When disaster strikes in Texas or neighboring states, San Antonio and its military resources are frequently called into action.

Hurricane Katrina in 2005 and Hurricanes Gustav and Ike in 2008, are stark reminders of the human and material costs inflicted by these ferocious and capricious forces of nature.

During Katrina and the 2008 hurricane season, local military bases were called upon to provide major support in evacuee and aircraft sheltering, transportation, medical care and myriad other activities. Now, Bexar County and city officials will find leveraging those resources much easier thanks to the Joint Base San Antonio structure mandated by the 2005 Base Realignment and Closure legislation.

City, county and area base representatives met last week at the San Antonio Emergency Operations Center at Brooks City-Base to receive a briefing on the procedures for requesting local military aid during natural or man-made disasters.

“Civil authorities now have one point of contact for requesting help, and that's the 502nd Air Base Wing,” said Brig. Gen. Leonard Patrick, 502nd ABW commander. “In the past, they had to contact each base,” he said.

“This is the next logical step in how the military works with the city – it’s an exciting time.” General Patrick commands the support assets at Lackland Air Force Base, Randolph Air Force Base and in late April, Fort Sam Houston.

“Today’s meeting was historic,” the general said. “Not only did we have leaders from the 502nd ABW units on Lackland and Randolph, we also had representatives from the 59th Medical Wing, the Garrison at Fort Sam Houston, Army North and the city. I can’t remember a pre-hurricane meeting here in San Antonio that was so comprehensive. We usually meet for the first time during the work-up to a hurricane.”
Looking back
General reflects on 31 years of service

By Maj. Gen. Erwin Lessel III
Former Director of Plans, Programs, Requirements and Assessments at Air Education and Training Command

Wow! It’s hard to believe that after 31 years of commissioned service I’m finally retiring from our United States Air Force. Who would have thought that when I entered the Air Force Academy in 1975, that the Air Force, our country and the world could have changed so much.

Back then, the Apollo moon landing program had recently ended, the Vietnam War was coming to a close, the Cold War was in full swing and we were still flying T-33s, F-4s, and F-104s. Of course we were also flying T-38s, C-130s, KC-135s and B-52s. Oh yes, and we didn’t yet have an official Air Force song!

Where did the time go? I’ll tell you, it was full of wonderful experiences, incredible challenges and outstanding people. It was 31 years filled with 15 assignments, 10 years of temporary duty assignments, 10 years of general officer assignments, and more than than five months (4,000 hours) of time in the air!

It was filled with incredible people – officers, enlisted, active, Guard, Reserve, civilians, joint, international, and industry partners. People – that’s what I’ll remember most – incredible teammates who made the impossible look easy every day. Every commander, first sergeant, command chief, executive officer, secretary, supervisor, peer and subordinate had an impact on me. And we shared a lot of awesome experiences.

What did I get to do? It wasn’t science fiction, but it seemed like it. I flew airland, air drop and air refueling missions to almost every corner of the world including Ascension Island, Bosnia, Somalia, Iraq, the snow of Greenland, the Berlin Corridor, and even the North Pole. And I did it as part of a team, a team of maintainers, weathermen, flight engineer, loadmasters, air traffic controllers and more.

Across more than three decades of command opportunities and leadership experiences, the highlight was my eight-month deployment to Baghdad from 2004 to 2005. Serving as the deputy chief of staff for strategic communication at Multi-National Force – Iraq Headquarters and helping build a democracy in the Middle East was incomparable. Whether conducting an interview on CNN, flying into Fallujah, driving Route Irish, or flying over Iraq on their first election day, it was an incredible experience. And I will never forget our wounded warriors and those who paid the ultimate sacrifice.

Guess what? If I could, I’d sign up and do it all over again. But since I can’t, I’m encouraged knowing that I leave the Air Force in great hands. A few weeks ago I attended the Air Force Basic Military Training graduation. I saw the young men and women who will be running our Air Force for the next 30 years. They are awesome and will be up to the challenge.

Thanks to all of you with whom I’ve had the opportunity to serve. You are the best and wish you God speed as you continue to serve in the world’s greatest Air Force. And a special thanks to my family – my wife Cathy and son Mark. They have sacrificed much over the years to enable me to serve the Air Force and our country. I’ve also been blessed to be a part of the Air Force family, those I’ll miss as I transition to the civilian world and new adventures.

Although I’m retired from the Air Force, I will forever live by the motto “Once an Airman, always an Airman.” God speed!


