GREETINGS FROM THE DIRECTOR

DEAR MEMBERS:

We are in full swing here at the Center this Spring. Special thanks to our “Songsters” for their most enjoyable concert— “Those Were The Days”. Many great classics were sung and remembered by all! Our Mother’s Day painters all went home with their beautiful one of a kind masterpieces. So much talent and creativity was displayed at this fun event! And this past month all of our volunteers were honored with an Appreciation Brunch served by our fabulous staff. Thank you again to all the many of you who dedicate your time here at the Center.

My sincerest thanks to all of you.

Warm Regards, Doreen

IMPORTANT INFORMATION

Reminder that all classes and programs are limited to a maximum number of participants. Once that number has been met a waiting list will be implemented at that time for all classes and programs.

SENIOR CENTER INFO LINE: Our Center has a special telephone number to call for daily announcements, cancellations, Center closing (due to weather) and information. The information available: cancellations or changes in any of the daily activities, details regarding a special function for that day and the daily lunch menu.

The number is: (203) 924-2355.
City of Shelton website: www.cityofshelton.org

PARTY TICKET PURCHASE: When buying tickets for table-assigned parties all Members can pick up numbers at 9:00 AM for ticket sales at 9:30 AM. When purchasing Birthday or Monthly Dance tickets tables are then assigned. Please present your up-to-date Membership Card and your partner’s Membership Card at sign up. (Two tickets may be purchased.) If you live out-of-town, you can have another member purchase your ticket with your Membership Card. Only on the first day of ticket sales do we follow the specified time for selling. Tickets will be sold up until the Wednesday (12:00 Noon) before the event. Checks payable to: Shelton Senior Center. Members may invite guests. Guest ticket prices vary per event.

TRIP REGISTRATION: On the day of registration, all members interested in the trip should come to the Center for registration at 9:30 AM. Each member may register them self and one (1) other member. Please have Membership Cards for both you and your partner; your check and meal selection if needed. Registration will be on a first come – first serve basis. After the initial Registration, you may register any time. Please Note: Trips must be paid for by check (no cash) made payable to the travel agency sponsoring the trip.

TRIP CANCELLATIONS: If you have to cancel your trip, please notify the Center. We will make every effort to reimburse your ticket from our “Wait List.” Please do not transfer the ticket yourself or ask another member to do so – we will need the proper information for the replacement, registration and refund.

TRIP PARKING: When traveling with the Senior Center, please park in the Police/Senior parking lot if there are spaces available. If there are no available spaces, you may park in the outer and far end area of the Senior Center Lot. Thank you for your cooperation.

RENTERS’ REBATE: The Renters Rebate Program is available to renters who were 65yrs of age on or before December 31, 2015. Qualifying Income $35,200. Single or $42,900. Married. Applications will only be accepted at The Shelton Senior Center from April 1st to October 1, 2016. Any documents showing 2015 income: Social Security 1099, pension, interest and 2015 income tax returns, if filed, must be presented for income verification. 2015 Rent receipts and utility summaries for electric, water and gas are also needed. Please call Mia at The Shelton Senior Center for more Information and/or set up an appointment at (203) 924-9324 between 10am & 2pm Mon-Fri.

VALLEY TRANSIT TRANSPORTATION: All Shelton residents are able to receive rides from the Valley Transit to and from the Center for FREE on Mondays, Wednesdays and Fridays. Approximate arrival to Center is 10:00 AM and pick up is 3:00/4:00 PM. In order to utilize this service you must be a Shelton resident and contact them 24 hours the day before at 203-735-6408. Valley Transit also offers a Dial-A-Ride service for ALL Valley members daily for a charge of $3.00 each individual way.
OFFICER ELDREDGE’S TIP OF THE MONTH

Don’t Forget To Shred! Thieves will target your curbside trash to steal your identity. For police related questions or concerns please feel free to contact Officer David Eldridge anytime at the Shelton PD 203-924-1544 x423. He is here for you!

SHOPPING BUS SCHEDULE

The bus picks up and returns to the Center after shopping. There is no charge for this service.

