Acknowledgement

The Walmart Foundation and the NC Advisory Council awarded a NC State Giving Program Grant to the Partnership for Children of Cumberland County (PFC) in June 2012 to publish the 1st Edition of the Tri-County Family Focus Directory. Through Smart Start funds, PFC was able to develop the first Family Focus Directory for Cumberland County and further enhanced the project over the years creating a high demand county level product. This work laid the foundation for the collaborative effort that will expand the project to two additional communities, Harnett and Hoke counties. Thank you!

The purpose of the project is to connect families, both civilian and military, with children to service providers in Cumberland, Harnett and Hoke Counties and to raise awareness of available programs and services. Research offers substantial evidence demonstrating that social ills negatively impact health outcomes:

- Children who experience “food insecurity” – uncertain or limited supplies of nutritious food – are 30% more likely to be hospitalized by age three.
- Children in poverty are 5 times more likely to have higher lead-blood levels which can lead to neurological damage, learning disabilities, hyperactivity, and other health problems.
- Children less than 3 years old whose families need but do not receive help paying their gas or electric bills are 30% more likely to be hospitalized.

Parents and service providers need to know:
- what services and resources are currently available; and
- how quickly and properly families can access the services.

The goal of the Tri-County Family Focus Directory is to assist families in Cumberland, Harnett and Hoke in learning about services that support healthy child development.

Published 2013
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How to Use this Book

The Tri-County Family Focus Directory is available in three formats: 1) print, 2) PDF, and 3) online database. This resource directory was assembled with the goal of increasing local awareness of resources in the area in the simplest format possible. The hundreds of files on resources collected from national programs, state programs and local services are organized in categories for easy navigation.

1. **Print**
   The Tri-County Family Focus Directory is divided into four main sections:
   - **The Partners that Made the Tri-County Family Focus Directory Possible** provides an overview of the Local Partnership for Children.
     - Message from Partnering Executive Directors
     - Partnership for Children of Cumberland County
     - Harnett County Partnership for Children
     - Hoke County Partnership for Children & Families
   - **Tips for Parents and Caregivers** provides information to help families through different stages of growth and development to include:
     - Supporting Your Young Child’s Development
     - Connecting With Your Teen
     - Raising Grandchildren
     - Connecting Military Families With Community Resources
   - **Resource Guide by Organization**
     - **Index by Organization** allows users to search for service providers and resources based on the name of the organization. The index is listed in alphabetical order.
     - **Organization Descriptions** lists agencies, the services they provide, and their contact information.
   - **Index Pages**
     - The **Glossary of Subjects** provides the definition of the service provided.
     - **Index by Subject** allows users to search for service providers and resources based on the key subject category. The resources are listed by counties under each subject category.
The Partners that Made the Tri-County Family Focus Directory Possible

2. **PDF**
   A PDF version of the guide is available free-of-charge.

3. **Online Database**
   This community resource directory is designed for consumers to have direct and easy access to information on a variety of programs, services and resources available in their communities. Information on this site is updated and maintained on a regular basis as new and/or updated information is obtained from community providers.

The link to the online database can be found on each of the Partnership websites listed below.

The Tri-County Family Focus Directory is still expanding and seeking more information on local organizations and the programs and services they provide in the community. We welcome the public to contact us with any information they may have. Here’s how you can help. Let us know of new resources, updates or corrections for the online version (and future print editions). We welcome your thoughts on how we can continue making this resource directory the best that it can be.

Contact

- Partnership for Children of Cumberland County, Inc.
  - 910-867-9700
  - [www.ccpfc.org](http://www.ccpfc.org)

- Harnett County Partnership for Children
  - 910-893-2344
  - [www.harnettsmartstart.org](http://www.harnettsmartstart.org)

- Hoke County Partnership for Children and Families
  - 910-904-5452
  - [www.hokechildren.net](http://www.hokechildren.net)
Message from Partnering Executive Directors

We are pleased to present the 1st Edition of the Tri-County Family Focus Directory. This publication will put you in touch with almost 300 organizations, educational programs, and individual practitioners throughout Cumberland, Harnett and Hoke Counties whose services were established for the benefit of families.

Smart Start has a long, rich, and innovative history of service delivery within the field of early childhood. Each Local Partnership has been working to create a community in which the web of family, community, private sector, and government support for children is so tightly woven that no child can slip through. It is not only important to provide needed services and interventions, it is just as important to ensure that those in need are aware and have access to those services. It is designed to bring people together from each community to support our families, both military and civilian, and the people and organizations that support them. Our goals are to:

- **Provide a Resource Directory** - To supply valuable links and information pertaining to our families, both military and civilian, and the people who support them.
- **Provide a One Stop Place** - A one stop place to address unmet social needs that are directly leading to worse health for our residents. Medical care alone cannot help people achieve and maintain good health if they do not have enough to eat, live in a dilapidated apartment without heat or are unemployed.
- **Raise Awareness** – Raise awareness of the available programs and services.

By using this guide you will be better informed about choices and options available to you. We hope you will find these connections and services most helpful. Enjoy! We invite you to spread the word about these resources to anyone and everyone who wants and needs them.

**Spread the word! The Family Focus Directory is free of charge.**

Eva Hansen  
President, Partnership for Children of Cumberland County, Inc.

Lisa Familo  
Executive Director, Harnett County Partnership for Children

Jean Squier  
Executive Director, Hoke County Partnership for Children and Families
Cumberland County

Emergency Phone Numbers

Ambulance & Emergency Medical  911
Fire Department, Police & Sheriff  911

Non-Emergency Phone Numbers

Cumberland County Sheriff  910-323-1500
Fayetteville Police  910-433-1529
Fire Department  910-433-1730
Fort Bragg Police  910-396-0391
Hope Mills Police  910-425-4103
Pope AAF Police  910-394-2808
Spring Lake Police  910-436-0350

Frequently Requested Phone Numbers

American Red Cross – Disaster Relief  910-867-8151
Army Community Service  910-396-8682
Care Family Violence Center  910-323-4187
Care Link of Cape Fear Valley – Health info.  910-609-5465
Catholic Social Ministries  910-424-2020
Child Find of America  1-800-426-5678
Child Protective Services – DSS  910-677-2450
Community Services Center – Food/Clothing  910-483-4384
Contact Telephone Help Line – Counseling  910-485-4134
Fayetteville Urban Ministry – Food/Clothing  910-483-5944
Fort Bragg Chaplain Help Line  910-396-1121
Mental Health Crisis  910-323-0601
Poison Control  1-800-222-1222
Rape Crisis  910-485-7273
Safe Surrender of Infants  1-800-367-8889
Salvation Army – Food/Clothing/Shelter  910-483-8119

About the Partnership for Children of Cumberland County, Inc.

The Partnership for Children (PFC) of Cumberland County is a nonprofit organization with a successful record of making a difference for Cumberland County’s children. We are the local administrator for Smart Start, North Carolina’s early childhood initiative, and the NC Pre-Kindergarten Program.

Vision Statement: We envision a community committed to the health, safety, happiness, and education of all of our children and their families.

Mission Statement: To build partnerships with families and the community so that all children have the opportunity to succeed in school and be prepared to contribute to our social and economic future.

The central goal of PFC is that all children arrive at Kindergarten ready for success in school. This goal has been consistent for our 20 years of operation, and all its supporting goals are intended to drive toward that result. National research, supported by local experience, point to health care, early learning opportunities, family strengthening services and a focus on partnering to improve the early childhood systems as the strategies that can best support school readiness and success for all children. Fulfilling this goal requires progress in four focus areas, across all programming:

- Children’s Health & Safety
- Early Childhood Development & Education
- Family Strengthening
- Systems Change

These Focus Areas are the foundation for funding by PFC. Within the four Focus Areas we have identified the specific results we hope will be achieved for children and families, and we will make funding investments that are focused on these desired results.

Focus area: Children’s Health & Safety
Cumberland County children, birth to age 5, are healthy and prepared to succeed when they enter school.

- Increase the number of children who enter school healthy, with any issues identified and treated before Kindergarten (i.e., developmental, dental, asthma, vision, hearing, social/emotional health)
- Increase the number of children with health insurance
Focus area: Early Childhood Development & Education
Cumberland County families of children, birth to age 5, effectively fulfill their roles as the primary providers, nurturers, and teachers, helping their children reach their full potential.

- Increase the percentage and number of children entering Kindergarten who are deemed ready for school (i.e., have age appropriate literacy and language, social/emotional, and math skills)
- Increase children’s access to high quality early learning opportunities
- Increase the number of parents who have awareness and skills to help support their child’s school readiness
- Increase the number of early care spaces

Focus area: Family Strengthening
All Cumberland County families of children, birth to age 5, including those with special needs, have access to high quality and affordable early childhood services, education, and other services that support them in their parental roles.

- Parents have realistic expectations of young children and apply them to interactions with their child(ren)
- Increase the percentage and number of families who can identify, access, and utilize family and child resources

Focus area: Systems Change
Cumberland County values all children and families by providing options, resources, and support collaboratively to help children and families reach their full potential.

- Increase the number of children who have access to the appropriate level of services
- Continue improvement in the evaluation system to better assess progress through use of appropriate indicators, analysis, and use of data for program and systems improvement
- Increase the knowledge and awareness of parents and community members on the importance of the first 5 years of life
- Greater ownership, commitment, and advocacy within the community for the needs of children and their families, including sustainable funding from local, regional, and national donors, foundations, corporations and government

Smart Start Funding Allocation
The following list contains programs funded by the Partnership for Children of Cumberland County, Inc. for 2012/2015.

- Autism Society of Cumberland County
- Autism Outreach & Resource Services
- Child Care Services Association
- WAGES
- Cumberland County of Department of Social Services
- DSS Child Care Subsidy
- Cumberland County Mental Health
- Early Intervention Team
- Cumberland County Public Library & Information Center
- Raising a Reader
- Cumberland County Schools
- Native Circles Program
- Easter Seals UCP North Carolina
- Cape Fear Children’s Center
- Spainhour/Child Play
- Fayetteville Technical Community College
- Early Childhood Education Center
- FTCC Child Care Scholarships
- Fayetteville Area Youth for Christ
- Teens ‘N’ Tots
- Kerri Hurley
- Kindermusik & Music Therapy Connection
- Partnership for Children of Cumberland County
- Administration
- Child Care Resource and Referral
- Child Care Subsidy
- Information Technology Service Center
- PFC Resource Center
- Planning, Development, & Communication
- Professional Development Career Center
- Program Coordination - Monitoring and Support
- Quality Enhancement Grants
Leveraging Resources to Change Systems

PFC was awarded the Nonprofit Sector Stewardship Award by the N.C. Center for Nonprofits and was recognized as exemplary stewards of the public’s trust and resources. Working collaboratively across Cumberland County with the public and private sectors, the Partnership for Children is able to leverage over $20 million from 18 different funding streams and groups.

- **Smart Start:** Along with its 11 Smart Start funded partners through 25 programs, the Partnership for Children of Cumberland County is working to ensure all children enter Kindergarten ready to succeed.

- **NC Pre-K:** administers the NC Pre-Kindergarten Program in Cumberland County. NC Pre-K provides high-quality pre-kindergarten classes for over 1,600 at-risk four year olds through 77 diverse 4-to 5-star facilities.

- **Region 5 CCR&R Services:** provides leadership and support for child care resource and referral services offered in CCR&R Region 5, which includes Anson, Cumberland, Hoke, Montgomery, Moore, Richmond, Robeson and Scotland counties.

- **Grant Evaluation Management Solution (GEMS):** provides a framework for approaching performance management through the use of theory-of-change strategies to assess the Funder’s contribution to desirable societal changes for 8 additional Partnerships representing 13 counties.

- **Information Technology Service Center:** provides reliable and affordable technology services to 330 users for 18 organizations that enhance or improve the services provided to families and children in the community.

- **Multi-Partnership Accounting and Contracting (MAC):** provides administrative support through Multi-Partnership Accounting and Contracting (MAC) services to 4 additional Partnerships for Children.

- **PFC Resource Center:** brings together 15 diverse organizations with 79 programs under one roof, creating a unique and centrally located home for organizations dedicated to helping families with children.

Annual Signature Events

Wanting to learn which child care facilities are in your neighborhood? Need to know when the next fun outreach event is happening? Interested in signing up for a workshop? Join us on the web and Facebook to stay connected.

**Join Us on the Web**
www.ccpfc.org

**Join Us on Facebook**
www.facebook.com/ccpfc.org

Engage with PFC! Remember these Dates
Volunteer with PFC

The Partnership for Children of Cumberland County believes our organization’s success depends on the many contributions our volunteers make each year. Volunteers supplement and enhance our daily work, assist with planning and strategic direction, and help out at special events. We aim to match each volunteer’s unique set of skills and interests with opportunities that will best meet their needs and desires.

We invite you to join our volunteer program, and our fight to advance the education, health, and well-being of Cumberland County’s future - its 25,300 young children.

It’s Easy to Volunteer

PFC is always looking for community members who want to help make a difference in the lives of children in Cumberland County. If you want to join us, visit our website, www.ccpfc.org, to complete a volunteer application and sign up for a volunteer shift on our volunteer calendar.
Harnett County

Emergency Phone Numbers

Fire, Police and Rescue Squad                                       911
Ambulance and Emergency Rescue Squad          911

Non-Emergency Phone Numbers

Angier Fire Department            919-639-6234
Angier Police Department                                            919-639-2699
Coats Police Department                                                  910-897-5183
Dunn Crime Stoppers                                                      910-892-2222
Dunn Fire Department                                                  910-892-2938
Dunn Police Department                                              910-892-2399
Dunn Rescue Squad           910-892-1211
Erwin Fire Department and Rescue Squad                  910-897-8151
Erwin Police Department                                             910-897-5122
Harnett County Sheriff’s Office                                   910-893-9111
Lillington Fire Department          910-893-9342
Lillington Police Department          910-893-3015
NC Highway Patrol in Lillington                                              910-893-5704

Frequently Requested Phone Numbers

Animal Control            910-814-2740
Board of Education           910-893-8151
Cooperative Extension            910-893-7530
Emergency Medical Services                                        910-893-7563
HARTS Transportation                                   910-814-4019
Health Department                                                910-893-7550
HUD                                                        910-893-7560
Jail/Detention Center                                      910-893-0257
Library                                                   910-893-3446
Parks and Recreation                                      910-893-7518
Social Services                                              910-893-7500
Tax Department                                                910-893-7520
About the Harnett County Partnership for Children

The Harnett County Partnership for Children (HCPC) is a 501(c)(3) non-profit, public-private organization designed to provide programs and services for young children ages birth to five and their families in Harnett County.

HCPC administers Smart Start and NC Pre-K funds, as well as privately donated funds, to improve the quality, affordability and availability of child care as well as children’s health and family support efforts. HCPC is dedicated to inspiring excellence and innovation to measurably increase the health and well-being of young children, building the foundation for all future learning, by:

- Improving children’s early care and education programs so that they are safe, healthy and provide opportunities for children to learn skills they need for success in school.
- Providing parents with tools that support them in raising healthy, happy and successful children.
- Ensuring that children have access to preventative health care.

1901-G North Main Street
Lillington, NC 27546
910-893-2344 (phone)
910-893-2387 (fax)
www.harnettsmartstart.org

“Preparing children for success in school and in life.”

Vision, Mission, & Principles

**Vision**
Every child reaches his or her potential and is prepared for success in a global community.

**Mission**
To improve the quality of life for young children and families in Harnett County, through community based programs focusing on health, education and family support.

**Principles**

- All children have the right to a chance at the American Dream.
- Early Childhood investments are vital to our state’s economic security and prosperity.
- Families are our top priority. We put families first by giving them the tools they need to raise healthy, happy and successful children.

Experiences during that time have a lasting impact on later learning, health and success. Join North Carolinians as part of the First 2000 Days Initiative at www.first2000days.org.
Hoke County Partnership for Children & Families
# Hoke County Emergency Phone Numbers

<table>
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<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fire, Police and Rescue Squad</td>
<td>911</td>
</tr>
<tr>
<td>Ambulance and Emergency Rescue Squad</td>
<td>911</td>
</tr>
</tbody>
</table>

## Non-Emergency Phone Numbers

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
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<tr>
<td>City of Raeford Police Department</td>
<td>910-875-4251</td>
</tr>
<tr>
<td>Hoke County Sheriff’s Department</td>
<td>910-875-5111</td>
</tr>
<tr>
<td>City of Raeford Fire Department</td>
<td>910-875-5150</td>
</tr>
<tr>
<td>Hillcrest Fire Department</td>
<td>910-875-8888</td>
</tr>
<tr>
<td>North Raeford Fire Department (Turnpike Rd.)</td>
<td>910-875-4256</td>
</tr>
<tr>
<td>North Raeford Fire Department (Doc Brown Rd.)</td>
<td>910-875-5144</td>
</tr>
<tr>
<td>Pinehill Fire Department</td>
<td>910-281-3876</td>
</tr>
<tr>
<td>Puppy Creek Fire Department</td>
<td>910-875-5283</td>
</tr>
<tr>
<td>Rockfish Fire Department</td>
<td>910-875-4660</td>
</tr>
<tr>
<td>South Antioch Fire Department</td>
<td>910-843-3833</td>
</tr>
<tr>
<td>Stonewall Rural Fire Department</td>
<td>910-875-8894</td>
</tr>
<tr>
<td>West Hoke Fire Department</td>
<td>910-848-6933</td>
</tr>
</tbody>
</table>

## Frequently Requested Phone Numbers

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
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<tr>
<td>City of Raeford Animal Control</td>
<td>910-875-5518</td>
</tr>
<tr>
<td>County of Hoke Animal Control</td>
<td>910-875-4148</td>
</tr>
<tr>
<td>County of Hoke Animal Shelter</td>
<td>910-875-4827</td>
</tr>
<tr>
<td>Board of Education</td>
<td>910-875-4106</td>
</tr>
<tr>
<td>Board of Elections</td>
<td>910-875-9062</td>
</tr>
<tr>
<td>Cooperative Extension</td>
<td>910-875-3461</td>
</tr>
<tr>
<td>Emergency Management</td>
<td>910-875-4126</td>
</tr>
<tr>
<td>Health Department</td>
<td>910-875-3717</td>
</tr>
<tr>
<td>Health Department (WIC)</td>
<td>910-875-2298</td>
</tr>
<tr>
<td>Hoke Area Transportation Services (HATS)</td>
<td>910-875-8696</td>
</tr>
<tr>
<td>Library</td>
<td>910-875-2502</td>
</tr>
<tr>
<td>Parks and Recreation</td>
<td>910-875-4035</td>
</tr>
<tr>
<td>Raeford-Hoke Chamber of Commerce</td>
<td>910-875-5929</td>
</tr>
<tr>
<td>Social Services</td>
<td>910-875-8725</td>
</tr>
<tr>
<td>Social Services (Child Support)</td>
<td>910-875-8755</td>
</tr>
<tr>
<td>Tax Department</td>
<td>910-875-8751</td>
</tr>
<tr>
<td>Veteran’s Services Office</td>
<td>910-875-2167</td>
</tr>
</tbody>
</table>

# About the Hoke County Partnership for Children and Families

The mission of the Hoke County Partnership for Children and Families is to help all children, by providing to them and their families, the means and opportunities to grow up healthy, to be successful in school, to be safe at home, and to be happy in our community.

Hoke County Partnership for Children and Families is a tax-exempt, IRS-approved 501(c)3 nonprofit corporation that was incorporated in October 1994 and received funding through Smart Start, North Carolina’s early childhood initiative, in 1996.

**Hoke County’s vision for each community:**

- Ensure healthy children and wholesome childhoods;
- Provide safe, healthy nurturing surroundings;
- Protect its children from abuse, neglect and the influence of family or community violence;
- Support and respect the family’s primary role in and responsibility for raising their children;
- Support family-friendly workplaces;
- Provide a variety of high quality, early childhood opportunities for families and their children; and
- Foster high-expectations, instill optimism and encourage aspirations.

---

### Hoke County Partnership for Children & Families

1089 East Central Avenue  
Raeford, NC 28376  
(910) 904-5452  
[www.hokechildren.net](http://www.hokechildren.net)

“Building Brighter Futures for Hoke County’s Children.”
Vision & Goals

Vision
Hoke County values its youngest citizens and sustains an environment in which our communities can provide options, resources, and support so that children and their families reach their full potential.

Goals

- All Hoke County children ages 0-5 years are healthy and prepared to succeed when they enter school.
- Hoke County families will effectively fulfill their role as the primary guardians, care providers, nurturers and teachers helping their children reach their full potential.
- All Hoke County children will have access to high quality, affordable services they need and want, including early childhood education, services for children with special needs and other services that support families.
- Hoke County values all children and families by providing options, resources and support collaboration of community resources to help children and families reach their potential.

Tips for Parents and Caregivers
Supporting Your Young Child’s Development
The First 2,000 Days

Why the First 2000 Days Matter
There are only 2,000 days between the time a baby is born and when that child shows up for the first day of kindergarten. Experiences during these 2,000 days have a lasting impact on later learning, health and success. That is because children’s earliest experiences literally determine how their brains are wired; lay the groundwork for future health; and form the foundation of the social and emotional skills needed for academic and workplace success.

Experiences early in life have a lasting impact on later learning. Today, neuroscientists are able to show that early experiences actually shape the architecture of the brain and strongly affect whether a child grows up to be a healthy, productive member of society.

The graphic below illustrates that much of a young child’s brain synapse formation takes place in the first five years of life. Synapses are what connect our brain cells (neurons). They form a network in the brain. This network influences intellectual capacity, memory, problem solving and language.

To learn more please visit http://first2000days.org/.

Toxic Stress
Chronic stressful conditions such as extreme poverty, abuse or severe maternal depression — what scientists now call “toxic stress” — can also disrupt the architecture of the developing brain. This can lead to lifelong difficulties in learning, memory and self-regulation. We know that children who are exposed to serious early stress develop an exaggerated stress response that, over time, affects their defense system against diseases.

It is important to distinguish among three kinds of responses to stress: positive, tolerable, and toxic. These three terms refer to the stress response systems’ effects on the body, not to the stressful event or experience.

Positive stress response is a normal and essential part of healthy development, characterized by brief increases in heart rate and mild elevations in hormone levels. The first day with a new caregiver or receiving an injected immunization are examples of situations that might trigger a positive stress response.

Tolerable stress response activates the body’s alert system to a greater degree as a result of more severe, longer-lasting, difficulties, such as the loss of a loved one, a natural disaster, or a frightening injury. If the activation is time-limited and buffered by relationships with adults who help the child adapt, the brain and other organs recover from what might otherwise by damaging effects.
Toxic stress response can occur when a child experiences strong, frequent, and/or prolonged adversity – such as physical or emotional abuse, chronic neglect, caregiver substance abuse or mental illness, exposure to violence, and/or the accumulated burdens of family economic hardship – without adequate adult support. This kind of prolonged activation of the stress response system can disrupt the development of brain architecture and other organ systems, and increase the risk for stress-related disease and cognitive impairment, well into the adult years.

When toxic stress occurs continually, or is triggered by multiple sources, it can have a cumulative toll on an individual’s physical and mental health – for a lifetime. The more adverse experiences in childhood, the greater the likelihood of developmental delays and later health problems, including heart disease, diabetes, substance abuse, and depression. Research also indicates that supportive, responsive relationships with caring adults as early in life as possible can prevent or reverse the damaging effects of toxic stress response.

NC Safe Surrender of Newborns

Did you know that the risk of homicide on the first day of life is 10 times greater than at any other time of life?

**What is the Safe Surrender Law?** The North Carolina Safe Surrender Law, or Infant Homicide Prevention Act, allows for an infant up to 7 days old to be given to a responsible adult, legally and anonymously.

**Who can receive an Infant through safe surrender?** The law states that an infant can be given to a responsible adult. A responsible adult would be an on-duty health care provider, law enforcement officer, social services worker or emergency medical services worker.

**What happens to the surrendered children?** The receiving responsible adult is required to keep the child safe and warm, and to call 911 or the local department of social services right away.

**Is infanticide and child homicide a big problem?** In North Carolina, an average of two infants are killed or left unprotected every year. Every two weeks a child in our state is killed by a parent or caregiver in some form of child abuse.

**Has the Safe Surrender Law been successful?** No official numbers are in existence, but since the law went into effect in 2001, there have been successful safe surrenders of infants.

**What about the rights of the father?** Safe surrender encourages any person that believes he may be the father of a child that has been given to a responsible adult to come forward immediately.

Safe Surrender: It's in your Hands

For more information please contact 1-800-FOR-BABY or [www.safesurrender.net](http://www.safesurrender.net)
Bonding With Your Baby

What’s Happening
Attachment is a deep, lasting bond that develops between a caregiver and child during the baby’s first few years of life. This attachment is critical to the growth of a baby’s body and mind. Babies who have this bond and feel loved have a better chance to grow up to be adults who trust others and know how to return affection.

What You Can Do
No one knows your child like you do, so you are in the best position to recognize and fulfill your child’s needs. Parents who give lots of loving care and attention to their babies help their babies develop a strong attachment. Affection energizes your child to grow, learn, connect with others, and enjoy life.

What You Might Be Seeing
Most babies:
- Have brief periods of sleep, crying or fussing, and quiet alertness many times each day
- Often cry for long periods for no apparent reason
- Love to be held and cuddled
- Respond to and imitate facial expressions
- Love soothing voices and will respond with smiles and small noises
- Grow and develop every day; they learn new skills quickly and can outgrow difficult behaviors in a matter of weeks

Here are some ways to promote bonding:
- Respond when your baby cries. Try to understand what he or she is saying to you. You can’t “spoil” babies with too much attention—they need and benefit from a parent’s loving care even when they seem inconsolable.
- Hold and touch your baby as much as possible. You can keep him close with baby slings, pouches, or backpacks (for older babies).
- Use feeding and diapering times to look into your baby’s eyes, smile, and talk to your baby.
- Read, sing, and play peek-a-boo. Babies love to hear human voices and will try to imitate your voice and the sounds you make.
- As your baby gets a little older, try simple games and toys. Once your baby can sit up, plan on spending lots of time on the floor with toys, puzzles, and books

How YOU Can Support Your Child’s Development

Child development refers to how a child becomes able to do more complex things as they get older. Development is not the same as growth; growth only refers to the child getting bigger in size. Development refers to: Gross and fine motor, language, cognitive and social skills.

Here are few milestones to track the development of your child:

**Birth to 1 ½ Months**
- Turns head in direction of your voice
- Observes surrounding briefly
- Focuses on high contrast objects
- Lifts head briefly when lying on tummy

**1 ¼ to 3 ¼ Months**
- Turns head in general direction of sound
- Begins cooing and uses crying to alert parent of needs
- Shows excitement when seeing or hearing caregiver
- Pushes with legs against a firm surface

**3 ¼ to 5 ¼ Months**
- Turns head to locate sound
- Gurgles and coos to show pleasure
- Anticipates eating upon seeing bottle or breast
- Rolls on to either side and sits with support

**5 ½ to 8 Months**
- Babbles using repeated syllables such as “ma ma ma”
- Experiments with effects of throwing, dropping, and banging
- Rolls, scoots or pulls body up with arms
- Transfers objects from one hand to the other

**8 to 14 Months**
- Responds to own name when called
- Knows the difference between familiar people and strangers
- Pulls self up to stand
- Turns pages in a stiff book
14 to 24 Months
Follows one-step directions
Has 50 word vocabulary
Uses trial and error to solve problems
Throws small ball and kicks large ball forward

24 to 36 Months
Follows two-step directions
Says name
Names one color, eight pictures and three body parts
Interacts with other children

3 to 4 Years
Listens responsively to books and stories
Carries out three simple related directions
Uses four to six words in a sentence and answers simple questions
Knows first and last name

4 to 5 years
Learns a song and does actions that go with the words
Uses six to eight words in a sentence
Identifies own name when printed
Counts ten items out loud
Uses scribbles, shapes and letter-like symbols to write

Because each child develops in her own particular manner, it's impossible to predict when or how your own child will perfect a given skill. Alert your pediatrician if you feel your child's development is taking a slightly different course.

-American Academy of Pediatrics

Parenting Your Child with Developmental Delays and Disabilities

What's Happening
Children develop in many ways and at different rates. While each child is unique, there are developmental milestones or skills that children are expected to develop by certain ages. As parents we expect these age-specific tasks to occur naturally. Children don’t necessarily learn skills at the same pace, but when milestones don’t develop within the expected broad timeframe or don’t appear at all, parents and caregivers may become concerned.

What You Might Be Seeing
Parents and primary caregivers are in the best position to note any ongoing concerns about their child’s development that may require action. Although children develop at their own rate, some differences may be signs of developmental delays or disabilities. You may want to observe your child in the following areas to decide if your child is on a typical developmental path:

- **Gross motor skills**: Using large groups of muscles to sit, stand, walk, run, etc.; keeping balance; and changing positions
- **Fine motor skills**: Using hands to eat, draw, dress, play, write, and do many other things
- **Language**: Speaking, using body language and gestures, communicating, and understanding what others say
- **Cognitive**: Thinking skills including learning, understanding, problem-solving, reasoning, and remembering
- **Social**: Interacting with others, having relationships with family, friends, and teachers, cooperating, and responding to the feelings of others

What You Can Do?
First Steps

- If your child’s development worries you, share your concerns with someone who can and will help you get clear answers about your child’s development. Don’t accept others dismissing your concerns by saying “You worry too much,” or “That will go away in a few months.” You know your child and are his or her best advocate.
- If your child seems to be losing ground—in other words, starts to not be able to do things they could do in the past—you should request an evaluation right away. Get professional input for your concerns.
If you think your child may be delayed or have a disability, take him or her to a primary health-care provider or pediatrician and request a developmental screening. If you don’t understand the terminology used to assess or describe your child, be sure to ask questions such as, “What does that mean?”

Next Steps
- If your child is diagnosed with a developmental delay or disability, remember that you are not alone. Meet and interact with other families of children with special needs, including those with your child’s identified disability. You may have many questions about how your child’s diagnosis affects your whole family.
- Seek information. Learn the specifics about your child’s special needs. When your child is diagnosed with a delay or a disability, you should begin interventions as early as possible so your child can make the best possible progress.
- Find resources for your child. Seek referrals from your physician or other advisors to find professionals and agencies that will help your child. Keep in mind that some services that assist your child may also provide programs to benefit your entire family.

Ongoing Strategies
- Locate or start a support group. You may appreciate the opportunity to give and receive assistance or encouragement from others who can truly identify with your experience.
- Take a break and give yourself the gift of time to regroup, re-establish your relationships with family members, or reconnect with friends. You will be a better champion for your child when you take the time to care for yourself as well.
- Don’t let your child’s delay or disability label become the entire focus. Your child has special challenges but is also a member of your family. Seeing your child grow and develop as an individual and part of the family is one of the great pleasures of being a parent.

How can I learn more about services in my hometown?
If you think your child may have a developmental delay, talk to your child’s doctor. Parents also can seek help from the following agencies:

1. **Children’s Developmental Services Agencies (CDSAs)** assure that children from birth to three years of age receive services mandated under Part C of the Individuals with Disabilities Education Act (IDEA). Most CDSAs serve multiple counties. They are the point of referral for the North Carolina Infant-Toddler Program. There are 16 regional offices with the central office located in Raleigh, NC. [http://www.beearly.nc.gov/](http://www.beearly.nc.gov/)
   - Contact the regional office that serves the county that you reside in.
     - Cumberland County CDSA-Cape Fear Region (910) 251-5817; Cumberland County CDSA Branch Office (910) 486-1605
     - Harnett County CDSA-Sandhills Region (910) 295-3133
     - Hoke County CDSA-Sandhills Region (910) 295-3133

2. **All Family Support NetworkTM affiliate programs** work with their local CDSAs to provide support for families with children who have special needs.
   - Family Support Network of Greater Cape Fear Region - Cumberland County (910) 850-5050
   - Family Support Network of the Sandhills- Harnett County (910) 420-1178
   - Family Support Network of the Sandhills- Hoke County (910) 420-1178

3. **Pre-School Programs** provide high quality educational services to students with disabilities by implementing Individualized Education Programs (IEP).
   - Cumberland County Early-In Special Education Preschool Program (910) 484-6761
   - Harnett County Exceptional Children’s Program (910) 893-8151
   - Hoke County Exceptional Children’s Preschool Services (910) 875-8009

4. **Fort Bragg**
   - Educational & Developmental Intervention Services (910) 907-3347
   - Fort Bragg Schools (910) 907-0200
The Importance of Father’s Involvement

Fathers are just as essential to healthy child development as mothers. The following are some of the most compelling ways that a father’s involvement makes a positive difference in a child’s life.

**Fathers Parent Differently:** The diversity between the parenting styles of the mother and father provides children with a broader, richer experience of contrasting relational interactions. Whether they realize it or not, children are learning that men and women are different. This understanding is critical for their development.

**Fathers Play Differently:** Fathers tickle more, they wrestle, and they toss their children in the air. Through rough-and-tumble with their fathers, children learn self-control by being told when “enough is enough” and when to settle down.

**Fathers Build Confidence:** Go to any playground and listen to the parents. Who is encouraging kids to swing or climb just a little higher, ride their bike just a little faster, throw just a little harder? Who is encouraging kids to be careful? Mothers protect and fathers encourage kids to push their limits. These two parenting styles together help children remain safe while expanding their experiences and increasing their confidence.

**Fathers Communicate Differently:** Mothers will simplify their words and speak on the child’s level. Men are not as inclined to modify their language for the child. The mother’s way facilitates immediate communication; the father’s way challenges the child to expand her vocabulary and linguistic skills.

**Fathers Discipline Differently:** Fathers stress justice, fairness and duty, while mothers stress sympathy, care and help. Fathers tend to observe and enforce rules systematically and sternly, teaching children the consequences of right and wrong. Mothers tend toward grace and sympathy, providing a sense of hopefulness. Again, these two parenting styles together create a healthy, proper balance.

Fathers Prepare Children for the Real World: Fathers are more likely than mothers to tell their children that if they are not nice to other kids, kids will not want to play with them. Or, if they do not do well in school, they will not get into a good college or secure or desirable job. Fathers help children prepare for the reality and harshness of the world.

Fathers Provide a Look at the World of Men: Men and women are different. They eat differently. They dress differently. They cope with life differently. Girls and boys who grow up with an active father are more familiar and secure with the curious world of men.

*The Involved Father*
By Glenn Stanton

Ways to Connect with Your Kids

**Preschool**
- Go on a walk with your child and let them lead the conversation.
- Tell your child funny stories using voices, motions, facial expressions and sounds.
- Get on your child’s level – squat or kneel when talking or playing.
- Carve out time where you can do nothing but get to know your child.

**Elementary**
- Let your child decide what they would like to do during playtime.
- Find a skill that your child would like to learn and commit yourself to help them.
- Help with homework, practicing sports and attend school meetings.
- Start regular one-on-one outings with your children.

**Teen**
- Listen to music that your child enjoys – keeping an open mind.
- Keep scheduling the one-on-one outings with your children.
- Immerse yourself in the world of your children. Do something on their “turf” – skateboard, play hoops in the park or go to the mall.
- Commit to weekend activities with your children.

*How Dads Can Stay Involved*
By Carey Casey
NC Child Passenger Safety Seat Law

♦ Children under 16 years old are covered under the NC Child Passenger Safety Law.
♦ All cars manufactured after 1967 and all pickup trucks, vans, and SUVs manufactured after 1971 are required to have seat belts and are covered under the NC Child Passenger Safety Law.
♦ All children in all seats must be buckled at all times.
♦ A child restraint device is required if the child is less than 8 years old AND weighs less than 80 pounds.
♦ The child restraint device must be placed in the rear seat if the child is 5 years old or younger and under 40 pounds AND if the vehicle has passenger side airbags.
♦ Belt-positioning booster seats may be used for children between 40 and 80 pounds. The child must be within the weight range for the child restraint or booster seat and it must meet federal safety standards in effect at the time of manufacture.
♦ Children may be secured in a properly fitted seat belt at age 8 or at 80 pounds, whichever comes first.
♦ Do not place the shoulder belt under a child’s arm or behind their back. It is dangerous and illegal.
♦ The driver is responsible for the proper restraint of children.
♦ There are no exemptions for out-of-state drivers or vehicles registered in other states.
♦ The fine for violating the law is $25, plus court costs and two driver’s license points.


Local Child Passenger Safety Seat Programs

You can search through Buckle Up database of programs and agencies in North Carolina that offer child passenger safety and seat belt information and technical assistance in their communities. Many programs offer the “hands-on” service of teaching parents and other caregivers how to install and use their restraints correctly. http://www.buckleupnc.org/contacts_local.cfm

Refer to NC CPS Events and Activities for a listing of child passenger safety clinics (“checking stations” set up for a limited time in a public location such as a shopping center parking lot) and other related activities.

Types of Programs and Services Listed

- Permanent Checking Stations (PCS) are locations where parents/caregivers can receive information about child passenger safety (CPS) and have their child restraints and seat belts checked to be sure they are installed and used correctly. PCS locations listed on this site provide education and installation assistance by nationally certified CPS Technicians.
- Buckle Up Kids — NC Safe Kids Buckle Up (BUK) programs assist parents and other caregivers by providing a limited number of low-cost child restraints and education on their use to qualifying families. Only trained, qualified personnel are allowed to provide educational and installation assistance to parents/caregivers, including those receiving BUK seats. Child restraints distributed by BUK programs are purchased through funding from the North Carolina Governor’s Highway Safety Program.
- Safe Kids — Safe Kids coalitions are affiliated with Safe Kids Worldwide to combat the causes of deaths among children caused by unintentional injuries and focus on the major unintentional risk areas of traffic incidents, fire/burns, drowning, falls, poisonings, and choking/suffocation. Local Safe Kids coalitions conduct a number of child passenger safety clinics and educational events throughout the year.
Play is Learning

One of the best things children can do is play. Children learn through play and it helps build important skills they need for future success. Playing helps them develop creativity, decision making skills, social skills, and builds muscles. Plus, it offers opportunities for parents to spend time with their children.

Children benefit the most from child-directed, unstructured, and imaginative play. It allows them to interact with the world on their terms, and provides parents with an opportunity to see the world through their child's eyes.

Here are some ways you can encourage your child’s imaginative play!
♦ Create a dress up box filled with old clothes, shoes, and jewelry.
♦ Create a prop box filled with puppets, cardboard boxes and tubes, and old sheets and blankets.
♦ Take them outside and let them climb, ride bikes, and play pretend games with safe items they find.
♦ Let them play with sand and water.

Looking to try out a new developmentally appropriate item with your child? Check out your local Resource Lending Library. The Lending Library offers a variety of high quality educational materials such as active play equipment, manipulatives, and dramatic play materials. These items are available to be checked out free of charge.

<table>
<thead>
<tr>
<th>Partnership for Children of Cumberland County Resource Services</th>
<th>Harnett County Cooperative Extension</th>
<th>Hoke County Partnership for Children and Families Resource Lending Library</th>
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</thead>
<tbody>
<tr>
<td>(910) 867-9700</td>
<td>(910) 893-7530</td>
<td>(910) 904-5452</td>
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Getting Ready to Learn to Read

Language development is one of the best indicators of school success.

It gives children the building blocks they need to learn to read. Children who enter school with poorly developed language skills start behind, and often never catch up. Parents play an important role in their child’s literacy development. Parents who provide their children with literacy rich environments and opportunities to use language are setting their children up for success not only in school but in life.

Here are some ways you can encourage literacy in your home!
♦ Talk, sing, and play with your child.
♦ Designate a daily family reading time.
♦ Surround your child with reading material.
♦ Be a model for your child by reading books, magazines, and newspapers. Read books again and again to your children.
♦ Point out specific sounds or letters.
♦ Encourage your child to write and draw.
♦ Praise your child’s reading and writing efforts.

A great resource for introducing your child to reading and language in a fun way is your local library. They offer a variety of free programs that will spark your child’s interest in literature.

<table>
<thead>
<tr>
<th>Cumberland County Public Library and Information Center Headquarters Library</th>
<th>Harnett County Public Library Main Library</th>
<th>Sandhills Regional Library System Hoke County Public Library</th>
</tr>
</thead>
<tbody>
<tr>
<td>910-483-7727</td>
<td>910-893-3446</td>
<td>910-875-2502</td>
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The Dolly Parton Imagination Library provides a free book each month to your child. To find out more about this program in your community contact:

<table>
<thead>
<tr>
<th>Cumberland United Way of Cumberland County 910-483-1179</th>
<th>Harnett United Way of Cumberland County 910-483-1179</th>
<th>Hoke County Parents as Teachers 910-875-2000</th>
</tr>
</thead>
</table>
Eat Healthy, Get Active
Giving Your Child the Proper Nutrition and Physical Activity

Over the past three decades, childhood obesity rates in America have tripled, and today, nearly one in three children in America are overweight or obese. The life of a child has changed over the years; walks to and from school have been replaced by car and bus rides, gym classes and after-school sports have been cut and afternoons are now spent with video games, TV, and the internet.

That was the bad news! The good news is that by adjusting a few of our habits we can help our children lead healthier, more active, lives.

Eat Healthy

Although adults usually decide what kids eat, we all know that kids eat what is available. Therefore, surrounding them with healthier options leave them no choice but to eat better food. Small changes can make a huge difference:

- Kids should eat five fruits and vegetables a day.
- Provide fruit or carrot sticks as great snacks.
- Offer 100% juice, with no added sugar.
- Save “treats” for special occasions.
- Reduce the number of snacks each day.
- Differentiate between snacks that require permission (cookies), versus snacks that kids can take freely (fresh or dried fruit).
- Bake or grill instead of frying.
- Don’t force kids to clean their plates.
- Start with small portions and children can always have seconds if they are still hungry.
- Eat together as a family.
- Eating together is chance to model good behavior.
- Regularly scheduled meal and snack times help kids learn structure for eating.

Get Active

Engaging in physical activity as a family can be a fun way to get everyone moving. Children need 60 minutes of play with moderate to vigorous activity every day, but it does not have to occur at once. Remember, sleep is just as important and is an essential part of living an active life.

Here are a few activities you and your family can use to get started on a path to a healthier lifestyle:

- Give children toys that encourage physical activity.
- Limit TV time and keep the TV out of a child’s bedroom.
- Take the stairs instead of the elevator.
- Walk around the block after a meal.
- Encourage children to join a sports team or try a new physical activity.
- Find time to spend together doing a fun family activity: family park day, swim day or bike day.
- Make a fun house rule like no sitting still during television commercials.
- Be sure children get the sleep they need. Children under five should get eleven hours or more of sleep per day. Children five to ten should get ten or more, and children over ten need at least nine hours per day.

For more information visit: www.Letsmove.Gov

Your local Parks and Recreation is a great place to start when looking for active programs for your child. They offer a variety of opportunities for outdoor fun.

