New programs for the new school year

I am always impressed with the creativity of our team in the MPS Department of Recreation and Community Services. Every season, they introduce over 50 new classes to accompany the hundreds of tried-and-true programs you’ve come to expect. New this fall, you can learn to develop your own radio personality or draw a portrait of your pet while your children learn about aerospace engineering and movie special effects. Please take some time to discover the fun and affordable activities in this booklet – you’ll be glad you did!

In July of 2014, the Milwaukee Public Schools unveiled an initiative called Eight Big Ideas to Improve Student Success. These strategic objectives are providing the road map for our work to improve student outcomes through system-wide changes. The Recreation Department has been actively involved with supporting these efforts and is especially focused on our third strategic objective, Redefining the MPS Experience, which will increase academic, athletic, and other after-school activities for students. I couldn’t be more thrilled to announce that, beginning this fall, we will provide free driver education to all age-eligible MPS high school students. This is possible thanks to partnerships with the City of Milwaukee, Milwaukee County, and the Center for Driver’s License Recovery and Employability. The program, known as Universal Driver Education, will serve students ready to begin driving as well as those with suspended driving privileges who need assistance with regaining driving eligibility. This is a game changer for our community and our students as it promotes increased access to employment and educational opportunities as well as knowledge of safe driving practices. Please see page 22 for details and for more information about the Eight Big Ideas, please visit tinyurl.com/8-big-ideas-mps.

Finally, I’d like to thank WaterStone Bank for awarding the Recreation Department $10,000 through its 95th Anniversary Video Contest. The funds will support our youth scholarship program so we can continue our mission of ensuring that Milwaukee’s youth have access to high-quality recreation programs. We are grateful to WaterStone Bank for 95 years of active community engagement and their continual efforts to raise awareness for many important causes in our community. To watch our winning video entry, please visit tinyurl.com/mps-waterstone.

We hope you and your family will take advantage of the enriching programming and opportunities the Recreation Department has to offer. Have a safe and enjoyable school year!

Sincerely,

Darienne B. Driver, Ed.D.
Superintendent of Schools

MPS RUN BACK TO SCHOOL
EVENT PROCEEDS BENEFIT MPS YOUTH RECREATION ACTIVITIES
SATURDAY, AUGUST 27, 2016

MPS invites all runners and walkers to join us for the 9th Annual Run Back to School on Saturday, August 27 (rain or shine). Sign up for this event to enjoy a 5K run or 1.5 mile walk through Washington Park, followed by some great activities at Wick Playfield. Event proceeds will support MPS Youth Recreation activities. Please call (414) 475-8811 with any questions and register online at MilwaukeeRecreation.net.
In-Person Weekend Registration:
Hamilton & Marshall: Saturday, September 17, 10:00AM to Noon

Important Dates — See page 2 for details.

Aug. 3  Priority registration for city of Milwaukee residents begins at 10AM.
Aug. 10 Non-city of Milwaukee residents’ registration begins.
Sept. 8 Mail-in registration deadline. Mail must be received by Sept. 8.
Sept. 8 Fax-in registration deadline. Fax registrations must be received by 4:00 p.m.

You can now register online or in person as late as one week before your class begins (for most classes). To guarantee a space, please register early.

Introducing FREE Driver Education for all MPS students!
See page 22 for details.

Para ayuda en español: 475-8812
5 Easy Ways to Register

Priority registration is given to city of Milwaukee residents beginning
**August 3, 2016 at 10:00AM.** Non-city of Milwaukee residents may register beginning **August 10, 2016** through the dates listed below.

1. **ONLINE REGISTRATION**
   **Deadline:** one week before your class begins.
   Visit [www.MilwaukeeRecreation.net](http://www.MilwaukeeRecreation.net) for the easiest way to sign up. We launched a new online registration system in winter. If you haven’t registered since last year, we have transferred your account information to our new system. However, your old username and password will not work. Your new username is the e-mail address we have on file. To receive your new password, click “Forgot Your Password?” in the Account Login window and enter your e-mail address. If your e-mail address is not on file, please call (414) 475-8180.

2. **DROP-OFF REGISTRATION**
   **Deadline:** one week before your class begins.
   You can now register in person as late as one week before your class begins. To guarantee a space, please register early.
   You may register in person at one of these offices:
   - **Recreation Office:** 5225 W. Vliet Street, Rm. 162 or Rm. 56
   - **Office Hours:** Mon.–Fri., from 8:15 a.m.–4:30 p.m.
   - **Citywide Programs Office:** 2414 W. Mitchell St.
   - **Office Hours:** Mon.–Fri., from 8:15 a.m.–4:00 p.m.
   Offices are closed Monday, September 5.

3. **FAX-IN REGISTRATION**
   **Through Thursday, September 8 at 4:00 p.m.**
   1. Fax completed form to: MPS Recreation Department (414) 475–8183. Please include a return FAX number.
   2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

4. **MAIL-IN REGISTRATION**
   **Registration must be received by Thursday, September 8.**
   1. Make check or money order payable to: Milwaukee Recreation Department.
   2. Mail to: Milwaukee Public Schools Recreation Department, P.O. Box 461, Milwaukee, WI 53201-0461.
   3. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

5. **IN-PERSON REGISTRATION**
   **Hamilton & Marshall:** Saturday, September 17, 10AM to Noon

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Important Registration Information

**ENROLLMENT.** Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

**DEADLINES.** Registrations must be received before registration deadlines. No exceptions. The Recreation Department is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

**CONFIRMATION.** Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

**REFUND POLICY.** Information regarding our refund policy can be found online at [www.MilwaukeeRecreation.net/refund](http://www.MilwaukeeRecreation.net/refund). Or, contact us at (414) 475-8180 to receive a copy by mail.

**INSURANCE.** The Recreation Department does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

**FEES.** Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

**REDUCED ACTIVITY FEE (17 YEARS & UNDER).** City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children’s classes over $10 are eligible for a $5 discount. Children’s classes over $30 and over are eligible for a $10 discount. *Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at [www.MilwaukeeRecreation.net/reduced](http://www.MilwaukeeRecreation.net/reduced).

**PAYMENT METHODS.** Check, money order, credit/debit card (VISA/MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will not be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A $20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

**BUILDING ACCESSIBILITY:**
Reasonable accommodations are made for individuals with disabilities to participate in Milwaukee Recreation programs. If you have a mobility issue and are unfamiliar with the Community Center in which your activity will take place, please contact us at (414) 475-8180 to determine the best way to access your activity.

**AMERICANS WITH DISABILITIES ACT:**
Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer’s office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at (414) 283-4626.

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**Non-discrimination Notice:** It is the policy of Milwaukee Public Schools that, as required by section 118.13, Wisconsin Statutes, no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person’s race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). For section 118.13, Wisconsin Statutes, federal Title IX: Patricia Gill, Director, Office of Family Services, Room 133, Milwaukee Public Schools, 5225 West Vliet St. P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181. For Section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: Jeff Mohr, 504/ADA Coordinator for Students, MPS Department of Special Services, 5225 West Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181. (414) 475-8139 TDD; (414) 475-8139.
**MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM**

**MAIN CONTACT**

<table>
<thead>
<tr>
<th>LAST NAME</th>
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**ADDRESS**

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**DAY PHONE**

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**E-MAIL**

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**PERMISSION:** I hereby grant permission for my child/myself to participate in the above-named MPS Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself including seeking medical attention.

**WAIVER:** I/we recognize that unanticipated situations and problems can arise during Recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

**PHOTO PERMISSION/RELEASE:**

I understand, as parent/legal guardian of the above-named child, that there are times when the local news media, national news media and/or nonprofit organizations partnering with Milwaukee Public Schools request the opportunity to videotape, take photographs and/or interview children within Milwaukee Recreation and Milwaukee Public Schools. By signing this, I understand that and give permission for MPS to allow this with respect to my child. I also understand that by signing this release I give permission to the Milwaukee Public Schools to make or use pictures, slides, digital images, or other reproductions of me, of my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the Milwaukee Public Schools. I understand that by signing this, I am, on behalf of myself and my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

**TOTAL FEES**

**REDUCED ACTIVITY FEE**

**SCHOOL NAME:**

[ ] REDUCED ACTIVITY FEE (17 YEARS & UNDER)

Families meeting financial guidelines may qualify for an activity discount. Children's classes over $10 are eligible for a $5 discount. Children's classes $30 and over are eligible for a $10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.MilwaukeeRecreation.net/reduced.

**$1 DONATION?**

Please check this box if you wish to donate $1 to the Youth Program Fund.

**TOTAL PAYMENT DUE**

[ ] CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD

Please sign this form at left, enclose total payment, and mail to Milwaukee Recreation, PO Box 461, Milwaukee, WI, 53201 or fax to (414) 336-1000.
We are MPS proud!

- A record setting number of MPS high schools are recognized as among the best in the U.S.
- MPS grads have been awarded more than $47.8 million in scholarships
- Four MPS schools are the only schools in Wisconsin selected to join the White House-sponsored Turnaround Arts program

Seats are available for the fall. Enroll now! mpsmke.com/EnrollMPS
Please use the phone numbers listed only during recreation program hours at that location.

Bay View High School
2751 S. Lenox St., 610-5635
Enter door #4 off Montana St.

Brinton Community Center
2555 S. Bay St., 481-2494

Hamilton High School
6215 W. Warnimont Ave., 327-9402
Enter door #5 off south parking lot

Hawthorn Glen
1130 N. 60th St., 475-5300

MacDowell Montessori (Juneau)
6415 W. Mt. Vernon Ave., 935-1387
Enter door #7

Madison High School
8135 W. Florist Ave., 393-6307
Enter door #7 off south parking lot

Marshall School
4141 N. 64th St., 393-2502
Enter door #10 – N. 64th St. & W. Hope Ave.

MPS Central Services
5225 W. Vliet St., 475-8180
Enter southwest door off rear parking lot

North Division High School
1011 W. Center St., 267-5077
Enter west side of building near tennis courts

OASIS
2414 W. Mitchell St., 647-6041

Reagan High School
4965 S. 20th St., 550-5154
Enter main entrance

Riverside High School
1615 E. Locust St., 906-4959
Enter door #6 on Locust St.

Rufus King Middle School
2760 N. 1st St., 475-8934
Enter door #2 off Palmer Street

South Division High School
1515 W. Lapham Blvd., 902-8377
Enter east door off faculty parking lot on 13th St.
**ARTS CRAFTS**

**Comic Books and Graphic Novels**

Whether they fly through the sky or lurk within the shadows make your superheroes and villains come to life! This introductory course covers the basics to creating fun and imaginative comics, much like the popular superhero comics of today. The course will focus on the development of both characters and stories to make amazing heroes, dastardly villains, and fantastic creatures come to life and jump off the page. A creative workshop process will also be utilized to help students continue to learn and grow as story tellers. All aspiring heroes welcome!

*Activity Code: 2RCE0901*

*Section codes listed below*

**Hamilton (Ages 10-16)……………….HA01**
Tue, Sep 27-Nov 15, 7:30PM- 8:30PM
$18 Residents/$36 Non-Residents

**Fine Motor Marvels**

Develop and become secure in your child’s fine motor abilities. Activities will include pouring, tracing, writing and cutting. Maximum enrollment of 7. Parent(s)/guardian(s) allowed in first and last class only at no extra charge.

*Activity Code: 2RCE0903*

*Section codes listed below*

**Beulah Brinton (Ages 3-5)…………..BN01**
Wed, Sep 21-Nov 9, 11:45AM-12:45PM
$33 Residents/$66 Non-Residents

**Beulah Brinton (Ages 3-5)…………..BN02**
Wed, Nov 30-Jan 11, 11:45AM-12:45PM
$20 Residents/$40 Non-Residents

**Model Aviation**

Join us for a hands-on model aviation class with weekly share and learn sessions where the topics will range from the basics of flight through advanced RC electronics. Fly your electric planes, helicopters, quadcopters or whatever you have indoors and compete in weekly races and contests. Learn how to fix what you crash and most importantly, learn how to fly responsibly and safely. This class is open to those with no, some or plenty of model aviation experience. Class is combined with adult class.

*Activity Code: 2RCE0906*

*Section codes listed below*

**Hamilton (Ages 12-17)……………….HA01**
Wed, Sep 28-Nov 16, 6:00PM- 7:30PM
$26 Residents/$52 Non-Residents

**BATON**

**Circus Skills**

Learn basic circus skills to enhance your everyday life. Add that little bit extra to your next presentation at work or school just impress your friends with what you learn in this course. Class will focus on learning how to juggle but will also include balancing, magic, puppetry, showmanship and more. No experience necessary. Students will learn at their own pace. Experienced jugglers welcome. Class is combined with adult class.

*Activity Code: 2RCE0907*

*Section codes listed below*

**Hamilton (Ages 9-12)…………………..HA01**
Thu, Sep 29-Nov 17, 6:00PM- 7:30PM
$26 Residents/$52 Non-Residents

**COOKING**

**Junior Chefs**

This class allows youth to mix, measure, and bake their own delicious treats. Create a main course and side dishes. Learn table settings and practice proper serving methods, then treat your family. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

*Activity Code: 2RCE1601*

*Section codes listed below*

**Hamilton (Ages 10-14)………………..HA02**
Sat, Sep 24-Oct 29, 11:00AM-12:00PM
$21 Residents/$42 Non-Residents

**Marshall (Ages 6-9)…………………..MR01**
Sat, Sep 24-Oct 22, 12:00PM- 1:30PM
$24 Residents/$48 Non-Residents

**Marshall (Ages 10-14)……………….MR02**
Sat, Sep 24-Oct 22, 1:30PM- 3:00PM
$24 Residents/$48 Non-Residents

**Marshall (Ages 6-9)…………………..MR03**
Sat, Nov 5-Dec 10, 12:00PM- 1:30PM
$24 Residents/$48 Non-Residents

**Marshall (Ages 10-14)……………….MR04**
Sat, Nov 5-Dec 10, 1:30PM- 3:00PM
$24 Residents/$48 Non-Residents

**Washington (Ages 8-14)……………WA02**
Sat, Sep 24-Oct 22, 10:30AM-12:00PM
$27 Residents/$54 Non-Residents

**BATON**

**Baton**

Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels and tosses. Coordinate your twirling with marching jumps, leaps and dance steps. Enjoy the opportunity to perform. A baton is required. Class taught by Mary Blaufuss!

*Activity Code: 2RCE7901*

*Section codes listed below*

**Beulah Brinton (Ages 5-17)…………..BN01**
Sat, Sep 17-Nov 5, 10:30AM-11:30AM
$18 Residents/$36 Non-Residents

**Beulah Brinton (Ages 5-17)…………..BN02**
Sat, Dec 3-Jan 14, 10:00AM-11:00AM
$12 Residents/$24 Non-Residents
CYCLING AND BIKE MAINTENANCE

Mountain Biking 201

Mountain Biking 201 will be a continuous progression from Mountain Biking 101, covering more advanced skills for navigating courses and trails as well as some basic bicycle maintenance. This course is designed for those interested in riding and racing in the Wisconsin High School Cycling League, part of the National Interscholastic Cycling Association (NICA). Participation in Mountain Biking 101 is recommended as a prerequisite. Participants are encouraged to bring their own bike, however bikes are available upon request in a limited capacity. Class fee is non-refundable.

Activity Code: 2RCE2804

MacDowell (Ages 12-18) ............... JU01
Tue/Thu, Aug 9-Oct 13, 3:00PM-5:30PM
$25 Residents/$25 Non-Residents

Riverside (Ages 12-18) ............... RS01
Tue/Thu, Aug 9-Oct 13, 3:00PM-5:30PM
$25 Residents/$25 Non-Residents

Ballet

Ballet is a fine art discipline which strives to improve coordination, posture and muscular development. Learn basic ballet positions, steps and floor combinations. Ballet shoes and leotards are recommended. Unless otherwise noted, all classes are beginner level.

Activity Code: 2RCE2902

Alcott (Ages 4-11) ..................... AL01
Wed, Sep 28-Nov 16, 5:30PM-6:30PM
$18 Residents/$36 Non-Residents

Hamilton (Ages 4-11) ............. HA01
Sat, Sep 24-Nov 12, 3:00PM-4:00PM
$18 Residents/$36 Non-Residents

North Division (Ages 6-12) .......... ND01
Sat, Sep 24-Nov 12, 9:30AM-10:30AM
$18 Residents/$36 Non-Residents

Riverside (Ages 7-10) ............... RS01
Sat, Sep 24-Nov 12, 12:00PM-12:50PM
$18 Residents/$36 Non-Residents

Riverside (Ages 5-8) ............... RS03 (Level 2)
Sat, Sep 24-Nov 12, 12:00PM-12:50PM
$18 Residents/$36 Non-Residents

Riverside (Ages 5-6) ............... RS02
Sat, Sep 24-Nov 12, 11:00PM-11:50PM
$16 Residents/$32 Non-Residents

Rufus King Middle School (Ages 6-7) KR01
Tue, Sep 27-Nov 15, 7:50PM-8:45PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 8-10) .... KR02
Thu, Sep 29-Nov 24, 7:50PM-8:45PM
$18 Residents/$36 Non-Residents

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

Activity Code: 2RCE2901

Marshall (Ages 6-14) ............... MR01
Wed, Sep 28-Oct 26, 6:30PM-7:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 6-14) ............... MR02
Wed, Nov 9-Dec 14, 6:30PM-7:30PM
$12 Residents/$24 Non-Residents

Riverside (Ages 6-17) ............... RS01
Sat, Sep 24-Nov 12, 1:00PM-2:00PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 6-17) .... KR01
Wed, Sep 28-Nov 16, 7:00PM-8:00PM
$18 Residents/$36 Non-Residents

Cheerleading / Pompons

If you have S-P-I-R-I-T, this class is for you! Learn the latest cheers and pompon routines while developing your voice tone, clarity, and coordination. Your cheers and routines will be crowd-pleasers. Students will learn basic cheers, creative movement, dance, and stretches.

Activity Code: 2RCE2905

Marshall (Ages 4-6) ............... MR01
(Not eligible for reduced fees)
Sat, Sep 24-Oct 22, 11:00AM-11:45AM
$9.50 Residents/$19 Non-Residents

Marshall (Ages 7-11) ............... MR02
Sat, Sep 24-Oct 22, 11:00AM-12:00PM
$12 Residents/$24 Non-Residents

Marshall (Ages 4-6) ............... MR03
(Not eligible for reduced fees)
Sat, Nov 5-Dec 10, 11:00AM-11:45AM
$9.50 Residents/$19 Non-Residents

Marshall (Ages 7-11) ............... MR04
Sat, Nov 5-Dec 10, 11:00AM-12:00PM
$12 Residents/$24 Non-Residents

DANCE

Ballet

Ballet is a fine art discipline which strives to improve coordination, posture and muscular development. Learn basic ballet positions, steps and floor combinations. Ballet shoes and leotards are recommended. Unless otherwise noted, all classes are beginner level.

Activity Code: 2RCE2902

Alcott (Ages 4-11) ..................... AL01
Wed, Sep 28-Nov 16, 5:30PM-6:30PM
$18 Residents/$36 Non-Residents

Hamilton (Ages 4-11) ............. HA01
Sat, Sep 24-Nov 12, 3:00PM-4:00PM
$18 Residents/$36 Non-Residents

North Division (Ages 6-12) .......... ND01
Sat, Sep 24-Nov 12, 9:30AM-10:30AM
$18 Residents/$36 Non-Residents

Riverside (Ages 7-10) ............... RS01
Sat, Sep 24-Nov 12, 12:00PM-12:50PM
$18 Residents/$36 Non-Residents

Riverside (Ages 5-8) ............... RS03 (Level 2)
Sat, Sep 24-Nov 12, 12:00PM-12:50PM
$18 Residents/$36 Non-Residents

Riverside (Ages 5-6) ............... RS02
Sat, Sep 24-Nov 12, 11:00PM-11:50PM
$16 Residents/$32 Non-Residents

Rufus King Middle School (Ages 6-7) KR01
Tue, Sep 27-Nov 15, 7:50PM-8:45PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 8-10) .... KR02
Thu, Sep 29-Nov 24, 7:50PM-8:45PM
$18 Residents/$36 Non-Residents

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

Activity Code: 2RCE2901

Marshall (Ages 6-14) ............... MR01
Wed, Sep 28-Oct 26, 6:30PM-7:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 6-14) ............... MR02
Wed, Nov 9-Dec 14, 6:30PM-7:30PM
$12 Residents/$24 Non-Residents

Riverside (Ages 6-17) ............... RS01
Sat, Sep 24-Nov 12, 1:00PM-2:00PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 6-17) .... KR01
Wed, Sep 28-Nov 16, 7:00PM-8:00PM
$18 Residents/$36 Non-Residents

Cheerleading / Pompons

If you have S-P-I-R-I-T, this class is for you! Learn the latest cheers and pompon routines while developing your voice tone, clarity, and coordination. Your cheers and routines will be crowd-pleasers. Students will learn basic cheers, creative movement, dance, and stretches.

Activity Code: 2RCE2905

Marshall (Ages 4-6) ............... MR01
(Not eligible for reduced fees)
Sat, Sep 24-Oct 22, 11:00AM-11:45AM
$9.50 Residents/$19 Non-Residents

Marshall (Ages 7-11) ............... MR02
Sat, Sep 24-Oct 22, 11:00AM-12:00PM
$12 Residents/$24 Non-Residents

Marshall (Ages 4-6) ............... MR03
(Not eligible for reduced fees)
Sat, Nov 5-Dec 10, 11:00AM-11:45AM
$9.50 Residents/$19 Non-Residents

Marshall (Ages 7-11) ............... MR04
Sat, Nov 5-Dec 10, 11:00AM-12:00PM
$12 Residents/$24 Non-Residents

FREE COOPERATIVE TUTORING PROGRAM

A free tutoring and homework help program is available for children enrolled in city of Milwaukee public or parochial schools. This is a cooperative program between Milwaukee Recreation, local churches, and community agencies. The program is under the direction of personnel assigned by the Milwaukee Public Schools with assistance from community volunteers recruited by churches and organizations. Tutors will assist children with homework assignments and provide assistance in subjects where special help is needed. Designed for elementary students. Please call 773-9837 for further information. Note: When schools are closed, tutoring programs are closed.

Facebook.com/MilwaukeeRecreation www.MilwaukeeRecreation.net
Disney® Dance
Dance to the songs and music of classic Disney® stories and films. Each class will start with the reading of a Disney® story followed by learning dances to music associated with that story. Join us in bringing the music to life!
Activity Code: 2RCE2906
(Section codes listed below)

Alcott (Ages 4-11)..................AL01
Wed, Sep 28-Nov 16, 4:30PM- 5:30PM
$18 Residents/$36 NonResidents
Hamilton (Ages 4-11) ............. HA01
Sat, Sep 24-Nov 12, 2:00PM- 3:00PM
$18 Residents/$36 NonResidents
Marshall (Ages 4-8)............. MR01
Sat, Sep 24-Oct 22, 9:00AM-10:00AM
$12 Residents/$24 NonResidents
Marshall (Ages 4-8)............. MR02
Sat, Nov 5-Dec 10, 9:00AM-10:00AM
$12 Residents/$24 NonResidents
Riverside (Ages 3-5).............. RS01
Mon, Sep 26-Nov 14, 5:30PM- 6:10PM
$18 Residents/$36 NonResidents
Rufus King Middle School (Ages 3-5)KR01
Thu, Sep 29-Nov 17, 6:00PM- 6:45PM
$18 Residents/$36 NonResidents

Drill Team Dance
Always admired the half time shows during your favorite sporting events? Well here’s your chance to learn dance routines and get an introduction to some basic gymnastics techniques such as cartwheels and jumps.
Activity Code: 2RCE2907
(Section codes listed below)

Marshall (Ages 8-12)............. MR01
Sat, Sep 24-Oct 22, 12:00PM- 1:00PM
$12 Residents/$24 NonResidents
Marshall (Ages 8-12)............. MR02
Sat, Nov 5-Dec 10, 12:00PM- 1:00PM
$12 Residents/$24 NonResidents

Hip Hop
Break out of the boring routine and into freestyle dance! Learn hip hop grooves you’ve always wanted to, but never thought you could. Parents are invited to observe the first, middle and last class to reduce distractions of students. There will be a performance showcase on the last day of class so families can see what participants learned.
Activity Code: 2RCE2908
(Section codes listed below)

Hamilton (Ages 4-11) ............. HA01
Mon, Sep 26-Nov 14, 6:00PM- 7:00PM
$18 Residents/$36 NonResidents
MacDowell (Ages 6-9)............. JU01
Sat, Sep 24-Nov 12, 10:30AM-11:30AM
$18 Residents/$36 NonResidents
Marshall (Ages 5-12)............. MR01
Sat, Sep 24-Oct 22, 11:00AM-12:00PM
$12 Residents/$24 NonResidents
Marshall (Ages 5-12)............. MR02
Sat, Nov 5-Dec 10, 11:00AM-12:00PM
$12 Residents/$24 NonResidents
Marshall (Ages 13-17)............. MR04
Thu, Sep 29-Nov 17, 7:00PM- 8:00PM
$18 Residents/$36 NonResidents
Marshall (Ages 5-12)............. MR02
Sat, Nov 5-Dec 10, 11:00AM-12:00PM
$12 Residents/$24 NonResidents
Parkside (Ages 6-12)............. FR01
Mon, Sep 19-Nov 7, 6:00PM- 7:00PM
$18 Residents/$36 NonResidents
Parkside (Ages 6-12)............. FR02
Mon, Nov 28-Jan 9, 6:00PM- 7:00PM
$12 Residents/$24 NonResidents
Rufus King Middle School (Ages 5-9)KR01
Wed, Sep 21-Nov 16, 6:00PM- 6:55PM
$18 Residents/$36 NonResidents
Washington (Ages 8-14)........ WA01
Wed, Sep 28-Nov 16, 6:00PM- 7:00PM
$18 Residents/$36 NonResidents

Jazzy Tap
Click your heels in this class to a jazzy beat. Learn basic tap dance, including time step, with a twist of jazz. Tap shoes required.
Activity Code: 2RCE2910
(Section codes listed below)

MacDowell (Ages 4-12)............. JU01
Sat, Sep 24-Nov 12, 11:30AM-12:30PM
$18 Residents/$36 NonResidents

Pre-Ballet
Your child will be introduced to the basic posture and positions of ballet, while having fun with rhythm and creative movement. Ballet shoes and leotards are recommended.
Activity Code: 2RCE2911
(Section codes listed below)

81st Street (Ages 3-5)........ 8102
Tue, Sep 27-Nov 15, 5:30PM- 6:00PM
$11 Residents/$22 NonResidents
81st Street (Ages 6-9)......... 8101
Tue, Sep 27-Nov 15, 6:00PM- 6:45PM
$14 Residents/$28 NonResidents
Beulah Brinton (Ages 3-4)...... BN03
Sat, Sep 17-Nov 5, 10:30AM-11:15AM
$14 Residents/$28 NonResidents
Beulah Brinton (Ages 2-3)...... BN02
(Not eligible for reduced fees)
Thu, Sep 22-Nov 10, 3:15PM- 3:45PM
$10 Residents/$20 NonResidents
Beulah Brinton (Ages 3-5)...... BN01
Thu, Sep 22-Nov 10, 4:00PM- 4:45PM
$14 Residents/$28 NonResidents
Beulah Brinton (Ages 2-3)...... BN05
(Not eligible for reduced fees)
Thu, Dec 1-Jan 12, 3:15PM- 3:45PM
$7 Residents/$14 NonResidents
Beulah Brinton (Ages 3-5)...... BN04
(Not eligible for reduced fees)
Thu, Dec 1-Jan 12, 4:00PM- 4:45PM
$10 Residents/$20 NonResidents
Beulah Brinton (Ages 3-4)...... BN06
(Not eligible for reduced fees)
Sat, Dec 3-Jan 14, 10:15AM-11:00AM
$10 Residents/$20 NonResidents
Cooper (Ages 3-4)............ CP01
Thu, Sep 22-Nov 10, 4:30PM- 5:15PM
$14 Residents/$28 NonResidents
Cooper (Ages 5-6)............. CP02
Thu, Sep 22-Nov 10, 6:15PM- 6:45PM
$14 Residents/$28 NonResidents
Cooper (Ages 3-4)............ CP03
(Not eligible for reduced fees)
Thu, Dec 1-Jan 12, 4:30PM- 5:15PM
$10 Residents/$20 NonResidents
Cooper (Ages 5-6)............. CP04
(Not eligible for reduced fees)
Thu, Dec 1-Jan 12, 5:15PM- 6:00PM
$10 Residents/$20 NonResidents
Marshall (Ages 3-5)........... MR01
(Not eligible for reduced fees)
Sat, Sep 24-Oct 22, 10:15AM-11:00AM
$9.50 Residents/$19 NonResidents
Marshall (Ages 3-5)........... MR03
(Not eligible for reduced fees)
Wed, Sep 28-Oct 26, 5:15PM- 5:45PM
$7 Residents/$14 NonResidents
Marshall (Ages 3-5) ....................... MR02
(Not eligible for reduced fees)
Sat, Nov 5-Dec 10, 10:15AM-11:00AM
$9.50 Residents/$19 Non-Residents

Marshall (Ages 3-5) ....................... MR04
(Not eligible for reduced fees)
Wed, Nov 9-Dec 14, 5:15PM- 5:45PM
$7 Residents/$14 Non-Residents

Parkside (Ages 3-4) ....................... FR01
Mon, Sep 19-Nov 7, 5:00PM- 5:45PM
$14 Residents/$28 Non-Residents

Parkside (Ages 3-4) ....................... FR02
(Not eligible for reduced fees)
Mon, Nov 28-Jan 9, 5:00PM- 5:45PM
$10 Residents/$20 Non-Residents

Riverside (Ages 3-4) ....................... RS01
Sat, Sep 24-Nov 12, 10:00AM-10:50AM
$14 Residents/$28 Non-Residents

Riverside (Ages 5-6) ....................... RS02
Sat, Sep 24-Nov 12, 11:00AM-11:50AM
$14 Residents/$28 Non-Residents

Rufus King Middle School (Ages 4-5) KR01
Tue, Sep 27-Nov 15, 6:50PM- 7:45PM
$14 Residents/$28 Non-Residents

Hoop Dance for Kids!
Come join us for an introduction to this joyous dance form! We will learn hand and body based hoop movements, how to dance creatively with and inside the hoop, some great stretches, and plenty of fun hoop games!
Activity Code: 2RCE2915
(Section codes listed below)

81st Street (Ages 6-12) .................. 8101
Mon, Sep 26-Nov 14, 6:15PM- 7:00PM
$14 Residents/$28 Non-Residents

Jazzy Ballet
Jazz and Ballet combine for a fun and unique class guaranteed to excite! Dancers will learn the fundamentals of ballet and incorporate jazz movements to create a unique style unlike anything else. Posture, positions, rhythm, hand eye coordination and balance will all be covered throughout the duration of the course.
Activity Code: 2RCE2916
(Section codes listed below)

South Division (Ages 4-11) ............ SD01
Sat, Sep 24-Nov 12, 12:00PM- 1:00PM
$18 Residents/$36 Non-Residents

Tumbling Ballerinas
The art of Ballet and the fun of Tumbling go hand-in-hand in this class! Dancers will learn the fundamentals of ballet and to move creatively and expressively while incorporating fun tumbling activities. Posture, positions, rhythm, hand eye coordination and balance will all be covered in this course. Leotards and ballet shoes are recommended.
Activity Code: 2RCE2912
(Section codes listed below)

Hamilton (Ages 4-11) ................. HA01
Thu, Sep 29-Nov 17, 6:00PM- 7:00PM
$18 Residents/$36 Non-Residents

MacDowell (Ages 3-5) ................. JU01
Sat, Sep 24-Nov 12, 9:30AM-10:15AM
$14 Residents/$28 Non-Residents

Marshall (Ages 3-5) ..................... MR01
Tue, Sep 27-Oct 25, 6:30PM- 7:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 3-5) ..................... MR02
Tue, Nov 8-Dec 13, 6:30PM- 7:30PM
$12 Residents/$24 Non-Residents

Giggle, Wiggle, Shake!
This class will teach your child the beginning steps of dance, while having fun learning with other children their age. (no special shoe requirement) Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE2917
(Section codes listed below)

Riverside (Ages 2-3) .................... RS01
Sat, Sep 24-Nov 12, 9:20AM- 9:50AM
$11 Residents/$44 Non-Residents

Rufus King Middle School (Ages 2-3) KR01
Tue, Sep 27-Nov 15, 6:00PM- 6:45PM
$11 Residents/$44 Non-Residents
ENGINEERING FOR KIDS

Software Engineering - Scratch Video Sensing
What’s more fun than playing an interactive video game? Writing one! Video sensing allows students to design and program their own video games and then test them by interacting with the program via webcam. In this Scratch program, students work together to create their own games, art, and musical instruments while exploring coding foundations. Get up and get moving with Engineering for Kids and Scratch: Video Sensing! Students, please bring a flash drive to class. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE7502
(Section codes listed below)
Hamilton (Ages 8-12) ..................... HA01
Sat, Oct 1, 11:00AM-1:00PM
$15 Residents/$30 Non-Residents

3-2-1...BLASTOFF!
Students will get a glimpse into the world of rocketry and aerodynamics. Students will design a model rocket using a straw, clay and paper fins and will test the design of their rocket using pneumatic-launching device. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE7501
(Section codes listed below)
Riverside (Ages 4-7) ..................... RS01
Sat, Sep 24, 9:00AM-10:30AM
$15 Residents/$30 Non-Residents

Junior Robotics Engineering
This class is a perfect mixture of fun and learning, using LEGO® WeDo Robots. Using LEGO® bricks, students build a roaring lion. They also will learn how to program and operate their creation using a laptop computer. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE7507
(Section codes listed below)
Hamilton (Ages 4-7) ..................... HA01
(Wild Animals)
Sat, Oct 1, 9:00AM-10:30AM
$15 Residents/$30 Non-Residents

Aerospace Engineering - Bottle Rockets
Students will learn how simple air pressure can jettison a rocket more than one hundred feet in the air. Students will get the chance to build a large model rocket that is capable of launching using pressurized water and air. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE7508
(Section codes listed below)
Riverside (Ages 8-11) ..................... RS01
Sat, Sep 24, 11:00AM-12:30PM
$15 Residents/$30 Non-Residents

FITNESS

Undercover Exercise
Obesity is a problem in today’s society, not only with adults, but children as well. If the issue of obesity can be addressed early in life, it can be more easily prevented as an adult. This class is designed to get inactive and/or overweight children to exercise doing unique activities using all parts of their body. This class is so fun, the kids won’t even know they’re exercising!
Activity Code: 2RCE3502
(Section codes listed below)
Beulah Brinton (Ages 5-12)............. BN01
Wed, Sep 21-Nov 9, 5:00PM-5:45PM
$14 Residents/$28 Non-Residents

Zumba Kids
This Zumba® Kids class will feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Zumba® Kids helps develop a healthy lifestyle and incorporate fitness as a natural part of children’s lives by making fitness fun. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE3507
(Section codes listed below)
Marshall (Ages 7-12) ..................... MR01
Tue, Sep 27-Oct 25, 5:45PM-6:30PM
$9.50 Residents/$19 Non-Residents
Marshall (Ages 7-12) ..................... MR02
Wed, Sep 28-Oct 26, 5:45PM-6:30PM
$9.50 Residents/$19 Non-Residents
Marshall (Ages 7-12) ..................... MR03
Tue, Nov 8-Dec 13, 5:45PM-6:30PM
$9.50 Residents/$19 Non-Residents
Marshall (Ages 7-12) ..................... MR04
Wed, Nov 9-Dec 14, 5:45PM-6:30PM
$9.50 Residents/$19 Non-Residents
HEALTH AND WELLNESS

“Chill”dren’s Meditation

Children are as susceptible to stress as adults. As they grow up and get bombarded with new learning experiences, a child’s daily life can be full of sensory overloads. This class will help your child discover calming ways to feel more secure, to relieve anxiety and improve focus. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE4102
(Section codes listed below)

Hamilton (Ages 8-12) ................. HA01
Tue, Oct 4, 6:00PM- 7:00PM
$4 Residents/$8 Non-Residents

LANGUAGE SKILLS

French

Bonjour! This class offers an introduction to conversational French for students with prior or no prior French language knowledge. Students will learn language skills in a cultural context covering topics such as clothing, food, music, art, pastime activities, and more. Hope to see you there.

Activity Code: 2RCE4401
(Section codes listed below)

Beulah Brinton (Ages 6-12) ............. BN01
Fri, Sep 23-Nov 11, 4:30PM- 5:30PM
$18 Residents/$36 Non-Residents

Beulah Brinton (Ages 6-12) ............. BN02
Fri, Dec 2-Jan 13, 4:30PM- 5:30PM
$12 Residents/$24 Non-Residents

Language Club

The goal of the Language Club is to expose participants to various languages including but not limited to sign language, Arabic and Spanish. The emphasis will be on learning some basics through song and basic conversation. Participants will be encouraged to share elements of languages they are proficient in a well. No language pre-requisite required.