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Deadline for submissions is noon Thursday the week prior to publication.
LEAD BRIEFINGS SCHEDULED

Briefings are scheduled next week for enlisted Airmen interested in competing for admission to the Air Force Academy or the Academy Preparatory School through the Leaders Encouraging Airmen Development program.

Briefings are scheduled for Monday, 1-2:30 p.m., Wilford Hall Medical Center auditorium; Tuesday, 3 p.m., 342nd Training Squadron technical school students, dorm dayroom; and Wednesday, 4 p.m., Forbes Hall, Lackland Training Annex.

A base-wide briefing is March 26, 2:30 p.m., in Room 136, Military Personnel Flight, Bldg. 5616. It is also open to civilians and dependents seeking information about a congressional appointment to the academy.

Airmen, civilians or dependents unable to attend can contact Master Sgt. Timothy Godfrey, Lackland career assistance advisor, 802nd Force Support Squadron, at 671-1575 for more information.

MILITARY JOB FAIR

The San Antonio Military Community Job Fair is Wednesday, 9:30 a.m. to 3 p.m., at the Live Oaks Civic Center, Interstate 35 North and Pat Booker Road.

Local and national companies from various career fields will be on site. The San Antonio Area Military Installation Transition Assistance and Career Focus programs, the Alamo chapter of Disabled American Veterans and the Texas Workforce Commission are sponsoring the free event.

Visit www.acap.army.mil for more information.

LEGAL ASSISTANCE CLOSURE

The Lackland legal office will be minimally staffed April 22-23 while military attorneys attend training.

The office will be open only for notary services, powers of attorney and emergency services. Legal assistance will not be available those two days.

The office is located in 37th Training Wing headquarters, Bldg. 2484, Room 134. For more information, call 671-3362 or 671-3363.
Photo by Don Sutherland

John Goines (left), chief of the Life Sciences Equipment Laboratory at Brooks City-Base, explains the remnants of a flight suit to Brig. Gen. Leonard Patrick, 502nd Air Base Wing commander, and Robert Graves, 502nd ABW deputy commander, during their recent visit to the lab. The lab helps the Joint POW/MIA Accounting Command, based in Hawaii, identify service-members still missing from past wars. The lab houses more than 50,000 uniforms and pieces of equipment, some dating back to World War I. The lab will soon move to Wright-Patterson AFB, Ohio.

Lackland Conservation Corner

SAVE WATER!

Did you know that the Lackland Water Conservation Plan prohibits driving vehicles over landscape/grassy areas. The compacting of the soil makes the drainage of the water into the soil more difficult and damages root systems.
Staff Sgt. Aisha Smith serenades Air Force Basic Military Training trainee Darrell Learn, 322nd Training Squadron, during the Tops in Blue concert Saturday at the Bob Hope Performing Arts Center. The performance was the last of the 2009 world tour. After completing a training regimen at Lackland, the 2010 Tops In Blue entertainers will hit the road in May for a 10-month tour that includes more than 120 shows in over 20 countries.

Photos by Alan Boedeker

Senior Airman Anthoney Williams does a rendition of Louis Armstrong's "Hello Dolly" during the Tops In Blue concert Saturday at the Bob Hope Performing Arts Center. Airman Williams is with the 35th Civil Engineer Squadron, Misawa Air Base, Japan.

Tech. Sgt. Octavious Hill sings to Air Force Basic Military Training trainee Paola Rivera-Milborn, 326th Training Squadron, during the Tops In Blue concert Saturday at the Bob Hope Performing Arts Center. Sergeant Hill is with the 99th Civil Engineer Squadron, Nellis AFB, Nev.
Congratulations to the following 73 Airmen for being selected as honor graduates among 737 trainees graduating today:

**320th Training Squadron**
- Flight 217
  - Tony Badolato
  - Michael Brewer
  - Eric Dolsen
  - Bradley Elliott
  - David Mumme
  - James Parag
  - Timothy Phillips
  - James Pulley
  - Nicholas Garitty
  - Kyle Gutowski

**321st Training Squadron**
- Flight 211
  - Matthew Baker
  - Daniel Fiuza
  - Alex Kaufman
  - Daniel Moreau
  - Timothy Overgaauw
  - Kyle Wilkins

**322nd Training Squadron**
- Flight 212
  - John Conde
  - Robert Cyr
  - Michael Galvez
  - Christopher Pehrson
  - Andrew Brenot
  - Benjamin Douglass
  - Erek Doviak
  - Zachary Kinsey
  - David Maranto
  - Jason Snyder

