health care needs. We also assist families of children enrolling in the Ill & Handicapped Waiver.
  - We provide Early ACCESS Service Coordination and Early ACCESS nutrition services.
  - We have a parent consultant network available to assist families

**Easter Seal Society of Iowa, Inc.**
- Statewide health agency that helps with a physical ....................................515-289-1933
  Mental and emotional disabilities to achieve ............................................P.O. Box 4002
  Maximum independence .................................................................................401 NE 66th Avenue
  Des Moines, IA  50333
Guthrie County Babies Nest

- Incentive program, encourages healthy behaviors during pregnancy, earn points towards free baby items.................641-747-3972
- Open to pregnant women residing in Guthrie County.................Guthrie Center, IA 50115
- Membership offered at no cost to families
- No income guidelines
- Need to enroll during first trimester

Guthrie County Commission of Veteran Affairs

- Enrollment into VA Health Care ..........................................................641-747-2546
  System Emergency Basis .................................................................Courthouse
  200 N. 5th St.
  Guthrie Center, IA  50115

Guthrie County Health Planning Coalition........................................641-747-3972

- Evaluates and assesses community health needs.

Guthrie County Hospital

- Inpatient and Outpatient Services ..................................................641-332-2201
  24 hours/day, 7 days/week ..............................................................710 N. 12th St.
  Emergency Services .................................................................Guthrie Center, IA  50115
- Cardiac Rehabilitation, Diabetic Education, Fitness Center, Laboratory Services, Physical Therapy, Pulmonary Rehabilitation, Radiology Services, Sleep Laboratory, Social Services, Surgery

Guthrie County Hospital Fitness Center

- Facility that has fitness equipment available ..................................641-332-2201
  For individuals and families .........................................................710 N. 12th St.
  Guthrie Center, IA  50115

Guthrie County Public Health Nursing Service

- Home Care Services – Skilled Nursing, Home Care Aides..................641-747-3972
- Physical, Speech and Occupational Therapy.................................2002 State St., Ste. 1
- Coordinates services for frail elderly..............................................Guthrie Ctr, IA 50115
- Child Immunizations, Communicable Disease follow-up, Bioemergency Planning/Emergency MultiDisciplinary Planning Committee
- H.O.P.E.S. – Healthy Opportunities Parents Experience Success – Home Visitation
- Babies Nest
H.O.P.E.S.
- Health Opportunities for Parents to Experience Success ..................................641-747-3972
  A home visitation program to visit pregnant women, ..............................2002 State St. Ste 1
  Parents of newborns and other families who have .................................Guthrie Center, IA 50115
  Children 0-5 years of age.

Hospice of Central Iowa
- Serves patients diagnosed with an end-state illness ..................................515-274-3400
  And six months to live ..................................................................................1-800-806-9934
  401 Railroad Place
  West Des Moines, IA  50265

Iowa Hospice LLC...................................................................................................641-755-4114
- Serves patients diagnosed with an end-state illness...............................5399 Chimra Rd
  And six months to live..................................................................................Panora, IA  50216

Iowa Compass
- Iowa program for assistive technology for people with .......................319-356-0550
  Disabilities.  Produce information, used equipment ...............................1-800-779-2001
  Referrals, funding resources and legal advocacy .....................................University Hospital School
  100 Hawkins Drive
  Room S 295
  Iowa City, IA  52242

Iowa Department for the Blind
- Services for legally or functionally blind .................................................515-281-1333 · 1-800-362-2587
  524 Fourth Street
  Des Moines, IA  50309

Lifeline Services
- Adair County Memorial Hospital Lifeline .................................................641-743-2123
  609 SE Kent
  Greenfield, IA  50849
- Cass County Hospital Lifeline .......................................................................1-800-993-4345
  1500 E. 10th St.
  Atlantic, IA  50022
- Dallas County Hospital Lifeline ....................................................................515-465-7502
  501 12th St.
Perry, IA  50220

- Greene County Medical Center Lifeline ..........................................................515-386-2114
  1000 W. Lincolnway
  Jefferson, IA  50129

Guthrie County Hospital Lifeline ........................................................................641-332-2201
  710 North 12th Street
  Guthrie Ctr, IA 50115

- Guthrie County REC Lifeline ..............................................................................641-747-2206
  Hwy. 44 East
  Guthrie Center, IA  50115

Medical Equipment Loan Closets
- Guthrie County Public Health ........................................................................641-747-3972
  Free loan of equipment through the American Legion .........................2002 State St.
  Post 124 ...........................................................................................................Guthrie Center, IA  50115