Activity Code: 2RCE4412
(Section codes listed below)

Fernwood (Ages 5-8) ................. FW01
Mon, Oct 10-Nov 28, 3:00PM- 4:00PM
$18 Residents/$36 Non-Residents

MAD SCIENCE

Mineral Mania

Peek beneath the Earth’s crust and uncover what it’s made of - Discover Planet Earth! This workshop introduces children to the world of geology, including geological formation, classification systems and the fundamental characteristics of rocks and minerals, through fun hands-on, discussions and demonstrations. Jr. Scientists will recreate the process of rock formation and devise ways to identify and classify rocks and minerals. They’ll experience the thrill of panning for gems! They will even be able to take home their own geode to continue the fun at home. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7601
(Section codes listed below)

Riverside (Ages 5-12) ................. RS01
Sat, Oct 8, 10:15AM-11:15AM
$12 Residents/$24 Non-Residents

Electricity Workshop

This workshop introduces students to the fundamental concepts of electricity: circuits, conductors, insulators, and how electricity is converted for everyday uses. Students get to create different circuits, interact with plasma balls, discover “sticky” static electricity and make their own static energy chambers to take home. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7605
(Section codes listed below)

Riverside (Ages 5-12) ................. RS01
Sat, Oct 8, 9:00AM-10:00AM
$12 Residents/$24 Non-Residents

Movie Effects

Grab your popcorn but don’t sit back! We’re going to learn first-hand how advances in science and technology are behind our favorite special effects! Discover why science is the real start on the big screen. Create cool sound effects with 3-D technology. Make motion pictures come alive. 3, 2, 1...Science in Action. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7614
(Section codes listed below)

Hamilton (Ages 5-12) ................. HA01
Sat, Oct 15, 9:00AM-10:00AM
$12 Residents/$24 Non-Residents

Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe and then enter your creation in the Slime Olympics. Take home your own concoction of Mad Science Slime. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7615
(Section codes listed below)

Hamilton (Ages 5-12) ................. HA01
Sat, Oct 15, 10:15AM-11:15AM
$12 Residents/$24 Non-Residents

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MARTIAL ARTS

Tae Kwon Do
Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.
Activity Code: 2RCE4506
(Section codes listed below)

Beulah Brinton (Ages 3-5).......... BN01
Sat, Sep 10-Nov 12, 8:00AM- 8:30AM
$12 Residents/$24 Non-Residents

Beulah Brinton (Ages 6-14)........... BN02
Sat, Sep 10-Nov 12, 8:30AM- 9:30AM
$22 Residents/$44 Non-Residents

Beulah Brinton (Ages 6-17).......... BN03
(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Sep 12-Nov 11, 4:00PM- 4:45PM
$44 Residents/$88 Non-Residents

Beulah Brinton (Ages 6-17).......... BN04
(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Sep 12-Nov 11, 4:45PM- 5:30PM
$44 Residents/$88 Non-Residents

Beulah Brinton (Ages 6-17).......... BN05
(Adv. - Red/Black & Blacks Belts)
Mon/Wed/Fri, Sep 12-Nov 11, 5:30PM- 6:15PM
$44 Residents/$88 Non-Residents

Beulah Brinton (Ages 6-17).......... BN08
(Beg.- White - Yellow Belts)
Mon/Wed/Fri, Nov 28-Jan 13, 4:00PM- 4:45PM
$25 Residents/$50 Non-Residents

Beulah Brinton (Ages 6-17).......... BN09
(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Nov 28-Jan 13, 4:45PM- 5:30PM
$25 Residents/$50 Non-Residents

Beulah Brinton (Ages 6-17).......... BN10
(Adv.- Red/Black & Blacks Belts)
Mon/Wed/Fri, Nov 28-Jan 13, 5:30PM- 6:15PM
$25 Residents/$50 Non-Residents

Beulah Brinton (Ages 3-5).......... BN06
(Not eligible for reduced fees)
Sat, Dec 3-Jan 14, 8:00AM- 8:30AM
$7 Residents/$14 Non-Residents

Beulah Brinton (Ages 6-14).......... BN07
Sat, Dec 3-Jan 14, 8:30AM- 9:30AM
$12 Residents/$24 Non-Residents

Cooper (Ages 3-5)..................... CP01
(Beg. - White - Star Belts - Tiny Tigers)
Tue/Thu, Sep 20-Nov 10, 4:30PM- 5:00PM
$18 Residents/$36 Non-Residents

Cooper (Ages 6-17)................... CP02
(Beg. - White - Yellow Belts)
Tue/Thu, Sep 20-Nov 10, 5:00PM- 5:40PM
$26 Residents/$52 Non-Residents

Cooper (Ages 6-17)................... CP03
(Int./Adv. - Camo - Black Belts)
Tue/Thu, Sep 20-Nov 10, 5:40PM- 6:20PM
$26 Residents/$52 Non-Residents

Cooper (Ages 3-5)..................... CP05
(Beg. - White - Star Belts - Tiny Tigers)
Tue, Nov 29-Jan 12, 4:30PM- 5:00PM
$12 Residents/$24 Non-Residents

Cooper (Ages 6-17)................... CP06
(Beg. - White - Yellow Belts)
Tue/Thu, Nov 29-Jan 12, 5:00PM- 5:40PM
$17 Residents/$34 Non-Residents

Cooper (Ages 6-17)................... CP07
(Int./Adv. - Camo - Black Belts)
Tue/Thu, Nov 29-Jan 12, 5:40PM- 6:20PM
$17 Residents/$34 Non-Residents

Hamilton (Ages 6-14)................. HA01
(White Belt)
Mon/Wed, Sep 26-Nov 16, 6:00PM- 7:00PM
$34 Residents/$68 Non-Residents

MacDowell (Ages 5-6)............... JU01
(not eligible for reduced fees)
Sat, Sep 24-Nov 12, 1:00PM- 1:30PM
$10 Residents/$20 Non-Residents

MacDowell (Ages 7-10).............. JU03
Sat, Sep 24-Nov 12, 1:30PM- 2:15PM
$14 Residents/$28 Non-Residents

Madison (Ages 6-17)............... MA01
(White, Orange, & Yellow Belt)
Thu, Sep 29-Nov 17, 6:00PM- 7:00PM
$18 Residents/$36 Non-Residents

Marshall (Ages 6-14)............... MR01
(White, Orange, & Yellow Belt)
Tue, Sep 27-Oct 25, 6:00PM- 7:00PM
$12 Residents/$24 Non-Residents

Marshall (Ages 6-14)............... MR02
(Int./Adv., Camo-Red/Black Belts)
Tue, Sep 27-Oct 25, 7:00PM- 8:00PM
$18 Residents/$36 Non-Residents

Marshall (Ages 6-14)............... MR03
(White, Orange, & Yellow Belt)
Tue, Nov 8-Dec 13, 6:00PM- 7:00PM
$12 Residents/$24 Non-Residents

Marshall (Ages 15-18)............. MR04
(Int./Adv., Camo-Red/Black Belts)
Tue, Nov 8-Dec 13, 7:00PM- 8:00PM
$18 Residents/$36 Non-Residents

Riverside (Ages 6-14)............. RS01
(Beg., white-yellow belt)
Mon/Wed, Sep 26-Nov 16, 6:00PM- 6:45PM
$32 Residents/$64 Non-Residents

Riverside (Ages 6-14)............. RS02
(Int./Adv., Camo-Red/Black Belts)
Mon/Wed, Sep 26-Nov 16, 6:45PM- 7:30PM
$32 Residents/$64 Non-Residents

Riverside (Ages 6-14)............. RS03
(Black Belts only, all ranks, all ages)
Mon/Wed, Sep 26-Nov 16, 8:00PM- 8:45PM
$32 Residents/$64 Non-Residents

Riverside (Ages 6-14)............. RS04
(Beg., White-Yellow Belt)
Sat, Oct 1-Nov 19, 10:15AM-11:00AM
$18 Residents/$36 Non-Residents

Riverside (Ages 6-14)............. RS05
(Int./Adv., Camo-Red/Black Belt)
Sat, Oct 1-Nov 19, 11:00AM-11:45AM
$18 Residents/$36 Non-Residents

Riverside (Ages 6-14)............. RS06
(Black Belts only, all ranks, all ages)
Sat, Oct 1-Nov 19, 11:45AM-12:30PM
$18 Residents/$36 Non-Residents

Washington (Ages 6-16)........... WA01
Tue, Sep 27-Nov 15, 6:00PM- 7:00PM
$18 Residents/$36 Non-Residents

Children’s Self-Defense
Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.
Activity Code: 2RCE4501
(Section codes listed below)

MacDowell (Ages 7-17)............ JU01
Wed, Sep 28-Nov 16, 6:00PM- 7:00PM
$18 Residents/$36 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
Extreme Martial Arts
Extreme Martial Arts is a fusion of martial arts, gymnastics, aerobatics and performance. Practice the principles of power, grace, discipline, concentration and respect in a non-traditional, high-energy setting.
Activity Code: 2RCE4502
(Row codes listed below)

Riverside (Ages 8-15) ................. RS01
Thu, Sep 29-Nov 17, 7:00PM-8:00PM
$18 Residents/$36 Non-Residents

Judo
Judo or ‘gentle way/technique’ focuses on manipulating an opponent’s force against him/her rather than confronting it with one’s own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with adult class.
Activity Code: 2RCE4503
(Row codes listed below)

MacDowell (Ages 7-17) ................. JU01
(Beg.)
Mon, Sep 26-Nov 14, 6:30PM-7:30PM
$18 Residents/$36 Non-Residents

MacDowell (Ages 7-17) ................. JU02
(Adv.) (Not eligible for reduced fees)
Mon, Nov 28-Dec 19, 7:30PM-8:30PM
$10 Residents/$20 Non-Residents

Karate
Self-confidence, self-defense, fitness, and fun, all in one! Work on kicking, punching, combinations, blocking, self-defense techniques, and more. Through practice in performing these skills, participants will learn how to coordinate their movement while strengthening and stretching their minds.
Activity Code: 2RCE4504
(Row codes listed below)

North Division (Ages 6-8) ............. ND01
Sat, Sep 24-Nov 12, 9:30AM-10:30AM
$18 Residents/$36 Non-Residents

North Division (Ages 9-17) ............ ND02
Sat, Sep 24-Nov 12, 10:45AM-11:45AM
$18 Residents/$36 Non-Residents

Kidz ‘n Power - Self-Defense
In this class, your child will receive a well-rounded approach to personal self defense through Tae Kwon Do techniques. Weekly topics will include ways to avoid child abduction and bullying. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE4505
(Row codes listed below)

Riverside (Ages 6-12) ................. RS01
(Child Safety Class)
Sat, Oct 8, 1:30PM-4:00PM
$7 Residents/$14 Non-Residents

Riverside (Ages 6-12) ................. RS02
(Bully Prevention Class)
Sat, Oct 29, 1:30PM-4:00PM
$7 Residents/$14 Non-Residents

MPS RUN BACK TO SCHOOL
AUGUST 27, 2016
MPS invites all runners and walkers to join us for the 9th Annual Run Back to School on Saturday, August 27, 2016 (rain or shine). Sign up for this event to enjoy a 5K run or 1.5 mile walk through Washington Park, followed by some great activities. All event proceeds will support MPS Youth Recreation programs. Register online at MilwaukeeRecreation.net using #5RBS3301-WF01.
**Music**

**Songwriting 101**
No matter what age, aspiring to be a great musician (or even good one) goes beyond merely practicing. Taught by Dennis Dykstra, learn the basics of music theory including ear training and songwriting. Let us help you become a better performer and increase your options as a musician. Don’t bring an instrument to the first class. Class is combined with adult class.

*Activity Code: 2RCE4601 (Section codes listed below)*

**Hamilton (Ages 12-17) ............... HA01**
Wed, Sep 28-Nov 16, 6:00PM- 7:30PM
$26 Residents/$24 Non-Residents

**Beulah Brinton (Ages 12-17) ........ BN01**
Fri, Sep 23-Nov 11, 7:15PM- 8:15PM
$18 Residents/$36 Non-Residents

**Beulah Brinton (Ages 12-17) ........ BN02**
Fri, Dec 2-Jan 13, 7:15PM- 8:15PM
$12 Residents/$24 Non-Residents

**Guitar**
Learn basic chords, notes, and different strumming techniques. Strum your way to fun. Bring your own guitar. Class is combined with adult class.

*Activity Code: 2RCE4604 (Section codes listed below)*

**Beulah Brinton (Ages 12-17) ........ BN01**
Sat, Sep 17-Nov 5, 2:00PM- 3:30PM
$26 Residents/$52 Non-Residents

**Beulah Brinton (Ages 12-17) ........ BN02**
Sat, Dec 3-Jan 14, 2:00PM- 3:30PM
$17 Residents/$34 Non-Residents

**Hamilton (Ages 12-17) ............... HA01**
(Beg.)
Thu, Sep 29-Nov 17, 6:00PM- 7:30PM
$26 Residents/$52 Non-Residents

**Beulah Brinton (Ages 12-17) ........ BN03**
(Beg.)
Sat, Dec 3-Jan 14, 10:30AM-12:00PM
$17 Residents/$34 Non-Residents

**Rock Band**
Join the band, learn some advanced songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience required. Class is combined with adult class.

*Activity Code: 2RCE4607 (Section codes listed below)*

**Beulah Brinton (Ages 12-17) ........ BN04**
(Beg.)
Sat, Sep 28-Nov 16, 4:00PM- 6:00PM
$34 Residents/$68 Non-Residents

**Sing Out!**
Do you want to learn to sing or sing with more confidence and control? Work on basic vocal techniques. Learn proper breathing, voice inflection, range and ear training. Class is combined with adult class.

*Activity Code: 2RCE4609 (Section codes listed below)*

**Hamilton (Ages 12-17) ............... HA01**
Wed, Sep 28-Nov 16, 7:45PM- 8:45PM
$18 Residents/$36 Non-Residents
Record Your Music
Whether you have taken a Milwaukee Recreation music class, or you are just musically inclined, take the next step and come to National Recording LLC. You will have access to music production, recording, mixing and mastering, and learn from someone with 38 years in the business. Class will meet at National Recording LLC, located at 1031 W. National Ave. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE4610
National Recording (Ages 12-17) .... OS01
Sat, Sep 10, 9:00AM-10:30AM
$16 Residents/$24 Non-Residents

Introduction to Harmonica
Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a ‘Key of C’ harmonica. Class is combined with adult class.
Activity Code: 2RCE4611
Hamilton (Ages 12-17) ................. HA01
(Beg)
Tue, Sep 27-Nov 15, 6:00PM- 7:00PM
$18 Residents/$36 Non-Residents
Hamilton (Ages 12-17) ................. HA02
(Int)
Tue, Sep 27-Nov 15, 7:15PM- 8:15PM
$18 Residents/$36 Non-Residents

MUSIC IN MPS

Milwaukee Recreation and the MPS Music Department are pleased to offer the following Saturday Youth Music Lessons. All registered patrons must attend the Organizational Day held at either Hamilton or Marshall, depending on class site, on Saturday, October 1, 2016, at 9:00 a.m. The Organization Day will allow patrons to rent a musical instrument for the entire 2016-17 school year for $10 and purchase a method book for $5. All instrument rental and method book payments must be cash or check.

Acoustic Guitar
This course provides students the opportunity to learn and develop their skills on guitar. Emphasis will be basic note reading and chord playing skills. A 1/2 or 3/4 sized nylon-stringed acoustic guitar is required.
Activity Code: 2RCE3201
National Recording (Ages 12-17) .... OS01
Sat, Sep 10, 9:00AM-10:30AM
$16 Residents/$24 Non-Residents
Hamilton (Beg., Ages 12-17) .......... HA01
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents
Hamilton (Int., Ages 12-17) .......... HA02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents
Hamilton (Adv., Ages 12-17) .......... HA03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents
Marshall (Beg., Ages 10-17) .......... MR01
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents
Marshall (Int., Ages 10-17) .......... MR02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents
Marshall (Adv., Ages 10-17) .......... MR03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

Brass
This course provides students the opportunity to learn and develop their skills on brass instrument, including trumpet, French horn, trombone, baritone, euphonium, and tuba. No experience required. All skill levels welcome.
Activity Code: 2RCE3203
Hamilton (Beg., Ages 10-17) .......... HA01
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents
Hamilton (Int., Ages 10-17) .......... HA02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents
Hamilton (Adv., Ages 10-17) .......... HA03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents
Marshall (Beg., Ages 10-17) .......... MR01
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents
Marshall (Int., Ages 10-17) .......... MR02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents
Marshall (Adv., Ages 10-17) .......... MR03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

Drumline
This course provides students the opportunity to learn and develop their skills in drumline including snare, bass and quad drums and cymbals. No experience required. All skill levels welcome.
Activity Code: 2RCE3206
Hamilton (Ages 10-17) ................. HA01
Sat, Oct 8-Jan 21, 11:30AM-12:15PM
$24 Residents/$48 Non-Residents
Marshall (Ages 10-17) ................. MR01
Sat, Oct 8-Jan 21, 11:30AM-12:15PM
$24 Residents/$48 Non-Residents
**Piano/Keyboard**
This course provides students the opportunity to learn and develop their skills on piano. Students will work on melodies in both right and left hands, independence, scales, basic chords and arpeggios. Focus will be placed on manual dexterity, rhythmic expression, and correct hand positions. A piano or electronic keyboard at home is recommended but not required.

**Activity Code:** 2RCE3207

(Section codes listed below)

**Hamilton (Beg., Ages 7-17).................. HA01**
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents

**Hamilton (Beg., Ages 7-17).................. HA02**
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

**Hamilton (Beg., Ages 7-17).................. HA03**
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

**Hamilton (Beg., Ages 7-17).................. HA04**
Sat, Oct 8-Jan 21, 11:30AM-12:15PM
$24 Residents/$48 Non-Residents

**Hamilton (Int., Ages 7-17).................. HA05**
Sat, Oct 8-Jan 21, 1:10PM- 1:55PM
$24 Residents/$48 Non-Residents

**Hamilton (Adv., Ages 7-17).................. HA06**
Sat, Oct 8-Jan 21, 2:00PM- 2:45PM
$24 Residents/$48 Non-Residents

**Marshall (Beg., Ages 7-17).................. MR01**
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents

**Marshall (Beg., Ages 7-17).................. MR02**
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

**Marshall (Beg., Ages 7-17).................. MR03**
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

**Marshall (Beg., Ages 7-17).................. MR04**
Sat, Oct 8-Jan 21, 11:30AM-12:15PM
$24 Residents/$48 Non-Residents

**Marshall (Int., Ages 7-17).................. MR05**
Sat, Oct 8-Jan 21, 1:10PM- 1:55PM
$24 Residents/$48 Non-Residents

**Marshall (Adv., Ages 7-17).................. MR06**
Sat, Oct 8-Jan 21, 2:00PM- 2:45PM
$24 Residents/$48 Non-Residents

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**Cello/Bass**
This course provides students the opportunity to learn and develop their skills on cello or bass. No experience required. All skill levels welcome.

**Activity Code:** 2RCE3204

(Section codes listed below)

**Hamilton (Beg., Ages 8-17).................. HA01**
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents

**Hamilton (Int., Ages 8-17).................. HA02**
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

**Hamilton (Adv., Ages 8-17).................. HA03**
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

**Marshall (Beg., Ages 8-17).................. MR01**
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents

**Marshall (Int., Ages 8-17).................. MR02**
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

**Marshall (Adv., Ages 8-17).................. MR03**
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

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**Violin/Viola Lessons**
This course provides students the opportunity to learn and develop their skills on violin or viola. No experience required.

**Activity Code:** 2RCE3208

(Section codes listed below)

**Hamilton (Beg., Ages 8-17).................. HA01**
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents

**Hamilton (Int., Ages 8-17).................. HA02**
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

**Hamilton (Adv., Ages 8-17).................. HA03**
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

**Marshall (Beg., Ages 8-17).................. MR01**
Sat, Oct 8-Jan 21, 9:00AM- 9:45AM
$24 Residents/$48 Non-Residents

**Marshall (Int., Ages 8-17).................. MR02**
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

**Marshall (Adv., Ages 8-17).................. MR03**
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

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TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
Percussion
This course provides students the opportunity to learn and develop their skills in percussion. No experience required. All skill levels welcome.
Activity Code: 2RCE3210
(Section codes listed below)

Hamilton (Beg., Ages 10-17) .......... HA01
Sat, Oct 8-Jan 21, 9:00AM-9:45AM
$24 Residents/$48 Non-Residents

Hamilton (Int., Ages 10-17) ............. HA02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

Hamilton (Adv., Ages 10-17) .......... HA03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

Marshall (Beg., Ages 10-17) .......... MR01
Sat, Oct 8-Jan 21, 9:00AM-9:45AM
$24 Residents/$48 Non-Residents

Marshall (Int., Ages 10-17) ............. MR02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

Marshall (Adv., Ages 10-17) .......... MR03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

Woodwinds
This course provides students the opportunity to learn and develop their skills on a woodwind instrument including flute, oboe, bass clarinet, bassoon, and saxophone. No experience required. All skill levels welcome.
Activity Code: 2RCE3212
(Section codes listed below)

Hamilton (Beg., Ages 10-17) .......... HA01
Sat, Oct 8-Jan 21, 9:00AM-9:45AM
$24 Residents/$48 Non-Residents

Hamilton (Int., Ages 10-17) ............. HA02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

Hamilton (Adv., Ages 10-17) .......... HA03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

Marshall (Beg., Ages 10-17) .......... MR01
Sat, Oct 8-Jan 21, 9:00AM-9:45AM
$24 Residents/$48 Non-Residents

Marshall (Int., Ages 10-17) ............. MR02
Sat, Oct 8-Jan 21, 9:50AM-10:35AM
$24 Residents/$48 Non-Residents

Marshall (Adv., Ages 10-17) .......... MR03
Sat, Oct 8-Jan 21, 10:40AM-11:25AM
$24 Residents/$48 Non-Residents

NATURE IN YOUR NEIGHBORHOOD
Creative Leaf Rubbings
Leaf rubbings are a great way to expose children to the wonders of nature. We are taking this one to a whole new level! Children will use their imagination and creativity to make designs, animals and shapes. We will also explore the characteristics of leaves, why leaves change colors and how leaves can be used to identify plants. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P124721
(Section codes listed below)

81st Street (Ages 3 & up) .............. 8101
Tue, Sep 27, 6:00PM-7:00PM
$5 Residents/$10 Non-Residents

FOR MORE NATURE PROGRAMS, SEE PAGES 30-32

Exploring Hibernation
Shhh... Don’t wake them up! Have you ever wondered why some animals sleep through the winter? Which animals hibernate and how do they prepare for the winter? Come with us to explore hibernation through games, stories, activities and crafts. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P124722
(Section codes listed below)

Hamilton (Ages 3 & up) ............... HA01
Thu, Nov 10, 6:00PM-7:00PM
$5 Residents/$10 Non-Residents

Spectacular Spiders
It has been a love/hate relationship. From horror movies to Halloween, they’ve gotten a bad reputation. Large and small, jump or crawl, they have it all. See some specimens and meet a tarantula. You’ll see why they’re so spectacular. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P124723
(Section codes listed below)

Hamilton (Ages 3 & up) ............... HA01
Thu, Oct 27, 6:00PM-7:00PM
$5 Residents/$10 Non-Residents

Checkmate Chess Club
If you are interested in learning how to play chess or already know how, this class is for you. Players of all skill levels welcome. Don’t get ‘rooked’ by your friends for not playing chess. Be the ‘king’ or ‘queen’ of your block. Chess game supplied. Class combined with adult class.
Activity Code: 2RCE4901
(Section codes listed below)

North Division (Ages 8-12) ............. ND01
Sat, Sep 24-Nov 12, 11:00AM-12:00PM
$18 Residents/$36 Non-Residents

ORGANIZED GAMES

Facebook.com/MilwaukeeRecreation
www.MilwaukeeRecreation.net
PERFORMING ARTS

Glee-Stars
The Glee Club is back. The hit TV show has made singing and dancing bigger than ever. Come get an idea of what goes into being a performer. Learn basic voice technique, stage direction and dance steps. You’ll do choreography and sing the songs you help choose. Work together to create and polish a show you can be proud of and present to your family and friends at a culminating performance.

Activity Code: 2RCE5303
(Section codes listed below)

Riverside (Ages 8-13) ..................... RS01
Mon, Sep 26-Nov 14, 7:00PM-7:50PM
$18 Residents/$36 Non-Residents

Kids on Broadway
On this fantastic, sensational journey, you will learn basic stage direction, performance technique, sequencing, jazz, modern and creative movement; plus vocal techniques for singing and speaking. Opportunities for solo dances and vocal solos are available. This class will end with a musical revue performance.

Activity Code: 2RCE5304
(Section codes listed below)

Riverside (Ages 4-7) ..................... RS01
Mon, Sep 26-Nov 14, 6:00PM-6:50PM
$18 Residents/$36 Non-Residents

Juggling
Juggling is a great way to increase hand-eye coordination and balance in a fun and exciting environment. Students will learn the basic elements of juggling and have the opportunity to practice their new skill with a trained juggler. Fee includes supply cost and is non-refundable. Class is combined with adult class.

Activity Code: 2RCE5308
(Section codes listed below)

Riverside (Ages 13-17) ................ RS01
Tue, Nov 8, 6:00PM-9:00PM
$14 Residents/$28 Non-Residents

PLAY GROUPS

Toddler Play Group
Bring your toddler to have fun and interact with other toddlers. The instructor will facilitate games and activities. There are plenty of toys to go around so boredom is impossible.

Activity Code: 2RCE5502
(Section codes listed below)

Beulah Brinton (Ages 1-3) ............. BN01
Tue/Thu, Nov 29-Jan 12, 10:30AM-11:30AM
$26 Residents/$52 Non-Residents

Pre-School Playshop Themes
This is a structured playshop with a different theme each week. Register for as many as you like. Class is taught by a licensed teacher. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE5501
(Section codes listed below)

Beulah Brinton (Ages 3-5) ............. BN01
(Fall in Love with Autumn)
Wed, Sep 21, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Beulah Brinton (Ages 3-5) ............. BN02
(School’s in Session)
Wed, Sep 28, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Beulah Brinton (Ages 3-5) ............. BN03
(Sports of all Sorts)
Wed, Oct 5, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Beulah Brinton (Ages 3-5) ............. BN04
(On the Farm)
Wed, Oct 12, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Beulah Brinton (Ages 3-5) ............. BN05
(Rivers, Lakes, Oceans, Seas)
Wed, Oct 19, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Beulah Brinton (Ages 3-5) ............. BN06
(Trick or Treat?)
Wed, Oct 26, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Beulah Brinton (Ages 3-5) ............. BN07
(Planes, Trains, Automobiles)
Wed, Nov 2, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Beulah Brinton (Ages 3-5) ............. BN08
(Giving Thanks)
Wed, Nov 9, 10:30AM-11:30AM
$4 Residents/$8 Non-Residents

Children’s Playhouse
Children will begin developing basic acting skills and learn about theatre through fun and interesting games. Participants will also explore the musical and physical elements of performing. The program will culminate with a variety show presentation for parents and friends.

Activity Code: 2RCE5301
(Section codes listed below)

MacDowell (Ages 3-7) ................. JU01
Tue, Sep 27-Nov 15, 6:00PM-7:00PM
$18 Residents/$36 Non-Residents

MacDowell (Ages 8-14) ............... JU02
Tue, Sep 27-Nov 15, 7:15PM-8:15PM
$18 Residents/$36 Non-Residents

Marshall (Ages 3-7) ................. MR01
Mon, Sep 26-Oct 24, 6:00PM-7:00PM
$12 Residents/$24 Non-Residents

Marshall (Ages 8-14) ............... MR02
Mon, Sep 26-Oct 24, 7:15PM-8:15PM
$12 Residents/$24 Non-Residents

Marshall (Ages 3-7) ................. MR03
Mon, Nov 7-Dec 12, 6:00PM-7:00PM
$12 Residents/$24 Non-Residents

Marshall (Ages 8-14) ............... MR04
Mon, Nov 7-Dec 12, 7:15PM-8:15PM
$12 Residents/$24 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
Toddler Play Group Themes
Bring your toddler to have fun and interact with other toddlers. Each week there is a themed playshop and some activities will be based around that theme. There are plenty of toys to go around so boredom is impossible. Register for as many as you like. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE5503
(Section codes listed below)

Beulah Brinton (Ages 1-3)............. BN01
(Fall in Love with Autumn)
Tue/Thu, Sep 20-Sep 22, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-3)............. BN02
(School’s in Session)
Tue/Thu, Sep 27-Sep 29, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-3)............. BN03
(Sports of all Sorts)
Tue/Thu, Oct 4-Oct 6, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-3)............. BN04
(On the Farm)
Tue/Thu, Oct 11-Oct 13, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-3)............. BN05
(Rivers, Lakes, Oceans, Seas)
Tue/Thu, Oct 18-Oct 20, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-3)............. BN06
(Trick or Treat?)
Tue/Thu, Oct 25-Oct 27, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-3)............. BN07
(Planes, Trains, Automobiles)
Tue/Thu, Nov 1-Nov 3, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-3)............. BN08
(Giving Thanks)
Tue/Thu, Nov 8-Nov 10, 10:30AM-11:30AM
$6 Residents/$12 Non-Residents

Learning in Motion
For your little ones! Let’s explore and experience animals, nature, creative rhythmic movement and more while we learn together! This interactive playgroup will combine learning styles to provide a solid fun filled experience for each child. Each week our environment will offer new and exciting things to learn. Learning never stops, so let’s begin! Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE5505
(Section codes listed below)

Beulah Brinton (Ages 3-5)............. BN01
Wed, Nov 30-Jan 11, 10:30AM-11:30AM
$12 Residents/$24 Non-Residents

Learning Parties
Your early learners are invited to our learning parties, where we will build developmental skills as we learn in an entertaining way. Each week we will put on our party hats and enjoy ourselves together while we sharpen our skills and gain knowledge in language and literacy, math, physical development, creativity, and more. This lively experience will impact each little learner along their educational journeys. Get registered to join the party. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE5506
(Section codes listed below)

Marshall (Ages 1-3)................ MR01
Sat, Sep 24-Oct 22, 9:35AM-10:05AM
$7 Residents/$14 Non-Residents

Marshall (Ages 3-5)................ MR02
Sat, Sep 24-Oct 22, 10:10AM-10:40AM
$7 Residents/$14 Non-Residents

Marshall (Ages 1-3)................ MR03
Sat, Nov 5-Dec 10, 9:35AM-10:05AM
$7 Residents/$14 Non-Residents

Marshall (Ages 3-5)................ MR04
Sat, Nov 5-Dec 10, 10:10AM-10:40AM
$7 Residents/$14 Non-Residents

Pre-School Playshop
This is a structured playshop where different games and activities will be conducted. Class is taught by a licensed teacher.
Activity Code: 2RCE5507
(Section codes listed below)

Beulah Brinton (Ages 3-5)............. BN01
Wed, Nov 30-Jan 11, 10:30AM-11:30AM
$12 Residents/$24 Non-Residents
BABYSITTING CERTIFICATION

Babysitting Workshop
Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Sign up early as classes fill quickly. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

Activity Code: 2RCE5601
(Section codes listed below)

Beulah Brinton (Ages 11 & up) ........ BN01
Sat, Sep 10, 8:30AM-4:00PM
$90 Residents/$180 Non-Residents

Hamilton (Ages 11 & up) ............... HA01
Sat, Nov 12, 8:30AM-4:00PM
$90 Residents/$180 Non-Residents

Marshall (Ages 11 & up) ............... MR01
Sat, Oct 22, 8:30AM-4:00PM
$90 Residents/$180 Non-Residents

Riverside (Ages 11 & up) .............. RS01
Sat, Oct 29, 8:30AM-4:00PM
$90 Residents/$180 Non-Residents

SCIENCE

Lego Robotics
Do you love to build with Legos? Does building a robot sound exciting? In this class we combine the two! Build a robot and Lego elements and then complete preset challenges in the robot games. This class serves as an introduction to the First Lego League program and guarantees to be a fun and challenging experience.

Activity Code: 2RCE5801
(Section codes listed below)

Hamilton (Ages 9-12) ................. HA01
Tue, Sep 27-Nov 15, 5:30PM-7:00PM
$26 Residents/$52 Non-Residents
CERTIFIED CLASSES FOR TEENS

DRIVER EDUCATION

Classes are open to all City of Milwaukee residents and/or MPS students who will be 16 years old by April 1, 2017 but younger than 18 yrs. by the last day of the class. Classes are open to all City of Milwaukee residents and/or MPS students who will be 16 years old by the last day of the class. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7814
(Section codes listed below)

Hamilton (Ages 5-8) .................... HA01
Sat, Nov 5, 8:30AM- 9:30AM
$10 Residents/$20 Non-Residents

Marshall (Ages 5-8) ..................... MR01
Sat, Oct 22, 8:30AM- 9:30AM
$10 Residents/$20 Non-Residents

Riverside (Ages 5-8) .................... RS01
Sat, Nov 12, 8:30AM-9:30AM
$10 Residents/$20 Non-Residents

BEHIND THE WHEEL

Lessons are included with registration and are scheduled after passing the permit test given in class.

THE FEE FOR THE COURSE IS $150.00 (Not eligible for reduced fees).

• Classes meet every day Monday/Wednesday or Tuesday/Thursday.
• Classes meet for 1 and 1/2 hours per session.
• If you miss three classes, for any reason, you will be dropped from the program with NO refund.
• ATTENDANCE IS REQUIRED AT A MANDATORY PARENT/STUDENT ORIENTATION MEETING.
• The orientation for classes being held at Milwaukee School of Languages, and Morse-Marshall for parent AND student will be Tuesday, September 13, 2016 at 6:30 p.m. at Morse-Marshall auditorium, 4141 N. 64th St. Enter at main entrance (64th & Flebrantz).
• Orientation for classes held at Hamilton, and Ronald Reagan for parent AND student will be Thursday, September 15, 2016 at 6:30 p.m. at Hamilton HS, auditorium, 6215 W. Warnimont Ave. Enter door #5 off the back parking lot.

Please contact the Driver Education Office at 647-6044 if you are in need of a sign language interpreter.

Activity Code: 2DRD3001 (Section codes listed below)

Hamilton M/W, 9/19–12/19 4:30 PM to 6:00 PM .......... #HA01
Hamilton M/W, 9/19–12/19 6:30 PM to 8:00 PM .......... #HA02
Marshall M/W, 9/19–12/19 4:30 PM to 6:00 PM .......... #MR01
Marshall M/W, 9/19–12/19 6:30 PM to 8:00 PM .......... #MR02
Milw. Sch. of Lang. M/W, 9/19–12/19 4:30 PM to 6:00 PM .......... #ML01
Milw. Sch. of Lang. T/TH 9/20–12/20 4:30 PM to 6:00 PM .......... #ML03
Ronald Reagan T/TH 9/20–12/20 4:30 PM to 6:00 PM .......... #TL01
Ronald Reagan T/TH 9/20–12/20 6:30 PM to 8:00 PM .......... #TL02

WHY DOES MATTER MATTER?

Explore the states of matter through experiments with chemical reactions and models. Discover how gases, liquids, and solids are different. Can we measure the weight of air? What happens if we remove air from a sealed container? Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7815
(Section codes listed below)

Hamilton (Ages 8-13) ................ HA01
Sat, Nov 5, 10:00AM-11:30AM
$10 Residents/$20 Non-Residents

Marshall (Ages 8-13) ................ MR01
Sat, Oct 22, 10:00AM-11:30AM
$10 Residents/$20 Non-Residents

Riverside (Ages 8-13) ................ RS01
Sat, Nov 12, 10:00AM-11:30AM
$10 Residents/$20 Non-Residents

IT’S A BLOODY JOB

Blood recovered from a crime scene can be crucial to solving the crime. Blood transfusions can save the life of a critically injured person. Train to be a forensic scientist or an emergency room doctor by learning about blood and its parts. Why is blood red? Is it ever blue? Determine blood types of simulated blood samples to help crime scene investigators catch a burglar. Match blood types to save a victim of a car accident. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7815
(Section codes listed below)

Hamilton (Ages 8-13) ................ HA01
Sat, Nov 5, 10:00AM-11:30AM
$10 Residents/$20 Non-Residents

Marshall (Ages 8-13) ................ MR01
Sat, Oct 22, 10:00AM-11:30AM
$10 Residents/$20 Non-Residents

Riverside (Ages 8-13) ................ RS01
Sat, Nov 12, 10:00AM-11:30AM
$10 Residents/$20 Non-Residents

WEATHER WONDERS

The weather in Milwaukee can be different each day. It can be very cold in winter and very hot in summer. Some days it rains and some days the sun shines. Have you ever wondered why? Explore the role of water and temperature in the weather through experiments and hands on activities. Get a jump start on the competition on becoming the next weather man if you choose. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7814
(Section codes listed below)

Hamilton (Ages 5-8) .................... HA01
Sat, Nov 5, 8:30AM- 9:30AM
$10 Residents/$20 Non-Residents

Marshall (Ages 5-8) ..................... MR01
Sat, Oct 22, 8:30AM- 9:30AM
$10 Residents/$20 Non-Residents

Riverside (Ages 5-8) .................... RS01
Sat, Nov 12, 8:30AM-9:30AM
$10 Residents/$20 Non-Residents

LATE WALK-IN REGISTRATION, if there are any open classes, will be held on Saturday, September 10, 2016 from 9:00 AM to 11:00 AM @ MPS Central Services, 5225 W. Vliet Street, Room 162.

See page 22 for Free Driver Education opportunities for MPS students.
Universal Driver Education is a FREE driver education program for any age-eligible MPS high school students. The program serves students ready to begin driving as well as those with suspended driving privileges who need assistance with regaining driving eligibility.

Track One – Traditional Track

This track is for students that are 15½ by the first day of class and younger than 18 by the last day of class. Students pay a $35.00 temporary driving permit fee to reserve their spot, which is then applied to their driving permit at the DMV (not eligible for reduced fees). Registration includes 30 hours of classroom instruction, 6 hours of in-car observation and 6 hours behind the wheel training. Activity Code: 2UDE3001 (Section codes listed below).

Traditional Track: Session 1
Bradley Tech M/W/TH 10/10–11/14 4:15PM-6:15PM............ MT01
Madison M/W/TH 9/19–10/24 5:30PM-7:30PM............ MA01
North Division M/W/TH 9/19–10/24 5:30PM-7:30PM............ ND01
Obama SCTE M/W/TH 9/19–10/24 5:30PM-7:30PM............ CT01
Pulaski M/W/TH 9/12–10/17 4:15PM-6:15PM............ PK01
Riverside M/W/TH 10/10–11/14 4:15PM-6:15PM............ RS01
Rufus King HS M/W/TH 9/12–10/17 3:00PM-5:00PM............ RK01
South Division M/W/TH 10/10–11/14 5:30PM-7:30PM............ SD01

Traditional Track: Session 2
Bradley Tech M/W/TH 11/30–1/12 4:15PM-6:15PM............ MT02
Madison M/W/TH 11/7–12/14 5:30PM-7:30PM............ MA02
North Division M/W/TH 11/7–12/14 5:30PM-7:30PM............ ND02
Obama SCTE M/W/TH 11/7–12/14 5:30PM-7:30PM............ CT02
Pulaski M/W/TH 11/7–12/14 4:15PM-6:15PM............ PK02
Riverside M/W/TH 11/30–1/12 4:15PM-6:15PM............ RS02
Rufus King HS M/W/TH 11/7–12/14 3:00PM-5:00PM............ RK02
South Division M/W/TH 11/30–1/12 5:30PM-7:30PM............ SD02

Track Two – Restorative Track

The restorative track is geared towards students under the age of 18 who have suspended driving privileges. At no cost, students will be paired with a staff attorney at the Center for Driver's License Recovery and Employability to navigate the court process. Once driving privileges are restored, students will enroll in the Traditional Track to take driver education classes and behind the wheel. To enroll in the Restorative Track, contact Jodie at (414) 647-6044.

