PSRY 5000
Psychiatry Clerkship

Erin Rakestraw
Clerkship Coordinator
Site Assignments

On-Campus
- Georgia Regents Medical Center
  - Adult/Geriatric Inpatient Unit
  - Behavioral Health Unit
  - Child/Adolescent Inpatient Unit
  - Consult Liaison
- East Central Regional Hospital
- Eisenhower Army Medical Center, Ft. Gordon
- Veterans Affairs Medical Center (Uptown Division)

Off-Campus
- Brunswick – Gateway Behavioral Health Services
  - Cedartown – Highland Rivers Center
    - Albany – Phoebe Behavioral Health
    - Rome – Highland Rivers Center
    - Savannah – Psychiatric Medicine, PC
  - Thomasville – Southwestern State Hospital
    - Valdosta – Valdosta Psychiatric Assoc., PC
Outpatient Experience
One half day per week – check your “Inpatient/Outpatient Schedule”

➢ GRU Psychiatry Outpatient Clinic
  - Miranda Harris, MD
  - Brian Miller, MD
  - Adriana Foster, MD
  - Ruth Graupera-Frain, MD
  - Christian Lemmon, PhD
  - Eric Lewkowiez, MD
  - Dale Peeples, MD
  - Lisa Sheehan, MD

➢ Augusta State Medical Prison
  - Niranjini Reddy, MD
  - Nitin Shendarkar, MD

➢ Walton Rehabilitation Hospital
  - Jeremy Hertza, Psy.D
What we expect . . .

➢ Attendance
  ▪ When absent, inform attending, resident(s), and clerkship coordinators

➢ Dress code
  ▪ Professional attire, white coats (no scrubs), GRU ID
  ▪ No visible tattoos, no jeans, no sandals

➢ Communication
  ▪ Check Outlook for announcements and information
What we expect . . .

➢ No photographing or recording patients
  ▪ Taking photos of patients using a camera or cell phone is a violation of hospital regulations and a serious HIPAA violation.

If any photography or other recording is required, specific consent from the patient must be obtained and all such photographs or recordings must be made by the “Media Section” of the hospital to which you are assigned.
Objectives for the Clerkship

Patient Care

- Perform a thorough psychiatric interview of a patient with mental illness.
- Perform and describe a mental status examination.
- Appraise the information obtained in a psychiatric interview.
- Formulate a psychiatric differential diagnosis.
- Recognize the need for clinical testing (i.e., neurocognitive disorder evaluation, diagnostic testing).
- Appraise the appropriate treatment modalities for psychiatric disorders.
- Demonstrate the ability to educate patients and their families/support systems about diagnoses, and subsequent care or mental disorders.
Objectives (cont’d)

Medical Knowledge

- Recognize the pathophysiology, epidemiology, clinical picture, and principles of treatment for the following disorders:
  - Psychiatric aspects of medical disorders
  - Neurocognitive disorders
  - Psychotic disorders
  - Bipolar and depressive disorders
  - Anxiety disorders and trauma/stressor related disorders
  - Personality disorders
  - Substance use disorders
  - Childhood and adolescent psychiatric disorders
Medical Knowledge (cont’d)

- Appraise the indications, contraindications, and possible side effects of the following drug classes in formulating a treatment plan:
  - Antipsychotic
  - Anti-anxiety
  - Mood stabilizers
  - Antidepressants
  - Sedative/hypnotics
  - Other drug classes that display psychiatric side effects

- Distinguish the indications for the major types of psychotherapy occurring in individual or group format: supportive; cognitive; behavioral; psychodynamic.

- Demonstrate an understanding of social history within the bio-psycho-social formulation of mental illness.

- Demonstrate an understanding of the epidemiology of suicide risk.
Practice-Based Learning and Improvement

- Demonstrate genuine intellectual curiosity and desire to learn, focused inquisitiveness in asking questions, and enduring persistence in the pursuit of learning.
- Choose and appraise medical literature that pertains to at least 1 (one) of their patients’ mental illness
- Complete a mid-rotation feedback form including goals for self-improvement
- Accept constructive criticism and modify behavior based on feedback.
Objectives (cont’d)

Interpersonal and Communication Skills

- Give an oral presentation of a patient in a succinct and organized manner using findings from the psychiatric interview and mental status exam.
- Write complete histories and physicals and progress notes in a succinct and organized manner using findings from the psychiatric interview and physical exam.
- Communicate empathically with patients with mental illness and their families or support system members
- Communicate with others in a respectful, professional and non-judgmental manner and demonstrate effective listening skills
- Recognize barriers to communication if they occur during a psychiatric interview.
- Educate patients assuring their understanding on healthy behavior change when appropriate (i.e., substance use, treatment adherence)
- Educate patients assuring their understanding on medical risk and benefits when appropriate (i.e., medication side effects)
Objectives (cont’d)

➤ Professionalism

✓ Students will demonstrate utmost respect for all with whom they interact (patients and their families and support system, colleagues and team members)

✓ Describe the importance of protecting patient privacy and identifying personal health information, including when and when not to share information; Required institutional training and assessment

✓ Maintain appropriate professional appearance and composure.

✓ Recognize and address personal limitations, attributes or behaviors that might limit one’s effectiveness as a physician and seek help when needed.

✓ Demonstrates sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, race, religion, disabilities and sexual orientation.
Systems-based Practice

- Demonstrate the ability to work within a multidisciplinary patient care team, with an understanding of the physicians’ role as team leader and the importance of ancillary staff.