New Opportunity, Inc.
- Child and Youth Program, Family Planning .................................................641-747-3845
  Headstart, Maternal Health Care, Women, ..............................................2002 State St., Ste. 2
  Infants and Children (WIC) .................................................................................Guthrie Center, IA  50115

Timber Creek Therapies
- Physical, Speech, Occupational Therapy, Massage ....................................641-755-3225
  Therapy, Hydrotherapy, Hippotherapy, Pet Therapy ................................2400 Poplar Ave.
  And Counseling ................................................................................................Panora, IA  50216
  Open to Volunteers

University of Iowa Care Center
- Cancer information service providing information ......................................1-800-237-1225
  About cancer to anyone. Can provide written information.
  200 Hawkins Dr.
  4802 JPP
  Iowa City, IA  52242

Area Doctors’ Offices and Satellite Offices
Adair Co. Health Systems-Stuart.........................................................................Dr. Tim Piearson, DO
  303 S. 7th St. Ste B, Stuart, IA 50250
  515-523-2513
Casey Doctors Office .............................................................. Dr. Bascom
112 W. Grant, Casey, IA 50048
641-746-2513

GCH (Guthrie County Hospital) Family Medicine .................. Dr. Kim Neuharth, MD
401 Audubon St., Adair, IA 50002
641-742-1000

GCH (Guthrie County Hospital) Family Medicine .................. Dr. Kim Nauhart, MD
603 E. Main, Panora, IA 50216
641-755-4000

Guthrie Family Medicine Center ...................................... Dr. Bascom/Dr. Ahrens
502 Main St., Guthrie Center, IA 50115
641-332-2365

Mercy Panora Medical Clinic ......................................... Eric Ash, MD
319 E. Main, P.O. Box 128, Panora, IA 50216
641-755-2121

Redfield Medical Clinic .................................................. Ron McHose, DO
1013 First, Redfield, IA 50233
515-833-2301

St. Anthony’s Medical Clinic .......................................... David Nystrom, DO
215 Main St.
Coon Rapids, IA 50058
712-999-2237

Stuart Medical Clinic ..................................................... Wilda Orewiler PA-C
106 NE 2nd Street, Stuart, IA 50115
515-523-2283

Guthrie Center Chiropractic ................................................. Dr. James Shultz
102 S. 4th St., Guthrie Center, IA 50115
641-332-2808

Allen Family Chiropractic ................................................ Dr. Andrew Allen
108 N. 3rd St., P.O. Box 235
Guthrie Center, IA 50115
641-747-8247
Panora Chiropractic and Acupuncture .........................................................Dr. Tim Pearson
132 W. Main St., P.O. Box 546, Panora, IA 50216
641-755-2599

Coon Rapids Chiropractic .................................................................121 4th Ave., Coon Rapids, IA, 50058
712-999-9000

Panora Family Dentistry .................................................................Dr. Bill Skinner, D.D.S.
611 E. Main, Panora, IA 50216
641-755-3626

Pettinger Dental Lab .................................................................313 Audubon St. Adair, IA 50002
641-742-3403

Guthrie Dental
• Mary Johnson, DDS ..................................................214 State St., Guthrie Center, IA 50115
641-747-3738
307 Main St., Bayard, IA 50029
712-651-2751

Dr. Christian Siebrasse, DDS ..................................................303 SW 7th St., Ste. D
Stuart, IA 50250
515-523-2521

Eye Care Associates .................................................................Dr. James T. Koch, OD/Dr. James McCauley, OD
405 State St., Guthrie Center, IA 50115
641-747-8207
303 SW 7th St., Stuart, IA 50250
515-523-1300
611 E. Main St., Panora, IA 50216
641-755-3699

Housing/Assistance
Genesis Development
• Offers residential housing for persons with Disabilities ........................................515-386-3017
P.O. Box 438
Jefferson, IA 50129
Guthrie County Treasurer

- Iowa Rent Reimbursement ............................................................................. 641-747-3414
  Courthouse · 200 N. 5th St.
  Guthrie Center, IA  50115

New Opportunities, Inc.  ................................................................................. www.newopp.org
Homelessness Prevention Rapid Rehousing Program (HPRP)................................. 712-830-8127
Emergency Food and Shelter Program

Regional Housing Authority

- Help low income families and elderly pay rent .................................................. 712-792-5560
  320 E.7th St.
  Carroll, IA  51401