<table>
<thead>
<tr>
<th>Fayetteville-Cumberland Parks and Recreation</th>
<th>Harnett County Parks and Recreation Department</th>
<th>Hoke County Parks and Recreation Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>910-433-1547</td>
<td>910-893-7518</td>
<td>910-878-4035</td>
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Choosing Quality Child Care

Why Quality Child Care Matters?
Children in quality child care tend to
• Score higher academically throughout school
• Have higher self-esteem
• Exhibit fewer negative behaviors
• Have stronger language skills

What Do I look for in a Quality Child Care?
Look for child care programs where caregivers
• Are warm and nurturing
• Communicate well with children
• Are knowledgeable about child development
• Put emphasis on intellectual stimulation, socialization skills
• Are able to give one-on-one attention
• Have strong supervision/safety policies

Should I select a family child care home or a child care center?
The type of program that you select should be the one that fits you and your child’s individual needs. You know your child’s personality best. If he or she is most comfortable in a small setting, then a family child care home may work best for him or her. What is most important is that after visiting and observing in the program, it feels like a good fit for your family.

There are lots of child care facilities in my area. How can I determine which programs offer the best care?
Parents can use the Division’s Facility Search Site (http://ncchildcaresearch.dhhs.state.nc.us/search.asp) to find information about the standards a child care facility meets. Licensed child care facilities have ratings of one through five stars. One star means the facility meets minimum licensing requirements. A two to five star rating means the facility has voluntarily met higher program standards and higher staff education levels. Parents can see exactly how the facility scored in each of these areas. The site also provides information about visits made to the centers and homes as well as any administrative actions the Division of Child Development has taken against the facility. Parents can also request additional information via email provided on the Division’s Facility Search Site.

What does it mean when a child care program is nationally accredited?
An accredited child care program has met standards of quality set forth by an accrediting agency. There are several national accrediting organizations for child care programs. Getting accredited is voluntary and usually involves an intensive self-assessment as well as an outside observation. The accreditation process does not impact a program’s star rated license. The websites for the four national accrediting organizations lists programs that are currently accredited. They can be accessed at:
• National Association for the Education of Young Children (NAEYC) (http://www.naeyc.org/) -- for child care centers.
• National Child Care Association (NCCA) (http://www.nccanet.org/) -- for child care centers.
• National Afterschool Association (NAA) (www.naaweb.org) -- for school age programs.
• National Association for Family Child Care (NAFCC) (http://www.nafcc.org/) -- for family child care homes.

Who can I contact for help in locating child care in my county?
Some Child Care Resource and Referral (CCRR) agencies have information about child care available in your county. They can also give you information on how to choose a quality child care program. Contact a Division of Child Development Customer Service Representative for the telephone number of the CCRR in your county.
1. Cumberland – Child Care Resource & Referral (910) 867-9700
2. Harnett – Child Care Resource & Referral (910) 893-7530
3. Hoke – Consumer Education and Referral (877) 230-3024

Who do I contact to report concerns or file a complaint about a child care?
If a parent, guardian or other concerned citizen thinks that a child care program is not meeting the licensing requirements, a complaint can be made to the Division of Child Development by calling:
• In-state only (800) 859-0829
• Out-of-state (919) 662-4499
N.C. Pre-Kindergarten Program

What is the NC Pre-K program?
The NC Pre-K Program is designed to provide at-risk, four-year-old children with an opportunity for quality preschool education. This school day program is designed to provide young children with access to a structured curriculum and preschool experience that will enhance their readiness for school.

Who is Eligible for the NC Pre-K Program?
At-risk is the first priority for enrolling children. At-risk is defined as family income at or below 75% of the State Median Income.

Other eligible children can be enrolled after all at-risk children have been enrolled.

Eligible children are those with Limited English Proficiency, have a Chronic Health Condition, demonstrate development or educational need based on the results of an approved assessment tool, or who have a parent who is on active military duty or has been seriously injured while on active duty military in the recent past.

Children must be 4 years old on or before August 31ST of the current year.

When does the program begin?
• The NC Pre-K Program operates on the public school calendar.
• Children will be enrolled on a first come, first served basis and according to space availability at each site.

How do I enroll children?
To enroll your child, or to find out more information, please contact:
• Harnett County Partnership for Children, (910) 893-2344
• Hoke County Schools, (910) 875-2416
• Partnership for Children of Cumberland County, (910) 860-2277

Kindergarten Registration
Children must be five years old on or before August 31 of the year they enter school to register for Kindergarten. Only parents and court appointed custodians may register a child for school. The school system hosts a Beginner’s Day in the spring for parents and children who will be entering Kindergarten the following August. Children and their parents can visit their school, see what a typical school day is like, and even have a school lunch.

Parents who are interested in enrolling their child in a school of choice should contact the school in January for an application.

To register your child for Kindergarten, you will need:
♦ Certified Birth Certificate
♦ Shot Record
♦ Kindergarten Health Assessment Form
♦ Proof of address in school’s attendance area

To find out what school your child will attend call:
Cumberland County Schools Assignment Office at (910) 678-2616 or visit www.ccs.k12.nc.us
Harnett County Schools Transportation Office at (910) 893-8151 ext. 309 or visit www.harnett.k12.nc.us
Hoke County Schools Transportation Office at (910) 875-9271/3585 www.hcs.k12.nc.us
Kindergarten Health Assessment Form

Children must have a physical exam and be up to date on their shots before they can enter Kindergarten. Parents should contact their child’s doctor or the Health Department to set up an appointment for a Kindergarten physical before school starts. Students who don’t submit a completed Health Assessment Form within 30 days of the first day of Kindergarten will be withdrawn from school until the form is completed.

Most area doctor’s offices have Health Assessment Forms. Parents may also get them from their child’s school, the County Health Department, and on the school system websites.

NC Sales Tax Holiday

North Carolina has designated the first weekend in August every year as a “sales tax holiday.” Parents can purchase most school supplies and other educational items, shoes, and clothes tax free. For more information go to www.dornc.com/taxes/sales/salestax_holiday.html.

Connecting With Your Teen
Connecting With Your Teen

What’s Happening
Many teens spend less time with their families than they did as younger children. As they become more independent and learn to think for themselves, relationships with friends become very important. Sometimes it may feel like your teen doesn’t need you anymore. But teens still need their parents’ love, support, and guidance.

What You Might Be Seeing
Most teens...
- Crave independence
- Question rules and authority
- Test limits
- Can be impulsive
- Make mature decisions at times, and childish ones at others

What You Can Do
Simple, everyday activities can reinforce the connection between you and your teen. Make room in your schedule for special times when you can, but also take advantage of routine activities to show that you care.

Tips to keep in mind:
- **Have family meals.** If it’s impossible to do every night, schedule a regular weekly family dinner night that accommodates your child’s schedule.
- **Share “ordinary” time.** Look for everyday opportunities to bond with your teen. Even times spent driving or walking the dog together offer chances for your teen to talk about what’s on his or her mind.
- **Get involved, be involved, and stay involved.** Go to games and practices when you can. Ask about homework and school projects. Look for chances to learn about your teen’s latest hobby.
- **Be interested.** Make it clear that you care about your teen’s ideas, feelings, and experiences. If you listen to what he or she is saying, you’ll get a better sense of the guidance and support needed. Get to know your teen’s friends and their parents, too, when possible.
- **Set clear limits.** Teens still need your guidance, but you can involve your teen in setting rules and consequences. Make sure consequences are related to the behavior, and be consistent in following through. Choose your battles. Try to provide choices in the matters that are less important.

Troubled Youth

When children or youth are exposed to risk factors, it may help to call and ask for advice or ideas as to how to reduce these threats. The more exposure they have to these influences, the higher the risks and the more likely that serious problems are in their future.

What defines a troubled youth?
- Has the teen ever been truant, suspended, expelled, or had their grades drop?
- Is the teen verbally abusive?
- Does the teen struggle with basic family rules and expectations?
- Does the parent have difficulty getting the teen to do basic household chores and homework?
- Has the teen had problems with the law or with authority?
- Does the parent have to pick their words carefully when speaking to the teen, so as not to elicit a verbal attack or even rage?
- Is the teen in danger of dropping out of high school?
- Does the teen associate with a suspect peer group?
- Has the teen lost interest in former productive activities, sports, hobbies, or childhood friends?
- Has the teen ever attempted suicide or expressed interest in suicide?
- Does the teen seem depressed or withdrawn?
- Does the teen ever display violent behavior?
- Is the teen sexually promiscuous?
- Has the teen’s appearance or personal hygiene changed?
- Is the teen deceitful and manipulative?
- Has the teen been caught stealing money or personal items from their family?
- Is the teen severely lacking in motivation?
- Does the teen sometimes lie regarding their activities?
- Does the teen display outbursts of temper?
- Does the teen lack self-worth and self-esteem?
- Does the teen defy established rules regardless of the consequences?
- When trying to deal with the teen, do the parents feel powerless?
- Do the parents suspect the teen is experimenting with drugs or alcohol?
Where to go for help with your troubled youth?

The North Carolina Division of Juvenile Justice partners with Juvenile Crime Prevention Councils (JCPC) in each county to galvanize community leaders, locally and statewide, to reduce and prevent juvenile crime. JCPC board members are appointed by the county Board of Commissioners and meet monthly in each county. The meetings are open to the public, and all business is considered public information. The Division of Juvenile Justice allocates approximately 23 million dollars to these councils annually. Funding is used to subsidize local programs and services.

Cumberland JCPC - 910-678-7293
http://www.ncdjjdp.org/county_services/cumberland.html

Harnett JCPC - 910-984-4986
http://www.ncdjjdp.org/county_services/harnett.html

Hoke JCPC- 910-875-4532
http://www.ncdjjdp.org/county_services/hoke.html

Teen Suicide
Prevention, Intervention and Postvention

Teen suicide is a very real problem in the United States. With many pressures and a variety of emotional, social and family issues to confront, many teens find themselves having suicidal thoughts. Suicide is the second highest killer of 14 to 24 year olds and the third highest killer of college students. The startling statistics shows it is necessary that all parents and child caring organizations know the three steps to help stop suicide: prevention, intervention and postvention.

Prevention

Part of preventing teen suicide also includes recognizing the issues that can trigger feelings or teen depression leading to suicidal thoughts and feelings. Be on the lookout for behavior that indicates a pattern of suicidal thoughts and feelings, including the following:

- Expression of thoughts about death, dying and a desire to leave this life
- A change in normal habits, such as eating and sleeping, and spending time with friends and family
- Dramatic weight fluctuations
- Evidence of substance abuse (both legal and illegal)
- Dramatic mood swings
- Loss of interest in schoolwork and extracurricular activities

One of the most effective ways of preventing teen suicide is recognizing there is a problem and seeking professional help immediately.

Intervention

Take every suicide threat seriously and be proactive. Talk to your teen. Be direct and tell them that you are concerned and you are here for them. LISTEN! Don’t make judgments when they do open up to you. What they are feeling is great pain and you can ask: “Are you thinking of hurting yourself?” “Are you thinking about suicide?” “Do you have a plan?” If they say yes, DO NOT LEAVE THEM ALONE. Help them turn their plan into getting the help they need.

Postvention

If you have lost someone to suicide, the first thing you should know is that you are not alone. There are millions of survivors who, like you, are trying to cope with this heartbreaking loss.
Survivors often experience wide ranging reactions, including some or all of the following:

- Shock is a very common immediate reaction
- Symptoms of depression (disturbed sleep, loss of appetite, extreme sadness, and lack of energy)
- Anger towards the deceased, other family members, or yourself
- Relief, particularly if the suicide followed a long and difficult illness
- Guilt, “If only I had…”

It is important for survivors to heal and each person has their own personal grieving process. There are many ways to help survivors cope after the loss associated with suicide. It is important to reach out for help, accept help when offered and seeking professional help is always encouraged.

**Resources for the Prevention, Intervention and Postvention of Suicide**

- **National Suicide Prevention Lifeline**: 800-273-8255
  www.suicidepreventionlifeline.org
- **American Psychiatric Association**: 703-907-7300
  www.healthyminds.org
- **American Academy of Child and Adolescent Psychiatry**: 202-966-7300
  www.aacap.org
- **Mental Health America**: 800-969-6642
  www.nmha.org
- **National Alliance on Mental Illness**: 800-950-6264
  www.nami.org
- **American Association for Suicidology**: 202-237-2280
  www.suicidology.org
- **American Foundation for Suicide Prevention**: 888-333-2377
  www.afsp.org

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**American Foundation for Suicide Prevention**

Warning Signs of Suicide, Knowing How to Respond, and Coping with Loss

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**Teen Parents . . . You Are Not Alone!**

**What's Happening**

Being a parent is a 24-hour-a-day job, and at times can feel overwhelming. You may be juggling the demands of a baby, your family, school, and work. Chances are you’re not able to do all of the things you enjoyed before your baby was born.

**What You Might Be Seeing**

- Overwhelmed—they don’t know where to begin or they feel like giving up your family, school, and work.
- Angry—at the baby’s other parent, their friends; you’re not able to do all of the things you enjoyed before your baby was born.
- Lonely—like they are the only person dealing with so many problems.
- Depressed—sad and unable to face their problems.

These feelings do not mean you are a bad parent!

**What Can I Do?**

Every parent needs support sometimes. If you think stress may be affecting how you treat your baby, it’s time to find some help. Try the following:

- **Join a support group.** A group for young moms or dads could give you time with new friends who have lives similar to yours. Your children can play with other children, and you can talk about your problems with people who understand.
- **Find ways to handle stress.** Take a break while someone reliable cares for your baby. Take a walk with the baby in a stroller, or rest while your baby naps.
- **Finish school.** Even though it may be difficult, finishing high school (or getting a GED) is one of the most important things you can do to help your baby and yourself. A diploma will help you get a better job or take the next step in your education (such as vocational training or college).
- **Improve your parenting skills.** Don’t be afraid to ask for advice from experienced parents. Classes for parents can also help you build on what you already know about raising a happy, healthy child.

**Support group opportunities for Teen Parents:**

1. Cumberland County - Fayetteville Youth for Christ - Teens N Tots Program (910) 433-5630
2. Harnett County Cooperative Extension - Teens as Parents (910) 893-7535
3. Hoke County Cooperative Extension - Parents as Teachers (910) 875-3461
STOP Bullying!

Did you know that based on a recent study, 17 percent of all students reported having been bullied sometimes? This shocking statistic equals out to be roughly one in five students. We have the power to stop school bullying and help the children in our communities. Here’s how:

- **Pay Attention to Your Child’s Behavior**
  - Look for signs of aggression at home – could your child be a bully?
  - Look for signs of fear or sadness – could your child be a bullying victim?

- **Ask Questions and Be a Good Listener**
  - Ask questions regarding your child’s feelings towards his schoolmates and if he is angry or afraid while at school.
  - Listen carefully to your child’s answers and try not to make them feel that you are passing judgment.
  - Even if your child is neither a bully nor being bullied, it is important to talk to them about how they would handle such a situation.

- **Find Ways to Help**
  - Ask your child if there is anything you can do to help them.
  - Seek professional help from teachers, guidance counselors, principals or other parents.
  - Look into the laws that have been put in place to prevent bullying.

North Carolina has had anti-bullying laws and policies in place since 2009 to help put an end to bullying.

These laws can be found by visiting the North Carolina General Assembly website at www.ncga.state.nc.us – Reference: Session Law 2009-212, Senate Bill 526.

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Benefits of Participation in Local Volunteerism!

Providing structured, organized activities (such as volunteer opportunities) to adolescent youth, allows for the opportunity to acquire and practice social, physical and intellectual skills; contribute to one’s community; belong to a valued group; and establish a supportive social network. All of these opportunities not only strengthen the positive development of an adolescent (resulting in lessened actions of: illegal activity, risky behavior, disobedience, etc.), these positive developmental traits also follow into adulthood.

**Educational Benefits**
By doing things that interest them, teens often gain new skills and find new career opportunities that they hadn’t thought of before. In addition, the experiences gained in volunteer settings can provide teens with skills in leadership and decision-making, and also look attractive on college and scholarship applications.

**Personal Benefits**
Teens are exposed to people and circumstances they have not encountered in their life. They develop appreciation for the little things in life and receive the personal satisfaction of knowing they have made a difference in someone’s life.

**Employment Benefits**
Volunteering provides teens a chance to increase their knowledge in certain areas and add experience to a resume. Teens have a chance to learn important communication and interpersonal skills.

For volunteer information and opportunities, contact an area non-profit of your interest. Use this guide as a resource when searching for a non-profit agency you may be interested in volunteering with.

<table>
<thead>
<tr>
<th>Partnership for Children of Cumberland County</th>
<th>Hoke County Partnership for Children &amp; Families</th>
<th>Harnett County Partnership for Children</th>
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</thead>
</table>
Raising Grandchildren
Taking Care of Yourself

Raising your grandchild can be a difficult task, but with the appropriate coping skills, you can meet your family's needs while also maintaining your own health and well-being. There are several key steps that can help: take time to relax and re-energize, recognize and share your feelings, maintain a positive outlook on life, seek support from others, and problem solve.

Take Time to Relax and Re-Energize
You might be thinking that there is barely enough time to take care of your grandchildren, let alone to re-energize yourself! However, it's essential to meet your personal needs in order to handle life's challenges. Do you remember a stressful time when you were tired and overwhelmed? Most likely, you were less patient and tolerant. Perhaps using some of these coping strategies will ease some of your stress:

- find a peaceful place to relax
- take a walk
- take up a hobby
- meditate
- let go of the problem, come back to it later
- exercise, rest, and eat healthy
- practice stress reduction exercises
- keep a sense of humor

Recognize and Share Your Feelings
Becoming a parent again can bring lots of joy and happiness. It can also bring other feelings too. Many grandparents raising their grandchildren describe feelings of:

- Worry
- Shame
- Guilt
- Happiness
- Anger
- Gratefulness
- Sadness
- Pride
- Frustration
- Fear

Remember that you are not alone. Other grandparents experience similar concerns.

AARP Grandparent Information Center (GIC) has a variety of resources to help grandparents in various family roles. GIC provides information for grandparents, including grandparents raising grandchildren, grand-parents who have problems with visiting their grandchildren, step-grandparents and “traditional” grandparents who want to have a positive role in their grandchildren’s lives. www.aarp.org/grandparents

Custody Options

Grandparents face many responsibilities in their new role. If you become a long-term care provider, you will be affected by the legal system. You can be an advocate for your grandchild’s rights by knowing about the system and where to go for help.

Your legal rights will be determined by how much responsibility you accept for your grandchildren. By knowing your legal rights, you will have more control over what happens to them. Before you make a decision concerning your grandchild, always remember to ask yourself, “What will happen if I...?”

Custody Options
In caring for grandchildren, grandparents have several custody options. To decide which options match your needs, you must become familiar with legal terms. Courts classify families in two ways:

- families with dependent children
- families without dependent children

A family with a dependent child receives ongoing supervision by a case worker from a local Community-Based Care (CBC) provider. A child can become dependent on the State if he/she has been abused, neglected, or abandoned by a parent. Dependent children are also referred to as “adjudicated dependent.”

Families without dependent children do not receive ongoing supervision by a CBC provider. The custody options available for families without dependent children are not the same as those with dependent children.

Where to Find Help about Legal Issues
If you need additional information about legal matters, contact the following services:

- AARP’s Legal Services Network offers affordable legal assistance through participating attorneys to AARP members, associate members, and persons settling a deceased AARP member’s estate. Contact the Legal Services Network at (866) 330-0753 or visit www.aarplsn.com
Resources for Grandparents Raising Grandchildren

There is lots of useful free information for grandparents. Here are some places to start:

- Local Department of Social Services

<table>
<thead>
<tr>
<th>Cumberland DSS</th>
<th>Harnett DSS</th>
<th>Hoke DSS</th>
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<tbody>
<tr>
<td>910-321-1540</td>
<td>910-893-7500</td>
<td>910-875-8725</td>
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- North Carolina Cooperative Extension County Centers are ready with answers on issues related to early childhood, parenting and aging.

<table>
<thead>
<tr>
<th>Cumberland Cooperative Extension</th>
<th>Harnett Cooperative Extension</th>
<th>Hoke Cooperative Extension</th>
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<tbody>
<tr>
<td>910-321-6860</td>
<td>910-893-7530</td>
<td>910-875-3461</td>
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- NC Family Caregiver Support Program North Carolina has designed and developed a comprehensive Family Caregiver Support Program. The NC Division of Aging works in partnership with the Area Agencies on Aging.

<table>
<thead>
<tr>
<th>Cumberland Mid-Carolina Council of Governments</th>
<th>Harnett Mid-Carolina Council of Governments</th>
<th>Hoke Lumber River Council of Governments</th>
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<tbody>
<tr>
<td>910-323-4191</td>
<td>910-323-4191</td>
<td>910-618-5533</td>
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- Other Local Contacts for Aging Information & Assistance

<table>
<thead>
<tr>
<th>Cumberland Coordinating Council on Older Adults</th>
<th>Harnett County Department on Aging</th>
<th>Senior Services of Hoke County</th>
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<tbody>
<tr>
<td>910-484-0111</td>
<td>910-893-7578</td>
<td>910-875-8588</td>
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Message from General (RET) Dan and Maureen McNeill

As a military family with 40 years of service, we recognize that the strength of our service members is built upon the strong foundation of their families. Military children and families are strong and resilient yet face many unique challenges. While these challenges can build resiliency, strength, and character, often times families require support from services found throughout our community.

We are proud to live in a community that recognizes and appreciates both the challenges and the unique talents and contributions of our military families. We wholeheartedly express our sincerest support for invaluable resources like the Partnership for Children’s Tri-County Family Focus Directory. This 1st Edition directory, made possible through a grant by the Walmart Foundation, helps military families living within the Cumberland, Harnett, and Hoke communities connect with the resources they require to maintain stability and foster an environment of growth.

We encourage you to share this resource with your friends and neighbors so that we can continue to build and foster resiliency throughout our community.

Quick Reference Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Ambulance &amp; Emergency Medical</td>
<td>911</td>
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<tr>
<td>Fire Department, Police &amp; Sheriff</td>
<td>911</td>
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</table>

Non-Emergency Phone Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Fort Bragg Fire &amp; Emergency Services</td>
<td>910-396-8121</td>
</tr>
<tr>
<td>Red Cross</td>
<td>910-396-1231/1234</td>
</tr>
<tr>
<td>Red Cross (After Hours &amp; Weekends)</td>
<td>1-877-272-7337</td>
</tr>
<tr>
<td>Womack Army Medical CTR</td>
<td>910-907-6000</td>
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</tbody>
</table>

Frequently Requested Phone Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Army Community Service (ACS)</td>
<td>910-396-8682/8683</td>
</tr>
<tr>
<td>Chaplain</td>
<td>910-396-1121/1122</td>
</tr>
<tr>
<td>Domestic Violence Hotline</td>
<td>910-322-3418</td>
</tr>
<tr>
<td>Family Advocacy Program</td>
<td>910-396-5521</td>
</tr>
<tr>
<td>Family Assistance Center</td>
<td>1-800-457-4636</td>
</tr>
<tr>
<td>Information and Referral (ACS)</td>
<td>910-396-8682/8683</td>
</tr>
<tr>
<td>Military One Source</td>
<td>1-800-346-9647</td>
</tr>
<tr>
<td>Corvias Military Living (Housing)</td>
<td>910-764-4500</td>
</tr>
<tr>
<td>Public Affairs Office</td>
<td>910-396-5600</td>
</tr>
<tr>
<td>School Liaison Services</td>
<td>910-432-1008</td>
</tr>
</tbody>
</table>
Supporting Our Military Families

What’s Happening
Military families live in almost every community. Some parents in the military may be on active duty and wear a uniform every day. Other parents may be in the National Guard or Army Reserves and only wear a uniform when they are called to active duty for periods of time. These families face unique stresses. The military parent must deal with periodic absences and the stresses associated with transitions such as preparing for duty or re-entering civilian life. Children in military families experience challenges related to a parent’s service:

- The parent may be absent from the family and, in some cases, in harm’s way due to deployment
- Children must adjust to the parent’s return and reintegration back into the family
- Many military children must deal with a number of transitions such as frequent moves, changing schools, and adjusting to new caretakers

What You Might Be Seeing
A spouse, partner, or extended family member may face new and increased responsibilities while a military parent is away. All of this can add stress to the family unit and make the already hard job of parenting even harder.

- A parent in uniform in your neighborhood, school, place of worship, or other community setting
- A civilian mother or father parenting solo for extended periods of time
- A grandparent, aunt, uncle, or other extended family member caring for a child with a deployed military parent
- A change in a child’s behavior, either acting out or withdrawing, when a military parent is absent

What Can You Do?

- Parental Resilience: Seize opportunities to acknowledge and express appreciation for the family’s service to our country. Invite parents and children to share their experiences of military life.
- Social Connections: Reach out and get to know your military neighbors, particularly if they serve in the National Guard or Reserves. Include them in neighborhood and community opportunities for recreation, participation, and growth. Become a friend and lend a hand. Don’t wait for your neighbor to ask for help—offer to mow the grass, share a meal, help with small household repairs, or provide some respite by offering to care for the children for a few hours.

- Concrete Supports in Times of Need: Share information about community resources, especially those that provide support in times of need. Ask military parents what resources would help them when they move to active duty status or are facing a military-related separation, and help them to connect with these supports early.
- Knowledge of Parenting and Child Development: Military parents and the other caregivers in their family may need extra support in understanding how transitions, separation, and anxiety can affect their child’s behavior. Understanding that behavior changes and acting out or withdrawing are normal and can be expected can make these challenges easier to deal with.
- Children’s Social Emotional Development: If you have military children in your program or neighborhood, invite them to share their thoughts and feelings about the separations and transitions they may be experiencing. If you plan activities for children in your community, remember to create a way a child with a faraway parent can participate.
Military and Community Partnerships

Through a diversity of both military and civilian partnering organizations including Army Community Services, Morale Welfare and Recreation, Fort Bragg Child Development Centers and schools, the Department of Social Services, and many others, the Partnership for Children of Cumberland County (PFC) ensures that military families are provided with the support and assistance required to help them know they are valued members of this community.

Living in the New Normal (LINN) Steering Committee

The Military Child Education Coalition (www.militarychild.org) has described the past decade of wars and multiple deployments as the “new normal” for service members and their families. While military families are strong and resilient, living in this new normal has presented families and military-connected communities with an unprecedented series of challenges. The Partnership for Children’s Living in the New Normal Steering Committee is a collaborative community approach to address these physical, psychological, and emotional challenges, seeking to strengthen the system of support, foster family resiliency, and facilitate the sharing of information and resources across its diverse members. Committee membership is comprised of community representatives both inside and outside the gates, including military family members. The Partnership’s Government & Military Affairs Liaison coordinates the committee.

The Forward March Conference

Resulting from recommendations by the LINN Steering Committee, the Partnership for Children, in cooperation with Southern Regional Area Health Education Center and Snyder Memorial Baptist Church, produced the Forward March Conference to promote community and family resiliency through the helping professionals that serve military children and families.

The Forward March Conference is an annual, 2-day, regional, cross-disciplinary conference, which brings together a diversity of helping professionals to foster collaborations, facilitate communications, increase the continuity of support, and ultimately, improve outcomes for service members and their families. Helping professionals from the behavioral health, early childhood, education, faith-based, law enforcement, military and other related fields are invited to participate.

For more information: http://www.ccpfc.org/partners/forward-march.html

Behavior Health Professionals Association (BHPA) of Cumberland County

The BHPA is cross-disciplinary Association of behavioral health professionals from Cumberland County and throughout the surrounding region, dedicated to: (1) the promotion of mental health awareness in the local community through public education and social action; (2) the identification of behavioral health needs in the civilian and military communities represented in Cumberland County and surrounding areas; (3) the provision of high quality behavioral health services to local citizens; (4) the professional development and training of behavioral health professionals; and (5) the support of local behavioral health professionals by providing a forum for communication, collaboration, and consultation within and across disciplines of healthcare. All helping professionals are invited to join.

Military Child and Family Leadership Award

The Partnership for Children of Cumberland County has established the Military Child and Family Leadership Award to honor highly dedicated leaders committed to building resiliency and empowering children of military families throughout Cumberland County. The recipient of the Award will select a local military-affiliated nonprofit organization of their choice to receive a $1,000.00 financial contribution. Nominations must be received no later than June 1.

For more information including the award’s criteria: http://www.ccpfc.org/getinvolved/military-child-and-family.html

For more information about the LINN Steering Committee, the Forward March Conference, or the Behavioral Health Professionals Association, contact:

John Freudenberg, Government & Military Affairs Liaison
Partnership for Children of Cumberland County
Phone: 910-826-3122
Email: JFreudenberg@ccpfc.org

For more information:
http://www.ccpfc.org/partners/forward-march.html
Web Resources for Military Families

Children in military families face unique challenges and opportunities. Moving all over the world; changing schools; leaving friends and making new friends; and coping with separation from loved ones are just some of the situations they must deal with. These events can be stressful and even traumatic, but there are resources available to help ease transition issues and foster resilience in these children.

Military and Government Support

- **U.S. Department of Defense Community Relations**
  The Department of Defense Office of Community and Public Outreach fosters public awareness and understanding of Department of Defense (DoD) missions, personnel, programs, and requirements. [http://www.ourmilitary.mil/](http://www.ourmilitary.mil/)

- **Military One Source**
  Military OneSource is a free service provided by the Department of Defense for active duty, Guard, and Reserve service members and their families. [http://www.militaryonesource.mil/](http://www.militaryonesource.mil/)

- **National Resource Directory**
  The NRD is a website for connecting wounded warriors, service members, veterans, their families and caregivers with those who support them. [http://www.nationalresourcedirectory.gov/](http://www.nationalresourcedirectory.gov/)

- **U.S. Department of Veterans Affairs**
  This federal agency exists to provide and connect veterans to the benefits and services they’ve earned by serving their country. [http://www.va.gov/](http://www.va.gov/)

- **National Guard Bureau – Joint Services Support**
  In addition to ensuring the sustainability of the National Guard community, the JSS network leads seven programs designed to enrich the lives of service men and women and reward their service. [https://www.jointservicessupport.org/Default.aspx](https://www.jointservicessupport.org/Default.aspx)

- **Army**
  The U.S. Army Family and Morale, Welfare and Recreation (MWR) - is a comprehensive network of quality support and leisure services that enhance the lives of soldiers, civilians, families, retirees and other eligible participants. [http://www.armymwr.com](http://www.armymwr.com)

- **Navy**
  The Navy Morale, Welfare and Recreation Division - provides active-duty, reserve and retired Navy personnel and their families with sports and physical fitness activities, child development and youth programs. [http://navymwr.org](http://navymwr.org)

- **Marine Corps**
  Marine Corps Community Service - is responsible for a number of military personnel service programs, such as: Casualty Assistance, DEERS, Voting Assistance, Postal Services, and Personal Claims. [http://www.usmc-mccs.org/](http://www.usmc-mccs.org/)

- **Air Force**
  U.S. Air Force Services - provides mission sustaining combat support and community service to Airmen and their families. [https://www.usafservices.com/](https://www.usafservices.com/)

Military Service Members, Families and Veterans

- **Military.com** - provides a free membership that connects members, families, and veterans to all benefits of service. [http://www.military.com/](http://www.military.com/)

- **Military Child Education Coalition** - is focused on ensuring quality educational opportunities for all military children affected by separation. [http://www.militarychild.org/](http://www.militarychild.org/)

- **The American Legion** - the nation’s largest veteran services organization. [http://www.legion.org/](http://www.legion.org/)

- **National Military Family Association** - is dedicated to supporting this important yet often silent community. [http://www.militaryfamily.org/](http://www.militaryfamily.org/)

- **U.S. Department of Defense Community Relations**
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11th District Juvenile Court - Harnett
Address: 301 W. Cornelius Harnett Blvd, Lillington, NC 27546
Phone: (910) 814-4600
Website: www.ncdjjdp.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Offers services for youth by establishing and maintaining a seamless comprehensive juvenile justice system for court involved youth that promotes juvenile delinquency prevention, intervention, and treatment.

12th District Juvenile Court - Cumberland
Address: 117 Dick Street, Fayetteville, NC 28302-0303
Phone: (910) 678-2922
Website: www.ncdjjdp.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Offers services for youth by establishing and maintaining a seamless comprehensive juvenile justice system for court involved youth that promotes juvenile delinquency prevention, intervention, and treatment.

16A District Juvenile Court – Hoke
Address: 127 W. Elwood Avenue, Raeford, NC 28376
Phone: (910) 875-4532
Website: www.ncdjjdp.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Offers services for youth by establishing and maintaining a seamless comprehensive juvenile justice system for court involved youth that promotes juvenile delinquency prevention, intervention, and treatment.

Abney Chapel
Program Name: Community Service Center
Address: 332 Old Wilmington Road, Fayetteville, NC 28301
Phone: (910) 483-4384
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The Community Service Center provides emergency clothing and limited food items for those in need.

Adolescent Pregnancy Prevention Coalition of North Carolina
Address: 3708 Mayfair Street, Suite 310, Durham, NC 27707
Phone: (919) 226-1880
Website: www.appcnnc.org
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: Promotes and facilitates the prevention of adolescent pregnancy. Statewide clearinghouse and network for adolescent pregnancy programs, planning, and resources. Assists communities in forming their own teen pregnancy programs and sponsors seminars. Monitors legislative and administrative actions affecting adolescent pregnancy issues. Provides informational audiovisual materials, posters and brochures.

Affinity Health Services
Address: 1209 N. Main Street, Lillington, NC 27546
Phone: (910) 814-3660
Website: www.affinityhealthservicesinc.com
Hours of Operation: Monday - Friday, 8:00 AM – 5:00 PM
Program Description: Personal care assistance with baths, meals, light housekeeping, errands, etc.

Agape Pregnancy Support Services
Address: 710 E. Russell Street, Fayetteville, NC 28301
Phone: (910) 485-0055
Hours of Operation: Monday - Friday, 8:00 AM – 3:00 PM
Program Description: Offers services related to pregnancy by providing maternity clothes, physicals, food pantry, emotional and spiritual support, and children’s clothing up to a 4t. Services are free, confidential, and available to all.

Airborne and Special Operations Museum
Address: 100 Bragg Boulevard, Fayetteville, NC 28301
Phone: (910) 483-3003
Website: www.asomf.org
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: Teaches students, civilians, and military service members about the core values, sacrifice, courage, devotion to duty, and exploits of this unique sector of our armed forces. Exhibit galleries are free; theater and motion simulator have admission charges.
Alcohol/Drug Council of North Carolina
Address: 3500 Westgate Drive, Suite 204, Durham, NC 27707
Phone: (919) 493-0003
Website: www.alcoholdrughelp.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Alcohol and other substance abuse addiction is a preventable and treatable chronic disease. Intervention in the lives of people suffering with addiction through the family, education or work place, criminal justice system and community-at-large works, and sustains recovery. Twelve Step groups play a key role in providing personal and group support, substance-free environment, and evidence-based strategies required for on-going abstinence in the lives of many people who recover from addiction.

Alcoholics Anonymous
Program Name: Alanon/Alateen/Alatot
Address: 310 Green Street, Fayetteville, NC 28301
Phone: 888-4AL-ANON (888-425-2666)
Website: www.fayaa.org
Hours of Operation: Monday - Friday, 7:30 AM - 5:00 PM
Program Description: Support group for friends, spouses, and children of alcoholics.

Alms House, Inc.
Address: 5512 West Patterson, Hope Mills, NC 28348
Phone: (910) 425-0902
Hours of Operation: Monday - Friday, 8:00 AM - 12:00 PM
Program Description: Provides emergency food, clothing, and financial assistance for Hope Mills and Fayetteville area.

Alpha Counseling & DWI Services
Address: 132 West Elwood Avenue, Raeford, NC 28376
Phone: (910) 875-0070
Website: www.alphacounselingdwi.org
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: DWI Group sessions, assessments, short-term & long-term treatments, Out of State Clearances, Anger Management Classes, Batterer Intervention Program & more.

Alzheimer’s Association
Address: 3739 National Drive, Suite 110, Raleigh, NC 27612
Phone: (919) 395-5686
Website: www.alz.org
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: The Alzheimer’s Association is the leading, global voluntary health organization in Alzheimer’s care and support, and the largest private, nonprofit funder of Alzheimer’s research. Our mission is to “eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

American Heart Association
Address: 2711 Breezewood Avenue, Fayetteville, NC 28303
Phone: (910) 323-9387
Website: www.americanheart.org
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Works to advance groundbreaking research, spread life-saving knowledge, and help all Americans live longer, healthier lives. Helps safeguard people of all ages from the devastation of heart disease.

American Kidney Fund
Address: 6110 Executive Boulevard, Suite 1010, Rockville, MD 20852
Phone: (800) 638-8299
Website: www.kidneyfund.org
Hours of Operation: Monday - Friday, 8:30 AM - 4:30 PM
Program Description: The American Kidney Fund leads the nation in providing charitable assistance to dialysis patients who need help with the costs associated with treating kidney failure. In 2011, nearly 90,000 people almost 1 out of every 4 dialysis patients in the United States received assistance from the American Kidney Fund for health insurance premiums and other treatment-related expenses.
American Legion Raeford Post 20
Address: 305 Teal Drive, Raeford, NC 28376
Phone: (910) 850-8469
Website: http://nclegion.org/Post%20Folders/post020/post20.htm
Program Description: The American Legion, since its founding, has endeavored to assist veterans, their widows and children, and their fellow citizens. The North Carolina American Legion, with over 40,000 paid members, is proud to carry on this tradition. We invite you to join us and help support Americas Veterans.

American Lung Association of North Carolina
Program Name: Community Education
Address: 3801 Lake Boone Trail, Suite 190, Raleigh, NC 27607
Phone: (800) 892-5650
Website: www.lungnc.org
Hours of Operation: Monday - Friday, 8:00 AM - 4:30 PM
Program Description: Provides information and education about asthma, bronchitis, emphysema, tuberculosis, smoking cessation, prevention programs, and other lung diseases. Scholarships available for children with asthma to attend a week-long summer camp.

American Red Cross, Highlands Chapter
Address: 807 Carol Street, Fayetteville, NC 28303
Phone: (910) 867-8151
Website: www.highlandsarc.org
Hours of Operation: Monday - Friday, 8:30 AM - 4:00 PM
Program Description: Responds to victims of tragedy ranging from single family house fires to entire communities devastated by natural disaster. Chapter volunteers who collect blood in the five counties we serve help make it possible for countless lives to be saved. Chapter Health and Safety Services instructors train people in first aid, CPR, AED, life guarding, swimming, babysitting, care giving, and other areas for both individuals and organizations.

Program Name: Armed Forces Emergency Services
Program Description: Provides emergency communication link between a family with an emergency and a military service member stationed anywhere around the world.

Program Name: Blood Services
Program Description: Collects volunteer donations of blood for use by patients in North Carolina hospitals.

Program Name: Disaster Services
Program Description: Provides direct assistance to victims of disasters, fires, and hurricanes. Offers education on personal preparedness and volunteer training in disaster response. Designated mass care agency in local/state/federal disaster response plans.

Program Name: Health and Safety Services
Program Description: Provides education and training in personal and/or professional emergency response. Offers First Aid/CPR training, babysitters training for ages 11-15, Wilderness 1st Aid, and other classes to meet OSHA requirements.

Program Name: International Services
Program Description: Locates and reconnects families separated by war or civil unrest.

American Youth Work Center
Address: 1200 17th Street NW, Washington, DC 20036
Phone: (202) 391-0212
Website: www.aywc.org
Hours of Operation: Monday - Friday, 7:30 AM - 5:00 PM
Program Description: A non-governmental resource, training, and advocacy organization for the social service workers and community-based social service organizations. Organizes international exchanges for social service workers and assists the staff and management of all youth service organizations in the U. S. and abroad to improve services to children and youth. Offers work-based training and internships to social service students from abroad.

Anderson Creek Community Church and Ministry
Address: 2085 Ray Road, Spring Lake, NC 28390
Phone: (910) 436-2548
Hours of Operation: Monday-Friday, 8:00 AM -3:00 PM
Program Description: Offers a Ministry Center & Thrift Store. We are staffed by volunteers so it is always a good idea to call, especially if you are traveling a long distance. We also have a Food Bank Ministry. Please call for appointment times & other information.
Angier Area Food Pantry
Address: 39 N. Broad Street West, Angier, NC 27501
Phone: (919) 639-4683
Hours of Operation: Tuesday, 9:00 AM – 1:00 PM
Program Description: Provides food for those in need.

Angier Crepe Myrtle Celebration
Address: 19 W. Depot Street, Angier, NC
Phone: (919) 639-2500
Program Description: This annual celebration, held the second weekend in September in nearby Angier, includes arts and crafts, food, entertainment, rides and fun for all ages.

Angier Migrant Head Start
Address: 143 Fish Drive, Angier, NC 27501
Phone: (919) 639-3646
Website: www.telamon.org
Hours of Operation: Monday - Friday, 7:00 AM – 5:00 PM
Program Description: Head Start program for migrant children 0-5 years old.

ARC of Cumberland County
Address: 2565 Ravenhill Drive, #2C, Fayetteville, NC 28303
Phone: (910) 867-2141
Website: www.thearcofcumberland.com/index.htm
Hours of Operation: Monday - Saturday, 8:30 AM - 5:00 PM
Program Description: Works to promote the welfare and quality of life of children and adults with mental retardation and other developmental disabilities by improving conditions and providing advocacy. Provides social and recreational opportunities, educates the community about disabilities, and educates parents and those with disabilities about the resources and support systems available to them.

Program Name: Parents’ Time Out
Program Description: Provides a break for parents of children with developmental delays/disabilities. Siblings are welcome. Fees apply.

Program Name: Play To Learn Club
Program Description: Provides play, recreation, and shared experiences for children with special needs and their families.

Program Name: Special Needs Information Center
Program Description: A user friendly lending library categorized by topic. The library is host to 30+ categories and contains up to date information of interest to families.

ARC of Harnett County
Address: 59 Parkers Point Drive, Benson, NC 27504
Phone: (910) 867-2141
Website: https://thearcofharnettcounty.com/Home.html
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Provides community outreach programs and events.

ARC of Moore County
Address: PO Box 773, Southern Pines, NC 28388
Phone: (910) 692-8272
Website: www.thearcofmoore.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The Arc of Moore County is committed to securing for all people with intellectual and developmental disabilities the opportunity to choose and realize their goals of where and how they learn, live, work, and play.

Program Name: First in Families of the Sandhills
Program Description: First In Families is an innovative resource for individuals with intellectual and developmental disabilities and their families. Our philosophy is that persons living with disabilities are the authorities and experts regarding their life choices, so we have made individual and family choice and trust our bottom line. Residents of Moore, Hoke, Richmond, Anson, Montgomery, Randolph, Lee and Harnett counties may apply.

Program Name: Respite Care
Program Description: The Arc’s Respite Care Program provides quality care for the individual with a disability while giving family members short-term relief from their day-to-day caregiving routines. Respite Care is available for anyone of any age who has been diagnosed with a developmental disability or delay. Respite Care is available in Moore, Richmond, Hoke, Anson and Montgomery counties.
Armed Services YMCA
Address: Building 2-2411, Fort Bragg, NC 28307
Phone: (910) 436-0500
Website: www.asymca.org
Hours of Operation: Monday - Friday, 5:00 AM - 1:00 PM
Program Description: Provides support services to military service members and their families. Offers essential programs such as childcare, hospital assistance, spouse support services, food services, computer training classes, health and wellness services, and holiday meals.