- Examine medical errors and quality problems using a health systems approach and describe available methods to minimize them.
Lectures in Desire2Learn

- ECHO lectures

Each lecture is linked to a particular case study in Desire2Learn

- Anxiety Disorders (Sebastian)
- Dementia, Delirium and Amnestic Disorders (Foster)
- Eating Disorders Recognition, Assessment & Treatment (Lemmon)
- Legal and Ethical Issues in Psychiatry (Van Sant)
- Mental Health Consideration in Children and Adolescents (Londino)
- Mood Disorders (Shevitz)
- Personality Disorders (Albritton)
- Psychotherapy (Davidson)
- Schizophrenia and Other Psychotic Disorders (McEvoy)
- Substance Use Disorders (Foster)
- Sleep Disorders (McCall)
Suggested reading

- Introductory Textbook of Psychiatry – 5th Ed. *Black, D & Andreasen, N* *
- NMS Psychiatry – 5th Ed. *(Thornhill, J)* * (2 copies available)
- DSM-V-TR – Diagnostic and Statistical Manual of Mental Disorders – 5th Ed. *(APA)*
- Synopsis of Psychiatry Behavioral Sciences/Clinical Psychiatry – 10th Ed. *(Sadock, B & Sadock, V)*

* Available for checkout – see Clerkship Coordinator.
Grand Rounds

- National speakers, GRU Faculty and Resident speakers
- Thursdays from 11:30-12:30 – no Grand Rounds on the 1st, 3rd or 5th (if applicable) Thursday of the month (attendance not required on the fourth week of the rotation)

Weekly Case Conference/Journal Club

Dr. Brian Miller

- Topics presented by residents (short notice)
- Discussion of psychiatry-based journals/articles
- Thursdays from 1:00 – 3:00 p.m.
- Attendance not required on the fourth week of the rotation
On Call

- One evening of **weeknight call**
- One morning of **weekend rounds**
- Refer to the Psychiatry Clerkship Survival Kit for detailed instructions
- Sign-in via live document – link will be emailed
- Switching call dates allowed – notify clerkship coordinators
Access to . . .

- Psychiatry Inpatient Units (3S and 9N)
  - ID badges activated for access to units (must be GR Medical Center)

- Psychiatry Patient Records
  - PowerChart (Citrix Portal)
    - Access from GR Medical Center, clinics or student lounge
    - No access from off-campus
Mid-Rotation Feedback Form

- **Student responsibility:**

  - Complete and review form with attending
  - Give “Patient Tracking Log” book to attending for review
  - Feedback form to be completed by the end of 2nd week of rotation
  - Return “signed” form to Clerkship Coordinator by deadline
  - Fax to (706) 434-6703
Desire2Learn: Course Content

- Course content formatted in checklist by week
- Checklist outlines learning objectives, activities, lectures, materials and assessments for each week
- Quizzes: Due each corresponding Friday at 10:00 p.m.
  - Pre-Clerkship Quiz
  - Week 1, Week 2, & Week 3
Psychiatry Clerkship Departmental Exam

- Twenty-three Items
  - Vignettes A-U
  - Mental Status Write-Up (see Rating Sheet)
  - Nervous Man (Free text answers to 10 questions similar to TBL exercise done in orientation)
- Open book exam to be completed on your own time
- Will prepare you for the NBME shelf exam
- All vignettes to be completed by the end of the 3rd week
- Each question worth from .25 to 2 points
- Maximum achievable score = 15 pts.
Evaluation Criteria

Clerkship Assessment Form

- See 2013–2014 handout
Additional Feedback

- PSRY 5000 Part-Time Attending and PSRY 5000 Resident Feedback Forms available in One45 (see following slide for instructions).
  - Optional self-send forms.
  - Way to collect additional comments from all attendings and/or residents you work with.
  - Send to any attendings or residents you work with **EXCEPT for your primary attending**.
  - Good compliment to lead preceptor evaluation.
To access the PSRY 5000 Part-Time Attending and PSRY 5000 Resident Feedback Forms log in to One45.

Under your “To Do’s” you will see a link which states “Choose a new form to send to someone to evaluate you.” Click the link, select the applicable form, select the evaluator, date you worked with the individual and then submit.

Do not send to your primary attending, they will already be providing feedback.
Grading

- **Clinical Evaluation**
  - Fifty percent (50%)

- **Psychiatry Clerkship Departmental Exam**
  - Fifteen percent (15%)

- **National Board Subject Examination (NBME)**
  - Thirty-five percent (35%) of converted score
    - Raw score converted to a GRU clerkship grade
    - Refer to the Psychiatry Clerkship website for specifics regarding cut offs for an A, B and passing.
Clerkship Grade Appeal Policy

- Complete Grade Appeal Policy available on clerkship web site:
  http://www.georgiahealth.edu/medicine/psychiatry/clerkship/grading_appeals.html

- **Attendings** or **residents** should **NOT** be contacted directly about grade complaints

- Summary:
  - Two weeks to appeal after grade posted
  - MUST discuss with Clerkship Director initially
  - Clerkship Director MUST decide within 2 weeks
  - Next appeal - to Chair MUST be within 1 week
  - Chair MUST decide within 2 weeks
  - Final appeal to Vice Dean for Academic Affairs MUST be made within ONE WEEK and that decision MUST be made within 2 weeks
Clerkship Program Coordinator
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