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DEPARTMENT POLICIES

REFUNDS
Refunds of 100% can be requested up to one business day after the first class (except for those classes that state a specific cancellation date). After that time, no refunds will be issued. Refunds due to a medical condition require a doctor’s note.

CANCELLATION INFORMATION
Cancellations due to inclement weather will not be made up unless otherwise noted. Cancellations due to circumstances beyond our control will not be made up or refunded. To learn of cancellations:
• Recreation Cancellation Line after 8:30 a.m. (860) 409-4365
• WFSB Early Warning Network
• Email Blasts to myrec.com account holders

WAIVER OF PARTICIPATION BY PARENT OR SELF:
When registering for a program, you hereby agree to release, discharge and hold harmless the Town of Avon, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability or damage that may occur during either your participation or the participation of your minor child in the recreational activities. You understand that participation in any recreational or sport activity involves risk, and you grant permission to the Town of Avon to utilize any medical emergency services it deems necessary to treat any injuries that you or your minor child may incur. You further understand that the Town of Avon does not provide insurance for recreational program participants.

PHOTO RELEASE:
You understand that for promotional purposes the Town videotapes and/or takes photographs of participants enrolled in recreation activities, classes or programs. You hereby release and permit the Town of Avon to utilize for said promotional purposes any photographs and or/ videotapes of you or your minor child engaged in the recreational activities.

SPECIAL ACCOMMODATIONS
The Avon Recreation and Parks Department welcomes persons with disabilities in all programs and services. If you require reasonable accommodations to a recreation program in order to participate, please indicate this on your registration form and call the Recreation and Parks Department at least 2 weeks prior to the start of the program at (860) 409-4388.

FINANCIAL ASSISTANCE
Confidential program subsidy is available for those with financial needs through the Social Services Department by calling (860) 409-4388.

DISCOUNTS
Certain programs will offer a discount for the 3rd and 4th child enrolled in the same program. Avon Senior Citizens (age 60 & up) will receive a discounted fee for programs offered for Adults (unless otherwise noted).

REGISTRATION DATES & PROCEDURES

ONLINE REGISTRATIONS
1) Go to www.avonrec.com and click the link to create an account
2) Create an account along with a user name and password for one adult family member. Once your account is set up, add all other members of your family.
3) Once an account is created you can access your account 24/7, view program information, register for programs, view account history, and receive email blasts on programs.

GENERAL REGISTRATION INFORMATION
The grade level listed for programs indicates the grade your child is entering in the fall of 2018. PLEASE register early and on time! Minimum and maximum enrollments are listed for each activity and must be enforced to ensure the quality of the program

PLEASE NOTE: If the minimums for a program are not met one week prior to the start of the program, the program will be cancelled and you will be refunded 100%. Program fees will not be pro-rated for any reason!

DROP BOX
For your convenience, the Recreation and Parks Department has a locked drop box that is located just outside Building 6. Please feel free to utilize the box during non-business hours.

WE DO NOT ACCEPT PHONE REGISTRATIONS!

The Recreation and Parks Department reserves the right to cancel any program due to low enrollment.

PARKS
DUMPSTERS
Avon Parks are now TRASH-FREE PARKS. Trash cans are not provided. Please carry out what you carry in.

LIGHTS AT AMS TENNIS COURTS
The Tennis Courts at AMS now have lights. Players can turn on lights at the court in 1-hour intervals up to 10:00 p.m.

FALL LEAGUES
This is a recreation travel league, so there are no tryouts, cuts, etc. The goal is to get everyone involved. Games will be played on Sundays and practices will be on Wednesdays.

AVON VOLLEYBALL LEAGUE FOR GRADE 7-8 GIRLS
This program is designed for Grade 7 & 8 girls who are interested in learning and competing in a competitive, recreation volleyball league. It is the Recreation Department’s intention to teach both volunteer/parent coaches and the players the skills and strategies of competitive volleyball at the Middle School level. This League will mimic the philosophy of Recreation Basketball in that the skill development will be the greatest emphasis.

FARMINGTON VALLEY FIELD HOCKEY LEAGUE FOR GRADES 4-8 GIRLS
This is a recreation travel league, so there are no tryouts, cuts, etc. The goal is to get everyone involved. Games will be played on Sundays and practices will be on Wednesdays.

FARMINGTON VALLEY NFL FLAG FOOTBALL LEAGUE FOR GRADES 1-12 BOYS AND GIRLS
This is a NON-CONTACT NFL Flag Football Program and backed by USA Football. This is a recreation league. Fundamental skills of football will be taught while incorporating values of teamwork, responsibility, and sportsmanship. Every participant will be given the chance to learn the fundamental skills of every position and be able to apply those skills in games.

