Congratulations:

- Beth Shelvey and Hazel Preston, both intercalating, are two of six members of a committee for a children’s home in Nakuru, Kenya. The charity is called ‘The St Jerome’s Centre’ and cares for deprived and underprivileged children aged between 5-18 years. This summer saw a new house being built for 40 children in collaboration with another charity.

- Helen Iliff Yr 4 – presented the proforma she designed as part of her third year SSC to the Welsh Thoracic Society at the Welsh Botanical Gardens on 15th October and won £250. Her proforma is being adopted by Cardiff & Vale and has been distributed throughout the Welsh Thoracic Society.

- Camille Kostov & Chris Jefferies developed an e-learning resource, ‘Sepsis’, which won overall Best Student Presentation at the Belfast TEL conference in October. Both will receive entry to the ASME in Edinburgh, which is a conference that serves as a platform to discuss innovations in undergraduate and postgraduate medical education.

- Paul Wheeler Yr 5 has had a busy and successful few months. In addition to receiving the Yr 4 Woodhouse Prize in Geriatric Medicine, he has also been published this year in an international journal, Lung Cancer. (179 Limited stage small cell lung cancer (LS SCLC) - South East Wales experience. Lung Cancer, Volume 83, issue (January 29, 2014), p. S66. ISSN: 0169-5002 DOI: 10.1016/S0169-5002(14)70180-1)

Medic Artwork Competition

The Medical school recently ran an art competition inviting students from all years to compete for the chance to have their work displayed in the University Hospital of Wales. The theme was 21st century medicine/healthcare or an aspect of undergraduate teaching. The entries were judged by Professor Dylan Jones and Professor John Bligh who were ‘delighted’ with the standard and originality of all the artwork submitted, which ranged from paintings to 3D pieces – they were so pleased that they decided that all the entries should go up in the hospital!

The winning pieces were framed in the Deanery foyer outside LT4 culminating in a wonderful student artwork evening last week where the work was unveiled.

1st prize – ‘Elective Evolution’ by Tony Hanks
2nd prize – ‘The Smallest Act of Kindness’ by Charlotte Maden
3rd prize – ‘Progress’ by Tonya Neame

Congratulations and well done to all that took part!

Medic’s Varsity 2014

The first ever Medics’ varsity saw the two healthcare schools take each other on at Bristol’s Coombe Dingle sports ground on Sunday 23rd November. Medic sports teams competed in rugby, football, netball and hockey; with Cardiff securing a complete whitewash over their Bristolian rivals in what was a comprehensive inaugural varsity victory.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>RESULT</th>
</tr>
</thead>
<tbody>
<tr>
<td>RUGBY</td>
<td>Cardiff 37: 0 Bristol</td>
</tr>
<tr>
<td>FOOTBALL</td>
<td>Cardiff 2(6) : 2(5) Bristol</td>
</tr>
<tr>
<td>LADIES HOCKEY</td>
<td>Cardiff 3 : 0 Bristol</td>
</tr>
<tr>
<td>MENS HOCKEY</td>
<td>Cardiff 1(4) : 1(1) Bristol</td>
</tr>
<tr>
<td>NETBALL</td>
<td>Cardiff 57 : 21 Bristol</td>
</tr>
<tr>
<td>SQUASH (A &amp; B)</td>
<td>Cardiff 4:1 &amp; 5:0 Bristol</td>
</tr>
</tbody>
</table>

Med Day 2014

The 21st of November this year marked the first annual Med Day fundraiser at Cardiff University. The charity day, which was led by year 4 student Helen Iliff and a team of medical & dental students, aimed to raise money for the Noah’s Ark Appeal and the Cleft Lip and Palate Association (CLAPA). The day kicked off with bake sales and raffle tickets being sold in the Cochrane building and the opportunity to pie your favourite (or not so favourite) lecturers outside the hospital’s concourse. Students from all years got involved carrying buckets around the Heath and Cardiff City Centre collecting donations. The Dance Sport society also showcased their talents, performing a waltz in the St. David’s Centre. Everyone’s hard work paid off, with the fundraising total for the day reaching £3250.49! Well done to everyone who took part!
**Elective Spotlight: Volunteering in Kenya - Heather Preston**