Program Name:  Baby Bundles
Program Description: Delivers layette packages to new mothers (E4 and below) who have their babies at Womack Army Medical Center.

Program Name:  Essay Contest
Program Description: An annual contest sponsored by the National ASYMCA, open to family members (pre-school through high school) of all active duty service members, Reserves, National Guard, DOD civilian employees, and Retirees. This essay contest promotes reading among children and teens, and encourages parents to find time to sit down and read with their younger children.

Program Name:  Healthy Kids Day
Program Description: An annual event held in April that celebrates kids’ health issues, to include the spirit and minds, as well as the body. This free event features live snakes, the climbing wall, tie-dying, baseball throw, face painting, bubble making, crime prevention doing fingerprinting, K-9 demonstration, castle bouncer, basketball, and lots of free give-a-ways.

Program Name:  Junior Enlisted Golf Outing
Program Description: Annual event held the first Friday of November that provides Junior Enlisted Soldiers and Airmen with a day of golf, food, and fun at no cost to the service member. In addition, the event provides the community with the opportunity to meet the Soldiers who serve.

Program Name:  Kids Olympics
Program Description: Each summer the ASYMCA sponsors the “Kids Olympics”. This program teaches children and parents the importance of sportsmanship, health, and fitness. Every child receives a participation medal and a T-shirt, along with other medals they may win in each of the 10 events. Each event is divided into the following age categories: 5-6 year olds, 7-8 year olds, 9-10 year olds, and 11-12 year olds. Boys and girls compete separately.

Program Name:  Klassy Klostet
Program Description: Collection of formal wear that can be checked out for special occasions. A $10.00 fee is charged for dry-cleaning.

Program Name:  Mother/Daughter Tea
Program Description: Annual event held in March to promote quality time for mothers and daughters of all ages. Goody bags for all “ladies” and lots of door prizes.

Program Name:  Operation Hero
Program Description: A mentoring program conducted at post elementary schools that not only improves self-esteem and grades, but also allows children to find there are “heroes” inside each of them. The program, which runs for 10 weeks a year, targets children from 6-12 years of age that are experiencing temporary difficulty in school, either socially or academically. Referred by teachers, parents, or school officials, the bi-weekly sessions provide after-school homework assistance and mentoring in a small group.

Program Name:  Operation Kid Comfort
Program Description: Provides photo transfer quilts for children 5 years old and younger who have a deployed parent and pillows for children ages 6 to 12. Provides comfort for children who do not understand why mom or dad is not home.

Program Name:  Poster Contest
Program Description: An annual contest done in conjunction with Military Family Week. Open to family members (kindergarten through sixth grade) of active duty, Reserves, National Guard, DOD civilian employees, and Retirees.

Army Community Service
Address: Soldier Support Center, 3rd Floor, Normandy Drive, Fort Bragg, NC 28310
Phone: (910) 396-8682/8683
Website: www.fortbraggmwr.com/acs
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Programs available are: Information Referral, Exceptional Family Member, Employment Readiness, Family Advocacy, New Parent Support, Sexual Assault Assistance, Victim Advocacy Hotline and Information, Domestic Violence Prevention Assistance, Financial Readiness and Army Emergency Relief, Multi-Component Family Support Network, Multicultural Readiness, Relocation Services, Mobilization & Deployment Readiness, and Volunteer Services.
Program Name: Airborne Attic
Program Description: Provides furniture, household items, clothing, toys, etc. to Soldiers (E-4 and below) and family members if they cannot afford to purchase them or in emergencies.

Program Name: Answers Unlimited
Program Description: Provides a listing of resources available to soldiers and family members including Family Readiness Group Information, parenting classes, Exceptional Family Member support groups, Play Mornings, Army Emergency Relief, volunteer opportunities, multicultural programs, and MWR leisure activities.

Program Name: Army Emergency Relief
Program Description: Offers loans or grants in emergency situations.

Program Name: Exceptional Family Member Program
Program Description: Information, screening, and referral for family members with special needs.

Program Name: Family Advocacy Program
Program Description: Provides classes on parenting, anger and stress management, and information and assistance in reporting violence in the home.

Program Name: Family Assistance Center
Program Description: Central point on installation for information during crisis/deployment.

Program Name: Financial Readiness Program
Program Description: Provides financial classes, briefings and counseling to soldiers, family members, commanders and leaders.

Program Name: Information, Referral and Follow-Up
Program Description: Provides information regarding military and civilian community resources.

Program Name: Lending Closet
Program Description: Lends basic household items for temporary use by arriving and departing soldiers and their families.

Program Name: New Parent Support Program
Program Description: Provides home visits, infant care, and parenting classes.

Program Name: Relocation Readiness Program
Program Description: Newcomer information about Fort Bragg and the surrounding area; welcome packets/worldwide installation information (Army, Navy, Air Force, Marines).

Program Name: Survivor Outreach Program
Program Description: Provides care services to all families who have suffered the loss of a soldier. This includes facilitating support groups, coordinating events, as well as, linking families to community resources and services.

Army Substance Abuse Program
Address: Soldier Support Center Basement, Room B-C-1, Building 4-2843 Normandy Drive, Fort Bragg, NC 28310
Phone: (910) 396-4100
Website: http://www.bragg.army.mil/directorates/hr/asap/pages/default.aspx
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Provides soldier risk reduction, employee assistance, substance abuse training and urinalysis testing.

Arts Council of Fayetteville/Cumberland County
Address: 301 Hay Street, Fayetteville, NC 28301
Phone: (910) 323-1776
Website: www.theartscouncil.com
Hours of Operation: Monday - Saturday, 8:30 AM - 5:00 PM
Program Description: Nurtures, advocates and celebrates the arts in Fayetteville/Cumberland County. Provides grants to local art agencies, artists, and schools to increase and support art activities in the community. Produces International Folk Festival, Fourth Fridays, and Dickens Holiday.

Program Name: Fourth Friday
Program Description: 4th Friday is a true celebration of the arts and downtown. Folks of all ages get a taste of Fayetteville’s art and entertainment while enjoying the small galleries, bookstores, bistros and shops with unique items for shoppers. It’s safe, it’s fun ... and it’s free!
Program Name: International Folk Festival
Program Description: Fall event, following 4th Friday in September. September 23-25, 2012; call for dates in future years. Showcases the historic and artistic customs and traditions of many different cultures. Exhibits, entertainment, refreshments and featured artists all combine to bring the art of Fayetteville to everyone, free of charge!

Atlantic Home Staffing
Address: PO Box 1150, Angier, NC 27501
Phone: (919) 292-9003 – Harnett
(910) 364-9005 - Cumberland
Website: www.atlantichomestaffing.com
Hours of Operation: Monday – Friday, 9:00 AM - 5:00 PM
Program Description: Our goal is to help seniors and recovering patients who prefer to stay in their own home while receiving personal care. We arrange for non-medical in-home care visits from registered nurses, personal care aides and certified nurse assistants. We carry a wide range of packages to suit a variety of budgets and needs. A 3 hour daily minimum applies.

Program Name: Daily/Weekly Services
Program Description: Routine personal care, hygiene assistance, laundry, cleaning/light housekeeping, in-facility sitting, shopping, meal planning and cooking, transportation to doctor appointments and errands, medication reminders and live in CAN or companion.

Autism Society of Cumberland County
Address: 351 Wagoner Drive, Suite 410
Fayetteville, NC 28303
Phone: (910) 826-3004/3005
Website: www.autismcc.org
Hours of Operation: Monday - Friday, 8:00 AM - 3:00 PM
Program Description: Offers support and direct services for families of individuals with autism. Provides parent education workshops (call for availability), support groups, resource and referral, conference scholarships, summer developmental day camp, teacher grants, newsletter, holiday classroom donations.

Program Name: Autism Breakfast Club (ABC) Support Group
Program Description: This group consists of parents, caregivers and professionals of newly diagnosed and/or preschool and elementary age children with autism. The Autism Breakfast Club (ABC) Support Group will meet on the 3rd Wednesday of every month at 9:30 a.m. at the PFC Resource Center, Room 414. This group is for parents of children 12 years old and younger. This group is recommended for parents of ages pre-school - elementary with autism. For more information about Autism Breakfast Club, contact us.

Program Name: Autism Lunch Club (ALC) Support Group
Program Description: This group consists of parents, caregivers and professionals of newly diagnosed and/or preschool and elementary age children with autism. The Autism Breakfast Club (ABC) Support Group will meet on the 2nd Tuesday of every month at 11:30 a.m. at various locations. This group is for parents of children 13 years old and older. This group is recommended for parents of children from middle-school ages through adults with autism. For more information about Autism Lunch Club, contact us.

Program Name: Autism Pre-School Support Group
Program Description: This group is recommended for parents/caregivers of children, ages 1-5 years old, with autism. Meetings on the 1st, 2nd, and 3rd Thursday from 9:30 am to 11:00 am and the 4th Thursday from 5:30 pm to 7:00 pm.

Program Name: Camp Sunshine
Program Description: Provides an appropriate educational and recreational summer program for children, adolescents, and young adults diagnosed with autism spectrum disorder for approximately 5 weeks.

Program Name: High Function Autistic Asperger’s Syndrome Support Group
Program Description: This group consists of parents, caregivers and professionals of children and adults with high functioning autism (HFA) and Asperger Syndrome. Meetings held at Dorothy Spainhour Center, 223 Hull Road at 5:45 p.m. on the 2nd Tuesday of every month from September to May.
Program Name: Parent Education  
Program Description: This group consists of parents, caregivers and professionals of children and adults with high functioning autism (HFA) and Asperger Syndrome. Meetings held at Dorothy Spainhour Center, 223 Hull Road at 6:00 p.m. on the 2nd Tuesday of every month from September to May.

Program Name: Stedman Support Group  
Program Description: Parents in Stedman and surrounding areas are now meeting regularly to provide support to each other and to offer fun activities for their children diagnosed with autism. This group meets every other Monday, 6:00 p.m. 7:30 p.m. at the Stedman Recreation Center 175 Circle Drive Stedman, NC 28391 For more information, please call: JoAnn Bass at (910) 705-5360 Stevan Whitehurst at (910) 229-0265.

Autism Society of North Carolina  
Address: 351 Wagoner Drive, Suite 402, Fayetteville, NC 28303  
Phone: (910) 864-2769  
Website: www.autismsociety-nc.org  
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM  
Program Description: For over 40 years, the Autism Society of North Carolina (ASNC) has worked to address areas of need and expand services for the autism community in NC. ASNC is a statewide organization, supporting North Carolinians affected by autism. Our organization works to directly improve the lives of individuals and families affected by autism. We are service driven, with three strategic priorities: advocacy, training and education, and direct services.

Averasboro Battlefield Reenactments & Living History Demonstration  
Address: 3300 NC Highway 82, Dunn, NC 28334  
Phone: (910) 891-5019  
Website: www.averasboro.com  
Program Description: Events take place in March and October. In March, reenactments are held in conjunction with the anniversary of the Battle of Averasboro that took place March 15-16, 1865. In October, the Battlefield Commission puts on a living history demonstration.

Baptist Children’s Home of North Carolina, Inc.  
Address: 200-A North Odum Street, Pembroke, NC 28372  
Phone: (910) 521-3433  
Website: www.bchfamily.org  
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM  
Program Description: Provides emergency care during a family crisis to children in need of an immediate safe living environment for up to 60 days. Care is available after 60 days up to the age of 18 and beyond for college students.

Beacon Rescue Mission  
Address: 207 W. Broad Street, Dunn, NC 28334  
Phone: (910) 892-5772  
Website: www.beaconmission.com  
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM  
Program Description: Shelter for Men, Women and Children. The shelter is designed to help homeless individuals and families return to a stable housing situation.

BEGINNINGS for Parents of Children Who Are Deaf or Hard of Hearing  
Address: 302 Jefferson Street, Suite 110, Raleigh, NC 27605  
Phone: (919) 715-4092  
Website: www.ncbegin.org  
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM  
Program Description: Provides support and information to parents of children who are deaf or hard of hearing, deaf parents with hearing children and the professionals who serve these families, from birth to 21.

Benson Mule Days  
Address: Benson, NC  
Phone: (919) 894-3825  
Website: www.bensonmuledays.com  
Program Description: Held in Benson the fourth weekend in September in honor of the noted beast of burden. Events include mule pulling contest, rodeos, parade, bluegrass music, clogging, and street dances.
Betsy Johnson Hospital
Address: 800 Tilghman Dr., Dunn, North Carolina 28335
Phone: (910) 892-1000
Website: www.bjrh.org
Hours of Operation: 24 hours a day, 7 days a week
Program Description: A private, not-for-profit healthcare organization based in Dunn, NC. The system includes 5 medical practices and encompasses a network of facilities in Johnston and Harnett counties.

Program Name: CPR for Families & Friends
Program Description: During this class, participants will be introduced to accident prevention/safety, clearing an airway obstruction (choking), and cardiopulmonary resuscitation (CPR).

Program Name: Freedom from Smoking
Program Description: Register for the American Lung Association “Freedom from Smoking” Course. We will share the latest information on how to quit smoking and how to stay smoke free.

Program Name: The Gift of Motherhood
Program Description: The arrival of a new baby is one of the most special and exciting experiences of your life. The classes are designed for first-time mothers and fathers, as well as experienced parents.

Program Name: Junior Summer Volunteer Program
Program Description: Junior Teen Volunteers make a significant contribution towards our goal of providing quality health care to our guests. It is a great educational experience for teens who may be interested in a healthcare career.

Program Name: Medication Management of Harnett County
Program Description: A community outreach program to help financially needy patients in the Harnett County area. Sponsored by the Health and Wellness Trust Fund Commission and the Blue Cross and Blue Shield of North Carolina Foundation, the program helps patients who do not have private drug insurance gain access to medications for little or no cost at all.

Program Name: National Safe Sitter Course
Program Description: This class covers safety precautions, such as what to do if a stranger comes to the door and how to call for help and what to do if a child is choking. Business skills such as determining payment and accepting the best jobs. Also, basic child care such as diapering and feeding and how to entertain children.

Better Health of Cumberland County
Address: 1422 Bragg Boulevard, Fayetteville, NC 28301
Phone: (910) 483-7534
Website: www.betterhealthcc.org
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM
Program Description: Emergency financial assistance up to $200/year for prescription drugs, medical supplies, dental extractions, medical equipment, vision services, orthotics and prosthetics, and gas money for out-of-town medical appointments. Diabetic management services including monitoring clinics, classes, and exercise. Eat Smart, Move More, a program of healthy living taught to church or civic groups. Medical equipment loan: wheelchairs, walkers, bath assisting devices, bedside commodes, other.

Program Name: Emergency Medical Services
Program Description: Provides assistance to low income individuals with health related emergencies, when referred by a health care provider or human services agency. Services include a direct aid program which provides financial assistance for life-sustaining prescription drugs, medical appliances, vision exams and eyeglasses, supplies and transportation to medical centers and other medical services which the individual cannot afford.

Big Brothers Big Sisters of North Carolina
Address: 107 Westdale Avenue, Winston-Salem, NC 27101
Phone: (336) 724-7993
Website: www.bbbsnc.org
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM
Program Description: Agency pairs a mentor with an at-risk youth for one on one time.

Blue Springs-Hoke County Community Development Corporation
Address: 114 N. Main Street, Raeford, NC 28376
Phone: (910) 904-0312
Website: www.bluespringscdc.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Community development, economic development, youth programs, disaster aid, summer programs, teen pregnancy prevention, technology initiative, community access point for internet service, housing and feeding programs and more.
Boy Scouts of America – Cape Fear Council
Address: 110 Longstreet Drive, Wilmington, NC 28412
Phone: (910) 395-1100
Website: www.beascout.org
Program Description: Boy Scouts prove themselves in an environment that challenges their courage and tests their nerve. After they’ve been given the proper guidance from those with experience and know-how, they take their own lead, going places they’ve never gone, seeing things they’ve never seen, and diving into the rugged world of outdoor adventure, relying on teamwork and character to accomplish what everyone else thinks is impossible.

Boy Scouts of America – Occoneechee Council
Address: 717 Hope Mills Road, Fayetteville, NC 28304
Phone: (910) 426-5684
Website: www.kiakima.org
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM
Program Description: Teaches young people self-reliance and how to make ethical choices. Programs for boys ages 6 through 20. Boys and girls ages 14 to 20 can join the Explorer Program. Cumberland County is the Tuocs District (Ft. Bragg and Spring Lake) and Kia Kima District (Fayetteville, Hope Mills, and Stedman).

Boys & Girls Clubs of Cumberland County
Address: 3475 Cumberland Road, Fayetteville, NC 28304
Phone: (910) 425-3852
Website: www.bgca.org
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM
Program Description: Promotes leadership, character, health, and career development while emphasizing social, cultural, and educational growth.

Program Name: After School Program
Address: 1018 Rochester Drive, Fayetteville, NC 28305
Phone: (910) 483-6504
Program Description: Promotes leadership, character, health, and career development while emphasizing social, cultural, and educational growth.

Boys & Girls Club of Hoke County
Address: 3066 Blue Springs Rd., Red Springs, NC 28377
Phone: (910) 878-0000
Program Description: Promotes leadership, character, health, and career development while emphasizing social, cultural, and educational growth.

Boys & Girls Clubs of the Sandhills
Address: 160 Memorial Park Court, Southern Pines, NC 28387
Phone: (910) 692-0777
Website: www.sandhillsbgc.org
Hours of Operation: Monday - Friday, 2:45 PM – 6:30 PM
Program Description: Promotes leadership, character, health, and career development while emphasizing social, cultural, and educational growth.

Program Name: After School Program (Southern Pines)
Address: 503 N. Sandhills Blvd., Aberdeen, NC 28315
Phone: (910) 692-0777
Program Description: Promotes leadership, character, health, and career development while emphasizing social, cultural, and educational growth.

Boys and Girls Town
Program Name: National Hotline
Phone: (800) 448-3000
Website: www.girlsandboystown.org
Program Description: A toll-free crisis, resource and referral service for troubled children and parents.

Britthaven of Harnett
Address: 604 Lucas Road, Dunn, NC 28334
Phone: (910) 891-4600
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Long term care facility for aging adults.
Called Into Action
Address: 113 W. Elwood Avenue, Raeford, NC 28376
Phone: (910) 476-8070
Website: www.calledintoaction.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Helping the youth of Hoke County to change, while inspiring them to achieve.

Camp Page
Phone: (828) 877-6653
Website: www.camppage.com
Hours of Operation: Monday – Friday, 5:00 AM – 2:00 PM
Program Description: Listing for summer camps for boys and girls throughout North Carolina.

Camp Resource
Phone: (877) 744-CAMP (2267)
Website: www.campresource.com
Hours of Operation: Monday – Friday, 5:00 AM – 2:00 PM
Program Description: Nationwide summer camp listings. Please contact the camps directly.

Campbell University
Program Name: Performing Arts
Address: 450 Leslie Campbell Avenue, Buies Creek, NC 27506
Phone: (910) 893-1498
Website: www.campbell.edu
Program Description: Like jazz? We got jazz! Like Baroque? We got Baroque! Like musical Theatre? We got musical theatre. As a matter of fact, we got something for everyone. Whether it’s the lyrical classicism of the Fabio and Chiara Parrini duo or the smooth jazz styling of Derek Day, it’s here for you in Buies Creek. We at Campbell we believe that the University should be a leader in cultural and artistic endeavors. Programs include: Cape Fear Fine Arts, Community Concert Series, and Performing Arts.

CancerCare
Address: 275 Seventh Avenue, New York, NY 10001
Phone: (800) 813-HOPE (4673)
Website: www.cancercare.org
Hours of Operation: Monday – Friday, 9:00 AM – 5:00 PM
Program Description: A national nonprofit organization that provides free, professional support services for anyone affected by cancer.

Cape Fear Adult Day Health Center
Address: 920 Stamper Road, Fayetteville, NC 28303
Phone: (910) 323-4424
Website: www.mccog.org/index.html
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Provides respite care and assistance to adults who are physically impaired, socially isolated and in need of assistance with personal care or limited in their ability to function independently due to a medical disability, including Alzheimer’s disease. Provides assistance with tasks and activities of daily living to adults and families. Offers recreational activities, field trips, hot lunches, and snacks.

Cape Fear Botanical Gardens
Address: 536 North Eastern Boulevard, Highway 301
Fayetteville, NC 28301
Phone: (910) 486-0221
Website: www.capefearbg.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Enriches, inspires and serves the region as a dynamic center for the collection, culture and aesthetic display of plants. Promote environmental stewardship and provides educational resources for the community. Offers walking trails, special events, tours, and school projects.

Cape Fear Fair
Address: Fayetteville, NC
Phone: (910) 988-2144
Website: www.capefearfair.org
Program Description: Annual fall event. Keeping with the long standing tradition of the Cape Fear Fair Association, Inc., we will provide financial assistance to Cumberland County High School Students to future their education in the agriculture or other mechanical arts field.
Cape Fear Valley Health System
Address: 1638 Owen Drive, Fayetteville, NC 28304
Phone: (910) 609-4000
Website: www.capefearvalley.com
Hours of Operation: 24 hours a day, 7 days a week

Program Name: Alzheimer’s Caregiver Support Group
Address: 1638 Owen Drive, Fayetteville, NC 28304
Phone: (910) 615-1633
Program Description: Provides support for those caring for loved ones who have been diagnosed with Alzheimer’s disease, meets on the third Tuesday of each month.

Program Name: Bereavement Support Group of Cape Fear Valley Hospice
Address: 4900 Raeford Road, Fayetteville, NC 28301
Phone: (910) 609-6791
Program Description: Provides support for those who are coping with the death of a loved one, meets on the first and third Thursday of every month.

Program Name: Behavioral Health Care Inpatient Services
Address: 3424 Melrose Road, Fayetteville, NC 28304
Phone: (910) 615-3600
Program Description: Provides hospital services including psychiatric treatment for children, adolescents, and adults in crisis. Services include inpatient care, partial hospitalization, and residential treatment. Treatment includes medication management as needed; individual, family, and group therapy; activities therapy and education. Parents are encouraged to participate in treatment and parenting classes. Serves children ages 5 to 17 years old.

Program Name: Behavioral Health Care Outpatient Services
Address: 3424 Melrose Road, Fayetteville, NC 28304
Phone: (910) 615-3600
Program Description: Offers a broad range of outpatient services for emotional difficulties. Services include psychiatric assessment, medication management and review, individual and group therapy, play therapy, psychological evaluations, and education groups.

Program Name: Cancer Advocacy, Resources and Education (CARE) Support Group
Address: 1830 Owen Drive, Suite 203, Fayetteville, NC 28304
Phone: (910) 609-6791
Website: www.cancer.org
Program Description: Support group for cancer patients and their families.

Program Name: Cape Fear Valley Homecare & Hospice
Address: 1830 Owen Drive, Suite 203, Fayetteville, NC 28304
Phone: (910) 609-6710
Program Description: Provides pediatric home health and hospice care.

Program Name: CareLink
Address: 3414 Village Drive, Fayetteville, NC 28304
Phone: (910) 615-7092
Program Description: Offers physician referral, information on over 1,000 health topics and registration information for various health-related classes.

Program Name: The Children’s Center
Address: 1830 Owen Drive, Suite 203, Fayetteville, NC 28304
Phone: (910) 609-6529
Program Description: Provides acute and intensive care services for children with medical and surgical needs.

Program Name: Coming Together Children’s Support Group
Address: 1830 Owen Drive, Fayetteville, NC 28304
Phone: (910) 609-6791
Program Description: Helps Children ages 5 to 18, whose parents are diagnosed with cancer.

Program Name: Common Ground
Address: 1830 Owen Drive, Fayetteville, NC 28304
Phone: (910) 609-6791
Program Description: Support group for prostate cancer survivors.

Program Name: Cumberland County Health Check
Program Description: Preventive health care program for children under the age of 21 who receive Medicaid. Services provided are complete well-child check-up, including vision and hearing tests, blood and urine tests, history, growth, food and eating habits, immunizations, and dental care. Inter-periodic examinations for sports participation are conducted.
Program Name: Hearing/Speech/Language Screenings of Southeastern Regional Rehabilitation Center
Phone: (910) 615-6079
Program Description: Administers hearing and speech/language screenings to children ages 3-5 in child care centers, home care centers, at community sites, and in the Speech/Audiology Department. Referrals and follow-up are provided for children who do not pass the screenings.

Program Name: Highsmith-Rainey Specialty Hospital
Address: 150 Robeson Street, Fayetteville, NC 28301
Phone: (910) 615-1000
Program Description: Highsmith-Rainey began a new chapter in its proud history, opening long term acute-care beds, including a four-bed Intensive Care Unit. Long term acute care is care for patients who are very sick and require stays of 25 days or longer.

Program Name: NICU Parent Support Group
Address: 1830 Owen Drive, Fayetteville, NC 28301
Phone: (910) 609-6545
Program Description: Support group for parents who have babies in the neonatal intensive care unit at Cape Fear Valley Medical Center.

Program Name: Pediatric Emergency Department
Phone: (910) 609-4000
Program Description: Provides specialized pediatric emergency services.

Program Name: Pediatric Outpatient Services of Southeastern Regional Rehabilitation Center
Phone: (910) 615-4076
Program Description: Pediatric Outpatient Services serves children from birth to age 21. Offers screening, evaluation, and therapy to include physical therapy, occupational therapy, speech therapy, and audiology services. Provides treatment for dysfunction and disability. Provides screening and evaluation.

Program Name: Prepared Childbirth & Breastfeeding Classes
Phone: (910) 609-5465
Program Description: Sponsors new parent classes, breastfeeding classes, labor/delivery room tours and prepared childbirth classes.

Program Name: Stanton Hospitality House
Address: 1617 Roxie Avenue, Fayetteville, NC 28304
Phone: (910) 609-4032
Program Description: Provides accommodations for family members of out of town patients or outpatients in any of the Fayetteville area hospitals. Provide sleeping accommodations, laundry facilities, and emotional support services.

Cape Fear Valley Health System – Hoke
Program Name: Health Pavilion Hoke
Address: 300 Medical Pavilion Drive, Raeford, NC 28376
Phone: (910) 615-4000
Website: www.capefearvalley.com/hoke
Program Description: At Health Pavilion Hoke, we’re committed to bringing quality healthcare closer to you. Our new state-of-the-art outpatient center sits on a sprawling 60-acre campus off U.S. 401, near the Johnson Mill Road intersection, for an easy commute for Hoke and southwestern Cumberland County residents. Phase II of the Health Pavilion Hoke project calls for a new 41-bed, acute-care hospital to be built directly behind the Health Pavilion Hoke outpatient center.

Cape Fear Writer’s Guild of Harnett County
Address: PO Box 992, Dunn, NC 28335
Phone: (910) 892-2556
Program Description: An association of community members with an interest in writing.

Cardinal Clinic, LLC
Program Name: Family Behavioral Healthcare
Address: 1540 Purdue Drive, Fayetteville, NC 28303
Phone: (910) 867-8889
Website: www.cardinalclinic.com
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Offers outpatient services, individual and group therapy, marriage and family therapy, psychiatric evaluation, medication management, specialized assessments, specialized evaluation and testing, community support services (CSS), diagnostic assessments CSS for children, adolescents and adults intensive in-home services, therapeutic homes/treatment, foster care.
CARE Clinic
Address: 239 Robeson Street, Fayetteville, NC 28301
Phone: (910) 485-0555
Website: www.thecareclinic.org
Hours of Operation: Monday – Friday, 5:00 PM – 9:00 PM
Program Description: Provides free basic primary health care for uninsured Cumberland County adults who have limited incomes. Services include primary medical care, dental extractions, chiropractic care, limited pharmacy services, routine laboratory tests, social services, education, and referral to other resources in the community.

Care Management Services
Address: 408 West Armfield Street, St. Pauls, NC 28384
Phone: (910) 865-9299
Website: www.caremanagementservices.net
Hours of Operation: Monday – Friday, 8:00 PM – 5:00 PM
Program Description: Provides specialized play therapy and speech language therapy services to children birth to three years old.

CareNet of Harnett
Address: 400 Denim Drive, Erwin, NC 28339
Phone: (910) 897-8930
Website: www.carenetofoharnett.org
Hours of Operation: Monday – Friday, 8:00 PM – 4:30 PM
Program Description: Counseling and psychotherapy for individuals, couples, families, children, and adolescents.

Carolina Horse Park
Program Name: Stoneybrook Steeplechase
Address: 2814 Montrose Road, Raeford, NC 28376
Phone: (910) 875-2074
Website: www.carolinahorsepark.com
Program Description: Stoneybrook offers a day in the country to thousands of spectators. The thrill and beauty of horse racing as well as enjoying a day with family and friends is an event not to be missed! Check out the vendors in Merchants Crossing, the expansive Kid Zone, the hat contest and stick horse races, the 5K Run for the Ribbons and so much more. Bringing people together time and time again for social and business opportunities is a Stoneybrook hallmark!

Carolina Solution, Inc.
Address: 128 W. Elwood Avenue, Raeford, NC 28376
Phone: (919) 875-6042
Website: www.csraeford.com
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Carolina Solution implements top quality services to persons with developmental disabilities and mental illness. Serving the community through: assessment of the individual’s behavior, mental or developmental condition, and possible interventions that the family can undertake, treatment services that are centered in developmental and mental disabilities, rehabilitation services for individual clients, and social skills building.

Carolinas Hospice and End of Life Care
Address: 1230 SE. Maynard Road, Suite 230 Cary, NC 27511
Phone: (919) 459-5380
Website: www.cchospice.org
Hours of Operation: Monday – Friday, 8:30 AM – 5:00 PM
Program Description: The Carolinas Center for Hospice and End of Life Care is the two-state association representing over 100 hospice providers in North and South Carolina. The organization provides support to local hospice programs through technical assistance, education, and advocacy in the state legislatures, state regulatory bodies, and Congress. Hospice care is currently available in every North and South Carolina county. In 2010, more than 70,000 patients and their families were served in the Carolinas.

Carolina Poison Center
Phone: (800) 222-1222
Website: www.ncpoisoncenter.org
Hours of Operation: 24 hours a day, 7 days a week
Program Description: Provides 24 hour information and phone treatment service for poisoning emergencies. Have container at hand when calling if possible. Specialists will recommend appropriate action.

Carrieing Home Health, Inc.
Address: 4003 Fayetteville Road, Raeford, NC 28376
Phone: (800) 904-5434
Program Description: Provides home health services.
Catholic Charities
Address: 2712 Fort Bragg Road, Fayetteville, NC 28303
Phone: (910) 424-2020
Hours of Operation: Monday – Friday, 8:30 AM – 5:00 PM
Program Description: Serves the poor and assists in keeping families together by offering emergency assistance, family counseling and outreach case worker, and Hispanic/Latino services.

Program Name: Emergency Assistance
Program Description: Emergency Assistance includes food, rent, utilities, local bus passes, baby clothes and other items, family support casework management, and psychosocial counseling.

Center for Economic Empowerment and Development
Program Name: Lease To Home
Address: 230 Hay Street, Fayetteville, NC 28301
Phone: (910) 323-3377
Website: www.ncceed.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 Pm
Program Description: The Lease to Home Program is CEED’s innovative program focused on assisting people in transition from homelessness to home ownership. The main purpose of this program is to offer individuals and families from all backgrounds an affordable and safe place to live. This includes rentals as well as the opportunity to become home owners.

Program Name: New Choices Program
Program Description: The New Choices Program is designed to help displaced homemakers make the often difficult transition from the home into the work force. It provides individuals with job skills and education to promote confidence and economic self-sufficiency.

Program Name: Women’s Business Center of Fayetteville
Program Description: The Women’s Business Center (WBC) provides technical assistance and support to women entrepreneurs who are looking to start or expand their small businesses. We provide assistance to women in the phases of small business: start-up assistance, education/training, finance, management and marketing.

Centers for Disease Control
Program Name: CDC National STD and AIDS Hotline
Phone: (800) CDC-INFO (232-4636)
Website: www.cdc.gov
Hours of Operation: 24 hours a day, 7 days a week
Program Description: Provides information and education regarding the transmission and prevention of STDs and HIV, the virus that causes AIDS, and risk assessment at no cost to the caller. Makes nationwide referrals for education, testing, and medical treatment, counseling, and support groups. Services are available in English (800-342-2437), Spanish (800-344-7432) and TTY (800-243-7889).

Central Carolina Community College
Address: 1075 E. Cornelius Harnett Blvd., Lillington, NC 27546
Phone: (910) 893-9101
Website: www.cccc.edu
Program Description: Central Carolina Community College offers Associate in Arts and Associate in Science degree programs that transfer to four-year colleges and universities, two-year programs that lead to an Associate in Applied Science degree, and one-year programs that lead to a diploma and/or a certificate. The Adult High School/GED program awards a diploma or certificate.

Program Name: Adult Basic Education
Program Description: Adult Basic Education (ABE) is a program of instruction designed to address the educational needs of adults seeking improvement in reading, writing, speaking, problem solving, and computation skills.

Program Name: Adult High School/General Education Development (GED)
Program Description: Central Carolina Community College’s Adult High School Diploma (AHSD) program provides academic courses to students working toward completing their high school diploma. All classes are free.

Program Name: Compensatory Education
Program Description: Provides educational opportunities to intellectually challenged adults over the age of 17.
**Program Name:** English as a Second Language  
**Program Description:** Helps adults with limited English proficiency to achieve their desired level of competency in English.

**Program Name:** Parent Education Child Care  
**Phone:** (919) 718-7276  
**Program Description:** Parents of young children receive help with paying for child care while attending Central Carolina Community College.

**Central Harnett Hospital**  
**Address:** 215 Brightwater Drive, Lillington, NC 27546  
**Phone:** (910) 892-1000  
**Website:** www.myharnetthealth.org  
**Hours of Operation:** 24 hours a day, 7 days a week  
**Program Description:** 24 hour emergency room, CT, MRI, ultrasound and mammograms.

**Child Advocacy Center, Inc.**  
**Address:** 336 Ray Avenue, Fayetteville, NC 28301  
**Phone:** (910) 486-9700  
**Website:** www.childadvocacycenter.com  
**Hours of Operation:** Monday – Friday, 8:00 AM – 5:00 PM  
**Program Description:** Joining hands with community partners we provide a safe and child-friendly Center that supports the prevention, investigation and prosecution of child abuse. We provide forensic interviewing services and victim family advocacy to referred clients. We provide prevention programs to professionals and the community at-large.

**Program Name:** Darkness to Light  
**Program Description:** Comprehensive research and evidence based program to prevent child sexual abuse. Teaches that adults, rather than children, are accountable for a child’s safety and shows adults how to recognize, prevent, and react responsibly to child sexual abuse.

**Program Name:** Period of Purple Crying  
**Program Description:** The Period of PURPLE Crying program is the name given to the National Center on shaken Baby Syndrome’s evidence-based SBS prevention program, which includes a full color 11-page booklet and a 10-minute DVD intended to be given to parents of new infants.

**Child Care Networks, Inc.**  
**Program Name:** Child and Adult Care Food Program  
**Address:** 117 E. Salisbury Street, Pittsboro, NC 27312  
**Phone:** (910) 542-6644  
**Website:** www.childcarenetworks.org  
**Hours of Operation:** Monday – Friday, 8:3 AM – 5:00 PM  
**Program Description:** Federally funded program administered and funded by USDA to ensure eligible children and adults receive nutritious meals.

**Child Find of America, Inc.**  
**Phone:** (845) 883-6060  
**Website:** www.childfindofamerica.org  
**Hours of Operation:** Monday – Friday, 9:00 AM – 5:00 PM  
**Program Description:** Brings missing children home through the use of nationwide networking efforts with law enforcement, state clearinghouse personnel, social service agencies, and missing children agencies.

**Program Name:** Child Abduction Prevention & Support Services (CAPPs) and Mediation  
**Program Description:** Helps prevent and resolve parental abduction through the use of professional family mediators experienced in family and custodial situations. Offers referrals to additional agencies and services. Free services.

**Child Care Services Association**  
**Program Name:** WAGES  
**Phone:** (919) 967-3272  
**Website:** www.childcareservices.org  
**Hours of Operation:** Monday – Friday, 8:00 AM – 5:00 PM  
**Program Description:** Provides education-based salary supplements to qualifying teachers, directors and family child care providers.

**Child Welfare**  
**Program Name:** Child Welfare Information Gateway  
**Phone:** (800) 394-3366  
**Website:** www.childwelfare.gov  
**Hours of Operation:** 24 hours a day, 7 days a week  
**Program Description:** Child Welfare Information Gateway connects child welfare and related professionals to comprehensive information and resources to help protect children and strengthen families. We feature the latest on topics from prevention to permanency, including child abuse and neglect, foster care, and adoption.
Child, Youth and School Services
Address: Soldier Support Center, 4th floor, Room 448, Ft. Bragg, NC 28310
Phone: (910) 396-4313
Website: www.fortbraggmwr.com
Hours of Operation: Monday - Friday, 5:45 AM - 6:00 PM
Program Description: Provides developmental child care in three delivery systems: center based, home based, and alternative child care options. Child care provisions can be made for children from four weeks of age to 12 years for full day, part day, hourly, extended, long term and special needs care. Programs are offered in four development centers: Cook, Fernandez, Prager, and Rodriguez.

Program Name: Tolson Youth Activities Center
Address: Bldg. 4-1431, Reilly Street. & Normandy Drive, Ft. Bragg, NC 28307
Phone: (910) 396-KIDS (5437)
Website: www.fortbraggmwr.com
Hours of Operation: Monday - Sunday, 3:00 PM - 9:00 PM
Program Description: Provides after school programs and recreational activities for military dependents and those who are military affiliated (DOD).

Program Name: Wonderful World for Kids School Age Services
Address: Bldg. 1-4157, Knox Street, Ft. Bragg, NC 28307
Phone: (910) 396-2011
Program Description: Offers care before and after school with options for before school only or after school only. Separate SAS camps are operated during winter and spring breaks for those who normally do not require daily before and after school care. During the summer, SAS operates a full day camp option in ten one-week sessions and eight one-week half day sessions.

Program Name: Youth Fitness and Sports
Address: Soldier Support Center, Bldg. 4-2843, Rm. 455, Ft. Bragg, NC 28310
Phone: (910) 396-9017
Website: www.fortbraggmwr.com
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Offers basketball, tennis, football, and winter hockey leagues and summer camps for military dependents.

Childhelp USA
Phone: (480) 922-8212
Website: www.childhelpusa.org
Hours of Operation: 24 hours a day, 7 days a week
Program Description: Serves abused and neglected children through the National Abuse Hotline, residential treatment facilities, child advocacy centers and mobile advocacy centers that reduce the trauma of child abuse victims during the interview and examination process.

Program Name: National Child Abuse Hotline
Phone: (800) 4-A-CHILD (422-4453)
Program Description: The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) is dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the Hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in 170 languages. The Hotline offers crisis intervention, information, literature, and referrals to thousands of emergency, social service, and support resources. All calls are anonymous and confidential.

Children’s Developmental Services Agency
Address: 1211-A Ireland Drive, Fayetteville, NC 28304
Phone: (910) 486-1605
Website: www.ncei.org/ei/itp/cdsa.html
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Lead local agency for the North Carolina Infant Toddler Program (NCITP). Provides developmental assessments to determine eligibility for the ITP and Early Intervention Service Coordination to children birth to age 3 and their families who qualify for the program. Branch offices also located in Elizabethtown, Clinton, and Lumberton.

Program Name: Assistive Technology Service
Program Description: Provides resources and tools to assist young children with disabilities to participate in daily activity with greater ease and independence. These tools range from simple aids to sophisticated equipment specifically designed to help children learn and develop.
Children’s Developmental Services Agency of the Sandhills
Address: 10 Parker Lane, Suite 1, Pinehurst, NC 28374
Phone: (910) 295-3133
Website: www.beearly.nc.gov
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Serves children, birth to three, who have suspected developmental delays. Initial services such as assessments, planning, and service coordination are done at no cost to families.

Children’s Home Society of North Carolina
Address: 351 Wagoner Drive, Suite 309, Fayetteville, NC 28303
Phone: (910) 703-1859
Website: www.chsnc.org
Hours of Operation: Monday – Friday, 8:30 AM – 5:00 PM
Program Description: Provides pre-placement, post-placement, step-parent and relative adoption services for individuals or families living in North Carolina. Post-adoption, foster care and birth parent services provided.

Cinco de Mayo Festival
Phone: (910) 578-9680
Website: www.cincodemayo10k.org
Program Description: Annual May 5th 5K and 10K run. Other runs available throughout the year, please call for more information.

City of Fayetteville
Program Name: City of Fayetteville Community Development
Address: 433 Hay Street, Fayetteville, NC 28301
Phone: (910) 433-1329
Website: www.cityoffayetteville.org
Program Description: The City of Fayetteville Community Development Department operates a network of Neighborhood Resource Centers located throughout the city. The centers are in low to moderate-income communities to give citizens convenient access to resources. The primary focus is to provide the adult job seeker 18 years and older with educational tools and special training that will enhance employability.
City of Raeford
Address: 315 N. Main Street, Raeford, NC 28376
Phone: (910) 875-8161
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM

Program Name: Robin Heights Park
Address: East Seventh Street, Raeford, NC 28376
Program Description: Park/Playground

Program Name: McLaughlin Park
Address: East Donaldson Street, Raeford, NC 28376
Program Description: Park/Playground

City Rescue Mission, Inc.
Address: 120 N. Cool Spring Street, Fayetteville, NC 28301
Phone: (910) 323-0446
Hours of Operation: Monday – Friday, 7:00 AM – 6:00 PM
Program Description: Provides emergency food, clothing, and temporary shelter to men in need. Provides assistance in securing employment.

Cleft Palate Foundation
Address: 1504 Franklin Street, Suite 102
          Chapel Hill, NC 27514
Phone: (800) 242-5338
Website: www.cleftline.org
Hours of Operation: 24 hours a day, 7 days a week.
Program Description: Promotes the understanding of problems involved in treatment of cleft lip, cleft palate, and other craniofacial defects.

Cleland Multipurpose Sports Complex
Address: Reilly Road, Ft. Bragg, NC 28310
Phone: (910) 396-5127
Website: www.fortbraggmwr.com
Program Description: Provides ice skating lessons and hockey leagues for all ages. Available for birthday parties. Open to the public.

Coastal Horizons Center, Inc.
Program Name: Functional Family Therapy (FFT)
Address: 615 Shipyard Boulevard, Wilmington, NC 28412
Phone: (800) 672-2903
Website: www.coastalhorizons.org
Hours of Operation: Monday – Friday, 10:00 AM – 8:00 PM
Program Description: Family therapy offered to Cumberland County adolescents and their families to address issues of substance abuse, school problems, juvenile problems, as well as other behavior problems. FFT is an evidence based model. Therapy is offered in client’s homes, one or more times per week as needed.

Coats Annual Farmer’s Day & Wagon Train
Address: Coats, NC 27521
Phone: (910) 897-6213
Program Description: Held the second weekend in October this annual festival held in Coats features arts and crafts, parade, street dance, pig cook-off, wagon train, and much more family entertainment.