See page 21 for additional Driver Education opportunities.
**BASEBALL**

**Bitty Baseball**
Explore the fundamental skills of baseball. Learn the rules of baseball, sportsmanship and how to play safely. Develop skills in batting, throwing, base running and more! You will have a BALL! Participants will need to bring a baseball glove.

Activity Code: 2RCE1003
(Section codes listed below)

Hamilton (Ages 4-7) .................. HA01
Thu, Sep 29-Nov 17, 6:00PM-7:00PM
$18 Residents/$36 Non-Residents

**BASKETBALL**

**Bosco’s Little Hoopers Camp**
Do you have a child who dreams about playing the game? If so, this camp is for them. The camp will break down every element of the game to their understanding. It will include everything from court recognition to the basic rules.

Activity Code: 2RCE1004
(Section codes listed below)

Washington (Ages 5-6) ................. WA01
Sat, Sep 24-Oct 29, 10:30AM-11:30AM
$18 Residents/$36 Non-Residents

Washington (Ages 5-6) ................. WA04
Wed, Sep 28-Nov 16, 6:30PM-7:30PM
$18 Residents/$36 Non-Residents

**Girls Basketball Camp**
Gain the skills needed to become a basketball star. This camp will cover shooting, passing, dribbling, rebounding, and team play. Rules of the game will also be discussed.

Activity Code: 2RCE1105
(Section codes listed below)

Marshall (Ages 8-12) .................... MR01
Sat, Sep 24-Oct 22, 12:45PM-1:45PM
$12 Residents/$24 Non-Residents

Marshall (Ages 8-12) .................... MR02
Sat, Nov 5-Dec 10, 12:45PM-1:45PM
$12 Residents/$24 Non-Residents

**All-American Basketball**
This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

Activity Code: 2RCE1106
(Section codes listed below)

Marshall (Ages 10-12) .................... MR01
Sat, Sep 24-Oct 22, 12:45PM-2:45PM
$12 Residents/$24 Non-Residents

Marshall (Ages 10-12) .................... MR02
Sat, Nov 5-Dec 10, 1:45PM-2:45PM
$12 Residents/$24 Non-Residents

Riverside (Ages 10-12) ................. RS01
Sat, Sep 24-Nov 12, 3:00PM-3:55PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 10-12) ..
 .................................................. KR01
Wed, Sep 28-Nov 16, 7:00PM-8:00PM
$18 Residents/$36 Non-Residents

**Youth Basketball League (Coed)**
Emphasis will be placed on participation, development of basketball skills, sportsmanship, and teamwork. Parent will be asked to serve as volunteer coaches. All coaches will be required to complete a volunteer application and criminal background check. A minimum of (2) volunteers needed per team. Teams will be formed at the organizational meeting. Organizational meeting and practice: Sat., November 12, 10:00 a.m. League games begin Sat., December 10. If you have any questions, call Melissa (414)475-8822. Players will receive a t-shirt. The Madison league is for children in Grades 1-3 and the Beulah Brinton league is for children in Grades 7-8. Fee based on 1 hour of activity per session. Not eligible for reduced activity fees.

Activity Code: 2RYS1101
(Section codes listed below)

Beulah Brinton (Ages 11-13) .......... BN01
Sat, Nov 12-Feb 25, 1:00PM-7:00PM
$26 Residents/$52 Non-Residents

Madison (Ages 6-9) ..................... MA01
Sat, Nov 12-Feb 25, 9:00AM-12:00PM
$26 Residents/$52 Non-Residents
Mighty Mite Basketball
This class is not an intro “dunktion” to basketball. Your young person will have fun, while being introduced to some basketball skills. Skills include dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 2RCE1101
(Section codes listed below)

81st Street (Ages 3-4)............. 8101
Tue, Sep 27-Nov 15, 5:30PM- 6:15PM
$14 Residents/$28 Non-Residents

MacDowell (Ages 3-4)............. MA01
Sat, Sep 24-Nov 12, 9:00AM- 9:30AM
$11 Residents/$22 Non-Residents

Madison (Ages 3-4).............. MA01
Mon, Sep 26-Nov 14, 6:30PM- 7:15PM
$11 Residents/$22 Non-Residents

Marshall (Ages 3-4)............ MR01
(Not eligible for reduced fees)
Sat, Sep 24-Oct 22, 9:00AM- 9:30AM
$7 Residents/$14 Non-Residents

Riverside (Ages 3-4)........... RS01
Sat, Sep 24-Nov 12, 12:15PM-12:45PM
$11 Residents/$22 Non-Residents

Rufus King Middle School (Ages 3-4) KR01
Tue, Sep 27-Nov 15, 6:00PM- 6:45PM
$11 Residents/$22 Non-Residents

B.I.G. Basketball
In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 2RCE1102
(Section codes listed below)

81st Street (Ages 7-9).............. 8101
Tue, Sep 27-Nov 15, 7:15PM- 8:00PM
$18 Residents/$36 Non-Residents

Beulah Brinton (Ages 7-9)........ BN01
Tue, Sep 20-Nov 8, 5:00PM- 5:45PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 7-9)........ BN02
Fri, Sep 23-Nov 11, 5:00PM- 5:45PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 7-9)........ BN03
(Not eligible for reduced fees)
Tue, Nov 29-Jan 10, 5:00PM- 5:45PM
$10 Residents/$20 Non-Residents

Beulah Brinton (Ages 7-9)........ BN04
(Not eligible for reduced fees)
Fri, Dec 2-Jan 13, 5:00PM- 5:45PM
$10 Residents/$20 Non-Residents

Hamilton (Ages 7-9)........... HA01
Sat, Sep 24-Dec 17, 9:30AM-10:30AM
$18 Residents/$36 Non-Residents

MacDowell (Ages 7-9).......... JU01
Sat, Sep 24-Dec 17, 10:30AM-11:30AM
$18 Residents/$36 Non-Residents

Marshall (Ages 7-9)........... MR01
Sat, Sep 24-Oct 22, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 7-9)........... MR02
Tue, Sep 27-Oct 25, 5:30PM- 6:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 7-9)........... MR03
Sat, Nov 5-Dec 10, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 7-9)........... MR04
Tue, Nov 8-Dec 13, 5:30PM- 6:30PM
$12 Residents/$24 Non-Residents

Riverside (Ages 7-9)............ RS01
Sat, Sep 24-Nov 12, 2:00PM- 2:55PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 7-9) KR01
Tue, Sep 27-Nov 15, 7:00PM- 8:00PM
$18 Residents/$36 Non-Residents

Bitty Basketball
The hoops are lower and the basketballs are smaller, but the fun is big in Bitty Basketball. This program is a great way to introduce your child to the sport. Participants will learn the rules of basketball as well as basic fundamentals such as shooting, dribbling, and passing. This is accomplished through hands-on practice using mini basketballs and 6 & 8 foot hoops.

Activity Code: 2RCE1103
(Section codes listed below)

81st Street (Ages 5-6)............. 8101
Tue, Sep 27-Nov 15, 6:15PM- 7:00PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 5-6)........ BN01
Tue, Sep 20-Nov 8, 4:00PM- 4:45PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 5-6)........ BN02
Fri, Sep 23-Nov 11, 4:00PM- 4:45PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 5-6)........ BN03
(Not eligible for reduced fees)
Tue, Nov 29-Jan 10, 4:00PM- 4:45PM
$10 Residents/$20 Non-Residents

Beulah Brinton (Ages 5-6)........ BN04
(Not eligible for reduced fees)
Fri, Dec 2-Jan 13, 4:00PM- 4:45PM
$10 Residents/$20 Non-Residents

Hamilton (Ages 5-6)........... HA01
Sat, Sep 24-Dec 17, 9:30AM-10:30AM
$18 Residents/$36 Non-Residents

MacDowell (Ages 5-6).......... JU01
Sat, Sep 24-Dec 17, 10:30AM-11:30AM
$18 Residents/$36 Non-Residents

Marshall (Ages 5-6)........... MR01
Sat, Sep 24-Oct 22, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 5-6)........... MR02
Tue, Sep 27-Oct 25, 5:30PM- 6:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 5-6)........... MR03
Sat, Nov 5-Dec 10, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 5-6)........... MR04
Tue, Nov 8-Dec 13, 5:30PM- 6:30PM
$12 Residents/$24 Non-Residents

Riverside (Ages 5-6)............ RS01
Sat, Sep 24-Nov 12, 2:00PM- 2:55PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 5-6) KR01
Wed, Sep 28-Nov 16, 6:00PM- 6:45PM
$18 Residents/$36 Non-Residents

81st Street (Ages 5-6)............. 8101
Tue, Sep 27-Nov 15, 7:15PM- 8:00PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 5-6)........ BN01
Tue, Sep 20-Nov 8, 5:00PM- 5:45PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 5-6)........ BN02
Fri, Sep 23-Nov 11, 5:00PM- 5:45PM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 5-6)........ BN03
(Not eligible for reduced fees)
Tue, Nov 29-Jan 10, 5:00PM- 5:45PM
$10 Residents/$20 Non-Residents

Beulah Brinton (Ages 5-6)........ BN04
(Not eligible for reduced fees)
Fri, Dec 2-Jan 13, 5:00PM- 5:45PM
$10 Residents/$20 Non-Residents

Hamilton (Ages 5-6)........... HA01
Sat, Sep 24-Dec 17, 9:30AM-10:30AM
$18 Residents/$36 Non-Residents

MacDowell (Ages 5-6).......... JU01
Sat, Sep 24-Dec 17, 10:30AM-11:30AM
$18 Residents/$36 Non-Residents

Marshall (Ages 5-6)........... MR01
Sat, Sep 24-Oct 22, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 5-6)........... MR02
Tue, Sep 27-Oct 25, 5:30PM- 6:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 5-6)........... MR03
Sat, Nov 5-Dec 10, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 5-6)........... MR04
Tue, Nov 8-Dec 13, 5:30PM- 6:30PM
$12 Residents/$24 Non-Residents

Riverside (Ages 5-6)............ RS01
Sat, Sep 24-Nov 12, 2:00PM- 2:55PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 5-6) KR01
Tue, Sep 27-Nov 15, 7:00PM- 8:00PM
$18 Residents/$36 Non-Residents

Riverside (Ages 5-6)............ RS01
Sat, Sep 24-Nov 12, 1:00PM- 1:45PM
$18 Residents/$36 Non-Residents

Rufus King Middle School (Ages 5-6) KR01
Wed, Sep 28-Nov 16, 6:00PM- 6:45PM
$18 Residents/$36 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
FOOTBALL

Pigskin Pals (Coed Football)
Learn the basics of throwing, catching, kicking, punting, hand-offs, positioning stances, offense, defense, special teams, and more. Help your little one get a ‘hut’ up on the competition.

Activity Code: 2RCE3702
(Section codes listed below)

81st Street (Ages 6-9).............. 8101
Wed, Sep 28-Nov 16, 6:30PM- 7:30PM
$18 Residents/$36 Non-Residents

Beulah Brinton (Ages 5-7)......... BN01
Sat, Sep 17-Oct 22, 8:15AM- 9:15AM
$14 Residents/$28 Non-Residents

Hamilton (Ages 4-6)................. HA01
Sat, Sep 24-Nov 12, 12:15PM- 1:15PM
$18 Residents/$36 Non-Residents

MacDowell (Ages 3-5).............. JU01
Tue, Sep 27-Nov 15, 6:00PM- 6:45PM
$14 Residents/$28 Non-Residents

Youth Football, Next Step
Continue to improve upon the basic skills of the game with more passing and catching opportunities, along with continuing to develop a sense for plays and in-game scenarios. Skills will continue to grow with position specific and game-like drills.

Activity Code: 2RCE3703
(Section codes listed below)

Hamilton (Ages 7-12)............ HA01
Sat, Sep 24-Nov 12, 1:15PM- 2:15PM
$18 Residents/$36 Non-Residents

Youth Flag Football League (Coed)
Emphasis will be placed on participation, development of football skills, sportsmanship, and teamwork. Tackling will not be involved. Parent will be asked to serve as volunteer coaches. All coaches will be required to complete a volunteer application and criminal background check. A minimum of (2) volunteers needed per team. Teams will be formed at the organizational meeting. Organizational meeting and practice: Sat., September 10, 10:00 a.m. League games begin Sat., September 24. If you have any questions, call Melissa (414)475-8822. Players will receive a t-shirt and participation medal.

Activity Code: 2RYS3701
(Section codes listed below)

NFL Punt, Pass & Kick (PPK)
September 10, 2016
Beulah Brinton Playfield
10am-12pm
Ages 6-15
Boys & Girls Division
FREE
Call Melissa @ 414-475-8822

TACKLE FOOTBALL ORGANIZATIONS
For youth tackle football information contact the organizations listed below.

Milwaukee East Side Steelers Football Organization
Andre Powell
414-467-5126
coachpowell@steelersfootball.org

Quadravion Henning Sports League (QHSL)
414-788-1727
Edeasley1977@gmail.com

Bay View Red Cats
James Swanagan
414-482-7264
bvedcats@sbcglobal.net

Milwaukee Junior Cougars
The Brotherhood Firefighters
Tony Jones
414-737-1503
tjones@mbff.org

Journey House
Charles Brown
414-647-0548 ext. 130
charlesb@journeyhouse.org

Running Rebels Organization
Maurice Brown
414-264-8222
maurice.brown@runningrebels.org

NCSL
Earl Ingram
414-507-5642
GOLF

Get in the Swing - Golf Camp
Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. This camp is a great way to build a solid foundation in the sport.

Activity Code: 2RCE3801
(Section codes listed below)

Marshall (Ages 8-17) ................. MR01
Sat, Sep 24-Nov 12, 1:30PM- 2:30PM
$18 Residents/$36 Non-Residents

GYMNASTICS

Tumbling Teddy Bears
Somersault for fun. This pre-gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.

Activity Code: 2RCE3902
(Section codes listed below)

Hamilton (Ages 2-3) ................. HA01
Sat, Sep 24-Nov 12, 8:30AM- 9:00AM
$12 Residents/$24 Non-Residents

Hamilton (Ages 2-3) ................. HA02
Sat, Sep 24-Nov 12, 9:05AM- 9:35AM
$12 Residents/$24 Non-Residents

Riverside (Ages 2.5-3) ............... RS01
Sat, Sep 24-Nov 12, 9:00AM- 9:45AM
$14 Residents/$28 Non-Residents

Gymnastics
If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

Activity Code: 2RCE3901
(Section codes listed below)

Hamilton (Ages 4-5) .................. HA01
Sat, Sep 24-Nov 12, 9:40AM-10:35AM
$22 Residents/$44 Non-Residents

Hamilton (Ages 4-5) .................. HA02
Sat, Sep 24-Nov 12, 10:40AM-11:35AM
$22 Residents/$44 Non-Residents

Hamilton (Ages 6-7) .................. HA03
Sat, Sep 24-Nov 12, 12:05PM- 1:00PM
$22 Residents/$44 Non-Residents

Hamilton (Ages 8-9) .................. HA04
Sat, Sep 24-Nov 12, 1:05PM- 2:00PM
$22 Residents/$44 Non-Residents

Hamilton (Ages 10-13) .............. HA05
Sat, Sep 24-Nov 12, 2:05PM- 3:00PM
$22 Residents/$44 Non-Residents

Riverside (Ages 4-5) .................. RS01
Sat, Sep 24-Nov 12, 10:00AM-10:55AM
$22 Residents/$44 Non-Residents

Riverside (Ages 6-7) .................. RS02
Sat, Sep 24-Nov 12, 11:00AM-11:55AM
$22 Residents/$44 Non-Residents

Riverside (Ages 8-10) ............... RS03
Sat, Sep 24-Nov 12, 12:00PM-12:55PM
$22 Residents/$44 Non-Residents

Riverside (Ages 11-13) .............. RS04
Sat, Sep 24-Nov 12, 1:00PM- 1:55PM
$22 Residents/$44 Non-Residents

Riverside (Ages 4-6) .................. RS05
Thu, Sep 29-Nov 17, 6:00PM- 6:55PM
$22 Residents/$44 Non-Residents

Riverside (Ages 7-9) .................. RS06
Thu, Sep 29-Nov 17, 7:00PM- 7:55PM
$22 Residents/$44 Non-Residents

Gymnastics
If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

Activity Code: 2RCE3901
(Section codes listed below)

Hamilton (Ages 4-5) .................. HA01
Sat, Sep 24-Nov 12, 9:40AM-10:35AM
$22 Residents/$44 Non-Residents

Hamilton (Ages 4-5) .................. HA02
Sat, Sep 24-Nov 12, 10:40AM-11:35AM
$22 Residents/$44 Non-Residents

Hamilton (Ages 6-7) .................. HA03
Sat, Sep 24-Nov 12, 12:05PM- 1:00PM
$22 Residents/$44 Non-Residents

Hamilton (Ages 8-9) .................. HA04
Sat, Sep 24-Nov 12, 1:05PM- 2:00PM
$22 Residents/$44 Non-Residents

Hamilton (Ages 10-13) .............. HA05
Sat, Sep 24-Nov 12, 2:05PM- 3:00PM
$22 Residents/$44 Non-Residents

Riverside (Ages 4-5) .................. RS01
Sat, Sep 24-Nov 12, 10:00AM-10:55AM
$22 Residents/$44 Non-Residents

Riverside (Ages 6-7) .................. RS02
Sat, Sep 24-Nov 12, 11:00AM-11:55AM
$22 Residents/$44 Non-Residents

Riverside (Ages 8-10) ............... RS03
Sat, Sep 24-Nov 12, 12:00PM-12:55PM
$22 Residents/$44 Non-Residents

Riverside (Ages 11-13) .............. RS04
Sat, Sep 24-Nov 12, 1:00PM- 1:55PM
$22 Residents/$44 Non-Residents

Riverside (Ages 4-6) .................. RS05
Thu, Sep 29-Nov 17, 6:00PM- 6:55PM
$22 Residents/$44 Non-Residents

Riverside (Ages 7-9) .................. RS06
Thu, Sep 29-Nov 17, 7:00PM- 7:55PM
$22 Residents/$44 Non-Residents

SOCCER

Just for Kicks Soccer
Score the winning goal or make a diving save! Learn dribbling, heading, trapping, and more through drills and game play. Rules, strategy, and teamwork will be introduced. Parents allowed in first and last classes only at no extra charge.

Activity Code: 2RCE5901
(Section codes listed below)

Bay View (Ages 5-6) ............... BV01
Sat, Sep 24-Nov 12, 10:30AM-11:15AM
$14 Residents/$28 Non-Residents

Beulah Brinton (Ages 6-12) ........ BN01
Fri, Sep 23-Nov 11, 5:00PM- 6:00PM
$18 Residents/$36 Non-Residents

Beulah Brinton (Ages 6-12) ........ BN02
Fri, Dec 2-Jan 13, 5:00PM- 6:00PM
$12 Residents/$24 Non-Residents

Cooper (Ages 5-7) ................. CP01
Tue, Sep 20-Oct 25, 4:30PM- 5:15PM
$11 Residents/$22 Non-Residents

Cooper (Ages 8-12) ................. CP02
Tue, Sep 20-Oct 25, 5:30PM- 6:15PM
$11 Residents/$22 Non-Residents

Hamilton (Ages 5-6) .............. HA01
Sat, Sep 24-Nov 12, 8:30AM- 9:30AM
$18 Residents/$36 Non-Residents

MacDowell (Ages 5-6) .............. JU01
Thu, Sep 29-Nov 17, 6:15PM- 7:00PM
$14 Residents/$28 Non-Residents

Marshall (Ages 5-6) .............. MR01
Sat, Sep 24-Oct 22, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Marshall (Ages 5-6) .............. MR02
Sat, Nov 5-Dec 10, 11:30AM-12:30PM
$12 Residents/$24 Non-Residents

Rufus King Middle School (Ages 5-6)KR01
Thu, Sep 29-Nov 17, 6:50PM- 7:45PM
$14 Residents/$28 Non-Residents
Mighty Mite Soccer
Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport.

Activity Code: 2RCE5902
(Section codes listed below)

**Bay View (Ages 3-4) ........................ BV01**
Sat, Sep 24-Nov 12, 9:30AM-10:15AM
$14 Residents/$28 Non-Residents

**Beulah Brinton (Ages 3-4) .......... BN01**
Wed, Sep 21-Nov 9, 4:00PM-4:45PM
$14 Residents/$28 Non-Residents

**Beulah Brinton (Ages 3-4) .......... BN02**
(Not eligible for reduced fees)
Wed, Nov 30-Jan 11, 4:00PM-4:45PM
$10 Residents/$20 Non-Residents

**Hamilton (Ages 3-4) ...................... HA01**
Sat, Sep 24-Nov 12, 9:30AM-10:15AM
$14 Residents/$28 Non-Residents

**Hamilton (Ages 3-4) ...................... HA02**
Sat, Sep 24-Nov 12, 10:15AM-11:00AM
$14 Residents/$28 Non-Residents

**MacDowell (Ages 3-4) ..................... JU01**
Thu, Sep 29-Nov 17, 5:30PM-6:15PM
$14 Residents/$28 Non-Residents

**Marshall (Ages 3-4) ...................... MR01**
(Not eligible for reduced fees)
Sat, Sep 24-Oct 22, 11:00AM-11:30AM
$7 Residents/$14 Non-Residents

**Marshall (Ages 3-4) ...................... MR02**
(Not eligible for reduced fees)
Sat, Nov 5-Dec 10, 12:30PM-1:30PM
$10 Residents/$20 Non-Residents

**Riverside (Ages 3-4) ...................... RS01**
Sat, Sep 24-Nov 12, 10:00AM-11:00AM
$14 Residents/$28 Non-Residents

**Rufus King Middle School (Ages 3-4)KR01**
Thu, Sep 29-Nov 17, 6:00PM-6:45PM
$14 Residents/$28 Non-Residents

B.I.G. Soccer
Soccer is Great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning.

Activity Code: 2RCE5903
(Section codes listed below)

**Hamilton (Ages 7-9) ..................... HA01**
Sat, Sep 24-Nov 12, 11:00AM-12:00PM
$18 Residents/$36 Non-Residents

**Marshall (Ages 7-9) ..................... MR01**
Sat, Sep 24-Oct 22, 12:30PM-1:30PM
$12 Residents/$24 Non-Residents

**Marshall (Ages 7-9) ..................... MR02**
Sat, Nov 5-Dec 10, 12:30PM-1:30PM
$12 Residents/$24 Non-Residents

**Riverside (Ages 7-9) ..................... RS01**
Sat, Sep 24-Nov 12, 10:55AM-11:50AM
$14 Residents/$28 Non-Residents

**Rufus King Middle School (Ages 7-9)KR01**
Thu, Sep 29-Nov 17, 7:50PM-8:45PM
$14 Residents/$28 Non-Residents

Soccer Officials Training Class
Join our class to gain a better understanding to work and manage a youth level soccer game. During this class you’ll receive classroom instruction to receive a Wis-Ref Grade 8 license through the US Soccer Federation.

**Sunday , August 28, 2016**
8:00AM-4:00PM
Location: Brinton Community Center
Fee: $70
Register Online: tinyurl.com/wisref2016
Dodgeball
Dodge, dip, duck, and dive! This is a great class to perfect your technique playing non-exclusive dodgeball variations.
Activity Code: 2RCE6202
(Section codes listed below)
Beulah Brinton (Ages 8-12).............. BN01
Wed, Sep 21-Nov 9, 6:00PM- 7:00PM
$18 Residents/$36 Non-Residents
Beulah Brinton (Ages 8-12).............. BN02
Wed, Nov 30-Jan 11, 5:00PM- 6:00PM
$12 Residents/$24 Non-Residents
Wrestling Fundamentals
Wrestling is both an individual and team sport that allows each athlete to have fun while learning discipline, goal-setting, and perseverance. This class will focus on skill development and providing a fun and rewarding experience for each athlete in an encouraging environment. Learn the fundamentals of wrestling including takedowns, rides, escapes, reversals, and pinning techniques while having fun and getting a great workout. Bring shorts and a t-shirt to the first class, as well as wrestling shoes if you have them.
Activity Code: 2RCE6206
(Section codes listed below)
Hamilton (Ages 12-17) ................. HA01
Sat, Sep 24-Nov 12, 9:30AM-10:30AM
$18 Residents/$36 Non-Residents
City Kids Wrestling Club
City Kids Wrestling Club will hold a pre-season wrestling clinic for experienced Middle & High School wrestlers on Saturday, November 5 from 9am to 1pm at Bradley Tech HS, 700 S. 4th St. No charge for MPS wrestlers. $15 for all others. Go to www.citykidswrestling.org for registration form.

TENNIS
Tennis
Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants intermediate and above should have solid foundation in tennis.
Activity Code: 2RCE6501
(Section codes listed below)
Beulah Brinton (Ages 7-17).............. BN01
Thu, Sep 22-Nov 10, 4:00PM- 5:00PM
$18 Residents/$36 Non-Residents
Beulah Brinton (Ages 7-17).............. BN02
Thu, Dec 1-Jan 12, 4:00PM- 5:00PM
$12 Residents/$24 Non-Residents
Marshall (Ages 4-8)...................... MR01
(Beg.)
Sat, Sep 24-Oct 22, 9:00AM-10:00AM
$12 Residents/$24 Non-Residents
Marshall (Ages 6-12)...................... MR02
(Beg.)
Sat, Sep 24-Oct 22, 10:00AM-11:00AM
$12 Residents/$24 Non-Residents
Marshall (Ages 10-17).................... MR03
(Int./Adv.)
Sat, Sep 24-Oct 22, 11:00AM-12:30PM
$17 Residents/$34 Non-Residents
Marshall (Ages 4-8)...................... MR04
(Beg.)
Sat, Nov 5-Dec 10, 9:00AM-10:00AM
$12 Residents/$24 Non-Residents
Marshall (Ages 6-12)...................... MR05
(Beg.)
Sat, Nov 5-Dec 10, 10:00AM-11:00AM
$12 Residents/$24 Non-Residents
Marshall (Ages 10-17).................... MR06
(Int./Adv.)
Sat, Nov 5-Dec 10, 11:00AM-12:30PM
$17 Residents/$34 Non-Residents

TRACK
Mini Track
On your mark, get set, go... Receive instruction in the proper techniques for sprints, distance running, starting stance, relays, and field events. Camps will culminate with a meet on the final day.
Activity Code: 2RCE6703
(Section codes listed below)
Marshall (Ages 5-7)...................... MR01
Sat, Sep 24-Oct 22, 10:00AM-11:00AM
$12 Residents/$24 Non-Residents
Marshall (Ages 8-12)...................... MR02
Sat, Sep 24-Oct 22, 11:00AM-12:00PM
$12 Residents/$24 Non-Residents
Marshall (Ages 5-7)...................... MR03
Sat, Nov 5-Dec 10, 10:00AM-11:00AM
$12 Residents/$24 Non-Residents
Marshall (Ages 8-12)...................... MR04
Sat, Nov 5-Dec 10, 11:00AM-12:00PM
$12 Residents/$24 Non-Residents

VOLLEYBALL
Volleyball Academy
Learn the fundamentals necessary to play more than ‘boom ball.’ This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.
Activity Code: 2RCE6801
(Section codes listed below)
Parkside (Ages 7-10).................... FR01
(Level 1)
Wed, Sep 21-Nov 9, 4:00PM- 5:00PM
$18 Residents/$36 Non-Residents
Parkside (Ages 11-16).................... FR02
(Level 2)
Wed, Sep 21-Nov 9, 5:00PM- 6:00PM
$18 Residents/$36 Non-Residents
Parkside (Ages 7-10).................... FR03
(Level 1; Not eligible for reduced fees)
Wed, Nov 30-Jan 11, 4:00PM- 5:00PM
$10 Residents/$20 Non-Residents
Parkside (Ages 11-16).................... FR04
(Level 2; Not eligible for reduced fees)
Wed, Nov 30-Jan 11, 5:00PM- 6:00PM
$10 Residents/$20 Non-Residents
Riverside (Ages 9-14)................... RS01
Wed, Oct 5-Nov 9, 6:15PM- 7:30PM
$17 Residents/$34 Non-Residents
**FAMILY CLASSES**

**Family Creative Exercise**
This class is centered on a fun way to exercise for everyone involved. Participants will partake in various exercises, trying to utilize all facets of the body while still enjoying the fitness process. Beginning with basic stretching and proceeding into various games activities will provide the entire family with great exercise and fun. Parent/guardian must register, pay, and attend with child. Fee is per person. Not eligible for reduced fees.

Activity Code: 2RCE3303  
Hamilton (Ages 8-14)  
Tue, Sep 27-Nov 15, 6:45PM- 7:30PM  
$14 Residents/$28 Non-Residents

**Yoga Bears**
You and your child can get fit and improve inner balance in this animal/nature themed yoga class. Learn poses such as tree, camel, cat and mountain pose. Yoga games will be included as well. Parent/Guardian must register, pay and attend with child. Fee is per person. Not eligible for reduced fees.

Activity Code: 2RCE3305  
Hamilton (Ages 4-8)  
Sat, Sep 24-Nov 12, 10:00AM-11:00AM  
$18 Residents/$36 Non-Residents

**Black Friday Family Yoga**

You may have done a stomach stretch or two after Thanksgiving dinner, but let BFF Yoga get you and your family back to your regular selves. Class fee is per person, non-refundable, and not eligible for reduced fees.

Activity Code: 2RCE3311  
Beulah Brinton (Ages 5 & up)  
Fri, Nov 25, 10:30AM-11:15AM  
$4 Residents/$8 Non-Residents

**Family Chefs**
Have fun learning to cook with your kids! Mix, measure, and make a variety of delicious kid-friendly treats. Kids, we will make it easy for the grown up with you to learn, but you may have to help them. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 2RCE3313  
Hamilton (Ages 6-9)  
Sat, Sep 24-Nov 12, 9:30AM-10:30AM  
$25 Residents/$50 Non-Residents

**Geocaching**
Geocaching is a fun and healthy outdoor treasure hunting game that is enjoyed by both children and adults. Using GPS devices or GPS-enabled smartphones, players navigate to a specific set of coordinates then attempt to find a hidden cache. Each cache varies in size and function. Some are quite easy to find while others are very difficult to locate. This class will introduce you the basics of geocaching. Each cache varies in size and function. Some are quite easy to find while others are very difficult to locate. This class will introduce you the basics of geocaching.

Activity Code: 2RCE3313  
Hamilton (Ages 6-9)  
Sat, Sep 24-Nov 12, 9:30AM-10:30AM  
$25 Residents/$50 Non-Residents

**Urban Hiking: Havenwoods State Forest**
Come explore Milwaukee’s own state forest! This former missile base turned natural area is a hidden gem within city borders. Join Brew City Safari owner, Christian Matson-Alvirez as he takes you to nature within city limits! Class fee is non-refundable.

Activity Code: 2RCE3318  
Havenwoods State Forest (Ages 6 & up)  
Fri, Oct 11, 5:00PM- 9:00PM  
$5 Residents/$5 Non-Residents

**SCUBA Experience**
Dive masters will explain the basic principles of scuba diving and equipment usage during this exciting evening underwater. Once you feel comfortable, your instructor will take you in the pool to help you practice your basic scuba skills, breathe and swim underwater, play some underwater games and offer you the option to have your picture taken underwater. Pre-requisites: must be able to swim 200 yards and tread/float for 10 minutes. All minors must be accompanied by an adult and sign a liability waiver. Not eligible for reduced fees.

Activity Code: 2RAQ3302  
Gaenslen (Ages 10-79)  
Fri, Oct 14, 5:00PM- 9:00PM  
$36 Residents/$48 Non-Residents

**Gaenslen (Ages 10-79)**

Fri, Oct 1, 12:00PM- 1:30PM  
$5 Residents/$5 Non-Residents

**MPS RUN BACK TO SCHOOL**
AUGUST 27, 2016

MPS invites all runners and walkers to join us for the 9th Annual Run Back to School on Saturday, August 27, 2016 (rain or shine). Sign up for this event to enjoy a 5K run or 1.5 mile walk through Washington Park, followed by some great activities. All event proceeds will support MPS Youth Recreation programs. Register online at MilwaukeeRecreation.net using #5RBS3301-WF01.
Outdoor Education • (414) 647-6050

Halloween Glen

Join us for the 23rd Annual Halloween Glen! This humorous and educational outdoor adventure is a great alternative to usual Halloween events. Actors will present interactive skits along the luminaria-lighted trails of Hawthorn Glen, Milwaukee Recreation’s 23-acre nature center. Families can then make craft projects, watch Halloween cartoons and enjoy refreshments (concessions are cash only).

This year’s theme is Nature’s Champions, honoring creatures that are the best of the best at what they do. You’ll train with a crane and work out with wildlife. Watch record-breakers of strength as they whirl up the crowd. Meet animal athletes who are going the distance and get to know some all-around good sports.

Ages: This event is geared for (ages 3-12) and parent(s)/guardian(s). Children ages 2 and under may attend for free. Parent/guardian must register, pay and attend with child. Children 2 and under must be indicated on the registration form.

Tyke Hike (4 stations):
This shorter hike is perfect for little ones eager to join in on the adventure! Our energetic tour guides will lead tykes and their families on a hike visiting 4 of the 8 stations. Following the hike families are also welcome to watch Halloween cartoons, make craft projects and enjoy refreshments (concessions are cash only). We are offering this hike at a special price of $3.00 per person.

Pick-up location: All participants will board a bus at MPS Central Services, 5225 W. Vliet St. (rear parking lot) and travel to Hawthorn Glen. There will be no parking at Hawthorn Glen. An on-going bus shuttle service will be provided for you to return to MPS Central Services at the end of your tour.

Cost:
5:00PM-8PM Sessions: $6.00 per person for Residents and Non-Residents
4:30PM Tyke Hike: $3.00 per person for Residents and Non-Residents
Fee is per person and not eligible for reduced fees or refunds.

Note:
Due to the popularity of this event it is advised for you to register well in advance; space is limited. If our maximum registration is obtained prior to the event, on-site registrations at MPS Central Services will not be accepted.

Activity Code: 2P124001 (Section codes listed below)

Bus departure times from MPS Central Services:

Friday, October 14th
HG01......5:45PM
HG02......6:15PM
HG03......6:45PM
HG04......7:30PM
HG05......8:00PM

Saturday, October 15th
HG06......5:30PM
HG07......6:00PM
HG08......6:45PM
HG09......7:15PM
HG10......8:00PM
HG11......9:00PM

**DON’T MISS**

“NATURE IN YOUR NEIGHBORHOOD”

ON PAGE 17
**Fall Seeds & Nuts Hike**
Come discover Hawthorn Glen’s summer foliage as the sunny yellows and greens brighten into autumn golds and reds. Please put on your most comfortable walking shoes. We will join the squirrels, raccoons, chipmunks and deer to learn about the seeds and nuts nature provides. Our naturalist will help you identify the trees and plants as they reveal their harvestable fruits. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2P125061  
(Section codes listed below)*

Hawthorn Glen (Ages 8 & up)........ HG01  
Sat, Sep 17, 10:00AM-11:30AM  
$5 Residents/$10 Non-Residents

**Sunset Hike**
Kick up some leaves and take in the views during nature’s most spectacular season. Explore Lapham Peak at dusk when the wildlife is abundant. Hike through the pine plantation and enjoy a short segment of the Ice Age Trail on the way to the observation tower. Sunsets are truly a masterpiece painted by Mother Nature. Be sure to bring your camera! Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. For Vehicles without a valid admission sticker, a $5.00 vehicle sticker is required and will be available for purchase at Lapham Peak.

*Activity Code: 2P125064  
(Section codes listed below)*

Lapham Peak (Ages 6 & up)......... LX01  
Sat, Oct 8, 4:30PM- 6:00PM  
$5 Residents/$5 Non-Residents

**Hand-Made Gifts**
This is the perfect time of the year to cozy up by our fire, prepare no-bake treats, listen to seasonal music and make hand-made gifts to give or (keep). Parent/guardian must register, pay and attend with child. Fee is per person. Class fee includes supply cost, is non-refundable and not eligible for reduced fees.

*Activity Code: 2P125062  
(Section codes listed below)*

Hawthorn Glen (Ages 6 & up)........ HG01  
Sat, Dec 3, 10:00AM-12:00PM  
$11 Residents/$17 Non-Residents

**Howl-o-ween Pumpkin Carving**
Be a part of the pack at Hawthorn Glen as we carve animal themed pumpkins for Halloween. Our naturalists will help you discover fun facts about the animals chosen for your punkin’ template. We will also harvest the seeds so we can roast a tasty treat. Once completed, we will take our gourd-geous masterpieces outside to light as we hoot and howl like our animals. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2P125063  
(Section codes listed below)*

Hawthorn Glen (Ages 6 & up)........ HG01  
Sat, Oct 22, 6:30PM- 8:00PM  
$9 Residents/$17 Non-Residents

**Autumn Kaleidoscope**
Fall is a wonderful time to watch nature’s amazing transformation as it prepares itself for the coldest of seasons. Hike through our vibrantly colored urban forest with our naturalists and explore how our native flora and fauna adapt for the changes ahead. Enjoy collecting leaves as we hike, and then paint a brightly hued t-shirt of your own. (Please bring your own t-shirt). Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2P125065  
(Section codes listed below)*

Hawthorn Glen (Ages 6 & up)........ HG01  
Sat, Oct 1, 10:00AM-12:00PM  
$5 Residents/$10 Non-Residents

**OUTDOOR SKILLS**

**Basic Knots**
When in the course of human events, it becomes necessary to join two pieces of rope together, or secure your dog to a picnic table, or even stringing up a clothesline, you need to use some kind of knot. There are many different types of knots available, however, a knot that you use at a campsite might not work so well on a boat. Let us help!! We’ll help you understand how rope is made, the materials used and a few of the most useful knots. We will even show you how to ‘spin’ up a rope using tree bark. Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2P125101  
(Section codes listed below)*

Hawthorn Glen (Ages 16 & up)....... HG01  
Sat, Oct 29, 10:00AM-11:30AM  
$5 Residents/$10 Non-Residents

**Fire Starters**
The ability to start a fire is one of the most important skills you can possess in a survival situation, not to mention a weekend camping trip. Did you know that you can start a fire with a can of Coke and a chocolate bar? We’ll discuss campfire preparation such as laying or building a fire, and how to light it. Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2P125102  
(Section codes listed below)*

Hawthorn Glen (Ages 16 & up)....... HG01  
Sat, Nov 12, 10:00AM-11:30AM  
$5 Residents/$10 Non-Residents

**Survival Shelter**
Anyone could find themselves in an emergency situation and even the most basic of wilderness survival knowledge could mean a world of difference. Did you know that you can get hypothermia at temperatures as high as 60 degrees? A good survival shelter must protect you from the elements and be comfortable enough for resting and sleeping. Learn how to build a debris hut, lean-to and the importance of getting yourself off the ground. Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2P125103  
(Section codes listed below)*

Hawthorn Glen (Ages 16 & up)....... HG01  
Sat, Nov 19, 10:00AM-11:30AM  
$5 Residents/$10 Non-Residents
Using a Compass & GPS
Have you ever gotten lost? It can be pretty scary. Knowing how to find your way in the wilderness can mean the difference between finding your car before the sun sets or wandering off in the wrong direction where you are forced to put into practice the outdoor skills you have learned (hint, hint!). You will be introduced to using a compass and GPS, while gaining the knowledge to participate in recreational forms of land navigation and geo-caching. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P125104
(Hawthorn Glen (Ages 16 & up)........ HG01
Sat, Nov 5, 10:00AM-11:30AM
$4 Residents/$8 Non-Residents

October Night Sky
The October night sky is more than just a Halloween backdrop, it is filled with starry creatures of its own. Join us for an evening of constellation lore and dare to explore with us the mysteries of space that send chills down the spines of astronomers. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P126018
(Madison (Ages 6 & up)............... MA01
Thu, Oct 20, 6:30PM- 7:45PM
$3 Residents/$6 Non-Residents

SPACE SCIENCE
Autumn Planetarium
Come to the planetarium prepared to be ‘wowed’ as we dim the lights to explore the autumn skies. Autumn is a great time for star gazing in Milwaukee – the nights are pleasantly cool and relatively bug free. Learn some of the fall constellations and the legends that put them in the sky. Bid farewell to the bird constellations as they migrate below the horizon. Programs are enjoyable for star gazers of all ages, especially children. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P126016
(Hamilton (Ages 6 & up)............... HA01
Tue, Sep 20, 6:30PM- 7:45PM
$3 Residents/$6 Non-Residents

RENTALS
Hawthorn Glen Rentals
Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday, party, family event or meeting space with us!
- Assembly Room (indoor), maximum 65 people
- Picnic Area #1, maximum 150 people
- Picnic Area #2, maximum 75 people

For reservations or more information, call the Outdoor Education Office at 647-6050.
Additional information is available at: www.MilwaukeeRecreation.net/hawthorn-glen.

THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN
1130 NORTH 60TH STREET
Mon-Fri: 4:00-5:00PM
Sat & Sun: 11:00AM-12:00PM and 3:00-4:00PM
Attendance is FREE!
Come visit our Nature Museum and see native animals of Wisconsin, including tree frogs, several species of turtles, a crow, and our six-foot bullsnake.
Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

<table>
<thead>
<tr>
<th>Level</th>
<th>Requirements</th>
<th>Course Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infant</td>
<td>Ages 6 mos. to 18 mos. An adult must accompany the child in the water. Swim diapers required. Swim caps are NOT required at this age.</td>
<td>The infant program introduces the child to water in a friendly environment. The program’s focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.</td>
</tr>
<tr>
<td>Lil’ Squirts</td>
<td>Ages 18 mos. to 36 mos. An adult must accompany the child in the water. Swim diapers and swim caps required.</td>
<td>Lil’ Squirts swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.</td>
</tr>
<tr>
<td>Tiny-Tot</td>
<td>Ages 3-4 yrs. Previous pool experience NOT necessary. An adult must accompany the child in the water. Swim caps required.</td>
<td>Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include “breaking” the overconfident toddler to allow your child to realize what it takes to swim independently in water.</td>
</tr>
<tr>
<td>Advanced Tiny-Tot</td>
<td>Ages 4-5 yrs. Previous enrollment in Tiny-Tot OR ability to submerge entire body and kick across pool w/ flotation device. An adult must accompany the child in the water.</td>
<td>Advanced Tot course introduces primary swimming skills such as: kicking in a variety of ways, floating and patterned breathing under water. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow.</td>
</tr>
<tr>
<td>Little Lv. 1 OR</td>
<td>Ages 4-6 yrs. Previous enrollment in Advanced Tots OR ability to submerge entire body and kick across pool with a kick board.</td>
<td>LITTLE Level 1/2 classes include the same elementary aquatic skills from Level One/ Two (see descriptions below) but allow students to utilize support from both instructors and flotation devices. In addition to meeting minimum 42” height requirement, your youngster needs to be comfortable in class without you for the 45 minute class period. Instructions will advise promotion options based on age &amp; skill.</td>
</tr>
<tr>
<td>Little Lv. 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level One</td>
<td>Ages 6-14 yrs. None (Please see the height requirements noted under each swim location.)</td>
<td>Elementary aquatic skills are introduced in Level 1 which children will build on as they progress through seven Learn-to-Swim levels. In addition to patterned breathing and floating, various kicks and arm strokes will be explored. Children also start to develop positive attitudes and safe practices around the water.</td>
</tr>
<tr>
<td>Water Exploration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level Two</td>
<td>Ages 6-14 yrs. Passed Level 1 or can demonstrate completion of all requirements in Level 1.</td>
<td>The objective of Level 2 is to give novice swimmers success with fundamental skills such as: floating without support, exploring simultaneous and alternating arm and leg motions to build the foundation for future strokes. A brief introduction to explore deep water is included in this course.</td>
</tr>
<tr>
<td>Fundamental</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aquatic Skills</td>
<td>Ages 6-14 yrs. Passed Level 2 or can demonstrate completion of all requirements in Level 2.</td>
<td>Level 3 builds on the skills learned in Level 2 by developing the front crawl and elementary backstroke. Treading water, rules for head first entries and additional safety skills are included. Most importantly, swimmers who successfully complete this course will become comfortable in deep water.</td>
</tr>
<tr>
<td>Level Three</td>
<td>Ages 7-15 yrs. Passed Level 3 or can demonstrate all Level 3 requirements. MUST be comfortable in deep water.</td>
<td>The objective of Level 4 is to improve the front crawl and elementary backstroke and to introduce: to the back crawl, breaststroke, sidestroke and butterfly. Because this class takes place in DEEP WATER students will inherently become proficient at treading water and learn to dive head first into the pool.</td>
</tr>
<tr>
<td>Stroke Development</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level Four</td>
<td>Ages 8-15 yrs. Passed Level 4 or can demonstrate completion of all requirements in Level 4.</td>
<td>The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for back crawl, breaststroke, sidestroke and butterfly. Distances will be increased to achieve 50 continuous yards of each stroke. Also: underwater swimming &amp; surface dives – FUN!</td>
</tr>
<tr>
<td>Stroke Improvement</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level Six</td>
<td>Ages 9-16 yrs. Passed Level 5 or can demonstrate completion of all requirements in Level 5.</td>
<td>Level 6 refines all major strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase distances to 100 continuous yards. FUN Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.</td>
</tr>
<tr>
<td>Advanced Strokes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level Seven</td>
<td>Ages 10-16 yrs. Passed Level 6 or can demonstrate completion of all requirements in Level 6.</td>
<td>Level 7 fine-tunes the 6 core swim strokes for both efficiency and power. Four specialty modules allow swimmers to broaden their aquatic repertoire. Module options include: Personal Water Safety (7PWS), Fundamentals of Diving (7D), Fitness Swimmer (7FS), and Lifeguard Readiness (7LR). Please check the listing to determine which modules are offered this season.</td>
</tr>
<tr>
<td>Swimming Proficiency 4 MODULES</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
GENERAL SWIM INFORMATION

What to Bring: Swimsuit, towel, and swim cap. Please report 10 minutes before class starts. Swim caps must be worn by all individuals entering the pool (exception made for infants, lil’ squirts and shallow water exercisers who do not submerge head). Swim caps may be purchased at pools for $2.

Height Requirements listed for children Ages 6-14:
Students must meet the minimum height of 48” for each pool (42” at Bay View) Children not able to stand in the shallow end of the pool should be enrolled in a Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water. 4-6 year olds may enroll in a Little Level One or Two class and enjoy use of a 6 inch booster step & thus be at least 42 inches tall to safely participate.

Water Temperature: Normal water temperature is 77–81°. The only exceptions are Gaenslen (84 - 88°F) and Morse-Marshall (82 – 86°F)

Locker Rooms: Participants may bring a padlock for lockers. All items must be removed after each class. Children of the opposite sex, five years of age or under may accompany a parent in the locker room. Children ages six and above are expected to use designated locker rooms — males in the boys’ and females in the girls’.

Parents Day (Ages 6-14): Parents of children enrolled in Levels 1-7 of the Learn to Swim program are invited to observe classes on the first, middle, and last day of class.

Pre-Testing: A pre-test is given to swimmers in levels 2-7 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

Testing: Testing of swim skills in levels 1-7 generally occurs during the second to last lesson and final lesson. Certificates will be issued on the last day indicating appropriate swim level to enroll in next.

Infant, Lil’ Squirts & Tiny-Tot Requirements (ages 0 -3): “Little swimmers” swim diapers are required regardless of child’s progress in potty training as warm water immersion is proven to stimulate urination in young children.

Parent Attendance: Parents must accompany their children in the water for all Infant, Lil’ Squirt, Tiny-Tot, and Adv. Tiny-Tot classes. If a family has more than one child enrolled in the same class the second child must be accompanied by a responsible person 16 years of age or older.

Make-up Policy: The Recreation Department works diligently to ensure that our pools stay in working operation to offer consistency of programs. In the event that more than 1 class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date.

OPEN POOL SCHEDULE

Lap Swim
Ages 14 and up. Lanes available on a first come, first served basis. Circle swimming recommended.

Lap Swim Punch Passes may be purchased at your local community center and are valid for one year from date of purchase. Please do not send cash to registration office.

10-punch Pass: $15.00
Single Visit Swim: $2.00

Schedule

Riverside High School
Saturdays, 8:00AM - 9:00AM
September 24 --> December 3
(Pool closed on: Oct. 15, Oct. 29 and Nov. 26)

Mondays AND Wednesdays, 8:45PM- 9:30PM
September 12 --> December 7
(Pool closed: Sept. 21)

Hamilton High School
Saturdays, 7:45AM- 8:45AM
September 24 --> November 12

James Madison Campus
Thursdays, 7:50PM- 8:45PM
October 6 --> December 1

Community Swim

Enjoy FREE swimming for the whole family.
-Children 7 years of age and under must be accompanied and supervised in the water by a parent or guardian.
-Participants must furnish a towel, suit, and swim cap. Swim caps may be purchased at the pool for $2.00.

Gaenslen Elementary
Wednesdays, 6:45PM- 7:50PM
September 28 --> November 16

Hamilton High School
Thursdays, 6:20PM - 7:30PM
October 27, November 3 & 10 only.

MacDowell High School
Saturdays, 3:00PM- 4:15PM
September 24 --> November 12
(2 lap lanes available when attendance permits)

North Division High School
Wednesdays, 7:15PM- 8:45PM
September 28 --> November 16

South Division High School
Mondays AND Wednesdays, 7:50PM- 8:50PM
September 12 --> December 7
Swim Lesson Prices

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGES</th>
<th>LENGTH</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infant</td>
<td>6 –18 mos.</td>
<td>30 min.</td>
<td>$26 Res</td>
</tr>
<tr>
<td>Lil’ Squirts</td>
<td>18-36 mos.</td>
<td>30 min.</td>
<td>$26 Res</td>
</tr>
<tr>
<td>Tiny-Tot</td>
<td>3-4 yrs.</td>
<td>45 min.</td>
<td>$32 Res</td>
</tr>
<tr>
<td>Adv. Tots</td>
<td>4-5 yrs.</td>
<td>45 min.</td>
<td>$32 Res</td>
</tr>
<tr>
<td>Lit. Lv. 1/2</td>
<td>4-6 yrs.</td>
<td>50 min.</td>
<td>$32 Res</td>
</tr>
<tr>
<td>Levels 1–7</td>
<td>*6-16 yrs.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*For specific level requirements, please see page 33.

NON-RESIDENTS PAY DOUBLE LISTED FEES.

Facebook.com/MilwaukeeRecreation

www.MilwaukeeRecreation.net
North Division
Students in Levels 1-7 must meet 48” height requirement.

Tuesday, Sep 27 - Nov 15
Class#  Time  Level
#2RAQ7403-ND01  6:10PM  Tiny Tot
#2RAQ7404-ND01  6:10PM  Adv Tots
#2RAQ0501-ND01  6:55PM  Level 1

Hamilton
Students in Levels 1-7 must meet 48” height requirement.

Monday, Sep 26 - Nov 14
Class#  Time  Level
#2RAQ0504-HA02  6:05PM  Level 4
#2RAQ7401-HA02  6:10PM  Infant
#2RAQ7403-HA02  6:50PM  Tiny Tot
#2RAQ0505-HA02  6:55PM  Level 5

Wednesday, Sep 28 - Nov 16
Class#  Time  Level
#2RAQ0506-HA02  6:05PM  Level 6
#2RAQ0502-HA03  6:05PM  Level 2
#2RAQ0501-HA03  6:55PM  Level 1
#2RAQ0503-HA04  6:55PM  Level 3

Thursday, Sep 29 - Nov 17
Class#  Time  Level
#2RAQ0503-HA03  6:05PM  Level 3
#2RAQ0511-HA01  6:05PM  Ltl Squir 1
#2RAQ7402-HA02  6:55PM  Ltl Squir
#2RAQ0512-HA01  6:55PM  Ltl Squir 2

Saturday, Sep 24 - Nov 12
Class#  Time  Level
#2RAQ7401-HA01  8:35AM  Infant
#2RAQ7402-HA01  9:10AM  Ltl Squir
#2RAQ7403-HA01  9:45AM  Tiny Tot
#2RAQ0508-HA01  10:10AM  Level 7LR
#2RAQ7404-HA01  10:20AM  Adv Tots
#2RAQ0506-HA01  11:05AM  Level 6
#2RAQ0505-HA01  12:35PM  Level 5
#2RAQ0501-HA01  12:35PM  Level 1
#2RAQ0504-HA01  1:30PM  Level 4
#2RAQ0502-HA02  1:30PM  Level 2
#2RAQ0503-HA02  2:25PM  Level 3
#2RAQ0503-HA02  2:25PM  Level 3
#2RAQ0501-HA02  3:20PM  Level 1

South
Students in Levels 1-7 must meet 48” height requirement.

Saturday, Sep 24 - Nov 12
Class#  Time  Level
#2RAQ0501-SD01  9:00AM  Level 1
#2RAQ0502-SD01  9:00AM  Level 2
#2RAQ0501-SD02  9:55AM  Level 1
#2RAQ0503-SD01  9:55AM  Level 3
#2RAQ7401-SD01  10:50AM  Infant
#2RAQ7402-SD01  10:40AM  Ltl Squir
#2RAQ0504-SD01  10:40AM  Level 5
#2RAQ7403-SD01  11:25AM  Ltl Squir 3
#2RAQ7403-SD01  11:45AM  Level 3
#2RAQ7403-SD01  12:00PM  Tiny Tot
#2RAQ0501-SD03  2:20PM  Level 1
#2RAQ0502-SD02  2:20PM  Level 2
#2RAQ0501-SD04  3:10PM  Level 1
#2RAQ0505-SD01  3:10PM  Level 5

Marshall
Students in Levels 1-7 must meet 48” height requirement.

Monday, Sep 26 - Nov 14
Class#  Time  Level
#2RAQ7403-MR02  5:30PM  Tiny Tot
#2RAQ0511-MR01  6:00PM  Ltl Squir
#2RAQ0503-MR02  6:00PM  Level 3
#2RAQ0512-MR02  6:55PM  Ltl Squir 2
#2RAQ0504-MR02  6:55PM  Level 4

Wednesday, Sep 28 - Nov 16
Class#  Time  Level
#2RAQ7401-MR02  5:30PM  Infant
#2RAQ0503-MR03  6:00PM  Level 3
#2RAQ0501-MR03  6:00PM  Level 1
#2RAQ0505-MR02  6:55PM  Level 5
#2RAQ0502-MR02  6:55PM  Level 2

Thursday, Sep 29 - Nov 17
Class#  Time  Level
#2RAQ7402-MR03  5:30PM  Level 7LR
#2RAQ0502-MR03  6:00PM  Level 2
#2RAQ7404-MR02  6:00PM  Adv Tots
#2RAQ0508-MR01  6:55PM  Level 7LR
#2RAQ0501-MR04  6:55PM  Level 1

Saturday, Sep 24 - Nov 12
Class#  Time  Level
#2RAQ7405-MR01  10:05AM  Level 5
#2RAQ7401-MR01  10:05AM  Infant
#2RAQ7402-MR01  10:40AM  Ltl Squir
#2RAQ0506-MR01  10:55AM  Level 6
#2RAQ7403-MR01  11:15AM  Tiny Tot
#2RAQ0503-MR01  12:30PM  Level 3
#2RAQ0501-MR01  12:30PM  Level 1
#2RAQ0504-MR01  1:25PM  Level 4
#2RAQ0502-MR01  1:25PM  Level 2
#2RAQ0501-MR02  2:20PM  Level 1
#2RAQ7404-MR01  2:20PM  Adv Tots

Marshall
Students in Levels 1-7 must meet 48” height requirement.

Tuesday, Sep 27 - Nov 15
Class#  Time  Level
#2RAQ7302-BV01  6:20PM  Level 2
#2RAQ7301-BV01  6:55PM  Level 1

Thursday, Sep 29 - Nov 17
Class#  Time  Level
#2RAQ7303-BV01  6:20PM  Level 3
#2RAQ7302-BV02  6:55PM  Level 2

Marshall
Students in Levels 1-7 must meet 48” height requirement.

Tuesday, Sep 27 - Nov 15
Class#  Time  Level
#2RAQ7302-MR01  6:25PM  Level 2
#2RAQ7301-MR01  6:25PM  Level 1
#2RAQ7301-MR02  6:55PM  Level 1
#2RAQ7303-MR01  6:55PM  Level 3

Riverside
Students in Levels 1-7 must meet 48” height requirement.

Saturday, Sep 24 - Dec 3
No class 10/15, 10/29, or 11/26
Class#  Time  Level
#2RAQ0503-RS01  1:20PM  Level 1
#2RAQ0501-RS01  1:20PM  Level 1
#2RAQ0506-RS01  2:15PM  Level 6
#2RAQ0502-RS01  2:15PM  Level 2
#2RAQ0508-RS01  3:10PM  Level 7LR
#2RAQ0501-RS02  3:10PM  Level 1

Please note: LR = Lifeguard Readiness

SEMI-PRIVATE
SWIM LESSONS
Ages 6-14; 1 to 4 children per class. Semi-private lessons provide a smaller student
-to-teacher ratio and greater individual attention
to your youngster’s swimming abilities.
The small class size is especially beneficial
for students with elevated fear of the water
or anxiety about the learn to swim process.
Sign up today. Space is obviously limited.
NOT ELIGIBLE FOR REDUCED FEES.
Eight 30-minute classes:
$60 Residents/ $120 Non-residents

Bay View Girls Pool
Students in Levels 1-7 must meet
42” height requirement.

Tuesday, Sep 27 - Nov 15
Class#  Time  Level
#2RAQ7302-BV01  6:20PM  Level 2
#2RAQ7301-BV01  6:55PM  Level 1

Thursday, Sep 29 - Nov 17
Class#  Time  Level
#2RAQ7303-BV01  6:20PM  Level 3
#2RAQ7302-BV02  6:55PM  Level 2

Marshall
Students in Levels 1-7 must meet
48” height requirement.

Tuesday, Sep 27 - Nov 15
Class#  Time  Level
#2RAQ7302-MR01  6:25PM  Level 2
#2RAQ7301-MR01  6:25PM  Level 1
#2RAQ7301-MR02  6:55PM  Level 1
#2RAQ7303-MR01  6:55PM  Level 3

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
**ADULT SWIM**

**Adult Swim Lessons**
Adults. If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Intermediate swimmers will work on refining swimming strokes. Swimming caps are required and are available at the pools for $2.

**Activity Code: 2RAQ0401**
(Section codes listed below)

**Bay View (Ages 17 & up).................. BV01**
Tue, Sep 27-Nov 15, 7:50PM- 8:50PM
$36 Residents/$48 Non-Residents

**Gaenslen (Ages 17 & up) ................. GS01**
Mon, Sep 26-Nov 14, 7:50PM-8:50PM
$36 Residents/$48 Non-Residents

**Madison (Ages 17 & up).................. MA01**
Thu, Oct 6-Dec 1, 7:30PM- 8:30PM
$36 Residents/$48 Non-Residents

**North Division (Ages 17 & up).......... ND01**
Tue, Sep 27-Nov 15, 7:45PM- 8:45PM
$36 Residents/$48 Non-Residents

**Riverside (Ages 17 & up).................. RS01**
Sat, Sep 24-Dec 3, 9:00AM-10:00AM
No class 10/15, 10/29, or 11/26
$36 Residents/$48 Non-Residents

**South Division (Ages 17 & up) ......... SD01**
Sat, Sep 24-Nov 12, 12:30PM- 1:30PM
$36 Residents/$48 Non-Residents

**Fear Factor SP Adult Swim**
If the reason you avoid situations that involve water is due to ‘aqua-phobia’ you and 3 other students will receive specialized instruction to overcome your fear of water and even get you swimming!

**Activity Code: 2RAQ0402**
(Section codes listed below)

**Bay View (Ages 17 & up) .................. BV01**
Thu, Sep 29-Nov 17, 7:40PM- 8:40PM
$60 Residents/$90 Non-Residents

**Gaenslen (Ages 17 & up)............... GS01**
Tue, Sep 27-Nov 15, 7:40PM-8:40PM
$60 Residents/$90 Non-Residents

**MacDowell (Ages 17 & up).............. JU01**
Wed, Sep 28-Nov 16, 7:30PM- 8:30PM
$60 Residents/$90 Non-Residents

**Marshall (Ages 17 & up).................. MR01**
Sat, Sep 24-Nov 12, 3:15PM- 4:15PM
$60 Residents/$90 Non-Residents

**AQUA FITNESS**

**Aqua Boot Camp**
Make your muscles burn so that your metabolic engine will stay lit, scorching calories long after your swimsuit has dried. A powerful class for men and women, you will need to bring hand-held weights between 3-5 pounds and a water bottle to stay hydrated. Water shoes recommended. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.

**Activity Code: 2RAQ0301**
(Section codes listed below)

**MacDowell .................................. JU01**
Tue, Sep 27-Nov 15, 7:50PM- 9:00PM
$36 Residents/$48 Non-Residents

**Riverside ................................. RS01**
Sat, Sep 24-Dec 3, 11:50AM-1:10PM
No class 10/15, 10/29, or 11/26
$36 Residents/$48 Non-Residents

**Aqua Zumba®**
The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this latin-themed pool party that you’ll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

**Activity Code: 2RAQ0302**
(Section codes listed below)

**Hamilton ................................. HA01**
Tue, Sep 27-Nov 15, 6:05PM- 6:55PM
$36 Residents/$48 Non-Residents

**MacDowell ............................... JU01**
Sat, Sep 24-Nov 12, 11:15AM-12:05PM
$36 Residents/$48 Non-Residents

**Riverside .................................. RS01**
Tue, Sep 27-Nov 15, 7:30PM- 8:20PM
$36 Residents/$48 Non-Residents

**Aquanatal**
Are you expecting? Water exercise can provide many benefits to expecting and postpartum mothers including reduced joint and back pain. Enjoy all the elements of water exercise modified to reduce twisting and high-impact moves to accommodate your growing baby. Physician approval recommended.

**Activity Code: 2RAQ0303**
(Section codes listed below)

**Hamilton ............................... HA01**
Tue, Sep 27-Nov 15, 7:55PM- 8:55PM
$36 Residents/$48 Non-Residents

**MacDowell ............................... JU01**
Thu, Sep 29-Nov 17, 7:50PM- 8:50PM
$36 Residents/$48 Non-Residents

**Cardio Splash**
Converting fat into lean muscle as you work against the powerful resistance of water is only the beginning of this high energy session. Fitness studies show that fat loss is expedited through interval training. You will work in sets of higher intensity intervals with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle and hand weights to each class.

**Activity Code: 2RAQ0304**
(Section codes listed below)

**Gaenslen ................................. GS01**
Tue, Sep 27-Nov 15, 4:45PM- 5:45PM
$36 Residents/$48 Non-Residents

**Hamilton ................................. HA01**
Thu, Sep 29-Nov 17, 7:50PM- 8:50PM
$36 Residents/$48 Non-Residents

**Marshall ................................. MR01**
Mon, Sep 26-Nov 14, 7:45PM- 8:45PM
$36 Residents/$48 Non-Residents

**North Division ......................... ND01**
Wed, Sep 28-Nov 16, 6:00PM- 7:00PM
$36 Residents/$48 Non-Residents

**Deep Water Aerobics**
Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Participants will be provided a floatation belt. Space is limited.

**Activity Code: 2RAQ0305**
(Section codes listed below)

**Gaenslen ................................. GS01**
Wed, Sep 28-Nov 16, 7:55PM- 8:55PM
$36 Residents/$48 Non-Residents

**Hamilton ................................. HA02**
Sat, Sep 24-Dec 12, 9:00AM-10:00AM
$36 Residents/$48 Non-Residents

**Hamilton ................................. HA01**
Tue, Sep 27-Nov 15, 7:55PM- 8:55PM
$36 Residents/$48 Non-Residents

**MacDowell ............................... JU01**
Thu, Sep 29-Nov 17, 7:50PM- 8:50PM
$36 Residents/$48 Non-Residents
Water Aerobics - Adult
Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

Activity Code: 2RAQ0306
(Section codes listed below)

Gaenslen ............................................ GS01
Mon, Sep 26-Nov 14, 4:45PM- 5:45PM
$36 Residents/$48 Non-Residents

Gaenslen ............................................ GS02
Wed, Sep 28-Nov 16, 4:45PM- 5:45PM
$36 Residents/$48 Non-Residents

Gaenslen ............................................ GS03
Fri, Sep 30-Nov 18, 4:45PM- 5:45PM
$36 Residents/$48 Non-Residents

Hamilton .......................................... HA01
Mon, Sep 26-Nov 14, 7:50PM- 8:50PM
$36 Residents/$48 Non-Residents

Hamilton .......................................... HA02
Wed, Sep 28-Nov 16, 7:50PM- 8:50AM
$36 Residents/$48 Non-Residents

Marshall .......................................... MR01
Thu, Sep 29-Nov 17, 7:45PM- 8:45PM
$36 Residents/$48 Non-Residents

Riverside .......................................... RS01
Mon, Sep 26-Nov 14, 7:40PM- 8:40PM
$36 Residents/$48 Non-Residents

Riverside .......................................... RS02
Wed, Sep 28-Nov 16, 7:40PM- 8:40PM
$36 Residents/$48 Non-Residents

YoQUA Fusion
Specially designed water exercise to ease the mind and restore the body. Gentle movements to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain body temperature. Participants may use flotation belts (provided) for some portions of this class.

Activity Code: 2RAQ0307
(Section codes listed below)

Gaenslen ............................................ GS01
Thu, Sep 29-Nov 17, 4:45PM- 5:45PM
$36 Residents/$48 Non-Residents

Gaenslen ............................................ GS02
Thu, Sep 29-Nov 17, 7:55PM- 8:55PM
$36 Residents/$48 Non-Residents

Marshall .......................................... MR01
Tue, Sep 27-Nov 15, 5:35PM- 6:25PM
$36 Residents/$48 Non-Residents

Lifeguard Training
Ages 15 and above. American Red Cross Lifeguard Training will give you the skills and knowledge needed to prevent and respond to aquatic emergencies. This course includes: water rescue skills, first aid and CPR PRO. Prerequisites TESTED on the first day of class include: Swim 300 yards NON-STOP (using breaststroke and front crawl), Submerge 10-12 feet to retrieve a 10 pound brick and tread 2 minutes without hands. Successful participants from this class may be considered for immediate summer employment opportunities. Not eligible for reduced fees. Instructor: Denzel Shareef

Activity Code: 2RAQ0601
(Section codes listed below)

Riverside (Ages 15-79) ....................... RS01
(November 19 is reserved date for make-up water exams. Candidates who are successful with all exams on November 12 will not need to attend November 19.)
Sat, Oct 8-Nov 12, 8:45AM- 4:45PM
$100 Residents/$300 Non-Residents

Lifeguard Review Course
Lifeguards who need to re-new their certifications may register for this course. You must either possess a current Lifeguard certification card from a reputable organization or have participated in a full course within the previous 4 years. In the Water Segment, 3 water scenarios and 1 written exam will be conducted among other basic water rescue skills. The CPR/AED, 1st Aid segment will include 1 written exam along with both practical scenario testing and skill competency demonstrations. Please prepare yourself in advance as little guidance or teaching of skills will occur during a review. The water and CPR/AED segments are required to be done in one session. Space is limited to the first paid 12 individuals. Not eligible for reduced fees.

Activity Code: 2RAQ0602
(Section codes listed below)

South Division (Ages 16-80) .......... SD01
Sat, Sep 17, 8:45AM- 4:00PM
$60 Residents/$90 Non-Residents

Master’s Swim - Weekdays
The Master’s Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 2RCS0701
(Section codes listed below)

MacDowell (Ages 16 & up) ............... JU01
(Daily Ground Option Train 4 days per week.)
Mon/Tue/Thu/Fri, Sep 12-Dec 20,
5:15AM- 6:15AM
$72 Residents/$108 Non-Residents

MacDowell (Ages 16 & up) ............... JU04
(Daily Ground Option Train 4 days per week.)
Mon/Tue/Thu/Fri, Sep 12-Dec 20,
6:15AM- 7:15AM
$72 Residents/$108 Non-Residents

MacDowell (Ages 16 & up) ............... JU05
(Monday Evening Option)
Mon, Sep 12-Dec 19, 7:00PM- 8:00PM
$38 Residents/$57 Non-Residents

MacDowell (Ages 16 & up) ............... JU03
(Half Ground Option - Select 2 days of 4 to train.)
Tue/Thu, Sep 13-Dec 20, 5:15AM- 6:15AM
$56 Residents/$84 Non-Residents

MacDowell (Ages 16 & up) ............... JU02
(Half Ground Option - Select 2 days of 4 to train.)
Tue/Thu, Sep 13-Dec 20, 6:15AM- 7:15AM
$56 Residents/$84 Non-Residents

Riverside (Ages 16 & up) ............... RS01
(Thursday Evening Option)
Thu, Sep 15-Dec 15, 7:40PM- 8:40PM
$38 Residents/$57 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
Master’s Swim - Weekend
The Master’s Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.
Activity Code: 2RCS0702
(Section codes listed below)
MacDowell (Ages 16 & up) ................. JU01
(Early Weekend: Triathlon Focus)
Sat, Sep 10-Dec 17, 7:25AM- 8:25AM
$38 Residents/$57 Non-Residents
MacDowell (Ages 16 & up) ................. JU02
(Late Weekend: Lifetime Fitness)
Sat, Sep 10-Dec 17, 8:25AM- 9:25AM
$38 Residents/$57 Non-Residents
Tidal Wave Parent Swim
Parents and guardians who have children enrolled in the Tidal Wave swim team may swim laps at their leisure in the diving well (20 yard short course) while their children swim practice in the adjacent competitive pool. Set your own pace and workout to be prepared for the ‘race the parents’ day at the end of the session.
Activity Code: 2RCS0703
(Section codes listed below)
South Division (Ages 16 & up) ......... SD01
Mon/Wed, Sep 12-Dec 14, 6:30PM- 7:30PM
$12 Residents/$18 Non-Residents
Triathlon Cross Training
Coach Paul wants this to be the year you conquer your first triathlon! Triathlon specific swim techniques and tips will only be the beginning. Utilize the adjacent, newly expanded bike trails and improve running both on an outdoor track for drills and through the nearby parks for distance. Minimum recommended fitness level to be comfortable in class include: 50 yards of nonstop swim ability, 20 minute of jogging stamina and comfortable on your own bike.
Activity Code: 2RCS0704
(Section codes listed below)
Riverside (Ages 16 & up) ................. RS01
Tue, Sep 27-Nov 15, 6:00PM- 7:30PM
$42 Residents/$56 Non-Residents
YOUTH COMP SWIM
Competitive Swim - Advanced
Advanced Competitive Swim Club is for experienced swimmers who have been recommended by a coach to participate at the highest level of competition. New members should seek the approval of a coach by setting up a placement session at the pool. No swimmers allowed to participate without proof of enrollment. NOT ELIGIBLE FOR REDUCED FEES. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.
Activity Code: 2RCS0801
(Section codes listed below)
MacDowell (Ages 4-19) ................. JU01
(First Saturday Practice on September 24.)
Tue/Thu/Sat, Sep 13-Dec 20, 6:15PM- 7:45PM
$80 Residents/$160 Non-Residents
Riverside (Ages 4-19) ................. RS01
Mon/Wed/Thu, Sep 12-Dec 19,
5:30PM- 7:00PM
$80 Residents/$160 Non-Residents
South Division (Ages 4-19) ........... SD01
Mon/Wed/Thu, Sep 12-Dec 19,
5:30PM- 7:00PM
$80 Residents/$160 Non-Residents
Competitive Swim - Intermediate
Intermediate Competitive swimmers should have graduated from our Pre-Competitive Academy by recommendation of the swim coach or have completed Level 4 of the Learn to Swim program. Swimmers are not allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.
Activity Code: 2RCS0802
(Section codes listed below)
MacDowell (Ages 4-19) ................. JU01
(First Saturday Practice on September 24.)
Tue/Thu/Sat, Sep 13-Dec 20, 6:15PM- 7:15PM
$60 Residents/$120 Non-Residents
Riverside (Ages 4-19) ................. RS01
Mon/Wed/Thu, Sep 12-Dec 19,
6:15PM- 7:15PM
$60 Residents/$120 Non-Residents
South Division (Ages 4-19) ........... SD01
Mon/Wed/Thu, Sep 12-Dec 19,
6:15PM- 7:15PM
$60 Residents/$120 Non-Residents
Competitive Swim - Pre-Competitive Swim Academy
Ages 4-12. For the beginning swimmer interested in joining the swim team. Swimmers must be able to swim one full length (25 yards) of the pool on their back and stomach. Swimmers are not allowed to participate without proof of enrollment. Swimmers unable to complete prerequisite swim at first practice may be referred to a lesson program to develop swim ability. Not eligible for reduced fees.
Activity Code: 2RCS0803
(Section codes listed below)
MacDowell (Ages 4-19) ................. JU01
Tue/Thu, Sep 13-Dec 20, 5:30PM- 6:15PM
$40 Residents/$80 Non-Residents
Riverside (Ages 4-19) ................. RS01
Mon/Wed, Sep 12-Dec 14, 5:30PM- 6:15PM
$40 Residents/$80 Non-Residents
South Division (Ages 4-19) ........... SD01
Mon/Wed, Sep 12-Dec 14, 5:30PM- 6:15PM
$40 Residents/$80 Non-Residents
Competitive Swim - Extra Practice
EXTRA PRACTICE is an opportunity for swim team members of Intermediate and Advanced competitive swim programs to swim an additional practice per week. Swimmer must first be enrolled in either Intermediate of Advanced Competitive Swim to be eligible for this option. Not eligible for reduced fees. Family discount does not apply.
Activity Code: 2RCS0804
(Section codes listed below)
MacDowell (Ages 4-19) ................. JU01
Mon, Sep 12-Dec 19, 5:30PM- 7:00PM
$24 Residents/$48 Non-Residents
South Division (Ages 4-19) ........... SD01
Fri, Sep 16-Dec 16, 6:15PM- 7:45PM
$24 Residents/$48 Non-Residents
How to Draw a Portrait of Your Pet
When one talks about the favorite family member who do you think comes to your mind? Your pet, of course! In this class, learn how to leave a legacy by way of a portrait of one’s favorite family member. We will provide you with the confidence and ability to recreate, from a photo, your pet into a piece of art that you will treasure forever. Just bring a photo of your pet. A $12.00 (cash only) supply fee will be due to the instructor at the first class. Class fee is non-refundable.
Activity Code: 2RAE0943
(Section codes listed below)

Hamilton ................................. HA01
Tue, Sep 27-Oct 25, 6:30PM-7:30PM $15.50 Residents/$23.25 Non-Residents

Crocheting / Knitting
Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn, a crochet hook, and knitting needles.
Activity Code: 2RAE0905
(Section codes listed below)

Hamilton ............................................ HA01
(Crocheting only)
Mon, Sep 26-Nov 14, 6:30PM-8:30PM $43 Residents/$64.50 Non-Residents

Marshall ........................................... MR01
Tue, Sep 27-Nov 15, 6:30PM-8:30PM $43 Residents/$64.50 Non-Residents

Milw School of Language ................. ML01
Mon, Sep 26-Oct 14, 6:30PM-8:30PM $28 Residents/$42 Non-Residents

Milw School of Language ................. ML02
Mon, Nov 7-Dec 16, 6:30PM-8:30PM $28 Residents/$42 Non-Residents

Painting Portraits from Photos
Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started. Supply list will be provided at the first class.
Activity Code: 2RAE0910
(Section codes listed below)

Riverside ....................................... RS01
Mon, Sep 26-Nov 14, 6:00PM-8:00PM $23 Residents/$34.50 Non-Residents

Rubber Stamping
Explore one of the most popular crafts today. Try a different technique for using rubber stamps, inks, pencils, markers, chalk and embossing materials. Work on masking, background, pop-up folds, and decorative uses. Class is for all skill levels. A $5.00 (cash only) supply fee will be due to the instructor at each class.
Activity Code: 2RAE0913
(Section codes listed below)

Milw School of Language ................. ML01
Wed, Sep 28-Nov 16, 6:30PM-8:30PM $43 Residents/$64.50 Non-Residents

Sew Easy
Familiarize yourself with a sewing machine. Use basic sewing skills to work on simple patterns. This is a chance to learn or improve: sewing terminology, construction techniques, understanding a pattern, as well as properly cutting and pressing. Supply list will be provided at the first class.
Activity Code: 2RAE0914
(Section codes listed below)

Hamilton ....................................... HA01
(Beg.)
Sat, Sep 24-Nov 12, 9:30AM-11:30AM $43 Residents/$64.50 Non-Residents

Hamilton ....................................... HA02
(Int.)
Sat, Sep 24-Nov 12, 12:30PM-2:30PM $43 Residents/$64.50 Non-Residents

Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started. Supply list will be provided at the first class.
Activity Code: 2RAE0910
(Section codes listed below)

Riverside ....................................... RS01
(Semi-Private)
Mon, Sep 26-Nov 14, 6:30PM-8:30PM $98 Residents/$147 Non-Residents