June 1 - Ansonia Stop & Shop or Shop Rite
June 8 - Adams-IGA
June 15 - Ansonia Stop & Shop or Shop Rite
June 22 - Adams-IGA
June 29 - Ansonia Stop & Shop or Shop Rite

UPCOMING CLASSES & EVENTS

POOL LESSONS: Begin every Tuesday at 1:00 PM in June for male and female players. Those interested please call the Center.

SETBACK CARDS: All seniors interested please contact the Center.

CRIBBAGE, BACKGAMMON, & CASINO: All those interested please call Gene at 203-218-9481.

ELDER LAW SESSION: Wednesday, June 8th at 10:30AM. A Certified Elder Law Attorney, Attorney Drazen will be speaking this month about the topic: “A well kept secret to help those who served our country”.

MEDICINE SHOPPE PHARMACY: Wednesday, June 8th at 10:00AM Dipika Patel, PharmD is here to discuss “Brown Paper Bag Day.” Bring your prescription in for questions and answers. Coffee served.

BBQ BASH WITH MAGICIAN/COMEDIAN BRYAN LIZOTTE: On Friday, June 10th at 12:00PM in celebration of Father’s Day all are invited to join us at this fun event! You will be entertained by the Shelton Songsters while enjoying your bbq meal. Following its show time!! Bryan Lizotte will have you laughing and amazed with a 45 minute long unforgettable adult magic show. Menu includes: Cheeseburgers with all the fixings, macaroni salad, corn on the cob, watermelon, iced tea, iced coffee and dessert. $10.00 per person and $12.00 per guest. Tickets on sale now.

BOOK CLUB: On Friday, June 10th at 1:00 PM. The book discussion will be led by Joan Pollack. Book selection is “Every Fifteen Minutes” by Lisa Scottoline, Members only.

AAA DRIVER IMPROVEMENT PROGRAM: A FREE four-hour classroom course for Connecticut drivers 60 and older will be held here at the Center on Saturday, June 11th at 9:00AM. To register please call 203-937-2595, ext. 4684.

GRIMIN HOSPITAL VALLEY PARISH NURSES: On Friday, June 17th at 10:30AM—1:00PM will be here for blood pressure, diabetes screening and medical needs. Presented by Maggie Sessa R.N. who is versed in many areas. Medical van will also be here.

VETERAN AFFAIRS: On Wednesday, June 15th at 12:30PM—2:00PM Ramon Augusto, from the State of CT Veterans’ Affairs and the office of Advocacy and Assistance will be here to speak to you individually about claims, benefits, and answer any questions in regards to veteran affairs.

DISCUSSION FROM GRIMIN HOSPITAL VALLEY PARISH NURSES: On Monday, June 20th at 10:00AM the Parish Nurses will be here to discuss “Preventing Diabetes”, a state granted program to benefit our members.

FREE JUICE BAR: On Tuesday, June 21st from 9:00AM-11:00AM Benchmark Healthcare at Split Rock will be sponsoring a Juice Bar for all of your enjoyment!

BLOOD PRESSURE SCREENING: The Emergency Care Institute of Bridgeport Hospital will conduct Blood Pressure Screenings at the Senior Center on Monday, June 27th from 12:00-2:00PM. All welcome to attend.

PRECISION HEARING: Stop in on Tuesday, June 28th at 10:30AM for maintenance & cleaning. Please call ahead for an appointment.

ICE CREAM SOCIAL: Get out of the summer heat and head on down for a treat!! In celebration of 4th of July join us on Friday, July 1st at 1:00PM-2:30PM for music by DJ Rene Caisse, dancing and for some yummy Senior Center Sundaes! $5.00 per person. Tickets on sale now!

BIRTHDAY PARTY: On Friday, July 15th at 1:00PM we will be celebrating all April, May and June birthdays. Vinnie Carr will be here to entertain. $5.00 pp Refreshments served. Tickets on sale June 10th.