Coats Museum
Address: 109 S. McKinley Street Coats, NC 27521
Phone: (910) 897-2525
Program Description: The mission of the Coats Museum is to gather, preserve, and display the material culture and history of the Coats community for the education benefit of locals and visitors, promote the understanding of and appreciation for the past through interpretive exhibits, data bands, genealogies and a two volume publication showing a chronological history.

Common Thread Kids
Address: Angier, NC 27501
Phone: (919) 422-1832
Website: http://commonthreadkids.weebly.com
Program Description: Common Thread Kids is intended to guide busy moms & homeschool families to resource for support & encouragement with family, school, homes and the individual.
Communities United for Youth Development
Address: 2802 Blossom Road, Hope Mills, NC 28348
Phone: (910) 425-3664
Hours of Operation: Monday – Friday, 8:00 AM – 6:00 PM
Program Description: Provides programs for youth to help with social, physical, and educational development. Offers tutoring, competitive reading program, education field trips, and a recreational program during the summer months.

Community Alternatives Program for Disabled Adults
Address: 309 W. Cornelius Harnett Blvd, Lillington, NC 27546
Phone: (910) 893-7596 ext. 5077
Website: www.harnett.org/aging/capda.asp
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: In-Home aide service, case management, respite care, home mobility aid, telephone alert, waiver supplies, home delivered meals, adult day health care.

Community Health Intervention Sickle Cell Agency, Inc.
Address: 2409 Murchison Road, Fayetteville, NC 28301
Phone: (910) 488-6118
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Provides free HIV, Sickle Cell, Diabetes, Glucose and Syphilis Testing.

Community Home Care and Hospice
Address: 400 East H Street, Erwin, NC 28339
Phone: (910) 892-7548
Website: www.communityhch.com
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Hospice services.

Community Outreach Assistance Services (CORA’S)
Address: PO Box 64284, Fayetteville, NC 28306
Phone: (910) 797-4918
Website: www.corasnc.org
Hours of Operation: Monday – Friday, 8:00 AM – 6:00 PM
Program Description: To help others by reaching out to train, educate and bring hope, healing and wholeness. To equip people to help themselves obtain a better job and improve their quality of life.

Program Name: CORA’s Earn While You Learn
Program Description: A Program for pregnant women and moms that are in crisis. The program is for expecting mothers/fathers and any parents or grandparents with children up to 3 yrs. with special requirements. Parents can “earn” baby clothes, diapers, cribs, car seats, and many other necessities by learning. The program pairs a mother or a father with a counselor who meets with them for 8 weeks. Every lesson earns Mommy Dollars. This money can be spent in the Mommy Store.

Program Name: CORA’S Teen Talk
Program Description: Outreach mentoring program that offers teens hope and a place for them to belong. Teen Talk features real life circumstances that our teens are facing on a daily basis. These circumstances will be illustrated through skits, singing, praise dancing, and testimonials. Since many of our youth will face the crossroad experience, we want to show them what will happen when they choose the wrong or right road.

Community Service Network, Inc.
Address: 600 S. Magnolia Avenue, Suite 105, Dunn, NC 28334
Phone: (910) 892-8128
Website: http://communityservicenet.org/home0.aspx
Hours of Operation: Monday – Friday, 8:00 AM – 4:30 PM
Program Description: A multi-service community based non-profit organization [501(c)(3)]; Community Service Network Inc. is located in Harnett County, North Carolina. Founded in 2003, a family-community approach to service provisions and programs with adult clients generally focus on Case Management, Intervention, Community Revitalization, increasing family stability and promoting community cohesion. We strive to create a supportive and sustainable environment in a meaningful and culturally relevant manner.
Program Name: HIV/AIDS Case Management
Program Description: Services to individuals and families who are infected and affected by HIV/AIDS. Certified by the North Carolina AIDS Care Unit as a Certified Medicaid HIV Case Management agency. Designed to improve client access to a wide range of services; to promote continuity of care by coordinating service delivery; to enhance health status and level of functioning. Serving Harnett, Johnston, and Sampson Counties. Access to Ryan White CARE Funding, HOPWA Funding, ADAP, and other resources to assist clients in healthy living. All confidential.

Program Name: Housing Services
Program Description: Transitional housing with supportive services – up to two years to stay and must meet special qualifications. Homelessness prevention – providing emergency assistance to keep families in their home such as rental assistance and utility bill assistance to prevent cutoff. Housing counseling and first time homebuyer’s classes. Tenant based rental assistance – a special rental program for individuals with disabilities.

Program Name: Immigrant Services
Program Description: Providing assistance with the immigrant population with such things as: translation, Notary Services, access to BCIS documents & forms, assistance in completing BCIS Forms and assistance in accessing local social services. In addition, Citizenship Classes are offered on a quarterly basis.

Program Name: Maternal Care Coordination
Program Description: The Baby Love Program can help you and your baby from the beginning by providing maternity care coordination, childbirth education classes, counseling, and emotional support; referrals to other programs like WIC, dental care and family planning. Working on concerns that may affect the baby’s health. Assistance in applying for Medicaid: No matter where you receive your medical care, you can sign up for the MCC Program.

Program Name: Rapid HIV Testing
Program Description: Using OralQuick HIV – ½ testing with results in 20 minutes. Free. All positive results must be confirmed with a blood draw.

Community Helps Network
Address: 112 E. Elwood Avenue, Raeford, NC 28376
Phone: (910) 848-1924
Website: www.communityhelpsnetwork.com
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Community Helps Network is a privately owned agency that initiates, provides and promotes services for people with mental illness and their families within the communities, in order to strengthen their independence, self-esteem and ability to participate in and contribute to community life.

CommWell Health
Address: 3331 Easy Street, Dunn, NC 28334
Phone: (910) 567-6194
Website: www.commwellhealth.org
Hours of Operation: Monday – Wednesday, 8:00 AM – 5:00 PM, Thursday, 8:00 AM – 8:00 PM, Friday, 8:00 AM – 1:00 PM
Program Description: Pediatric care, obstetric care, gynecological care, physical (annual, school sports, and CDL), immunizations/flu shots, diabetes management, HIV/AIDS management, occupational medicine and ancillary services.

Program Name: Dental Health
Address: 1508 Maple Grove Church Rd., Dunn, NC 28334
Phone: (910) 567-2646
Program Description: Provides the following dental services: cleaning, fillings, partials, crowns, root canals, mouth guards, dentures, gum disease treatment, extractions and orthodontic referrals.

CONTACT of Fayetteville, Inc.
Address: 3507 Hill Street, Hope Mills, NC 28348
Phone: (910) 485-4134
Website: www.contactcrisishelp.com
Hours of Operation: 24 hours a day, 7 days a week
Program Description: Provides crisis intervention hotline which offers information and referral as well as free, confidential, and anonymous telephone counseling by trained volunteers. Accredited by CONTACT USA.
**Covenant House**

**Program Name:** Nine Line  
**Address:** PO Box 64284, Fayetteville, NC 28306  
**Phone:** (800) 999-9999  
**Website:** www.nineline.org  
**Hours of Operation:** 4:00 PM – 8:00 PM, 7 days a week  
**Program Description:** Covenant House – Nine Line!!! Sometimes you just need to talk. Are you or your friends looking for answers to tough questions? Bullying, Family, Relationships, Human Trafficking, Feelings, Suicide, Basic needs, Abuse, Health, Sex, Drugs & alcohol? It is free and confidential.

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**Cumberland Community Action Program, Inc.**

**Address:** 316 Green Street, Fayetteville, NC 28301  
**Phone:** (910) 485-6131  
**Website:** www.ccap-inc.org  
**Hours of Operation:** Monday – Friday, 8:00 AM – 4:30 PM

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**Program Name:** ASPIRE Self-Sufficiency  
**Address:** 321 Dick Street, Fayetteville, NC 28301  
**Phone:** (910) 223-0116  
**Program Description:** ASPIRE is a comprehensive program that assists low-wealth individuals and families attain the skills and knowledge that are needed in order to become self-sufficient. Since funding is limited, individuals are selected to participate in the program based on their readiness and motivation to accomplish goals geared to obtaining employment.

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**Program Name:** Consumer Credit Counseling Services  
**Phone:** (910) 323-3192  
**Program Description:** Prevents financial difficulties through education in sound buying practices, budgeting, money management, and the wise and proper use of credit. Advises and counsels families and individuals who are burdened with excessive indebtedness to develop a plan of liquidation within their income with the cooperation of their creditors. Offers homeownership workshops and financial workshops for children and youth.

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**Program Name:** Community Housing Development Organization (HDO)  
**Phone:** (910) 323-0200  
**Program Description:** CHDO is a private nonprofit, community-based service program operated through CCAP whose primary purpose is to provide and develop decent, affordable housing for the community it serves. CCAP’s CHDO program owns several rehabilitated properties that are rented out to families as a safe, affordable housing option.

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**Program Name:** Head Start  
**Address:** 5135 Morganton Road, Fayetteville, NC 28314  
**Phone:** (910) 487-9800  
**Program Description:** Head Start is a federally funded child development program that provides free social and educational opportunities for income eligible children from ages 0-5, including children with special needs and pregnant women. The program is designed to prepare eligible children with essential skills needed to enter the public school system.

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**Program Name:** Head Start Extended Day  
**Address:** 5135 Morganton Road, Fayetteville, NC 28314  
**Phone:** (910) 487-9800  
**Program Description:** Offers before/after school care for enrolled children, age 6 weeks-5 years-including those with special needs, whose parent(s) are either working, enrolled in school, or are participating in the Work First program.

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**Program Name:** Second Harvest Food Bank of Southeast NC  
**Address:** 406 Deep Creek Road, Fayetteville, NC 28312  
**Phone:** (910) 485-6923  
**Program Description:** Distributes food to non-profit agencies which operate feeding programs in a seven county area (Bladen, Cumberland, Duplin, Harnett, Hoke, Robeson, and Sampson Counties). Accepts donations of food and money.

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**Program Name:** Weatherization Assistance Program (WAP)  
**Address:** 321 Dick Street, Fayetteville, NC 28301  
**Phone:** (910) 223-0116  
**Program Description:** It is the mission of CCAP’s Weatherization Assistance Program (WAP) to reduce energy costs for low-income families, particularly for the elderly, people with disabilities, and children, by improving the energy efficiency of their homes while ensuring their health and safety.
Cumberland County Association for Indian People
Address: 2173 Downing Road, Fayetteville, NC 28312
Phone: (910) 483-8442
Hours of Operation: Monday – Friday, 8:30 AM – 4:00 PM
Program Description: Seeks to enhance self-determination and self-sufficiency of Native Americans in Cumberland County as it relates to their political, socio-economic and well-being. Offers employment counseling, classroom training, adult basic education classes, and assistance in locating sources for paying utility bills in the winter. Operates a senior citizens center, child care center, and a housing locator service. Offers rent assistance if eviction is threatened.

Cumberland County Child Support Department
Address: 109 Bradford Avenue, 4th floor, Fayetteville, NC 28301
Phone: (910) 486-1092
Website: www.co.cumberland.nc.us/child_support.aspx
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Noncustodial Parent location, establishment of paternity/child support and enforcement of child support orders.

Cumberland County CommuniCare, Inc.
Address: 226 Bradford Avenue, Fayetteville, NC 28301
Phone: (910) 829-9017
Website: www.cccommunicare.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Provides and supports prevention/early intervention to at-risk children and their families in Cumberland County through community-based collaboration. Provides evaluation, program development, quality improvement, substance abuse treatment, youth gang prevention/intervention, youth leadership development, prevention training/management services and community consulting.

Program Name: Adolescent Substance Abuse Programs
Program Description: Provides services for the prevention and treatment of substance abuse to adolescents in the community. Parenting and family strengthening activities are offered. Substance abuse prevention services are offered to both adults and youth, significant others, and family members. Substance abuse treatment is offered to adolescents, both court adjudicated and non-adjudicated adolescents in Cumberland County.

Program Name: Coalition for Awareness Resources and Education of Substances (CARES)
Program Description: Provides parenting education and other countywide drug prevention resources to children and families. Is available to provide after-school drug prevention programs, parenting skill development, and tobacco cessation/prevention. Coordinates the county-wide Red Ribbon Campaign, and serves as the county prevention coalition for children and families.

Cumberland Gang Prevention Partnership
Address: 711-A Executive Place, Fayetteville, NC 28305
Phone: (910) 433-1116
Program Description: A NC DJJDP funded partnership with local law enforcement, Fayetteville Urban Ministry, Cumberland County Schools, Community Corrections, and other private and public agencies to reduce youth gang violence and activities throughout Cumberland County.

Intensive Services Network
Address: 103 Laketree Boulevard, Spring Lake, NC 28390
Phone: (910) 222-6081
Program Description: This is an intensive, wrap-around program for high-risk, court involved youth that uses a restorative justice, personal responsibility and social/cognitive skills building approach.

Juvenile Assessment Center
Address: 711-A Executive Place, Fayetteville, NC 28305
Phone: (910) 829-9017
Program Description: Provides services for youth and families who have, or are likely to, come into contact with the legal system in a multi-agency collaborative manner at a single location. Best suited for: at-risk children, early offending and/or misdemeanor offenders, diversions from Juvenile Court, and those youth under supervision contracts at the Intake phase of court involvement. Also provides parent education & training classes, Youth Enrichment Seminars, and summer youth workshops.

Juvenile Crime Prevention Council Coordination
Program Description: Staff serves as liaisons between the state Department of Juvenile Justice/Delinquency Prevention, County of Cumberland, and funded programs to ensure appropriate delivery of cost-effective and quality delinquency reduction services.
Program Name: Managing Access for Juvenile Offender Resources and Substances (MAJORS)
Program Description: This is an outpatient and intensive outpatient substance abuse treatment and community support programs for youth referred by the Juvenile Court.

Program Name: Neighborhood Guardian Program
Address: 711-A Executive Place, Fayetteville, NC 28305
Phone: (910) 433-1116
Program Description: This program manages a volunteer, collaborative child abuse prevention initiative to recruit communities and neighbors so that informal and formal resources can be cultivated in areas close to the family.

Program Name: Reclaiming Futures
Program Description: This is an evidence based substance abuse alcohol model that engages communities in a comprehensive way toward developing and maintaining systems of care for at-risk and substance using youth; Reclaiming Futures is a nationally evaluated model (see www.reclaimingfutures.org) now being implemented in Cumberland County.

Program Name: Selective and Indicated Substance Abuse Prevention Services
Program Description: This program uses evidence-based prevention strategies and curricula, prevention consultants work in the community with parents, youth and various agencies to prevent youth substance use and abuse.

Program Name: Youth Leadership Development
Address: 103 Laketree Boulevard, Spring Lake, NC 28390
Phone: (910) 222-6081
Program Description: This program works with at-risk youth and typically developing adolescents to build citizenship and leadership skills using an asset and community service orientation.

Cumberland County Coordinating Council on Older Adults
Address: 339 Devers Street, Fayetteville, NC 28303
Phone: (910) 484-0111
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Meals on Wheels for adults 60 and over. Minor home repair, in-home aid, telephone reassurance program, and discounted prescription drug program.

Cumberland County Courthouse
Program Name: SAFE-LINK Domestic Violence Assistance
Address: 117 Dick Street, Room 340 – 3RD Floor Fayetteville, NC 28302
Phone: (910) 475-3029
Website: www.aoc.state.nc.us/data/district12/domesticviolence/safelink.htm
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: The SAFE-LINK Domestic Violence Assistance Program was created as a “one-stop” location for victims of domestic violence, sexual assault and stalking who come to the Cumberland County court system to obtain a civil domestic violence protective/restraining order or a civil no-contact protective order. The program is designed to provide immediate access to our court system to ensure the safety of these victims. In the SAFE-LINK Office, victims have privacy to complete required forms, obtain information about available resources such as community-based programs and shelters, and referrals to immediate services and counselors. Bi-Lingual services are provided and documentation of physical abuse through digital photography is available.

Cumberland County Department of Public Health
Address: 1235 Ramsey Street, Fayetteville, NC 28301
Phone: (910) 433-3600
Website: www.co.cumberland.nc.us/health.asp
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Provides various clinics including a Child Health Clinic for ages infant to 18 years old; Adult Health Clinic; WIC; Women’s Preventive Health; Family Planning; Maternity Clinic; Dental Clinic. WIC and Immunizations have extended hours until 7pm on Tuesday. Care Coordination for Children is voluntary program available to all children of Cumberland County, from birth to 5 years with special health care, developmental and social needs. Pregnancy Care Management is a voluntary program for high risk pregnant women in Cumberland County. Services provided at no cost to the participants.
Program Name: Adult Health Primary Care Clinic  
Hours of Operation: Monday – Thursday, 8:00 AM – 5:00 PM  
Friday, 8:00 AM – 1:00 PM  
Program Description: The Adult Health Primary Care Clinic provides comprehensive medical care for health maintenance and care of those with acute and chronic diseases. The primary care services are open to Cumberland County residents and individuals designated by Carolina Access Insurance coverage. A sliding scale service is available to those who financially qualify and third party insurance is accepted. Appointments and walk-in services are available.

Program Name: Breast and Cervical Cancer Control Program  
Hours of Operation: Monday – Thursday, 8:00 AM – 5:00 PM  
Friday, 8:00 AM – 2:00 PM  
Program Description: A federally funded program for women 40-64 years of age that do not have insurance and have an income at or below 250% of Federal Poverty Guidelines. Patients will receive a pap smear, mammogram and needed follow-up. Fees for services are based on family size and income.

Program Name: Care Coordination for Children (CC4C)  
Phone: (910) 433-3800  
Hours of Operation: Monday – Thursday, 7:30 AM – 5:30 PM  
Friday, 8:00 AM – 5:00 PM  
Program Description: Care Coordination for Children is voluntary program available to all children of Cumberland County, from birth to 5 years with special health care, developmental and social needs. Care Management Services are provided by trained nurses and social workers to assist families in improving health care for their children.

Program Name: Child Health Clinic  
Phone: (910) 433-3654  
Program Description: Provides medical screening services for children from birth to 18 years old by appointment. Services include: physical examinations, laboratory screenings, hearing, vision, and preventive education.

Program Name: Cumberland HealthNET  
Phone: (910) 433-3671  
Hours of Operation: Monday – Friday, 8:30 AM – 4:30 PM  
Program Description: Program for uninsured, low-income with Hypertension, Diabetes, Asthma, and Congestive Heart Failure.

Program Name: Dental Clinic  
Phone: (910) 433-3613  
Hours of Operation: Monday – Thursday, 7:30 AM – 5:30 PM  
Friday, 7:30 AM – 11:30 AM  
Program Description: Provides clinical and preventive dental services for children from birth to 20 years of age to include: exams, radiographs, hygiene education, cleanings, fluoride, sealants, fillings, extractions, space maintenance, stainless steel crowns and referrals. Interpreters are available upon request. During the school year, we conduct dental screenings for public school children attending pre-K, kindergarten, second grade, exceptional children, and fifth grade classes.

Program Name: Family Planning Clinic  
Phone: (910) 433-3651  
Program Description: Provides care to women who desire assistance in preventing pregnancy, spacing children, or limiting the number of pregnancies. Contraceptive supplies are provided. Pregnancy testing and counseling is available.

Program Name: Health Education  
Phone: (910) 433-3890  
Program Description: Assists in the prevention of disease and the promotion of healthy living. Plans, organizes and conducts community and school health programs. Counsels clinic patients and provides speakers for any health topic.

Program Name: Immunization Clinic  
Phone: (910) 433-3633  
Hours of Operation: Monday – Thursday, 8:00 AM – 4:30 PM  
Friday, 8:00 AM – 12:00 PM  
Program Description: Vaccinations for children and adults. Overseas travel vaccinations. Copies of shot records may be obtained for school/college/work providing individual requesting is entered into the NC Immunization Registry. TB skin testing for school/work is also provided.

Program Name: Maternity Clinic  
Phone: (910) 433-3651  
Hours of Operation: Monday – Thursday, 8:00 AM – 5:00 PM  
Friday, 8:00 AM – 2:00 PM  
Program Description: Offers ongoing prenatal care to any woman with a positive pregnancy test. Care includes services such as nutrition assessments, routine screenings, lab studies, psychosocial assessments, counseling and education. Fees for services are based on family size and income.
Program Name: Nutrition Department: Women, Infants & Children (WIC)
Phone: (910) 433-3730
Program Description: The WIC program provides nutrition education and supplemental foods, breast feeding promotion/support to pregnant, postpartum, and breastfeeding women, infants, and children up to age five. Participants must meet residency, income and medical/nutritional risk eligibility requirements.

Program Name: Pregnancy Care Management (PCM)
Phone: (910) 433-3800
Hours of Operation: Monday – Thursday, 7:30 AM – 5:30 PM
Friday, 8:00 AM – 5:00 PM
Program Description: Pregnancy Care Management is a voluntary program for high risk pregnant women in Cumberland County. Services provided at no cost to the participants. Care managers are highly skilled nurses and social workers trained to assist women in obtaining prenatal care, needed community resources and improved pregnancy outcomes.

Program Name: Prepared Childbirth Education
Phone: (910) 433-3890
Program Description: Expectant moms will learn about the birthing process, relaxation techniques, coping skills, comfort measures, pain relief options, and postpartum care. Interested participants are strongly recommended to take the prepared childbirth education class around the 30th week of pregnancy.

Program Name: Post-Partum Newborn Home Visit Program
Phone: (910) 433-3797
Program Description: The nurse will usually spend one to two hours with the mom and baby. Weigh the baby, do a limited physical assessment on the baby, check the mom’s blood pressure and other vital signs, help the mom get doctor’s appointments for mom and the baby, discuss available birth control methods, inform mom of community resources, provide opportunities for timely referral of identified problems, answer any questions of concern. Also to help the mom care for her baby and herself, the nurse will talk to her about well child care/immunizations, postpartum care and activity, safety, hand washing, signs and symptoms of illness for mom and baby, taking care of baby’s skin and mouth, umbilical cord and circumcision care, breast/bottle feeding and nutritional needs, infant sleep patterns/sleep safety/SIDS, Shaken baby syndrome, second-hand smoke and other substances, baby’s growth and development, breast care, sleep needs, birth control methods, prevention of sexually transmitted disease/infection.

Program Name: School Health Program
Phone: (910) 433-3800
Program Description: Public Health School Nurses audit school records for up to date immunization records. Supervise administration of medication by school staff. Provide in school screening for vision and hearing. Provide guidance for overall school health issues and links resources to children and parents.

Program Name: Sudden Infant Death Syndrome (SIDS)
Phone: (910) 433-3858
Program Description: Provides SIDS prevention education to maternity clients, parents, and general population upon request.

Cumberland County Department of Social Services
Address: 1225 Ramsey Street, Fayetteville, NC 28301
Phone: (910) 323-1540
Website: www.ccdssnc.com
Hours of Operation: Monday – Friday, 7:30 AM – 5:00 PM
Program Description: We believe the most effective means is to partner with families and the neighborhoods where they live to provide early help to vulnerable families. The help we want to provide is individualized, cost-effective and outcome driven. The outcome will be families who are safe, have their basic needs met and increase/maintain health.

Program Name: Adjustment Services for the Blind
Phone: (910) 677-2316
Program Description: Offers independent living services for people who are visually impaired to help them achieve the maximum level of self-sufficiency.

Program Name: Adoption Services
Phone: (910) 677-2541
Program Description: Prepares children and chosen family for adoptive placement, supervises placement, and recommends to the Court that the Decree of Adoption should be issued.

Program Name: CARE Center Family Violence Program
Phone: (910) 677-2532
Program Description: Provides a range of services to those experiencing physical or mental abuse. Services include crisis intervention, counseling, referral services, re-education of family members and temporary housing for victims and their children.
Program Name: Children’s Services  
Phone: (910) 677-2450  
Program Description: Provides investigative reports of neglect, abuse, dependency, or exploitation, evaluates the degree of damage or risk to the child; cooperates with law enforcement agencies and initiates court action when necessary, counsels and plans with the child’s family toward the solution and prevention of problems causing neglect, abuse, dependency, or exploitation, and arranges for the provisions of services.

Program Name: Cumberland County Vocational Rehab and Employment  
Phone: (910) 323-1540  
Program Description: This program aids disabled veterans prepare themselves for work, find employment, and keep it.

Program Name: Eye Referrals  
Phone: (910) 677-2413  
Program Description: Provides various services, including examinations and glasses. Copayment is required.

Program Name: Food and Nutrition Services (FNS) formerly the Food Stamp Program  
Phone: (910) 313-1540  
Program Description: The Food and Nutrition Services Program is a federal program that provides a monthly allotment of food stamp benefits issued via Electronic Benefit Transfer (EBT) cards (which are similar to ATM cards). The Food and Nutrition Services Program is an entitlement program, so all eligible individuals and households can receive assistance. Food Stamp benefits may be used to purchase most food items at participating authorized retailers.

Program Name: Foster Home Licensing  
Phone: (910) 677-2995  
Program Description: Recruits, screens and trains foster parents to provide temporary care for children who have been removed from their home either by court order or voluntary placement agreements. The goal is for each child to be reunited with their family as quickly as possible. Speakers are available to any community group wanting to learn about foster care. Recruitment/Information Meetings are held on the third Thursday of each month, at 12 noon and 6:30 PM, on the first floor of the CCDSS building. The public is invited.

Program Name: Grandparents and other Relatives Support Group  
Phone: (910) 677-2339  
Program Description: Group meets at 10 am on the last Tuesday of each month, at the Social Services Building; call for more information.

Program Name: Health Support Services  
Phone: (910) 677-2045  
Program Description: Provides contact information about local health agencies, clinics and hospitals. Placement assistance for intermediate or skilled nursing care facilities.

Program Name: Human Resources  
Phone: (910) 677-2418  
Program Description: The Human Resources Unit provides a positive recruitment program in an effort to establish and maintain an effective work force. Employee selection is based upon ability, experience, intelligence and character disregarding race, age, religion, sex, national origin, veteran status, or physical handicap of an otherwise qualified individual.

Program Name: LINKS, Inc.  
Phone: (910) 823-4717  
Program Description: Women’s service club provides enhancement experiences for those who are educationally disadvantaged and culturally deprived. Raises money for local charities. Call for more information.

Program Name: Medicaid  
Phone: (910) 323-1540  
Program Description: Medicaid is a health insurance program for qualified low-income individuals and families who cannot afford health care costs. Medicaid serves low-income parents, children, seniors, and people with disabilities. Transportation to medical appointments is available for Medicaid recipients.

Program Name: North Carolina Health Choice for Children  
Phone: (910) 323-1540  
Program Description: Provides health insurance for children who are not eligible for Medicaid and aren’t covered by any other comprehensive health insurance program.
Program Name: Personal & Family Counseling/Supportive Services  
Phone: (910) 677-2532  
Program Description: Provides adjustment services for children in foster care placement and their parents through individual & family counseling. Clients can be referred to the program by any social worker at the Department of Social Services.

Program Name: Program Integrity  
Phone: (910) 677-2879  
Program Description: The Program Integrity Unit discovers, pursues, and prevents fraud of benefits. The Integrity Unit seeks reimbursement for over issuance and or overpayments of benefits and provides a deterrent to future fraud.

Program Name: Subsidized Child Care Services for Children  
Phone: (910) 323-1540  
Program Description: A subsidized child care service provides for the protection, care, and developmental experiences for children ages birth through 12 years old. Services are provided primarily to low-income families to support employment and training efforts or in conjunction with child protective services. The program provides assistance with the cost of child care. Customers must meet eligibility requirements. See The Division of Child Development and Early Education online for additional information.

Program Name: Veteran Services  
Phone: (910) 323-1540  
Program Description: Helps Veterans and dependents with VA benefits.

Program Name: Work First Family Assistance  
Phone: (910) 323-1540  
Program Description: Work First Family Assistance (WFFA) or Temporary Assistance for Needy Families (TANF) is a time-limited income based program which provides cash assistance and Medicaid coverage to the parent(s) of a minor child. This program also provides a parent(s) with short-term training and other services to assist them in becoming employed and self-sufficient.

Cumberland County Dispute Resolution Center  
Address: 109 Green Street, Suite 308  
Fayetteville, NC 28301  
Phone: (910) 486-9465  
Website: www.aoc.state.nc.us/district12/adr/disputeresolutionscenter.html  
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM  
Program Description: Our center offers mediation services to individuals with disputes. Both parties meet with a mediator to discuss the issues and reach a mutually satisfactory agreement. Mediators are trained volunteers who can assist you in determining what steps to take to settle the dispute. The mediator does not determine right or wrong or impose sanctions of the law. All mediation services are voluntary and non-binding.

Cumberland County Emergency Services  
Address: 131 Dick Street, 1st Floor  
Fayetteville, NC 28301  
Phone: (910) 483-5467/5678/7688  
Website: www.co.cumberland.nc.us/  
Program Description: Provides twenty-four hour assistance and support to the public for the safety and protection of life, limb, and property through emergency communications (9-1-1 and radio communications).

Cumberland County Family Court  
Address: 117 Dick Street, Fayetteville, NC 28301  
Phone: (910) 475-3012  
Website: www.nccourts.org  
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM  
Program Description: Offers general domestic and juvenile court information, agency referrals, case management, and specialized court programs for families in litigation. The Access & Visitation Program assists non-custodial parents with visitation issues. Safe Havens Supervised Visitation Center provides supervised visits and monitored exchanges to families with domestic violence issues or where there are concerns regarding child safety.

Program Name: Drug Treatment Center  
Phone: (910) 475-3012  
Program Description: Drug Treatment Court (DTC) is a supervised treatment alternative designed to break the cycle of substance abuse and related crimes. The DTC supervises and assists chemically dependent, non-violent offenders with treatment in a rehabilitative environment monitored by the court.
Program Name: Safe Havens Supervised Visitation Center
Address: 304 Mason Street, Fayetteville, NC 28301
Phone: (910) 483-5936
Program Description: Provides families a safe, neutral, family-friendly environment to exchange and visit with their children.

Cumberland County HIV Task Force
Address: 308 Green Street, Fayetteville, NC 28301
Phone: (910) 433-3893
Website: www.cchiv.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: The Cumberland County HIV/AIDS Task Force functions as a clearinghouse for information and education on Human Immunodeficiency Virus (HIV) and the Acquired Immune Deficiency Syndrome (AIDS). In conjunction with its other missions, it works to assist family members and significant others with the establishment of a strong HIV/AIDS support network.

Cumberland County Medication Access Program
Address: 1235 Ramsey Street, Fayetteville, NC 28301
Phone: (910) 433-3602
Website: www.ccmap.org
Hours of Operation: Monday – Friday, 8:30 AM – 4:30 PM
Program Description: Assists uninsured, low-income adults obtain medications for chronic medical conditions.

Cumberland County Mental Health Center
Address: 711 Executive Place, Fayetteville, NC 28305
Phone: (910) 323-2311
Website: www.ccmentalhealth.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:30 PM
Program Description: Cumberland County Mental Health Center is the Local Management Entity (LME) for Cumberland County, North Carolina. Our goal is to assist you with access to services and resources for Mental Health/Mental Illness, Developmental Disabilities and Substance Abuse Services.

Cumberland County Public Library & Information Center
Program Name: Headquarters Library
Address: 300 Maiden Lane, Fayetteville, NC 28301
Phone: (910) 483-7727
Website: www.cumberland.lib.nc.us
Hours of Operation: Monday – Sunday, 9:00 AM – 9:00 PM
Program Description: Offers resources for county residents to fill their informational/recreational reading needs; comprehensive collection of books (including foreign language and ESL materials), magazines, audio/video/DVD materials, local newspapers, access to online databases, Internet, word-processing. Provides reference services in-person, by telephone, and via e-mail.

Program Name: Answer Book
Program Description: Provides comprehensive community information database of human-service agencies and interest groups. Information is accessible via phone or on the Library’s website; people may also make inquiries in person at any library location.

Program Name: Every Child Ready to Read
Program Description: Introduces parents and caregivers to six essential pre-reading skills that their children need before entering kindergarten. This free, one-hour workshop may be presented to eligible groups or organizations.

Program Name: Raising A Reader
Program Description: Raising A Reader (RAR) rotates bright red bags filled with award-winning books into children’s homes on a weekly basis, exposing children on average to over 100 books per rotation cycle. RAR pairs this book rotation with parent training and information on how to effectively share books to promote family literacy habits, language and literacy skills, and a love of learning. Families are also connected with their local public library so that they can continue the practice of borrowing books and build a lifelong habit of reading. This program is offered at predetermined child care centers.

Program Name: Bordeaux Regional Branch
Address: 3711 Village Drive, Fayetteville, NC 28304
Phone: (910) 424-4008

Program Name: Cliffdale Regional Branch
Address: 6882 Cliffdale Road, Fayetteville, NC 28314
Phone: (910) 864-3800
Program Name: East Regional Branch  
Address: 4809 Clinton Road, Fayetteville, NC 28312  
Phone: (910) 485-2955

Program Name: Hope Mills Regional Branch  
Address: 2411 Golfview Road, Hope Mills, NC 28348  
Phone: (910) 867-2463

Program Name: North Regional Branch  
Address: 855 McArthur Road, Fayetteville, NC 28311  
Phone: (910) 822-1998

Program Name: Spring Lake Branch  
Address: 101 Laketree Boulevard, Spring Lake, NC 28390  
Phone: (910) 497-3650

Program Name: West Regional Branch  
Address: 7469 Century Circle, Fayetteville, NC 28306  
Phone: (910) 487-0440

Cumberland County Schools  
Address: 2465 Gillespie Street, Fayetteville, NC 28306  
Phone: (910) 678-2300  
Website: www.ccs.k12.nc.us

Program Description: Pre-K, Elementary, Middle and High Schools in Cumberland County. Programs vary by school.

Program Name: Child Nutrition Services  
Address: 810 Gillespie Street, Fayetteville, NC 28306  
Phone: (910) 678-2502

Program Description: Provides breakfast and lunch daily at no cost or at reduced prices for students who qualify. Free and reduced meals applications may be obtained at individual schools or through the Child Nutrition office.

Program Name: Cumberland County Schools Exceptional Children Services  
Phone: (910) 678-2430

Program Description: Supports individually designed instruction for children with disabilities by knowing the needs of the parents, children and teachers, by promoting continuous quality improvement, and by increasing technology know how and use.

Program Name: EARLY-IN Special Education Preschool Program  
Address: 396 Elementary Drive, Fayetteville, NC 28301  
Phone: (910) 484-6761

Program Description: Licensed teachers and therapists provide these services to qualifying 3, 4 and 5 year-olds who are not eligible to attend kindergarten. Eligibility is determined by results of screening, observation and/or evaluations completed by the multidisciplinary Early-In team, along with parent input. Services may be provided in a variety of settings dependent upon each child’s determined needs.

Program Name: Elementary Education Office  
Phone: (910) 678-2417

Program Description: Provides information regarding early childhood, curriculum, instruction, and assessment. Provides general information regarding Beginner’s Day, dates for kindergarten registration, and enrollment requirements.

Program Name: English as a Second Language  
Address: 810 Trainer Drive, Fayetteville, NC 28304  
Phone: (910) 484-1176

Program Description: Provides information regarding early childhood, curriculum, instruction, and assessment. Provides general information regarding Beginner’s Day, dates for kindergarten registration, and enrollment requirements.

Program Name: Federal Programs/Title I  
Phone: (910) 678-2637

Program Description: Assists schools with meeting the needs of at risk students in high poverty areas. School-wide services allow school improvement teams to utilize funds for every child in order to improve student academic achievement. Offers preschool programs for qualifying students at-risk of not meeting academic achievement standards.

Program Name: Healthful Living  
Phone: (910) 678-2406

Program Description: Provides a planned, sequential K-12 program that integrates information about specific health topics, capable of enhancing the quality of life, raising the level of health, and favorably influencing the learning process.
**Program Name:** Native Circles  
**Phone:** (910) 678-2460  
**Program Description:** Provides services to help prepare American Indian (AI) children for successful entry into Kindergarten. Native Circles is an educational program for parents with children ages birth to 5. In Native Circles we work closely with AI families throughout Cumberland County, Providing instructions to our parents, with age appropriate materials and activities, using the Parents as Teachers Curriculum. The children are evaluated and screen annually and linked to resources throughout the community.

**Program Name:** Prime Time  
**Address:** 1114 Gillespie Street, Fayetteville, NC 28306  
**Phone:** (910) 678-2451  
**Program Description:** Provides before and after school care for children in the school they attend. Offers children the opportunity to participate in sports, games, arts and crafts and special events. Homework time is also offered for children who wish to complete their homework before they go home.

**Program Name:** Safe and Caring Schools  
**Phone:** (910) 678-2495  
**Program Description:** To promote a safe, orderly, and caring environment by planning and implementing programs designed to reduce school violence and to engage students in appropriate behaviors and activities that promote character and facilitate academic growth.

**Program Name:** School Counseling Program  
**Phone:** (910) 678-2402  
**Program Description:** School counselors facilitate positive school adjustment and educational success through student focused individual, group, and family sessions. Personal, social, educational, and career domains are addressed in this program.

**Program Name:** School of Choice  
**Phone:** (910) 678-2303  
**Program Description:** Provides an opportunity for students to apply to designated schools outside their assigned attendance areas. Governed choice options include a variety of calendar and theme emphasis schools. Calendar options include the traditional school calendar and year-round calendar choices. Registration may be as early as January.

**Program Name:** Social Work Services  
**Phone:** (910) 678-2621  
**Program Description:** Provides services to strengthen and facilitate the educational process by identifying, modifying, and removing barriers to learning with a focus on the areas of: homelessness, child abuse and neglect, academic and behavior concerns, attendance, health concerns, substance abuse, family violence, mental health concerns, and family crisis. Every Cumberland County School has a school social worker available to assist families.

**Program Name:** Student Assignment  
**Phone:** (910) 678-2348  
**Program Description:** Provides information regarding which school your child would attend in reference to your residence. Provides and processes governed choice applications.

**Program Name:** Title VII Formula Grant  
**Phone:** (910) 678-2460  
**Program Description:** To provide tutoring in reading and in math as needed, to those Indian Students who score below proficiency on EOG and/or Benchmark Tests in reading, grades K-8 at targeted schools. To provide dropout prevention counseling, as often as needed, grades K-12.

**Cumberland County Schools and Fayetteville Technical Community College**

**Program Name:** Even Start Family Literacy Program  
**Address:** 1608 Camden Road, Fayetteville, NC 28306  
**Phone:** (910) 484-1680  
**Website:** [www.ccs.k12.nc.us/prekinfo.htm](http://www.ccs.k12.nc.us/prekinfo.htm)  
**Program Description:** Offers GED/ESL classes for parents while their preschoolers (ages 3-5) participate in a children’s program at the same location. Program combines adult literacy, early childhood education, and parenting education into a comprehensive family literacy program designed to help break the cycle of poverty and illiteracy.
Cumberland County Sheriff’s Office

Program Name: Gang Resistance Education And Training (G.R.E.A.T.)
Address: 131 Dick Street, Fayetteville, NC 28302
Phone: (910) 323-1500
Website: www.ccsonc.org

Program Description: The School Resource Officers, with the Cumberland County Sheriff’s Office, provide the students that attend Cumberland County Schools in the 4TH, 5TH, 6TH, and 7TH grade, a program that teaches them how to deal with peer pressure, conflict resolution, and communication skills between other students and adults. The Sheriff’s Office also has a summer camp that is free of charge to participants. Registration is done through the Cumberland County School System, and the number of students is limited to 80. If interested, please contact the elementary school that you child attends. Only children from 4TH and 4TH grade are eligible to attend.

Cumberland Interfaith and Hospitality Network
Address: 115 Stein Street, Fayetteville, NC 28303
Phone: (910) 826-2454
Website: www.cumberlandihn.org

Program Description: All our programs serve homeless families with their children: Emergency Shelter Program 30-90 days, 24 months Transitional Housing Program, and a variety of permanent housing units. All programs provide intensive case management with supportive services and require participation in the Transitions Program.

Program Name: Ashton Woods Transitional Housing
Program Description: Offers a two-year transitional housing program for homeless families. This is an intensive economic recovery program focused on permanent housing and homeownership opportunities. Daily participation in case management, personal budget management, workshops, seminars, community service, and strict curfew observation is required.

Cumberland Regional Juvenile Detention Center
Address: 1911 Coliseum Drive, Fayetteville, NC 28306
Phone: (910) 486-1399

Program Description: The mission of Juvenile Detention Centers is to provide a safe, secure, humane environment for staff and juveniles; to provide juveniles an opportunity for behavioral change; and to provide quality services and programs for juveniles based on their individual needs.

Daymark Recovery Services – Harnett County
Address: 5841 US 421, Buies Creek, NC 27506
Phone: (910) 893-5727
Website: www.daymarkrecovery.org
Hours of Operation: Monday - Friday 8:00 AM – 5:00 PM
Program Description: Daymark provides a number of resources and services for those seeking treatment of a mental illness or substance abuse.

Daymark Recovery Services – Hoke County
Address: 121 E. Elwood Avenue, Raeford, NC 28376
Phone: (910) 875-8156
Website: www.daymarkrecovery.org
Hours of Operation: Monday - Friday 8:00 AM – 5:00 PM
Program Description: Daymark Recovery Services provides an array of outpatient and psychiatric services for the treatment of a mental illness, substance abuse problem, or developmental disability. Services are tailored to individual needs and delivered using evidence based approaches to increase effectiveness. Services include: DWI/DWLR Services, Emergency Services, Mental Health Outpatient Treatment, Psychiatric Services, Substance Abuse Outpatient Treatment and Targeted Case Management.

Deaf Access
Address: 2711 Sunny Corners Court, Raleigh, NC 27614
Phone: (910) 219-8778
Website: www.deafaccessinc.com

Program Description: Offers 24 hour emergency services. Accommodates last minute urgent interpreting needs. Coordinates sign language, oral, deaf-blind and cued speech interpreters.

Deaf or Hard of Hearing/Office of Education Services
Program Name: Early Intervention for Children Who are Deaf or Hard of Hearing
Program Description: Provides early educational opportunities for children under age 3 years old who are deaf or hard of hearing. Provides high quality services to young children and their families by collaborating with Children’s Developmental Service Agencies, audiologists, early intervention programs, and other vital agencies.
Disabled American Veterans – Chapter 17 - Raeford
Address: 305 Teal Drive, National Guard Armory, Raeford, NC 28376
Website: www.dav.org
Program Description: We are dedicated to a single purpose: empowering veterans to lead high-quality lives with respect and dignity. We accomplish this by ensuring that veterans and their families can access the full range of benefits available to them; fighting for the interests of America’s injured heroes on Capitol Hill; and educating the public about the great sacrifices and needs of veterans transitioning back to civilian life.

Duke Cardiology of Sanford
Address: 1301-B Carthage Street, Sanford, NC 27330
Phone: (919) 774-6262
Website: www.dukehealth.org
Hours of Operation: Monday - Thursday 8:00 AM – 5:00 PM, Friday 8:00 AM – 12:00 PM
Program Description: Offers cardiology and internal medicine care.

Dunn Housing Authority
Address: 817 Stewart Street, Dunn, North Carolina 28334
Phone: (910) 892-5076
Program Description: Provides Low-Rent (Public Housing) - affordable apartments for low-income families, the elderly and persons with disabilities.

