Scientific Program

3rd November 2011

8:00 am onwards  Registration

10:00 am to 2:00 pm  Pre Conference Workshops

WORKSHOP 1: HOW TO CONDUCT RESEARCH AND PUBLISH PAPERS
CMET lecture hall, AIIMS

Coordinator: Dr. Alka Mohan Chutani, Chief Dietitian, AIIMS

Faculty:

Dr Kameshwar Prasad,
Professor & Head (Unit – 1),
Neurology, AIIMS

Dr Shweta Khandelwal
Senior Lecturer, PHFI

Dr. Piyush Sahni
Professor
Department of G I Surgery, AIIMS

Mr. Yogesh Kumar
Educationist (CMET), AIIMS

Variables, Research Question and Study Design  Dr. Kameshwar Prasad

Tea Break

How to write Research Paper  Dr Piyush Sahani

Hands on “How to write Research Paper”  Dr. Shweta Khandelwal

Information Retrieval and Bibliography Management  Mr. Yogesh Kumar

Vote of thanks  Dr Alka Mohan Chutani
**WORKSHOP 2: NEWER APPROACHES TO ENTERAL & PARENTERAL NUTRITION**

Conference Hall, near JLN Auditorium, 1st Floor, AIIMS

**Coordinator:** Ms Shilpa Thakur, Chief Dietitian, Asian Institute of Medical Sciences

<table>
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<tr>
<th>Faculty</th>
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<tr>
<td>Dr Sarath Gopalan</td>
<td>Ms Salome Benjamin</td>
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<tr>
<td>Pediatric Gastroenterologist &amp; Executive Director</td>
<td>Chief Medical Nutritionist</td>
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<tr>
<td>Centre For Research on Nutrition Support Systems (CRNSS), New Delhi</td>
<td>Department of Medicine</td>
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<td>TNMC &amp; Nair Hospital</td>
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<td>Mumbai</td>
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<tr>
<td>Dr Vineet Ahuja</td>
<td>Ms Namrata Singh</td>
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<tr>
<td>Additional Professor</td>
<td>Dietitian</td>
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<td>Department of Gastroenterology and Human Nutrition, AIIMS</td>
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<td>Dr. Suparna Ghosh</td>
<td>Dr Ajit Thakur</td>
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<tr>
<td>Assistant Professor</td>
<td>Assistant Consultant (ICU)</td>
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<td>Indian Institute of Public Health</td>
<td>Asian Institute of Medical Sciences</td>
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<td>Dr Sandeep Agarwal</td>
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<td>Additional Professor</td>
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<td>Department of Surgery</td>
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**Welcome address & Introduction**

**EN & PN General protocols for adults**

(with demonstration)

Ms. Salome Benjamin

**Nutritional management in severe acute Pancreatitis (case presentation)**

Medical & Nutritional challenges

Dr Sarath Gopalan

Nutritional Management

Dr. Suparna Ghosh

**Nutritional management in Short Gut Syndrome (case presentation)**

Medical & Nutritional Challenges

Dr Vineet Ahuja

Nutritional Management

Ms Namrata Singh

**Nutritional Intervention in Critically ill diabetic Patient with stroke**

Medical & Nutritional challenges

Dr Ajit Thakur

Nutritional Management

Ms. Shilpa Thakur

**Peri-operative Nutritional support**

Dr Sandeep Agarwal
2:00– 3:00 pm    LUNCH
(Lunch for pre conference delegates and NEC members)

3:00 – 4:00 pm    AWARD SESSION 1

K.G. Naidu Medical Trust Award (Therapeutic Nutrition)

Chairpersons:  Dr Jagmeet Madan, Principal and Professor, Department of Foods and Nutrition, SVT College of Home Science, Mumbai
Dr. Vasantha Kohli, H.O.D Dietetics and Therapeutics, S.K. Institute of Medical Sciences, Soura, Srinagar

4:00– 5:00 pm    AWARD SESSION 2

J.N. Bose Memorial Award (Community Nutrition)

Chairpersons:  Ms Shashi Prabha Gupta, Nutrition Consultant, Former Technical Advisor Food and Nutrition Board, Ministry of Women and Child Development
Ms Mitali Palodi, Kolkata

5:00 pm    Tea

4th November 2011

8:00 am onwards    Registration

8:30 – 10:00 am    TECHNICAL SESSION – 1
Special Nutritional Concerns for Children

Chairperson:  Dr. V.K Paul, Professor & Head, Department of Pediatrics, AIIMS
Co-Chairperson:  Ms. Madhu Sharma, Senior Pediatric Dietitian PGI, Chandigarh
Pace setting: Overview of emerging challenges in Pediatrics  
Dr. V.K. Paul  

Preterm nutrition  
Dr. A.J. Hemamalini Raghav, Associate Professor and Head, Department of Clinical Nutrition, Sri Ramachandra University, Chennai  

Critical care  
Ms. Vaishali Madkaikar, Chief Clinical Nutritionist, KEM Hospital, Pune  