ELVIS SHOW: Save the date!! On Wednesday, August 10th at 1:00PM. Elvis will be here! $5.00 per person. Light refreshments served. Tickets on sale June 10th.

UPCOMING TRIPS

THERE MAY BE MULTIPLE STOPS FOR SOME OF THESE TRIPS.

“SPLASHDOWN” IN BOSTON: June 15th. Cost: $115.00 per person. Lunch is included at Maggiano’s in Little Italy where you will enjoy a five course meal with your choice of Chicken Marsala or Parmesan Crusted Tilapia. You’ll see Boston by both land and water on the same tour without changing vehicles! Includes transportation, luncheon at Maggiano’s, Duck tour of Boston and Driver’s gratuity. Registration going on now!!

ONE WORLD OBSERVATORY & THE SPIRIT OF NEW YORK LUNCHEON CRUISE: June 22nd. Cost: $141.00 per person. Upon arrival to New York City...
you will board the Spirit of New York for a harbor buffet luncheon cruise, then over to the new One World Observatory. Go to the top of the tallest building in the western hemisphere. Includes transportation, luncheon cruise on the Spirit, admission to the One World Observatory, and gratuities. Registration going on now!

FUTURE TRIPS

COINS & CLAWS: July 6th. Cost: $65.00 per person. Depart from your area en-route to ABBOTT’S LOBSTER IN THE ROUGH in Noank, CT while you enjoy your lunch of either steamed lobster or herb roasted chicken served with all the fixings. After lunch depart for Mohegan Sun Casino, which you can enjoy several hours of gaming at your own pace. Includes transportation, lunch at Abbott’s, casino bonus package and drivers gratuity. Registration going on now.

THE BOSTON POPS AT TANGLEWOOD WITH SPECIAL GUEST, SETH MACFARLANE: July 10th. Cost: $135.00 per person. Depart to The Berkshires and enjoy lunch at one of the areas fine local restaurants of your choice. After lunch head over to Tanglewood estate which is the setting of The Boston Pops concert. Be serenaded with classic songs from the 40’s and 50’s, by America’s orchestra. Seats are located in the covered area of “The Shed”. Includes transportation, complete luncheon, reserved seats for the concert & drivers gratuity. Registrations going on now.

MACKINAC ISLAND: July 12-19th. Cost: $1,527.00 PP Double, $1,737.00 PP Single, $1,477.00 PP Triple. Includes Deluxe motor coach transportation, hotel accommodations, taxes and baggage handling, admis- sions wherever applicable, 14 meals, ferry to Mackinac Island. Registrations going on now.

OLD STRUBBRIDGE VILLAGE LUNCH & CABARET SHOW: July 27th. Cost: 89.00. Depart to Sturbridge, MA. Lunch is included at the Oliver Wight Tavern with a choice of Sage Chicken or Baked Boston Scrod with all the fixings and dessert. After lunch you will move to the theatre for a cabaret musical show. Includes transportation, lunch and show, and drivers gratuity. Registrations going on now.

SARATOGA: August 4th. Cost: $63.00. Off to the races!!! Enjoy an afternoon watching thoroughbred racing at one of the world’s greatest sporting venues. Lunch is on your own. Many restaurants and food vendors are on site for your convenience. Includes transportation, grandstand admission, reserved seating and gratuity. Registrations going on now.

CONNECTICUT LIGHTHOUSE TOUR: August 16th. Cost: $64.00 PP Board the comfortable smooth sailing air-conditioned high speed Sea Jet. Sit back and relax as we cruise by and learn the history of the New London Harbor Light, New London Ledge Lighthouse, Avery Point Lighthouse and the Plum Island Lighthouse. You will also get to see the historic Fort Trumbull and Fort Arnold. After the cruise you will head over to Mohegan Sun, upon arrival you will receive a casino package including a food credit. Enjoy several hours on your own to enjoy the casino at your leisure. Registrations going on now.