Dunn Police Athletic/Activities League
Program Name: PAL Boxing Program
Address: 610 East Johnson Street, Dunn, NC 28334
Phone: (910) 892-1873
Website: http://dunnpal.tigersix.net/
Hours of Operation: Monday - Friday 8:00 AM – 5:00 PM
Program Description: Designed to educate youth on self-discipline, nutrition, education and athletics while becoming productive citizens in the community.

Program Name: PAL Education/Tutoring
Program Description: Works with students in grades 3-12 in homework and course specific tutoring to help them achieve better grades in school, graduate and move on to higher education.

Program Name: PAL Golf
Program Description: Provides golf experience and skills education through classroom and hands on instruction that youth will be able to use at school and beyond secondary education.

Program Name: PAL Mass Communications
Program Description: Designed to educate youth on self-discipline, nutrition, education and athletics while becoming productive citizens in the community.

Program Name: PAL NFL Flag Football Program
Program Description: Provides education experience in the skills of football as well as enforcing school work. Flag football skills enhanced and designed to be a feeder program for both middle and high school programs.

Program Name: PAL Police Explorer Post
Program Description: Provides hands on career oriented persons interested in the law enforcement profession. Youth are trained by local law enforcement officers and get a firsthand look at what a law enforcement officers daily work schedules consist of in a day.

Program Name: PAL Step Team/cheerleading
Program Description: Designed to provide skills, experience and education in cheerleading, step and dance to be useful at school, college and careers outside of the education system.

Program Name: PAL Swimming Pool
Program Description: The swimming pool is open to the public during the summer months for families to swim. Lifeguards on duty the entire time the pool is open.

Program Name: PAL Tae Kwon Do - Karate
Program Description: A self-defense and self-discipline program teaching one on one techniques, skills and sportsmanship.

Program Name: PAL Track and Field
Program Description: Designed for middle and high school youth as a feeder for the high schools in the area. PAL is chartered with USA Track and Field and uses the local high school facilities for events.
Program Name: PAL Wildcats Basketball
Program Description: Provides afterschool athletics education experience, skills, ability, sportsmanship and team work. The basketball program is designed to be a feeder program for the middle and high schools.

Program Name: PAL Wrestling Program
Program Description: For afterschool and middle school wrestling experience to help the local high school programs and help youth improve their skills in the sport of wrestling.

Program Name: PAL Youth Leadership Council Program
Program Description: A youth operated organization like a civic club and school club combined to perform civic functions, learn parliamentary procedure and other skills to successfully run a club or organization.

Program Name: Reach One Mentoring Program
Program Description: Matches youth in middle school with caring adults to mentor them through crisis at home and at school.

Dymond Speech & Rehab, P.A.
Program Name: Speech, Physical and Occupation Therapy
Address: 113 Hillcrest Drive, Sanford, NC 27330
Phone: (919) 777-0240
Website: www.dymondrehab.com
Hours of Operation: Monday - Friday 8:00 AM – 5:00 PM
Program Description: Specializes in speech therapy and swallowing disorders, occupational therapy and pediatric physical therapy

Easter Seals United Cerebral Palsy North Carolina
Address: 5171 Glenwood Avenue, Raleigh, NC 27612
Phone: (800) 662-7119
Website: http://nc.eastersealsucp.com
Program Description: Easter Seals UCP North Carolina provides a minimum of three services in every North Carolina county through a network of nearly 60 service sites throughout the state. Contact the site nearest you to find out about the services available in your community.

Program Name: Cape Fear Children’s Center
Address: 511 Wilson Avenue, Spring Lake, NC 28390
Phone: (910) 436-1211
Program Description: Provides year round child care with speech, physical, and occupational therapy for children with special needs ages 6 weeks to 5 years.

Program Name: Developmental Disability Services – Spainhour Center
Address: 223 Hull Road, Fayetteville, NC 28303
Phone: (910) 483-7283
Program Description: Provides developmental day center services for children with and without special needs, birth through five years old. Children with disabilities receive educational and therapeutic intervention services in an inclusive child care center.

Program Name: Inclusion Subsidy
Phone: (910) 483-7283/484-5791
Program Description: ESUCP may provide scholarships (when available) for inclusion placement within the Children’s Centers.

Program Name: Individual & Community Support Services
Address: 351 Wagoner Drive, Suite 130
       Fayetteville, NC 28303
Phone: (910) 487-0388
Program Description: Provides a variety of programs designed to enhance the quality of life for people with disabilities and their families, including physical rehabilitation, individual and family support services, and advocacy programs.

Program Name: Off-Site Inclusion Specialist
Address: 5171 Glenwood Avenue, Raleigh, NC 27612
Phone: (800) 662-7119
Program Description: Off-Site inclusion specialists of United Cerebral Palsy of North Carolina offer consultation services at licensed child care centers and registered family day home in Cumberland County in collaboration with Cumberland County Schools. Designed to support preschoolers with special needs, ages 3-5.

Program Name: Volunteer Family for Children of NC
Address: 2315 Myron Drive, Raleigh, NC 27607
Phone: (919) 624-1235
Program Description: Provides training and support for volunteer foster families who provide care in their homes (approximately 1-30 days) for children in an emergency or family crisis with no place to go. Our host families also provide much needed relief through planned respite that supports very fragile families who are trying to keep their children out of the foster care system.
Eastern NC School for the Deaf
Address: 1311 US Hwy 301 South, Wilson, NC 27893
Phone: (252) 237-2450
Website: www.encsd.net
Program Description: The Eastern North Carolina School for the Deaf (ENCSD), established in 1964, is a day/residential facility for the education of children who are deaf and hard of hearing. It is located on a beautiful and historic fifty-four acre campus in Wilson, North Carolina.

El Pueblo, Inc.
Address: 4 N. Blount Street, Suite 200 Raleigh, NC 27601
Phone: (919) 835-1525
Website: www.elpueblo.org
Program Description: El Pueblo, Inc. is a North Carolina non-profit state-wide advocacy and public policy organization dedicated to strengthening the Latino community. This mission is accomplished through leadership development, proactive advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state, and national levels.

Employment Security Commission – Cumberland
Address: 414 Ray Avenue, Fayetteville, NC 28301
Phone: (910) 486-1010
Website: www.ncesc.com
Hours of Operation: Monday – Friday, 8:00 AM – 4:30 PM
Program Description: Offers vocational counseling, job placement, on-the-job training programs, tax credits, screening, selection and referral and other business services. Lists job vacancies for local area, statewide, nationwide and worldwide for government and private employers. Determines eligibility, processes and payment of benefits to individuals who are out of work. Provides employment & training related services and information to eligible military veterans.

Program Name: Veterans Employment Assistance
Program Description: Provides employment & training related services and information to eligible military veterans. Transition Assistance Program is a 3 day workshop to assist people who are separating from the military. Veterans are given preference with all services at ESC. Case management to assist with work related issues due to military service.

End of Life Care Coalition of Eastern Carolina
Address: PO Box 33, Greenville, NC 27835
Phone: (252) 847-0868
Website: www.endoflifecarecoalition.org
Program Description: Our mission is to create a community of compassionate care at the end of life through education, networking, and support.

Epilepsy Foundation of North Carolina
Address: Piedmont 1, Suite 55414, 1920 W. First Street, Winston-Salem, NC 27104
Phone: (336) 716-2320
Website: www.epilepsync.org
Program Description: The Epilepsy Foundation leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy.
Erwin Denim Days
Address:  Erwin, NC
Phone:  (910) 897-6213
Program Description:  This celebration is held in nearby Erwin, “the former Denim Capital of the World,” the first weekend in October. It includes arts and crafts, car show, street dance, military displays and parachute jump, road race, children’s games, and loads of entertainment.

Evaluation Center and Speech and Hearing Clinic
Program Name:  Transportation Link
Address:  1211-A Ireland Drive, Fayetteville, NC 28304
Phone:  (910) 486-1605
Website:  www.dhhs.state.nc.us/dec_s.htm
Hours of Operation:  Monday, 7:30 AM – 5:00 PM
Program Description:  The Developmental Evaluation Center (DEC) Transportation Link will provide Cumberland County children (birth to age 5) access to services at the DEC who are not being served or are inadequately being served due to a lack of transportation services.

Evans Metropolitan AME Zion Church
Program Name:  Meal Assistance
Address:  301 N. Cool Springs Street, Fayetteville, NC 28301
Phone:  (910) 483-2862
Website:  www.nvo.com/evansmetropolit/

Extended Reach Day Treatment
Address:  302 Bradford Avenue, Fayetteville, NC 28301
Phone:  (910) 484-0095
Website:  www.extendedreach.org
Hours of Operation:  Monday – Friday, 8:00 AM – 5:00 PM
Program Description:  Provide help to children and adolescents who suffer from unstable homes, conduct disorders, adjustment problems, severe mood swings, school problems, defiance issues, frequent rage outbursts, isolation, attention deficit disorder, depression, and all other behavioral problems that may be affecting your troubled youth.

Falcon Children’s Home
Program Name:  Residential Child Care
Address:  7569 North West Street, Falcon, NC 28342
Phone:  (910) 980-1065
Hours of Operation:  Monday – Friday, 8:30 AM – 5:00 PM
Program Description:  Provides institutional group care for displaced and broken-home children between the ages of 0 and 21 years old. Social worker and ministerial counseling services are available. Students attend public school and private on-campus school. Transitional Living Program- that teaches children how to prepare for life on their own. Mothers and Babies Program, Maternity Home, and Adoption Services.

Families for Early Autism Treatment of North Carolina
Address:  464 Sheffield Drive, Winston-Salem, NC 27104
Phone:  (336) 773-1377
Website:  www.featofnc.moonfruit.com
Program Description:  FEAT of NC promotes the use of Applied Behavioral Analysis (ABA) as a proven, effective treatment for autism. The organization offers special programs focusing on issues concerning parents, autism professionals and persons specifically involved in ABA programs.

Family Alternatives, Inc.
Address:  2944 Breezewood Avenue, Suite 201
Fayetteville, NC 28303
Phone:  (910) 483-5744
Program Description:  Serves individuals and families, focusing on mental health, developmental disabilities, substance abuse, and relationship issues. Assists clients in finding community based services rather than institutionalization. Offers case management, CBS counseling, psychotherapy, day habilitation, parent/family training, respite, supported employment, supervised living and therapeutic foster care. Spanish Language counseling available.
Family Support Network of Greater Cape Fear
Region
Program Name: Support for Families of Children with Special Needs
Address: 1211-A Ireland Drive, Fayetteville, NC 28304
Phone: (910) 483-3943
Website: www.familysupportcapefear.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: A parent-to-parent support program dedicated to families of children with special needs (ages 0-99) by offering information, emotional support, support groups, workshops, advocacy, education, and community resources.

Family Support Network of the Sandhills
Address: 10 Parker Lane, Pinehurst, NC 28374
Phone: (910) 420-1178
Website: http://www.fsnnc.org/
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Promotes and provides support for families with children who have special needs with education, outreach and activities.

Family Support Program
Program Name: Central Directory of Resources
Address: University of North Carolina at Chapel Hill, CB#3550, Chapel Hill, NC 27599
Phone: (800) 852-0042
Website: www.fsp.unc.edu
Program Description: Provides information and referral services to families of children with special needs and to service providers serving these families. Through network of local affiliates, parents can be matched with other parents of children with similar disabilities.

Fascinate-U Children’s Museum
Address: 116 Green Street, Fayetteville, NC 28301
Phone: (910) 829-9171
Website: www.fascinate-u.com
Hours of Operation: Tuesday – Sunday, 9:00 AM – 5:00 PM
Program Description: Provides children the opportunity to explore their world the way they learn best, through creative role-playing, manipulation, and interaction with each other and objects around them. Birthday party and group rates available.

Fayetteville Area Habitat for Humanity
Address: 310 Green Street, Suite 204
Fayetteville, NC 28301
Phone: (910) 483-0952
Website: http://fayettevilleonline.com/fayettevillehabitat/
Hours of Operation: Monday - Friday, 9:00 AM – 5:00 PM
Program Description: Provides affordable housing for low-income families. Volunteers provide funds, land, labor, materials, and administrative assistance to build homes that are sold to low-income families through no-interest loans. Selected families participate in the construction. Accepts donations of money, tools, and new building materials.

Fayetteville Area Operation Inasmuch
Address: 531 Hillsboro Street, Fayetteville, NC 28301
Phone: (910) 433-2161
Website: www.faoiam.org
Hours of Operation: Monday - Friday, 8:00 AM – 5:00 PM
Program Description: Weekdays - We serve a hot, nutritious home style breakfast to the homeless and struggling - 7:30-8:30 am. Other services include laundry, showers, hygiene supplies. Haircuts & AA meetings weekly. Reading glasses offered monthly. Employment training focused on the skills needed for on-line job searches & applications. GED satellite-site sponsored by FTCC.

Fayetteville Area Youth for Christ
Address: 351 Wagoner Drive, Suite 315, Fayetteville, NC 28303
Phone: (910) 433-5630
Website: www.yfcfay.org
Hours of Operation: Monday - Friday, 9:00 AM – 5:00 PM
Program Description: Provides youth outreach ministry with goals of reaching teens through positive Christian role models. Program is non-denominational. Advocates a balanced life concept and strives to develop a spiritual, physical, mental, and social balance in a young person’s life.

Program Name: Teens ‘N’ Tots
Program Description: Assists teen parents (mothers and fathers) by having bi-monthly support meetings that help young parents gain knowledge on parenting and life skills. Once a month small groups are offered to meet the teen parent’s specific needs.
Fayetteville Dogwood Festival
Address: 301 Hay Street, Fayetteville, NC 28301
Phone: (910) 323-1934
Website: www.fayettevilledogwoodfestival.com
Hours of Operation: Monday - Friday, 8:30 AM – 2:30 PM
Program Description: Coordinates the planning and execution of the annual Dogwood Festival, held the 4th weekend in April. This event encompasses approximately 30 events which target all members of the community. Also coordinates an annual fall event called Historic Hauntings: A Ghastly Ghost Tour. This tour, conducted via hayride, explores the mysterious happenings of downtown Fayetteville with ghostly re-enactors and story-tellers highlighting the history and spooky legends of the past.

Fayetteville Family Life Center
Address: 114 Highland Avenue, Fayetteville, NC 28305
Phone: (910) 484-0176
Website: www.fayfamlife.org
Hours of Operation: Monday - Friday, 9:00 AM –8:00 PM
Program Description: Provides faith-integrated counseling services for individuals, couples, children, and families. Addresses most forms of mental health, couple, and family problems. Services provided by licensed mental health professionals at Masters or Doctoral levels. Fees are charged but supplements available for clients who cannot afford full-fees. Clients are not refused services for financial reasons.

Program Name: Parent Education, Counseling
Program Description: Provides Parenting with Love & Logic classes for parents. Provides highly effective 8-hour parent education class taught by professional counselors who work regularly with children and parents. Provides Parenting Apart classes for parents who are receiving a divorce. Helps parents understand the impact of divorce on their children, and helps divorced couples work together to care for their children.

Fayetteville Family YMCA
Address: 2717 Fort Bragg Road, Fayetteville, NC 28303
Phone: (910) 323-0800
Website: www.fayettevilleymca.org
Program Description: Health club, sports, exercise groups for men and women, informal educational classes, day camp, recreational facilities and programs. Annual membership fees or per class fees may apply. Youth sports programs, day care, sleep-ins, after school care and summer day camp.

Fayetteville Fire/Emergency Management Department
Address: 433 Hay Street, Fayetteville, NC 28301
Phone: (910) 433-1738/1730
Website: www.bravethefire.com
Hours of Operation: Monday - Friday, 8:00 AM –9:00 PM
Program Description: The Fayetteville Fire Department has been a vital part of the City’s past and will play an even greater role in providing safety for its citizens in the future. To promote life safety and reduce human suffering and property loss through public education and fire prevention programs.

Program Name: Fire Engine Visits
Program Description: Visits various locations with fire engines. Sets up displays for groups of 50 or more, ages 4 years old and above.

Program Name: Fire House Puppet Program
Program Description: Teaches lifesaving measures in an enjoyable atmosphere through puppetry.

Program Name: Fire Station Tours
Program Description: Provides tours of the fire station. Participants will see the equipment and facilities, and hear a fire safety message. Limited to groups of 50 or less and advance notice is required.

Program Name: Home Fire Safety Inspections
Program Description: Provides free in home fire safety inspection and instruction in fire safety skills and survival training. Helps in preparing evacuation plans.

Program Name: Juvenile Fire Setter Program
Program Description: Prevents or eliminates fire setting behavior in juveniles through identification, intervention, and education.

Program Name: Lectures and Demonstrations
Program Description: Provides public speakers and equipment to schools, organizational meetings, and other events. Speakers deliver instructions and demonstrations to develop fire safety and survival behaviors.
Fayetteville Metropolitan Housing Authority
Address: 1000 Ramsey Street, Fayetteville, NC 28301
Phone: (910) 483-6980
Website: www.fayettevillemetrohousingauthority.org
Hours of Operation: Monday - Friday, 8:30 AM – 5:00 PM
Program Description: Provides 1045 units of income based public housing in Fayetteville/Cumberland County. Applications are received for Public Housing on Mondays 9-11 am and 2-4pm, except holidays. All applicants must be 18 years of age or older and bring a valid picture ID for all adult members of the applicant’s household, and a social security card and birth certificate for each member of the household. All applications must be completed in person at the Housing Management Office located at 88 Grove View Terrace.

Program Name: Section 8 Housing Choice Voucher Program
Phone: (910) 483-3648
Program Description: Provides 1525 tenant-based Housing Choice Vouchers that are currently under lease in Fayetteville/Cumberland County. The Section 8 Housing Choice Voucher Program is not currently taking applications. There are more than 700 families on the waiting list. It is not anticipated that applications will be accepted again until after 2011. Public notices will be given when applications will be accepted in the future. Contact the Section 8 Office for more information.

Fayetteville Police Department
Program Name: Fayetteville Fort Bragg Judo Club
Address: 617 N. Eastern Boulevard, Fayetteville, NC 28301
Phone: (910) 818-9593
Website: www.fayettevillejudo.com
Program Description: Judo instruction at the club stresses respect, control, and dignity in addition to athletic ability. It is sponsored by the Fayetteville Police Department.

Fayetteville Soccer Club
Address: 445 Treetop Drive, Fayetteville, NC 28311
Phone: (910) 482-4313
Website: www.faysoccerclub.com
Hours of Operation: Monday - Friday, 9:00 AM – 5:00 PM
Program Description: Provides a variety of youth and adult soccer programs to the Cumberland County and surrounding areas.

Fayetteville Symphony
Address: 145 Person Street, Fayetteville, NC 28301
Phone: (910) 433-4690
Website: www.fayettevillesymphony.org
Hours of Operation: Monday – Saturday, 8:30 AM – 5:00 PM
Program Description: Concerts. Please see website for schedule and ticket prices.

Fayetteville T.E.A.C.C.H. Center
Address: 200 Mason Street, 2ND Floor, Fayetteville, NC 28301
Phone: (910) 437-2517
Website: www.teacch.com
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: The Fayetteville T.E.A.C.C.H. Center serves individuals with autism in the south central region of North Carolina. Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research.

Fayetteville Technical Community College
Address: 2201 Hull Road, Fayetteville, NC 28303
Phone: (910) 678-8400
Website: www.faytechcc.edu
Hours of Operation: Monday – Friday, 8:00 AM – 9:00 PM
Program Description: Comprehensive educational program including over 150 programs of study. In addition, the College offers college transfer programs for those who are pursuing a baccalaureate. Our laboratories are equipped with the latest technology and our outstanding faculty and staff are here to assist you in reaching your educational goals. Provides extensive support services that range from academic advising and counseling, securing financial aid, to obtaining a job when you graduate.

Program Name: Adult Basic Education
Program Description: Teaches adults basic reading, writing, math, money management, problem solving, and employability readiness skills.

Program Name: Compensatory Education
Program Description: Provides remedial instruction to eligible learning-delayed, MR-docummented adults 18 years of age or older. Included in the program are lessons in reading, mathematics, social sciences, and consumer education.
Program Name: Early Childhood Education Center
Phone: (910) 678-8551
Program Description: Provide high quality early educational services for children from 6 weeks to five years. Serve as a demonstration model and laboratory training center for child care providers and educators in the southeastern region of NC.

Program Name: English as a Second Language
Phone: (910) 678-8386
Program Description: Assists adults who are not native English speakers in reading, writing, and speaking. Basic living and employability skills are taught. Students are placed in class levels with other students who have similar language needs.

Program Name: Human Resources Development
Phone: (910) 678-8297
Program Description: Helps unemployed and underemployed people find jobs or training.

Program Name: Parents for Higher Education Child Care Grant Program
Phone: (910) 678-8486
Program Description: Offers child care assistance to current curriculum students enrolled at Fayetteville Technical Community College. Single parents, displaced homemakers or students who would not be able to continue their education without the availability of child care scholarships are eligible.

Fayetteville Urban Ministry
Address: 701 Whitfield Street, Fayetteville, NC 28306
Phone: (910) 483-5944
Website: www.fayurbmin.org
Hours of Operation: Monday – Friday, 9:00 AM – 5:00 PM
Program Description: Offers a wide variety of services, including emergency assistance with food, clothing, firewood, serving at risk kids, house repairs for elderly or low income families and household items. Programs provided are Adult Reading, Emergency Assistance, Nehemiah & Find-A-Friend.

Program Name: Adult Literacy Program
Program Description: Volunteers work one-on-one teaching reading and writing skills to Cumberland County adults reading below a 6th grade level.

Program Name: Emergency Assistance (Food and Clothes Closet)
Program Description: Provides clothing, food, and household items to those in need. Firewood is available during winter months.

Program Name: Find A Friend
Phone: (910) 483-4661
Program Description: Provides the juvenile court system an alternative to help deter young people ages 6-19 from placement into training schools. The youth participating are presently involved, or at risk of becoming involved, in the court system.

Program Name: Governor’s One-on-One Mentoring Program
Phone: (910) 483-4661
Program Description: Provides youth with positive role models by matching youth with adult volunteers in a mentor-protégé relationship. Each volunteer is required to spend 4 hours per week for a full year with his or her youth.

Program Name: JCPC Interpersonal Skills
Program Description: Provides group sessions with guidance in identifying problems and setting goals for the future. Educational, recreational, and cultural activities are included.

Program Name: Mentoring Children of Incarcerated Parents
Phone: (910) 483-4661
Program Description: Finds mentors for youth who have at least one parent in prison. These children are also able to participate in our weekly Interpersonal Skills sessions.

Program Name: Nehemiah Project
Program Description: Provides emergency home repairs for low income homeowners with priority given to elderly and disabled. Repairs are done at no cost. Fayetteville city limits only.

Program Name: Support Our Students
Program Description: Serves youth who are academically at-risk in this after school component. They receive academic help from tutors as well as time for organized enrichment and recreation activities in a structured setting.
Fayetteville-Cumberland County Parks & Recreation
Address: 121 Lamon Street, Fayetteville, NC 28301
Phone: (910) 433-1547
Website: www.fcpr.us
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: Plans, organizes and directs structured and affordable leisure activities for the citizens of Fayetteville and Cumberland County.

Program Name: Arnette Park
Address: 2165 Wilmington Highway, Fayetteville, NC 28306
Phone: (910) 433-1547
Program Description: Provides a 100-acre facility located on Wilmington Highway. Offers an assortment of recreational activities for all ages. These include picnic areas and shelters, sports fields, lighted tennis courts, a sand volleyball court, horseshoe pits, a children’s playground, an 18-hole disk golf course and nature trails. Picnic areas may be reserved in advanced.

Program Name: Cliffdale Recreation Center
Address: 6404 Cliffdale Road, Fayetteville, NC 28314
Phone: (910) 433-1127
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: College Lakes Recreation Center
Address: 4945 Rosehill Road, Fayetteville, NC 28311
Phone: (910) 433-1564
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: Dorothy Gilmore Recreation Center
Address: 1600 Purdue Drive, Fayetteville, NC 28305
Phone: (910) 433-1000
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: E. E. Miller Recreation Center
Address: 1347 Rim Road, Fayetteville, NC 28314
Phone: (910) 433-1220
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: Eastover-Central Recreation Center
Address: 3637 Pembroke Lane, Eastover, NC 28314
Phone: (910) 433-1226
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: Geraldine B. Myers Recreation Center
Address: 1018 Rochester Street, Fayetteville, NC 28301
Phone: (910) 433-1570
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: Glen Reilly Recreation Center
Address: Reilly Road, Fayetteville, NC 28314
Phone: (910) 433-1547
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: Gray’s Creek Recreation Center
Address: 2964 School Road, Hope Mills, NC 28348
Phone: (910) 484-1856
Program Description: Provides affordable leisure activities for youth, adults and seniors.

Program Name: Honeycutt Park
Address: 352 Devers Street, Fayetteville, NC 28306
Phone: (910) 433-1547
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: J. Bayard Clark Park
Address: 631 Sherman Drive, Fayetteville, NC 28301
Phone: (910) 433-1579
Program Description: Provides nature center, nature trails, outdoor education programs, primitive camping, and canoe put-in point on river.

Program Name: J. S. Spivey Recreation Center
Address: 500 Fisher Street, Fayetteville, NC 28301
Phone: (910) 433-1572
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.
<table>
<thead>
<tr>
<th>Program Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Kiwanis Recreation Center</td>
<td>(910) 433-1568</td>
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<tr>
<td>Lake Rim Park</td>
<td>(910) 424-6135</td>
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<tr>
<td>Lake Rim Recreation Center</td>
<td>(910) 867-1147</td>
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<tr>
<td>Massey Hill Recreation Center</td>
<td>(910) 433-1569</td>
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<tr>
<td>Mazarick Park</td>
<td>(910) 433-1575</td>
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<tr>
<td>Pine Forest Recreation Center</td>
<td>(910) 488-7721</td>
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<tr>
<td>Roy Turner Park</td>
<td>(910) 433-1547</td>
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<tr>
<td>Seabrook Park</td>
<td>(910) 433-1547</td>
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<tr>
<td>Senior Center</td>
<td>(910) 433-1574</td>
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<tr>
<td>Smith Recreation Center</td>
<td>(910) 433-1571</td>
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<tr>
<td>Stedman Recreation Center</td>
<td>(910) 485-1325</td>
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<tr>
<td>Stoney Point Recreation Center</td>
<td>(910) 424-4470</td>
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</tbody>
</table>

Program Description:

- **Kiwanis Recreation Center**: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.
- **Lake Rim Park**: Provides a variety of outdoor opportunities, including lighted tennis and volleyball courts, picnic pavilions, sports/multi-purpose fields, walking trails, a historic interpretive area, and children's playgrounds. The picnic pavilions may be reserved in advance. The park operates year round.
- **Lake Rim Recreation Center**: Provides affordable leisure activities for youth, adults, and seniors.
- **Massey Hill Recreation Center**: Provides ball fields, recreation center, picnic tables, playground, and walking trails. Recreation programs, game room, after school activities.
- **Mazarick Park**: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.
- **Pine Forest Recreation Center**: Provides affordable leisure activities for youth, adults and seniors.
- **Roy Turner Park**: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.
- **Seabrook Park**: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.
- **Senior Center**: Provides: recreational activities; informational programs/seminars; leisure classes; volunteer opportunities; fitness screenings/classes; adventure programming; intergenerational activities; senior games; monthly club meetings; trips and more for those aged 55 and older.
- **Smith Recreation Center**: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.
- **Stedman Recreation Center**: Provides recreational opportunities to citizens of all ages. Activities include leisure activities; classes such as fitness, arts and crafts, and self-defense, programs for Senior Citizens; free play for children after school; and special events. Multi-purpose rooms are available for rental or free for qualified non-profit organizations.
- **Stoney Point Recreation Center**: Provides affordable leisure activities for youth, adults and seniors.
Program Name: Tokay Senior Fitness Center
Address: 328 W. Hamilton Street, Fayetteville, NC 28311
Phone: (910) 433-1414
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Program Name: Westover Recreation Center
Address: 277 Bonanza Drive, Fayetteville, NC 283014
Phone: (910) 433-1088
Hours of Operation: Monday - Saturday, 1:00 PM - 9:00 PM
Program Description: Plans, organizes, and directs structured and affordable leisure time activities for children, adults, and seniors.

Fayetteville-Cumberland Pre-School Playgrounds
PFÇ recognized the importance of spontaneous play to a child’s development, and worked with Cumberland County and its towns and cities to provide playgrounds designed for preschool age children.

Fayetteville
Christina Smith Park
Geraldine B. Myers Park
Glen Reilly Park
Honeycutt Park
Mazarick Park
Seabrook Park
Tokay Park
Falcon

Cumberland County
Arnette Park
Lake Rim Recreation Center
Pine Forest Recreation
Stedman Recreation Center
Hope Mills
Spring Lake

First Baptist Church
Program Name: Ministry for the Deaf
Address: 201 Anderson Street, Fayetteville, NC 28301
Phone: (910) 483-0477
Hours of Operation: Monday – Friday, 8:30 AM – 5:00 PM
Program Description: Offers programs for deaf and hearing-impaired. Provides translation of Sunday school and church services on Sundays.

Program Name: Utility Assistance Program
Program Description: Provides assistance with utility payments by appointment only, please have a photo ID and a copy of the bill.

First Choice Community Health Centers
Address: 1000 Medical Center Road, Mamers, NC 27552
Phone: (910) 893-5402
Hours of Operation: Monday – Friday, 8:30 AM – 5:00 PM
Program Description: Mission is to provide comprehensive primary healthcare services, with excellence and compassion, for the entire community.

Program Name: Anderson Creek Medical Center
Address: 6750 Overhills Road, Spring Lakes, NC 28390
Phone: (910) 436-2900
Program Description: Providing primary health care & dental services.

Program Name: Anderson Creek Dental Clinic
Address: 6720 Overhills Road, Spring Lake, NC 28390
Phone: (910) 436-3194
Program Description: Providing primary health care & dental services.

Program Name: Angier Medical Center
Address: 84 Medical Drive, Angier, NC 27501
Phone: (919) 639-2122
Program Description: Providing primary health care & dental services.

Program Name: Benhaven Medical Center
Address: 985 NC 87 South, Cameron, NC 28326
Phone: (919) 499-9422
Program Description: Providing primary health care & dental services.

First Health of the Carolinas
Address: 313 Teal Drive, Raeford, NC 28376
Phone: (910) 904-2350
Website: www.firsthealth.org
Program Description: Private, non-governmental, not-for-profit health care. The system serves 15 counties in the mid-Carolinas and is licensed for three hospitals, plus the Reid Heart Center, a rehabilitation center, three sleep disorders centers, three dental clinics, seven family care centers, six fitness centers, a laundry, four charitable foundations, a Hospice program, home health services and an insurance plan. Critical care transport, EMS and medical transport services are also offered.

Program Name: Buckle Up Kids
Program Description: Involves fire and rescue personnel as well as other health and safety advocates in safety seat distribution and education programs. The Buckle Up Kids Program coordinates child passenger safety training programs for the state.
Program Name: Center for Health & Fitness
Phone: (910) 904-7400
Program Description: As a medical fitness center, The FirstHealth Centers for Health and Fitness – Raeford is more than just a gym. All of the programs are medically based and under the supervision of a medical doctor. The Center features the latest in cardio and weight training equipment as well as innovative group exercise classes. The aquatics center includes an indoor heated pool, whirlpool and full-service locker rooms. In addition to child care services the Center offers a variety of children’s programming including swimming lessons, a basketball court, aquatic center, educational lectures on a variety of health and wellness topics and on-site massage services.

Program Name: Center for Outpatient Rehabilitation
Program Description: At FirstHealth Centers for Outpatient Rehabilitation, our experienced and dedicated professionals listen to your needs. They work with patients to develop an individualized plan of care to help achieve each patient’s personal goals.

Program Name: Community Health Services
Program Description: FirstHealth Community Health Services assesses community needs and responds to those needs through programs and services that extend beyond the hospital walls. Community Health Services has programs to meet the health needs of children, including school health and day care programs, community gardens, walk-to-school events and efforts designed to prevent childhood injury. Community Health works in partnership with other organizations in the region and continuously seeks funding from both public and private sources to initiate and expand these efforts.

Program Name: Dental Care Center
Phone: (910) 904-7450
Program Description: The Dental Care Centers average more than 1,000 visits a month across the three centers and accept 100 new patients per month. About 70 percent of the children seen during the program’s first year of operation had either never seen a dentist at all or hadn’t been to the dentist in more than a year. Services provided at the FirstHealth Dental Care Centers include preventive dental sealants, cleanings and exams, white and silver fillings, extractions and spacers. The dentists and staff at the FirstHealth Dental Care Centers provide care for children from birth to 18 years who receive Medicaid, Health Choice or are uninsured and qualify by income level.

Program Name: Family Care Center
Program Description: FirstHealth Family Care Centers serve as the doctor’s office for your entire family, treating all ages from babies to grandparents. Our staff is happy to accept new patients and appreciates the referrals of your family and friends.

Program Name: FirstCare Convenient Care & Specialty Services
Program Description: FirstHealth FirstCare provides fast, convenient care for common illnesses such as colds, strep throat, sinus infections, as well as a full range of services. Anyone can walk in without an appointment during our convenient day, evening, and weekend hours.

Program Name: First Health Response
Program Description: FirstHealth Response is a personal emergency response service based at FirstHealth Moore Regional Hospital. This service provides 24-hour assistance with the touch of a button and is available to residents in Hoke, Lee, Montgomery, Moore, Richmond, Scotland and surrounding counties.

Program Name: Home Care
Program Description: FirstHealth Home Care brings highly-qualified medical services to your front door, offering skilled services throughout Moore, Lee, Richmond, Montgomery, Hoke and Scotland counties. When your doctor refers you to home health, a nurse or therapist will visit your home to conduct a comprehensive assessment of all of your needs, from medical issues to home safety. Based on that assessment, and with your participation, a detailed care plan will be established.

Program Name: Safe Kids Mid-Carolinas Region
Phone Number: (910) 417-3735
Program Description: Safe Kids Worldwide is a global organization dedicated to preventing injuries in children, the number one killer of kids in the United States. Around the world, a child dies from an unintentional injury every 30 seconds. And millions of children are injured in ways that can affect them for a lifetime. Safe Kids works with an extensive network of more than 600 coalitions in the United States and partners with organizations in 23 countries around the world to reduce injuries from motor vehicles, sports, drowning, falls, burns, poisonings and more.

Program Name: Specialty Center
Program Description: Sometimes the care you need requires a specialized service. When you encounter such a situation, it is comforting to know that FirstHealth offers access to specialists close to home.
Fort Bragg Family Advocacy Center
Address: Soldier Support Center, 3rd Floor, Bldg. 4-2843 Normandy Drive, Fort Bragg, NC 28310
Phone: (910) 396-5521
Hours of Operation: Monday – Friday, 8:00 AM – 6:00 PM
Program Description: Focuses attention on family life and the needs of spouses, children, and soldiers. Programs included under FAP are the New Parent Support Program, Victim Advocate Program, and Sexual Assault Prevention and Response Program.

Fort Bragg Fire and Emergency Services
Program Name: Buckle Up Kids
Address: 1566 Knox Street, Bldg. 6-9572 Fort Bragg, NC 28310
Phone: (910) 396-8121
Hours of Operation: Monday – Friday, 8:00 AM – 6:00 PM
Program Description: Involves fire and rescue personnel as well as other health and safety advocates in safety seat distribution and education programs. NC child passenger safety activities are coordinated through the Buckle Up Kids program. The Buckle Up Kids Program coordinates child passenger safety training programs for the state.

Four County Community Services
Address: 366 Thomas Drive, Raeford, NC 28376
Phone: (910) 875-5536
Website: www.4ccs.org
Program Description: Provide services that help families become self-sufficient.

Program Name: Families Self Sufficiency Project
Program Description: Hoke Neighborhood Service Center - When a family moves above poverty, they are empowered and become strong, capable members of society, not only coming off public assistance but also contributing to the tax base.

Program Name: Hoke County Head Start
Program Description: Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families.

Program Name: Weatherization Assistance Program
Program Description: Involves conducting an energy assessment to identify the most cost effective energy improvements that need to be performed on the dwelling. The Federal Government Weatherization Act provides assistance to pay for all costs up to $4000.

Freedom Memorial Park
Address: 433 Hay Street, Fayetteville, NC 28301
Phone: (910) 433-1990
Website: www.freedommemorialpark.com
Program Description: Honors the men, women, and units of the Armed Forces and veterans who have been in service to the country in WWI, WWII, Korea, and Vietnam.

Fuller Performance Learning Center High School
Address: 314 Jasper Street, Fayetteville, NC 28301
Phone: (910) 488-6262
Website: www.fplchs.ccs.k12.nc.us
Hours of Operation: Monday - Friday, 9:30 AM - 4:30 PM
Program Description: Fuller Performance Learning Center (FPLC) offers a non-traditional approach to education. The FPLC’s business-like environment challenges students to complete courses at their own pace using an online, computer-based curriculum. The FPLC also offers unique experiences such as job shadowing, performance base learning, mentoring, and service learning.

General William C. Lee Museum
Address: 209 W. Divine Street, Dunn, NC 28334
Phone: (910) 892-1947
Website: www.generalleearchibornemuseum.org
Program Description: The William C. Lee museum is dedicated to him and his triumphs and trials with starting the U.S. Airborne. The museum has state of the art graphic boards to display information and two floors filled with vintage items that tell the story of how the U.S. Airborne has become to be known.

GlenFlora
Address: 5701 Fayetteville Road, Lumberton, NC 28360
Phone: (910) 739-2821
Program Description: Non-profit nursing home facility.
Goodwill Community Foundation
Address: 4808 Chin Page Road, Durham, NC 27703
Phone: (919) 941-9600
Website: www.goodwillenc.org
Hours of Operation: Monday - Friday, 8:00 AM – 3:00PM
Program Description: Sells donated clothing, furniture and household items for a fraction of the retail cost. Two locations in Fayetteville. 3801 Raeford Rd. 910-486-8716 and 9550 Cliffdale Rd. 910-568-3095.

Gourd Museum
Address: 28 N. Raleigh Street, Angier, NC 27501
Phone: (919) 639-2071
Program Description: Hundreds of gourd crafts from all over the world are on display within the Town of Angier’s Library. There are gourds as small as robin’s eggs, dippers taller than a man and giant African mammoth gourds. Tours are by appointment only.

Grace Homeschool Support Group
Phone: (910) 864-3466
Website: www.graceloop.webs.com
Hours of Operation: Monday - Friday, 12:00 PM – 6:00 PM
Program Description: Support groups for those interested in homeschooling. Call for more information.

Grace House Treatment Center
Address: 1892 Turnpike Road, Raeford, NC 28376
Phone: (910) 878-0121
Website: www.ourgracehouse.com
Program Description: Provide high-quality compassionate behavioral healthcare to individuals by utilizing evidenced-based practices, and rendering exclusive therapeutic residential treatment services in a safe, caring environment leading to independence, and opportunities to grow and develop personal connections in a natural setting.

Great Expectations
Address: 2151 Skibo Rd, Ste. 100. Fayetteville, NC 28314
Phone: (910) 488-3107
Website: www.g-r-s.org/index-2.html
Hours of Operation: Monday - Friday, 8:30 AM - 6:00 PM
Program Description: Provides quality behavioral healthcare services throughout the state of North Carolina. “Great Expectations” currently provides a vast array of services to its consumers ranging from outpatient services to providing residential treatment facilities for children, adolescents and adults.

Great Oaks Youth Development
Address: 208 Campbell Ave., Fayetteville, NC 28301
Phone: (910) 822-2226
Website: www.goydc.com
Hours of Operation: Monday - Friday, 8:00 AM - 6:00 PM
Program Description: The mission of Great Oak Youth Development Center is to provide a foundation for achievement and success among male youth within targeted communities by directly providing educational assistance, leadership and life skills training, and cultural awareness activities.

Grief Share
Address: PO Box 1739, Wake Forest, NC 27588
Phone: (800) 395-5755
Website: www.griefshare.org
Program Description: If you’ve lost a spouse, child, family member or friend, you’ve probably found there are not many people who understand the deep hurt you feel. This can be a confusing time when you feel isolated and have many questions about things you’ve never faced before. GriefShare groups meet weekly to help you face these challenges and move toward rebuilding your life.

Guardian Ad Litem Program – Cumberland
Address: Cumberland County Courthouse, Room 2, 117 Dick St., Fayetteville, NC 28302
Phone: (910) 678-2921
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Trained community volunteers are court-appointed to represent and promote the best interests of abused and neglected children in the state court system. With the assistance of attorney advocates and staff supervisors, they work towards a plan to ensure that these children are in a safe permanent home as quickly as possible.

Guardian Ad Litem Program - Harnett
Address: 301 W. Cornelius Harnett Blvd., Room 1047, Lillington, NC 27546
Phone: (910) 814-4690
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Trained community volunteers are court-appointed to represent and promote the best interests of abused and neglected children in the state court system. With the assistance of attorney advocates and staff supervisors, they work towards a plan to ensure that these children are in a safe permanent home as quickly as possible.
Guardian Ad Litem Program - Hoke
Address: Scotland County Courthouse, 212 Biggs Street, Laurinburg, NC 28352
Phone: (910) 266-4530
Website: www.nccourts.org/citizens/gal
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Trained community volunteers are court-appointed to represent and promote the best interests of abused and neglected children in the state court system. With the assistance of attorney advocates and staff supervisors, they work towards a plan to ensure that these children are in a safe permanent home as quickly as possible.

Harnett Counseling Services
Address: 1186 N. Main Street, Lillington, NC 27546
Phone: (910) 814-0909
Website: www.harnettcounseling.com/services.html
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Provides individual therapy to school-age children.

Harnett County Arts Council
Address: 400 South 10th Street, Lillington, NC 27546
Phone: (910) 814-2807
Website: www.harnettarts.org
Hours of Operation: Thursday, 1:00 PM - 5:00 PM
Fridays, 1:00 PM – 6:00 PM
Program Description: Mission is to promote and support arts activities and organizations in Harnett Co.; develop new audiences and outreach programs for Harnett County’s culturally diverse population; create partnerships with area organizations that promote visual, performing and literary arts, as well as organizations that preserve our historical and cultural heritages; encourage artistic growth and opportunity for our citizens through financial support, planning, education and promotion.

Harnett County Cooperative Extension
Address: 126 Alexander Drive, Lillington, NC 27546
Phone: (910) 893-7530
Website: www.harnett.org/coop/information-source.asp
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Outreach arm of the College of Agriculture and Life Sciences at North Carolina State University and the School of Agriculture at North Carolina A&T State University. They are county agents, professors, scientists and volunteers working together to improve the quality of life for North Carolina citizens.

Program Name: Child Care Resource & Referral
Phone: (910) 893-7530
Program Description: Information and referral on choosing quality child care; Child care subsidy; Information and assistance to those interested in opening a daycare; Resource library; Training and workshops.

Program Name: Expanded Food and Nutrition
Phone: (910) 893-7535
Program Description: A federally funded educational program that aims to reduce the rising tide of obesity by teaching youth and families practical skills resulting in changed behaviors that help them to eat smart, move more and achieve a healthy weight.