The St Jerome’s Centre is a children’s home based in Nakuru, Kenya. Founded in 2012, we provide for 25 children aged between 4-18, and employ 7 Kenyan staff who look after the children on a daily basis. The children come from a variety of disadvantaged backgrounds, many being orphaned and often affected in some way by the endemic HIV problem in Kenya. The children are given a home, food and schooling with the opportunity to attend high school (something that many Kenyans cannot afford). Beth Shelvey and I are both Trustees of the centre, and along with 4 other trustees, manage the running of our home. Much of our funding comes from sponsors around the world alongside various fundraisers, which enable us to sustain both our children and staff. The cost of providing for our children is around £2 per child per day, and we are always striving for new ways to improve our funding.

*The St Jerome’s Children, Staff and Trustees, Summer 2014*

**SURGAM - Student Celebration Evening**

The newly renamed annual Student celebration evening – SURGAM will be taking place on 5th February 2015 to celebrate students’ achievements and showcasing the diversity of interesting things they have been involved in within and beyond the C21 course. There will be a variety of prizes, inspirational talks and entertainment - sounds like it will be a brilliant evening!

**1920’s Night**

At the end of November, students from across all five years attended Portland House, an old Cardiff Bank, for a night of 1920’s glitz and glam. The champagne reception was followed by a 20’s electro swing set by Elle and the Pocketbelles proceeded by a set from The Big Brass Band. Then when the clocks struck midnight, the former underground bank vaults opened for a few hours of great DJ sets into the early hours. This was a great evening with over 670 students attending. Special thanks to the social team of MedSoc for organising such a fab evening, we look forward to more of these socials to come!

**New Developments at Cwm Taf**

The new £2.8m specialised undergraduate teaching building has officially been handed over to the Health Board and is currently being furnished with fixtures, fittings and IT facilities. The building, opposite the Keir Hardie Health Park, will be fully operational when the next batch of Y2 students come to Merthyr on Thursday 8th January.

**Dean of Medical Education:**
Prof Nick Topley  
(Topley@cf.ac.uk)

**C21 Director:**
Dr Steve Riley  
(RileySG@cf.ac.uk)

**Phase 2:**
Dr Rhian Goodfellow  
(Goodfellow@cf.ac.uk)

**Harmonisation:**
Mr Michael Stechman  
(Michael.Stechman@wales.nhs.uk)

**Clinical & Communication Skills:**
Prof Paul Kinnersley  
(Kinnersley@cf.ac.uk)

**SSCs:**
Dr Sam Hibbitts  
(HibbittsSJ@cf.ac.uk)

**Assessments:**
Prof Phil Smith  
(SmithPE@cf.ac.uk)

**Community Based Learning:**
Prof Kamila Hawthorne  
(HawthorneK@cf.ac.uk)

**Key Dates & Reminders:**

**SURGAM** – the newly re-named Student Celebration Event  
(Thursday 5th February 2015, 4pm-6.30pm.)

Book free tickets for you and family at  
http://tinyurl.com/surgam2015

**Y2/Y5 SSC Conference**  
(17-19th February) MGLT and Sport and Social.

**5th Annual Curriculum Conference**  
(Friday 27th March) “C21: Gaining Momentum” Register at  
http://tinyurl.com/2015-C21

**Poster abstract submission deadline for the conference is 31st January 2015.** Submit via  
https://cardiff.onlinesurveys.ac.uk/march2015poster

**University Open Days:**
- Wednesday 25th March
- Friday 3rd July
- Friday 11th September
- Saturday 24th October
- Friday 26th & Saturday 27th June (Medicine-only)

Want to know more?  
C21@cardiff.ac.uk  
https://www.facebook.com/CardiffC21