Summer Programs
2016
**SYCAMORE HILLS POOL**

opens Saturday, June 11, 2016

Sycamore Hills Recreation Area
635 West Avon Rd., Avon, CT 06001
Pool Phone: (860) 673-5696

**SWIM MEMBERSHIPS**
Household Fee: $150.00
Individual Fee: $75.00
Senior Fee (60+): $20.00

**DAILY FEES FOR NON-MEMBERS (ALL AGES)**
Non-residents: $7.00/person
Residents: $5.00/person

**Individual Membership**

Discounted Six Flags, Lake Compounce and CT Science Center tickets will be available at the Avon Recreation and Parks Department during regular business hours beginning on June 1, 2016. Buy your tickets from us at a discounted rate and avoid long lines at the gate. Tickets are valid any day during the 2016 season.

**Six Flags**

Cost: $37.00 (gate price: $61.99)

**Lake Compounce**

Cost: $28.50 (gate price: $45.99)

**CT Science Center**

Cost: $13.50 (general admission: adults $21.95, children $14.95, 2 & under free)

Discounted Six Flags, Lake Compounce and CT Science Center tickets are available for a limited time.

**Request for Fall Proposals**

The Town of Avon is seeking written responses to a Request for Proposal (RFP) to purchase services necessary to offer a variety of Fall Recreational Programs.

Instructors interested in running programs must submit proposals to the Avon Recreation and Parks Office by 4:30 p.m. on Monday, June 6, 2016. The C.I.T. program will consist of four (4) 2-week sessions to choose from and we will try to give everyone their first or second choice. Program dates are 6/27–7/8/2016, 7/11–7/22/2016, 7/25–8/5/2016 and 8/8–8/19/2016. Maximum C.I.T.’s for the summer will be ten (10).

Instructors interested in running programs must submit proposals in sealed envelopes marked “Proposal for Recreation Programs”.

**Discounted Ticket Information**

- Six Flags: $37.00 (gate price: $61.99)
- Lake Compounce: $28.50 (gate price: $45.99)
- CT Science Center: $13.50 (general admission: adults $21.95, children $14.95, 2 & under free)

**Community Garden Plots**

Available by calling the Recreation Department. Plots are 35’ x 35’ and are located at Alsop Meadows. Limit of 2 per family. Fee: $40/plot plus a $25/deposit which is returnable at the end of the season.

**Basketball Coaches and Assistant Coaches**

The Avon Recreation and Parks Department would like to thank all of the volunteer Basketball Coaches and Assistant Coaches for their efforts this season. Your dedication and hard work made for a very successful season.

**Flag Football League**

The Avon Recreation and Parks Department would like to thank the volunteer Coordinator and Coaches for their efforts last Fall. Your dedication and hard work made for a very successful season.

**Help Your Neighbor Fair**

The Avon Recreation and Parks Department would like to thank everyone for your generous contributions to our Help Your Neighbor Fair in November. With your help, we were able to donate the following:

- Cell phones, hearing aids and glasses to the Lions Charities
- Winter coats to Coats for Connecticut
- Food for babies and children to The Food Pantry
- Handbags to Goodwill
- Prom Dresses to Princess and the Prom; and Hair Donations to Wigs for Kids

This year our Help Your Neighbor Day will be held at Avon Day 2016 at the Recreation and Parks booth. Details forthcoming.

**ORAFOL Americas Inc.**

The Avon Recreation and Parks Department would like to thank Orafol Americas Inc. for donating Reflective tags for our ski program. We truly appreciate your generosity.

**Expanded Program**

**COUNSELOR IN TRAINING (C.I.T.) PROGRAM**

**Entering Grades 9 & 10**

The Counselor in Training (C.I.T.) Program is a unique experience for teens entering Grades 9 & 10. The program provides teens with the opportunity to earn the LifeSafe Services Babysitting Certificate as part of the program. Participants will develop leadership skills, work with children while working alongside the camp staff. C.I.T.’s will be interviewed the same as seasonal employees and their participation will be based upon the interview outcome and spaces available. Application deadline for the C.I.T. Program is Friday, May 9, 2016. Interviews will be held on May 17th – May 19th.

**Mandatory Counselor in Training Date**

**Date:** June 24, 2016
**Instructors:** Training by staff
**Fees:** $125.00 (Payable upon acceptance)

**C.I.T. Application Deadline**

**Date:** Friday, May 20, 2016
**Location:** Avon Rec Office

Maximum C.I.T.’s for the summer will be ten (10).