Severe Acute Malnutrition (SAM)  
Dr. Satinder Aneja, Director-Professor, Department of Pediatrics, Lady Hardinge Medical College & Kalawati Saran Children Hospital, New Delhi  

Discussion  

10:00 am – 11:15 am: INAUGURATION  

Guest of Honor: Dr V M Katoch, Director General, ICMR  
Welcome: Ms Anuja Aggarwal, Dietitian, Department of Pediatrics, AIIMS  
President IDA, Delhi Chapter  

Presidents Remarks: Ms Rekha Sharma,  
National President IDA  

Address: Dr D.K. Sharma, Medical Superintendent, AIIMS  
Address: Dr. R.C. Deka, Director, AIIMS  

Lamp Lighting by all  

Inaugural Address and Release of Dietetic Manual  

Key Note Address: Dr V M Katoch, Director General, ICMR  

Vote of Thanks: Ms. Swapna Chaturvedi, Dietitian, Department of Dietetics, AIIMS (Secretary IDA, Delhi Chapter)  

11:15 – 11:45 am High Tea
11:45 am – 12:45 pm  SECOND FOUNDERS ORATION

Chairperson:  Ms Rekha Sharma, Former Chief Dietitian AIIMS & National President, Indian Dietetic Association
Co-chairperson:  Dr. K. Bhaskarachary, Senior Research Officer, Food Chemistry Division, National Institute of Nutrition & Vice President, Indian Dietetic Association

Speaker:  Dr. V. Prakash, Former Director, CFTRI, Mysore President, Nutrition Society of India; Council Member, IUNS Chair, Panel on Safety of Nutraceuticals, Nutritionals & Functional Foods, FSSAI, Government of India

About Oration  Dr Bhaskarachary, Vice President, IDA
Tribute to Dr Kalyan Bagchi  Dr Bhaskarachary, Vice President, IDA
1 minute Silence  Dr Bhaskarachary, Vice President, IDA
Introduction of Awardee  Ms. Rekha Sharma, President, IDA
Presentation of Award  Ms Rekha Sharma, President, IDA
Presentation of Shawl  Dr Bhaskarachary, Vice President, IDA
Presentation of Flower Bouquet  Ms Anita Jatana, Vice President, IDA, Delhi Chapter
Talk by Dr. V. Prakash  Ms Rekha Sharma, President, IDA, Delhi Chapter
Vote of Thanks  Ms Anuja Agarwala, President, IDA, Delhi Chapter

12:45– 1:30 pm  AMIYA BOSE MEMORIAL LECTURE

Chairperson  Dr. Arvind Wadhwa, Former Associate Professor, Lady Irwin College
Co-Chairperson  Dr Dharini Krishnan, Consultant Dietitian, Chennai

Speaker:  Dr. Shobha Udipi, Professor and Director, SNDT Women's University

1:30 – 2:30 pm  Lunch

2:30 – 4:00 pm  TECHNICAL SESSION – 2
Current Nutrition Update
Chairpersons:  
Dr. Prema Ramchandran, Director, Nutrition Foundation of India  
Dr. Sushma Sharma, Former Associate Professor, Lady Irwin College  

β Glucan – Role in Nutrition & Clinical Practice  
Dr. B. Shivkumar, Former Director, NIN  

Food matrices and Tertiary Nutrition Security  
Dr. Jamuna Prakash, Professor and Chairman, Department of Food Science & Nutrition, University of Mysore  

Health Implications of A1/A2 milk  
Dr Ramesh Kumar, Former Head, Department of Microbiology, AIIMS  

Discussion  

3:50 – 5:10 pm  
TECHNICAL SESSION – 3  
Public Nutrition Challenges  

Chairpersons  
Dr. Vinita Sharma, Scientist ‘G’ and Head, SEED Division, DST  
Dr. Anoop Misra, Director and Head, Department of Diabetes & Metabolic Diseases, Fortis Hospital  

Pace Setting  
Dr. Anoop Misra  

Nutritional Anaemia  
Dr. Shariqua Yunus, Program Officer: Health and Nutrition, World Food Program  

Bone Health and Nutrition  
Dr. Nikhil Tandon, Professor, Department of Endocrinology, AIIMS  

Carbohydrate in Indian diet and metabolic health  
Dr S. Shobana, Senior Research Associate, Department of Foods, Nutrition and Dietetics Research, Madras Diabetes Research Foundation  

Discussion  

5:10 pm  
Tea
5:20 pm – 6:30 pm  
ANNUAL GENERAL BODY MEETING

7:00pm  
CULTURAL EVENING and DINNER  
Venue: Pool side, AIIMS

5th November 2011

8:30 – 9:30 am  
AWARD SESSION 3  
A.N. Radha Award for Best Paper from Practicing Dietitian