**323rd Training Squadron**
- Flight 213
  - Ryan Chavers
  - Lane Franklin
  - Thomas Jones
  - Michael Pruitt
  - Alexander Recupero

**324th Training Squadron**
- Flight 214
  - Donald Kraft
  - Kevin Phillips
  - Aarron Schuppan
  - Derek Spiker
  - Andrew Evans
  - Ethan Gacke
  - Joshua Lozano
  - Matthew Mower
  - James Stewart
  - Audrey Bishop
  - Amber Davis
  - Sarah Miller
  - Morgan Minardi

**326th Training Squadron**
- Flight 219
  - Thomas Douglass
  - Robert Rosecrants
  - Jeffery Wengel
  - Flight 220
  - Brina Herrmann

**331st Training Squadron**
- Flight 221
  - Cameron Berry
  - Travis Burgess
  - Cedric Harrison
  - Luke Hobbs
  - Zachariah Humphreys
  - Marcus Mckeough
  - Lawrence Trujillo
  - Clayton Wilson

**Top BMT Airman**
- Eric Dolsen, 320th TRS, Flight 217

**Most Physically Fit**
- Male Airmen
  - Corey Brooks, 323rd TRS, Flight 214
  - Jordan Zackery, 324th TRS, Flight 215
- Female Airmen
  - Morgan Frehe, 324th TRS, Flight 216
  - Desirae Eames, 323rd TRS, Flight 226

**Top Academic Flights**
- 320th TRS, Flight 217
- 324th TRS, Flight 215

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**Lackland announces annual award winners**

Congratulations to the following Lackland Airmen who were recognized during the Team Lackland Awards Banquet at the Gateway Club March 12:

**Junior Enlisted Member of the Year**
- Airman 1st Class Forrest Bradley
  - 802nd Contracting Squadron

**Noncommissioned Officer of the Year**
- Tech. Sgt. Joseph McCleland
  - Air Force Intelligence, Surveillance and Reconnaissance Agency

**Honor Guard Member of the Year**
- Senior Airman Jacy Hoag

**Senior Enlisted Member of the Year**
- Master Sgt. William Jones III
  - 59th Medical Wing

**First Sergeant of the Year**
- Master Sgt. Cody Bringham
  - Cryptologic Systems Group

**Company Grade Officer of the Year**
- Capt. Brian Neese
  - 559th Medical Operations Squadron

**Civilian of the Year Category I**
- Carissa Lechner

**Civilian of the Year Category II**
- Arthur House
  - 59th Medical Logistics and Readiness Squadron

**Civilian Supervisory of the Year Category I**
- Esing Adams
  - 59th Medical Diagnostic and Therapeutic Squadron

**Civilian Supervisory of the Year Category II**
- William Hastings
  - 91st Network Warfare Squadron

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**Be Responsible! Seat Belts Save Lives!**

**Buckle Up And Wear Yours!**
By Staff Sgt. Patrick Campbell
67th Network Warfare Wing

The lead Gunslinger to represent the 67th Network Warfare Wing in the showdown with all of Air Force Space Command will be selected in a commander's call today as the wing prepares for its inaugural performance in the AFSPC Guardian Challenge competition.

The Gunslinger is the chosen mascot of the 67th NWW, due to his ability to respond quickly to threats in his environment.

The wing is a new addition to Space Command's Guardian Challenge competition and the wing commander, Col. B.J. Shwedo, said that his people are looking forward to being a part of this prestigious event.

This is the first year the 67th NWW will be competing in the Guardian Challenge, having been an Air Combat Command asset prior to the stand up of 24th Air Force under Space Command in August 2009.

The 67th NWW gunslingers will be honing their skills in network warfare operations, earning points to battle with the other wings of AFSPC and earn a trip to Peterson Air Force Base, Colo., to earn recognition from the major command leadership and their fellow cyberspace and space Airmen.

The 67th NWW Gunslinger represents the spirit and tenacity of the wing's Airmen:
• The star on the Gunslinger's chest, like the stars on the 67th NWW patch, allude to the wing's mission of network attack, exploitation (67th Network Warfare Group), defense (26th Network Operations Group), and operations on and of the net (690th Network Support Group) performed by cyberspace warriors to defeat any adversary.
• The Gunslinger's dark blue shirt, like the background on the 67th NWW patch, symbolizes the shroud of secrecy that surrounds a cyberspace adversary.
• The red scarf around the Gunslinger's neck, like the lightning bolt on the 67th NWW patch, represents the applied speed, strength, power, and precision of Air Force network warfare.
• The Gunslinger's lifelong mission has always been and always will be to deny adversaries the use of cyberspace while maximizing our own use of the net; LUX EX TENEBRIS (Light from Darkness).