C.I.T.’s will be interviewed the same as seasonal employees and their participation will be based upon the interview outcome and spaces available. Application deadline for the C.I.T. Program is Friday, May 9, 2016. Interviews will be held on May 17th – May 19th.

The C.I.T. program will consist of four (4) 2-week sessions to choose from and we will try to give everyone their first or second choice. Program dates are 6/27–7/8/2016, 7/11–7/22/2016, 7/25–8/5/2016 and 8/8–8/19/2016. Maximum C.I.T.’s for the summer will be ten (10).

C.I.T. application on Website!
Family Fishing Program

2-Day Event

This program will be a two-day event with classroom time and a field day at Spring Lake in Fisher Meadows.

**Fishing Time = Family Time**

Learn overhead casting, rod and reel combo set up, attaching a hook, review of CT Angler’s guide, identification of fish, natural baits and care of catch.

On Field Day, parents should bring snacks and/or lunch, beverages, sunscreen, baby wipes or towel, bug repellent, extra footwear and clothes.

You should also bring a cooler with ice if you plan on keeping the fish. Parents also need to bring bait and rods & reels if you have them or you can borrow from the instructor.

Day 1:  5/9/2016
Time:  6:00 – 8:00 p.m.
Days:  Monday
Location:  Community Room at Avon Senior Center
Instructor:  DEEP Conn. Aquatic Resources Education staff
Grades:  Kindergarten – 8
Fee:  $5.00 (per adult, no fee for children)

Day 2:  5/14/2016
Time:  9:00 a.m. – 12:00 p.m.
Days:  Saturday
Location:  Spring Lake in Fisher Meadows
Instructor:  DEEP Conn. Aquatic Resources Education staff
Grades:  Kindergarten – 8
active adult classes

GOLF FOR WOMEN
This instructional clinic is for beginner or intermediate women. Students will learn the basics of the stroke as well as fine tuning existing skills. There will be special emphasis on golf etiquette and strategy. Some of the golf instruction will take place on the course.
Fees: $83.00 senior Fee: $74.70
Instructor: Terri Ziemnicki
Location: Blue Fox Run Golf Course – Avon
Days: Wednesdays
Time: 9:45 – 10:45 a.m.
Dates: 5/14/2016 – 7/20/2016

GOLF FOR WOMEN
This instructional clinic is for beginner or intermediate women. Students will learn the basics of the stroke as well as fine tuning existing skills. There will be special emphasis on golf etiquette and strategy. Some of the golf instruction will take place on the course.
Fees: $83.00 senior Fee: $74.70
Instructor: Terri Ziemnicki
Location: Blue Fox Run Golf Course – Avon
Days: Wednesdays
Time: 9:45 – 10:45 a.m.
Dates: 5/14/2016 – 7/20/2016

TAZ LOW IMPACT AEROBICS
Formerly Young at Heart, this is an easy to follow low impact workout (120 beats per minutes to the music). Cardiovascular and strength training workout as well as floor work and stretching. A full body cardio strength workout for various fitness levels. Bring your own mat, water bottle, hand held weights, body bar and wear sneakers. Min: 12/Max: 50
Fees: $97.00 senior Fee: $87.30
Instructor: Terri Ziemnicki
Location: Valley Community Baptist Church
Days: Tuesdays & Thursdays
Time: 9:25 – 10:25 a.m.

TAZ LOW IMPACT AEROBICS
Formerly Young at Heart, this is an easy to follow low impact workout (120 beats per minutes to the music). Cardiovascular and strength training workout as well as floor work and stretching. A full body cardio strength workout for various fitness levels. Bring your own mat, water bottle, hand held weights, body bar and wear sneakers. Min: 12/Max: 50
Fees: $97.00 senior Fee: $87.30
Instructor: Terri Ziemnicki
Location: Valley Community Baptist Church
Days: Tuesdays & Thursdays
Time: 9:25 – 10:25 a.m.

ADULT BUMP-SET-SPIKE VOLLEYBALL
Experienced volleyball coach will instruct players of all ability levels. Individual skills as well as team work skills will be developed through fun games and activities. Please bring a water bottle.
Fees: $78.00 senior Fee: $70.20
Instructor: Glenn Lazinsk
Location: Sycamore Hills Recreation Area Volleyball Courts
Days: Thursdays
Time: 7:00 – 8:30 p.m.

ADULT BUMP-SET-SPIKE VOLLEYBALL
Experienced volleyball coach will instruct players of all ability levels. Individual skills as well as team work skills will be developed through fun games and activities. Please bring a water bottle.
Fees: $78.00 senior Fee: $70.20
Instructor: Glenn Lazinsk
Location: Sycamore Hills Recreation Area Volleyball Courts
Days: Thursdays
Time: 7:00 – 8:30 p.m.