Program Name: Harnett County 4H
Phone: (910) 893-7534
Program Description: Provides life skill development opportunities for youth 5-18. Participation in monthly 4H club meetings, leadership development retreats, day camps, workshops, resident camps and after school enrichment.

Program Name: Parents As Teachers
Phone: (910) 814-6050
Program Description: This program helps parents understand what to expect in each stage of their child’s development. The program is based on the premise that the parent is the child’s first and most important teacher. Certified Parent Educators conduct personalized home visits, developmental screenings and immunization checks.

Program Name: Teens as Parents
Phone: (910) 893-7535
Program Description: Provides support to pregnant and parenting teens, ages 18 and under. Provides monthly support group meetings and special activities. Program staff work with teen moms and dads to learn parenting skills, gain access to prenatal health care, learn decision making skills and self-respect, continue their education.

Harnett County Courthouse
Address: 301 W. Cornelius Harnett Blvd., Suite 100, Lillington, NC 27546
Phone: (910) 814-4600
Website: www.harnett.org/clerk/
Hours of Operation: Monday - Sunday, 8:00 AM - 5:00 PM
Program Description: Criminal court, civil court, small claims court, estates and wills, foreclosures, adoptions/guardianships.
Harnett County Department of Social Services
Address: 311 Cornelius Harnett Blvd.,
Lillington, NC 27546
Phone: (910) 893-7500
Website: www.harnett.org/ss/social-services.asp
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The mission of Harnett County Department of Social Services is to provide services to individuals and families to achieve self-sufficiency, safety, and improve their quality of life.

Program Name: Adoption Services
Program Description: Adoption Services include casework services to prepare children and prospective parents for adoptive placement; services to support and maintain adoptive placements and to facilitate the legal services necessary to finalize adoptions including supervision and reports to the court; case management of Adoption Assistance benefits; the provision of post-adoption services designed to support the adjustment between the child and adoptive family.

Program Name: Adult Medicaid
Program Description: In order to receive Medicaid, individuals must meet the requirements under a specific categorical group covered by North Carolina. Adult Medicaid has two specialized sections Long Term Care and Private Living Arrangements.

Program Name: Adult Services
Program Description: Adult services provide assistance to promote independence and enhance the dignity of North Carolina’s older adults, persons with disabilities, and their families through a community-based system of services.

Program Name: Child Care Subsidy
Program Description: Through Child Care Subsidies, families can ensure their children are safe and well-cared for in licensed child care facilities.

Program Name: Children’s Medicaid
Program Description: Children’s Medicaid provides medical assistance for families with limited financial resources.

Program Name: Child Protective Services
Program Description: Child Protective Services are legally mandated, non-voluntary services provided to ensure the safety and protection of children from abuse, neglect, and dependency.

Program Name: Child Support Enforcement
Program Description: The Child Support program goal is to consistently collect as much child support as possible for the children of North Carolina. Services are provided to the custodians of minor children, regardless of income level, to establish and enforce child support.

Program Name: Day Care Services
Program Description: Using a variety of state and federal funds, subsidized child day care services are available to a large number of eligible families.

Program Name: Food and Nutrition Program
Program Description: The Food and Nutrition Assistance Program is designed to help low income families with their buying power. The gross income for the household must fall under the income scale according to household size.

Program Name: Foster Care
Program Description: Foster Care Services are provided to ensure the safety of children in an alternative care arrangement when their safety cannot be maintained in their own home. Foster care is a temporary plan of care until the child can be safely returned to their home, be placed in the custody or guardianship of another approved caretaker or adopted.

Program Name: Integrity Program
Program Description: The Integrity Program works to find new and innovative ways to discover fraud in the programs that are administered by the agency.

Program Name: Prevention Services
Program Description: Prevention Services are provided to assist families in meeting the needs of children in the home and to prevent abuse and neglect of children. These services are voluntary.

Program Name: Work First Employment Services
Program Description: Empowering recipients of public assistance benefits to become self-sufficient through employment. The program offers supportive services such as career counseling, financial planning, job readiness training, and job placement services.
Program Name: Work First Family Assistance
Program Description: Provides monthly cash assistance and Medicaid on a short term basis to low-income families with children under 18. The family has a responsibility to achieve self-sufficiency and return to the local labor market. Emergency assistance benefits provide assistance to families in emergency situations (housing and utilities). Crisis Intervention, Carolina Power & Light Company’s Project Share and Low Income Energy Assistance Program are also offered through this program.

Harnett County Department on Aging
Address: 309 Cornelius Harnett Boulevard, Lillington, NC 27546
Phone: (910) 893-7578
Website: www.harnett.org/aging/
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Coordinates services and programs for older adults, educates the public in successful aging, acts as a catalyst for new programs and services in the interest of older adults.

Harnett County Emergency Medical Services
Address: 1005 Edwards Brothers Drive, Lillington, NC 27546
Phone: (910) 893-7563
Website: www.harnett.org/ems/
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Offers a variety of services for adults ranging from blood pressure checks to examinations. These services are provided for both men and women.

Harnett County Food Pantry
Address: 275 Irene Roberts Road, Lillington, NC 27546
Phone: (910) 893-7579
Hours of Operation: Tuesday 2:00 PM – 5:00 PM, Thursday 10:00 AM – 2:00 PM
Program Description: Provides food for those in need.

Harnett County Governor’s One-on-One Mentoring Program
Address: 900 S. 9TH Street, Lillington, NC 27546
Phone: (910) 893-3101
Program Description: To reduce the incidence of Juvenile System involvement by providing a supportive one-on-one relationship with a boy or girl between the ages of 6 and 16, in order to help the youth improve his/her sense of self-worth and ability to function in society.

Harnett County Health Department
Address: 307 W. Cornelius Blvd., Lillington, NC 27546
Phone: (910) 893-7550
Website: www.harnett.org/health/
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Performs Well Child, Kindergarten, Sports, College, Camp, Foster Care and Day Care physical examinations. Appointments are required for physical exams. Sick visits are provided by appointment or during scheduled walk in hours.

Program Name: Adult Health
Program Description: Offers a variety of services for adults ranging from blood pressure checks to examinations. These services are provided for both men and women.

Program Name: Child Health
Program Description: Performs Well Child, Kindergarten, Sports, College, Camp, Foster Care and Day Care physical examinations. Appointments are required for physical exams. Sick visits are provided by appointment or during scheduled walk in hours.

Program Name: Dunn Erwin Trail
Program Description: The Dunn- Erwin Trail is 5.3 mile trail from the heart of Dunn and Erwin and travels through their suburban and light industrial fringe, through rural farmland dotted with cotton fields and cottages across the beautiful Black River and its wetlands.

Program Name: Environmental Health
Program Description: Protects the public health through education, enforcement activities and state regulations. Environmental Health also protects the public’s interest with child care center sanitation, public swimming pools, and on-site wastewater.
Program Name: Health Education
Program Description: Public Health Educators educating the public about health issues. Health Education programs are designed to promote wellness and healthy lifestyles.

Program Name: Health Promotion
Program Description: The goal of this program is to build healthy communities, promote healthful living and reduce the risk of disease through policy and environmental changes in terms of physical activity, healthy food choices and portions, and tobacco use cessation.

Program Name: HIV/AIDS
Program Description: The goal of this program is to reduce the number of people in Harnett County who become infected with sexually transmitted diseases by providing education and risk reduction information to the public.

Program Name: Home Health
Program Description: Home Health care enables you to enjoy the privacy and independence of home without sacrificing your medical needs. Health Care professionals travel to your home or assisted living facility to provide a range of services that can include skilled nursing care, rehabilitation therapies and in-home assistance.

Program Name: Sexually Transmitted Disease Program
Program Description: Provides testing, screening, treatment, counseling, and education about the prevention of STD’s. The purpose is to prevent and reduce the transmission or spread of STDs. The services provided are confidential.

Program Name: WIC- Women Infants and Children
Program Description: Provides women, infants and children up to five years of age with nutrition education and supplementary nutritious foods, and referral to appropriate health services. WIC is a preventative program whose goal is to reduce and prevent nutrition related health problems.

Program Name: Women’s Preventive Health
Program Description: Provides a variety of women’s health services, including family planning, which is available for all women of childbearing age. Services provided include Pap tests, breast exams, testing for sexually transmitted diseases, education and birth control methods, pregnancy testing and more.

Harnett County Housing
Address: 303 W. Duncan Street, Lillington, NC 27546
Phone: (910) 893-7560
Website: http://shanc.org/harnett_housing.php
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The Sanford Housing Authority is pleased to begin operating Harnett County Housing, which will be administering the Section 8 Housing Choice Voucher program for Harnett County. Under the Low Rent Housing Assistance Program, low income tenants pay monthly rents which are determined by their need for assistance. HUD pays the operating subsidies to the housing authority to enable the authority to maintain the low-income character of the neighborhood while providing adequate services and maintaining adequate reserves. The Section 8 Housing Payments Program provides rental supplements to the owners of existing private housing who rent to qualified individuals. The Authority processes all the applicants for the Sect. 8 Housing Assistance Payments Program, places approved applicants in housing and pays the owner of the private housing a monthly rental supplement.

Harnett County Indian Museum
Address: US 401 North, Kipling, NC 27543
Phone: (919) 552-2336
Program Description: A rustic museum including a craft shop, artifact display and a log cabin depicting how pioneers lived. Open to the public by appointment only.

Harnett County Juvenile Restitution and Community Service Program
Address: 900 S. 9th Street, Lillington, NC 27546
Phone: (910) 893-7536
Website: www.harnett.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The purpose of the Harnett County Juvenile Restitution and Community Service Program is to accept juveniles into the program who have been ordered to pay monetary restitution to a victim or perform symbolic community service. This program serves as a community-based Sanction 1 and 2 alternative to detention or youth development centers. This program teaches juveniles accountability for their actions as well as serves as a deterrent for future criminal activity. Juveniles are between the ages of 7 - 17 and are referred by Juvenile Court Counselor’s Office, Juvenile Court, and School Resource Officers.
Harnett County Literacy
Address: 600 S. Magnolia Avenue, Suite 108, Dunn, NC 28334
Phone: (910) 891-4111
Website: www.harnettliteracy.org/
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Assistance with reading, writing and English speaking skills.

Harnett County Parks and Recreation
Address: 1100 E. McNeil Street, Lillington, NC 27546
Phone: (910) 893-7518
Website: www.harnett.org/parkrec/
Hours of Operation: Monday - Sunday, 8:00 AM - 5:00 PM
Program Description: To provide, with the assistance of volunteer community organizations, and other local, state, and federal agencies, a broad and comprehensive program of leisure recreational opportunities and facilities for all citizens regardless of age or disability within budgetary limitations.

Program Name: Anderson Creek Park
Address: 1492 Nursery Road, Lillington, NC 27546
Program Description: 1014 acres developed through phases into a multi-use facility that will offer a variety of activities and experiences for the local residents. Phase 1 will include walking trails, picnic pavilion, interpretive signage, observation areas, restrooms, disc golf, and a playground.

Program Name: Barbecue Creek Park
Address: 10891 NC Hwy 27 West, Lillington, NC
Program Description: The park includes 6 completely renovated tennis courts (3 lighted), 2 lighted baseball/softball fields, a batting cage, a multi-purpose building (concessions, restrooms, and classroom), a multi-purpose field, 0.5 miles of walking trails, picnic and playground.

Program Name: Cape Fear River Trail Park
Address: Hwy 217 – Erwin, NC
Program Description: The Park is located on Hwy 217 on the Cape Fear River in Erwin and offers 16 acres of walking trails, overlooks, canoe access, and picnic shelter with restrooms.

Program Name: Neill’s Creek County Park
Address: 3885 Neill’s Creek Road, Angier, NC 27501
Program Description: The park includes 6 tennis courts (3 with lights), 2 lighted softball fields, a concession building with a storage room and restrooms, and an open/activity field.

Program Name: South Harnett Park
Address: 8335 NC Hwy 210 South, Lillington NC
Program Description: South Harnett Park is adjacent to South Harnett Elementary School and offers 8 acres with an open space with baseball/softball backstops at opposite ends.

Harnett County Partnership for Children
Address: 1901 N. Main Street, Lillington, NC 27546
Phone: (910) 893-2344
Website: www.harnettsmartstart.org
Hours of Operation: Monday - Friday, 8:30 AM - 4:30 PM
Program Description: The Harnett County Partnership for Children (HCPC) is a 501(c)(3) non-profit, public/private organization designed to provide programs and services for young children ages birth to five and their families in Harnett County.

Program Name: Harnett Safe Seats
Program Description: Provide car seat safety checks, distribute information related to proper use and installation and provide age appropriate car seats for families in need.

Program Name: NC Pre-K
Program Description: Pre-kindergarten program for 4 year olds designed to help prepare children through curriculum-based, classroom style learning environment.

Program Name: Raising a Reader
Program Description: Raising a Reader is a proven early literacy program that fosters healthy brain development, parent/child bonding and early literacy skills critical for school success by engaging parents in a routine of daily “book cuddling” with their children.

Program Name: STEP Program
Program Description: Offers Support, Technical Assistance, Environment Rating Scales assessments and Professional Development services to assist child care centers to increase quality and star ratings.
Harnett County Public Library
Address: 601 South Main Street, Lillington, NC 27546
Phone: (910) 893-3446
Website: www.harnett.org/library/
Hours of Operation: Monday – Thursday, 9:00 AM – 8:00 PM
Saturday, 9:00 AM – 1:00 PM
Program Description: The Harnett County Public Library is located on
the banks of the Cape Fear River in the County seat of Lillington, North
Carolina. The library was dedicated on May 22, 1988. The new building
increased the size of the library from 3500 sq. ft. to 13,000 sq. ft. More
than 10,000 people each month are served by the libraries in the Harnett
County Library System. The system owns more than 200,000 books,
magazines, cassettes, compact discs, books on tape, and videos.

Harnett County Public Schools
Address: 1008 S. 11th Street, Lillington, NC 27546
Phone: (910) 893-8151
Website: www.harnett.k12.nc.us
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The mission of Harnett County Schools is to
educate students in a safe environment empowering them to focus on
lifelong learning, responsible citizenship, and global answers.

Program Name: Exceptional Children’s Program
Program Description: Harnett County Schools provides services to
children ages 3 and four who are identified with developmental delays
and in need of special education and related services. Referrals for
screenings can be made by a family member or professional service
provider. Developmentally appropriate interventions are provided within
preschool office, child care facilities and several public schools with
service delivery contingent upon Individualized Education Plan goals.

Program Name: Harnett County School Board
Program Description: The Harnett County Board of Education consists
of five members; each elected on a partisan ballot by the people for a
four-year term. The County is divided into five political districts with
one Board of Education member from each district. A Board member
must live in the district for the position held but must be elected by
the majority of citizens voting in that district. The Board is the policy-
making body for the Harnett County Schools.

Harnett County Sheriff’s Office
Address: 175 Bain Street, Lillington, NC 27546
Phone: (910) 893-9111
Website: www.harnettsheriff.com
Program Description: Our goal is to utilize all resources to enhance
law enforcement for the citizens of Harnett County. We welcome your
input, as well as assistance, which you may render to solve community
problems and crimes.

Harnett Pregnancy Care Center
Address: 7005 US 421 North, Lillington, NC 27546
Phone: (910) 814-0112
Program Description: The Harnett Pregnancy Care Center offers
support groups for matters involving pregnancy and parenting.

Harnett Health System
Address: 800 Tilgham Drive, Lillington, NC 27546
Phone: (910) 892-1000
Website: www.harnetthealth.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The health system has physician providers in
Angier, Lillington and Dunn, 2 hospitals, wellness and rehab centers,
breast cancer center, premiere pediatrics, wound center, OBGYN and
cardiac rehab.

Harnett Regional Theatre
Address: 114 N. Wilson Avenue, Dunn, NC 28334
Phone: (910) 892-6011
Website: www.onlinehrt.org
Program Description: Harnett Regional Theatre is a community theatre
in Dunn, NC whose mission is to educate and entertain by providing
the opportunity for participation in high quality theatre for the people of
Harnett County and the surrounding areas.
**HARTS Transportation**  
Address: 250 Alexander Drive, Lillington, NC 27546  
Phone: (910) 814-4019  
Website: www.harnett.org/harts/  
**Hours of Operation:** Monday - Friday, 4:00 AM - 6:00 PM  
**Program Description:** Dial-A-Ride is a pay as you go service and is available to all Harnett County Residents. Call the HARTS office no less than 48 hours in advance of your trip. All trips are scheduled on an availability basis. If your trip is agency sponsored, have your agency representative to contact us for transportation arrangements.

**Harvest House**  
Address: 1480 Maple Grove Church Road, Dunn, NC 28334  
Phone: (910) 587-5020  
**Program Description:** The facility provides halfway house services to the public. The treatment center provides outpatient and residential short-term treatment care. There are special groups and programs for women and men. Special language services provided include assistance for hearing impaired, Spanish, and foreign languages other than Spanish. Payments via Medicaid, state financed insurance, Medicare, and private insurance are accepted. Payment assistance is offered by way of case by case basis.

**Hawkeye Indian Cultural Center**  
Address: 5710 Red Springs Rd., Red Springs, NC 28377  
Phone: (910) 843-9484  
Website: http://hawkeyeindianculturalcenter.com  
**Program Description:** The mission of Hawkeye Indian Cultural Center, Inc. an American Indian nonprofit, multi-program, family-orientated health and human service center, is to strengthen families, unite people through cultural enrichment and enhance the self-sufficiency of underserved and distressed communities, particularly among Native Americans in Hoke and surrounding counties.

**Health Care Connections, Inc.**  
Address: 402 S. Main Street, Raeford, NC 28376  
Phone: (910) 875-1032  
Website: http://healthcare-con.com/Index.htm  
**Program Description:** Providing nursing services, personal care services, home medical equipment, pharmacy services, respiratory services, and mental health services.

**Heart of Harnett Playhouse**  
Address: 900 11th Street, Lillington, NC 27546  
Phone: (910) 814-5959  
Website: www.heartofharnettplayhouse.com/  
**Program Description:** Our mission is to strengthen the cultural vitality of Central Harnett and surrounding areas and to cultivate the appreciation of theatre by producing outstanding Broadway musicals, dramas and mysteries.

**Heavenly Home Health Care, LLC**  
Address: 102 S. Wilson Avenue, Suite H, Dunn, NC 28334  
Phone: (910) 892-1782  
**Program Description:** In-home aide, personal care services, companion care/sitter, private care, CAP/DA and CAP/C.

**Hoke Area Transit Service (HATS)**  
Address: 316 Magnolia Street, Raeford, NC 28376  
Phone: (910) 875-8696  
Website: www.hokecounty.org/county-departments/hats/  
**Hours of Operation:**  
Office: Monday - Friday, 8:00 AM - 5:00 PM  
Service: Monday - Friday, 4:00 AM – 7:00 PM  
**Program Description:** HATS is a county operated transportation system designed and operated to provide human services and Rural General Public curb to curb transportation to that portion of the population for which transportation or mobility is a problem. HATS regularly transport, by appointment, patients to doctor offices, clinics, dialysis, physical therapy, and pharmacies. HATS also transports clients to workshops, WorkFirst job sites, Senior Citizen Nutrition sites, out of county medical appointments when the service is not available locally, and various other contracted services. Periodically, HATS also provides transportation service to local festival events held throughout the county.
Hoke County Department of Social Services
Address: 314 S. Magnolia Street, Raeford, NC 28376
Phone: (910) 875-8725
Website: www.hokecounty.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM

Program Description: Assist with Children’s Services, Adult Services, Medicaid, Food Stamps, Work First Family Assistance and Employment Services, Child Care Services.

Program Name: Adult Medicaid Unit
Program Description: The purpose of this unit is to determine eligibility for those individuals who meet the income and reserve criteria as set forth by state and federal guidelines. The incomes and reserve limits can range anywhere from 100% to 135% of the federal poverty level, depending on the particular Medicaid program.

Program Name: Adult Services Unit
Program Description: The Social Workers in the Adult Services Unit provide intensive social work assistance to clients and their families who have serious and complicated social, economic, emotional, physical and mental problems. The “Services” programs are designed to protect those in need of assistance and who are not competent to provide adequately for themselves. If you need to make an Adult Protective Services report during the hours of 8:00 am and 5:00 pm Monday thru Friday, please call Services Intake at 878-1988. After business hours and on weekends, please call 911 and ask for the On-Call Social Worker.

Program Name: Child Care Subsidy Services
Program Description: Assists with paying for the cost of child care expenses.

Program Name: Child Support Enforcement
Program Description: The Child Support Enforcement staff works diligently to insure that children whose parent(s) lives separately from them are provided for financially by the non-custodial parent(s). Section IV-D of the Social Security Act requires that caretakers of children receiving public assistance cooperate with Child Support Enforcement to assist them in accomplishing their goals of obtaining financial support for those children. Non-recipients of public assistance may also avail themselves of the services of this unit for a nominal application fee.

Program Name: Children Services Unit
Program Description: Children’s services consist of an array of legally mandated services with the primary purpose of protecting children and ensuring that they have a safe, permanent home. These services are provided by highly trained and motivated Social Workers. If you need to make a Child Protective Services report during the hours of 8:00 am and 5:00 pm Monday thru Friday, please call Services Intake at 878-1988. After business hours and on weekends, please call 911 and ask for the On-Call Social Worker.

Program Name: Family & Children Medicaid Unit
Program Description: The Family and Children’s Medicaid Program is a program that assists pregnant women, families and/or children with the cost of medical care. The family Medicaid consists of Medicaid to families with dependent children, Medicaid to infants and children under the age of 19, and Medicaid for pregnant women.

Program Name: Family Support Services
Program Description: The Family Support Services Unit consists of four different sections: Work First Family Assistance (formerly known as AFDC or TANF), Work First Employment Services, Child Care Subsidy, and the Crisis Intervention Program (CIP). This unit provides an array of professional social work services to include: services for Work First recipients that will eliminate their need for public assistance in becoming and/or maintaining self-sufficiency & deal with domestic violence situations, day care services for recipients working or attending school, and administering CIP to assist with heating/cooling needs. All of these programs are based upon the family size, income and need for services.

Program Name: Foster Care & Adoption
Program Description: Throughout the year, Hoke County DSS recruits new foster and adoptive families. We always need families willing to provide care for children of all ages, but the greatest need is for teenagers, 13 and up.

Program Name: Income Maintenance Programs
Program Description: These programs include the Food and Nutrition program, formerly referred to as the Food Stamp program, and the Medicaid programs, which provide medical insurance to eligible individuals. Additionally, this Section provides Voter Registration services to all applicants and recipients. A Fishing License Waiver service is also available to all Income Maintenance program recipients.
Hoke County Domestic Violence & Sexual Assault Center, Inc.

Address: 225 S. Main Street, Raeford, NC 28376
Phone: (910) 878-0118; Crisis Line (910) 875-4494

Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM

Program Description: The mission of Hoke County Domestic Violence & Sexual Assault Center is to provide quality services regardless of race, gender, ethnicity, culture, religion, sexual orientation and socioeconomic status to reduce crimes of domestic violence and sexual assault in the communities of Hoke County. It is our mission to empower, increase safety, develop community awareness and educate victims and community members on domestic violence and sexual assault. Services include: counseling, court advocacy, financial assistance, food assistance, shelter and transportation assistance. Email: hokecodvsa@yahoo.com.

Hoke County Health Department

Address: 683 E. Palmer Street, Raeford, NC 28376
Phone: (910) 875-3717
Website: www.hokecounty.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM

Program Description: The mission of the Hoke County Health Center is to provide comprehensive public health services that focus on access to preventive health care and community health education outreach. These services are designed to improve quality of life through encouraging health and well-being in an effort to prevent premature death and disability among our citizens who live and work in our community.

Program Name: Adolescent Health
Program Description: Programs are design to educate youth about making healthy lifestyle decisions now in an effort to reduce negative consequences and chronic health problems later as adults. The following are some of the programs that have been implemented in the schools as well as the community: STD and HIV/AIDS Education, Self-esteem Education, Winner Circle Nutrition Education, Drug and Alcohol Prevention, Abstinence Education, Wellness Education, Hygiene Education and Teen Pregnancy Prevention.

Program Name: Annual Diabetes Health Fair
Program Description: Held the 1ST Saturday in November of each year by the Health Education Outreach Program.

Program Name: Baby Think It Over Program
Program Description: The “Baby Think It Over Program” is design to explore the consequences of adolescent parenting through simulation. It is said, we remember 10% of what is read; 20% of what we hear; 50% what we see and 90% doing the job ourselves even if it is only through simulation. “Research demonstrates that performing a structured experience will later serve as a reminder system which reiterates the consequences of a past action when faced with a similar situation.

Program Name: Care Coordination for Children
Program Description: If you have children from birth to under 5 years of age, you may qualify for the program. We can help with finding medical care or child care and assisting with special needs. CC4C also provides grief/SIDS counseling and support for families.

Program Name: Child Health
Program Description: A full-time pediatrician is on staff, and uses Bright Futures assessment and developmental tools for well check-ups. Acute illnesses and minor injuries can also be treated in the clinic.

Program Name: Child Passenger Safety Seat Program
Program Description: Offers car seats to eligible Hoke County residents with children age birth to five. Facilitation of car safety seats classes is also required, as well as a parent fee.

Program Name: Communicable Disease
Program Description: Provides testing, diagnosis, treatment and follow up care for Sexually Transmitted Diseases (STD’s), Tuberculosis (TB), HIV/AIDS and other communicable diseases. Clients are seen by appointment or in certain cases on a walk in basis.

Program Name: Diabetes Self-Management Program
Program Description: The Diabetes Self-Management Program (DSMP) of the Hoke County Health Department (HCHD) has been serving the residents since August 2011. The program focuses on empowering diabetic patients through education and demonstrations on self-management. Patients receive information on monitoring, meal planning, medications, complications, sick days care, exercising, and stress management.

Program Name: Family Planning
Program Description: Provides annual physicals, birth control methods, family planning counseling and education for all childbearing adult women and teens. Family Planning Medicaid Waver available.
Program Name: Health Education Outreach
Program Description: The overall goal of community health education and health promotion is to educate people of all ages about the risks associated with certain lifestyle choices and to help people make voluntary behavior changes in order to improve their health and the quality of their lives. Health Education empowers people to take more control over their personal, family, community, and environmental health and well-being.

Program Name: Immunizations
Program Description: Immunizations are available for all children from birth to 21 years of age without charge. The following vaccines are available for adults 19 years of age and older: Measles, Mumps, Rubella (MMR), Hepatitis B, Tetanus (Td, Tdap), Influenza (flu), and Pneumonia. We accept patients with Medicaid and/or Medicare.

Program Name: Maternal Health
Program Description: Provides prenatal care through Cape Fear Valley OB GYN as well as Maternal Health education.

Program Name: Medical Nutrition Therapy
Program Description: Medical Nutrition Therapy (MNT) is intensive nutritional counseling for high risk infants, children, and adults. It is a service available at the Hoke County Health Center by appointment only. Medical Nutrition Therapy is provided by a Registered Dietitian (RD) with the guidance of a physician’s referral. The MNT services include the following: nutritional assessment, development of an individualized nutrition care plan, and intensive counseling on the management of nutrition related medical conditions.

Program Name: Not On Tobacco Teen Cigarette Smoking Cessation Program
Program Description: Each day, nearly 4,800 adolescents (aged 11-17) smoke their first cigarette; of these, nearly 2,000 will become regular smokers. That is almost two million annually. Approximately one-third of these young smokers will eventually die of smoking-related illnesses. Of adolescents who have smoked at least 100 cigarettes in their lifetime, most of them report that they would like to quit but are not able to do so. The American Lung Association’s Not On Tobacco (N-O-T) offers schools and community groups a unique, proven program for helping these teens quit.

Program Name: Office of Health Promotion
Program Description: Are provided through our Health Educators’ who offer schools, community groups and individuals’ supportive information about lifestyle changes to enhance or maintain their wellbeing. The Health Promotion Office also, oversees the coordination of the Healthy Hoke Task Force Coalition.

Program Name: Pregnancy Care Management
Program Description: This program is a free service designed to support families. We can help with finding medical care, child care and more.

Program Name: Primary Care
Program Description: Provides blood pressure and blood sugar screenings, immunizations, as well as physcials for adult males and females.

Program Name: Women, Infants, & Children Program (WIC)
Program Description: The Women, Infants, and Children Program (WIC) is a Special Supplemental Food and Nutritional Program offered through the Hoke County Health Center and is designed to improve the health of women, infants, and children. WIC provides healthy foods at no cost, nutrition education, breastfeeding information and support, referrals for healthcare and medical nutrition therapy.

Hoke County Juvenile Crime Prevention Council
Address: 127 W. Elwood Avenue, Raeford, NC 28376
Phone: (910) 875-4532
Website: www.hcjcpc.com
Program Description: Invests in local programs that provide community safety, quality prevention and intervention while coordinating a comprehensive approach to juvenile delinquency.

Program Name: Community Service and Restitution
Program Description: The overall purpose of the Community Service and Restitution (CSR) program is to facilitate juveniles completing their court ordered and/or court diverted obligations successfully and in a timely manner while teaching, modeling and encouraging civic, community and social responsibility to the youth we serve. Under the guidance of federal, state, and local policies/procedures and child labor laws, youth can complete tasks to benefit the community while earning community service hours.
Program Name: Individual Counseling Services
Program Description: Provides counselors who can provide you with tools that help you communicate more effectively, improve your important relationships, and help you find the right balance so you can achieve your goals.

Program Name: Kickin’ Back (Hope Thru Horses)
Program Description: Equine therapy program.

Program Name: Psychologist Assessments
Program Description: The psychological assessment program provides Comprehensive Clinical Assessments, Psychological Evaluations, Psychosocial Risk Assessments, and Sex Offender Specific Evaluations to at risk, delinquent and adjudicated youth that result in mental health diagnoses and treatment/placement recommendations to facilitate appropriate level of care and services for the youth and their families to ultimately reduce delinquent behavior and prevent adult criminality.

Program Name: Sexual Offender Assessment and Treatment
Program Description: Program is designed to reduce and eliminate sexually aggressive/sexually inappropriate behaviors by changing distorted thinking, reducing deviant interests, developing healthy, prosocial patterns of behavior and assisting families in developing skills in effective management and support.

Program Name: Teen Court
Program Description: Early intervention program that is both community service and community resource based. Teen Court serves first time youthful offenders who admit guilt to their actions and are given an opportunity to be heard in a court of their peers with an adult judge. Its purpose is to require young people to take responsibility for their actions and to allow the community to take an active role in addressing juvenile crime. Designed to provide a community-based alternative to the formal court process, as well as divert caseloads for the juvenile court counselors. The program addresses an accountability approach that encourages a sense of responsibility on the part of the juvenile and their families.

Program Name: Wise Parents
Program Description: Purpose is to provide opportunities for parents and/or juveniles and other family members to learn skills and attitudes needed to build healthy, non-abusive family interactions, solve problems together through effective communications using a strength-based, family centered approach and structured curriculum, and group activities lead by trained group facilitators.

Hoke County Health Center’s Annual Maternity Fair
Address: Raeford, NC
Phone: (910) 875-3717
Website: www.hokecounty.org
Program Description: Hoke County Health Center’s Annual Maternity Fair for expectant and mothers up to 6 months postpartum. There will be free food and door prizes, such as car seats, strollers, baby items and free dinner coupons. No registration required.

Hoke County Parks and Recreation
Address: 423 E. Central Avenue, Raeford, NC 28376
Phone: (910) 875-4035
Website: www.hokecounty.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The Hoke County Parks and Recreation plans, organizes and directs structured and affordable leisure activities for the citizens of Hoke County.

Program Name: Armory Park
Address: 423 E. Central Avenue, Raeford, NC 28376
Program Description: Park/playground, pavilion and ball field, rental areas available by contacting the Parks and Recreation office.

Program Name: Burlington Park
Address: 560 N. Dickson Street, Raeford, NC 28376
Program Description: Park/playground, rental areas available by contacting Parks and Recreation office.

Program Name: Hoke County Recreation Complex
Address: 3195 Red Springs Road, Raeford, NC 28376
Program Description: Playground and walking trail.

Program Name: Rockfish Park
Address: 2653 Lindsay Road, Raeford, NC 28376
Program Description: Playground and walking trail, rental areas available by contacting Parks and Recreation office.
Hoke County Partnership for Children & Families
Address: 1089 E. Central Avenue, Raeford, NC 28376
Phone: (910) 904-5452
Website: www.hokechildren.net
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The Mission of the Hoke County Partnership for Children and Families is to help all children, by providing to them and their families, the means and opportunities, to grow up healthy, to be successful in school, to be safe at home, and to be happy in our community.

Program Name: Consumer Education & Referral
Phone: (910) 904-6688
Program Description: The Consumer Education and Referral staff provides direct services to families by providing customized childcare referrals and information on How to Choose Quality Childcare Programs.

Program Name: Mobile Preschool Program
Program Description: Preschool Program that will target children 3-5 years of age whose families are not eligible for subsidized programs or choose not to enroll them in a full-time preschool program of any kind. The mobile unit will travel to up to six locations throughout the county to serve approximately 10 children per location from Monday - Friday for a 2.5 hour morning or afternoon session. The program will provide children with the opportunities to develop social and language skills necessary for a successful start in Kindergarten.

Program Name: Quality Enhancement Program
Program Description: Training in the 9 topic areas required by NC Division of Child Development. Technical assistance to improve accessibility to high quality early childhood education. Technical assistance for potential Family Child Care Home Businesses. Training and technical assistance on preventing abuse and neglect complaints.

Program Name: Resource Lending Library
Program Description: Resource Library Lending offering early childhood related materials for childcare providers, parents, Pre-K teachers and early childhood education students.

Hoke County Public Library
Address: 334 N. Main Street, Raeford, NC 28376
Phone: (910) 875-2502
Website: www.hokecounty.org
Hours of Operation: Monday, Wednesday, Friday 9:00 AM – 6:00 PM, Tuesday, Thursday 9:00 AM – 8:00 PM, Saturday 9:00 AM – 5:00 PM
Program Description: The Sandhill Regional Library System is in its 50th year of library administration for our five counties. SRLS currently has fifteen libraries, two bookmobiles, and one Web on Wheels Bus delivering library services to our Sandhill citizens.

Program Name: Basic Computer Skills Classes
Program Description: An adult computer class teaching various subjects. Seating is limited and pre-registration is encouraged.

Program Name: Families All Read
Program Description: A Smart Start-funded Family Literacy Program for families with children ages 0-5.

Program Name: Public Access Computer Lab
Program Description: Computers for online catalog, internet access, assorted software, NC Live database and Start Squad children’s portal. Printing charges are $.15 for black & white and $.25 for color.

Program Name: Story Time
Program Description: Our goal is to provide parents an environment and an opportunity to introduce their children to reading and language in a fun way. Not only does story time serve to spark your child’s desire for good literature, it can also help stretch their attention spans, improve their listening skills, as well as promote the library as an enjoyable place where learning is fun.

Program Name: Summer Reading Program
Program Description: Enjoy prizes, incentives, movies, contests and events throughout the summer. All summer reading events and special events are free. For more information pick up a summer reading program flier at the library.
Program Name: Career Technical Education
Program Description: The mission of Career-Technical Education is to help empower students for effective participation in an international economy as world-class workers and citizens. CTE programs are designed to contribute to the broad educational achievement of students, including basic skills such as reading, writing, and mathematics, as well as to their ability to work independently and as part of a team, think creatively and solve problems, and utilize technology.

Program Name: Child Nutrition
Program Description: The Child Nutrition Department of Hoke County Schools has established a goal of providing quality meals through quality services to the children and staff. Every possible measure is taken to provide healthy and nutritious meals at a reasonable cost. It is with pride that we serve our schools, our community and the public with healthy and delicious meals through catering events. It is our motto that “children must be healthy to learn and they must learn to be healthy!”

Program Name: English as a Second Language
Program Description: To assist school districts in teaching English to limited English proficient students and in helping these students meet the same challenging standards required of all students.

Program Name: Exceptional Children
Program Description: Supports individually modified instruction for children with disabilities.

Program Name: Migrant Education Program
Program Description: Support high-quality and comprehensive educational programs for migrant children to help reduce the educational disruptions and other problems that result from repeated moves.

Program Name: Pre-Kindergarten
Program Description: The Hoke County Pre-K Program is a high-quality program designed to provide 4-year old children, who are eligible, with a valuable educational experience. The purpose of the program is to help children make a smooth transition to kindergarten so they are at a lower risk for failure. The program also prepares students for success in school. The Pre-k Program will serve as a strong support system to ensure that all children who are served through the program are “ready” to learn in a kindergarten environment. The Pre-K program is funded by Smart Start, More at 4, and Title I funds. To qualify for the pre-k program a child must first of all be four years of age by August 31st. Four-year-old children in the county who meet federal, state, and local eligibility criteria requirements will be served first.

Program Name: Student Support Services
Program Description: Student Support Services professionals provide direct services for all children and youth, especially those who are experiencing problems that create barriers to learning. Direct services are provided by means such as education, counseling, consultation and individual assessment. In addition, Student Support Services personnel provide in-service training, parent education, community collaboration and carry out student service program management. Student Support Services are a vital part of comprehensive school program success.

Program Name: Technology & Support Services
Program Description: Our mission is to empower students, teachers, administrators, staff, and the community to become lifelong, independent learners in a 21st century environment through the application and support of technological resources.
Program Name: Transportation
Program Description: The Hoke County Schools Transportation Department is responsible for the maintenance of 122 vehicles.

Hoke County Senior Services
Address: 423 E. Central Avenue, Raeford, NC 28376
Phone: (910) 875-8588
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Senior Services of Hoke County is a non-profit county agency created to address the unique needs and concerns of the senior population and their care-givers within the county. Through advocacy, coordination with other human agencies and the provision of a variety of home and community-based services, Senior Services of Hoke County helps older adults maintain healthy, active lives and remain independent in their own homes as long as possible. Urgent home repairs and weatherization services contingent on funding.

Program Name: Congregate Lunch
Program Description: A hot delicious meal is served Monday through Friday in a congregate setting providing access to socialization, activities and nutritional education.

Program Name: Home Delivered Meals
Program Description: Better known as Meals-On Wheels; a hot nutritious lunch is provided Monday through Friday for the homebound elderly. Steps to Health – Nutrition Education also provided through Meals on Wheels.

Program Name: Transportation
Program Description: Access to medical appointments, dialysis, essentials shopping and other necessary transportation needs.

Program Name: In-Home Aide Services
Program Description: Assistance within the home with essential home management tasks and/or personal care needs.

Program Name: Senior Health Insurance & Information
Program Description: Help with questions and issues related to older adults about Medicare.

Program Name: Medication Assistance Program
Program Description: Assistance with medication management issues with a licensed pharmacist. Help with prescription drug assistance needs.

Program Name: Special Programs
Program Description: Special Programs include the Urgent Repair Program (URP), Federal Emergency Management Agency (FEMA), Lumbee River Electric Membership Fund (LREMC), and Unilever funds all are available when received with certain restrictions.

Hoke County Sheriff’s Office
Program Name: Emergency Management
Address: 429 E. Central Avenue, Raeford, NC 28376
Phone: (910) 875-4126
Website: www.hokesheriff.org
Program Description: Emergency Management coordinates and responds to incidents of terrorism involving the use of chemical, biological, radiological, nuclear, or explosive (CBRNE) weapons; for the protection of critical infrastructure and prevention of terrorist incidents.

Program Name: Gang Resistance Education and Training
Phone: (910) 875-5111
Program Description: Gang Resistance Education And Training (G.R.E.A.T.) is an evidence-based and effective gang and violence prevention program built around school-based, law enforcement officer-instructed classroom curricula. The Program is intended as an immunization against delinquency, youth violence, and gang membership for children in the years immediately before the prime ages for introduction into gangs and delinquent behavior.

Hoke County Veteran’s Service Office
Address: 129 W. Elwood Avenue, Raeford, NC 28376
Phone: (910) 875-2147
Website: www.hokecounty.org
Hours of Operation: Monday, Wednesday, Friday 8:00 AM – 1:00 PM Tuesday, Thursday 1:00 PM – 6:00 PM
Program Description: Providing assistance with original claims for disability and compensation, application for medical and educational benefits, applications for scholarships for dependents, burial benefits claims for surviving spouses, and home loan mortgage guarantees. Help restore or upgrade military discharges, obtain lost records or documents, obtaining medical treatment and in some cases providing legal counsel in certain matters. On a limited basis the VSO helps veterans find or apply for employment. The VSO reads and / or writes letters for those with limited skills. Assistance is provided in enrolling in appropriate mental health and substance programs.
Hoke Emergency Liaison Program - HELP
Address: 110 E. Central Avenue, Raeford, NC 28376
Phone: (910) 875-8857
Program Description: Providing emergency clothing and food assistance to the Hoke County community. A referral from DSS is required to receive these services.

Program Name: Share Your Christmas
Program Description: Holiday assistance for those in need.

Hoke Expo
Address: NC National Guard Armory, Raeford, NC
Phone: (910) 875-5929
Website: www.raefordhokechamber.com
Program Description: Brought to you by the Raeford-Hoke Chamber of Commerce, this expo introduces the local businesses in the area to the community members. Admission is $1 and all funds raised go to the Hoke County Public Library’s Summer Reading Program.

Hoke Fest
Address: East Hoke Middle School, Raeford, NC
Phone: (910) 964-0990
Website: www.hokefest.com
Program Description: Hoke Fest started in 2011 as the carnival for the Hoke County Centennial Celebration. They have food vendors, games, rides, and so much more!

Hoke Reading & Literacy Council
Address: 125 W. Elwood Avenue, Raeford, NC 28376
Phone: (910) 875-2145
Website: www.hokecounty.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: The Purpose of this council shall be to provide reading, writing, and communication skills to adults and out of school teenagers so that all persons in Hoke County may further their education and build for themselves a better life. Services include: Adult Reading and Math Tutoring, School-age (grades 1-12) Reading and Math Tutoring, English as a Second Language and Public Access Computer Lab.

Home Choice Healthcare
Address: 600 S. Magnolia Avenue, Dunn, NC 28334
Phone: (910) 980-6000
Website: www.homechoicehealthcare.net
Program Description: Our in-home care for seniors and loved ones places first priority on helping people maintain a full and dignified life. We accomplish this by providing healthcare services and daily chores within the privacy of the clients’ own home.

Home Choice Network, Inc.
Address: 250 Magnolia Square Court, Aberdeen, NC 28315
Phone: (910) 944-1116
Website: www.hchoicenet.com
Program Description: HomeChoice Network Inc. is a HomeCare Agency licensed by the state of North Carolina. We are a local company, founded by healthcare professionals, to help senior adults remain independent and comfortable in their own homes.

Home Health Services of Cumberland County, Inc.
Address: 235 North McPherson Church Road, Suite 210, Fayetteville, NC 28303-4403
Phone: (910) 860-4764
Hours of Operation: Monday - Sunday, 8:00 AM - 5:15 PM
Program Description: Provides health care services in the home, including skilled nursing care, wound care specialists, home health aide service, nutritional therapy, medical social workers, tele-home care, IV therapy, and complete rehabilitation program.

Program Name: Hospice of Cumberland County
Phone: (910) 860-7178
Program Description: Offers specialized team approach to assist terminally ill patients and their families in the home.