"The Gunslingers of the 67th have been known world-wide for 'doing bad things to bad people,' and now they are looking forward to showing off their skills at Guardian Challenge," said Colonel Shwedo.
The staff of the Inter-American Air Forces Academy gathers to celebrate the academy's 67th Anniversary Monday. As the Air Force's gateway to the Americas, IAAFA has been training students from Central and South America countries since March 15, 1943. Spanish-language training is offered for both officer and enlisted personnel in a variety of professional military education and technical training courses including aircraft systems, aircraft/helicopter maintenance, electronics, communications, intelligence, supply, logistics, air base ground defense, security, pilot instruction procedures, computer resources and information systems management. Each year, about 800 students from 21 countries graduate from the academy.

Photo by Robbin Cresswell

HAPPY BIRTHDAY IAAFA
he said.

District Fire Chief Nim Kidd, emergency management coordinator for the City of San Antonio, echoed the general's enthusiasm for the refined process.

“We now have one button to push when it comes to military help. I think we’re finally there,” the chief said.

“Knowing names and faces is a real plus,” he said. Chief Kidd said the city’s emergency operations center activates five to seven days prior to a hurricane strike and it’s advantageous for the military to plug in as soon as possible.

Chief Kidd noted that hurricanes are not the only threat, but they’re the most frequent. In fact, the Atlantic hurricane season officially begins June 1.

The 2010 season is more likely to resemble 2008 than the relatively benign 2009 season along the U.S. East and Gulf Coasts, according to Accuweather.com and chief hurricane forecaster Joe Bastardi.

General Patrick is pleased that Joint Base San Antonio and the city are well out in front of it this year.

“Now we have a formal opportunity rather than the ‘come as you are’ situation we had in the past,” the general said.
In-service recruiter presents opportunities for separating Airmen

- Pay and personal recognition
- Money for college
- Job training
- Camaraderie, satisfaction and pride
- Medical/dental/life insurance, and re-employment rights
- Travel
- Special allowances
- Thrift Savings Plan and Retirement
- Traditional Reservist Program
- Individual Mobilization Augmentee Program
- Air Reserve Technician Program
- Palace Chase
- Palace Front

For more information, contact:
Master Sgt. Michael Barnes
Air Force Reserve Recruiter
Bldg. 5616, Room 121
671-3860
LEAD program offers path to Academy

By Mike Joseph
Staff Writer

Enlisted Airmen interested in competing for admission to the Air Force Academy or the Academy Preparatory School through Leaders Encouraging Airmen Development have opportunities next week to learn more about the program.

Two preparatory school cadets, both former enlisted Airmen, will be on base to brief eligible enlisted Airmen who seek admission to the academy or prep school. The briefings are sponsored by the Lackland Professional Development Center.

"LEAD is geared toward enlisted Airmen who want to become officers," said Master Sgt. Timothy Godfrey, Lackland career assistance advisor, 802nd Force Support Squadron.

"Officer Training School is a tossup with only a four percent acceptance rate this year. Combined acceptance rates through LEAD for either the prep school or academy are 30 percent."

LEAD began in 1995 as an ongoing effort for unit and wing commanders to nominate outstanding and deserving enlisted Airmen identified by their commanders with officer potential to compete for admission to the academy. Each year up to 85 active-duty Airmen and 85 Reserve and Air National Guard are accepted for direct appointment to the academy.

Airmen also have the option to apply for one of 50 reserved slots at the preparatory school. The prep school’s 10-month program prepares cadet candidates for the academy’s demands; its mission is to integrate academic preparation, military training and athletic conditioning to enhance the skills necessary for the cadet candidates to succeed at the academy. More than 90 percent of prep school graduates receive an academy appointment.

Graduates of the Air Force Academy earn a Bachelor of Science degree, commission as a second lieutenant and the opportunity to participate in a variety of programs. An academy education is valued at more than $400,000.

Three former Lackland enlisted Airmen graduate in May from the prep school. A decision is expected in the next several weeks on 16 enlisted Lackland Airmen who submitted applications to the prep school for 2010-2011.

“I advise young Airmen interested to apply for the prep school,” said Sergeant Godfrey. "Not only is the acceptance rate higher but they also need to focus on academics and adjust to a structured military life before entering the academy.