YOGA
This class is designed to increase flexibility and strength which will reshape muscles and joints. Yoga improves posture, range of motion and balance while relieving tension and stress and increasing body awareness. Each class will consist of warm-up poses, postures, proper breathing and relaxation. This class is for all levels and ages. Please join us to see how yoga can improve your overall health and mental well-being. You will feel energized and more alert! Wear loose, comfortable clothing; bring a yoga mat and a water bottle. Min: 12/Max: 25
Fees: $73.00 senior Fee: $65.70
Instructor: Terri Ziemnicki
Location: Community Room at Avon Senior Center
Days: Tuesdays & Thursdays
Time: 8:15 – 9:15 a.m.

YOGA
This class is designed to increase flexibility and strength which will reshape muscles and joints. Yoga improves posture, range of motion and balance while relieving tension and stress and increasing body awareness. Each class will consist of warm-up poses, postures, proper breathing and relaxation. This class is for all levels and ages. Please join us to see how yoga can improve your overall health and mental well-being. You will feel energized and more alert! Wear loose, comfortable clothing; bring a yoga mat and a water bottle. Min: 12/Max: 25
Fees: $73.00 senior Fee: $65.70
Instructor: Terri Ziemnicki
Location: Community Room at Avon Senior Center
Days: Tuesdays & Thursdays
Time: 8:15 – 9:15 a.m.

TAI CHI FOR SENIORS
Tai Chi has been proven through scientific study to improve joint health, strengthen muscle, increase flexibility and reduce stress-based illnesses. This program was created to provide a simple, safe and effective program to prevent bone loss and improve balance. Many people have enjoyed learning the program and have gained significant health benefits from a program that is especially suited to seniors and people suffering from arthritis and osteoporosis. Come see what Tai Chi can do for you! Min: 10/Max: 20
Fees: $48.00 senior Fee: $43.20
Instructor: Ken Zaborowski
Location: Avon Senior Center
Days: Wednesdays
Time: 2:30 – 3:30 p.m.

TAI CHI FOR SENIORS
Tai Chi has been proven through scientific study to improve joint health, strengthen muscle, increase flexibility and reduce stress-based illnesses. This program was created to provide a simple, safe and effective program to prevent bone loss and improve balance. Many people have enjoyed learning the program and have gained significant health benefits from a program that is especially suited to seniors and people suffering from arthritis and osteoporosis. Come see what Tai Chi can do for you! Min: 10/Max: 20
Fees: $48.00 senior Fee: $43.20
Instructor: Ken Zaborowski
Location: Avon Senior Center
Days: Wednesdays
Time: 2:30 – 3:30 p.m.

ZUMBA GOLD
This class is a total body workout, set to Latin and international rhythms and dance steps. Designed for the adult beginner, baby boomer, or anyone that wants to start a fitness routine that is fun and moves at a slower pace than Zumba Basic Fitness. You will learn the steps & movements of Zumba Fitness without the pressure to keep up. Come and enjoy the health benefits of this feel good, low impact aerobic workout. No experience necessary, just a willingness to have fun. Wear comfortable clothing and non-grip sneakers/shoes; bring a water bottle. Min: 8/Max: 20
Fees: $46.00 senior Fee: $41.40
Instructor: Denise Lipka
Location: Community Room at Avon Senior Center
Days: Mondays
Time: 5:30 – 6:30 p.m.

ZUMBA GOLD
This class is a total body workout, set to Latin and international rhythms and dance steps. Designed for the adult beginner, baby boomer, or anyone that wants to start a fitness routine that is fun and moves at a slower pace than Zumba Basic Fitness. You will learn the steps & movements of Zumba Fitness without the pressure to keep up. Come and enjoy the health benefits of this feel good, low impact aerobic workout. No experience necessary, just a willingness to have fun. Wear comfortable clothing and non-grip sneakers/shoes; bring a water bottle. Min: 8/Max: 20
Fees: $46.00 senior Fee: $41.40
Instructor: Denise Lipka
Location: Community Room at Avon Senior Center
Days: Mondays
Time: 5:30 – 6:30 p.m.

Activities sponsored by the AVON Senior Center
Trips offered through the Avon Senior Center are open to Seniors and non-Seniors.
For details, please visit: http://www.avonct.gov/senior-center/pages/trips
**BABYSITTING SAFETY 101**

This is an entry level course intended to teach age appropriate skills necessary to care for children. The course focuses on safety with emphasis on prevention. Students will receive a Babysitter Safety Certificate upon completion of course. Certification will be through LifeSafes Services. Please bring a drink and a snack.