Program Name: Private Duty Services of Cumberland County
Phone: (910) 860-4964
Program Description: Provides RN mini visits. Certified nursing assistant to assist with personal care, meal prep, and light housekeeping.
Homes Offering Meaningful Education
Program Name: Home School Support Group
Address: 3476 Thamesford Drive, Fayetteville, NC 28311
Phone: (910) 488-2895
Website: www.nche.com
Hours of Operation: Monday - Friday, 12:00 PM - 6:00 PM
Program Description: Serves as a resource and support group for anyone interested in home schooling.

HOPE Christian Church
Program Name: Helping Other People Endure (HOPE)
Address: 7720 Hazelwood Avenue, Fayetteville, NC 28314
Phone: (910) 867-3806
Hours of Operation: Monday - Friday, 8:00 AM - 6:00 PM
Program Description: Provides charitable, educational, humanitarian and social services to the residents of the Cumberland County and surrounding communities.

Hope Harbor Christian Mission, Inc.
Address: 3549 Black & Decker Road, Fayetteville, NC 28306
Phone: (910) 424-8800
Hours of Operation: Monday - Friday, 8:00 AM - 6:00 PM
Program Description: Offers assistance to the poor, needy, and disadvantaged in our community. Hope’s Chest provides needed items to other non-profit agencies assisting homeless individuals and families get back on their feet. The Variety Store sells donated items. The Men’s Ministry serves those suffering the effects of various addictions. Prayer Partners accepts prayer requests for those in need.

Hope Mills Family YMCA
Address: 3910D Ellison St., Hope Mills, NC 28348
Phone: (910) 426-9622
Website: www.fayettevilleymca.org
Hours of Operation: Monday - Sunday, 6:00 AM - 9:00 PM
Program Description: Offers child care, sleep-ins, after school care, youth sports programs, aquatics, and summer day camp. Learning Center can be reached at 527-6777.

Hope Mills Parks & Recreation Department
Address: 5770 Rockfish Rd., Hope Mills, NC 28348
Phone: (910) 424-4500
Website: www.townofhopemills.com
Hours of Operation: Monday - Saturday, 8:00 AM - 5:00 PM
Program Description: Includes Hope Mills Lake, 6 baseball fields, 2 tennis courts, 1 basketball court, playground, 0.6 mile walking/bike path, picnic shelters, and the community center.

Hope Mills Sunshine Center
Program Name: Holiday Assistance
Address: 3226 Davis Street, Hope Mills, NC 28348
Phone: (910) 425-6707
Program Description: Exists to provide health and wellness as well as life-enrichment programs for older adults while serving as a resource for agency personnel and caregivers to the elderly.

In-School Scouting
Address: 2121 Skibo Road, Fayetteville, NC 28314
Phone: (910) 867-2584
Website: www.ec.ccs.k12.nc.us/services/inschoolscouting.htm
Hours of Operation: Monday - Friday, 11:00 AM - 7:00 PM
Program Description: Provide Boy and Girl Scout experiences for children with disabilities during the school day.

James McAllister Christmas Fund
Program Name: Holiday Assistance
Address: 914 Hay Street, Fayetteville, NC 28301
Phone: (910) 483-4491
Hours of Operation: Monday - Friday, 8:30 AM - 4:00 PM
Program Description: Benefits selected African-American residents of Cross Creek Township. Trustees of the fund determine allocation of a small financial gift at Christmas. Applications accepted for those 70 and over. Disbursement of funds is announced through the newspaper near the time of allocation. Call for more information.
Jericho Foundation
Program Name: New Life In Christ Ministry
Address: 4145 Calico Street, Hope Mills, NC 28348
Phone: (910) 426-3181
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Provides spiritual guidance for both men and women. Provides food, clothes lending closet, counseling for substance abuse, domestic violence, and services for troubled teens.

Johnston County Industries
Program Name: Harnett Production Enterprises
Address: 200 Alexander Road, Lillington, NC 27546
Phone: (910) 814-5999
Website: www.jcindustries.com/jci-harnett-county#
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Description: A community rehabilitation facility that evaluates, trains, and returns individuals with vocational barriers to employment. Places individuals with disabilities, who have received services at JCI, in employment. Provides a psychosocial rehabilitation program which serves individuals with chronic mental illness.

Johnston-Lee-Harnett Community Action, Inc.
Address: 745 Shawtown Road, Suite A, Lillington, NC 27546
Phone: (910) 814-8360
Website: http://jlhcommunityaction.org/
Hours of Operation: Monday - Thursday, 8:00 AM - 5:30 PM
Friday, 8:00 AM – 3:00 PM
Program Description: Head Start, Family Services, Crisis Assistance, Weatherization, Heating repair program, HUD Housing Counseling.

Program Name: Economic Development
Program Description: The Economic Development Program is an in-house renovation program. We have our General Contractor’s License so we have the ability to build as well as renovate houses.

Program Name: Family Services
Program Description: The Agency provides emergency assistance when no other resource is available. Assistance comes from local churches, local area ministries, The United Way, and emergency shelter and food grants. The Agency also has access to local food closets throughout the area that are operated by area ministries and volunteers working closely with the agency. For example, the Presbytery of New Hope assists the agency in purchasing food for these closets and paying rental deposits.

Program Name: HUD Housing Counseling
Program Description: We are funded to do Pre-purchase Counseling, Homebuyer Education Workshops, Delinquent/Default Counseling, and Reverse Mortgage Counseling.

Program Name: Head Start
Phone: (910) 814-2651
Program Description: Head Start uses an integrated approach to provide children from low income families a free, comprehensive education in an enriched learning environment where their emotional, physical, social, psychological, nutritional, and health needs will be met.

Program Name: Kindermusik/Music Therapy
Program Description: Johnston-Lee-Harnett Community Action has made a commitment to the construction and development of standard housing for the low income citizen. This goal is met through Weatherization services, HARRP (Heating Appliance Repair/Replacement Program), and the rehabilitation and home ownership program.

Program Name: Weatherization
Program Description: Johnston-Lee-Harnett Community Action has made a commitment to the construction and development of standard housing for the low income citizen. This goal is met through Weatherization services, HARRP (Heating Appliance Repair/Replacement Program), and the rehabilitation and home ownership program.

Address: 3505 Turnberry Circle, Fayetteville, NC 28303
Phone: (910) 487-6390
Hours of Operation: Monday - Friday, 8:00 AM - 6:00 PM
Program Description: ABC Music & Me by Kindermusik is offered in Cumberland County Schools Pre-K and Blended classes. Music Therapy is offered at the Dorothy Spainhour School on a weekly basis, where each child participating has an individually prescribed treatment goal. Additional classes are offered in Cumberland County Schools Early-In classes.
Kingdom Community Development Corporation
Address: 308 Green Street, Suite 202
Fayetteville, NC 28301
Phone: (910) 484-2722
Website: www.kingdomcdc.org
Hours of Operation: Monday - Friday, 9:00 AM - 5:30 PM
Program Description: Builds affordable housing for low to mid-income families. Provides credit counseling.

Kipling United Methodist Church
Address: 55 Kipling Church Road, Kipling, NC
Phone: (910) 892-1733
Program Description: One bag of groceries per household per month. Sign-in & have a driver’s license for information and ID.

La Leche League of Fayetteville
Address: 2101 Woods End Drive, Fayetteville, NC 28312
Phone: 910-486-6252 / 910-485-3425
Website: www.lllofnc.org/Groups/fayetteville.html
Hours of Operation: Call for times and locations
Program Description: Provides education and support for expectant mothers, breastfeeding mothers (new and experienced), and their babies. Offers weekly breastfeeding classes, breastfeeding hot-line, on-line help line, annual Maternity Fair, breast pump rental and sales, and a lending library. Several groups meet in Cumberland County.

La Leche League of North Carolina
Phone: (877) 452-5324
Website: www.lllofnc.org
Hours of Operation: Call for times and locations
Program Description: La Leche League meetings emphasize the joys of breastfeeding while they inform and encourage mothers who wish to nurse their babies. Mother-to-mother support is at the heart of La Leche League; getting to know other women who have breastfed their babies can be helpful and reassuring. It is also important to have accurate, up-to-date information. La Leche League Leaders guide discussion at meetings and answer questions from the group or individually. All mothers and mothers-to-be are welcome. Babies and children are welcome too!

Lady’s Choice Crisis Intervention and Resource Center
Address: 116-B Country Club Drive
Fayetteville, NC 28301
Phone: (910) 797-5172
Website: www.ladysbychoice.com/
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Offering one-on-one counseling, family counseling, Project Virtue Leadership Program, The Journey Leadership Development Program for at risk girls. Summer Enrichment Camps, Mother to Daughter workshops and support group for parents and more. For teenage girls from the ages of 11 to 21 years old.

Learning Ally, Inc.
Program Name: Learning Through Listening
Address: 3014 Brechin Road, Fayetteville, NC 28303
Phone: (910) 450-6117
Website: www.learningally.com
Hours of Operation: Monday - Friday, 8:00 AM - 6:00 PM
Program Description: The mission of Learning Ally is to promote personal achievement when access and/or reading are barriers to learning by advancing the use of accessible and effective educational solutions. Our vision is for all people to have equal opportunities to learn.

Lee-Harnett County Family Support Program
Phone: (910) 985-0126
Program Description: This organization offers support, advocacy, and education to families and caregivers of children with learning, emotional, and behavioral challenges. They sponsor monthly support meetings and education events free to parents and community professionals.

Legal Aid of North Carolina- Fayetteville Office
Address: 327 Dick Street, Suite 103
Fayetteville, NC 28301
Phone: (910) 483-0400
Website: www.legalaidnc.org
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Provides free legal assistance to income eligible individuals. Handles civil cases, family law, consumer, Social Security matters, elderly law, and public benefits. Does not handle separation and/or divorce. Special units handle cases for older adults and Native Americans. Domestic violence prevention program provides legal assistance to persons who are victims of domestic violence.
Legal Aid of North Carolina - Pembroke Office
Address: 101 East Second Street, Pembroke, NC 28372
Phone: (910) 521-2831
Website: www.legalaidnc.org
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: The staff of Legal Aid of North Carolina - Pembroke Office provides legal assistance in civil matters (non-criminal matters) to eligible, low-income clients who have problems with their basic needs and live in the three-county area surrounding Pembroke, NC: Hoke County, Robeson County or Scotland County. Community Economic Development cases (cases where groups who cannot afford a private attorney seek legal assistance with their charitable or educational activities) will be individually reviewed and accepted, if possible.

Leukemia & Lymphoma Society
Address: 401 Harrison Oaks Blvd., Ste. 200
Cary, NC 27513
Phone: (800) 936-9337
Website: www.lls.org
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: Patient services and limited financial assistance/reimbursement available; call or write for application. The organization conducts research to cure leukemia, lymphoma, and myeloma; provides patient service and public and professional education. Covers Leukemia, MDS Hodgkin’s disease, lymphoma, myeloma and other blood cancers. Family Support groups are offered.

Liberty HomeCare & Hospice
Address: 336 S. Main Street, Raeford, NC 28376
Phone: (910) 875-8198
Website: www.libertyhomecare.com
Program Description: Liberty HomeCare & Hospice Services rounds out the full continuum of care offered by Liberty Healthcare Companies. Based in Wilmington, North Carolina, Liberty HomeCare & Hospice Services offers a full range of home care and hospice services across a broad section of central and coastal North Carolina, South Carolina and Virginia. Liberty is a Medicaid and Medicare certified provider of health care through the Accreditation Commission for Health Care (ACHC). From Danville, Virginia to Durham, North Carolina, and Charlotte to Myrtle Beach, you can trust Liberty for high-quality senior care, home care and hospice services, plus superior caregivers who are specially trained and certified.

Lillington Volunteer Fire Department
Address: 823 S. Main Street, Lillington, NC 27546
Phone: (910) 893-9342
Website: http://www.lillingtonnc.org/fire/default.asp
Program Description: Lillington Volunteer Fire Department proudly protects 3900 people living in an area of 6 square miles. We operate out of 1 station that protects a primarily residential area. Our department is a public department whose members are on a combination of paid and volunteer status.

Local Interagency Coordinating Council of Cumberland County
Program Name: COLORS - Children’s Organizations Linking Opportunities, Resources and Support
Address: 396 Elementary Drive, Fayetteville, NC 28302
Phone: (910) 484-6761
Hours of Operation: Thursday, 8:30 AM to 10:30 AM
Program Description: Assists families with concerns about their young child’s development. Purpose is to respond to the needs of families who have developmental concerns about their children birth to five years of age.

Lumbee Regional Development Association, Inc.
Address: 636 Prospect Road, Pembroke, NC 28372
Phone: (910) 521-8602
Website: www.lumbee.org
Program Description: LRDA is committed to providing a range of valuable services that assist disadvantaged Indian people. The organization works in conjunction with a number of governmental organizations to provide services and improve social and economic conditions in Lumbee communities.

Make-A-Wish Foundation of Eastern NC, Inc.
Address: 3803-B Computer Drive, Suite 108
Raleigh, NC 27609
Phone: (800) 432-WISH
Website: www.eastncwish.org
Program Description: Grants the favorite wish of children between the ages of 2 1/2 and 18 years old with life-threatening medical conditions to enrich the human experience with hope, strength, and joy.
Maranatha Ministries
Program Name: Maranatha House of Ministry
Address: 208 Campbell Avenue, Fayetteville, NC 28301
Phone: (910) 486-8600
Program Description: Provides Transitional Housing for women recovering from substance abuse.

March of Dimes Foundation Cape Fear Division
Address: 351 Wagoner Drive, Suite 140, Fayetteville, NC 28303
Phone: (910) 483-3691
Website: www.marchofdimes.com
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: Offers educational information and training on the prevention of premature birth and birth defects.

Martha’s Place
Address: 17273 Hwy 27, Sanford, NC
Phone: (910) 483-3691
Website: www.solidrockumc.org
Hours of Operation: Wednesday, 4:00 PM – 6:00 PM, Saturday, 10:00 AM – 12:00 PM
Program Description: Martha’s Place is a Christian based nonprofit community outreach center located in Western Harnett County. Martha’s Place helps put an end to the crisis of hunger. We partner with Harnett County and North Carolina State agencies to help provide emergency services to individuals in need.

Mental Health Association of Cumberland County
Address: 310 Green Street, Suite 201-A, Fayetteville, NC 28301
Phone: (910) 323-1954
Program Description: Advocacy for better mental health awareness and improved mental health services and conditions. Will assist patients in disputes with providers. Monitors quality mental-health services in the county. Community oriented resource education and parent education.

Mid-Carolina Area Agency on Aging
Program Name: Family Caregiver Support Program
Address: 130 Gillespie Street, Fayetteville, NC 28302
Phone: (910) 323-4191
Website: www.mccog.org
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Serves family and friend caregivers who provide care for a 60+ year old loved one in a community setting and support to 60 year old and older grandparents raising their grandchildren. Oversees funding and programs for informational services, counseling services, respite services, and some supplemental services in an effort to support the informal caregiver.

MOMS Club of Fayetteville - South
Address: 123 Bayshore Drive, Parkton, NC 28371
Phone: (910) 717-1881
Website: www.momsclub.com
Hours of Operation: Call for meeting dates and times
Program Description: Provides support and activities for stay-at-home-moms and their children. Activities include monthly meetings, playgroups, park play days, lunches for moms and their children, and Moms Night Out.

Montessori School of Fayetteville
Address: 1201 Cape Court, Fayetteville, NC 28304
Phone: (910) 323-4183
Website: www.fayettevillmontessori.com
Hours of Operation: Monday - Friday, 8:30 AM - 5:30 PM
Program Description: Provides unique, individualized pre-primary experiences for children aged 3-6 year old, by using methods developed by Maria Montessori. Offers half-day, full-day, and extended-day programs, and an after-school care program. Half-day programs are 3 hours long.

Mother’s Helper Doula Service, Inc.
Address: 5948 Fisher Rd., Ste. 102A, Fayetteville, NC 28304
Phone: (910) 486-8705
Website: www.doulanc.com
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM
Program Description: Provides direct support for families with special needs. Offer specialized in home nursing care and CNA’s for high risk obstetrics, postpartum, pediatrics, and adults.
Mount Sinai Foundation, Inc.
Program Name: Mount Sinai Homes Learning Center
Address: 703 Blue Street, Fayetteville, NC 28301
Phone: (910) 483-8404
Hours of Operation: Monday - Friday, 2:00 PM - 5:00 PM
Program Description: Promotes positive educational and social development.

Museum of the Cape Fear Historical Complex
Address: 801 Arsenal Avenue, Fayetteville, NC 28305
Phone: (910) 486-1330
Website: http://museumofthecapefear.ncdcr.gov
Hours of Operation: Tuesday - Sunday, 10:00 AM - 5:00 PM
Program Description: Recounts the social, economic, and political history of southern North Carolina. Comprised of the Museum, the 1897 Poe House, and the Arsenal.

Myrover Reese Fellowship Homes, Inc.
Address: 560 Wilkes Road, Fayetteville, NC 28306
Phone: (910) 486-8718
Website: www.angelfire.com/nc/MRFH
Hours of Operation: Monday - Sunday, 7:00 AM - 7:00 PM
Program Description: Provides supervised transitional living and after care/outpatient care for recovering substance abusers.

Narcotics Anonymous
Address: 310 Green Street, Fayetteville, NC 28301
Phone: (910) 678-8002
Website: www.fayaa.org
Program Description: Narcotics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from substance abuse. There are no dues or fees for NA membership; we are self-supporting through our own contributions. NA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help others to achieve sobriety.

National Adoption Information Clearinghouse
Address: 330 C Street SW, Washington, DC 20024
Phone: (703) 352-3488
Website: www.adoption.org/adopt/national-clearinghouse.php
Program Description: Provides comprehensive resource on all aspects of adoption. Connects professionals, parents, and concerned citizens to practical, timely, and essential information on programs, research, legislation, and statistics regarding domestic and inter-country adoption. The Clearinghouse is a service of the Children’s Bureau of the U.S. Department of Health and Human Services. Most publications are available for free or for a small cost.

National Alliance on Mental Illness, N.C.
Program Name: Toll Free Warm Line
Address: 309 West Millbrook Road, Suite 121
Raleigh, NC 27609
Phone: (800) 451-9682
Website: www.naminc.org
Program Description: Provides information or assistance for individuals having a problem regarding mental health services. Provides support and advocacy, peer counseling, referrals. Rights protection information, advocacy, and referral. Provides consumer input to promote mental-health system changes.

National Clearinghouse on Child Abuse & Neglect Information
Address: 330 C Street, SW, Washington, DC 20447
Phone: (703) 385-7576
Website: www.nccanch.acf.hhs.gov
Hours of Operation: Monday - Friday, 8:30 AM - 5:30 PM
Program Description: Connects professionals and concerned citizens to timely, useful and essential information on programs, research, legislation, and statistics to improve the safety, permanency, and well-being of children and families.

National Coalition for the Homeless
Phone: (910) 323-5016
Website: www.nationalhomeless.org
Program Description: Connects professionals and concerned citizens to timely, useful and essential information on programs, research, legislation, and statistics to improve the safety, permanency, and well-being of children and families.
National Domestic Violence Hotline
Phone: (800) 799-SAFE (7233)
Website: www.thehotline.org
Program Description: Hotline advocates are available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, information and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands. Assistance is available in English and Spanish with access to more than 170 languages through interpreter services.

National Down Syndrome Congress
Address: 30 Mansell Court, Ste. 108, Roswell, GA 30076
Phone: (800) 232-6372
Website: www.ndsccenter.org
Program Description: Serves as an advocacy organization comprised of parents and professionals concerned with Down syndrome. Maintains a national referral listing, puts parents in touch with their local parent groups, and maintains a clearing house on Down syndrome.

National Institute for Literacy Hotline
Phone: (800) 228-8813
Website: www.literacydirectory.org
Program Description: Is an initiative of the U.S. Department of Education, Office of Vocational and Adult Education (OVATE) to expand evidence-based practice in the field of adult literacy.

National Kidney Foundation of North Carolina
Address: 4819 Park Road, Suite C, Charlotte, NC 28209
Phone: (704) 519-0020
Website: www.kidneync.org
Program Description: A major voluntary nonprofit health organization, dedicated to preventing kidney and urinary tract diseases, improving the health and well-being of individuals and families affected by kidney disease and increasing the availability of all organs for transplantation.

National League of Junior Cotillions
Address: PO Box 53368, Fayetteville, NC 28305
Phone: (910) 485-4831
Website: www.njlc.com
Hours of Operation: Monday - Friday, 9:00 AM - 4:00 PM
Program Description: Teaches and promotes self-esteem, manners, honor, dignity, and respect for others. This program is for children in grades 6-12. Also teaches social and formal dancing to children in the 6th through 12th grades. International League of Corporate Cotillions teaches business etiquette.

National Runaway Switchboard
Phone: (800) 621-4000
Website: www.1-800runaway.org
Program Description: Anonymous hotline for runaways.

New Life and New Beginnings
Address: 430 Moore Street, Fayetteville, NC 28301
Phone: (910) 484-8990
Program Description: Provides 6 beds for adult homeless persons. Also provides emergency food and clothing. Call for assistance.

New South River Baptist Association Church
Program Name: Beatitude House Ministry
Address: 102 North Main Street, Spring Lake, NC 28390
Phone: (910) 485-8791
Website: www.nsrba.org
Program Description: We are a Ministry that serves through the vision of “Giving People a Hand-up and Not a Hand Out”. Our Ministry provides second hand clothing and household goods at a “below average” price. We also have a “Food Pantry” that is available. We provide emergency food and clothing for those in need. Two locations - one in Sampson County (910-525-4351) and one in Spring Lake (496-0925).

North Carolina Coastal Pines
Program Name: Girl Scouts of America
Address: 2110 Fort Bragg Road, Suite 16, Fayetteville, NC 28303
Phone: (910) 437-9900
Website: www.nccoastalpines.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Our mission is to build girls of courage, confidence, and character who make the world a better place. Please contact us if you would like your daughter to participate or you would like to volunteer with us.
North Carolina Cooperative Extension- Cumberland County

Program Name: Read Me A Story (Lending Library)
Address: 301 East Mountain Drive, Fayetteville, NC 28306
Phone: (910) 321-6869
Website: http://cumberland.ces.ncsu.edu/

Program Description: Uses children’s stories with food themes to engage children in activities that foster recognition and acceptance of a variety of foods. The books are read to children and then supplemented with learning activities. Kits can be checked out on a two week basis. Food is not provided with the kits.

Program Name: Baby Think It Over
Program Description: Provides an experience for teens that simulates the parenting of an infant. This is an innovative pregnancy prevention program designed to help young people make responsible, informed choices about pregnancy.

Program Name: Color Me Healthy - Preschoolers Moving & Eating Healthy
Program Description: Color Me Healthy is an educational program designed for children ages 4 and 5 years old to teach them the importance of exercise and eating healthy. Local training is available for child care providers. Teaching materials are provided once the training is complete which teaches creative and effective ways to use the program in their facility.

Program Name: Eating Smart Move More Weigh Less
Program Description: Provides training which teaches families skills and helps motivate them to improve eating and physical activity behaviors to achieve a healthy weight. The training is flexible and families can participate in one to four modules: Eating Smart at Home; Eating Smart on the Run; Moving More Every day, everywhere; and Moving More, Watching Less.

North Carolina Cooperative Extension- Hoke County Center

Address: 116 W. Prospect Avenue, Raeford, NC 28376
Phone: (910) 875-3461
Website: http://hoke.ces.ncsu.edu

Program Description: North Carolina Cooperative Extension partners with communities to deliver education and technology that enrich the lives, land and economy of North Carolinians.

Program Name: 4-H and Youth Development Program
Program Description: Through 4-H, hundreds of thousands of North Carolina’s young people learn new skills and serve their communities each year. 4-H offers clubs, special interest programs, summer camps, school enrichment and after-school child care. Guided by North Carolina Cooperative Extension educators and adult and teen volunteers, 4-H’ers gain knowledge, skills and experience that help them become responsible citizens and leaders.

Program Name: Color Me Healthy – Early Childhood Nutrition and Physical Activity Curriculum
Program Description: Color Me Healthy is an educational program designed for children ages 4 and 5 years old to teach them the importance of exercise and eating healthy. Local training is available for child care providers. Teaching materials are provided once the training is complete which teaches creative and effective ways to use the program in their facility.

Program Name: Community & Volunteer Development
Program Description: Helping individuals, families, and communities put research-based knowledge to work to improve their lives.

Program Name: Expanded Food and Nutrition Education Program
Program Description: A federally funded program helping limited resource youth and families with children, learn how to eat healthier meals and snacks, stretch their food dollars and reduce the risk of food-borne illnesses.
Family and Consumer Sciences Program

Program Description: Parenting, Family Resource Management, Human Development, Nutrition, Parents As Teachers Program

Supervisor, North Carolina Extension and Community Association Liaison Agent

Program objectives include building strong families by educating families and individuals on lifespan development, positive interpersonal relationships, and improving quality of life and fostering resiliency for families in transition by helping families develop skills and strategies to effectively manage their personal finances through expected and unexpected economic changes and life events.

Financial Resource Management Program

Program Description: Services include: High School Financial Planning – personal financial management education, More In My Basket – promotes food security through outreach education about the NC Food and Nutrition Program, Steps to Health – Older adult program focusing on nutrition and food dollar management.

Housing & Energy Program

Program Description: Services include: E-Conservation Residential Energy – designed to help consumers make informed energy efficiency and conservation decisions for their home, Disaster Education – teachers consumers to properly prepare for potential disasters and how to respond and recover, Health Homes Partnership – a public outreach program focused on reducing housing deficiencies and risks associated with childhood diseases and injuries.

Human Development Program

Program Description: Focuses on ways in which research can be applied to better the lives of individuals in our community.

Parents As Teachers

Program Description: The Parents As Teachers Program (PAT) is an educational and family support program based on the philosophy that parents are their child’s first and most important teachers. PAT is a home/community partnership designed to help parents acquire the knowledge and skills to give children the best possible start in life. PAT offers home visits, group meetings, developmental screenings and resource network. PAT is a voluntary program available to all citizens of Hoke County with children 0-5 years of age. Smart Start funded program.

North Carolina Cotton Festival

Address: Dunn, NC
Phone: (910) 892-3282
Website: www.nccottonfestival.com

Program Description: Held annually in Dunn the first Saturday in November. The festival’s goal is to bring recognition to one of North Carolina’s prime agricultural products “cotton,” and through this process attract people to Dunn’s downtown. There are more than 130 food and craft booth spaces available each year. Shopping opportunities throughout the festival as well as tours through an operating cotton gin.

North Carolina Court Systems

Teen Court

Address: 109 Green Street, Suite 308, Fayetteville, NC 28301
Phone: (910) 486-9465
Website: www.ncteencourts.org

Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM

Program Description: Provides teens ages 11-18 who are first-time offenders an alternative sentencing opportunity to repay society for their offenses. Teenagers serve as clerks, bailiffs, and attorneys. Judges and trained attorneys serve as the Teen Court judges. Volunteer positions for Adults and Young Adults.

North Carolina Dental Society

Give Kids a SMILE

Address: 239 Robeson Street, Fayetteville, NC 28301
Phone: (910) 485-0555
Website: www.thecareclinic.org

Program Description: “Give Kids A Smile!” is the annual centerpiece of National Children’s Dental Health Month. On the first Friday in February, the nation’s dentists will provide free oral health care services to low-income children across the country. In addition to helping children in need, Give Kids A Smile! Highlights for policymakers the ongoing challenges that disadvantaged children face in accessing dental care.

North Carolina Department of Administration

Address: 116 W. Jones Street, Raleigh, NC 27699
Phone: (919) 807-2425
Website: www.doa.state.nc.us/default.asp

Program Description: The department’s programs provide advocacy, assistance and services to diverse segments of the state’s population that have been traditionally underserved.
North Carolina Department of Commerce Division of Work Force Solution
Program Name: Job Link Career Center
Address: 414 Ray Avenue, Fayetteville, NC 28301
Phone: (910) 486-1010
Website: www.ncesc.com
Program Description: Employment Services, Unemployment Insurance, Career Resource Center, Re-employment services workshop, Veteran’s Services, Former Offender Services, Federal Bonding. We have partner agencies located in the office that assist with training programs, vocational rehabilitation, financial aid, and the community college.

North Carolina Department of Health & Human Services
Program Name: Division of Services for the Blind
Address: 225 Green Street, Suite 500
Fayetteville, NC 28301
Phone: (910) 486-1582
Website: www.dhr.state.nc.us/dhr
Program Description: Provides vocational rehabilitation and social work services for the blind and visually impaired children and adults. Services include guidance, counseling and referrals, reader services for college students, college training, and special adaptive services. Administers the medical eye care program including low vision evaluations.

Program Name: Division of Child Development and Early Education
Address: 319 Chapanoke Road, Raleigh, NC 27603
Phone: (800) 859-0829
Website: www.nchildcare.net
Program Description: Assures a safe and healthy child care environment in licensed Child Care Centers and Family Child Care Homes. Monitors for compliance with the North Carolina child care law and rules. Investigates complaints related to potential violations of the child care requirements or allegations of child abuse and/or neglect. Promotes and assures the education/training requirements of individual child care providers and the prevention of harm to children in group care via criminal record checks of staff working in all facilities. Administers and provides oversight for the Subsidized Child Care Program.

Program Name: Division of Non-Public Education
Address: 116 W. Jones Street, Raleigh, NC 27603
Phone: (919) 733-4276
Program Description: Division of Non-Public Education has the legal responsibility to verify that all private elementary/secondary schools are meeting those requirements by periodically inspecting certain school records.

Program Name: Division of Vocational Rehabilitation
Address: 1300 St. Mary’s Street, Suite 400, Raleigh, NC 27617
Phone: (888) 479-6095
Program Description: The Division of Vocational Rehabilitation Services provides counseling, training, education, transportation, job placement, assistive technology and other support services. These services are provided to people with physical, psychiatric or intellectual disabilities and to individuals who are deaf or hard of hearing or have other communicative disorders to assist them with living independently and with finding a job and staying on the job.

North Carolina Division of Public Health: Women’s and Children’s Health
Program Name: Children with Special Health Care Needs Help Line
Phone: (800) 737-3028
Program Description: Provides a toll-free information and referral help line for those living with, caring for and concerned about a child with special health care needs. Topics most often discussed with help line callers include: Eligibility, enrollment, and services available under government programs. Funding resources to help pay for medications, medical equipment/supplies, adaptive devices, visits to the doctor, paying for utilities and food. Locating low cost health care and dental clinics.
North Carolina Division of Services for the Deaf and Hard of Hearing

Program Name: Community Affairs Unit
Address: 319 Chapanoke Road, Suite 108, Raleigh, NC 27603
Phone: (919) 773-6110
Website: www.dsdhh.dhhs.state.nc.us/
Hours of Operation: Monday, 8:00 AM – 6:00 PM
Program Description: Provides services to the deaf and hard of hearing, by providing interpreter assessment and training, outreach and educational services in the community, advocacy services, information and referral services, and communication support services. There are seven regional resource centers throughout the state.

Program Name: Raleigh Regional Resource Center
Phone: (800) 851-6099
Program Description: Provides not only direct services to individuals with hearing loss and the agencies and businesses that serve them but also the resources and linkages to programs and services all across North Carolina. DSDHH’s specially-trained staff, many of whom are Deaf, Hard of Hearing or Deaf-Blind, are housed at its seven Regional Centers located throughout the state. Thanks to their specialized and critical support, many North Carolinians with hearing loss are leading self-sufficient, productive and fulfilling lives.

Program Name: Relay North Carolina
Phone: (877) 735-8200
Program Description: Provides telephone accessibility to the deaf, deaf blind, hard of hearing, and speech impaired citizens of North Carolina.

Program Name: Telecommunications Access of North Carolina
Phone: (800) 999-5737
Program Description: Providing free telephone adaptive equipment to qualifying deaf, hard of hearing, and speech impaired individuals in North Carolina.

North Carolina Foster and Adoptive Parent Association
Address: 2609 Atlantic Avenue, Suite 105, Raleigh, NC 27604
Phone: (866) 623-7248
Website: www.ncfapa.org
Program Description: The mission of the North Carolina Foster and Adoptive Parent Association is to promote quality foster and adoptive services through collaborative advocacy, education, resources, reunification efforts and networking.

North Carolina Healthy Start Foundation
Address: 1300 St. Mary’s Street, Suite 204, Raleigh, NC 27605
Phone: (919) 828-1819
Website: www.nchealthstart.org
Program Description: Works to reduce infant mortality. Focuses on prevention and education by actively promoting healthy lifestyles for women of childbearing age and the utilization of available health services. Coordinates six successful state public health education campaigns: First Step Campaign; NC Back to Sleep Campaign; Minority Infant Mortality Reduction; Ana Maria; Health Check/NC Health Choice for Children; and Medical Home.

North Carolina Indian Housing Authority
Address: 2125 Sapona Road, Fayetteville, NC 28312
Phone: (910) 483-5073
Website: www.ncindianhousing.com
Program Description: Provides housing for low income Native Americans. The Authority has statewide jurisdiction, except that no project shall be undertaken in any area where a city, county or regional Housing Authority is in operation, unless the local authority adopts a resolution declaring a need for the Indian Housing Authority to exercise its powers within the area already operated by local government.

Program Name: Coharie Village
Phone: (910) 592-1507
Program Description: Low income housing located in Clinton, NC and has 14 –3 bedrooms and 6 –4 bedrooms. Coharie Village was constructed and opened in 1993.
Program Name: Down Payment Assistance
Program Description: This project is sponsored and supported by the North Carolina Housing Finance Agency and provides down payment assistance of 20% up to $25,000 (whichever is less) to low and very-low income families who need extra money to obtain a home mortgage.

Program Name: Eagles Nest Apartments
Phone: (910) 483-9562
Program Description: Located in Fayetteville, NC and has 40 one-bedroom units, 30 two-bedroom units and 22 three-bedroom units. The complex opened for occupancy in January 1989.

Program Name: Elliott Properties
Phone: (910) 488-1869
Program Description: Low income housing located in northwest Fayetteville, NC and has 12 one-bedroom units and 98 two-bedroom units.

Program Name: Mutual Self Help
Program Description: The Mutual Self Help Housing Program is about offering home ownership to First Time Homebuyers with low and very low income (80% of the median income or below). You will need to be credit worthy (credit counseling available), meet USDA-RD loan requirements, and have a reliable source of income. You will be working with several families helping each other in the process of building each family’s house. Participation in the building process is required but no experience necessary.

North Carolina Mentor - Hoke
Address: 116B Campus Avenue, Raeford, NC 28376
Phone: (910) 848-0650
Website: www.nc-mentor.com
Program Description: North Carolina MENTOR serves children with a wide range of behavioral and emotional challenges. Our services for children and families are tailored to the unique needs of each child and family, respecting the hopes and vision they have for their own life directions.

Program Name: Comprehensive Clinical Assessment
Program Description: A process of continual assessment, planning and treatment review. This helps ensure that those needs are identified and the right services are used to meet them.

Program Name: Intensive In-Home Services
Program Description: Intensive In-Home services are designed for children with behavioral health challenges such as substance abuse, behavior problems or trauma. Services are provided right in the family’s home to help the whole family—the child, parents and other caregivers, siblings and foster parents, for children in foster care—map a positive new path for their own lives.

Program Name: Medication Management
Program Description: For children with behavioral health challenges such as ADHD, depression, anxiety or trauma, medications may be used as one part of a their individual treatment plan. They are used to complement other treatments the child is receiving, such as Outpatient Therapy, to reduce symptoms related to behavioral issues.

Program Name: Outpatient Therapy
Program Description: Outpatient Therapy services help children deal with behavioral health challenges in a safe, supportive therapy environment, whether their individual challenge is trauma, depression, behavior problems, substance abuse, or a wide range of other issues. While in outpatient therapy, the child learns to build coping skills that can help them succeed as they move forward in life.

Program Name: Therapeutic Foster Care
Program Description: Our Therapeutic Foster Care program currently serves hundreds of children across the state. We serve children as young as infants all the way to age 21. Foster parents, known as Mentors, receive 24/7 support from North Carolina MENTOR staff to ensure that each child in their care is receiving the highest level of service.

North Carolina Turkey Festival
Address: 101 N. Main Street, Raeford, NC 28376
Phone: (910) 904-2424
Website: www.ncturkeyfestival.org
Program Description: One of the best festivals in North Carolina is the Turkey Festival, held every September in Raeford, Hoke County, NC. Originating in 1984, the North Carolina Turkey Festival was officially named in 1985. It’s a week-long festival that hosts a state-wide turkey cooking contest, games, crafts, music and entertainment. The festival continues to attract more than 60,000 visitors each year.
North Carolina Zoological Parks and Gardens
Program Name: North Carolina Zoo
Address: 4401 Zoo Parkway, Asheville, NC 27203
Phone: (800) 488-0444
Website: www.nczoo.org
Program Description: Zoological park for the state of North Carolina. Special arrangements for classes of school children; contact education office for information. Open to the public, accessible for the handicapped.

North Carolinians for Home Education
Address: 4336-A Bland Road, Raleigh, NC 27609
Phone: (919) 790-1100
Website: www.nche.com
Program Description: Serves as a resource and support group for anyone interested in home schooling.

Northwood Temple Church
Program Name: House of Hope
Address: 4400 Ramsey Street, Fayetteville, NC 28311
Phone: (910) 488-3227
Website: www.northwoodtemple.org
Program Description: Provides Christian-based support groups for women dealing with women’s issues and a 12-step program for men and women overcoming substance abuse.

Open Arms Community Church
Address: 342 Moore Street, Fayetteville, NC 28301
Phone: (910) 829-7424
Program Description: Provides hot meals and clothing to the needy and/or hungry. Information and referral to agencies available.

Operation Blessing
Address: 1337 Ramsey Street, Fayetteville, NC 28302
Phone: (910) 483-1119
Program Description: Offers counseling, clothing, food, limited financial assistance for emergency rent and electric assistance.

Program Name: Operation Blessing Crisis Pregnancy Center
Program Description: Offers confidential counseling and free pregnancy testing.

Operation Ceasefire
Program Name: Operation Ceasefire Movie Night
Address: 467 Hay St., Fayetteville, NC 28301
Phone: (910) 484-1989
Website: www.ceasefire.ci.fayetteville.nc.us
Hours of Operation: Monday - Friday, 8:00 AM - 4:00 PM
Program Description: Provides public awareness to educate the public about firearm violence, safety & gun ownership. We work to reduce firearm violence in Cumberland County by creating partnerships between law enforcement & the community.

Operation Sickle-Cell, Inc.
Address: 2409 Murchison Road, Fayetteville, NC 28301
Phone: (910) 488-6118
Website: www.sicklecellnc.org/
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Provides education, counseling, and information about sickle-cell anemia. Trained staff members perform sickle-cell testing at no charge. Offers home health care, newborn screening, and follow-up, and child service coordination. Sponsors Sickle-cell parent/patient/teen support groups.

Oxford Houses of North Carolina
Program Name: Oxford Houses for Men
Address: 902 Arsenal Avenue, Fayetteville, NC 28305
Phone: (910) 673-1042
Website: www.oxfordhouse.org/
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Support groups.

Program Name: Oxford Houses for Women
Program Description: Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Support groups.
Parents of Murdered Children
Address: 100 E. 8th Street, Suite 202, Cincinnati, OH 45202
Phone: (513) 721-5683
Website: www.pomc.com
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Membership is open to those who have been cruelly bereaved by the murder of a loved one. Professionals who are in frequent contact with grieving families are also welcome to join.

Parks & Recreation – Town of Spring Lake
Program Name: Spring Lake Community Recreation Center
Address: Town Hall, 301 Ruth Street, Spring Lake, NC 28390
Phone: (910) 436-0011
Website: www.spring-lake.org
Hours of Operation: Monday - Friday, 3:00 PM - 8:00 PM
Program Description: Provides opportunities for recreation for citizens of Spring Lake and Cumberland County. Operates parks, amphitheater, and picnic areas with grills, ball fields, playground, trails, and campsites. Sponsors Senior Games for Region M.

Program Name: Multi-Purpose Community Center
Address: 245 Ruth Street, Spring Lake, NC 28390
Program Description: Provides opportunities for recreation for citizens of Spring Lake and Cumberland County. Operates Community center facility to include indoor gymnasium, classrooms, fitness center, full kitchen, walking trail, and classes for all ages. Operates senior center that is dedicated to provide services to seniors of Spring Lake and Cumberland county. Operates all outdoor parks to include Mendoza, Odell Road, Ruth Street, and Wilson Avenue, all picnic/shelter areas, ball fields, playgrounds, and tennis courts. Sponsors Senior Games for Region M.

Partnership for Children of Cumberland County, Inc.
Address: 351 Wagoner Drive, Suite 200, Fayetteville, NC 28303
Phone: (910) 867-9700
Website: www.ccpfc.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Plans, administers, and advocates services for young children and their families. Provides funding for programs and services for young children under six years of age and their families, and access to high-quality and affordable childcare, health care, and other critical family services.

Program Name: Child Care Resource and Referral
Program Description: Provides parents with child care referrals, information, and support in their search for high quality, affordable and accessible child care for their children from birth to 12 years of age. Parents can access child care referrals 24 hours a day through the online referrals at www.ccpfc.org. Offers temporary child care subsidy with a referral from a human service organization. Offers NACCRA fee assistance program to help military families to pay for child care. Car seat program and parent workshops are available to the community.
Frequently Requested Services:
Children’s Car Seats  Grandparent Support Group
Parent Education & Training  Child Care Subsidy

Program Name: Early Childhood Programs (Quality Improvement Grants)
Program Description: Plans, administers, and advocates services for young children and their families. Provides funding for programs and services for young children under six years of age and their families, and access to high-quality and affordable childcare, health care, and other critical family services.

Program Name: Family Resource Guide
Website: www.ccpfc.org/Research/FRG_Survey/OnlineSearch
Program Description: Online interactive family resource guide with a listing of at least 150 agencies, 345 programs & 94 subjects.
Program Name: N.C. Pre-Kindergarten Program
Program Description: N.C. Pre-K is a state-funded, community-based pre-kindergarten program. Designed to provide 4-year-old children, who may not otherwise be served, with a valuable educational experience. This part-day program provides young children with access to a specific curriculum and preschool experience to enhance their school readiness. The N.C. Pre-Kindergarten Program standards are built on the premise that in order to be successful academically in school, children need to be prepared in all five of the major domains of development outlined by the National Education Goals Panel.

Program Name: Partnership’s KidStuff
Program Description: The Partnership for Children of Cumberland County, Inc. hosts the children’s area at the Fayetteville Dogwood Festival. Partnership’s KidStuff provides free child-friendly games and activities that educate and entertain. Feature attractions are the Toddler Zone and the Rock-A-Bye-Baby diaper changing and nursing area.

Program Name: PFC Resource Center (PFC RC)
Program Description: Creates collaborative relationships and maximizes community resources to meet the needs of children and families. Including better access to services, resources, information, and needs identified in studies conducted by the Partnership for Children (PFC) and other community efforts. Provides two Information Referral Assistants (IRA) to answer the telephones for each agency and provides information related to those agencies whenever possible, greet and assist visitors; and be the point of contact for all agencies in the PFC RC. Provides office equipment at competitive cost allowing partner non-profit agencies the convenience of utilizing equipment in-house without the expense of traveling to outsourced agencies and paying higher prices.