Chairperson:  Dr Nirmala Jesudason, Consultant - Food & Nutrition Services, Frontier Lifeline Hospital  
Co-chairperson:  Dr. Anooja Thomas, Associate Professor, Department of Home science, CMS College, Kottayam

9:30– 10:20 am  
SPECIAL LECTURES

New RDAs and Dietary Guidelines  
Dr Shiv Kumar, Former Director, National Institute of Nutrition, Hyderabad

10:00 am – 10:20 am  
Zinc – Role in Health and disease  
Dr Shinjini Bhatnagar, Professor and Head, Pediatric Biology Centre, Translational Health Science and Technology Institute, Government of India  
Discussion

10:30 – 11:30 am  
NUTRITION QUIZ  
Quiz Masters:  Dr. G.M. Subba Rao, Scientist ’C, (Health Communication), National
11:30 – 11:45 am      Tea

11:45 – 1:00 pm   TECHNICAL SESSION - 4
Social responsibility: Nutrition Initiatives

Chairperson:   Dr Anupa Siddhu, Director, Lady Irwin College, University of Delhi
Co-Chairperson:   Ms. Sheela Krishnaswamy, Diet, Nutrition & Wellness Consultant,
                  Director - Board of International Confederation of Dietetic Associations

“Paheli” - People’s Assessment of Health, Education & Livelihood
Dr. Smriti Pahwa, Senior Associate, Capacity Building, PRATHAM – ASER Centre

Unilever Sustainability Initiative
Mr Vivek Sirohi, VP Operations, R & D (South Asia), Unilever

Introduction to “Nutritionists Republic”
Discussion

12:45 – 1:30pm     TECHNICAL SESSION - 5
Public Health Implications of Ageing

Chairpersons:   Dr Damodar Bachani, Deputy Director General
                NCD, Ministry of Health
                Dr Kumud Khanna, Director, Institute of Home Economics, University of Delhi

Pace setting
Dr Damodar Bachani

Public Health Implications of Ageing
Dr Seema Puri, Associate Professor, Institute of Home Economics, University of Delhi

Nutrition and Care of the Elderly: A Discussion
Initiated by Dr Kumud Khanna

1:30 – 2:30 pm       Lunch

2:30 – 4:00 pm       TECHNICAL SESSION 6
                     MNT Case studies

Chairpersons:  Ms Shobha Kumar, Former Professor & Head, Department of Home-Science
                Mount Carmel College, Bangalore
                Dr Veenu Seth, Associate Professor – Nutrition, Lady Irwin College,
                University of Delhi

Renal disorders with complications
Dr Sandeep Mahajan, Professor, Department of Nephrology, AIIMS
Ms. Gurdeep Kaur Shetty, Dietitian, AIIMS

Nutritional counseling of cancer patients
Dr Sameer Bakshi, Additional Professor, Department of Medical Oncology, IRCH, AIIMS
Ms. Anjali Nair, Chief Dietitian, Tata Memorial Hospital, Mumbai

4:00 – 5:00 pm:       AWARD SESSION 4
                      Sagarmal Goenka Award (Experimental Nutrition)

Chairpersons:  Dr Santosh Jain Passi, Associate Professor, Department of Nutrition and
                Dietetics, Institute of Home Economics, University of Delhi
                Dr Kanta Sharma,

5:00 – 6.00 pm     VALEDICTORY SESSION

6.00 pm       Tea

NOTE
3rd November

- **RD Board meeting** will be held in M.S. seminar Room between 3 PM to 4 PM.
- **NEC meeting** will be held between 4 PM – 8 PM followed by dinner of all Organizing Committee Members, NEC members and invited guests at Faculty club, AIIMS campus.
- **Poster** can be put up on display from 3rd evening or 4th November by 10 AM.

**Judges for the Poster Award:**

- **Dr Umesh Kapil**, Professor, Human Nutrition Unit, Department of Gastroenterology, AIIMS
- **Dr Alka Mohan Chutani**, Chief Dietitian, AIIMS
- **Ms Janaki P. Srinath**, Consultant Nutritionist - Nutrifit, Hyderabad

4th November

- **Free communication paper presentation** will be held CMET lecture hall from morning 10 am to 4 pm in 3 sessions. It will be held as a parallel session to the main conference.

**Chairpersons:**

- **M.Bamini**, Chief Dietitian, Sundaram Medical Foundation, Chennai
- **Ms.Gourpriya D. Koppikar**, Chief Dietitian, Bombay Hospital, Mumbai
- **Ms Nina Singh**, Chief Dietitian, BP Poddar Hospital, Kolkata

**Co-chairpersons:**

- **Ms Ipsita Chakrovarti**, Dietitian, Woodlands Hospital, Kolkata
- **Mrs. Meenakshi Bajaj**, Medical Nutrition Therapist, Institute of Diabetology, Chennai
- **Ms Shashi Mathur**, Chief Dietitian, Sir Gangaram Hospital, New Delhi

5th November

- Help Desk for Conference Certificates & Transport enquiries opens on 5th November at 8.30 am