**Fee:** $76.00

**Grades:** 1 – 3

**Field session 1:** 7/11/2016 – 7/15/2016

Min: 10/Max: 15

**Date:** July 12, 2016

**Time:** 10:00 a.m. – 2:00 p.m.

**Day:** Tuesday

**Location:** Pine Grove School – Media Center

**Instructor:** LifeSafes Services Staff

**Grades:** 6 – 12

**Fee:** $76.00

**SOCCER SHOTS – CLASSIC**

Soccer Shots Classic sessions are professionally designed and led by Director Shannon Perry, certified youth coach and former professional player. Each session creatively introduces your child to the sport of soccer. Character development, physical skills and fun are guaranteed in this exciting program. Each Soccer Shots session incorporates the following: Basic soccer skills, exclusive Soccer Shots games, word of imagination, coordination, balance and agility development. Each student should bring sneakers and a water bottle with them. Min: 8/Max: 24

**Fee:** $120.00

**Grades:** age 3 – entering Kindergarten

**Tennis – Junior Players**

This class is designed for new players and those with some experience. Footwork and hand, eye coordination drills are introduced to develop general athletic ability. Children will also be taught court positioning, score keeping, and etiquette. The program will cover all shots and basic skills needed for rapid improvement. USTA approved, low compression, age appropriate balls will be used to promote ease of play and faster success. Students must wear sneakers, bring a water bottle. Racquets may be available upon request, but please bring your own racquet if you have one.

**Min: 6/Max: 16**

**Session 1:** 7/11/2016 – 7/14/2016

**Session 2:** 7/25/2016 – 7/28/2016

**Time:** 9:00 – 10:00 a.m.

**Days:** Monday – Thursday

**Location:** Sycamore Hills Recreation Area

**Tennis Courts**

**Instructor:** Staff at Farmington Farms

**Tennis & Athletic Club**

**Grades:** 3 – 8

**Fee:** $85.00

**EXPERIENCED VOLLEYBALL – BUMP-SET-SPIKE**

Experienced volleyball coach will instruct players of all ability levels. Individual skills as well as teamwork skills will be developed through fun games and activities. Please bring a water bottle.

**Min: 8/Max: 24**

**Session 1:** 7/11/2016 – 7/15/2016

**Session 2:** 7/25/2016 – 7/29/2016

**Time:** 8:30 – 9:30 a.m.

**Days:** Monday – Friday

**Location:** Roaring Brook School – Field

**Instructor:** Shannon Perry

**Grades:** Age 5 – Entering Kindergarten

**Fee:** $70.00

**SOCCER SHOTS – PREMIER**

Soccer Shots Premier sessions are professionally designed and led by Director Shannon Perry, certified youth coach and former professional player. The program is for children who are new to soccer or want to build on previous soccer experience. The focus is on individual skill. Each session will challenge your child to be fun, dynamic character. Development, physical skills and fun are guaranteed in this exciting program. Each student should wear sneakers/cleats, please bring a snack and a water bottle. Shin guards are recommended.

**Min: 8/Max: 24**

**Session 1:** 7/18/2016 – 7/22/2016

**Session 2:** 8/1/2016 – 8/5/2016

**Time:** 8:30 – 10:00 a.m.

**Days:** Monday – Friday

**Location:** Roaring Brook School Field

**Instructor:** Shannon Perry

**Grades:** 1 – 3

**Fee:** $120.00

**Tennis – Junior Players**

This class is designed for new players and those with some experience. Footwork and hand, eye coordination drills are introduced to develop general athletic ability. Children will also be taught court positioning, score keeping, and etiquette. The program will cover all shots and basic skills needed for rapid improvement. USTA approved, low compression, age appropriate balls will be used to promote ease of play and faster success. Students must wear sneakers, bring a water bottle. Racquets may be available upon request, but please bring your own racquet if you have one.

**Min: 6/Max: 16**

**Session 1:** 7/11/2016 – 7/14/2016

**Session 2:** 7/25/2016 – 7/28/2016

**Time:** 9:00 – 10:00 a.m.

**Days:** Monday – Thursday

**Location:** Sycamore Hills Recreation Area

**Tennis Courts**

**Instructor:** Staff at Farmington Farms

**Tennis & Athletic Club**

**Grades:** 3 – 8

**Fee:** $85.00

**YOUNG ARTISTS AT WORK**

Local artist will instruct students on a different art project each day. Monday: Piñata Making; Tuesday: Tie Dye; Wednesday: Anime Drawing; Thursday: Clay Time; Friday: Photo Transfers. Please bring a snack, lunch, water bottle, and a smock or an old shirt to protect clothing.