Washington ....................................... WA01
(Semi-Private)
Tue, Sep 27-Nov 15, 6:30PM-8:30PM $74 Residents/$111 Non-Residents
Oil Paint Studio
Students will learn basic oil painting techniques and tips for beginning their own project. Time will be split between short lessons and personal studio time allowing the students to work on their painting and request assistance. Supply list will be provided at the first class.
Activity Code: 2RAE0909
(Section codes listed below)

MacDowell .................................. JU01
Mon, Sep 26-Nov 14, 6:30PM- 8:00PM
$37 Residents/$55.50 Non-Residents

Watercolor Painting
Do you admire the transparent beauty of watercolor paintings? Would you like to learn the methods applied in creating these images? These classes are structured for the beginner and experienced watercolor artist. Instructor offers enthusiastic personal guidance in traditional and contemporary methods. For supply list, call Brinton at 414-481-2494.
Activity Code: 2RAE0917
(Section codes listed below)

Beulah Brinton ......................... BN05
(Beg.)
Thu, Sep 8-Sep 22, 6:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN06
(Adv.)
Thu, Sep 8-Sep 22, 7:00PM- 9:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN01
(Beg.)
Thu, Oct 13-Oct 27, 6:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN02
(Adv.)
Thu, Oct 13-Oct 27, 7:00PM- 9:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN03
(Beg.)
Thu, Nov 10-Nov 17, 6:00PM- 8:00PM
$13 Residents/$19.50 Non-Residents

Beulah Brinton ......................... BN04
(Adv.)
Thu, Nov 10-Nov 17, 7:00PM- 9:00PM
$13 Residents/$19.50 Non-Residents

Beulah Brinton ......................... BN07
(Beg.)
Thu, Dec 8-Dec 22, 6:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN08
(Adv.)
Thu, Dec 8-Dec 22, 7:00PM- 9:00PM
$18 Residents/$27 Non-Residents

Wood Carving
Come learn the basics of wood carving taught by local author, artist, and police chaplain, Greg Young. In each class, Greg will instruct various carving and sharpening techniques. Please bring a carving or filleting glove to each class. Carving knives will be supplied for use. At the end of each class, you will be able to take your work of art home with you! A $5.00 (cash only) supply fee is due to the instructor at each class. Sign-up early, space is limited!
Activity Code: 2RAE0918
(Section codes listed below)

Hamilton .................................. HA01
(Section codes listed below)

Hamilton .................................. HA02
(Section codes listed below)

Hamilton .................................. HA03
(Section codes listed below)

Quilting
Interested in making a beautiful quilt of your own? Join us and learn how to choose and prepare fabrics. Find out what is involved with assembly and which pattern might be right for your patience level. Participants will be exposed to potential pitfalls and learn how to avoid them. Nothing is cozier on a cold night than a quilt made with love! Supply list will be provided at the first class.
Activity Code: 2RAE0919
(Section codes listed below)

Hamilton .................................. HA01
(Section codes listed below)

How to Make a Laminate
Learn how to make a laminate or nuno felt scarf, or come and make another one. You will decorate a hand-dyed silk chiffon scarf with wisps of merino wool and then wet felt them very gently together. The result is a super light beautiful scarf with amazing texture. The finished scarf length will be about 5 feet long. If you wish to make it longer, there will be yarn pieces to extend it. No felting experience necessary. Please bring: a sponge, an old bath towel and a produce size plastic bag. A $15.00 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.
Activity Code: 2RAE0925
(Section codes listed below)

Hamilton (Ages 14 & up) .............. HA01
Sat, Oct 15, 9:30AM- 2:00PM
$14.50 Residents/$21.75 Non-Residents

Chain Mail
Chain Mail is an ancient art that may be used to create anything from attractive jewelry to functional armor. Learn the very basics of chain mail as you produce a beautiful pair of earrings and two bracelets. The earrings will be made from aluminum and the bracelets from silver plated jump rings. Please bring to class a beading mat or small towel, two pairs of pliers with flat jaws, such as chain nose, flat nose, or rosary pliers. A $18.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.
Activity Code: 2RAE0920
(Section codes listed below)

Wire Jewelry Making
You will learn how to use simple techniques to take your ordinary jewelry to the next level as elegant, wearable pieces of art. This course teaches you how to make simple bead caps, bead cages, wire findings, wrapped rings and so much more! You will need to bring wire cutters, round nose pliers and flat nose pliers to every class. A $5.00 (cash only) supply fee is due to the instructor at the first class.
Activity Code: 2RAE0922
(Section codes listed below)

Marshall ................................... MR01
Tue, Sep 27-Nov 15, 6:00PM- 7:30PM
$33 Residents/$49.50 Non-Residents

Wet Felted Laminate (Nuno) Scarf
Learn how to make a laminate or nuno felt scarf, or come and make another one. You will decorate a hand-dyed silk chiffon scarf with wisps of merino wool and then wet felt them very gently together. The result is a super light beautiful scarf with amazing texture. The finished scarf length will be about 5 feet long. If you wish to make it longer, there will be yarn pieces to extend it. No felting experience necessary. Please bring: a sponge, an old bath towel and a produce size plastic bag. A $15.00 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.
Activity Code: 2RAE0925
(Section codes listed below)

Hamilton (Ages 14 & up) .............. HA01
Sat, Oct 15, 9:30AM- 2:00PM
$14.50 Residents/$21.75 Non-Residents
Glass Blowing
Come melt your problems away. Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. The individual process takes approximately 20 minutes per student. Students are welcome to stay and socialize as others complete their projects. Your individual art piece may be picked up 48 hours after your experience. Please ask your instructor for pick up times. Bring a water and snacks to class. Fee includes all supplies. Classes held at: Square One Art Glass, 5322 W. Vliet Street, www.squareoneartglass.com
Activity Code: 2RAE0928 (Section codes listed below)
Square One Art Glass ..................... SG01
(Pumpkin) Wed, Sep 14, 6:00PM- 9:00PM $70 Residents/$105 Non-Residents
Square One Art Glass ..................... SG02
(Pumpkin) Mon, Sep 26, 6:00PM- 9:00PM $70 Residents/$105 Non-Residents
Square One Art Glass...................... SG03
(Paperweight) Tue, Oct 4, 6:00PM- 9:00PM $55 Residents/$82.50 Non-Residents
Square One Art Glass ..................... SG04
(Paperweight) Wed, Oct 19, 6:00PM- 9:00PM $55 Residents/$82.50 Non-Residents
Square One Art Glass ..................... SG05
(Christmas Ornament) Mon, Nov 7, 6:00PM- 9:00PM $35 Residents/$52.50 Non-Residents
Square One Art Glass ..................... SG06
(Christmas Ornament) Wed, Nov 16, 6:00PM- 9:00PM $35 Residents/$52.50 Non-Residents

Model Aviation
Join us for a hands-on model aviation class with weekly share and learn sessions where the topics will range from the basics of flight through advanced RC electronics. Fly your electric planes, helicopters, quadcopters or whatever you have indoors and compete in weekly races and contests. Learn how to fix what you crash and most importantly, learn how to fly responsibly and safely. This class is open to those with no, some or plenty of model aviation experience. Class is combined with youth class.
Activity Code: 2RAE0933 (Section codes listed below)
Hamilton .................................. HA01
Wed, Sep 28-Nov 16, 6:00PM- 7:30PM $33 Residents/$49.50 Non-Residents

Circus Skills
Learn basic circus skills to enhance your everyday life. Add that little bit extra to your next presentation at work or school or just impress your friends with what you learn in this course. Class will focus on learning how to juggle but will also include balancing, magic, puppetry, showmanship and more. No experience necessary. Students will learn at their own pace. Experienced jugglers welcome. Class is combined with youth class.
Activity Code: 2RAE0934 (Section codes listed below)
Hamilton .................................. HA01
Thu, Sep 29-Nov 17, 6:00PM- 7:30PM $33 Residents/$49.50 Non-Residents

Iroquois Raised Beading
The Iroquois developed this technique during the Victorian Era to sell beading art to help support their families. Learn simple Iroquois raised beading techniques and learn the history and culture of the Haudenosaunee (People of the Longhouse). A $15.00 (cash only) supply fee is due to the instructor at the first class.
Activity Code: 2RAE0936 (Section codes listed below)
Hamilton .................................. HA01
Wed, Oct 5-Oct 26, 6:00PM- 8:00PM $23 Residents/$34.50 Non-Residents

Earring Extravaganza
Become an earring making diva by learning to create different styles of earrings, such as chandelier style, sassy drops, post earrings, and dazzling chain earrings. You will be amazed by how creative styles help bring out the artist in you. A $5.00 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.
Activity Code: 2RAE0937 (Section codes listed below)
Marshall .................................. MR01
Thu, Nov 10, 6:00PM- 8:00PM $8 Residents/$12 Non-Residents

Basic Bead Stringing
Brace yourself for bracelets! Create bracelets that “wow” your family and friends. The first week creates a stretch bracelet and the second week creates a bracelet with a toggle clasp. A $12.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.
Activity Code: 2RAE0938 (Section codes listed below)
Hamilton .................................. HA01
Wed, Oct 5-Oct 12, 7:00PM- 8:15PM $9.50 Residents/$14.25 Non-Residents

Polymer Clay Votive Candle Holder
Create a piece of art out of a simple votive candle holder. Visualy enrich your candle holder using polymer clay. Ambiance and elegance in one. A $7.00 (cash only) supply fee is due to the instructor at the class. Class fee is non-refundable.
Activity Code: 2RAE0939 (Section codes listed below)
Hamilton .................................. HA01
Thu, Oct 20, 6:00PM- 8:30PM $9.50 Residents/$14.25 Non-Residents

Please follow us on Twitter @mkerec
Card Making
Remember making cards for loved ones when you were a kid? You did them at school or maybe even at home. Well now you can refresh your artistic, card-making talent by creating basic layered stamped cards, embossed cards with a three-dimensional look, or decorating with a beautiful sunflower motif. Create one of kind cards to send to family and friends and surprise them with something in the mail that is not a bill. Each class will create three cards. Sign up for one, two, or all three classes! Class fee includes supply cost and is non-refundable.
**Activity Code: 2RAE0940**  
*Section codes listed below*

- **Hamilton** ........................................ HA01  
  *(Paint a Sunflower)*  
  *Wed, Sep 28, 6:45PM- 8:45PM*  
  *$15 Residents/$22.50 Non-Residents*

- **Hamilton** ........................................ HA02  
  *(Basic Cards)*  
  *Wed, Nov 2, 6:45PM- 8:45PM*  
  *$15 Residents/$22.50 Non-Residents*

- **Hamilton** ........................................ HA03  
  *(Embossed Cards)*  
  *Wed, Nov 9, 6:45PM- 8:45PM*  
  *$15 Residents/$22.50 Non-Residents*

**Mask Making**
The donning of a mask, costume or disguise often allows people to lose their inhibitions and be someone or something else if only for a brief period of time. Learn to utilize artistic expression as a meditative tool. Create a mask that exemplifies your true inner self or what you may see yourself as being. Besides, it would be great fun for Halloween!
**Activity Code: 2RAE0941**  
*Section codes listed below*

- **Hamilton** ........................................ HA01  
  *Tue, Oct 18-Oct 25, 6:00PM- 7:30PM*  
  *$10.50 Residents/$15.75 Non-Residents*

**Paint like Georgia O’Keefe**
If you love flowers, you are in for a real treat while learning how to paint like Georgia O’Keefe. Paint like a master while creating one of a kind large floral. You will be using acrylic paint on canvas and other art media. Dazzle everyone as they will be impressed with your new found skill. A $12.00 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.
**Activity Code: 2RAE0942**  
*Section codes listed below*

- **Hamilton** ........................................ HA01  
  *Thu, Sep 29-Oct 13, 6:00PM- 7:30PM*  
  *$14.50 Residents/$21.75 Non-Residents*

**Guided Visualization**
While in a state of relaxation/meditation, you are guided on a journey. Each person’s experience will be unique and individual. Each journey will take you to a place that will allow for healing, understanding, or stress relief. Bring a notebook to record your journey.
**Activity Code: 2RAE4129**  
*Section codes listed below*

- **Hamilton** ........................................ HA01  
  *Thu, Sep 29-Oct 20, 7:15PM- 8:15PM*  
  *$13 Residents/$19.50 Non-Residents*

**WEAVING AND FIBER ARTS**

**ABK Weaving Center**
**Gaenslen School**
**1250 E. Burleigh St.**  
**414-267-5771**  
**www.abkweavingcenter.org**

**Open Studio for Experience Weavers - Int./Adv.**
No instructor. Enjoy the camaraderie of studio weaving. For those who wish to weave away from home. Fees are for use of our studio space and equipment. Someone will be on hand the first week to help familiarize you with the Weaving Center.
**Activity Code: 2RAE6904**  
*Section codes listed below*

- **Gaenslen** ....................................... GS01  
  *Mon, Sep 26-Nov 14, 9:00AM-12:00PM*  
  *$49 Residents/$49 Non-Residents*  
  *$44 for ages 55 & up*

**Weaving Basics and Beyond**
Beginners will learn to warp the loom and weave a sampler of patterns. Weavers beyond beginning level continue the learning process with a project of choice. Fee does not include materials purchased from weaving center. An $8.00 (cash only) supply fee for beginners’ sampler is due to the instructor at the first class.
**Activity Code: 2RAE6905**  
*Section codes listed below*

- **Gaenslen** ....................................... GS02  
  *Tue, Sep 6-Oct 25, 6:00PM- 8:30PM*  
  *$54 Residents/$54 Non-Residents*  
  *$48.50 for ages 55 & up*

- **Gaenslen** ....................................... GS03  
  *Thu, Sep 8-Oct 27, 6:00PM- 8:30PM*  
  *$54 Residents/$54 Non-Residents*  
  *$48.50 for ages 55 & up*

- **Gaenslen** ....................................... GS01  
  *Mon, Sep 26-Nov 14, 10:00AM-12:30PM*  
  *$54 Residents/$54 Non-Residents*  
  *$48.50 for ages 55 & up*

- **Gaenslen** ....................................... GS06  
  *Sat, Oct 1-Nov 19, 9:00AM-11:30AM*  
  *$54 Residents/$54 Non-Residents*  
  *$48.50 for ages 55 & up*

- **Gaenslen (Beg.)** ............................. GS04  
  *Wed, Oct 12-Nov 9, 8:30AM-12:30PM*  
  *$54 Residents/$54 Non-Residents*  
  *$48.50 for ages 55 & up*

- **Gaenslen (Int./Adv.)** ...................... GS05  
  *Wed, Oct 12-Nov 9, 9:30AM- 1:30PM*  
  *$54 Residents/$54 Non-Residents*  
  *$48.50 for ages 55 & up*

**Not Your Grandma’s Knitting**
Learn to knit and make cool contemporary accessories with your first project! This group includes continuing students and beginners. Instructor: MaryLee Knowlton
**Activity Code: 2RAE6903**  
*Section codes listed below*

- **Gaenslen** ....................................... GS01  
  *Thu, Sep 29-Nov 17, 3:30PM- 6:00PM*  
  *$35 Residents/$35 Non-Residents*  
  *$31.50 for ages 55 & up*
Silk Painting: Special Effects
Whether you have silk painting experience or not, this class will offer something new and exciting! We'll start out with basic silk painting, then expand our skill set with common household materials. Learn how to use products like shaving cream and table salt to create special effects on your hand-painted silk scarves. Then, add detail to your scarves by painting with metallic pigments. Each student will create 5 unique scarves that are ready to wear! No previous art experience required; open to all levels. Please bring an apron to protect your clothing, and a few Ziploc bags to transport your scarves. A $45.00 supply fee (cash only) is due to instructor at the first class. Instructor: Kasia Drake-Hames.
Activity Code: 2RAE6907
(Section codes listed below)
Gaenslen ................................. GS01
Mon, Oct 17-Nov 14, 6:00PM-8:30PM
$20 Residents/$20 Non-Residents

Stencil, Stamp, and Screenprint Textile Workshop
In this workshop we will be using common household supplies to create stencils, printing blocks and silk screens that will be used to print on fabric! Learn how to transform pillowcases, tee shirts, canvas bags (and more!) by adding printed words and imagery. Each student will finish this class with 3 printed textile items and reusable printing blocks and silk screens to continue using at home. Please bring an apron to protect your clothing, along with 3 textile items that you'd like to print on. No previous art experience required. A $20 supply fee (cash only) is due to instructor at the first class. Instructor: Kasia Drake-Hames.
Activity Code: 2RAE6908
(Section codes listed below)
Gaenslen ................................. GS01
Mon, Nov 21-Dec 12, 6:00PM-8:30PM
$25 Residents/$25 Non-Residents
$22.50 for ages 55 & up

Bobbin Lace
Bobbin lace is a form of weaving that dates back to the 16th Century. Beginners will learn how to wind the bobbins (warp), the 3 basic stitches, and learn to read a pattern. Continuing students will work on their own projects. All supplies furnished. Instructor: Naomi Holthaus
Activity Code: 2RAE6911
(Section codes listed below)
Gaenslen ................................. GS01
Mon, Sep 26-Nov 14, 1:00PM-3:30PM
$35 Residents/$35 Non-Residents
$31.50 for ages 55 & up

Dream Catchers
Iktomi the Spider described the web of the dreamcatcher: the web is a perfect circle with a hole in the center. Use the web to reach your goals, make good use of dreams and visions. If you believe in the Great Spirit, the web will catch your good dreams and the bad ones will go through the hole in the center of the web and disappear. Dreamcatchers of twigs, sinew, and feathers have been woven since ancient times by the Ojibwa people. In this class we will learn to create dreamcatchers of traditional materials as well as experiment using other objects and materials to create non-traditional variations. Materials will be provided for the first class, thereafter students will be encouraged to bring in their own for experimentation in the remaining sessions. Instructor: Peggy MacArthur.
Activity Code: 2RAE6915
(Section codes listed below)
Gaenslen ................................. GS01
Wed, Nov 30-Dec 14, 3:30PM-6:00PM
$25 Residents/$25 Non-Residents
$22.50 for ages 55 & up

Mindful Dolls
Design and create your own special plush character, creature, or doll - hand-sewn, unique, accessorize in your favorite colors. Please bring to class: ½ yd. of felt, polar fleece or handwoven fabric. Also bring 1 spool matching polyester thread and one bag of fiber-filling. Some supplies provided. Students should bring embroidery floss, buttons, ribbons, scissors and needles, as desired. All skill levels welcome. Instructor: Susan Leopold.
Activity Code: 2RAE6916
(Section codes listed below)
Gaenslen ................................. GS01
Tue, Oct 11-Oct 18, 6:00PM-8:00PM
$25 Residents/$25 Non-Residents
$22.50 for ages 55 & up

Rigid Heddle Weaving
Dust off that rigid heddle loom and start weaving with it! Learn how to set up and warp your loom and discover the features of the various looms in class. Practice the best techniques for weaving while making a small sampler. Tips for project planning, a look at various weave structures, plus suggestions and resources for future projects will be included. Please bring your own rigid heddle loom, preferably with a 7.5 or 10 dpi reed, along with any other tools that might have come with it (such as warping peg, sleying hook, clamps, etc.), plus a notebook, pen, measuring tape and scissors. Prior weaving experience is helpful but not essential. Yarn requirements will be posted at www.abkweavingcenter.org prior to the class.
Activity Code: 2RAE6917
(Section codes listed below)
Gaenslen ................................. GS01
Mon, Nov 7-Nov 14, 6:00PM-8:30PM
$25 Residents/$25 Non-Residents
$22.50 for ages 55 & up

Silk Dyeing Workshop
Choose your patterns and create beautiful silk scarves. Bring rubber gloves, a small hand towel, a couple of sturdy plastic bags and a small bucket to carry them in. A $15 (cash only) supply fee will be due to the instructor at class. Instructor: Susan Leopold.
Activity Code: 2RAE6922
(Section codes listed below)
Gaenslen ................................. GS01
Tu., Nov. 15, 6:00 - 8:30PM
$20 Residents/$20 Non-Residents
Tapestry Weaving
Tapestry weaving is the ideal way to create visual impact using the warp as your canvas and yarn as your paint. We will learn basic techniques to build on by weaving a sampler and by looking at examples of how these techniques can be used in designing. As tapestry is a slow process, you will be encouraged to work on your projects at home between classes. It is preferable for students to bring a table loom or rigid heddle loom to class. There may be a few tapestry frame looms available for rental. You can also build a frame loom to use in class. We will post a supply list with instructions for building a frame loom online at: www.abkweavingcenter.org/classes.html one month prior to the class. Instructor: Peggy MacArthur
Activity Code: 2RAE6919
    (Section codes listed below)
Gaenslen ........................................ GS01
    Tue, Oct 25-Dec 13, 5:30PM- 8:00PM
    $54 Residents/$54 Non-Residents
    $48.50 for ages 55 & up

Weave a Holiday Project
Explore and weave a small holiday themed project for your home, family or friends. Must be able to dress a loom. Supply fee will be assessed based on your materials use. Instructor: Judy Larsen
Activity Code: 2RAE6920
    (Section codes listed below)
Gaenslen ........................................ GS01
    Wed, Nov 30-Dec 14, 9:00AM-12:30PM
    $25 Residents/$25 Non-Residents
    $22.50 for ages 55 & up

Weave a Scarf
Learn to calculate yardage, warp your loom and weave a patterned or textured scarf. A supply list will be posted to our website www.abkweavingcenter.org before the class begins. A $15.00 (cash only) supply fee will be due to the instructor at first class. Bring all other supplies to first class. Instructor: Charlotte Erdmann
Activity Code: 2RAE6921
    (Section codes listed below)
Gaenslen ........................................ GS01
    Wed, Oct 12-Nov 9, 1:00PM- 4:00PM
    $30 Residents/$30 Non-Residents
    $27 for ages 55 & up

Wisconsin Handweavers
Anyone interested in weaving and related arts is welcome to join us for monthly membership meetings and programs, which are held on the second Saturday of the month from September to December and from February to May at: Gaenslen School, 1250 E. Burleigh St. Meetings are held from 10 AM until noon. The public is welcome to attend. For online information go to: www.wihandweavers.org.

Microsoft Office Applications
The basic functionality of a specific Microsoft Office program (e.g., Excel, Word, etc.). In each Microsoft Office program, participants will gain hands-on experience in the many components that make these systems so powerful. The specific program is listed next to each site.

Activity Code: 2RAE1503
    (Section codes listed below)
Cooper ............................................. CP01
    (Excel - Level 1)
    Tue, Sep 20-Oct 4, 6:00PM- 8:00PM
    $20 Residents/$30 Non-Residents

Cooper ............................................. CP02
    (Word - Level 1)
    Tue, Oct 18-Nov 1, 6:00PM- 8:00PM
    $20 Residents/$30 Non-Residents

Hamilton ......................................... HA01
    (Excel- Level 2)
    Wed, Oct 5-Oct 26, 6:00PM- 8:00PM
    $25 Residents/$37.50 Non-Residents

Madison .......................................... MA01
    (Excel- Level 1)
    Wed, Sep 28-Oct 26, 6:00PM- 8:00PM
    $30.50 Residents/$45.75 Non-Residents

Madison .......................................... MA02
    (Excel- Level 1)
    Wed, Sep 28-Oct 26, 6:00PM- 8:00PM
    $30.50 Residents/$45.75 Non-Residents

Madison .......................................... MA03
    (Word- Level 2)
    Wed, Nov 2-Nov 23, 6:00PM- 8:00PM
    $30.50 Residents/$45.75 Non-Residents

COMPUTERS

Facebook®
In this comprehensive workshop you will learn the basics of how to get started on one of the largest social media websites. This introductory hands-on series of classes will answer a variety of frequently asked questions from establishing an account to uploading photos and managing privacy settings on your account. In addition to learning the basics of Facebook®, you will learn how to establish a friend list that will connect you with friends and family. **Participants must have a current email address.
Activity Code: 2RAE1501
    (Section codes listed below)
Milw School of Language .............. ML01
    (Level 1)
    Mon, Sep 26-Oct 24, 6:30PM- 7:30PM
    $15.50 Residents/$23.25 Non-Residents

Milw School of Language .............. ML02
    (Level 2)
    Mon, Nov 7-Dec 12, 6:30PM- 7:30PM
    $15.50 Residents/$23.25 Non-Residents
CATE’S COOKERY

Rock N Roll Sushi
Learn your chops as a beginner Itame-san (sushi chef). Cate will talk about Sushi history and etiquette, but, most importantly she will demonstrate the techniques required to make two fabulous rolls. You will know how to roll your own sushi after this fun class. This complete Japanese-style meal includes Cate’s Loaded Miso Soup and Ginger Salad, California Rolls (Rice on Outside) and Philly Rolls (Rice inside Nori). No raw fish will be used. Itadakimasu! Fee includes food cost and is non-refundable.

Activity Code: 2RAE1905
(Section codes listed below)

Hamilton ............................................. HA01
Sat, Nov 12, 11:00AM- 2:00PM
$25 Residents/$37.50 Non-Residents

Global Quick Breads
Bread is the staff of life and there is nothing better than homemade. But who has the time for all that kneading, rising and baking? And how do you make those tasty breads and rolls from your favorite ethnic restaurants? Here’s how! We will make (and nosh on) Pão de Queijo (Gluten Free Brazilian Cheese Bread), Irish Soda Bread, Mediterranean Pita, Indian Naan, Norwegian Lefse and All American Tart Apple with Sweet and Nutty Streusel Topping. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1914
(Section codes listed below)

Hamilton ............................................. HA01
Sat, Oct 22, 11:00AM- 2:00PM
$25 Residents/$37.50 Non-Residents

Gory & Super Good Halloween Dinner Buffet
Have some family fun making and eating (if you dare) these spooky Halloween party recipes. This is an all age class that covers a variety of skills including separating eggs, making a meringue, hard cooking eggs and making sugar syrup. The menu is: Creepy Warlock Finger sticks dripping with Bloody Dip, Hot Dog Mummies, and Black Widow Spider Deviled Eggs, Spider web Pizza, Airy Almost-Not-There Meringue Ghosties, Zombie Popcorn Eyeballs, and Wickedly Wonderful Witches’ Hat Cookies. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1913
(Section codes listed below)

Hamilton ............................................. HA01
Sat, Oct 15, 11:00AM- 2:00PM
$25 Residents/$37.50 Non-Residents

COOKING

TOFU
We know, we know... this is another ‘four letter word’ to some of you, but tofu really is good for you and tasty too! Learn fun and exciting ways to prepare and eat this power-packed food. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1611
(Section codes listed below)

Hamilton ............................................. HA01
Tue, Sep 27, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents

The Art of Cooking Italian Style Vegetables
Are you eating your servings of vegetables every day? Do you think cooking vegetables is too time consuming or maybe that is not your favorite food? We will, be ready to change your mind. Just as any other Italian food, this class will teach you how to cook easy and delicious vegetable side and main dishes that will make your family and friends delighted! All recipes are authentically Italian as well as your instructor! Fee includes food cost and is non-refundable.

Activity Code: 2RAE1616
(Section codes listed below)

MacDowell ......................................... JU01
Tue, Nov 8, 6:00PM- 9:00PM
$25 Residents/$37.50 Non-Residents

Marshall ............................................. MR01
Thu, Oct 27, 6:00PM- 9:00PM
$25 Residents/$37.50 Non-Residents

Lego my Pre-go: Creating Authentic Italian Sauces
Learn the secret of the real thing! You will learn how to make the authentic Italian spaghetti sauce with meatballs and sausage. This sauce can be used for lasagna, spaghetti, as side dish, subs, and more. You can freeze it for later use. Be ready to taste the best sauce ever! Fee includes food cost and is non-refundable.

Activity Code: 2RAE1617
(Section codes listed below)

MacDowell ......................................... JU01
Thu, Oct 18, 6:00PM- 9:00PM
$25 Residents/$37.50 Non-Residents

Marshall ............................................. MR01
Thu, Oct 6, 6:00PM- 9:00PM
$25 Residents/$37.50 Non-Residents

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TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
Empanadas with a Twist
This hands-on class will teach you how to make Mexican homemade empanada dough. You will learn how to fill your empanadas to make different varieties such as apple, pumpkin, and meat. Fee includes food cost and is non-refundable.
Activity Code: 2RAE1619
(Section codes listed below)
Hamilton ......................................... HA01
Sat, Oct 15, 1:00PM-4:00PM
$25 Residents/$37.50 Non-Residents

Taste of the World: South America
SOUTH AMERICA has 12 different countries. Each country has a variety of traditional dishes. We will be making dishes from Brazil – Feijoada (black bean stew), Peru - Aguadito de Pollo (Peruvian Chicken soup), and Chile (salad) and Torta (traditional dessert). Fee includes food cost and is non-refundable.
Activity Code: 2RAE1637
(Section codes listed below)
MacDowell ......................................... JU01
Wed, Sep 28, 6:00PM-9:00PM
$25 Residents/$37.50 Non-Residents

It’s Harvest Time for Autumn Soups!
Autumn is here. Fall is a great time to use all those vegetables from your garden or the local market. We will be making 4 healthy soups: spicy pumpkin soup, honey squash soup, green lentil soup and the classic tomato soup. Fee includes food cost and is non-refundable.
Activity Code: 2RAE1638
(Section codes listed below)
MacDowell ......................................... JU01
Wed, Oct 26, 6:00PM-9:00PM
$25 Residents/$37.50 Non-Residents
Riverside ........................................... RS01
Sat, Oct 22, 11:00AM-2:00PM
$25 Residents/$37.50 Non-Residents

Healthy Authentic Indian Cooking
You will learn how to make authentic Indian food. We will be making Vazhai-pazham Varuval (Plantain Chips), Gobhi Mutter (Cauliflower and Peas), Tamatar Murghi (Chicken Curry), Murghi Tandoori (Tandoori Chicken), and Lagan Nu Custard (Celebration Custard). Fee includes food cost and is non-refundable.
Activity Code: 2RAE1639
(Section codes listed below)
MacDowell ......................................... JU01
Wed, Nov 9, 6:00PM-9:00PM
$25 Residents/$37.50 Non-Residents

Fast & Healthy Foods for Fall
You will be making 4 delicious and healthy meals for those cool FALL nights. We will be making a variety of main and side dishes that will be made in 30 minutes for those busy Fall days and nights. Fee includes food cost and is non-refundable.
Activity Code: 2RAE1641
(Section codes listed below)
Riverside ........................................... RS01
Sat, Sep 24, 11:00AM-2:00PM
$25 Residents/$37.50 Non-Residents

Taste of the World - Welcome to Cuba!
CUBA has been a mystery for many years. It is a blending of many different cultures such as African, Spanish, and Caribbean influences. Now is the perfect time to get a taste of those great CUBAN food delights. We will be making Cuban style black beans, Sopa verde (Cuban green soup), Cuban salad, La Caja china (stuffed pork shoulder), Cuban Water bread and a delicious Cuban dessert. Fee includes food cost and is non-refundable.
Activity Code: 2RAE1640
(Section codes listed below)
Riverside (Ages ) ................................... RS01
Sat, Nov 5, 11:00AM-2:00PM
$25 Residents/$37.50 Non-Residents
COOKING AND CANNING WITH CHRISTINA

Tomatoes & Tomato Sauces
This is a beginning class to introduce you to the concepts of Hot Water Bath Canning. You’ll learn the science behind canning and how you can take those concepts and techniques safely into your home kitchen. We’ll be processing whole tomatoes and creating a basic Sicilian-style tomato sauce (think: Ragu). This is a ‘hands-on’ class! All participants will work together to prepare the saucés. All participants will take home jars of our final product. Students should bring a sturdy box for carrying home their product. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1720
(Section codes listed below)

Beulah Brinton .............................. BN01
Wed, Sep 28, 6:30PM-9:30PM
$25 Residents/$37.50 Non-Residents

That’s My Jam
We will be using fresh fruits to explore the basics of making jam. We will review the scientific concepts of food preservation and the practical techniques needed to safely and successfully make your own jams. This is a ‘hands-on’ class! All participants will work together to prepare the saucés. All participants will take home jars of our final product. Students should bring a sturdy box for carrying home their product. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1722
(Section codes listed below)

Beulah Brinton .............................. BN01
Wed, Oct 5, 6:30PM-9:30PM
$25 Residents/$37.50 Non-Residents

Fall Pickles
This class will utilize Hot Water Bath Canning. In this workshop class, participants will learn the current science-based techniques of home canning. We’ll be using locally harvested vegetables to create flavorful pickled vegetables and fruits; definitely not your grandma’s pickles! Materials provided by instructor. This is a ‘hands-on’ class! All participants will work together to prepare the tomatoes and sauces. All participants will take home jars of our final product. Students should bring a sturdy box for carrying home their product. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1723
(Section codes listed below)

Beulah Brinton .............................. BN01
Wed, Oct 19, 6:30PM-9:30PM
$25 Residents/$37.50 Non-Residents

Jerky at Home!
Meat, meat, meat! Bought jerky at the grocery store lately? Learn how to turn simple cuts of meats into flavorful jerky for long-term storage. This class will make both forms of jerky; the traditional chewy, flexible jerky and the ‘slim jim’ style meat stick jerky. This is a ‘hands-on’ class! All participants will work together to prepare the jerky. *Please note* You will be taking home ‘homework’ as the dehydrating process takes about 6 hours; you will finish your jerky at home. You will also take home finished jerky. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1724
(Section codes listed below)

Beulah Brinton .............................. BN01
Wed, Nov 2, 6:30PM-9:30PM
$25 Residents/$37.50 Non-Residents

Thanksgiving Chutneys and Cranberry Sauces
Wow, your family and friends this year by serving or gifting homemade cranberry sauces and chutneys. This is a ‘hands-on’ class! All participants will work together to prepare the sauces and chutneys. All participants will take home jars of our final product. Students should bring a sturdy box for carrying home their product. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1725
(Section codes listed below)

Beulah Brinton .............................. BN01
Wed, Nov 16, 6:30PM-9:30PM
$25 Residents/$37.50 Non-Residents

Salsas
Learn the basics of home food preservation! This is a beginning class that will utilize Hot Water Bath Canning. In this workshop class, participants will learn the current science-based techniques of home canning. We’ll be using locally harvested tomatoes, peppers, onions, garlic, herbs and more to create a basic tomato sauce. Materials provided by instructor. All participants will work together to prepare the saucés. All participants will take home jars of our final product. Students should bring a sturdy box for carrying home their product. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1721
(Section codes listed below)

Beulah Brinton .............................. BN01
Wed, Sep 28, 6:30PM-9:30PM
$25 Residents/$37.50 Non-Residents
Pie Fillings
In this workshop class, participants will learn the current science-based techniques of home canning. We’ll be using locally harvested fruits to create safe and tasty pie fillings that can be used in pies, as ice cream toppings, in strudel fillings and more. Materials provided by instructor. All participants will work together to prepare the Pie Fillings. All participants will take home jars of our final product. Students should bring a sturdy box for carrying home their product. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1726
Section codes listed below

Beulah Brinton ......................... BN01
Wed, Dec 7, 6:30PM- 9:30PM
$25 Residents/$37.50 Non-Residents

Jams and Sauces for Gift Giving
Giving a special, home-made jar of something wonderful is a long-standing holiday tradition. In this class, we’ll be creating recipes specifically for gift giving. We’ll also spend time creating unique labels and decorations for our jars. This is a ‘hands-on’ class! All participants will work together to prepare the jams and jellies. Students should bring a sturdy box for carrying home their product. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1727
Section codes listed below

Beulah Brinton ......................... BN01
Wed, Dec 14, 6:30PM- 9:30PM
$25 Residents/$37.50 Non-Residents

Autumn Farmers’ Market Bounty IV
This popular class returns with NEW recipes! There are so many good things available at our local farmers’ markets that it’s no wonder you arrive home a little overwhelmed by your purchases. Learn how to prepare a week’s worth of yummy veggies in one cooking session. Recipes to be determined by what’s available at the market that week and are different from what we prepared in 2013, 2014, and 2015. All attendees receive recipes. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1806
Section codes listed below

Hamilton .................................. HA01
Tue, Oct 11, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents

Madison .................................. MA01
Mon, Oct 10, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents

Street Food Around the World
Scenic wonders, large buildings, old buildings, new people, and foreign languages are all part of the pleasures of travel. Food is also a great way to experience a new place. Depending on where one travels, however, it can be risky business to indulge in food carts on the street. No worries that street food will ruin your vacation in this session, however. We’ll prepare (and you’ll be able to safely savor!) street food from Asia, Mexico, and southern European countries. You can expect to see things on the menu like Vietnamese bahn mi sandwiches; Thai curry and rice; Indian mango salad; TexMex tacos; Sicilian fritters; and Middle Eastern falafel with relish. All attendees receive recipes. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1807
Section codes listed below

Hamilton .................................. HA01
Tue, Oct 18, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents

MacDowell ............................... JU01
Sat, Oct 22, 11:00AM- 1:00PM
$20 Residents/$30 Non-Residents

Marshall ................................. MR01
Thu, Oct 20, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents

The Incredible Egg!
Not only is it edible and incredible, but the egg is an inexpensive form of protein. Unlike meat, an egg will remain safe in your refrigerator for weeks, if need be, until you are ready to enjoy it. And, eggs are no longer believed to put our cholesterol levels at risk when consumed in moderation. Come join us in this hands-on session where we’ll enjoy Champion Breakfast Eggs, Kale and Eggs over Toast, Egg Foo Yung, Chilaquiles, Shakshuka, and Crepes. The Egg! It’s not just for breakfast anymore! All attendees receive recipes. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1808
Section codes listed below

Hamilton .................................. HA01
Thu, Oct 27, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents

MacDowell ............................... JU01
Sat, Oct 22, 11:00AM- 1:00PM
$20 Residents/$30 Non-Residents

Marshall ................................. MR01
Thu, Oct 20, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents
### Meatless Mondays

There are lots of reasons that people choose to go meatless (on Monday or on any day!). Regardless if those reasons are for our own health, the health of the animals around us, or for the well-being of Mother Earth, this session will focus on tasty recipes. In fact, you’ll leave with so many delicious recipes, you’ll be able to go meatless for a month of Mondays! In this hands-on session, we’ll prepare and savor Southern Italian Pasta; Black Bean Tacos; Crepes and Greens; Chinese Noodles; Sweet Potato Supper Salad; and Herbed Chickpea Wraps. All attendees receive recipes. Fee includes food cost and is non-refundable.