Insurance

Elderbridge Agency on Aging

- Health Insurance Counseling for ages 60 and over ........................................... 1-800-543-3265
  712-792-3512
  Elderbridge Agency on Aging
  514 N. Court, Suite 1
  Carroll, IA  51401

hawk-i

- Medical Insurance for qualifying children up to age 19 ................................. www.hawk-i.org
  1-800-257-8563

Social Security

- Social Security retirement, disability, survivor and Medicare benefits. Supplemental Security Income
  For Aged, blind and disabled ........................................................................... 712-792-9000
  1-800-772-1213
  628 N. Main St., Suite 104
  Carroll, IA  51401
Legal

Consumer Protection Division Office of Attorney General
- Take complaints from the public and file lawsuits ........................................... 515-281-5926
  On behalf of the state
  1300 E. Walnut
  Hoover Bldg. 2nd Floor
  Des Moines, IA 50310

Guthrie County Law Enforcement Dispatch .......................................................... 641-747-2214

Crisis Intervention & Advocacy Center
- Services to victims of domestic abuse, sexual assault, and homelessness ........................................... 1-800-400-4884 Crisis Line
  P.O. Box 40
  Adel, IA 50003

Iowa Protection and Advocacy Services, Inc.
- Protect and advocate for the human and legal rights of persons with mental illnesses and physical disabilities. ........................................... 515-278-2502 (voice), 950 Office Park Rd, Suite 221, West Des Moines, IA 50265
  515-278-0517 (TDD)

Judicial Advocate for Mentally Ill Persons
- Advocate for the mentally ill ........................................................................ 641-747-3415
  200 N. 5th St.
  Guthrie Center, IA 50115

Juvenile Court Services
- Provides supervision for youth on probation and intake ........................................ 515-993-5805
  Children in need of assistance
  801 Court
  Adel, IA 50003

Legal Services Corporation of Iowa (IA Legal Aid)
- Free legal services to low-income Iowans with non-criminal problems that most significantly impact low-income people ........................................... 515-280-3636
  1-800-532-1503
  1111 9th St., Suite 236
  Des Moines, IA 50314
Mental Health Care

Alliance for the Mentally Ill of Iowa

- Services for the mentally ill and their families .............................................1-800-417-0417
  5911 Meredith Dr., Suite E 1
  Des Moines, IA  50322

Central Point of Coordination

- Residential/work employment services for the .............................................1-800-254-3054
  Chronically mentally ill-functionally limited
  200 N. 5th St.
  Guthrie Center, IA  50115

Compassionate Friends

- Support and education for those who have .................................................515-386-4370
  Experienced the death of a child, sibling
  Grandchild, or stepchild
  Midwest Iowa Chapter
  Jefferson, IA  50129
  641-427-5241
  West Central Iowa Chapter
  733 San Salvador, Carroll, IA  51401

Department of Human Services

- Case management for MR, CMI, or DD ......................................................641-747-2052
  200 N. 5th St.
  Guthrie Center, IA  50115

Crisis Intervention & Advocacy Center

- Services for victims of domestic abuse, sexual
  Assault, and homelessness .................................................................1-800-400-4884 24 hour crisis line
  1-800-550-0004 Spanish Line
  P.O. Box 40
  Adel, IA  50003

Family Resource Center (CCCPCA)

- Children’s’ Mental Health Waiver Respite services for children
  with serious emotional disturbances
- Home-Based Habilitation services for adults with psychiatric illness
  1-800-999-5101
  Family Resource Center
  502 W. 7th Street
  Carroll, IA  51401
  www.carrollfrc.org
Judicial Advocate for Mentally Ill Persons
- Advocate for the mentally ill ................................................................. 641-747-3415
  515-386-7180
  200 N. 5th St.
  Guthrie Center, IA 50115

West Central Mental Health Center, Inc. .............................................. 515-993-4535
  1-800-321-7772
  2002 State St., Ste. 3
  Adel, IA 50002

Nursing/Residential Facilities/Assisted Living

Country View Estates, Inc.
- Residential Facility ............................................................................. 641-755-2125
  2345 Redwood Avenue
  Guthrie Center, IA 50115

The Willows
- Assisted Living .................................................................................. 515-523-1693
  324 SW 6th St.
  Stuart, IA 50250

Homestead Acres
- Assisted Living .................................................................................. 641-332-2204
  2306 State St.
  Guthrie Center, IA 50115

Panora Nursing and Rehab Center
- Nursing Facility and provides respite and adult day care .................. 641-755-2700
  805 E. Main St., P.O. Box 69
  Panora, IA 50216