“This is a chance to visit with current cadets, get more information and start the application process for 2011-2012,” he said. “It’s an opportunity to ask questions, alleviate any rumors they may have heard and talk to Airmen that have been in their position.”

Briefings are scheduled Monday, 1-2:30 p.m., Wilford Hall Medical Center auditorium; Tuesday, 3 p.m., 342nd Training Squadron technical school students, dorm dayroom; and Wednesday, 4 p.m., Forbes Hall, Lackland Training Annex.

A base-wide briefing is March 26, 2:30 p.m., in Room 136, Military Personnel Flight, Bldg. 5616.

It is also open to civilians and dependents seeking information about a congressional appointment to the academy.

Airmen, civilians or dependents unable to attend can also contact Sergeant Godfrey at 671-1575 for more information about the academy or prep school.

LEAD program eligibility requirements, guidelines

Airmen interested in Air Force Academy or Preparatory School appointments through the Leaders Encouraging Airmen Development program must meet certain eligibility requirements and guidelines. They include:

• Be a U.S. citizen or able to obtain citizenship before entry into the academy the following year;
• Be at least age 17 but not older than age 23 on July 1 of the year entering the academy;
• Be at least age 17 but not older than 22 on July 1 of the year entering the prep school;
• Unmarried with no legal obligation to support a child, another individual or be pregnant;
• Good moral character and a well-rounded background;
• For direct appointment, have taken mathematics through pre-calculus or college algebra and chemistry; 580 SAT verbal and 560 SAT math or 24 ACT English and reading, 25 ACT and science reasoning; and top 20 percent of high school class or approximate 3.50 GPA in unranked classes for direct appointment;
• For prep school appointment, have taken mathematics through Algebra II; 480 SAT verbal and 500 SAT math or 20 ACT English, reading, math and science reasoning; and top 40 percent of high school class or approximate 2.70 GPA in unranked classes for prep school appointment;
• Pass the candidate fitness assessment; and
• Pass a medical exam administered by the Department of Defense examination review board.

LEAD application deadlines

• March 1 – Jan. 31 Submit pre-candidate online questionnaire
• Jan. 31 Submit Form 1786 (Airman’s responsibility)
• March 1 Direct entry completed candidate packages due
• April 15 Prep school entry completed candidate packages due

For further admissions information on the Air Force Academy and the prep school, visit www.usafac.edu or www.academyadmissions.com.

Photo by Rachel Boettcher

Air Force Academy Preparatory School Cadet Candidate Stephen Blackwell (right) salutes during the 2009 Parents’ Weekend Parade at the U.S. Air Force Academy in Colorado. Enlisted Airmen seeking USAFA appointments have a chance to become an officer through the Leaders Encouraging Airmen Development program.
All they could think about was their daughter’s health and a bleak financial future.

The leukemia kept her from producing red blood cells. Barely 2 years old, Hannah Richter’s tiny body was being bombarded with chemotherapy to battle the disease.

With her immune system depleted and vulnerable, Hannah contracted spinal meningitis.

It seemed an endless number of spinal taps and bone marrow biopsies followed.

It’s a nightmare no parents expect to experience. Her parents’ only thoughts were to be at Hannah’s side, to take care of her and their other three small children.

But if that weren’t enough, reality threw more cold water on her mom and dad.

What happens when the car tires wear out from the constant trips to the hospital? Will they make the 40-mile round trip? What about other unexpected car repairs? After all, it was their only vehicle, a necessity.

For Staff Sgt. Eric Richter and his wife Alyssa, it was real life, not a made-for-TV movie.

But with a helping hand from the Air Force Aid Society, the Richter family’s story did have a Hollywood-like happy ending.

The Air Force Aid Society is one of four organizations supported by the Air Force Assistance Fund campaign. AFAS provides loans and grants to Airmen worldwide with specific emergency needs in addition to other family support functions.

“Air Force Aid helped us get new tires and a tune-up with an interest-free loan,” said Sergeant Richter, recalling the events in Colorado that began to unfold in 2003. “We were able to get our vehicle 100 percent dependable and we didn’t have to worry about any issues with it.”

“Here I was with four young kids all under the age of six and one of them being treated for cancer,” he said. “Without that vehicle, I would have been hurting pretty bad. But when it was all said and done, the Aid Society actually facilitated a grant from the First Sergeant’s Association.”

It wasn’t the first time Sergeant Richter, a civil law paralegal in the 802nd Mission Support Group Staff Judge Advocate office, had received assistance from the Aid Society nor would it be the last.