**Activity Code:** 2RAE1809  
*(Section codes listed below)*

- **Hamilton** ................. **HA01**  
  Tue, Nov 1, 6:00PM-8:00PM  
  $20 Residents/$30 Non-Residents

- **MacDowell** .................. **JU01**  
  Sat, Nov 5, 11:00AM-1:00PM  
  $20 Residents/$30 Non-Residents

- **Marshall** ................... **MR01**  
  Wed, Nov 2, 6:00PM-8:00PM  
  $20 Residents/$30 Non-Residents

### Twisted Holiday Side Dishes II

This class was first offered in 2015 and students have asked that it return with NEW recipes. Last year’s students say that the recipes were a hit at their family gatherings and that they want to bring something new to the table (pun intended)! In this hands-on cooking session, we’ll explore some twists on the traditional side dishes. Once you taste how good they are and know how easy they are to prepare, you’ll be ready to serve Twisted Holiday Sides at your house or offer one if you are a guest! Recipes to be determined by what inspires Julie as we approach the holidays. All attendees receive recipes. Fee includes food cost and is non-refundable.

**Activity Code:** 2RAE2902  
*(Section codes listed below)*

- **Riverside** .................. **RS01**  
  Sat, Nov 24-Nov 12, 1:00PM-2:00PM  
  $23 Residents/$34.50 Non-Residents

### African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome. Class is combined with youth class.

**Activity Code:** 2RAE2904  
*(Section codes listed below)*

- **Riverside** .................. **RS01**  
  Mon, Sep 26-Nov 14, 7:00PM-8:00PM  
  $23 Residents/$34.50 Non-Residents

### Ballroom Survival

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes. A partner is recommended. Fee is per person.

**Activity Code:** 2RAE2910  
*(Section codes listed below)*

- **Alcott** ...................... **AL01**  
  (Beg./Int.)  
  Wed, Sep 28-Nov 16, 6:30PM-7:30PM  
  $23 Residents/$34.50 Non-Residents

- **Hamilton** ................... **HA01**  
  (Beg./Int.)  
  Wed, Sep 28-Nov 16, 7:00PM-8:30PM  
  $33 Residents/$49.50 Non-Residents

### Egyptian Belly Dance

Tone your core muscles as you learn isolations, undulations, shimmies, and combinations of the ancient art of belly dancing.

**Activity Code:** 2RAE906  
*(Section codes listed below)*

- **Hamilton** ................... **HA01**  
  Thu, Sep 29-Nov 17, 7:00PM-8:00PM  
  $23 Residents/$34.50 Non-Residents

### Sizzlin Salsa for Couples

Get ready for these romantic dances to keep you moving and dancing the night away! Learn leading and following skills, footwork, turns, and patterns for these popular Latin dances. Fee is per person.

**Activity Code:** 2RAE909  
*(Section codes listed below)*

- **Riverside** .................. **RS01**  
  (Salsa & Bachata)  
  Mon, Sep 26-Nov 14, 7:00PM-8:00PM  
  $23 Residents/$34.50 Non-Residents

### Soul Line Dance

Soul line dancing is a fun and exciting way to dance your way to good health! This dance class will combine low, moderate and high energy line dance routines with aerobics. No previous dance experience is necessary as your instructor will teach you all the basic steps to get started!

**Activity Code:** 2RAE910  
*(Section codes listed below)*

- **North Division** ............ **ND01**  
  Mon, Sep 26-Oct 31, 6:00PM-7:00PM  
  $23 Residents/$34.50 Non-Residents

### Steppin’

Learn Steppin’, Chicago style from The Step Master, Whodini. Create your own style by getting your Step On! A partner is suggested. No tennis shoes; leather-soled shoes preferred. Fee is per person.

**Activity Code:** 2RAE911  
*(Section codes listed below)*

- **Marshall** ................... **MR01**  
  Mon, Oct 17-Dec 12, 6:00PM-7:30PM  
  $33 Residents/$49.50 Non-Residents
Urban Line Dance
Are you tired of trying to learn the latest line dances or trying to learn them at social gatherings? Join us and you’ll no longer have to worry about catching up; you’ll already know all the latest dances. All skill levels welcome. Wear comfortable shoes and clothing.

Activity Code: 2RAE2912
(Section codes listed below)

81st Street ......................... 8101
(Beg.)
Mon, Sep 26-Oct 24, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents

81st Street ......................... 8102
(Beg.)
Mon, Nov 7-Dec 12, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents

Marshall ............................. MR01
Wed, Sep 28-Oct 26, 6:30PM- 7:30PM
$15.50 Residents/$23.25 Non-Residents

Marshall ............................. MR02
(Beg.)
Wed, Nov 9-Dec 14, 6:30PM- 7:30PM
$15.50 Residents/$23.25 Non-Residents

Tap Dance
Whether you are a beginner, advanced, or somewhere in between, we have a tap dance class for you. Beginner - Intermediate classes are for beginners through those with some tap experience and understanding of basic tap steps. Intermediate - Advanced classes are for the more advanced intermediate through those with a broad tap vocabulary and understanding of most tap steps.

Activity Code: 2RAE2916
(Section codes listed below)

Riverside ......................... RS02
(Int./Adv.)
Tue, Sep 27-Nov 15, 6:00PM- 6:55PM
$23 Residents/$34.50 Non-Residents

Riverside ......................... RS01
(Beg./Int.)
Tue, Sep 27-Nov 15, 7:00PM- 7:55PM
$23 Residents/$34.50 Non-Residents

Boppin’ with Bosco
Come to the school of Boppin’ at Washington Community Center. Boppin’ is a great way to improve your health and reduce stress. Please wear leather sole shoes.

Activity Code: 2RAE2917
(Section codes listed below)

Washington ....................... WA01
Tue, Sep 27-Nov 1, 6:30PM- 8:30PM
$10 Residents/$15 Non-Residents

Dancercize
Dancing is an enjoyable way to get some exercise. Regular dancing is great for losing weight, maintaining strong bones, improving posture and muscle strength, increasing balance and coordination, and beating stress. While you’re having fun moving to music and meeting new people, you’re getting all the health benefits of a good workout.

Activity Code: 2RAE2919
(Section codes listed below)

Hamilton ......................... HA01
Mon, Sep 26-Nov 14, 7:00PM- 8:00PM
$23 Residents/$34.50 Non-Residents

Salsa & Bachata Dance
Learn the two most popular Latin club dances in world! Learn the basics of “lead and follow”, Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

Activity Code: 2RAE2920
(Section codes listed below)

Parkside ......................... FR01
Wed, Sep 21-Oct 26, 7:00PM- 8:00PM
$21 Residents/$31.50 Non-Residents

FINANCE

Intelligent Investing: What You Think You Know May Hurt You
Many individuals do not appreciate the importance of saving and investing. Others wouldn’t know where to begin if they did. This course will cover the basics of investing: time value of money, compounding, capital markets, value vs. growth investing, and separate accounts vs. mutual funds. Each class is taught by Adam Ryback, Account Executive, Kevin Bay Investments, LLC. Class fee is non-refundable.

Activity Code: 2RAE3402
(Section codes listed below)

MacDowell ....................... JU01
Wed, Oct 26, 6:00PM- 7:30PM
$7 Residents/$10.50 Non-Residents

South Division ..................... SD01
Sat, Oct 8, 12:30PM- 2:30PM
$8 Residents/$12 Non-Residents

Roth IRA’s
This educational seminar is designed for individuals who may own a Traditional, Simple, or Roth IRA and might consider converting to a Roth IRA. Participants will learn the difference between traditional and Roth IRA’s, how a Roth IRA can give you greater flexibility to meet your retirement income needs, and whether converting from a traditional IRA to a Roth IRA makes sense for your retirement goals. Classes taught by Scott Cayo, Edward Jones. Class fee is non-refundable.

Activity Code: 2RAE3406
(Section codes listed below)

Home Buying Workshop
Come and hear from the experts! In this two hour class you will hear from Tashia DeLeon a local mortgage banker and her guests. Join us and let us show you how to purchase a property the right way! Class fee is non-refundable.

Activity Code: 2RAE3406
(Section codes listed below)
Start with Nothing (Create a Savings)

Do you want to save money but struggle with how to start? Maybe you’ve tried in the past, but a family emergency or home repairs set you back. Whether you have a dime, ten dollars, or one hundred dollars, Start with Nothing will help you on your way to a savings. We will discuss the banking and non-banking options as well as small investment with large return opportunities. Participants will also learn the benefits of keeping a spreadsheet to track expenses to increase the success of their savings. Class fee is non-refundable.

Activity Code: 2RAE3407
(Section codes listed below)

Marshall ....................................... MR01
Tue, Oct 11, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Riverside .................................... RS01
Tue, Oct 25, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Estate Planning for Peace of Mind

Everyone, regardless of age or wealth, should have an estate plan. Wills, trusts, and beneficiary planning provides necessary direction and continuity when passing on your assets after death. Estate planning also plans for lifetime incapacity through health care powers of attorney, financial powers of attorney, and proper financial planning for your long term needs. We will discuss strategies to help you protect your assets and ease the burden of your loved ones. Class taught by Jacqueline L. Messler, attorney, Weiss Berzowski, LLP Jennifer Roettgers, Financial Adviser, Robert W. Baird, and Brian M. Wielgus, Accredited Wealth Management Advisor, Robert W. Baird. Class fee is non-refundable.

Activity Code: 2RAE3410
(Section codes listed below)

Hamilton ...................................... HA01
Wed, Oct 12, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

MacDowell .................................... JU01
Wed, Nov 16, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

FITNESS

4 in 1 Training

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 2RAE3501
(Section codes listed below)

Beulah Brinton ............................... BN01
Tue, Sep 13-Nov 1, 7:15PM- 8:15PM
$27 Residents/$30 Non-Residents

Beulah Brinton ............................... BN02
Tue, Nov 8-Jan 10, 7:15PM- 8:15PM
$27 Residents/$30 Non-Residents

ABSoGLUTEly Fit

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving your abs, students will focus on toning their glutes and hamstrings. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3502
(Section codes listed below)

Beulah Brinton ............................... BN01
Mon, Sep 12-Oct 31, 6:10PM- 7:10PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ............................... BN02
Wed, Sep 14-Nov 2, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ............................... BN03
Mon, Nov 7-Jan 9, 6:10PM- 7:10PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ............................... BN04
Wed, Nov 9-Jan 11, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Marshall ....................................... MR01
Tue, Nov 29-Dec 20, 6:00PM- 7:00PM
$15 Residents/$22.50 Non-Residents

Gaenslen ...................................... GS01
Mon, Sep 26-Nov 14, 6:15PM- 6:45PM
$15 Residents/$22.50 Non-Residents

Rufus King Middle School ............... KR01
Thu, Sep 29-Nov 17, 6:35PM- 7:05PM
$15 Residents/$22.50 Non-Residents

Please like us on Facebook!

fb.com/MilwaukeeRecreation

Belly Dance Aerobics

Belly dance aerobics involves exercises designed to tighten and tone your waist, hips and abdominal muscles through easy-to-follow isometric movements. This class will help to enhance your overall flexibility and general conditioning. Bring a large scarf or veil and a towel or mat.

Activity Code: 2RAE3504
(Section codes listed below)

Hamilton ...................................... HA01
Mon, Sep 26-Nov 14, 7:00PM- 8:00PM
$27 Residents/$40.50 Non-Residents

MacDowell .................................... JU01
Thu, Sep 22-Nov 17, 6:30PM- 7:30PM
$27 Residents/$40.50 Non-Residents
Barre Fitness
You don’t have to wear pointe shoes or ballet shoes to get a sculpted body like a dancer. This exercise method uses a ballet barre and combines Pilates, dance and yoga to strengthen, shape and tone muscles.
Activity Code: 2RAE3503
(Section codes listed below)

Beulah Brinton ....................... BN01
Tue, Sep 20-Nov 8, 5:00PM- 5:50PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN03
Thu, Sep 22-Nov 10, 5:00PM- 5:50PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
Tue, Nov 29-Jan 10, 5:00PM- 5:50PM
$18 Residents/$27 Non-Residents

MacDowell ............................. JU01
Mon, Sep 26-Oct 24, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

MacDowell ............................. JU02
Mon, Nov 7-Dec 12, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

Milw School of Language .......... ML01
Mon, Sep 26-Oct 24, 7:40PM- 8:40PM
$18 Residents/$27 Non-Residents

Milw School of Language .......... ML02
Thu, Sep 29-Oct 27, 7:40PM- 8:40PM
$18 Residents/$27 Non-Residents

Milw School of Language .......... ML03
Mon, Nov 7-Dec 12, 7:40PM- 8:40PM
$18 Residents/$27 Non-Residents

Milw School of Language .......... ML04
Thu, Nov 10-Dec 15, 7:40PM- 8:40PM
$18 Residents/$27 Non-Residents

Body Sculpting
Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3505
(Section codes listed below)

Beulah Brinton ....................... BN03
Sat, Sep 10-Oct 29, 9:00AM-10:00AM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN01
Tue, Sep 13-Nov 1, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
Thu, Sep 15-Nov 3, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN05
Thu, Nov 3-Jan 12, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN06
Sat, Nov 5-Jan 7, 9:00AM-10:00AM
$24 Residents/$36 Non-Residents

Beulah Brinton ....................... BN04
Tue, Nov 8-Jan 10, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Body Toning
Improve your overall physical conditioning through the use of power bands. Learn how to select power bands and how different exercises affect various body areas. Wear comfortable clothing and tennis shoes.
Activity Code: 2RAE3506
(Section codes listed below)

North Division ....................... ND01
Wed, Sep 28-Nov 16, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Cardio Combo
Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.
Activity Code: 2RAE3509
(Section codes listed below)

Beulah Brinton ....................... BN02
Sat, Oct 10-Oct 29, 8:00AM- 9:00AM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN01
Thu, Sep 15-Nov 3, 7:15PM- 8:15PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN04
Sat, Nov 5-Jan 7, 8:00AM- 9:00AM
$24 Residents/$36 Non-Residents

Beulah Brinton ....................... BN03
Thu, Nov 10-Jan 12, 7:15PM- 8:15PM
$24 Residents/$36 Non-Residents

Cardio-Kickboxing
Get ready for a very popular workout. This musically-engaging activity will provide the opportunity to lose weight, tone your body, and have fun while incorporating components of self-defense. Do it for your health or just do it for ‘kicks’. Wear comfortable clothing and tennis shoes. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3511
(Section codes listed below)

81st Street ............................. 8101
Wed, Sep 28-Oct 26, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

81st Street ............................. 8102
Wed, Nov 9-Dec 14, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton ....................... BN01
Mon, Sep 12-Oct 31, 7:15PM- 8:15PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
Wed, Sep 14-Nov 2, 7:15PM- 8:15PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN03
Mon, Nov 7-Jan 9, 7:15PM- 8:15PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN04
Wed, Nov 9-Jan 11, 7:15PM- 8:15PM
$27 Residents/$40.50 Non-Residents

Boot Camp
Think you have what it takes? Come to Boot Camp where you will get an intense workout participating in different aerobic and anaerobic exercises. Different stations will be set up to work every part of your body. Wear comfortable clothing and tennis shoes. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3507
(Section codes listed below)

81st Street ............................. 8101
Mon, Sep 26-Oct 24, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents

81st Street ............................. 8102
Mon, Nov 7-Dec 12, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents
Fit n’ Fun for 55+
Are you part of the mature 55 and over crowd? If so, this program is designed especially for you and will provide an area of a safe workout. We will cover the proper way to warm up and cool down and introduce you to a number of activities you can do on your own to maintain a proper level of fitness. You will have fun getting fit! Please wear comfortable clothes, soft sole athletic type shoes and bring your own set of 3 and 5 pound dumbbells.
Activity Code: 2RAE3515
(Activity codes listed below)

Alcott (Ages 55 & up) .................... AL01
Mon, Oct 3-Dec 5, 6:00PM-6:30PM
$16.50 Residents/$24.75 Non-Residents

Cardio Plus
Like any fitness class, go at your own pace, but the instructor will make sure you leave with a good work out. Experience the health benefits of cardio exercises along with the muscle toning/building that comes with weight lifting. Wear comfortable clothing and tennis shoes.
Activity Code: 2RAE3510
(Activity codes listed below)

Hamilton .................................. HA01
Tue, Sep 27-Nov 15, 7:00PM-7:45PM
$21 Residents/$31.50 Non-Residents

Gospel Aerobics
An uplifting experience for your body, mind and soul. Through muscle toning, abdominal control, and cardio stimulation you will receive a total body workout. A variety of gospel selections will be played.
Activity Code: 2RAE3516
(Activity codes listed below)

Marshall ................................. MR01
Mon, Sep 26-Nov 14, 6:30PM-7:30PM
$27 Residents/$40.50 Non-Residents

Hoop Dance Workout
Hooping is not just for kids! Today hula hooping has evolved into an exciting dance form called ‘hoopdance’, which has amazing benefits for the body and mind. Plus, it’s fun! Hooping is for EVERY BODY. Hoops will be available to borrow or for purchase at sites. Cost range is $20.00-$35.00 per hoop.
Activity Code: 2RAE3518
(Activity codes listed below)

Riverside ............................... RS01
Sat, Sep 24-Nov 12, 11:00AM-12:00PM
$27 Residents/$40.50 Non-Residents

Pilates
A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3521
(Activity codes listed below)

Beulah Brinton ......................... BN02
Wed, Sep 14-Nov 9, 7:35PM-8:35PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ......................... BN03
Sat, Sep 17-Nov 5, 8:00AM-9:00AM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ......................... BN04
Tue, Nov 29-Jan 10, 8:30AM-9:30AM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ......................... BN05
Wed, Nov 30-Jan 11, 7:35PM-8:35PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN06
Sat, Dec 3-Jan 14, 8:00AM-9:00AM
$18 Residents/$27 Non-Residents

Cooper .................................. CP01
Thu, Sep 22-Oct 10, 7:35PM-8:35PM
$27 Residents/$40.50 Non-Residents

Cooper .................................. CP02
Thu, Dec 1-Jan 12, 7:35PM-8:35PM
$18 Residents/$27 Non-Residents

Gaenslen ................................ GS01
Tue, Sep 27-Nov 15, 6:00PM-6:55PM
$27 Residents/$40.50 Non-Residents

Hampton .................................. HA02
Sat, Sep 24-Oct 12, 11:15AM-12:15PM
$27 Residents/$40.50 Non-Residents

Hampton .................................. HA01
Thu, Sep 29-Oct 17, 6:00PM-7:00PM
$27 Residents/$40.50 Non-Residents

Riverside ............................... RS01
Wed, Sep 28-Nov 16, 7:35PM-8:35PM
$27 Residents/$40.50 Non-Residents

Riverside ............................... RS01
Wed, Sep 28-Nov 16, 7:35PM-8:35PM
$27 Residents/$40.50 Non-Residents

NIA
NIA is an exhilarating movement and lifestyle practice. As the first cardio workout to combine martial arts, dance and healing arts, NIA has fundamentally changed lives with its evolutionary approach to fitness and self-healing in a body. NIA, an internationally acclaimed practice for over 25 years, is based on the science of the body, The Body’s Way. NIA offers a fun, creative pathway to health and well-being, regardless of age or physical condition.
Activity Code: 2RAE3520
(Activity codes listed below)

Beulah Brinton ......................... BN01
Tue, Sep 20-Nov 8, 6:45PM-7:45PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ......................... BN02
Tue, Nov 29-Jan 10, 6:45PM-7:45PM
$27 Residents/$40.50 Non-Residents

Riverside ............................... RS01
Wed, Sep 28-Nov 16, 6:15PM-7:15PM
$27 Residents/$40.50 Non-Residents

PiYo
Looking to sweat your way to sculpted abdominals, increased core strength, and greater stability? Then PiYo may be for you! PiYo combines the stretching, strength, and flexibility of yoga with the toning benefits of pilates. Classes start with yoga style stretching, strength, and flexibility exercises. Each class finishes with mat work focusing on strengthening the core muscles and toning the legs. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3522
(Activity codes listed below)

Marshall ................................. MR01
Thu, Sep 29-Oct 27, 7:30PM-8:30PM
$18 Residents/$27 Non-Residents

Marshall ................................. MR02
Thu, Nov 10-Dec 15, 7:30PM-8:30PM
$18 Residents/$27 Non-Residents

Riverside ............................... RS01
Sat, Sep 24-Nov 12, 10:00AM-10:50AM
$27 Residents/$40.50 Non-Residents

TO SIGN UP, SEE PAGE 2.
ALL CENTERS WILL BE CLOSED
NOV. 24-28 & DEC. 23-JAN 2.
Step Aerobics & Sculpt
Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.
Activity Code: 2RAE3524
(Section codes listed below)
Beulah Brinton ....................... BN01
Mon, Sep 12-Oct 31, 5:00PM- 6:00PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
Mon, Nov 7-Jan 9, 5:00PM- 6:00PM
$27 Residents/$40.50 Non-Residents

T’ai Chi Ch’uan
This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.
Activity Code: 2RAE3527
(Section codes listed below)
Beulah Brinton ....................... BN01
(Beg.)
Tue, Sep 20-Nov 8, 12:15PM- 1:15PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
(Int.)
Tue, Sep 20-Nov 8, 1:25PM- 2:25PM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN03
(Beg.)
Tue, Nov 29-Jan 10, 12:15PM- 1:15PM
$18 Residents/$27 Non-Residents

Beulah Brinton ....................... BN04
(Int.)
Tue, Nov 29-Jan 10, 1:25PM- 2:25PM
$18 Residents/$27 Non-Residents

Milw School of Language ............ ML01
(Beg.)
Wed, Sep 28-Oct 26, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

Milw School of Language ............ ML02
(Int./Adv.)
Wed, Sep 28-Oct 26, 7:30PM- 8:30PM
$18 Residents/$27 Non-Residents

Milw School of Language ............ ML03
(Beg.)
Wed, Nov 9-Dec 14, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

Milw School of Language ............ ML04
(Int./Adv.)
Wed, Nov 9-Dec 14, 7:30PM- 8:30PM
$18 Residents/$27 Non-Residents

Parkside ............................. FR01
Wed, Sep 21-Nov 9, 6:30PM- 7:30PM
$27 Residents/$40.50 Non-Residents

Parkside ............................. FR02
Wed, Nov 30-Jan 11, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

Total Body Conditioning
Are you looking to take your workout to the next level? How about 75 minutes of full body training? Sign up for one of our best challenges ever offered and give yourself a complete muscle and cardiovascular workout!
Activity Code: 2RAE3530
(Section codes listed below)
Alcott .................................. AL01
(Adv.)
Mon, Oct 3-Dec 5, 6:30PM- 7:45PM
$37.50 Residents/$56.25 Non-Residents

Total Body Makeover
Total Body Makeover is a strength training class targeting major muscle groups using various equipment and body weight. Total Makeover incorporates bursts of cardio into movements intended to help you tone all major muscles. This class allows each individual to work at their respective fitness level, challenging a variety of heart rate zones for a full strength and cardio workout. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3531
(Section codes listed below)
Gaenslen .......................... GS01
Mon, Sep 26-Nov 14, 8:00PM- 9:00PM
$15 Residents/$22.50 Non-Residents

Tummy, Waist, and Thighs
If you’re dissatisfied with the shape or size of your hips, glutes, abs, or thighs, you can choose to transform them into the shape you’ve always wanted. This class is devoted to exercises and nutritional tips that will shape, strengthen and tone your body. Wear comfortable, loose clothing.
Activity Code: 2RAE3532
(Section codes listed below)
81st Street ......................... 8101
Mon, Sep 26-Oct 24, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

81st Street ......................... 8102
Mon, Nov 7-Dec 12, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Women & Weights
Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will work through moves and techniques that will help you achieve strength you never knew you had. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3535
(Section codes listed below)
Riverside .......................... RS01
Tue, Sep 27-Nov 15, 7:00PM- 8:00PM
$21 Residents/$31.50 Non-Residents

Yoga
Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3536
(Section codes listed below)
81st Street .......................... 8101
Mon, Sep 26-Oct 24, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

81st Street .......................... 8102
Mon, Nov 7-Dec 12, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton ....................... BN01
Sat, Sep 10-Oct 29, 9:00AM- 10:00AM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
Sat, Sep 10-Oct 29, 9:05AM-10:05AM
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN03
Mon, Sep 12-Oct 31, 7:00AM-10:00AM
$27 Residents/$40.50 Non-Residents
Beulah Brinton ....................... BN09
Thu, Sep 15-Nov 3, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN10
Thu, Sep 15-Nov 3, 8:00PM-9:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN11
Fri, Sep 16-Nov 4, 9:00AM-10:00AM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN12
Sat, Nov 5-Jan 14, 8:00AM-9:00AM  
$30 Residents/$45 Non-Residents

Beulah Brinton ....................... BN13
Sat, Nov 5-Jan 14, 9:05AM-10:05AM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN14
Mon, Nov 7-Jan 9, 9:00AM-10:00AM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN15
Mon, Nov 7-Jan 9, 12:00PM-1:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN16
Mon, Nov 7-Jan 9, 7:00PM-8:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN17
Tue, Nov 8-Jan 10, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN18
Wed, Nov 9-Jan 11, 9:00AM-10:00AM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN19
Wed, Nov 9-Jan 11, 6:30PM-7:30PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN20
Thu, Nov 10-Jan 12, 6:00PM-7:00PM  
$24 Residents/$36 Non-Residents

Beulah Brinton ....................... BN21
Thu, Nov 10-Jan 12, 8:00PM-9:00PM  
$24 Residents/$36 Non-Residents

Beulah Brinton ....................... BN22
Fri, Nov 11-Jan 13, 9:00AM-10:00AM  
$24 Residents/$36 Non-Residents

Gaenslen ............................. GS01
Tue, Sep 27-Nov 15, 7:00PM-7:55PM  
$27 Residents/$40.50 Non-Residents

Hamilton ............................ HA01
Mon, Sep 26-Nov 14, 7:15PM-8:15PM  
$27 Residents/$40.50 Non-Residents

MacDowell ........................... JU02
Sat, Sep 24-Oct 22, 10:15AM-11:15AM  
$16 Residents/$27 Non-Residents

MacDowell ........................... JU03
Tue, Sep 27-Oct 25, 7:30PM-8:30PM  
$18 Residents/$27 Non-Residents

MacDowell ........................... JU05
Sat, Nov 5-Dec 10, 10:15AM-11:15AM  
$18 Residents/$27 Non-Residents

MacDowell ........................... JU04
Tue, Nov 8-Dec 13, 7:30PM-8:30PM  
$18 Residents/$27 Non-Residents

Parkside ............................. FR01
Mon, Sep 19-Nov 7, 5:30PM-6:30PM  
$27 Residents/$40.50 Non-Residents

Parkside ............................. FR02
Wed, Sep 21-Nov 9, 5:30PM-6:30PM  
$27 Residents/$40.50 Non-Residents

Parkside ............................. FR03
Mon, Nov 28-Jan 5, 5:30PM-6:30PM  
$18 Residents/$27 Non-Residents

Parkside ............................. FR04
Wed, Nov 30-Jan 11, 5:30PM-6:30PM  
$18 Residents/$27 Non-Residents

Riverside ............................ RS02
Sat, Sep 24-Nov 12, 10:15AM-11:15AM  
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS04
Sat, Sep 24-Nov 12, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS03
Mon, Sep 26-Nov 14, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS05
Tue, Sep 27-Nov 15, 5:30PM-6:30PM  
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS01
Wed, Sep 28-Nov 16, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Rufus King Middle School .......... KR01
Tue, Sep 27-Nov 15, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Yoga - Gentle
Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3537
(Section codes listed below)

Beulah Brinton ....................... BN03
Sat, Sep 10-Oct 29, 10:10AM-11:10AM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN01
Tue, Sep 13-Nov 1, 7:00PM-8:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
Thu, Sep 15-Nov 3, 7:00PM-8:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN06
Sat, Nov 5-Jan 14, 10:10AM-11:10AM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN04
Tue, Nov 8-Jan 10, 7:00PM-8:00PM  
$24 Residents/$36 Non-Residents

Beulah Brinton ....................... BN05
Thu, Nov 10-Jan 12, 7:00PM-8:00PM  
$24 Residents/$36 Non-Residents

Gaenslen ............................. GS01
Mon, Sep 26-Nov 14, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

MacDowell ........................... JU01
Sat, Sep 24-Oct 22, 9:00AM-10:00AM  
$18 Residents/$27 Non-Residents

MacDowell ........................... JU02
Tue, Sep 27-Oct 25, 6:30PM-7:30PM  
$18 Residents/$27 Non-Residents

MacDowell ........................... JU04
Sat, Nov 5-Dec 10, 9:00AM-10:00AM  
$18 Residents/$27 Non-Residents

MacDowell ........................... JU03
Tue, Nov 8-Dec 13, 6:30PM-7:30PM  
$18 Residents/$27 Non-Residents

Milw School of Language .......... ML01
Wed, Sep 28-Oct 26, 6:30PM-7:30PM  
$18 Residents/$27 Non-Residents

Milw School of Language .......... ML02
Wed, Nov 9-Dec 14, 6:30PM-7:30PM  
$18 Residents/$27 Non-Residents

Riverside ............................ RS02
Mon, Sep 26-Nov 14, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS01
Thu, Sep 29-Nov 17, 7:20PM-8:20PM  
$27 Residents/$40.50 Non-Residents

Yoga - Power
East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3538
(Section codes listed below)

Beulah Brinton ....................... BN01
Mon, Sep 12-Oct 31, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Beulah Brinton ....................... BN02
Mon, Nov 7-Jan 9, 6:00PM-7:00PM  
$27 Residents/$40.50 Non-Residents

Gaenslen ............................. GS01
Wed, Sep 28-Nov 16, 6:15PM-7:15PM  
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS02
Mon, Nov 28-Jan 5, 6:30PM-7:30PM  
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS01
Wed, Sep 28-Oct 26, 6:30PM-7:30PM  
$18 Residents/$27 Non-Residents

Riverside ............................ RS01
Thu, Sep 29-Nov 17, 7:00PM-8:00PM  
$27 Residents/$40.50 Non-Residents
Zumba®
Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.

Activity Code: 2RAE3542
(Section codes listed below)

81st Street ........................................ 8101
Wed, Sep 28-Oct 26, 5:30PM-6:15PM
$18 Residents/$27 Non-Residents
81st Street ........................................ 8102
Wed, Nov 9-Dec 14, 5:30PM-6:15PM
$18 Residents/$27 Non-Residents

Beulah Brinton ................................. BN01
Sat, Oct 10-Oct 29, 9:30AM-10:30AM
$27 Residents/$40.50 Non-Residents

Cooper .............................................. CP01
Tue, Sep 20-Nov 8, 6:30PM-7:30PM
$27 Residents/$40.50 Non-Residents

Cooper .............................................. CP02
Thu, Sep 22-Nov 10, 6:30PM-7:30PM
$27 Residents/$40.50 Non-Residents

Cooper .............................................. CP03
Tue, Nov 29-Jan 10, 6:30PM-7:30PM
$18 Residents/$27 Non-Residents

Cooper .............................................. CP04
Thu, Dec 1-Jan 12, 6:30PM-7:30PM
$18 Residents/$27 Non-Residents

Gaenslen .......................................... GS01
Mon, Sep 26-Nov 14, 7:00PM-7:55PM
$27 Residents/$40.50 Non-Residents

Hamilton ......................................... HA05
Sat, Sep 24-Oct 12, 9:30AM-10:30AM
$27 Residents/$40.50 Non-Residents

Hamilton ......................................... HA01
Tue, Sep 27-Nov 15, 7:00PM-8:00PM
$27 Residents/$40.50 Non-Residents

Hamilton ......................................... HA02
Wed, Sep 28-Nov 16, 6:00PM-7:00PM
$27 Residents/$40.50 Non-Residents

Hamilton ......................................... HA06
Thu, Sep 29-Nov 17, 6:30PM-7:30PM
$27 Residents/$40.50 Non-Residents

Marshall .......................................... MR02
Sat, Sep 24-Oct 22, 9:00AM-10:00AM
$18 Residents/$27 Non-Residents

Marshall .......................................... MR01
Mon, Sep 26-Oct 24, 6:30PM-7:30PM
$18 Residents/$27 Non-Residents

Marshall .......................................... MR03
Thu, Sep 29-Oct 27, 6:30PM-7:30PM
$18 Residents/$27 Non-Residents

Marshall .......................................... MR05
Sat, Nov 5-Dec 10, 9:00AM-10:00AM
$18 Residents/$27 Non-Residents

Yoga & Meditation
Slow down. Just breathe. This class invites you to do just that while letting go of the stressful demands of your day. With a series of yoga poses, we’ll help you to center your mind, body and breathing while preparing you for guided meditation and deep relaxation. Yoga increases flexibility, tones the muscles, increases lubrication of the joints, and massages the organs of the body, but those are just some of the benefits. Whether you are new or familiar with yoga, join us for this powerful practice towards better health and inner peace. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3539
(Section codes listed below)

Riverside .......................................... RS01
Thu, Sep 29-Nov 17, 6:00PM-7:15PM
$33 Residents/$49.50 Non-Residents

Laughter Yoga
You’ll laugh so hard it’ll hurt. Join the Hysterical Society of Milwaukee. Experience the many wonderful benefits of Laughter Yoga. Learn to reduce stress, tension, pain and depression, while getting an easy aerobic workout. Laughter improves your oxygen supply and enhances your immune system. Relax, renew, and refresh in this 1 hour workshop. Laughter is a healing force! No Yoga pants or mat required. This workshop will bring a smile to your face and generate good feelings. Class fee is non-refundable.

Activity Code: 2RAE3540
(Section codes listed below)

Bay View .......................................... BV01
Thu, Oct 20, 6:00PM-7:00PM
$6 Residents/$9 Non-Residents

Bay View .......................................... BV02
Thu, Oct 20, 7:15PM-8:15PM
$6 Residents/$9 Non-Residents

Bay View .......................................... BV03
Thu, Nov 10, 6:00PM-7:09PM
$6 Residents/$9 Non-Residents

Bay View .......................................... BV04
Thu, Nov 10, 7:15PM-8:15PM
$6 Residents/$9 Non-Residents

Text your friends:
IRTLOLBIJSUFY
“I’m ready to laugh out loud because I just signed up for Laughter Yoga!”

Facebook.com/MilwaukeeRecreation www.MilwaukeeRecreation.net
Yoga Soft Flow
Vinayasa yoga is a dynamic type of yoga that uses a progressive series of postures, connecting movement and breath. Create a conscious, athletic body by utilizing yoga postures and transitional movement for strength, stamina, fluidity and balance. Learning to move with grace and poise, creating suppleness for greater range of motion and freedom of movement while unlocking your joints, and strengthening connective tissues. Discover a new edge in this flowing sequenced yoga class set to motivating music and hands-on adjustments.

Activity Code: 2RAE3546
(Section codes listed below)

Hamilton ............................ HA01
Thu, Sep 29-Nov 17, 6:00PM- 7:00PM
$27 Residents/$40.50 Non-Residents

Turbo Kick N’ Core
Fun and easy to follow cardio kickboxing to funky beats that will be sure to help you burn up to a thousand calories.... bring your fitness device (optional) and see for yourself! The last half of class will be devoted to total core conditioning and stretch. Whittle that waist through Cherry Stark. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3549
(Section codes listed below)

Milw School of Language ............. ML01
Thu, Sep 29-Oct 27, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

Milw School of Language ............. ML02
Thu, Nov 10-Dec 15, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

R.I.P.P.E.D.®
Experience this total body ‘plateau proof fitness formula’ workout, utilizing resistance and cardio training, which masterfully combines ‘R’esistance, ‘I’ntervals, ‘P’ower, ‘P’yometrics, ‘E’ndurance, and ‘D’iet. The RIPPED workout formula helps you attain and maintain your physique in ways that are fun, safe, doable, and extremely effective. This workout is for EVERYONE. No matter your fitness level, we will help you achieve a stronger, healthier YOU!

Activity Code: 2RAE3552
(Section codes listed below)

Riverside ............................. RS02
Wed, Sep 28-Nov 16, 7:00PM- 7:55PM
$27 Residents/$40.50 Non-Residents

Yoga for Cyclists
No matter what you can handle on your bicycle, this class is geared towards all cyclists. Your cycling skills will be enhanced by strengthening and lengthening of specific muscle groups that contribute to performance and endurance on the bike.

Activity Code: 2RAE3555
(Section codes listed below)

Bay View ............................. BV01
Tue, Sep 27-Nov 15, 6:30PM- 7:30PM
$27 Residents/$40.50 Non-Residents

Nordic Walking
Improve your overall level of conditioning by learning various exercises to improve your overall strength, flexibility, and core using walking poles. Learn the proper technique while walking with poles to work almost every muscle in your body. Led by Marty Malin, a Certified Nordic Walking Instructor.

Activity Code: 2RAE3567
(Section codes listed below)

Hamilton ............................. HA01
Wed, Oct 26-Nov 9, 7:15PM- 8:15PM
$15 Residents/$22.50 Non-Residents

MacDowell ............................ JU01
Mon, Oct 24-Nov 7, 7:15PM- 8:15PM
$15 Residents/$22.50 Non-Residents

Riverside ............................. RS01
Thu, Oct 6-Nov 10, 6:00PM- 7:00PM
$21 Residents/$31.50 Non-Residents

Insanity®
INSANITY® is a revolutionary cardio-based total body conditioning program based on the principles of MAX Interval Training by Beach Body. By using MAX Interval Training, INSANITY pushes the participant to new training heights, resulting in more calories burned, faster results, and a more efficient metabolism. INSANITY’s interval training is the pinnacle of cardio training. Class is taught by a certified Insanity instructor.

Activity Code: 2RAE3570
(Section codes listed below)

Rufus King Middle School .......... RK01
Thu, Sep 29-Nov 17, 5:30PM- 6:30PM
$27 Residents/$40.50 Non-Residents

Couch Potato to 5k
Have you ever wanted to run a 5K? Don’t know where to start? Do you need a little push and positive motivation? Then this is the class for you! The Couch Potato to 5k program is designed to ease you off the couch and get you up and running a 5K (3.1 miles) in only 6 weeks! Class taught by a certified running coach. Bring your running shoes, towel and a water bottle. Get excited because you’re going to run your first 5k.

Activity Code: 2RAE3569
(Section codes listed below)
P90X®
Harness the proven power of P90X! After helping millions of Americans reach their fitness goals through the home-based exercise program, we’re taking P90X® out of the box and offering it as a group exercise class for the first time ever. The P90X® LIVE workouts offer a rich variety of intense routines from cardio to resistance training, strength training, plyometrics, ab work, and more. Using the science of Muscle Confusion, P90X constantly switches things up (the blocks, the protocols, the rep ranges) to help class members bust through plateaus. Plus, there are modifications so people at any level can partake.