Stuart Community Care Center
- Nursing facility and adult day care ...................................................... 515-523-2815
  325 S.W. 7th St., Stuart, IA 50250

The New Homestead
- Nursing facility .................................................................................. 641-332-2204
  2306 State St., Guthrie Center, IA 50115
Local Pharmacies

Coon Rapids Pharmacy
515 Main St., Coon Rapids, IA  50058 .................................................................712-999-6337

Dowd Drug
307 State St., Guthrie Center, IA  50115 .................................................................641-747-8317

Fay Pharmacy
400 Audubon, Adair, IA  50002 .................................................................641-742-3440

Medicap Pharmacy
615 E. Main, P.O. Box 216, Panora, IA  50216 .................................................................641-755-2312

Wright Pharmacy
303 SW 7th St., Ste. A, Stuart, IA  50250 .................................................................515-523-1525

Senior Citizens

Aging Advocates.................................................................515-244-3070
• Case Management.................................................................641-740-7421
  Case Management of Frail Elderly in Homes ...........................................100 E. Euclid, Ste 113
• Elderly Waiver.................................................................Des Moines, IA 50313
• Information and Assistance.

Chore Person Program
• Provides employment to people over the age of 60 ........................................641-747-3845
  Assistance to senior citizens with minor household
  Chores; snow removal, lawn mowing, and simple
  Home repairs

Guthrie Center, IA  50115

Congregate Meals

• Guthrie County Hospital Senior Dining ...............................................641-332-3818
  710 N. 12 th St.
  Guthrie Center, IA  50115

• Panora Community Center Senior Dining ...............................................641-755-2980
  115 W. Main St.
  Panora, IA  50216

• Stuart Senior Dining .................................................................515-523-2937
  219 NW 2nd St.
  Stuart, IA  50250
Elderbridge Agency on Aging
- Serves as a source of information and advocacy .................................................. 712-792-3512
  For older persons and their families ................................................................. 1-800-543-3265
- Planning funding and coordinating agency
  Educational/Informational Programming
  Addressing a variety of topics of interest to seniors
  603 N. West St.
  Carroll, IA  51401

Experience Works
- Employment Opportunities for individuals .................................................. 1-800-782-7519
  55 and older

Guthrie Activity Center
- Activities/socialization for the elderly .......................................................... 641-747-2557
  209 State St.
  Guthrie Center, IA  50115

Elderly Waiver Services ................................................................. 1-800-999-5101
- Respite, CDAC (Consumer Directed Attendant Care) and
  Home and Vehicle Modification for Seniors on the
  Elderly Waiver
  Family Resource Center
  502 W. 7th Street
  Carroll, IA 51401
  www.carrollfrc.org

Substance Abuse

New Opportunities, Inc  .......................................................... www.newopp.org

Behavioral Health Services for Treatment and Prevention of Substance Abuse

411 State St.
Guthrie Center, IA 50115............................................................... Phone/Fax  641-747-3354
- OWI evaluations (call Carroll office to schedule)
- Substance Abuse Evaluations (call Carroll office to schedule)
- Extended Outpatient Treatment
- Intensive Outpatient Treatment
- Continuing Care services
- Inpatient referral service
- Alcohol and drug testing

Carroll office ............................................................... 800-810-6244
23751 Hwy 30 E............................................................... 712-792-9266
Carroll, IA 51401............................................................... Fax  712-792-1457
St. Gregory’s Retreat Center……………………………………………………………………………….712-651-2300
601 2nd St. Bayard, IA  50029

St. Gregory’s Retreat Center………………………………………………………………………………...641-742-3636
Adair, IA   50002

Transportation
Region XII Council of Governments                            www.region12cog.org
  ·  Western Iowa Transit System .................................................................712-792-9914
  ·  Public Transportation ........................................................................Fax 712-792-1712

  1009 East Anthony
  P.O. Box 768
  Carroll, IA  51401

VETERANS

Guthrie County Commission of Veteran’s Affairs
  ·  Rent, utilities and medication assistance ..................................................641-747-2546
    Enrollment into VA Health Care System ....................................................Courthouse
    200 N. 5th St.
    Guthrie Center, IA  50115

VA Central Iowa Health Care System..............................................................712-794-6780
Community Based Outpatient Clinics...............................................................Or 1-855-794-6780
Primary Care Services, Lab services, Pharmacy, Mental Health and Nutrition