LOBSTERFEAST & PATSY CLINE TRIBUTE AT THE LOG CABIN: August 25th. Cost: 97.00 pp. You will be greeted with Hors d’oeuvres and a complimentary glass of wine upon arrival at The Log Cabin in Holyoke, MA. Then you will dine on your lobster feast which features Clam Chowder, New England Boiled Lobster, Barbequed Ribs and Chicken served with Corn and a Baked Potato, followed by a Strawberry Ice Cream Sundae for dessert. After lunch, relax as Janice Dee pays tribute to Patsy Cline with her “Walking After Midnight” Combo. Includes Transportation, Lunch, Show and gratuity. Registrations going on now.

9/11 MEMORIAL AND MUSEUM: September 7th. Cost: $108.00 pp Upon arrival to New York City you will visit the 9/11 Memorial. Late afternoon lunch will be served at the famous Italian restaurant Carmine’s. Family style platters will be served of Rigatoni & Broccoli and Chicken Parmigiana with all the trimmings. Registrations going on now.

BROADWAY “Bright Star”: September 14th. Cost: $189.00pp. Upon arrival you will dine for lunch at Buca di Beppo family style platters with salads, baked rigatoni, spaghetti with meat sauce, and chicken parmigiana with homemade cheesecake. Inspired by a true event. This is a sweeping tale of love and redemption between a World War II soldier and a successful literary editor in the 1920’s down in the American South. Includes transportation, orchestra/front mezzanine tickets, complete luncheon, and gratuities. Registrations going on now.

A TASTE OF PROVIDENCE: September 14th. Cost: $99.00 pp. Tour Scialo Brothers Italian Bakery and enjoy pastry and coffee. Next stop is Trattoria Zooma for lunch. Then tour Providence and enjoy Little Italy, Federal Hill, the historic East Side, Downtown and more. Registrations going on now.


SOUTH DAKOTA TRIP “THE BLACK HILLS AND BADLANDS”: September 13-19th. Call Center.

ESSEX STEAM TRAIN & RIVERBOAT RIDE: September 30th. Cost: $94.00pp. Enjoy lunch at the Griswold Inn with a choice of Pan Seared Breast of Chicken or Top Sirloin of Beef. After lunch step aboard the Valley Railroad Steam Train and following onto the Riverboat for an hour long ride admiring the green hills, fine houses, Gillette’s Castle, and Goodspeed Opera House. Registrations going on now.

ROCKING HORSE RESORT ALL INCLUSIVE: September 27th-September 30th. Cost: $499.00 pp Double; $605.00 pp Single; $491.00 pp Triple. Enjoy a four day, three night trip to this 3 Diamond Award Ranch. Includes all meals, gratuities, hay rides, shuffleboard, bocce, sauna, paddleboats, trivia and more.
Free coffee and cake can be enjoyed all day. Contest, games, bingo, prizes, indoor pool, horseback rides, Happy Hour, live entertainment and dancing and round trip transportation. Registrations going on now.

“MY MOTHER’S ITALIAN, MY FATHER’S JEWISH & I’M IN THERAPY!” AT FOXWOODS CASINO: October 5th. Cost: $84.00 pp. Enjoy a luncheon buffet featuring a variety of tasty foods. Also included is a free $10 slot machine token. Includes transportation and gratuity. Registrations begins June 17th.


AUTUMN IN LANCASTER INCLUDING SAMSON: October 19-21st. Cost: $489.00 pp Double; $619.00 pp Single; $469.00 pp Triple. Includes: Transportation, Hotel accommodations at The Country Inn of Lancaster, Admission to Sites, Four meals (two breakfasts & two dinners), 2 shows, taxes/gratuities. For more info at the Center. Registrations begins June 17th.

OKTOBERFEST AT HUNT’S LANDING: October 20th. Cost: $96.00 pp. Hunts Landing is located in the foothills of Poconos Mountain. You will be greeted by coffee and strudel followed by a three hour open bar and a buffet that includes German Potato Soup, Saurbraten, German Roast Chicken, Wurst and Kraut, German Potato Salad, Spatzle and dessert. After lunch enjoy listening and dancing to John Stevens’ Double-shot Band. Includes transportation, lunch and entertainment, and gratuity. Registrations begins June 17th.


