CarolynCampo,MA,RPSGT,RRT

Carolyn obtained her Masters of Arts in Psychology with a specialization in Health Psychology from National-Louis University in Chicago, Illinois. Her background in health began with obtaining her credentialing (Registered Respiratory Therapist) and work in the field of Respiratory Care both in the acute and sub-acute care domains. She is also a Registered Polysomnographic Technologist and has managed several sleep centers. Carolyn’s educational background includes over eight years of teaching experience in both the private sector and the state college system.

2009 Class Schedules

A-STEP: Jan. 13-30 April 14-May 1
July 7-24 Oct. 13-30

2 Day Board Prep: Feb. 3-4 May 5-6
Aug. 6-7 Nov. 5-6

2 Day Scoring: Feb. 19-20 May 27-28
Aug. 20-21 Nov. 19-20

PAP Titration: March 4 June 1
Sept. 23 Dec. 9

Advanced Concepts: March 27 Sept. 18

*Application has been made for Continuing Education Credit for these activities to the AAST and the AARC
### Sleep School Overview

United Sleep Medicine is proud to be one of the few sleep medicine practices in the country that is an Accredited A-STEP provider for education and training for Sleep Technologists. We offer beginning training and continuing education for sleep care providers and technologists. Our classes include Board Prep, Scoring and PAP Titration in addition to the Fundamentals. Our classroom is located in Charlotte, North Carolina and offers the perfect size classroom to encourage a more personal training environment.

### Is this right for you?

Do you wonder if this is right for you? It is if:

- You are interested in starting a career as a sleep technologist
- You are seeking knowledge on preparing for your Board Exams to become a registered Polysomnographic Technologist
- Need continuing education credits or want to expand current medical education.

### A-STEP Fundamental Course

This course consists of 95 hours, above and beyond, the didactic training recommended by the American Academy of Sleep Medicine (AASM). The participant can elect to add a month clinical rotation for an additional fee. The attendee will learn the essentials necessary to promote an understanding of the basic principles of polysomnography, sleep disorders and the role of the sleep technician. Attendees who successfully complete the course proceed to begin the AASM A-STEP Self Study Modules.

### Clinical Rotation

This four-week practicum prepares the beginning technician with hands-on training under the direct supervision of an RPSGT...critical experience when interviewing for that first job!

### Two Day Board Prep Course

This two-day widespread review course is intended to offer the attendee a comprehensive understanding of the BRPT examination content. The course will provide insight into exam structure, content material and techniques to successfully navigate the Polysomnographic Technologist Board Exam.

### Two Day Scoring Course

This two-day course contains an updated review of AASM scoring of sleep and associated events. This includes sleep staging guidelines, respiratory, EEG arousals and PLM event rules. The attendees will spend a complete day applying the learned rules as they practice scoring a polysomnogram with feedback provided by the educator.

### PAP Titration Course

During this one-day course, attendees will learn the application of PAP therapy based on both didactic instruction and case studies. The course will consist of education on CPAP, Bi-Level and split-night studies, demonstrating how to adequately titrate pressures, while taking into consideration diverse disease processes.

### Advanced Concepts

This course is designed for the RPSGT ready for an update on pathophysiology, technology, legislation and a glimpse of the direction in which our profession is headed.

### Register Today!

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<tr>
<th>Sign up for:</th>
<th>Date</th>
<th>Price</th>
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<tbody>
<tr>
<td>A-Step Fundamental Course</td>
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<td>Clinical Rotation</td>
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**Name**

**Address**

**Phone**

**E-Mail**

**Method of Payment:**
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- Cash
- American Express
- Visa

**Credit Card No.**

**Expire Date**

**Signature**

Registration with payment deadline is two weeks prior to start of program.