Activity Code: 2RAE3571
(Section codes listed below)

Riverside .................................. RS01
Wed, Sep 28-Nov 16, 8:05PM-9:05PM
$27 Residents/$40.50 Non-Residents

Football Lingo
Do you live with or know someone who watches a LOT of football? Do you want to become more knowledgeable of the game and contribute to the conversation? Learn the lingo of America’s most popular sport. Packers play the Jaguars tomorrow and you don’t want to be left 3 yards behind in a cloud of dust. Everybody will go home with a football dictionary to use for future reference. Class fee is non-refundable.

Activity Code: 2RAE3701
(Section codes listed below)

Beulah Brinton ............................. BN01
Sat, Sep 10, 9:30AM-11:30AM
$8 Residents/$12 Non-Residents

FOOTBALL

HEALTH AND WELLNESS

Arthritis: Alternative Approaches
Over 50 million Americans suffer from joint disease. This presentation educates the audience about arthritis, who is susceptible, what causes it, how to relieve it, and steps to help prevent joint disease. Presented by Dr. John P. Corsi, D.C. Chiropractic Company. Class fee is non-refundable.

Activity Code: 2RAE4103
(Section codes listed below)

Milw School of Language .................. ML01
Mon, Oct 17, 6:35PM-8:00PM
$7 Residents/$10.50 Non-Residents

5 Secrets to Permanent Weight Loss
Recent research has shown that metabolism and hormones may be the key to effective, permanent weight loss. Learning the ‘5 secrets’ can lead to improved metabolism, permanent weight loss, and improved health and vitality. Participants will learn why fat doesn’t make you fat, and why you must eat real butter and eggs (even if you are overweight). Class is presented by Dr. John P. Corsi, D.C. Chiropractic Company. Class fee is non-refundable.

Activity Code: 2RAE4101
(Section codes listed below)

Milw School of Language .................. ML01
Mon, Sep 26, 6:35PM-8:00PM
$7 Residents/$10.50 Non-Residents

D.I. Fitness
This comprehensive fitness class will not only help you on your way to physical health, but also guide you to believe that fitness success is possible when you put your mind to it. It is possible to achieve your fitness goals. Believe it! YOU CAN DO THIS! Taught by Leonard Wilson, Certified Personal Fitness Trainer and Business Owner of Divine Intervention Personal Fitness.

Activity Code: 2RAE3580
(Section codes listed below)

Hamilton ................................. HA01
Mon, Sep 26-Nov 14, 6:30PM-7:30PM
$27 Residents/$40.50 Non-Residents

Meditation
Learn methods to relieve stress, become more focused and more aware of positive and negative emotions and how to manage them. Relaxation techniques will be discussed along with the key ideas of acceptance, kindness to self and others, and becoming mindful of how judgments and habitual mental patterns and actions influence behavior.

Activity Code: 2RAE4106
(Section codes listed below)

Milw School of Language .................. ML01
Wed, Sep 28-Oct 26, 7:40PM-8:40PM
$18 Residents/$27 Non-Residents

Milw School of Language .................. ML02
Wed, Nov 9-Dec 14, 7:40PM-8:40PM
$18 Residents/$27 Non-Residents

Natural Solutions
VERTIGO & DIZZINESS: Do you feel lightheaded when getting up quickly? Feel like the room is spinning? Do you get dizzy or off balance during daily activities? In this class we will focus on the causes, triggers and natural solutions for treating dizziness and vertigo. STRESS: Is your biological age older than your chronological age? Learn about the three dimensions of stress, how they affect your body and make you age ahead of your time. We will discuss solutions to reduce the effects of stress on your body and reverse the aging process! Classes are presented by Dr. John Corsi, D.C. Chiropractic Company. Class fee is non-refundable.

Activity Code: 2RAE4108
(Section codes listed below)

Milw School of Language .................. ML01
(Vertigo and Dizziness)
Thu, Oct 6, 6:35PM-8:00PM
$7 Residents/$10.50 Non-Residents

Milw School of Language .................. ML02
(Stress)
Wed, Oct 26, 6:35PM-8:00PM
$7 Residents/$10.50 Non-Residents

5k to 10k
You’ve conquered a 5k, now you’re ready to take the next step! A 10k (6.2 miles) is twice as long as a 5k but also twice as fun. Class is taught by Kate Cahill. Bring your running shoes, towel, and a water bottle.

Activity Code: 2RAE3572
(Section codes listed below)

Beulah Brinton ............................. BN01
Tue/Thu, Sep 13-Oct 27, 6:00PM-7:00PM
$30 Residents/$45 Non-Residents
Relax and Release
When you relax your mind and body trapped energy can be released. ‘Chi’, in Chinese medicine, is considered a universal energy that permeates everything around you. When all the blockages, pain, and blocked ‘chi’ is released then the body can “open up” increasing healthy energy to you. Learn techniques to truly relax your body allowing for more clear thinking, better production, and restful sleep.

Activity Code: 2RAE4109
(Section codes listed below)

Hamilton ........................................ HA01
Mon, Sep 26-Nov 14, 6:00PM- 7:00PM
$23 Residents/$34.50 Non-Residents

Dream Pillows
Enhance your dream world as you sleep by learning to make comforting dream pillows. These small pillows are made utilizing aromatic herbs and natural scents to help encourage the type of dreams you wish to have whether adventurous or soothing or merely assist in providing you with a peaceful night’s sleep. Class fee is non-refundable.

Activity Code: 2RAE4115
(Section codes listed below)

Hamilton ........................................ HA01
Tue, Oct 11, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Treating Migraines Naturally
Do you have migraines that cause you a lot of pain? Come and learn some natural ways that can possibly help reduce this. We will discuss everything from using certain salts to acupressure. Class fee is non-refundable.

Activity Code: 2RAE4116
(Section codes listed below)

Riverside ....................................... RS01
Tue, Oct 11, 6:00PM- 7:00PM
$5.50 Residents/$8.25 Non-Residents

Chakra Energy and Balance
Join us for Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.

Activity Code: 2RAE4117
(Section codes listed below)

Hamilton ........................................ HA01
Tue, Nov 15, 6:00PM- 7:00PM
$5.50 Residents/$8.25 Non-Residents

Candle Gazing Meditation
Join 500-hour certified Yoga Therapist Heidi Parkes in practicing this ancient form of meditation called Trataka, meaning intense focus. Some possible benefits include: improved vision, digestion, sleep, focus, patience, willpower, self-confidence, productivity, and it can help with depression, anxiety, food sensitivities, headaches, and fatigue. Learn the proper techniques, and engage in this meditation with a committed group. Candle gazing is a particularly accessible meditation for beginners.

Activity Code: 2RAE4114
(Section codes listed below)

Gaenslen ....................................... GS01
Mon, Sep 26-Nov 14, 7:00PM- 8:00PM
$27 Residents/$40.50 Non-Residents

Reiki for You and Your Pet
Reiki is a Japanese stress reducing, relaxation technique based on the concept of utilizing one’s ‘life energy’. In this informational class, learn how this energy can affect animals and how their chakra systems work. Please do not bring pets to class. Class fee is non-refundable.

Activity Code: 2RAE4118
(Section codes listed below)

Hamilton ........................................ HA01
Tue, Oct 4, 7:15PM- 8:15PM
$5.50 Residents/$8.25 Non-Residents

Fairy Gardens & Folklore
Discover some tales, myths, and explore a bit of folklore behind these fantastical creatures. Are they spirits, sprites, or do they really exist? Get a little sprite-y yourself and learn how to design and plant your own fairy garden. A $5.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 2RAE4119
(Section codes listed below)

Hamilton ........................................ HA01
Tue, Nov 1, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Parsley, Sage, Rosemary & Thyme
Well, we’re not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Whether planted in the ground or in pots, herbs are little treasures we can open up again and again. Get tips on the top herbs to grow, which go well together, and what to do with all that basil. Learn about medicinal and healing properties as well as a little good ‘ol folklore. Class fee is non-refundable.

Activity Code: 2RAE4120
(Section codes listed below)

Hamilton ........................................ HA01
Tue, Nov 8, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents
Herbs

Learn of the medicinal virtues of plants used throughout the world. From the perspective of Ayurveda from India, to tonics formulas of traditional Western Herbalism, we will explore the energetic qualities of the herbs and the function they serve for various ailments. Classes taught by professional herbalist, Kyle Denton, who is a practicing herbalist and owner of Tippe Canoe Herbs. Class fee is non-refundable.

Activity Code: 2RAE4130
(Section codes listed below)

Parkside ........................................ FR01
(Digestion)
Mon, Oct 3, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Parkside ........................................ FR02
(Stress)
Mon, Oct 17, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Parkside ........................................ FR03
(Immune System)
Mon, Oct 31, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

HEARTY COOKING

Hearty Cooking

My grandfather was a highly skilled man in many ways; he even built his own house. But when my grandmother went away for a week, he ate seven days' worth of hot dogs. If you can sympathize with that and would like to increase your skills in the kitchen or just learn a few new things, these classes are for you. You will learn how to make simple but delicious, full-flavored meals from scratch, using common ingredients you can find at any grocery store. Find out how to make: homemade pizza better than delivery for the next game day, an elegant dinner of chicken alfredo, spicy chicken chili or jambalaya, and juicy, medium-rare steak, all from your own kitchen. Fee includes food cost and is non-refundable.

Activity Code: 2RAE2301
(Section codes listed below)

Beulah Brinton ......................... BN01
(Chicken Ranch Flatbread)
Sat, Sep 17, 4:00PM- 5:30PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN02
(Steak)
Sat, Sep 24, 4:00PM- 5:30PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN03
(Chicken Alfredo)
Sat, Oct 1, 4:00PM- 5:30PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN04
(Chicken Chili)
Sat, Oct 8, 4:00PM- 5:30PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN05
(Jambalaya)
Sat, Oct 15, 4:00PM- 5:30PM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN06
(Homemade Pizza)
Sat, Oct 22, 4:00PM- 6:00PM
$20 Residents/$30 Non-Residents

HOUSE AND GARDEN

Make Your Own Worm Bin (Indoor Composting)

Are you looking to improve your green thumb while living in the city? Worm composting is different from traditional backyard composting because it can be done year-round indoors in a house, apartment or condo. It is a neat, easy and odorless way to use your kitchen scraps. You will make and take your own worm compost bin and learn everything you need to know for the care, feeding and maintenance of the bin. Fee includes supply cost and is non-refundable.

Activity Code: 2RAE4216
(Section codes listed below)

MacDowell .............................. JU01
Sat, Nov 12, 9:30AM-11:30AM
$22 Residents/$28 Non-Residents

Balms and Salves

Join the Beepods team and learn about how sustainable harvesting from any beekeeping system can create healing products. Get ready to get your hands dirty and make something cool and useful before you leave. A $20.00 (cash only) supply fee is due to the instructor at class.

Activity Code: 2RAE4219
(Section codes listed below)

Hamilton ............................. HA01
Thu, Nov 10, 6:00PM- 8:00PM
$12 Residents/$18 Non-Residents

Beesentations

Bees and Beekeeping revealed! Bees play an important role in our food systems. This is an introduction to bees and beekeeping. Learn the difference between wasps and bees. Discover who’s inside the hive and how man has managed bees for pollination and honey. Whether you want to start a dance with bees through beekeeping, or just learn of the dance they do to find nectar, this course gets you buzzing.

Activity Code: 2RAE4218
(Section codes listed below)

Milw School of Language .......... ML01
Thu, Oct 13, 6:30PM- 8:30PM
$12 Residents/$18 Non-Residents

Riverside ............................. RS01
Thu, Sep 29, 6:00PM- 8:00PM
$12 Residents/$18 Non-Residents
**All About Bulbs!**
Are you looking for ways to get a jump on your flower gardens for next year? New to planting and don’t want to wait for spring? Then this class is for you! In All About Bulbs, a Master Gardener will instruct you how to plant yet this fall for a sensational spring color! Topics covered will include bulb types, choosing the best bulbs, which bulbs can grow in Wisconsin, forcing bulbs, overwinter tender bulbs and much more! All attendees will receive handouts to bring information home.

**Activity Code:** 2RAE4224  
(Activity codes listed below)

**Milw School of Language .............ML01**  
Thu, Sep 29, 6:30PM- 8:30PM  
$8 Residents/$12 Non-Residents

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**LANGUAGE SKILLS**

**German**
Get in touch with Milwaukee’s roots and learn German! Taught by a certified German teacher, this course will use immersion techniques to help you speak, read and understand German. Course topics include introducing yourself, talking about your hobbies, family and food as well as telling time and vocabulary for body parts, animals and colors. Handouts will be provided in class.

**Activity Code:** 2RAE4402  
(Activity codes listed below)

**Parkside .............................FR01**  
Mon, Sep 19-Nov 7, 6:00PM- 7:30PM  
$33 Residents/$49.50 Non-Residents

**Parkside .............................FR02**  
Mon, Nov 28-Jan 9, 6:00PM- 7:30PM  
$22 Residents/$33 Non-Residents

**Introduction to French**

**Activity Code:** 2RAE4410  
(Activity codes listed below)

**Parkside .............................FR01**  
Mon, Sep 19-Nov 7, 6:00PM- 7:00PM  
$23 Residents/$34.50 Non-Residents

**Parkside .............................FR02**  
Mon, Nov 28-Jan 9, 6:00PM- 7:00PM  
$23 Residents/$34.50 Non-Residents

**Italian Language Survival Skills**

**Activity Code:** 2RAE4411  
(Activity codes listed below)

**Parkside .............................FR01**  
Mon, Sep 19-Nov 7, 6:30PM- 8:00PM  
$33 Residents/$49.50 Non-Residents

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**Winterizing Your Garden and Flower Beds**
You worked hard all spring and summer long to have the perfect garden or flower bed, but don’t make the mistake of thinking your job is now complete. Cleaning up and preparing your garden for winter will give it a boost for next year’s growing season. Join this class and learn from a Master Gardener on how to properly winterize and build your soil in anticipation of a prosperous spring! All attendees will receive handouts to bring information home.

**Activity Code:** 2RAE4225  
(Activity codes listed below)

**Milw School of Language .............ML01**  
Thu, Oct 27, 6:30PM- 8:30PM  
$8 Residents/$12 Non-Residents

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**Sign Language**
This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure.

**Activity Code:** 2RAE4405  
(Activity codes listed below)

**Marshall ..............................MR01**  
(Low 1)  
Mon, Sep 26-Nov 14, 6:00PM- 7:00PM  
$23 Residents/$34.50 Non-Residents

**Marshall ..............................MR02**  
(Low 2)  
Mon, Nov 26-Nov 14, 7:15PM- 8:15PM  
$23 Residents/$34.50 Non-Residents

**Milw School of Language .............ML01**  
(Low 1)  
Thu, Sep 29-Nov 17, 6:30PM- 7:30PM  
$23 Residents/$34.50 Non-Residents

**Milw School of Language .............ML01**  
(Low 2)  
Wed, Sep 26-Nov 14, 6:00PM- 7:00PM  
$33 Residents/$49.50 Non-Residents

**Milw School of Language .............ML01**  
(Low 1)  
Mon, Sep 26-Nov 14, 6:30PM- 8:00PM  
$33 Residents/$49.50 Non-Residents

**Introduction to Chinese/ Mandarin**
China plays an important role in our global village. Mr. Wang is a great teacher who helps you build the foundation of learning the Chinese language and its culture. It is a great enrichment class for high school/college foreign language learners and for business travel as well. No book is required; handouts will be provided in class.

**Activity Code:** 2RAE4410  
(Activity codes listed below)

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**Mandarin**

**Activity Code:** 2RAE4405  
(Activity codes listed below)

**Milw School of Language .............ML01**  
Mon, Sep 26-Nov 14, 6:00PM- 7:00PM  
$33 Residents/$49.50 Non-Residents

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**Italian**
Ciao! Learn the basics of the Italian language, including basic vocabulary and essential grammar. Become familiar with the traditions and culture of the country shaped like a boot. Grazie!

**Activity Code:** 2RAE4404  
(Activity codes listed below)

**Parkside .............................FR01**  
Wed, Sep 21-Nov 9, 6:00PM- 7:00PM  
$33 Residents/$49.50 Non-Residents

**Parkside .............................FR02**  
Wed, Nov 30-Jan 11, 6:00PM- 7:30PM  
$22 Residents/$33 Non-Residents

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Spanish Conversation
The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on basic vocabulary, pronunciation and essential grammar, through reading, writing and conversational practice. You can purchase the textbook for $14.00 (cash or check only) on the first day of the class.

Activity Code: 2RAE4406 (Section codes listed below)

Bay View ........................................ BV01
   (Level 1)
   Tue, Sep 27-Nov 15, 6:00PM- 7:30PM
   $33 Residents/$49.50 Non-Residents

Bay View ........................................ BV02
   (Level 2)
   Tue, Sep 27-Nov 15, 7:30PM- 9:00PM
   $33 Residents/$49.50 Non-Residents

Hamilton ....................................... HA01
   (Level 1)
   Sat, Sep 24-Nov 12, 12:00PM- 1:00PM
   $23 Residents/$34.50 Non-Residents

Milw School of Language ...................... ML01
   (Level 1)
   Wed, Sep 28-Nov 16, 6:30PM- 8:00PM
   $33 Residents/$49.50 Non-Residents

Milw School of Language ...................... ML02
   (Level 2)
   Wed, Sep 28-Nov 16, 8:00PM- 9:00PM
   $23 Residents/$34.50 Non-Residents

Riverside ...................................... RS01
   (Level 1)
   Mon, Sep 26-Nov 14, 6:00PM- 7:30PM
   $33 Residents/$49.50 Non-Residents

Riverside ...................................... RS02
   (Level 2)
   Mon, Sep 26-Nov 14, 7:30PM- 9:00PM
   $33 Residents/$49.50 Non-Residents

Riverside ...................................... RS03
   (Level 3)
   Thu, Sep 29-Nov 17, 6:00PM- 7:30PM
   $33 Residents/$49.50 Non-Residents

Introduction to Albanian
Do you enjoy learning about new languages and cultures? Then join us for this exciting new class taught by a native Albanian. Participants will learn the basics of conversation in addition to other aspects of the culture of this small Mediterraneand country. The last day of class will consist of a true cultural experience of Albanian food and music as you get to practice your new conversation skills with members of the instructor's family. Fee includes food cost and is non-refundable.

Activity Code: 2RAE4412 (Section codes listed below)

Milw School of Language ...................... ML01
   Thu, Sep 29-Nov 17, 6:30PM- 7:30PM
   $27 Residents/$34.50 Non-Residents

MARTIAL ARTS

Judo
Judo or ‘gentle way/technique’ focuses on manipulating an opponent’s force against him/her rather than confronting it with one’s own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students Interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed Judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with youth class.

Activity Code: 2RAE4501 (Section codes listed below)

MacDowell ...................................... JU01
   (Beg.)
   Mon, Sep 26-Nov 14, 6:30PM- 7:30PM
   $25 Residents/$37.50 Non-Residents

MacDowell ...................................... JU02
   (Adv.)
   Mon, Nov 28-Dec 19, 7:30PM- 8:30PM
   $15 Residents/$54 Non-Residents

Tae Kwon Do
Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

Activity Code: 2RAE4503 (Section codes listed below)

Hamilton (Ages 15 & up) ...................... HA01
   (White Belt)
   Mon/Wed, Sep 26-Nov 16, 7:00PM- 8:00PM
   $43 Residents/$64.50 Non-Residents

Madison (Ages 15 & up) ....................... MA01
   (White, Orange, & Yellow Belt)
   Thu, Sep 29-Nov 17, 7:00PM- 8:00PM
   $27 Residents/$40.50 Non-Residents

Riverside (Ages 15 & up) ..................... RS01
   (Beg. white-yellow belts, combined with youth class)
   Mon/Wed, Sep 26-Nov 16, 6:00PM- 6:45PM
   $40.50 Residents/$60.75 Non-Residents

Riverside (Ages 15 & up) ..................... RS02
   (Black belts only, all ranks, all ages)
   Mon/Wed, Sep 26-Nov 16, 8:00PM- 8:45PM
   $40.50 Residents/$60.75 Non-Residents

Riverside (Ages 15 & up) ..................... RS06
   (Black belts only, all ranks, all ages)
   Mon, Sep 26-Nov 14, 8:00PM- 8:45PM
   $20 Residents/$30 Non-Residents

Riverside (Ages 15 & up) ..................... RS04
   (Black belts only, all ranks all ages)
   Sat, Oct 1-Nov 19, 11:45AM-12:30PM
   $23 Residents/$34.50 Non-Residents

Riverside (Ages 15 & up) ..................... RS03
   (All Ranks, white-red/black)
   Sat, Oct 1-Nov 19, 12:30PM- 1:15PM
   $23 Residents/$34.50 Non-Residents

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Women’s Self-Defense
Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.

Activity Code: 2RAE4504
(MacDowell
JU01
Wed, Sep 28-Nov 16, 7:00PM- 8:00PM
$23 Residents/$34.50 Non-Residents)

Drums
Aspiring drummers will learn rhythm, accents, drum rolls and style. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.

Activity Code: 2RAE4603
(MacDowell
JU01
Fri, Sep 23-Nov 11, 6:00PM- 7:00PM
$23 Residents/$34.50 Non-Residents)

(MacDowell
BN01
Fri, Dec 2-Jan 13, 6:00PM- 7:00PM
$16 Residents/$24 Non-Residents)

Songwriting 101
No matter what age, aspiring to be a great musician (or even good one) goes beyond merely practicing. Taught by Dennis Dykstra, learn the basics of music theory including ear training and songwriting. Let us help you become a better performer and increase your options as a musician. Don’t bring an instrument to the first class. Class is combined with youth class.

Activity Code: 2RAE4601
(Hamilton
HA01
Wed, Sep 28-Nov 16, 6:00PM- 7:30PM
$33 Residents/$49.50 Non-Residents)

Bass Guitar
Learn the basics, theory, riffs and chord progressions. Bring your own bass guitar. Class is combined with youth class. Class is taught by Dennis Dykstra.

Activity Code: 2RAE4602
(Hamilton
HA01
Begin.
Thu, Sep 29-Nov 17, 6:00PM- 7:30PM
$33 Residents/$49.50 Non-Residents)

Riverside
RS01
Begin.
Mon, Sep 26-Nov 14, 6:30PM- 8:00PM
$65 Residents/$97.50 Non-Residents

RS02
Advance.
Mon, Sep 26-Nov 14, 8:15PM- 9:15PM
$44 Residents/$66 Non-Residents

Guitar
Learn basic chords, notes, and different strumming techniques. Strum your way to fun. Bring your own guitar. Class is combined with youth class.

Activity Code: 2RAE4604
(Hamilton
BN01
Begin.
Sat, Sep 17-Nov 5, 10:30AM-12:00PM
$33 Residents/$49.50 Non-Residents)

Beulah Brinton
BN02
Int.
Sat, Sep 17-Nov 5, 12:15PM- 1:45PM
$33 Residents/$49.50 Non-Residents

Beulah Brinton
BN01
Begin.
Sat, Dec 3-Jan 14, 10:30AM-12:00PM
$22 Residents/$33 Non-Residents

Beulah Brinton
BN02
Int.
Sat, Dec 3-Jan 14, 12:15PM- 1:45PM
$22 Residents/$33 Non-Residents

Riverside
RS01
Begin.
Mon, Sep 26-Nov 14, 1,30PM- 8:00PM
$65 Residents/$97.50 Non-Residents

RS02
Advance.
Mon, Sep 26-Nov 14, 8:15PM- 9:15PM
$44 Residents/$66 Non-Residents

Piano
No matter what you do in life, it’s always important to start with the basics. This class will give beginning piano enthusiasts an introduction to the keyboard, keys, scales, chords, melodies, and note reading. Class is combined with youth class (excluding semi-private). Semi-private classes have a maximum enrollment of 4, the class fee includes books, and is non-refundable. Keyboards are provided for all classes.

Activity Code: 2RAE4607
(Marshall
MR01
Begin.
Thu, Sep 29-Nov 17, 6:00PM- 7:00PM
$50 Residents/$75 Non-Residents)

Marshall
MR02
Int.
Thu, Sep 29-Nov 17, 7:00PM- 8:00PM
$50 Residents/$75 Non-Residents

Milw School of Language
ML01
Begin.
Mon, Sep 26-Nov 14, 6:30PM- 7:30PM
$50 Residents/$75 Non-Residents

Drums
Aspiring drummers will learn rhythm, accents, drum rolls and style. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.

Activity Code: 2RAE4603
(MacDowell
JU01
Fri, Sep 23-Nov 11, 6:00PM- 7:00PM
$23 Residents/$34.50 Non-Residents)

(MacDowell
BN01
Fri, Dec 2-Jan 13, 6:00PM- 7:00PM
$16 Residents/$24 Non-Residents)
**Rock Band**  
Join the band, learn some advanced songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience required. Class is combined with youth class.  
*Activity Code: 2RAE4608 (Section codes listed below)*

Beulah Brinton .............................. BN01  
Sat, Sep 17-Nov 5, 4:00PM-6:00PM  
$43 Residents/$64.50 Non-Residents

Beulah Brinton .............................. BN02  
Sat, Dec 3-Jan 14, 4:00PM-6:00PM  
$28 Residents/$42 Non-Residents

**Introduction to Harmonica**  
Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a ‘Key of C’ harmonica. Class is combined with youth class.  
*Activity Code: 2RAE4611 (Section codes listed below)*

Hamilton ........................................... HA01  
(Beg)  
Tue, Sep 27-Nov 15, 6:00PM-7:00PM  
$23 Residents/$34.50 Non-Residents

Hamilton ........................................... HA02  
(Int)  
Tue, Sep 27-Nov 15, 7:15PM-8:15PM  
$23 Residents/$34.50 Non-Residents

**Sing Out!**  
Do you want to learn to sing or sing with more confidence and control? Work on basic vocal techniques. Learn proper breathing, voice inflection, range and ear training. Class is combined with youth class.  
*Activity Code: 2RAE4609 (Section codes listed below)*

Hamilton ........................................... HA01  
Wed, Sep 28-Nov 16, 7:45PM-8:45PM  
$23 Residents/$34.50 Non-Residents

**Record Your Music**  
Whether you have taken a Milwaukee Recreation music class, or you are just musically inclined, take the next step and come to National Recording LLC. You will have access to music production, recording, mixing and mastering, and you will learn from someone with 38 years in the business. Class will meet at National Recording LLC, located at 1031 W. National Ave. Class fee is non-refundable and not eligible for reduced fees.  
*Activity Code: 2RAE4610 (Section codes listed below)*

Beulah Brinton .............................. BN01  
Sat, Sep 10, 9:00AM-10:30AM  
$16 Residents/$24 Non-Residents

**Geocaching**  
Geocaching is a fun and healthy outdoor treasure hunting game that is enjoyed by children and adults. Using GPS devices or GPS-enabled smartphones, players navigate to a specific set of coordinates then attempt to find a hidden cache. Each cache varies in size and function. Some are quite easy to find while others are very difficult to locate. This class will introduce you the basics of geocaching. You’ll learn how retrieve a cache’s GPS coordinates from the geocaching.com website, and you’ll search for caches of various types, sizes, and levels of difficulty. With over 2.5 million caches hidden worldwide, geocaching is an activity that you can enjoy wherever you are! Class is combined with family class.  
*Activity Code: 2RAE5012 (Section codes listed below)*

MacDowell ......................................... JU01  
Sat, Oct 1, 10:00AM-12:00PM  
$10.50 Residents/$12 Non-Residents

**Checkmate Chess Club**  
If you are interested in learning how to play chess or already know how, this class is for you. Players of all skill levels welcome. Don’t get ‘rooked’ by your friends for not playing chess. Be the ‘king’ or ‘queen’ of your block. Chess game supplied. Class combined with youth class.  
*Activity Code: 2RAE4901 (Section codes listed below)*

North Division ................................. ND01  
Sat, Sep 24-Nov 12, 11:00AM-12:00PM  
$23 Residents/$34.50 Non-Residents

**Urban Hiking: Havenwoods State Forest**  
Come explore Milwaukee’s own state forest! This former missile base turned natural area is a hidden gem within city borders. Join Brew City Safari owner, Christian Matson-Alvirez as he takes you to nature within city limits! Class fee is non-refundable.  
*Activity Code: 2RAE5013 (Section codes listed below)*

Havenwoods State Forest  ............... HW01  
Sat, Oct 1, 12:00PM-1:30PM  
$5 Residents/$5 Non-Residents

**OUTDOOR EDUCATION**

**ORGANIZED GAMES**

**Checkmate Chess Club**  
If you are interested in learning how to play chess or already know how, this class is for you. Players of all skill levels welcome. Don’t get ‘rooked’ by your friends for not playing chess. Be the ‘king’ or ‘queen’ of your block. Chess game supplied. Class combined with youth class.  
*Activity Code: 2RAE4901 (Section codes listed below)*

North Division ................................. ND01  
Sat, Sep 24-Nov 12, 11:00AM-12:00PM  
$23 Residents/$34.50 Non-Residents
PERFORMING ARTS

Acting I and Community Theater
Explore your abilities to imagine, create, and present with this beginner acting class. Learn the basic skills, concepts and methods of acting. Develop articulation and timing as you work with monologues and build confidence as you perform in front of your peers.
Activity Code: 2RAE5301
(Rest of text is not visible)

Juggling
Juggling is a great way to increase hand-eye coordination and balance in a fun and exciting environment. Students will learn the basic elements of juggling and have the opportunity to practice their new skill with a trained juggler. Fee includes supply cost and is non-refundable. Class is combined with youth class.
Activity Code: 2RAE5307
(Rest of text is not visible)

ROMANTIC STORY OF SCENT

Learn about scents and their effect on the mind and body. You can create scent appeal with natural oils and fragrances from your home. You will discover what scents bring love and what common household spice may bring you money. Also, learn how color can create more love and energy. A $7.00 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.
Activity Code: 2RAE5407
(Rest of text is not visible)

PERSONAL SKILLS

Digital Photography
Learn how to frame a shot and make your pictures magical. Ideas of subject matter and placement will be addressed. Enroll if you are unsure how to use your camera. 1st class: Bring your photo ideas. 2nd class: The fruits of your labors will be developed. Digital camera required at each class.
Activity Code: 2RAE5403
(Rest of text is not visible)

Glycerin Soap Making
Create mini guest glycerin soaps. Learn to mold, add scent and colorant to make lovely soaps to impress your guest who come to visit. Fee includes supply cost and is non-refundable.
Activity Code: 2RAE5404
(Rest of text is not visible)

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED NOV. 24-28 & DEC. 23-JAN 2
Procrastination Elimination
Do you suffer from procrastination? Learn tools to move in a productive direction! In this workshop, you will learn how the producer thinks differently than the procrastinator, how to have fun and get things done, and to have a more stress-free life - all while becoming much more productive! Class fee is non-refundable.
Activity Code: 2RAE5414
(Section codes listed below)
Riverside ................................. RS01
Mon, Oct 3, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents
Riverside ................................. RS03
Sat, Nov 5, 10:00AM-12:00PM
$8 Residents/$12 Non-Residents

Numerology
Find out the meaning in your life behind numbers! Discover your personal numbers, including your birth number and current year number. Discuss the significance of your favorite or lucky number and how the world of numbers is mystifying, fascinating and available to everyone. Class fee is non-refundable.
Activity Code: 2RAE5426
(Section codes listed below)
Beulah Brinton ............................. BN01
Sat, Nov 5, 2:30PM- 4:30PM
$8 Residents/$12 Non-Residents

PROFESSIONAL SKILLS

Tongue Tied to Top Notch
(Intro to Public Speaking)
You have just been asked to give a presentation...now what? Do you get weak in the knees or break into a cold sweat at the mere thought of standing up in front of a group? Rest assured, you are not alone. Despite how it feels, public speaking is not fatal. Three out of four people have some level of speech anxiety. Join us in this 2 hour introductory workshop and begin your path to being more confident with your presentation skills. Class fee is non-refundable.
Activity Code: 2RAE1405
(Section codes listed below)
Cooper ................................. CP01
Thu, Nov 3, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents
Milw School of Language ............. ML01
Thu, Oct 13, 6:30PM- 8:30PM
$8 Residents/$12 Non-Residents

How About a Health Career?
If you’ve considered a job in healthcare, especially in nursing, the MATC CNA program could be just what you need! Can you imagine yourself working with patients daily; listening to them, and engaging them in friendly conversation as you provide much needed care? As the front line member of the health care team the CNA works alongside registered nurses, physical and occupational therapists, doctors, medical assistants and technologists! Join us for this informative discussion and you’ll soon know whether you have what it takes to enjoy a career in nursing! Class fee is non-refundable.
Activity Code: 2RAE1406
(Section codes listed below)
Hamilton (Ages 16 & up) ............. HA01
Sat, Oct 15, 10:00AM-11:00AM
$5 Residents/$7.50 Non-Residents

iPad/iPhone-Tips, Tricks, and Techniques
This class is specific to Apple iPhone, iPad and iPad Mini devices. Learn some tips, tricks and techniques to navigate, organize, backup and add apps to your iPhone, iPad, or iPad mini device.
Activity Code: 2RAE5422
(Section codes listed below)
Riverside ................................. RS01
Wed, Nov 2, 6:30PM- 8:30PM
$12 Residents/$18 Non-Residents

The Camera in Your Smartphone
It’s a camera, it’s a photo album, it’s a television- it’s your phone. Learn about the apps, tips, tricks and limitations of iPhone/ Android smartphone/ tablet for pictures and video. This class will cover your smartphone/tablet’s camera, backup options, email and messaging.
Activity Code: 2RAE5423
(Section codes listed below)
Riverside ................................. RS01
Wed, Nov 9, 6:30PM- 8:30PM
$12 Residents/$18 Non-Residents

You are Capable: Become an Entrepreneur
Taking what you’re passionate about and turning it into a business is a great step in life. There will be challenges as well as successes. You are Capable helps you envision your options as an entrepreneur, the various structures of business that are beneficial to you, and the future opportunities that come with turning your passion into a sustainable income.
Activity Code: 2RAE1407
(Section codes listed below)
MacDowell ............................. JU01
Wed, Oct 12-Nov 16, 6:30PM- 7:30PM
$18 Residents/$27 Non-Residents

Develop a Radio Personality
Learn the ins and outs of being a radio personality. Learn from a veteran radio announcer on how to create the voice that inspires people to hear you day after day. Before long your friends will be impressed with your new found professional voice.
Activity Code: 2RAE1408
(Section codes listed below)
Hamilton ............................. HA01
Wed, Sep 28-Oct 26, 6:30PM- 7:30PM
$15.50 Residents/$23.25 Non-Residents

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RESILIENCY TRAINING

Make Your Own: Natural Body Lotions

Wintertime is the time to learn how to create your own wonderfully soothing body lotion that will just melt into your skin and sooth dry, cracked skin. In this class, we will learn how to combine extremely moisturizing natural ingredients for a blend that is rich and satisfying. You’ll be able to add your own scent to create a lotion that is uniquely yours. Everyone will go home with a 4 oz container. Fee includes supply cost and is non-refundable.

Activity Code: 2RAE5703
(Activity codes listed below)

Hamilton (Ages 16 & up) .................. HA01
Thu, Oct 6, 6:00PM- 8:00PM
$15 Residents/$22.50 Non-Residents

Acorn Muffins

In the Fall, we are surrounded by an abundant food source that is both nutritious and easy to use. Learn this age old tradition of processing acorns to create a wonderfully protein rich flour and create a delicious muffin with the flour. An all-natural drink will be provided to wash down your treat. Fee includes supply cost and is non-refundable.

Activity Code: 2RAE5710
(Activity codes listed below)

Hamilton ........................................ HA01
Thu, Oct 13, 6:00PM- 8:00PM
$15 Residents/$22.50 Non-Residents

EDIBLE COOKING - WILD GRAPE AND MULBERRY

Delicious, nutritious food is available in the fall, easily found in city parks, yards, and neighborhoods. Two favorites, wild grapes and mulberries are plentiful. If you have never tried these antioxidant powerhouses, now is the time! Participants will learn how to easily identify these plants and how and when to harvest them. The class will then create two wonderful recipes that are easily recreated at home. Fee includes supply cost and is non-refundable.

Activity Code: 2RAE5711
(Activity codes listed below)

Hamilton ....................................... HA01
Thu, Oct 20, 6:00PM- 8:00PM
$22.50 Residents/$15 Non-Residents

SPORTS AND RECREATION

NEW

30+ Basketball

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

Activity Code: 2RAE6201
(Activity codes listed below)

Beulah Brinton (Ages 30 & up) ...... BN01
Mon, Sep 12-Oct 31, 6:00PM- 9:00PM
$33 Residents/$49.50 Non-Residents

Beulah Brinton (Ages 30 & up) ...... BN02
Mon, Nov 7-Jan 2, 6:00PM- 9:00PM
$33 Residents/$49.50 Non-Residents

Tennis Lessons

Prepare for the next match. These lessons will teach you the proper forehand, backhand and ground strokes needed to move the ball when it arrives on your side of the court. Learn the proper serving techniques to make ace serves. Bring your own racquet; wear sports clothing.

Activity Code: 2RAE6204
(Activity codes listed below)

Beulah Brinton .................................. BN01
Thu, Sep 22-Nov 10, 5:00PM- 6:00PM
$23 Residents/$34.50 Non-Residents

Beulah Brinton .................................. BN02
Thu, Dec 1-Jan 12, 5:00PM- 6:00PM
$16 Residents/$24 Non-Residents

Volleyball - Co-Ed League

BUMP, SET, SPIKE! Register now for this structured coed volleyball league. The registration must be complete with team name and information for all players including address, zip code and telephone number. Game times will fluctuate from week to week. Each team will be provided schedules the first week of play. A staff member will keep score. Teams must have 3 or more females. Online registration is not available for teams or individuals. Teams and individuals must register at Beulah Brinton Community Center. Fee is per person.