**Min: 10/Max: 15**

**Date:** 6/20/2016 – 6/24/2016

**Time:** 9:00 a.m. – 5:00 p.m.

**Days:** Monday – Friday

**Location:** Countryside Park

**Instructor:** Roni Rothman

**Grades:** 5 – 8

**Fee:** $175.00

**AVON FALCONS GIRLS BASKETBALL CAMP**

Girls entering grades 3-8 – Campers will learn all the basic skills that will make you successful in the game of basketball. Individual skill development and offensive/defensive concepts will be delivered on a daily basis. Each camper will be given personal instruction daily as well as a skill evaluation at the end of camp. Come have a great week of basketball with Coach Filon and Coach Lee as well as former Avon High School players. Please wear athletic clothing, basketball shoes and bring a water bottle and snack.

**Min: 15/Max: 50**

**Date:** 7/11/2016 – 7/15/2016

**Time:** 8:00 a.m. – 3:00 p.m.

**Days:** Monday – Friday

**Location:** Avon High School – New Gym

**Instructor:** Tim Filon and Jamaal Lee

**Grades:** Girls entering Grades 4 – 9

**Fee:** $125.00

**GIRLS FIELD HOCKEY FITNESS CAMP**

This 3 day camp is for 4th-8th graders interested in developing the basic skills of field hockey and learning the fundamentals of the game. During each session, the campers will be participating in drills to enhance their field hockey skills as well as their fitness conditioning. The participants will need to bring a field hockey stick, mouth and shin guards, SNEAKERS, cleats, water, light snack, exercise mat and at least 10 lbs. of body weight. New players to the sport are always welcome to this fun and energetic camp!

**Min: 10/Max: 20**

**Date:** 7/11/2016 – 7/15/2016

**Time:** 9:00 a.m. – 12:00 p.m.

**Days:** Monday – Friday

**Location:** Roaring Brook School Gym

**Instructor:** Kris Pedra and Don Marconi

**Grades:** Boys entering Grades 2 – 4

**Fee:** $110.00

**Boys entering grades 5-8** – This program will offer boys an opportunity to engage in a week long basketball camp. They will learn the game in a fun, innovative way to grab their attention and begin/continue skill development. Please wear athletic clothing, basketball shoes and bring a water bottle and snack.

**Min: 20/Max: 40**

**Date:** 7/11/2016 – 7/15/2016

**Time:** 9:00 a.m. – 12:00 p.m.

**Days:** Monday – Friday

**Location:** Drop off & pick up at Sycamore Pavilion

**Instructor:** Kim Moretti

**Grades:** 5 – 9

**Fee:** $185.00

**COOLEST CAMP EVER!**

Start your summer off with an adventure filled week.

1. Experience an adventure in the trees at the aerial forest park in Storrs, CT with zip lines, ropes and obstacles
2. White water raft “Hurricane Rapid” and “Zoar Gap” on the Deerfield River in Massachusetts.
3. Enjoy a day at a Flags New England in Agawam, MA filled with thrill rides, games, activities, and water slides.
4. Brownstone Exploration & Discovery Park is an amazing adventure with cliff jumping, rock climbing, inflatable floating obstacles, rope swingings, water slides, kayaking, and even scuba diving.
5. End the coolest week ever with a field day at Sycamore Park with sports, games, activities, a cookout and swimming.
SKYHAWKS FLAG FOOTBALL CLINIC – CO-ED
A perfect program for young athletes who want a complete introduction to "America's Game" or for those who simply want to brush up on their skills in preparation for league play. Through our "skill of the day" activities, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun and positive environment. Skyhawks Flag Football is recommended for all levels of athletes. The week ends with the Skyhawks Flag Football Super Bowl, giving participants a chance to showcase their skills on the gridiron! Please indicate shirt size when registering. Please wear athletic clothing and sneakers; and bring a water bottle. Min: 10/Max: 30

Time: Monday – Thursday
Location: Avon Middle School Multi-Purpose Field
Instructor: Skyhawks
Grades: 2 – 6
Fee: $104.00

SOCCEr
CHALLENGER SPORTS BRITISH SOCCER
British Soccer Camps provide players of all ages and abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Equally important, the Challenger coaching staff provides your child with lessons in respect, responsibility, integrity, sportsmanship and leadership. Challenger Sports British Soccer Camp is the most popular soccer camp in the country. Our experienced staff study the game at all levels and we have identified the key techniques and skills that your players need to work on and master to reach their true potential. Students should bring their soccer ball, cleats/sneakers, shin guards, water, snack/hot lunch and sunscreen. Min: 20/Max: 80