THANKSGIVING IN THE POCONOS FEATURING ERIC KEARNS: November 10th. Cost: $97.00 pp. Enjoy a morning with an all you can eat breakfast buffet. Enjoy bingo, movies, a special musical treat “Voices of Legends” with Eric Kearns. Later enjoy an all you can eat dinner contains a variety of Thanksgiving staples. 4 hour open bar included. Includes transportation, breakfast buffet, dinner buffet, activities and gratuity. Registrations begins July 8th.

RADIO CITY CHRISTMAS SPECTACULAR: November 18th. Cost: $183.00 pp. Upon arrival, enjoy lunch at Carmine’s. Your meal will be served family style with platters of Rigatoni & Broccoli and Chicken Parmigiana. Following lunch enjoy the Rockettes at the Radio City Christmas Spectacular. Includes transportation, Radio City Christmas Spectacular, lunch at Carmines, and gratuity. Registrations begins July 8th.

THE SHELTON SENIOR CENTER “SONGSTERS” CHORUS CONCERT ON MAY 4TH.

THE MOTHER’S DAY PAINT & TEA ON MAY 6TH.
**JUNE 2016**

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<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<th>Friday</th>
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<tr>
<td>PLEASE CALL THE INFO LINE (203) 924-2355 FOR DAILY ANNOUNCEMENTS, LUNCH MENU &amp; CANCELLATIONS.</td>
<td>STOP IN AND JOIN US FOR LUNCH!</td>
<td>1.) 9:15: ZUMBA GOLD  9:30 &amp; 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS &amp; CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 1:00: BINGO BONANZA SPONSORED BY EXECUTIVE CARE 1:00: PINOCHLE 1:00: COUNTRY LINE DANCE</td>
<td>2.) 9 &amp; 10:30: STRENGTH TRAIN 10:00: SQUARE DANCING 10:00: ORGAN GATHERING 1:00: BRIDGE 1:00: PINOCHLE 1:00: INTER. LINE DANCING 1:00: YOGA W/JILL 2:00: WI BOWLING 2:15: TAI CHI</td>
<td>3.) 9:30: COMPUTER CLUB 9:30 &amp; 10:15: EXERCISE 10:00: DOMINOES 1:00: BINGO</td>
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<td>6.) 9:30 &amp; 10:15: EXERCISE 10:00: BRIDGE LESSONS 10:00: ARTS &amp; CRAFTS 10:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BINGO 1:00: PAINTING</td>
<td>7.) 9:00: BRIDGE 9:00 - 11:00: FREE JUICE BAR SPONSORED BY BENCHMARK @ SR 9 &amp; 10:30: STRENGTH TRAIN 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND &amp; DANCING 12:30: LADIES POOL 12:30: PINOCHLE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET &amp; KNITTING 4:00: COMMISSIONER MEETING</td>
<td>8.) 9:15: ZUMBA GOLD 9:30 &amp; 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS &amp; CRAFTS 10:00: SCRABBLE 10:00: MEDICINE SHOPPE 10:30: BALLROOM AEROBICS 10:30: ATTORNEY DRAZEN 1:00: PINOCHLE 1:00: COUNTRY LINE DANCE</td>
<td>9.) 9 &amp; 10:30: STRENGTH TRAIN 10:00: SQUARE DANCING 10:00: ARTS &amp; CRAFTS 10:00: SCRABBLE 10:00: YOGA W/JILL 2:00: WI BOWLING 2:15: TAI CHI *</td>
<td>10.) 9:30: TICKETS ON SALE FOR ELVIS &amp; BIRTHDAY PARTY 9:30: CAMERA CLUB 9:30 &amp; 10:15: EXERCISE 10:00: DOMINOES 10:30: VALLEY PARISH NURSES 1:00: BINGO</td>