Handy 800 Numbers

AIDS Hotline ..........................................................1-800-445-2437
A.C.C.E.S.S. (Sexual Assault Services).......................................................1-800-203-3488
A.C.C.E.S.S. (Domestic Violence Services)...............................................1-855-983-4641
Al-Anon, Aleteen Family Group Hotline ................................................1-800-344-2666
Alcohol and Drug Abuse ..............................................................1-800-252-6465
Alliance for the Mentally Ill of Iowa .......................................................1-800-417-0417
Alzheimer’s Association .............................................................1-800-272-3900
American Cancer Society ..........................................................1-866-280-0100
American Diabetic Association .......................................................1-800-232-3472
American Red Cross ..............................................................1-800-733-2767
Answer Line (Questions relating to home & family)..........................1-800-262-3804
Association for Children for Enforcement of Support ........................................... 1-888-229-9223
IA Attorney General (crime victim) ................................................................. 1-800-373-5044
Attorney Referral Service ........................................................................... 1-800-532-1108
Bets Off (Gambling Council) ................................................................. 1-800-238-7633
Better Business Bureau ........................................................................... 1-800-222-1600
Child Care Network ................................................................................. 1-800-722-7619
Child Care Resource and Referral ............................................................ 1-800-945-9778
Child/Dependent Adult Abuse Hotline ...................................................... 1-800-362-2178
Civil Rights Commission ........................................................................ 1-800-457-4416
Continuing Education ................................................................................ 1-800-262-0015
Crime Victim Assistance Program ............................................................. 1-800-373-5044
Crisis Intervention and Advocacy Center
  Crisis Line ................................................................................................ 1-800-400-4884
  Spanish Line ......................................................................................... 1-800-550-0004
Department of the Blind ......................................................................... 1-800-362-2587
Department of Human Services ................................................................. 1-877-937-3663
Department of Revenue ........................................................................... 1-800-367-3388
Department of Transportation ................................................................ 1-800-532-1121
Emergency Management ........................................................................ 641-332-3030
Equal Employment Opportunity ............................................................. 1-800-669-4000
Family Resource Center .......................................................................... 1-800-999-5101
Farm-On.................................................................................................... 1-800-447-1985
Experience Works ................................................................................... 1-800-782-7519
  Federal Information Hotline ................................................................. 1-800-688-9889
Guthrie County Mental Health Crisis Line ............................................... 1-800-712-5000
HAWK-I Health Insurance ..................................................................... 1-800-257-8563
Healthy Families (ISU) .............................................................................. 1-800-369-2229
Heartland Area Education ....................................................................... 1-800-362-2720
Hospice of Central Iowa ........................................................................ 1-800-806-9934
Internal Revenue Service (IRS) ............................................................... 1-800-829-3676
Iowa Concerns Hotline ........................................................................... 1-800-447-1985
Iowa Client Assistance (Dept. of Human Rights) ...................................... 1-800-652-4298
  Division of Disabilities
    Iowa One Call (Call before you dig) ...................................................... 1-800-292-8989
    Iowa Compass (Disability Information) ............................................... 1-800-779-2001
    Iowa New Choices, DMACC ............................................................... 1-800-362-2127
    Iowa Poison Center ........................................................................... 1-800-222-1222
    Iowa Protection and Advocacy for the Disabled ................................ 1-800-779-2502
    Legal Services of Iowa (IA Legal Aid) ................................................ 1-800-532-1275
      Elderly (Legal Hotline for Older Iowans) ....................................... 1-800-992-8161
    Long Term Care Ombudsman ............................................................. 1-866-236-1430
    Iowa Dept. of Elder Affairs ................................................................. 1-800-532-3213
    New Opportunities, Inc. ................................................................. 1-800-642-6330
    PORKLine ......................................................................................... 1-800-808-7675
Quit Line Iowa (quit smoking) ..................................................... 1-800-784-8669
Radon Line ........................................................................... 1-800-383-5992
Sexual Abuse Hotline .......................................................... 1-800-203-3488
Social Security Administration ............................................. 1-800-772-1213
Small Business Resource Office ............................................ 1-800-532-1216
State Highway Patrol ............................................................ 1-800-525-5555
Teen Line ............................................................................. 1-800-443-8336
Veterans Suicide Hotline ...................................................... 1-800-273-8255
United Network Organ Sharing ............................................. 1-888-894-6361
Iowa Plains Area Mental Health ............................................ 1-800-321-7772
Youth Law Center (Under 18) ............................................... 1-800-728-1172
Youth & Shelter (24 hour help) ............................................. 1-800-600-2330