Activity Code: 2RAE6203
(Activity codes listed below)

Beulah Brinton .............................. BN01
Tue, Sep 20-Dec 13, 6:00PM- 9:00PM
$36 Residents/$54 Non-Residents

Beulah Brinton .............................. BN02
Fri, Sep 23-Dec 16, 6:00PM- 9:00PM
$34 Residents/$51 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED

NOV. 24-28 & DEC. 23-JAN 2
Co-Rec Volleyball
This open volleyball play will give you the chance to practice your skills in a friendly, non-competitive environment. Bring yourself and a friend for a fun night of volleyball. Everyone plays. Wear sports clothing. Fee is per person. Please sign up early, maximum enrollment is 15.
Activity Code: 2RAE6205
(Section codes listed below)
Marshall ........................................ MR01
Wed, Sep 28-Oct 26, 7:30PM- 9:00PM
$22 Residents/$33 Non-Residents
Marshall ........................................ MR02
Wed, Nov 9-Dec 14, 7:30PM- 9:00PM
$22 Residents/$33 Non-Residents

You Got Next - Season Pass
Waiting to play your next game of basketball, but don’t have the place to go? You Got Next provides open-play opportunities for adults. Shoot around or play a full court pickup game. It’s up to you. Registration and ID required. A daily visit fee of $2 per visit for residents / $3 per visit for non-residents is also available at the site. Class fee is non-refundable.
Activity Code: 2RAE6208
(Section codes listed below)
North Division ............................. ND01
Thu, Sep 29-Nov 17, 6:30PM- 9:00PM
$10 Residents/$15 Non-Residents

Golf Lessons
Don’t know the difference between a wood and a iron, a green and fairway? Is an eagle just a large birdie? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Bringing your clubs (7 iron and putter) is not mandatory, but recommended.
Activity Code: 2RAE6212
(Section codes listed below)
Marshall ........................................ MR01
Sat, Sep 24-Nov 12, 2:30PM- 3:30PM
$23 Residents/$34.50 Non-Residents

Composting 101
This educational workshop will provide you with a comprehensive overview of the principals and applications of composting. Class will discuss the types of composting set-ups available, benefits, and the science behind composting.
Activity Code: 2RAE7701
(Section codes listed below)
Riverside ....................................... RS01
Sat, Nov 12, 1:00PM- 3:00PM
$12 Residents/$18 Non-Residents

MPS RUN BACK TO SCHOOL
AUGUST 27, 2016
MPS invites all runners and walkers to join us for the 9th Annual Run Back to School on Saturday, August 27, 2016 (rain or shine). Sign up for this event to enjoy a 5K run or 1.5 mile walk through Washington Park, followed by some great activities. All event proceeds will support MPS Youth Recreation programs. Register online at MilwaukeeRecreation.net using #5RBS3301-WF01.
ADULT TEAM SPORTS

Sign up now for our fall Adult Sports Programs! Get more details and your team registration today at www.MilwaukeeRecreation.net/adult-sports or call the Adult Sports Office at (414) 647-6046.

Fall Softball Leagues
Extend your softball season this fall with the Adult Sports Program. We offer men’s and coed leagues with sites throughout the city. Play a 10 game schedule over 5 weeks. League play begins in the first week of September.

Fall Flag Football Leagues
We’re a first round pick for football teams in the Milwaukee metro area. We offer men’s and women’s leagues! The season will culminate with an All-City Tournament. League play begins in September.

Fall Kickball Leagues
This retro sport has taken over Milwaukee! Leagues will run at various sites throughout the city. League play begins in late August.

Fall Volleyball Leagues
Join us for our 6’s women and coed volleyball league play which is hosted at 2 south side locations of Hamilton High School and Wedgewood School. League play begins in late August.

Winter Basketball Leagues
Our basketball leagues are among some of the most competitive in the Milwaukee area. We offer men’s, women’s and coed leagues. The season will culminate with an All-City Tournament. League play begins in January.

WANTED: Football Officials
If you are a past football player, a current football player, a football coach or just a football fan - we need you! Contact us and we will be your guide and resource to become formally trained, mentored and hired as a football official. It’s a great part-time job and a lot of fun.

Calling all Individual Players/Free Agents!
The Adult Sports Office only accepts TEAM registration for most sports. If you are an individual interested in participating, post a message on our free agent board at www.MilwaukeeRecreation.net. This is an excellent opportunity for individuals and teams to have fun and meet people.

KICK OR TREAT
HALLOWEEN COED KICKBALL TOURNAMENT

SATURDAY, OCT 29, 2016
10AM - 2PM
WICK PLAYFIELD

2 game guarantee
Coed teams (10 minimum, at least 4 females)
$80/team
To register contact:
AdultSports@MilwaukeeRecreation.net
Therapeutic Water Exercise
This class is designed for individuals with or without disabilities who would like to benefit from the therapeutic values water provides. Personalization of water exercises allows for variety in this course. Walk, lunge, squat, ski: water makes the possibilities limitless. Participants should be able to enter our beautiful ZERO DEPTH walk-in entry (no ladders) on his/her own or bring an attendant to assist.

Activity Code: 2RTR0301
(Activity codes listed below)

Gaenslen (Ages 18-100) ................. GS01
Sat, Sep 24-Nov 12, 3:25PM- 4:25PM
$36 Residents/$48 Non-Residents

Splish, Splash, Swim
The wave of the future begins with specialized swim instruction for individuals with disabilities. We provide 1 instructor per 4 students. Swimmers must be at least 3 years old. All tiny-tots (ages 3-6 years) must be accompanied in the water by a parent/adult. Fee for child only. Persons who cannot work in a group with 4 students and 1 instructor, or cannot stand independently in 3 1/2 feet of water, must be accompanied in the water by a parent/adult. Swimmers must be at least 4 feet tall to go in the pool without a parent/adult. Family members and nondisabled participants are not eligible for lessons. Swimmers who need assistance in the locker room must provide their own attendant. Children ages 6 and above must use the appropriate male/female locker room. Participants must provide their own towel, suit, and swim cap (caps available for $2.00). This is a Therapeutic Recreation Program for individuals with disabilities. Call (414) 647-6065 for more information.

Activity Code: 2RTR0501
(Activity codes listed below)

Gaenslen (Ages 3 & up) ................. GS01
Thu, Sep 29-Nov 17, 6:55PM- 7:55PM
$32 Residents/$64 Non-Residents

Hamilton (Ages 3 & up) ............... HA01
(No classes Oct 11 or Oct 25.)
Tue, Sep 27-Nov 29, 6:55PM- 7:55PM
$32 Residents/$64 Non-Residents

Alley Cats
Bring your friends and family; create your own bowling team. Cost includes three games of bowling, shoes, and special events. Agencies must provide support staff. You must be a registered club member to bowl. An additional fee of $6.50 per week is due at alley for bowling fees. Call (414) 647-6065 for more information. Meet at AMF Bowlero Lanes (see staff for details). Transportation is not provided. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 2RTR6601
(Activity codes listed below)

AMF Bowlero (Ages 6 & up) ........ AM01
Sat, Sep 24-Dec 10, 9:00AM-11:00AM
$5 Residents/$5 Non-Residents

Scrapbooking
Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. Call 414-647-6065 for more information. This is a Therapeutic Recreation Program for Individuals with disabilities.

Activity Code: 2RTR6603
(Activity codes listed below)

Hamilton (Ages 10 & up) ............... HA01
Wed, Sep 28-Dec 7, 6:00PM- 7:30PM
$35 Residents/$40 Non-Residents

Awesome Appetizers and Desserts Too!
Like to cook and socialize with friends? Each week we will make either a dessert or an appetizer for all to enjoy. Great ideas for entertaining at home! An $8.00 cash fee will be collected at the first meeting for additional supplies. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6602
(Activity codes listed below)

Hamilton (Ages 10 & up) ............... HA01
Wed, Sep 28-Dec 7, 7:30PM- 8:30PM
$40 Residents/$45 Non-Residents

Book Club Night
Join us for our very own Therapeutic Recreation Book Club! We will pick a book to read as a group and will read it out loud together. As we are reading, we will talk about the characters, adventures, and topics we are reading about. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6603
(Activity codes listed below)

OASIS (Ages 10 & up) ................. 5501
Tue, Sep 27-Dec 6, 6:00PM- 8:00PM
$30 Residents/$35 Non-Residents

Computer Club
Computers are a great resource. Join us as we help you explore all you can do with a computer. Word processing, e-mail, Internet, games and more. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6604
(Activity codes listed below)

OASIS (Ages 13 & up) ................. 5501
Fri, Sep 30-Dec 9, 4:00PM- 5:00PM
$30 Residents/$35 Non-Residents

Culture Cafe
Culture Cafe has been a long time favorite cooking class and one you don’t want to miss! Join us as we cook and enjoy delicious dishes from all over the world, in addition to learning fun facts about the countries they originate from. An $8.00 cash fee will be collected at the first meeting for additional supplies. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6605
(Activity codes listed below)

Hamilton (Ages 10 & up) ............... HA01
Thu, Sep 29-Dec 8, 7:00PM- 8:30PM
$40 Residents/$45 Non-Residents
Diner's Club
Good friends and great food is what you’ll find on Friday nights. We’ll create a delicious dinner each Friday evening. Enjoy our featured menu, share and your appetite. $8.00 cash fee due at first meeting for additional supplies. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6606
(Organization codes listed below)
OASIS (Ages 13 & up) ....................... 5501
Fri, Sep 30-Dec 9, 5:00PM - 7:00PM
$40 Residents/$45 Non-Residents

Friday Night Combo with Boot Camp!
Our Friday Night Combo with Boot Camp includes T.R. Boot Camp, Diner’s Club, and Moviers & Shakers. Sign up for the Combo and save $5.00! ($8.00 cash fee due at first meeting for additional supplies and a cash fee of $2 per week upon entry.) Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6607
(Organization codes listed below)
OASIS (Ages 13 & up) ....................... 5501
Fri, Sep 30-Dec 9, 4:00PM - 9:00PM
$70 Residents/$80 Non-Residents

Friday Night Combo with Games!
Our Friday Night Combo with Games includes Game and Card Night, Diner’s Club, and Moviers & Shakers. Sign up for the Combo and save $5.00! ($8.00 cash fee due at first meeting for additional supplies and cash fee of $2 per week upon entry.) Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6609
(Organization codes listed below)
OASIS (Ages 13 & up) ....................... 5501
Fri, Sep 30-Dec 9, 4:00PM - 9:00PM
$70 Residents/$80 Non-Residents

Game and Card Night
It’s game night! Join your friends for a fun night of games! We will learn and play card games, in addition to trying our luck at some of the classic favorites like UNO and Pictionary! Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6610
(Organization codes listed below)
Milw School of Language (Ages 10 & up) ML01
Thu, Sep 29-Dec 8, 7:30PM - 8:30PM
$30 Residents/$35 Non-Residents
OASIS (Ages 10 & up) ....................... 5501
Fri, Sep 30-Dec 9, 4:00PM - 5:00PM
$30 Residents/$35 Non-Residents

Movement / Yoga for Beginners
Come try this relaxing, yet effective form of exercise. We will focus on the basics: breathing, stretching, beginner moves. Wear comfortable clothing and shoes. No experience necessary. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6611
(Organization codes listed below)
Hamilton (Ages 10 & up) .................... HA01
Thu, Sep 29-Dec 8, 6:00PM - 7:00PM
$30 Residents/$35 Non-Residents
Milw School of Language (Ages 10 & up) ....................... ML01
Thu, Sep 29-Dec 8, 6:30PM - 7:30PM
$30 Residents/$35 Non-Residents

Moviers and Shakers
If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hop-hoppin’ dance party. Additional cash fee of $2.00 per week upon entry. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RTR6612
(Organization codes listed below)
OASIS (Ages 13 & up) ....................... 5501
Fri, Sep 30-Dec 9, 7:00PM - 9:00PM
$5 Residents/$5 Non-Residents

Sunday Movie Madness
Love movies? So do we, so let’s enjoy them together! On various Sundays, we will enjoy an afternoon matinee at South Shore Cinema, 7261 S. 13th St., Oak Creek. You will be notified by mail of specific movies and times after registration. The one-time $5.00 registration fee does not include the cost of the movie. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RTR6615
(Organization codes listed below)
South Shore Cinema (Ages 13 & up) VL01
Sun, Oct 2, Nov 6, and Dec 4, Various Times
$5 Residents/$5 Non-Residents

Super Saturday
Are you ready to have a Super Saturday?! Every Saturday afternoon we will have new and exciting things to do! From creating fantastic art projects to making delicious snacks to participating in exciting gym activities there’s something for everyone to enjoy! And don’t forget the awesome field trips and special events we will have throughout the season! It’s an afternoon of fun that you and your friends don’t want to miss!! Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6616
(Organization codes listed below)
Manitoba (Ages 6 & up) .................. MB01
Sat, Sep 24-Dec 10, 12:30PM - 4:00PM
$66 Residents/$76 Non-Residents
Marshall (Ages 6 & up) ................. MR01
Sat, Sep 24-Dec 10, 12:30PM - 4:00PM
$66 Residents/$76 Non-Residents
T.R. Boot Camp
Working out with friends is the best way to stay motivated! Join our TR boot camp to help get you in a routine. We will try a variety of work-outs to keep it exciting and work various muscle groups. As always, we will adapt activities so all can participate. Call (414)-647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.
Activity Code: 2RTR6617

OASIS (Ages 13 & up) .................. 5502
Wed, Sep 28-Dec 7, 6:00PM- 7:00PM
$30 Residents/$35 Non-Residents

OASIS (Ages 13 & up) .................. 5501
Fri, Sep 30-Dec 9, 4:00PM- 5:00PM
$30 Residents/$35 Non-Residents

Thursday Night Combo at Hamilton
Our Thursday Night Combo at Hamilton includes Movement & Yoga for Beginners and Culture Cafe. An $8.00 (cash only) supply fee is due to the instructor at the first class. Sign up for the Combo and save $5.00! Call (414) 647-6055 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.
Activity Code: 2RTR6618

Wednesday Night Combo
Our Wednesday Night Combo includes your choice of Scrapbooking or Card Making and Awesome Appetizers & Desserts Too. An $8.00 cash fee will be collected at the first meeting for additional supplies. Sign up for the Combo and save $5.00! Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.
Activity Code: 2RTR6620

Hamilton (Ages 10 & up) .............. HA01
(Scrapbooking and Awesome Appetizers & Desserts Too!)
Wed, Sep 28-Dec 7, 6:00PM- 8:30PM
$70 Residents/$80 Non-Residents

Hamilton (Ages 10 & up) .............. HA02
(Card Making and Awesome Appetizers & Desserts Too!)
Wed, Sep 28-Dec 7, 6:00PM- 8:30PM
$70 Residents/$80 Non-Residents

Wii Games
Have you tried Nintendo Wii, most active and exciting video games around? We will spend the evening playing various Wii games. No experience is needed, just come ready to have fun! Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.
Activity Code: 2RTR6621

OASIS (Ages 8 & up) .................. 5501
Tue, Sep 27-Dec 6, 6:00PM- 8:00PM
$30 Residents/$35 Non-Residents

Sunday Super 6 Fall
Ready to end your weekend with fun in Milwaukee?! We have planned six different exciting outings. Join as many as you like. It’s sure to be a great time! The one-time registration fee of $5 does not include the cost of the outing. Information about specific outings will be sent to you after registration. Program registration fee is nonrefundable.
Activity Code: 2RTR6628

Card Making
Do you enjoy spreading cheer to friends and family? Then this is the crafty class for you! We will design and create our own greeting cards for many events and seasons throughout the year. Fee includes supply cost and is non-refundable. This is a Therapeutic Recreation Program for individuals with disabilities.
Activity Code: 2RTR6629

Healthy Cooking
This class will teach you great ways to eat healthy! Learn to prepare nutritious and delicious meals and snacks, while enjoying the evening with friends. Let’s make eating right fun!
Activity Code: 2RTR6630

OASIS (Ages 13 & up) .................. 5501
Sun, Oct 9, Oct 16, Oct 23, Oct 30, Nov 13, and Nov 20, Various Times
$5 Residents/$5 Non-Residents

Hamilton (Ages 10 & up) .............. HA01
Wed, Sep 28-Dec 7, 6:00PM- 7:00PM
$40 Residents/$45 Non-Residents
Not disABLED sports… wheelchair and adaptive sports!

WASA currently provides wheelchair and adaptive sports for those with physical and visual impairments to over 100 athletes from 6 to 60 years old. From the beginner to the Paralympian and everything in between WASA provides an outlet to be fit, active and healthy. Join us whether you just want to recreate locally or travel competitively, WASA has a place for you. Come join the FUN! – It’s just a Different Pair of Shoes!

**Yearly schedule**

**Summer (May – Aug.)**
- Wheelchair Basketball – Adult
- Wheelchair Basketball – Youth
- Tuesday night
- Wheelchair Basketball – Skill workshop
- Saturday afternoon
- Wheelchair Rugby
- Thursday night
- Wheelchair Softball
- Thursday night
- Handcycling
- Thursday night
- Open Gym
- Friday night

**Fall (Sept. – Dec.)**
- Wheelchair Basketball – Adult
- Wednesday night
- Wheelchair Basketball – Youth
- Tuesday and Thursday night (14-18 years)
- Saturday morning (6-13 years)
- Wheelchair Rugby
- Thursday night
- Open Gym
- Friday night

**Spring (Dec. – April)**
- Wheelchair Basketball – Adult
- Wednesday night
- Wheelchair Basketball – Youth
- Tuesday and Thursday night (14-18 years)
- Saturday morning (6-13 years)
- Wheelchair Rugby
- Thursday night
- Open Gym
- Friday night

**Who can play?**

Open Gym: EVERYbody, disABILITY or not, WASA invites you to learn, try & play adaptive sports in a fun, non-competitive environment. All ages and abilities welcome!

Adaptive Sport teams:

These sports are for many more than you think! You do not have to be a wheelchair user, we help you find which sport works best, qualifying injuries can be as little as:

- Permanent orthopedic impairments, such as but not limited to:
  - significant ligament instability/damage
  - arthritis, knee replacement
- Spinal Cord Injuries / Paraplegics
- Spina Bifida
- Cerebral palsy
- Muscular dystrophy
- Lower limb amputees
- Visual impairments
- And many more...

To sign up contact:

Sam Gracz, CTRS
Program Director
Wisconsin Adaptive Sports Association, Inc.
501(c)(3) tax exempt, nonprofit organization

Phone: 414-430-6543
Email: sam@wisconsinadapitivesports.org
TEAM MILWAUKEE SPECIAL OLYMPICS

Team Milwaukee is a registered agency with Special Olympics Wisconsin.

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in Area/State Special Olympics competitions, individuals must be 8 years or older and have completed the required Special Olympics medical form. Come join the fun!

YEARLY SCHEDULE:

FALL
Sports Season
(September - December)

Bowling
• Marquette University Union Annex
• Burnham Bowl
• AMF West
• AMF Bowlero

Volleyball
• Audubon Middle School

Flag Football
• Wick Field

WINTER
Sports Season
(December - April)

Team Basketball & Basketball Skills
• Audubon Middle Sch.
• Wedgewood Park International
• Hi-Mount

Gymnastics - Rhythmic
• Juneau Campus

SPRING
Sports Season
(March - June)

Track & Field
• Hamilton High School
• Marshall High School

Soccer
• Audubon Middle School

Swimming (Feb.-June)
• Hamilton

SUMMER
Sports Season
(May - August)

Softball
• 78th St. Field
• 88th St. Field
• Bryant Field

T-Ball
• 88th St. Field

Bocce
• Juneau Field

HOW TO SIGN UP AND THE COST:

There is a $25 one-time registration fee required per sport.

Milwaukee Recreation is pleased to offer online registration for Team Milwaukee Special Olympics. Simply visit MilwaukeeRecreation.net, click “Online Registration” and then click on the “Search Programs” tab to find Special Olympics.

Of course, you can still call (414) 647-6044 if you would like us to send you a paper registration form.
Pickleball

Pickle-ball is one of the fastest growing sports in the country! Pickleball is an enjoyable and fun game that is played on a badminton court with a lower net. The sport uses a perforated plastic ball and a wood or composite paddle. It is easy for beginners to learn and play, but at the same time it can offer a quick, fast-paced, competitive game for experienced pickleballers. Come join us for open play or instruction from our avid pickle-ball players.

Activity Code: 2R550101
(Section codes listed below)

Juneau Playfield ......................... JU02
(Open Play - No drop-in fee available at this site. We will move indoors to play at Pulaski HS starting Saturday, October 22-December 17.)
Sat, Sep 10-Dec 17, 9:00AM-12:00PM
$15 Residents/$20 Non-Residents

Juneau Playfield ......................... JU01
(Open Play - No drop-in fee available at this site. Starting October 22-December 14 the Wednesday class will move to Saturday and play indoors at Pulaski HS.)
Wed, Sep 14-Dec 17, 9:00AM-12:00PM
$15 Residents/$20 Non-Residents

Sijan Playfield ......................... KP02
(Int./Adv., 3.0 or higher - Open Play. Drop-in fee is $3 per day. We will move indoors to play at Bayview HS starting Tuesday, October 18-December 13.)
Tue, Sep 13-Dec 13, 5:30PM-8:30PM
$15 Residents/$20 Non-Residents

Sijan Playfield ......................... KP01
(Int./Adv., 3.0 or higher - Open Play. Drop-in fee is $3 per day. We will move indoors to play at Bayview HS starting Thursday, October 20-December 15.)
Thu, Sep 15-Dec 15, 5:30PM-8:30PM
$15 Residents/$20 Non-Residents

ADULT SWIM

Swimming - Open (Senior)
To participate in the open swim program, swimmers will need to purchase a swim pass through the O.A.S.I.S. Center for $15.00. A family pass may be purchased for $20.00. Swim passes are valid from Sept. 1, 2016 through Aug. 31, 2017. Swimmers without a swim pass will be required to pay the daily swim fee of $1.00. Participants must provide their own towel, suit and swim cap.

Activity Code: 2R550401
(Section codes listed below)

South Division (Ages 50 & up) ........ SD01
Mon/Wed/Fri, Sep 12-Dec 16, 7:10AM-8:10AM
$15 Residents/$20 Non-Residents

OASIS
(Organization for Active Seniors in Society)
2414 W. Mitchell Street, Milwaukee, WI 53204-3025.

Membership is required for participation in all programs at the OASIS Center.
Membership cards are available at the OASIS Senior Center for $10 for city of Milwaukee residents and $20 for non-residents.
Membership fee is good for one year from purchase date.

Program Locations: Brinton Community Center (2555 S. Bay Street), Enderis Field House (2938 N. 72nd St.), OASIS (2414 W. Mitchell St.), Juneau Field House (6500 W. Mt. Vernon Ave.), South Division High School (1515 W. Lapham Blvd.), and St. Mark A.M.E. (1530 W. Atkinson Ave.).

ACTIVE OLDER ADULTS PROGRAM
Make your life more fulfilling by joining the Active Older Adults Program! The program provides active fitness, educational and recreational offerings for senior adults, fifty years and older. In addition to travel, classes, clubs and leagues, various services and volunteer opportunities are available. Activities are held indoors and outdoors, daytime, and some weekends.
**ARTS CRAFTS**

**Beginner Beading**
Use your creative skills to design and make beautiful jewelry with beading. Learn the basics of beginning beading including stringing, cramping and attaching clasps. Create your own wearable works of art. Participants should bring their own beads or purchase a kit from instructor for $5.00 (cash only). String, crimping beads, clasps, glue and tools will be provided. Class fee is non-refundable.

Activity Code: 2R550901

**OASIS (Ages 50 & up) .................. 5501**
(*Gift* Beading)
Thu, Dec 1, 9:00AM-11:00AM
$5 Residents/$10 Non-Residents

**Craft Club**
Enjoy making a variety of craft projects (jewelry making and scrapbooking at Enderis) while socializing with wonderful people. Projects vary weekly. Class fee is non-refundable.

Activity Code: 2R550903

**Enderis Playfield (Ages 50 & up) ......EF01**
Tue, Sep 13-Nov 29, 9:00AM-12:00PM
$6 Residents/$12 Non-Residents

**Needlecraft Circle**
Learn to knit or continue your knitting know-how with a project during the off season. Learn the basics, emphasis on pattern reading, gaining confidence and problem solving. Please bring a short pair of needles, size 8 and yarn. Free with O.A.S.I.S. Center Membership.

Activity Code: 2R550904

**OASIS (Ages 50 & up) .................. 5501**
(O.A.S.I.S. Membership Required. See fees above.)
Wed, Sep 14-Dec 14, 9:00AM-11:00AM
FREE

**Drawing & Painting**
Time for a new hobby? Have you always wanted to learn to paint and draw? Basic drawing and painting techniques will be provided in this basic drawing and painting class. Students will explore line, shape and color!! All levels of experience are welcome!

Activity Code: 2R550902

**OASIS (Ages 50 & up) .................. 5501**
(O.A.S.I.S. Membership Required. See fees above.)
Mon/Wed/Thu, Nov 7-Nov 10, 9:30AM-11:30AM
$20 Residents/$25 Non-Residents

**COMPUTERS**

**Computer for Absolute Beginners**
If you are brand new to computers then this class is for you! This is a practical, hands-on class that will explain the fundamentals of using a computer with easy to understand terms. We will discuss the mouse and the keyboard in detail. We will learn some of the basics of Windows7. (Windows8 not available at the O.A.S.I.S.) Bring your questions to class and go home with the answers!

Activity Code: 2R551501

**OASIS (Ages 50 & up) .................. 5501**
Mon/Wed/Thu, Oct 31-Nov 3, 9:30AM-11:30AM
$20 Residents/$25 Non-Residents

**Internet for Absolute Beginners**
Let’s talk about the world’s largest encyclopedia in understandable terms. This class provides an overview of how to search the Internet for information that matters to YOU. We’ll learn how to use a search engine called Google, which is a powerful and easy-to-learn tool that helps you ‘surf the internet’ in seconds! We will talk about the top Internet websites and visit them, too! Finally, we will discuss a few do’s and don’ts of Internet browsing with safety in mind. We will learn some of the basics of Windows7. (Windows8 not available at the O.A.S.I.S.) Bring your questions to class and go home with the answers!

Activity Code: 2R551502

**OASIS (Ages 50 & up) .................. 5501**
Mon/Wed/Thu, Nov 7-Nov 10, 9:30AM-11:30AM
$20 Residents/$25 Non-Residents

**Computer Lab**
Surf the net, send emails, write letters or research current events! Our computer lab is open to utilize on a first come first serve basis. Lab is closed during class times. Free with O.A.S.I.S. Center Membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information.

Activity Code: 2R551504

**OASIS (Ages 50 & up) .................. 5501**
(O.A.S.I.S. Membership Required. See fees above.)
Mon-Fri, Sep 12-Dec 16, 8:00AM-3:00PM
FREE

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**Milwaukee County Senior Dining Program**

**Beulah Brinton Community Center**
2555 South Bay Street

**Oasis**
2414 W. Mitchell Street

For all Milwaukee County Adults 60 years and older. A great place to enjoy good food and to meet new friends! Register for your senior dining card at any Milwaukee County senior dining program site.

Meals are served at 11:30am Monday through Friday. For more information call 414-289-6995.

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**www.MilwaukeeRecreation.net**
**FINANCE**

**AARP Foundation Finances 50+**

This program is designed to motivate and empower participants to take charge of their financial future and make the most of the financial resources that you have. Finances 50+ materials cover budgeting and goal setting, taking charge of credit and debt, and developing a savings plan and protecting your assets. Small group workshops are led by a trained facilitator.

*Activity Code: 2R553401 (Section codes listed below)*

**Marshall (Ages 50 & up)................ Mr01**

Sat, Oct 8-Oct 22, 10:00AM-11:30AM

FREE

**OASIS (Ages 50 & up).................. 5501**

Wed, Sep 21-Oct 5, 8:00PM- 7:30PM

FREE

**FITNESS**

**Arthritis Exercise**

This program features gentle, joint-safe exercises developed specifically for people with arthritis to help relieve stiffness, decrease arthritis pain and improve balance. The course incorporates the optional use of resistance bands and weights for an added workout as well as interactive health education lessons and stress-reducing relaxation techniques to help participants better manage their arthritis. The low-impact exercises can be done while sitting, standing or on the floor. Led by certified yoga instructors. Class is non-refundable.

*Activity Code: 2R553501 (Section codes listed below)*

**OASIS (Ages 50 & up).................. 5501**

(No Classes November 11-November 25)

Fri, Oct 7-Dec 16, 11:15AM-12:15PM

$16 Residents/$32 Non-Residents

**Move It or Lose It**

Ty from our fitness center will motivate you to get moving. Exercise to different fitness videos every week. Working out can help you feel energetic and young! Do not miss the fun! All levels welcome!

Class fee is non-refundable.

*Activity Code: 2R553502 (Section codes listed below)*

**OASIS (Ages 50 & up).................. 5501**

Mon, Sep 12-Nov 14, 12:30PM- 1:30PM

$5 Residents/$10 Non-Residents

**Zumba Gold**

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.

*Activity Code: 2R553503 (Section codes listed below)*

**Chair Yoga**

People of all abilities experience greater health and well-being in this chair yoga plus strength exercise class. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance and breathing and an overall sense of greater well being. Free with O.A.S.I.S. Center Membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information.

*Activity Code: 2R553508 (Section codes listed below)*

**Gentle Yoga**

You can be fit at any age and healthy at any size. Registered yoga instructor, Gail Vella, will help you learn to let go of stress, relax and breathe as you strengthen your body and calm your mind.

*Activity Code: 2R553504 (Section codes listed below)*

**Fitness Center**

Come and be active at the O.A.S.I.S. Fitness Center. A full range of exercise equipment is available for you to utilize. Assistance is provided on certain days and times. Open year round! O.A.S.I.S. center membership along with a signed waiver and an orientation are required. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information.

*Activity Code: 2R553509 (Section codes listed below)*
### HEALTH AND WELLNESS

**Blood Pressure Check**

Have your blood pressure checked regularly by nursing students from Marquette University. No appointment or O.A.S.I.S. membership necessary. Days of screenings vary, please contact 414-647-6053 for specific dates.

*Activity Code: 2R554101 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Tue/Thu, Sep 13-Dec 8, 9:30AM-11:30AM**
**FREE**

**TOPS Club, Inc.**

Established in 1948 to champion weight loss support and success, TOPS has helped millions of people live healthier lives. Join us today! Please call 414-647-6053 for more information. There is a yearly membership fee of $32.00 for TOPS. The payment will be collected by the group leader.

*Activity Code: 2R554102 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Wed, Sep 14-Dec 14, 10:00AM-10:45AM**
**FREE**

### MUSIC

**Harmonica Lessons**

The harmonica is more than a musical instrument; it is also an effective tool for those suffering from lung disease to improve their breathing. Students will learn basic techniques on the harmonica. You will have fun while learning to play with instructor Margarita Wisniewski. Class fee is non-refundable.

*Activity Code: 2R554601 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Thu, Sep 15-Oct 6, 10:00AM-11:00AM**
**$5 Residents/$8 Non-Residents**

**String Ensemble**

Play show tunes and classical music on violin, viola, cello or bass. Musicians with some experience are welcome. Join us in making beautiful music. On-line registration is not available. Call 647-6053 for more information. Free with O.A.S.I.S. Center Membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information.

*Activity Code: 2R554605 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**(O.A.S.I.S. Membership Required. See fees above.)**
**Wed, Sep 14-Dec 14, 9:45AM-11:15AM**
**FREE**

**Piano - Semi Private**

This is a beginning piano course for adults which will present all the concepts and fundamentals needed to perform. Students will learn to read notes and recognize the sounds of the chords and chord progressions. Suggestions for effective practicing will be discussed. Maximum enrollment of 4.

*Activity Code: 2R554603 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Fri, Sep 16-Oct 7, 10:00AM-11:00AM**
**$5 Residents/$8 Non-Residents**

**Sheephead Club**

Come join the group and settle in for a fun and exciting game of sheephead. You will be among friends when you join this club! Club meets every Wednesday. Free with O.A.S.I.S. Center membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information.

*Activity Code: 2R554902 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**(O.A.S.I.S. Membership Required. See fees above.)**
**Wed, Sep 7-Dec 14, 12:15PM- 1:30PM**
**FREE**

**Spanish**

Learn appropriate Spanish words for: greeting, health, household, daily activities, weather and much more. Class meets once a week. The book that is used for the class is ‘Spanish made Simple’. It can be purchased at the first class for $13.00.

*Activity Code: 2R554401 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Fri, Sep 9-Oct 21, 12:30PM- 1:30PM**
**$25 Residents/$30 Non-Residents**

**Piano - Semi Private**

Learn how to play the Mandolin. Instructed by experienced musician, Jim Pilot. Bring your own Mandolin or rent one from instructor. Class fee is non-refundable.

*Activity Code: 2R554602 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Fri, Sep 16-Oct 7, 10:00AM-11:00AM**
**$5 Residents/$8 Non-Residents**

**Mandolin**

Learn how to play the Mandolin. Instructed by experienced musician, Jim Pilot. Bring your own Mandolin or rent one from instructor. Class fee is non-refundable.

*Activity Code: 2R554602 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Fri, Sep 16-Oct 7, 10:00AM-11:00AM**
**$5 Residents/$8 Non-Residents**

**Piano - Semi Private**

This is a beginning piano course for adults which will present all the concepts and fundamentals needed to perform. Students will learn to read notes and recognize the sounds of the chords and chord progressions. Suggestions for effective practicing will be discussed. Maximum enrollment of 4.

*Activity Code: 2R554603 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**Mon, Sep 12-Oct 17, 12:30PM- 1:30PM**
**$25 Residents/$30 Non-Residents**

**Sheephead Club**

Come join the group and settle in for a fun and exciting game of sheephead. You will be among friends when you join this club! Club meets every Wednesday. Free with O.A.S.I.S. Center membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information.

*Activity Code: 2R554902 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**(O.A.S.I.S. Membership Required. See fees above.)**
**Wed, Sep 7-Dec 14, 12:15PM- 1:30PM**
**FREE**

**Sheephead Club**

Join us every Tuesday in our bright and cheerful Senior Cafe’ for a relaxing time playing bingo. Non-Smoking environment. No bingo on election days. Fee with O.A.S.I.S. Center Membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information. Cookies and Coffee available for $.50

*Activity Code: 2R554901 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**(O.A.S.I.S. Membership Required. See fees above.)**
**Wed, Sep 6-Dec 13, 12:15PM- 1:30PM**
**FREE**

**ORGANIZED GAMES**

**Bingo**

Join us every Tuesday in our bright and cheerful Senior Cafe’ for a relaxing time playing bingo. Non-Smoking environment. No bingo on election days. Fee with O.A.S.I.S. Center Membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information. Cookies and Coffee available for $.50

*Activity Code: 2R554901 (Section codes listed below)*

**OASIS (Ages 50 & up)** .......................... 5501
**(O.A.S.I.S. Membership Required. See fees above.)**
**Wed, Sep 6-Dec 13, 12:15PM- 1:30PM**
**FREE**
Wii Games
You may think that video games are for kids, but the Wii is for everyone! You can come and play or just watch and learn. Participants will get a chance to play bowling, tennis, golf and baseball by using the Wii game controller. All are welcome. Free with O.A.S.I.S. Center Membership. (Membership fees are $10.00/Res and $20.00/Non-Res) Membership fee is good for one year from purchase date. On-line registration is not available. Please contact 414-647-6041 for more information.

Activity Code: 2R554903
(Section codes listed below)

OASIS (Ages 50 & up) ....................... 5502
(O.A.S.I.S. Membership Required. See fees above.)
Thu, Sep 8-Dec 15, 9:30AM-11:00AM
FREE

OASIS (Ages 50 & up) ....................... 5501
(O.A.S.I.S. Membership Required. See fees above.)
Mon, Sep 12-Dec 12, 9:30AM-11:00AM
FREE

50+ Travel Club
The 50+ Travel Club offers trips to exciting destinations for adults 50 years and over. There is no registration fee and we put together all the details that go into planning a perfect travel adventure for you. Our trips are affordable and it is a great way to travel for those who don’t want to drive or worry about how to get there. New Trips are added on a regular basis, so don’t hesitate. Give us a call at (414) 647-6071.

SEPTEMBER
“Ho-Chunk Gaming”
Madison, WI
Thursday, September 1, 2016

“History and Architecture Tour”
Joliet, IL
Wednesday, September 14, 2016

“Million Dollar Quartet”
(Fireside) Fort Atkinson, WI
Thursday, September 29, 2016

OCTOBER
“Smokey Joe’s Cafe”
Drury Lane Theatre
Thursday, October 6, 2016

NOVEMBER
“Crazy For You” – Drury Lane Theatre
Wednesday, November 9, 2016

“A Fireside Christmas”
Fort Atkinson, WI
Tuesday, November 22, 2016

DECEMBER
“Miracle on 34th Street”
(Palace Theatre) Wisconsin Dells
Thursday, December 8, 2016

“Die Fledermaus” – Light Opera Works
Friday, December 23, 2016

“Mama Mia” (Fireside) Fort Atkinson, WI
Thursday, December 29, 2016

Meeting Dates
Northside - Capitol Library -
1:30 PM – Thursday, Sept. 8th

Southside - Oasis Senior Center -
8:30 AM – Friday, Sept. 9th

If you’re 55+
volunteer at an MPS elementary school for just 90 minutes once a week
and see a child succeed.

For more information:
call: (414) 220 - 8653
e-mail: tutor@interfaithmilw.org
visit: www.interfaithmilw.org
Looking for a non-scary alternative to haunted houses?

Join Milwaukee Recreation for Halloween Glen! This humorous and educational outdoor adventure is a great alternative to the usual Halloween events. Actors will present interactive skits along the luminaria-lighted trails of Hawthorn Glen, Milwaukee Recreation’s 23-acre nature center. Families can then make craft projects, watch Halloween cartoons, and enjoy refreshments. Halloween Glen is geared for children ages 3-12 and their families. You will find more event details on page 30 in the Outdoor Education section of this booklet.

This year’s theme: Nature’s Champions!

Celebrating 23 Years of Family Fun!

Friday & Saturday, October 14 & 15, 2016
For more information, call (414) 647-6050.
Register online at www.MilwaukeeRecreation.net
Fun and affordable programs for youth, teens, adults & seniors

Register online at MilwaukeeRecreation.net & call us with any questions:

Program Information, Playgrounds, and Rec. Centers .......................... 475-8811
Youth & Teen Classes .................................................. 475-8811
Youth Sports ............................................................... 475-8811
Gymnastics ............................................................... 475-8811
Swimming ................................................................. 647-6050
Adult Enrichment ......................................................... 475-8811
Family Classes .......................................................... 475-8811
Adult Team Sports ....................................................... 647-6046

Interscholastic Athletics/Academics ................................. 475-8219
MPS School-Based Adaptive Athletics & Special Olympics .. 647-3860
MPS Special Olympics (Team Milwaukee) ......................... 647-6044
Outdoor/Nature Activities ........................................ 647-6050
Paralympic Sports ..................................................... 647-6041
Therapeutic Recreation ............................................... 647-6065
Fifty-five Plus Program ............................................... 647-6041
Fifty-five Plus Travel Club ........................................... 647-6070
Administration .......................................................... 475-8180

THE WINTER RECREATION GUIDE WILL BE MAILED TO ALL CITY OF MILWAUKEE HOUSEHOLDS DURING THE FIRST WEEK IN DECEMBER.

MILWAUKEE RECREATION
SINCE 1911
Experience Life.