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<td>15.) SPLASHDOWN IN BOSTON 9:15: ZUMBA GOLD 9:30 &amp; 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS &amp; CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 12:30: VETERANS’ AFFAIRS 1:00: PINOCHLE 1:00: BINGO 1:00: COUNTRY LINE DANCE</td>
<td>16.) 9 &amp; 10:30: STRENGTH TRAIN 10:00: SQUARE DANCING 10:00: ARTS &amp; CRAFTS 10:00: SCRABBLE 1:00: YOGA W/JILL 2:00: WI BOWLING 2:15: TAI CHI</td>
<td>17.) 9:30: REGISTER FOR ALL OCTOBER TRIPS 9:30: COMPUTER CLUB 9:30 &amp; 10:15: EXERCISE 10:00: DOMINOES 10:30: VALLEY PARISH NURSES 1:00: BINGO</td>
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<td>20.) 9:30 &amp; 10:15: EXERCISE 10:00: BRIDGE LESSONS 10:00: ARTS &amp; CRAFTS 10:00: DIABETES CLINIC WITH GRIFFIN HOSPITAL 10:00: CANASTA 1:00: BILLIARD MIXER 1:00: BALLROOM CARDIO 1:00: BONUS BINGO 1:00: PAINTING</td>
<td>21.) 9:00: BRIDGE 9:00 - 11:00: FREE JUICE BAR SPONSORED BY BENCHMARK @ SR 9 &amp; 10:30: STRENGTH TRAIN 9:30: CERAMICS 12:30: SENTIMENTAL JOURNEY MUSIC BAND &amp; DANCING 12:30: LADIES POOL 12:30: PINOCHLE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET &amp; KNITTING</td>
<td>22.) NEW YORK CRUISE &amp; ONE WORLD OBSERVATORY 9:15: ZUMBA GOLD 9:30 &amp; 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS &amp; CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 1:00: PINOCHLE 1:00: COUNTRY LINE DANCE</td>
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<td>24.) 9:30: CAMERA CLUB 9:30 &amp; 10:15: EXERCISE 10:00: DOMINOES 1:00: BINGO</td>
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<td>27.) 9:30 &amp; 10:15: EXERCISE 10:00: BRIDGE LESSONS 10:00: ARTS &amp; CRAFTS 10:30: MOVE-IT W/ DARLENE 12:00: BLOOD PRESSURE WITH BRIDGEPORT HOSPITAL 1:00: CANASTA 1:00: BILLIARD MIXER 1:00: PAINTING 1:00: BINGO</td>
<td>28.) 9:00: BRIDGE 9:00 - 11:00: FREE JUICE BAR SPONSORED BY BENCHMARK @ SR 9 &amp; 10:30: STRENGTH TRAIN 9:30: CERAMICS 10:30: PRECISION HEARING 12:30: SENTIMENTAL JOURNEY MUSIC BAND &amp; DANCING 12:30: LADIES POOL 12:30: PINOCHLE 1:00: POOL LESSONS 1:00: MAH JONGG 1:00: CROCHET &amp; KNITTING</td>
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<tr>
<td>STOP IN AND JOIN US FOR LUNCH!</td>
<td>LUNCH SERVED FROM 11:45AM-12:15PM</td>
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| 9:30 & 10:15: EXERCISE 9:30 & 10:15: EXERCISE 10:00: QUILTING 10:00: ARTS & CRAFTS 10:00: SCRABBLE 10:30: BALLROOM AEROBICS 1:00: BINGO BONANZA SPONSORED BY EXECUTIVE CARE 1:00: PINOCHLE 1:00: COUNTRY LINE DANCE 9:30 & 10:15: EXERCISE 9:00:

**Please note:**
- The schedule includes various activities such as exercise classes, card games, and social events.
- Lunch is served from 11:45AM-12:15PM.
- Some events are sponsored by specific organizations.
- Some classes may be held in specific rooms, as indicated in the schedule.
- No room number is assigned for the Quilting room.

**Additional Notes:**
- Please call the info line (203) 924-2355 for daily announcements and lunch menu cancellations.
- Announcements and lunch served from 11:45AM-12:15PM.
- Please call the info line (203) 924-2355 for daily announcements and lunch menu cancellations.