Treating Tobacco Use and Dependence in Hospitalized Patients

An Evidence Based Approach to Help People Quit

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Today’s Program
Presented By
UW-CTRI Outreach Team:

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Thank You!

The Wisconsin Hospital Association's mission is advocating for the ability of its members to lead in the provision of high quality, affordable, and accessible health care services, resulting in healthier Wisconsin communities.
Overview of UW-CTRI

UW-CTRI’s mission is to expand our understanding of tobacco dependence and its treatment and to use this knowledge to design and implement interventions that will significantly reduce tobacco use in Wisconsin, in the nation and beyond.
Key Clinician Partnerships

- Physicians
- Nurses
- Dentists
- Dental Hygienists
- Diabetes Educators
- Pharmacists
- Nurse Practitioners
- Physician Assistants
- Respiratory Therapists
- Mental Health /AODA Professionals
Key Organizational Partnerships

- Wisconsin Hospital Association
- Wisconsin Dental Association
- Wisconsin Primary Health Care Association Wisconsin
- Department of Health Services
- Pharmacy Society of Wisconsin
- Wisconsin Medicaid and BadgerCare
- Wisconsin Academy of Physician Assistants
- Wisconsin Nurses Association
- Wisconsin Women's Health Foundation-First Breath Program
Today’s Webinar

- Introduction: Joint Commission Tobacco Measure Set
- Joint Commission Tobacco Measures and Tobacco Dependence Treatment in the Hospital Setting
- Implementation: Treating Tobacco Use and Dependence in Hospitalized Patients Manual
- Resources
- UW-CTRI Outreach Training and Technical Assistance
Introduction: The Joint Commission’s Tobacco Measure Set

Rob Adsit, M.Ed, Director of Education and Outreach Programs
Joint Commission Technical Advisory Panel Member
Joint Commission Tobacco Measures and Tobacco Dependence Treatment in the Hospital Setting
Key Guideline Recommendation

• Treat every tobacco user seen in a healthcare setting.
  The hospital setting provides a unique opportunity to treat tobacco dependence.

  – Teachable moment
  – Smoke-free environment
  – Trial quit attempt
  – Improve surgical/cardiac outcomes
The 5 A Brief Intervention Model for Treating Tobacco Dependence

- Ask
- Advise
- Assess
- Assist
- Arrange
## Joint Commission Tobacco Treatment Measures

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TOB-1 Tobacco Use Screening

- Screen hospitalized patients for tobacco use:
  - Within the past 30 days
  - 18 years of age or older
  - Tobacco products include: cigarettes, smokeless, pipe, and cigars
  - Document in record
TOB-2 Tobacco Use Treatment Offered or Provided During Stay

- Medication
  - Offer and/or provide FDA approved medication(s)

- Evidence-based Counseling
  - Offer and/or provide counseling
    - Recognizing danger situations
    - Developing coping skills
    - Provide basic information about quitting
TOB-3 Tobacco Use Treatment Offered or Provided at Discharge

- Medication
  - Offer and/or provide a prescription for FDA approved medication(s)

- Evidence-based Counseling
  - Offer and/or provide a referral for outpatient counseling:
    - Referral to another clinician
    - Follow-up by a phone call
    - Referral to group or community counseling
    - Referral to the Quit Line/Fax-to-Quit
TOB-4 Assessing Tobacco Use Status after Discharge

- Contact patient within 30 days post-discharge to collect and document tobacco use status. Possible strategies include:
  - In-person phone calls
  - Interactive Voice Response (IVR) systems
  - Electronic or hard copy mailings
  - Quit Line referrals via Fax-to-Quit and associated Patient Outcome Report
Implementation: Treating Tobacco Use and Dependence in Hospitalized Patients Manual
Resources and UW-CTRI Outreach Training and Technical Assistance
Resources

Overview

 ✓ More than 35 Online Resources
 ✓ Numerous PubMed Articles
 ✓ Research Abstracts
 ✓ Video Links
 ✓ www.ctri.wisc.edu/hospitals
Resources

Patient Education Flyers

- Wisconsin Tobacco Quit Line
- FDA Approved Medications
- Three Flyers Focused on the Quit Attempt
- Smokeless Tobacco and Weight Gain
Resources

Patient Treatment

✓ Hospital Assessment Procedures and Policies Worksheet
✓ Pharmacotherapy Protocol
✓ Physician’s Orders Nicotine Dependence Treatment
Resources

Patient Treatment

✓ Respiratory Therapy Referral
✓ Not Ready - Tobacco Assessment & Education Form
✓ Sample Letter to Primary Care Provider
✓ Discharge Plan
Resources

Smoking and Pregnancy

✓ Pre-Natal Five A’s Intervention Record
✓ Post-Natal Five A’s Intervention Record
✓ Smoke-Free Families Postpartum Assessment Form
Resources

Wisconsin Tobacco Quit Line

✓ Sample Fax to Quit Form
✓ Sample Fax to Quit “Fax Back” Report Form
Resources

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http://www.ctri.wisc.edu/HC.Providers/healthcare_ros.htm
Questions