Program Name: Professional Development Career Center
Program Description: Offers training and staff development opportunities for child care providers and parents on a variety of topics in Early Childhood Education. Registration for parent, provider and director workshops are provided for a fee.

Program Name: Resource Services
Program Description: Offers books, developmentally appropriate toys, and materials to families and child care providers of young children at no cost. Resource materials are also available to students and teachers in the early childhood field. Professional equipment is available on a fee-basis (laminator, die cutter, art waxer, book binder, and copier).

Peace of Mind, Inc.
Address: 817 W. Front End Road, Lillington, NC 27546
Phone: (910) 814-2197
Hours of Operation: Monday - Friday, 9:00 AM - 7:00 PM
Program Description: Outpatient counseling for the treatment of children, adolescents and adults, individual psychotherapy couples, marriage and family therapy group counseling clinical supervision, consultation, critical incident stress debriefing (CISD), trauma treatment military personnel and family issues.

Pediatric Developmental Therapy
Program Name: Enhanced Therapy Services
Address: 1289 Oliver Street, Fayetteville, NC 28304
Phone: (910) 483-8331
Website: www.pediatricdt.com
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Pediatric Developmental Therapy (PDT) was founded with a mission focused on providing quality speech therapy, occupational therapy and physical therapy to children. As part of our mission, the therapists work to give parents the tools and strategies they need to help their children develop and carry over therapy principles to the home. Each child is treated as an individual and the therapy is designed to best meet each child’s needs. PDT therapists are educated in a variety of areas and specialties so we are uniquely positioned to make sure children are given the therapy they need to reach their full potential.

Pediatric Services of America, Inc.
Program Name: Pediatric Home Health Care (Private Duty Nursing)
Address: 351 Wagoner Drive, Ste. 412
Fayetteville, NC 28303
Phone: (800) 268-5556
Website: www.psakids.com
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Provides quality health care services to patients in a manner which is cost effective and maintains the family unit in the home setting with continuity, dignity, and comfort.
Planned Parenthood of Central NC
Program Name: Teen Connections-Peer Education Program
Address: 951 S. McPherson Church Rd, Suite 108, Fayetteville, NC 28303
Phone: (910) 323-3774
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: Peer education program, parent opportunities, and peer training.

Plum Mom’s Clubs
Program Name: Stroller Strides
Phone: (800) 675-2023
Website: www.strollerstrides.net/fayetteville
Program Description: Stroller Strides, the country’s largest fitness program for new moms, hosts the Plum Moms Clubs. Our Plum Moms Club offers free playgroups and fun activities for families of young children who love maintaining an active, educational, philanthropic & positive lifestyle. Many of these playgroups are attended by members of Stroller Strides Members; however SS membership is not required to be part of the Plum Moms Club. Stroller Strides helps moms make strides in fitness, motherhood and life! But don’t be surprised if you see Dad supporting this mission too! Stroller Strides is also a great way to get in shape, meet other parents and have fun with your little ones all at the same time.

Praise Fellowship Church of God
Program Name: Meal Assistance
Address: 533 Adams Street, Fayetteville, NC 28301
Phone: (910) 483-6500
Program Description: Meal assistance program.

Precious Haven, Inc.
Address: 120 Westlake Dr., Ste. 7, Fayetteville, NC 28314
Phone: (910) 868-6092
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: Provides residential services for at risk females up to age 17. Offers community support for males and females up to age 20. Also offers Diagnostic Assessments.

Prevent Blindness North Carolina
Program Name: Photorefractive Vision Screening
Address: 4011 West Chase Boulevard, Suite 225, Raleigh, NC 27607
Phone: (919) 755-5044
Program Description: Prevent Blindness of North Carolina offers photorefractive vision screenings on-site to children ages 2-5 at child care centers, pre-k, head starts, church- based centers and children with special needs. Screenings are conducted by trained screeners using photorefractive screening technology to detect vision problems that may lead to loss of sight. Follow up examinations and services are also available.

Prevent Child Abuse North Carolina
Address: 3716 National Drive, Suite 118, Raleigh, NC 27612
Phone: (800) CHILDREN (244-3736)
Website: www.preventchildabusenc.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Prevent Child Abuse North Carolina (PCANC) is the only statewide organization dedicated to the prevention of child abuse and neglect. Through investment in innovative programs proven to prevent child maltreatment before it occurs, PCANC helps North Carolina’s communities decrease factors that put children at risk for abuse and increase factors that encourage children to thrive. Through our offices in Raleigh, we serve every community in North Carolina.

Primary Health Choice
Address: 219 W. Broad Street, St. Pauls, NC 28384
Phone: (910) 865-3500
Website: www.primaryhealthchoice.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Provides 16 locations for mental health.
Raeford-Hoke Habitat for Humanity
Address: P.O. Box 732, Raeford, NC 28376
Phone: (910) 875-9341
Website: www.habitat.org
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM
Program Description: R/HFFH is a locally run affiliate of Habitat for Humanity International, a nonprofit, ecumenical Christian housing organization. Habitat for Humanity works in partnership with people in need to build and renovate decent, affordable housing. The houses then are sold to those in need at no profit and with no interest charged. Volunteers provide most of the labor, and individual and corporate donors provide money and materials to build Habitat houses. Partner families themselves invest hundreds of hours of labor - “sweat equity” - into building their homes and the homes of others. Their mortgage payments go into a revolving Fund for Humanity that is used to build more houses.

Raeford-Hoke Museum
Address: 111 S. Highland Street, Raeford, NC 28376
Phone: (910) 875-2279
Website: www.raefordhokemuseum.org
Hours of Operation: Sunday, 2:00 PM – 4:00 PM
Monday & Tuesday, 10:00 AM – 2:00 PM
Program Description: The Raeford-Hoke Museum, a non-profit organization, began its preservation project in 2002 with the purchase of The McLauchlin-McFadyen House. The mission of the museum is to preserve the history, culture and artifacts of the local area. The Museum houses many historical artifacts, photographs and genealogies of Raeford and Hoke County. There is no admission fee, but donations are accepted.

Rape Crisis Volunteers of Cumberland County
Address: 109 Pearsons St., 2nd Fl., Fayetteville, NC 28301
Phone: (910) 485-7273
Website: www.rapecrisisonline.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Provides companions/volunteers to victims of rape. Companions are on call 24 hours for hospital and courtroom companionship. Provides victim advocacy and community networking. Offers support group meetings throughout the year.

Recruiters for Christ
Address: 931 Red Hill Church Road, Dunn, NC 28334
Phone: (910) 897-8356
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Emergency food supplies once a month.

Relay for Life of Hoke County
Address: Hoke County High School
Website: www.relayforlife.org/hokenc
Program Description: The journey to end cancer starts with a single step. The American Cancer Society invites you to take that step with us by joining the global Relay for Life movement. When you walk to end cancer at a Relay event, it’s your opportunity to not only honor cancer survivors and remember loved ones lost, but also to raise awareness about what we can do to stay well from cancer and raise money to help fuel the world’s largest walk to end cancer.

Renaissance Mentoring Programs for Youth & Adults
Address: 100 Hay Street, Suite 801, Fayetteville, NC 28311
Phone: (910) 624-8489
Website: www.cdcoa.org
Hours of Operation: Monday - Friday, 8:00 AM - 6:00 PM
Program Description: Our youth program focuses on academic and character education to help reduce juvenile delinquency. Our adult program focuses on vocational and character education to help reduce recidivism.

RHA Howell
Program Name: Community Alternative Program for Children
Address: 4700 Homewood Court, Suite300, Raleigh, NC 27609
Phone: (910) 803-2960
Website: www.rhahowell.org
Program Description: Provides home and community based services to medically fragile children who because of their medical needs are at risk for institutionalization in a nursing home. They are a bridge between family, needed services, Department of Social Services, Division of Medical Assistance, physicians and therapists.
Robeson County Health Department
Program Name: Dogwood Healthcare Network
Address: 460 Country Club Road, Lumberton, NC 28360
Phone: (910) 737-5010
Website: http://publichealth.southernregionalahec.org/robeson/comd.html

Program Description: Dogwood Healthcare Network is a regional system of care for persons with HIV/AIDS. The system consists of three Infectious Disease (ID) clinics and provides referrals as needed to other healthcare providers. The three ID clinics include the Robeson County Health Department, Southeastern Regional AHEC and Tri-County Community Health Center. These clinics serve persons living in Bladen, Cumberland, Harnett, Hoke, Moore, Richmond, Robeson, Sampson, and Scotland Counties.

Rockfish Camp and Retreat Center
Program Name: Summer Resident Camp
Address: 226 Camp Rockfish Road, Parkton, NC 28371
Phone: (910) 425-3529
Website: www.camprockfish.org

Hours of Operation: Monday - Friday, 8:30 AM - 4:00 PM
Program Description: Offers summer camping programs, including day camp and one and two week sessions and environmental education programs. Features tent camping for scout groups, facilities for adult, youth, school, and family retreats. Tree house camping facilities and hayrides are also available. Offers group challenge course, featuring a series of physical obstacles and problems requiring combined cooperative efforts of group to solve.

Rockfish Church
Program Name: Community Support Services – Alpha Pregnancy Support Services
Address: 114 E. Elwood Ave, Raeford, NC 28376
Phone: (910) 875-7555
Hours of Operation: Monday - Friday, 8:30 AM - 4:00 PM
Program Description: Provides assistance with clothes for those community members in need, a voucher is required. Support services and baby supplies are also available for teen mothers.

Safe Kids Harnett County
Address: 1901-G N. Main Street, Lillington, NC 27546
Phone: (910) 893-2344
Website: www.safekids.org

Hours of Operation: Monday - Friday, 8:30 AM – 4:30 PM
Program Description: The mission of the organization shall be to reduce death and injury to children ages 0-14 years in Harnett County through prevention, intervention, and education.

SAFE of Harnett County
Address: 1210 S. Main Street, Lillington, NC 27546
Phone: (910) 893-7233
Website: www.safeofhc.org

Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Offers 24 hour crisis hotline, shelter, support groups, court advocacy and accompaniment, hospital accompaniment, restraining order assistance, emergency financial assistance, referrals.

Salvation Army
Address: 220 East Russell Street, Fayetteville, NC 28301
Phone: (910) 483-8119
Website: www.salvationarmyfayetteville.org

Program Description: Provides a variety of services to our local communities. With facilities throughout Cumberland, Robeson, Hoke, and Moore counties, we are able to meet the spiritual, emotional and physical needs of those in need. From housing and feeding programs to disaster services we are committed to meeting human needs in the diverse communities we serve.

Program Name: After School Program
Program Description: Provides children ages 5 to 13 years old an affordable, fun, safe place to come after school; homework assistance; tutoring; games; and recreation.

Program Name: Holiday Assistance
Program Description: Donations provide Christmas dinners, clothing, and toys for families in need. Financial assistance also helps with basic necessities, along with seasonal aid. Families of prisoners often are included.
Program Name: Homeless Shelter
Program Description: Homeless shelter Emergency shelter for males, females and families for max of 90 days. We serve lunch from 12pm - 12:30pm and dinner from 5pm - 5:30pm every day including weekends. Breakfast is also served every day, but only to our residents.

Program Name: Kids 2 Kamp Summer Experience
Program Description: Annual summer camping opportunities are provided at The Salvation Army Camp Walter Johnson in Davidson County, N.C. This camping experience is more than just a pleasant vacation. Children learn new skills and self-reliance. Trained counselors are on hand who understand their emotional needs and problems. Day camping is made available locally. Children receive shirts, back packs, hygiene kits, and workbooks to make their experience complete and memorable. Kids to Kamp, together we can make a difference.

Program Name: Love Lunches
Address: 226 S. Cook Spring St., Fayetteville, NC 28301
Phone: (910) 307-0359
Program Description: We serve lunch and dinner to anyone in need every day including weekends. Lunch is served from 12-12:30pm and dinner is served from 5-5:30pm. Breakfast is only for our shelter residents.

Program Name: Social Services
Address: 226 S. Cool Springs St., Fayetteville, NC 28301
Phone: (910) 307-0359
Program Description: Provides emergency services for food, clothing, medical needs, transportation, and financial assistance. Provides Christmas relief services. Offers temporary shelter and community center. Summer day camp (5-12 year olds). Offers missing person’s locator service.

Program Name: Step-Up Semi Independent Living
Program Description: This program was created to help homeless men reduce their public dependency while helping them to succeed in personal goals. It provides counseling, classes, life skills training, and helps them obtain necessary lodging until they can become self-sufficient.

Salvation Army of Harnett County
Program Name: Dunn Family Store
Address: 1404 W. Cumberland Street, Dunn, NC 28334
Phone: (910) 891-1777
Website: www.salvationarmycarolinas.org/commands/smithfield
Program Description: Provides quality clothing, furniture and other goods to the community at bargain prices. A major part of the men’s and women’s involvement in their own rehabilitation is Work Therapy. Some of this is done in the Family Stores allowing them to regain self-esteem and learn valuable vocational skills as well.

Sandhills Behavioral Center, Inc.
Address: 402 Harris Avenue, Raeford, NC 28376
Phone: (910) 848-1638
Website: www.sandhillsbc.com
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Our services are designed for individuals with significant emotional or substance abuse problems who want to change the course of their lives. All services are designed to create minimal disruption to an individual’s work, school and family life. Depending on the population, treatment is provided during the day, after-school or in the evening. We offer extensive family programs as part of all of our services and strongly encourage family participation. Sandhills Behavioral Center, Inc. is a licensed mental health and substance abuse center in the state of North Carolina. We are a private organization that does accept Medicare, Medicaid or state funds. Our patients are typically uninsured and reflect the underserved population of Hoke County.

Sandhills Center
Address: 1120 Seven Lakes Drive, West End, NC 27376
Phone: (910) 673-9111
Website: www.sandhillscenter.org
Program Description: Develop, manage and assure that people in need have access to quality mental health, developmental disabilities and substance abuse services.
Sandhills Community College/Sandhills Hoke Campus
Address: 1110 E. Central Avenue, Raeford, NC 28376
Phone: (910) 875-8589
Website: www.sandhills.edu
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Our services are designed for individuals with significant emotional or substance abuse problems who want to change the course of their lives.

Program Name: Adult Basic Education
Program Description: Designed to help adults learn and/or improve basic reading, writing, math, spelling, and language skills.

Program Name: Adult High School
Program Description: Provides academic courses to students working on completing high school diploma.

Program Name: English as a Second Language
Program Description: For adults who have limited or no proficiency in the English language.

Program Name: Family Literacy
Program Description: Family Literacy classes, available to ABE, GED, and ESL students, offer a comprehensive program to help improve the parenting skills and academic status of families. Day care and transportation may be provided.

Program Name: General Educational Development
Program Description: For adults who did not complete a high school education. Classes will prepare students for the five GED tests in writing, social studies, science, language arts/reading, and mathematics.

Program Name: Succeed/Compensatory Education
Program Description: Provides adults with special needs the opportunity to acquire academic and life skills that will help them function successfully in daily living. Classes are FREE to all who are eligible and include Language, Math, Social Science, Community Living, Consumer Education, Job Readiness, Health and Leisure Activities.

Save the Babies House of Refuge, Inc.
Address: 122 Sam Cameron Avenue, Fayetteville, NC 28301
Phone: (910) 486-8100
Website: www.savebaby.org
Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM
Program Description: Provides a residential maternity home for unwed mothers (especially teens). Provides educational opportunities to residents, public school attendance (for minors), work study programs, vocational training, tutoring service, parenting, and adoption options.

Secular Homeschoolers of North Carolina
Phone: (910) 323-1277
Website: www.secularhomeschool.com/group.php?groupid=43
Program Description: Resource information and support group for homeschooling parents of North Carolina. Also offers creative and social outlets.

Serenity Therapeutic Services
Address: 109 Oakwood Avenue, Raeford, NC 28376
Phone: (910) 904-7147
Website: http://serenityts.com/index.html
Program Description: Serenity Therapeutic Services is a private for profit agency operated by a diverse staff with over 50 years of combined experience with the Mental Health/Developmental Disabilities/Substance Abuse Service population.

SHARE Pregnancy & Infant Loss Group
Program: SHARE Pregnancy & Infant Loss Bereavement Support Group
Address: 3186 Village Drive, # 101, Fayetteville, NC 28304
Phone: (910) 609-4481
Website: www.capefearvalley.com/patient_visitor/support_groups.html
Hours of Operation: Tuesday, 6:00 PM – 8:00 PM
Program Description: Offers a support group for parents who have lost babies through miscarriage, stillbirth, ectopic pregnancy, genetic abnormality, or newborn death. Sponsors a candlelight memorial service every December 6th at 7:00 pm, at the Angel of Hope statue, in Cross Creek Park, Green Street, Fayetteville. The event is free and families are encouraged to attend to light a candle in memory of their child/children, and lay a flower at the monument.
Sierra’s Residential Services, Inc.
Address: 1995 US 421, Lillington, NC 27546
Phone: (910) 814-4243
Website: www.srsconsulting.com
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: Level 3 residential, intensive in-home services, day treatment and outpatient therapy

Snyder Memorial Baptist Church
Program Name: Music Academy
Address: 701 Westmont Drive, Fayetteville, NC 28305
Phone: (910) 484-1041
Website: www.snydermbc.com
Hours of Operation: Monday - Friday, 9:00 AM - 8:00 PM

Program Name: Utility Assistance Program
Program Description: Provides assistance with utility payments.

Southern Regional Area Health Education Center
Program Name: Infectious Diseases
Address: 1601 Owen Drive, Fayetteville, NC 28304
Phone: (910) 678-7287
Website: www.southernregionalahec.org
Hours of Operation: Monday - Friday, 8:30 AM - 4:30 PM
Program Description: Specialty services for individuals with HIV and other infectious diseases. ID specialists - both local and from regional academic medical centers - provide comprehensive medical care. Medical case management and comprehensive peer education services are available.

Program Name: Pediatric Specialty Clinics
Program Description: Offers clinics staffed by physicians and medical residents and students. Services include: Endocrinology, Pediatric Cardiology, Infectious Disease, Pediatric Consultation, and Child Abuse Evaluation Clinics.

Speech Connections, LLC
Address: Early Childhood Intervention-Enhanced Therapy Services
Address: 5 Dowd Circle, Suite A, Pinehurst, NC 28374
Phone: (910) 295-2609
Website: www.myspeechconnections.com
Hours of Operation: Monday - Friday, 8:00 AM – 5:00 PM
Program Description: Speech Connections is a private speech and occupational therapy company.

Spivey’s Corner National Hollerin’ Contest
Address: Spivey’s Corner, NC
Phone: (910) 567-2600
Website: www.hollerincontest.com
Program Description: Held in Spivey’s Corner on the third Saturday in June, the contest features festive activities such as singing, dancing, games, arts and crafts, delicious food, and family entertainment.

State Library of North Carolina
Program Name: Library for the Blind and Physically Handicapped
Address: 1841 Capital Boulevard, Raleigh, NC 27635
Phone: (888) 388-2460
Website: www.statelibrary.dcr.state.nc.us/lbph/lbph.htm
Hours of Operation: Monday - Friday, 8:00 AM – 5:00 PM
Program Description: Offers talking books, digital books, cassette books, Braille books, large print books, digital players, cassette players, pillow speakers, “voice over” videos, headphones, and attachments such as amplifiers for the hearing impaired.

State of North Carolina Governor’s Office
Program Name: Hispanic Affairs Office
Address: 20301 Mail Service Center, Raleigh, NC 27699
Phone: (919) 733-5361
Website: www.governor.state.nc.us
Hours of Operation: Monday - Friday, 8:00 AM – 5:00 PM
Program Description: The Hispanic Affairs Office works with the Hispanic Community throughout North Carolina.
Stedman–Wade Health Services, Inc.

**Program Name:** Stedman Family Dental Center  
**Address:** Hwy 24 East, Stedman, NC 28391  
**Phone:** (910) 483-3150  
**Website:** www.stedmanwadehealthservices.org  
**Program Description:** The Mission of Stedman-Wade Health Services, Inc. is to provide quality, accessible, affordable primary and preventive medical and dental health care in a compassionate and cost effective manner to all populations.

Steps N Stages, Inc.

**Program Name:** Jubilee House  
**Address:** 120 Langdon Street, Fayetteville, NC 28301  
**Phone:** (910) 977-2303  
**Website:** www.stepsnstages.com  
**Program Description:** Our agency will provide transitional housing and permanent housing for women veterans. This house length of stay is determined on an individual basis depending upon circumstances and requirements. For women veterans and their dependents. Services and support provided will include: VA Claims Assistance Job Search Assistance/Referral Transitional Housing for Homeless Veterans Mentoring/Life Coaching Assistance with Discharge Upgrades Financial Literacy Classes Transportation to VA for medical care and treatment Peer counseling and support groups And above all, compassionate care and consideration for the daughters of our nation.

Summer Camps US

**Website:** www.summerrcampsus.com  
**Program Description:** View website for local, state, and national summer camps for boys and girls. Please contact the camps directly.

Survivors of Suicide

**Website:** www.survivorsofsuicide.com  
**Program Description:** The purpose of the Survivors of Suicide website is to help those who have lost a loved one to suicide resolve their grief and pain in their own personal way. The grief that survivors of suicide experience is unique. The questions often left behind are at times unbearable. It is my hope that this site will offer information that will help answer some of those questions, as well as provide a safe place for survivors and friends of survivors to share their struggle and pain and offer comfort and understanding to others who have experienced a similar loss.

Teague’s Home for Women

**Address:** 333 Hawley Lane, Fayetteville, NC 28301  
**Phone:** (910) 483-5044  
**Website:** www.greenshome4women.com  
**Program Description:** Formerly Green’s Home for Women, now Teague’s Home for women offers transitional housing for homeless women. VA Claims Assistance Job Search Assistance/Referral Transitional Housing for Homeless Veterans Mentoring/Life Coaching Assistance with Discharge Upgrades Financial Literacy Classes Transportation to VA for medical care and treatment Peer counseling and support groups And above all, compassionate care and consideration for the daughters of our nation.

The Re-Store Warehouse

**Address:** 205 Forsythe Street, Fayetteville, NC 28302  
**Phone:** (910) 321-0780  
**Website:** www.therestorewarehouse.com  
**Program Description:** The Re-Store Warehouse accepts donations of new and used home improvement products such as cabinets, appliances, lighting, furniture, lighting and plumbing fixtures, windows, doors and more. The materials are sold to the public at a discount with the proceeds going back to the community through organizations such as Fayetteville Urban Ministry, Operation Inasmuch, Cumberland Interfaith Hospitality Network, The Center for Economic Empowerment and Development (formerly The Women’s Center of Fayetteville), Teague’s Home for Women and Habitat for Humanity. These organizations provide much needed programs, assistance and housing for those who are less fortunate. Redoing your kitchen or bathroom? Working on a major remodel or just looking for some cool stuff to spruce up your house.

TheraPlay

**Address:** 135 Chatham Street, Sanford, NC 27330  
**Phone:** (919) 774-1281  
**Website:** www.theraplaync.com  
**Hours of Operation:** Monday - Friday, 8:00 AM - 5:00 PM  
**Program Description:** Provides pediatric speech and language therapy services. Trained to diagnose and treat a variety of disorders to include articulation delays, cleft palate, autism, apraxia, Down syndrome and other genetic syndromes.
Think Smart Outreach Center, Inc.
Address: 55 Think Smart Lane, Erwin, NC 28339
Phone: (910) 814-8762
Website: www.thinksmartoutreach.org
Program Description: Our program offers an after school program, summer camp, day care, college prep program, sporting teams, recreational and family involvement activities.

Tia Hart Drug & Alcohol Recovery Community Outreach Program
Address: 116 E. Elwood Avenue, Raeford, NC 28376
Phone: (910) 565-3063
Program Description: Community Outreach, Education & Prevention Activities. Recovery through Meetings Using the 12-Step Facilitation Model, Sober Recreation Activities & Peer Support.

Total Life Care, Inc.
Address: 801 Erwin Road, Dunn, NC 28334
Phone: (910) 897-5121
Program Description: Community alternative program-children, community alternative program-disabled adults, personal care service, in-home aide.

Tragedy Assistance Program for Survivors
Address: 1777 F. Street NW, Suite 600, Washington, NC 20006
Phone: (202) 588-8277
Website: www.taps.org
Program Description: TAPS provides ongoing emotional help, hope, and healing to all who are grieving the death of a loved one in military service to America, regardless of relationship to the deceased, geography, or circumstance of the death. TAPS meets its mission by providing peer-based support, crisis care, casualty casework assistance, and grief and trauma resources.

Tri-County Community Health Center, Inc.
Address: 3331 East Street, Dunn, NC 28334
Phone: (910) 567-6194
Program Description: Pediatric care, obstetric care, gynecological care, physicals (annual, school, sports, and CDL), immunizations/flu shots, diabetes management, HIV/AIDS management, occupational medicine, ancillary services.

United Cerebral Palsy of North Carolina
Program Name: UCP Off-site Inclusion Specialist
Address: 170 Mill Stone Road, Moncure, NC 27559
Phone: (919) 542-1739
Website: www.ucpnc.com
Program Description: Offers consultation services at licensed child care centers and registered family day homes in Cumberland County in collaboration with Cumberland County Schools. This consultation is designed to support preschoolers with special needs, ages 3-5.

United Management
Program Name: Haymount Manor Resource Center
Address: 2040 Elvira Street, Fayetteville, NC 28303
Phone: (910) 323-9094
Website: www.cityoffayetteville.org
Program Description: Job search assistance, educational information center, human services information.

Program Name: Longview Green Resource Center
Address: 117 Longview Drive, Fayetteville, NC 28303
Phone: (910) 482-9950
Program Description: Current job listings, non-profit and human services information.

United States Department of Veteran Affairs
Program Name: Fayetteville VA Medical Center
Address: 2300 Ramsey Street, Fayetteville, NC 28301
Phone: (910) 488-2120
Website: www.fayettevillenc.va.gov
Program Description: Provides excellence and value in health care and benefits by providing services that are both patient centered and evidence based. Care is delivered by engaged, collaborative teams in an integrated environment that supports learning, discovery and continuous improvement.

Program Name: National Homeless Veterans Hotline
Phone: (877) 4AID VET (877-424-3838).
Hours of Operation: 24 hours a day, 7 days a week
Program Description: Ensure that homeless Veterans or Veterans at-risk for homelessness have free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.
United Way of Cumberland County
Program Name: Dolly Parton's Imagination Library (DPIL)
Address: 222 Maiden Lane, Fayetteville, NC 28301
Phone: (910) 483-1179
Website: www.unitedway-cc.org
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: To encourage the love of reading and learning, the UWCC in collaboration with EMBARQ, launched DPIL in 2005. It is our goal that every preschool child in Cumberland County has his/her own library of books at home. Children registered in DPIL receive a free book at home every month by mail until his/her fifth birthday.

United Way of Harnett County
Address: P.O. Box 1322, Dunn, NC 28335
Phone: (910) 892-1733
Website: www.uwayharnett.org
Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM
Program Description: A private nonprofit agency whose mission is to mobilize the community and create partnerships that make a measurable difference in people’s lives. Each year, volunteers assess the human service needs of Harnett County and commit to raising and distributing funds to organizations that meet these charitable needs.

Unity Home Care, Inc.
Address: 1909 Bragg Blvd., Fayetteville, NC 28303
Phone: (910) 864-1799
Hours of Operation: Monday - Friday, 8:30 AM - 5:00 PM
Program Description: Provides personal care services in the home for client medical disabilities. Services include light housekeeping, errands, and assisting client with bathing and dressing. Provides RN mini visits.

Veterans Empowering Veterans
Address: 614 Person Street, Fayetteville, NC 28301
Phone: (910) 237-4257
Website: www.veteransempoweringveterans.org
Program Description: To create a community for homeless veterans and veterans that will assist them to successfully transition back into civilian society thru training and self-empowerment skills.

Veterans of Foreign War - Hoke
Address: Post 10 Ralph A. Pandure Post
145 Hanger Lane, Raeford, NC 28376
Website: www.myvfw.org/nc/post10
Program Description: To foster camaraderie among United States veterans of overseas conflicts. To serve our veterans, the military, and our communities. To advocate on behalf of all veterans.

Program Name: Creative Patriotic Art Contest
Program Description: Students create patriotic art on paper or canvas, no digital art is accepted. Students must be in grades, 9 – 12 and attend school in the same state as the sponsoring Ladies Auxiliary VFW. National Scholarships will be awarded to the top five winners.

Program Name: Patriot’s Pen
Program Description: Students draft a 300-400 word essay, expressing their views based on an — always patriotic — annual theme chosen by the VFW Commander-in-Chief. Annually, more than 100,000 students from grades 6-8 (nationwide) enter. One first-place winner from each state competes to win one of 46 national awards totaling $46,000. The national first-place winner wins $5,000 and an all-expense-paid trip to Washington, D.C., in March.

Program Name: Voice of Democracy
Program Description: Knowing that a democratic society needs nurturing, the VFW established the Voice of Democracy program (VOD) in 1947 to provide students grades 9-12 the opportunity to express themselves in regards to democratic ideas and principles. Each year, nearly 40,000 high school students from across the country enter to win a share of the $2.2 million in educational scholarships and incentives awarded through the VFW's Voice of Democracy audio-essay competition.

Vision Resource Center
Address: 1600 Purdue Drive, Fayetteville, NC 28301
Phone: (910) 483-2719
Website: www.visionresourcecentercc.org
Program Description: Provides independent living skills, educational, and social programs for blind and visually impaired adults and school-aged children.
Glossary of Subjects

An alphabetical listing of definitions for specialized terms

**Adolescent Services** – Programs that focus on helping children grow to become independent adults through classes, workshops, job training, skill development, and counseling.

**Adoption Services** – Adoption is a service provided for children who cannot be reared by their birth parents and who need and can benefit from new and permanent family ties established through legal adoption. Pregnancy counseling services, support groups, information and referral services, educational services, placement services.

**Adult Basic Education** – Programs that offer adult education encompassing everything from basic skills/GED training to community and continuing education to workforce training.

**Adult Day Services** – Services related to providing daytime support, supervision and activities for adults.

**After School Care** – The provision of recreational and rehabilitative activities for school-aged children during the summer months when the schools are not in operation, or immediately before or after the school day when schools are in operation.

**AIDS/HIV** – Programs that provide resources and services for people who are HIV positive.

**Alcohol Abuse Treatment/Prevention** – Services related to treatment and prevention of alcohol abuse.

**Art/Cultural Activities** – Programs that provide cultural and artistic programs for children and their families.

**Assistive Technology Equipment** – Programs that provide a variety of devices that can help people function and live independently.

**Associations** – An organized body of people who have an interest.

**Autism** – Programs that offer support and direct services for families of individuals with autism.

**Basic Needs** – Help with food, clothing, furniture, and other basic needs such as Emergency Assistance, Food/Pantry Services, Housing Services, Temporary Shelter and Utilities.

**Behavioral Health** – See: Mental Health Care

**Behavior Issues** – Programs that target children exhibiting behavioral problems.

**Breast Feeding** – Programs that promote and support public health and health care efforts to make breastfeeding the normal method of infant feeding.

**Car Seats** – Programs that loan out child safety seats.

**Child Abuse Prevention/Reporting** – Services related to the prevention and reporting of child abuse.

**Child Care Financial Assistance** – Programs that underwrite the costs of child care in public and private child care centers or private family child care homes for low-income families in situations where the parent(s) are working, in school or in a training program.

**Child Care Resource and Referral** – Programs that coordinate access to early childhood education resources and materials.

**Child Support** – Programs primarily addressing the enforcement and collection of court ordered child support payments.

**Clothes & Clothing** – Services related to providing clothing for needy persons.

**Counseling** – Outpatient facilities that offer a variety of counseling services for individuals, couples, families and extended family groups who may be experiencing difficulty resolving personal or interpersonal conflicts or making personal adjustments to stressful life situations such as separation, divorce, widowhood, loss of a child, poor health, unemployment, family violence, delinquency or substance abuse.

**Deaf/Hearing Disorders** – Services addressing the needs of deaf or hearing impaired persons.

**Death and Dying** – Programs that assist terminally ill patients and their families in the home.

**Dental Care** – Programs that offer screening and/or in-depth diagnostic procedures that establish the presence of a targeted disease, condition or disorder and/or which provide a logical foundation for ongoing treatment.
Developmental Disabilities – Services related to the needs of developmentally disabled children and adults.

Disaster Relief Services – Services addressing the needs of persons who have experienced an emergency or the needs of persons in communities declared as disaster areas.

Domestic Violence – Programs that provide services to assist individuals or families experiencing problems and living in a home with domestic violence.

Drug Abuse Treatment/Prevention – Services related to treatment and prevention of drug abuse.

Early Childhood Health – Regular, periodic checks by a qualified health care professional to monitor a child’s development and health status, provide immunizations, etc., with the goal of preventing illness and discovering problems early to decrease the treatment time or severity of the problem.

Emergency Food – Programs that seek to meet the basic nutritional needs of a community by providing improved access to free or low-cost food products. Include food banks, emergency food, vouchers, and food pantries.

English as a Second Language – Education services directed towards teaching persons whose primary language is not English.

Fairs and Festivals – Local celebrations, fairs, festivals, carnivals, galas and festivities.

Family Counseling – Outpatient facilities that offer a variety of counseling services for individuals, couples, families and extended family groups who may be experiencing difficulty resolving personal or interpersonal conflicts or making personal adjustments to stressful life situations such as separation, divorce, widowhood, loss of a child, poor health, unemployment, family violence, delinquency or substance abuse.

Family Literacy Services – Programs to develop and promote pre-literacy skills of children by encouraging family book sharing and other strategies. May include promoting adult literacy skills. Programs such as Motheread/Fatheread, Raising a Reader, or Reach Out and Read®

Financial Counseling - Financial counseling is described as counselor-to-client assistance that addresses unique financial circumstances and housing issues, and focuses on overcoming specific obstacles to achieving a housing goal such as repairing credit, addressing a rental dispute, purchasing a home, locating cash for a down payment, raising awareness about critical housing topics such as predatory lending practices, fair lending and fair housing requirements, finding units accessible to persons with disabilities, avoiding foreclosure, or resolving a financial crisis.

Foster Care Services – Services related to the placement and support of children in family-like home environments.

Fuel Assistance – Programs that provide short-term payments for people who cannot afford fuel themselves and who qualify for this service on the basis of income or need.

Furniture and Appliances – Services related to providing furniture and appliances for needy persons.

Gang Prevention – A gang prevention activity that aims to reduce or prevent gang involvement.

Grandparents Support – Programs that provide services such as support groups, formal case management advocacy, information and referral, and linkage with support to other providers and community agencies that work with grandparents.

Grief & Trauma Counseling – Programs that provide professional care and support for grieving individuals in an effort to enhance coping skills, emotional healing and positive growth.

Health Care – Programs whose primary purpose is to help people in the community achieve and maintain physical well-being through the study, prevention, screening, evaluation and treatment of people who have illnesses, injuries or disabilities; and the provision of family planning, maternity and other services that relate to human production.

Health Insurance – Health insurance programs for children who qualify on the basis of income or need.

Hispanic & Latino Services – Programs that provide services to Spanish-speaking families.
**Holiday Assistance** – Programs that provide holiday assistance to people who qualify for this service on the basis of income or need.

**Home Health Care** – Supplemental health services provided at home by medical paraprofessionals, typically to prevent institutionalization of the aged or disabled.

**Homelessness** – Programs that provide the services or resource support to people who are homeless or at risk or becoming homeless.

**Home Repair Services** – Programs that provide assistance for people who need to make essential repairs to their homes in order to eliminate health or safety hazards.

**Home Schooling** – Homeschooling involves a commitment by a parent or guardian to oversee their child or teen’s educational development.

**Hospice Care** – Services related to end-of-life care and planning, and family respite.

**Hotlines** – Toll free telephone numbers focused on providing immediate information for urgent social issues.

**Independent Living Skills Instruction** – Programs designed to assist emotionally or physically challenged individuals acquire life skills that reduce or eliminate the need for supportive services.

**Information Resource and Referral** – Instructions and directions on how to access services from providers and agencies that address human needs.

**Job Training** - Programs that prepare people for specific types of employment opportunities by providing instruction or experience in utilizing the skills required for the performance of specific job-related tasks and the assumption of specific job-related responsibilities.

**Legal & Mediation** - Programs that provide assistance services in the form of advocacy, arbitration, certificates/forms assistance, class action litigation, legal counseling, legal representation, mediation, paralegal counseling, self-representation assistance and/or court watching focus on a particular area of law.

**Lending Library** - Programs that offer books, developmentally appropriate toys and materials for check out to families and child care providers of young children at no cost.

**Life Skills Training** - Programs that enhance the development of basic life skills, personal competence, and skills relevant to dealing with situations. Education and training on: hygiene, time management, parenting, financial literacy, health and wellness, job readiness, transportation, communication, cooking, and nutrition.

**Meals (Home Delivered)** - Food in the form of meals, for qualifying individuals or families, delivered to the person’s home.

**Medical Expense Assistance** - Programs that handle the medical expenses of people who cannot afford to make the payments themselves and who qualify for this service on the basis of income or need.

**Medical Insurance** – See Health Insurance

**Medical Services** – See Health Care

**Mental Health Care** - Programs that provide preventative, diagnostic and treatment services in a variety of community and hospital-based settings to help people to achieve, maintain and enhance a state of emotional well-being, personal empowerment and the skills to cope with everyday demands without excessive stress. Treatment may include emotional support, introspection and problem-solving assistance utilizing a variety of modalities and approaches, and medication, as needed, for individuals who range from the severely chronically mentally ill through those who are experiencing difficult life transitions or who are having problems in coping with daily living.

**Mentoring Programs** – Programs that foster the development of mentoring relationships in the community.

**Military Family Services** – Programs that provide support and services to active military personnel and their families.

**Moms Club** – Social and support groups for mothers and children from birth through age six.

**Mortgage Payment Assistance** – Programs that pay current housing bills or finance new living accommodations for people who cannot afford to make the payments themselves and who qualify for this service on the basis of income or need.
**Museums** – Local museums including art museums, wax museums, historic museums, science museums, art exhibits and other national museums.

**Nutrition and Physical Activity** – Services provided by a nutritionist to address an individual’s need for an adequate diet of food and drink that promotes good growth and development and prevention of disease. Services to improve knowledge, practices, and policies of nutrition and physical activities for child care providers, children, and parents. Includes initiatives such as Shape NC, Be Active Kids, or Preventing Obesity by Design (POD); activities using other childhood obesity prevention curricula and/or assessment tools like Nutrition and Physical Activity Self-Assessment for Child Care (NAP SACC) or Color Me Healthy.

**Parent Education** – Parenting classes/activities using a defined program of instruction or curriculum designed to increase parenting knowledge and skills such as Incredible Years (IY), FASY, Early Childhood STEP, Adolescent Parent Program, Nurturing Parenting Program, Triple P, Circle of Parents, etc.

**Parks** – Local parks

**Playgrounds (Ages 2-5)** – An outdoor play area for pre-school children ages 2 to 5.

**Playgrounds (Ages 5-12)** – An outdoor play area for children ages 5 to 12.

**Playgroups** – A small informal nursery group meeting for half-day sessions.

**Prekindergarten** – An early childhood program in which children combine learning with play in a program run by professionally trained adults.

**Prenatal/Newborn Services** – Services targeting newborn and/or prenatal health care and education (Ex. Expanding or enhancing current systems, increasing service intensity, and program start-up. Activities include Welcome Baby, breastfeeding, initial home visits and incentive programs).

**Pregnancy Services** – Services focused on pregnancy prevention, medical management, and related medical needs.

**Prescription Expense Assistance** – Programs that purchase necessary prescriptions drugs for people who cannot afford to pay for the prescriptions themselves, who would be in an emergency situation without assistance and who qualify on the basis of income or need. Also included are programs that reimburse individuals for their prescriptions expenses, usually on an annual basis, and organizations other than pharmacies through which eligible people can obtain prescriptions at reduced rates.

**Rape Treatment/Counseling** – Medical and counseling services offered in support of rape victims.

**Recreational Program** – Programs that offer opportunities for children to interact with pro-social adults and peers and learn new skills in a safe, supportive environment.

**Rental Assistance** – The provision of subsidies or grants for the payment of housing rent, typically conditional upon emergency or financial need.

**Resource Center** – Programs that provide family education and connections to community resources.

**Respite Care** – Programs which provide short-term relief for the caregiver.

**Runaways** – Programs outside the law enforcement structure and the juvenile justice system that provide temporary shelter, either directly or through other facilities, counseling and aftercare services to runaways or otherwise homeless youth.

**Shelters** – Facilities offering a range of services to individuals and families in need; services typically focus on temporary housing for the homeless or for victims of violence.

**Special Needs** – Programs that serve children with developmental delays, or who are at risk of delays in their development. In the school system, a child with disabilities is enrolled in the exceptional children’s program so another term would be an “exceptional child”.

**Speech Language Therapy** – Services provided by a certified speech-language therapist or pathologist who helps individuals to develop communication skills such as improving word sounds (clearer speech), quality of voice (correcting for pitch, nasality, etc.), and being able to express and/or understand verbal communication (talking back and forth).
Subsidized Home Purchase – Programs that focus on assisting people in transition from homelessness to home ownership.

Substance Abuse Treatment/Prevention – Services related to treatment and prevention of substance and drug abuse.

Suicide Prevention/Counseling – Services focused on the prevention of suicide.

Summer Camps – Sites where care and activities are provided for children during the summer months.

Support Groups – A community of persons who gather together to focus on a wide variety of social issues and to provide each other with moral and emotional support.

Teen Pregnancy & Parenting Programs – Programs that provide ongoing case management, health education, and support services to teen parents.

Terminal Illness – Programs that offer support and services to the terminally ill.

Transitional Housing – One type of supportive housing used to facilitate the movement of homeless individuals and families to permanent housing. It is housing in which homeless persons live for up to 24 months and receive supportive services that enable them to live more independently. The supportive services may be provided by the organization managing the housing or coordinated by them and provided by other public or private agencies.

Transportation – Services addressing transportation needs, typically associated with accessing medical care or obtaining employment.

Troubled Youth – Educational services for teens and their parents, for pregnant and parenting teens, juvenile justice services, mental health programs for teens and their families, mentoring programs for teens, pregnancy services and support for teens, sexual assault prevention training, shelters and housing for teens and young adults, substance abuse prevention and treatment services, summer programs, support groups, and teen hotlines.

Tutorial Services – Programs that assist children through a supportive, interactive learning experience.

Utility Bill Payment Assistance – Programs that provide gas, electricity, water and telephone services including the hook-up of services and the installation, maintenance and repair of necessary equipment.

Veteran Programs – A wide range of services offered to former military servicemen.

Visually Impaired – Services addressing the needs of blind and visually impaired persons.

Youth Programs – A broad range of services focusing on the needs of juveniles, and their families, typically providing placement in secure facilities or services for the prevention of delinquency.
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