Time: 9:00 a.m. – 2:30 p.m.
Days: Monday – Friday
Location: Fisher Meadows Recreation Area
Grades: 3 – 9
Fee: $167.00

BRITISH SOCCER CAMP Plus Swimming
This program includes an extended swim option. Campers will be transported to the pool at 2:30 p.m. Pick up will be at Sycamore Hills Pavilion. In addition to the items above, students should bring their swimwear and towel. Min: 10/Max: 80

Time: 9:00 a.m. – 4:30 p.m.
Days: Monday – Friday
Location: Fisher Meadows
Instructor: Tim Feshler and John Snyder
Grades: 3 – 7
Fee: $192.00

AVON YOUTH VOLLEYBALL
The program is designed to introduce and teach fundamental skills/strategies of volleyball to girls who are entering grades 3-6. Camp is directed by Avon High School Head Volleyball Coach, Curt Burns. Participants are given demonstration and instruction by high school volleyball players and coaches. Camp will culminate with a competition play day. Match play and awards ceremony on final day. Beginners welcome and encouraged to attend. Please wear gym attire: shorts, t-shirt and court shoes. Min: 18/Max: 32

Dates: 8/22/2016 – 8/24/2016
Time: 8:30 a.m. – 2:30 p.m.
Days: Monday – Wednesday
Location: Avon Middle School
Instructor: Curt Burns
Grades: 3 – 9
Fee: $85.00

WORLD OF ADVENTURE CAMP
Take some hikes and appreciate nature while developing a respect for the land and others! Perform and observe how to be a contributing team member. Develop better listening skills while understanding the importance of being a team player.

Session 1: Learn through experiential play and activities that are paired with focused reflection and the use of various processing tools. Play activities for the week are a pure medium for bringing kids of many experiences, cultures, backgrounds and characteristics together. Selected games from countries around the world introduce diversity skills that promote empathy and understanding.

Session 2: Learn and use supportive strategies within a diverse group. This camp focuses on individual skills and team growth through creative problem solving and trust activities within a supportive environment. Participants will also engage in non-traditional cooperative games, nature hiking with some orienteering, low and high ("by choice") challenge rope course elements. Knot tying and belay techniques may be introduced.

Please wear comfortable clothes, sturdy hiking shoes/sneakers and bring sunscreen, bug spray, water and a lunch. Min: 8/Max: 20

Dates: 7/18/2016 – 7/22/2016
Time: 8:30 a.m. – 2:30 p.m.
Days: Monday – Friday
Location: Avon Middle School
Instructor: Tim Feshler and John Snyder
Grades: 3 – 12
Fee: $212.00

AVON YOUTH VOLLEYBALL
The program is designed to introduce and teach fundamental skills/strategies of volleyball to girls who are entering grades 3-6. Camp is directed by Avon High School Head Volleyball Coach, Curt Burns. Participants are given demonstration and instruction by high school volleyball players and coaches. Camp will culminate with a competition play day. Match play and awards ceremony on final day. Beginners welcome and encouraged to attend. Please wear gym attire: shorts, t-shirt and court shoes. Min: 18/Max: 32

Dates: 8/22/2016 – 8/24/2016
Time: 8:30 a.m. – 2:30 p.m.
Days: Monday – Wednesday
Location: Avon High School – Large Gym
Instructor: Curt Burns
Grades: 3 – 9
Fee: $85.00

AVON YOUTH VOLLEYBALL
The program is designed to introduce and teach fundamental skills/strategies of volleyball to girls who are entering grades 3-6. Camp is directed by Avon High School Head Volleyball Coach, Curt Burns. Participants are given demonstration and instruction by high school volleyball players and coaches. Camp will culminate with a competition play day. Match play and awards ceremony on final day. Beginners welcome and encouraged to attend. Please wear gym attire: shorts, t-shirt and court shoes. Min: 18/Max: 32

Dates: 8/22/2016 – 8/24/2016
Time: 8:30 a.m. – 2:30 p.m.
Days: Monday – Wednesday
Location: Avon High School – Large Gym
Instructor: Curt Burns
Grades: 3 – 9
Fee: $85.00
avon summer camps

LITTLE PEOPLE’S CAMP – Entering Pre-K–Kindergarten

In this high energy camp presented by Tumble Bunny Inc., children will enjoy numerous activities, including fitness activities, some gymnastic, arts & crafts, games, contests, rewards and more. Please wear shorts and a t-shirt and sneakers; bring a snack and water bottle each day. Children must be age 3 as of 12/31/15 and must be able to use the bathroom independently. Min: 7/Max: 25


Time: 9:00 a.m. – 12:00 p.m.

Location: Pine Grove School

Instructor: David Avezzie

Grades: Age 3 ½ – Entering Kindergarten

Fee: $134.00

The registration deadline for all summer day camp programs is the Thursday prior to the start of the session. Anyone registering after the Thursday deadline, will be charged the full amount and your child cannot report to camp until the Tuesday of the session. For the week of July 4th, your child would not be able to attend until the Wednesday of that session, since that session starts on July 5th.

SUMMER FUN CAMP – Entering Grades 1-3

Summer Fun Camp consists of eight one-week sessions. Each day offers a wide variety of sports, arts & crafts, afternoon swim up to four days a week, group games and free play. Each week there will be a special theme, a planned field trip or special event. Swimming is fully supervised by our ARC Certified Lifeguards. Campers should bring a lunch, snacks, drinks, water bottle and on swim days, sunblock, swimsuit and towel. Everything should be labeled with the camper’s name. A backpack is recommended and please leave all electronic devices at home. Min: 20/Max: 35

Session 1: June 27 – July 1

WORLD OF SCIENCE

The event for this session is a trip to the CT Science Center in Hartford.

Fee: $163.00

Extended Care: $20.00/block

Session 2: July 5 – July 8 (no camp July 4)

CURIOUS CREATURES

Curious Creatures Program will be brought to camp this week.

Fee: $130.00

Extended Care: $16.00/block

Session 3: July 11 – July 15

FARM WEEK

The event for this session is a trip to Flaming Farm in West Simsbury to visit the animals and go on a hayride.

Fee: $163.00

Extended Care: $20.00/block

Session 4: July 18 – July 22

LET’S BE ACTIVE

The event for this session is a trip to Bounce Town in Canton.

Fee: $163.00

Extended Care: $20.00/block

Session 5: July 25 – July 29

ART WEEK – EVERYONE CAN BE PICASSO

The event for this session is a trip to Imagine Nation in Bristol with a special workshop – Kaleidoscope of Color.

Fee: $163.00

Extended Care: $20.00/block

Session 6: August 1 – August 5

NATURE WEEK

The event for this session is a trip to the Boaring Brook Nature Center in Canton.

Fee: $163.00

Extended Care: $20.00/block

Session 7: August 8 – August 12

SUMMER BUCKET LIST

The event for this session is a trip to Blue Fox Run in Simsbury for laser tag, mini golf and bowling.

Fee: $163.00

Extended Care: $20.00/block

Session 8: August 15 – August 19

SUMMER SPLASH – BACK TO SCHOOL SOON

The event for this session is a field day of activities at SYCAMORE HILLS PARK including a cookout and a DJ.

Fee: $163.00

Extended Care: $20.00/block

SUMMER sPLasH – BacK to scHooL soon

Session 9: July 25 – July 29

EXPLORE THE UNKNOWN

The event for this session is a trip to the CT Science Center in Hartford. Campers will explore hands-on exhibits and watch a 3D Movie.

Fee: $175.00

Extended Care: $20.00/block

Session 10: July 31 – August 4

UNDER THE SEA

The event for this session is a trip to Mystic Aquarium in Mystic, CT. Campers will visit exhibits.

Fee: $140.00

Extended Care: $16.00/block

Session 11: August 7 – August 11

WINTER IN JULY

The event for this session is a trip to the Sports Center of Connecticut in Shelton, CT for a day of ice skating and fun. Skates are provided.

Fee: $175.00

Extended Care: $20.00/block

Session 12: August 14 – August 18

FLYING HIGH

The event for this session is a trip to Lake Compounce in Bristol, CT. Campers will visit exhibits, and fun at the world’s #1 wooden roller coaster, as well as Mystic Aquarium’s largest water park. At “The Lake,” there are more rides, attractions and FUN than anyone can experience in just one day.

Fee: $175.00

Extended Care: $20.00/block

Session 13: August 21 – August 25

SUMMER SPLASH – BACK TO SCHOOL SOON

The event for this session is a field day of activities at SYCAMORE HILLS PARK including a cookout and a DJ.

Fee: $175.00

Extended Care: $20.00/block
Family Movie Night
Outdoor Movies at Sycamore Hills Pool
Movies Begin at Dusk

July 8, 2016

July 15, 2016

July 22, 2016

July 29, 2016

Bring Your Own Chairs & Snacks!

Sponsored By:

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Email: JenniferJohnson@allstate.com

AVON RECREATION & PARKS

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