Several months after the Aid Society helped the Richters with their vehicle, AFAS stepped up again to provide assistance.

With Hannah still in treatment and trying to make ends meet on one income, Sergeant Richter needed help with transportation expenses for the family to attend his grandfather’s funeral. At the time, he was stationed at Peterson Air Force Base, Colo., and the funeral was in Wisconsin.

“Air Force Aid reworked our interest-free loan and provided the money to attend the funeral,” he said. “There was no way to get the gas money for us to drive without their help; we never would have been able to go.”

But the best was yet to come for the Richters before they arrived at Lackland in 2006.

Hannah, who is now 8, fought off the leukemia and meningitis that had invaded her 18-pound body after 30 months of chemotherapy, several extended hospital stays, 56 spinal taps and 34 bone marrow biopsies. She has been in remission more than four years.

An initial contact made by the Aid Society on their behalf – and with the help of the Air Force Academy and Peterson AFB – led the Richters to be chosen the 2005 Academy Family of the Year.

The Academy selects one family annually in the Colorado Springs military area that has undergone some type of hardship or adversity.

“It’s a neat presentation they do in the middle of the boxing ring,” Sergeant Richter about the award ceremony during an annual base boxing tournament. “They pass a hat (in the crowd) and the money raised goes to the family.

“We have amazing medical benefits and I am blessed to have those benefits,” he said. “But when you’re literally living in a hospital like we were, it got extremely expensive. It was an amazing fundraiser they did for her to help us pay off all the other bills we had piling up attached to the medical procedures.”

Humbled by the honor and grateful to those responsible, the Richters paid off expenses incurred during Hannah’s illness, a real modern day story of the movie classic “It’s a Wonderful Life.”

“They do a lot more than just hand a check to you,” Sergeant Richter said about the Aid Society. “It’s pretty impressive.”

“It’s nice to know we have that,” he added. “If there is ever a terrible emergency, there’s always Air Force Aid you can turn to – you don’t have to worry.”
The 802nd Mission Support Group Office of the Staff Judge Advocate administered these judgments from March 3-10:

- An airman first class from the 345th Training Squadron, Detachment 1 was guilty of cheating on a test and received a reduction to airman basic, restriction to base for 30 days, 30 days extra duty and a reprimand.
- An airman basic from the 345th TRS, Detachment 1 was guilty of underage drinking and received a forfeiture of $723 in pay (suspended) and a reprimand.
- An airman from the 345th TRS, Detachment 1 was guilty of underage drinking and violating phase and received a forfeiture of $811 in pay for two months, restriction to base for 45 days, 45 days extra duty and a reprimand.
- An airman basic from the 345th TRS, Detachment 1 was guilty of underage drinking and received a forfeiture of $723 in pay (suspended) and a reprimand.
- An airman first class from the 345th TRS, Detachment 1 was guilty of possessing alcohol in the dorm and received a forfeiture of $852 in pay (suspended) and a reprimand.
- A staff sergeant from the 345th TRS, Detachment 1 was guilty of working at off-duty employment while on quarters and received a forfeiture of $291 in pay (suspended) and a reprimand.
- A senior airman from the 802nd Operations Support Squadron was guilty of wrongfully using marijuana and received a reduction to airman.
- Three airmen basic from the 345th TRS were guilty of underage drinking and received a forfeiture of $337 in pay for one month, restriction to base for 14 days (suspended), 14 days extra duty (suspended) and a reprimand.
- Two airmen basic from the 343rd Training Squadron were guilty of underage drinking and received a forfeiture of $723 in pay for one month (suspended), restriction to base for 14 days, 14 days extra duty and a reprimand.
- An airman first class from the 343rd TRS was guilty of underage drinking and received a reduction to airman, forfeiture of $811 in pay for one month (suspended), restriction to base for seven days, seven days extra duty, and a reprimand.
- An airman first class from the 59th Training Squadron was guilty of driving a private motor vehicle in phase I, missing curfew, visiting opposite dorm room, using tobacco and failure to go and received a reduction to airman and a reprimand.

Stay up-to-date during special events and rough skies.
Call 671-NEWS
Brig. Gen. Leonard Patrick, 502nd Air Base Wing commander, provides opening comments and discusses the history and traditions of San Antonio-area bases with master sergeants selected for promotion to senior master sergeant during a two day senior master sergeant summit at the Randolph Air Force Base Parr O’Club March 10. The summit prepared the selectees for increased responsibilities and allowed them to learn from command chiefs and command sergeant majors and tour the facilities of Joint Base San Antonio, seeing key aspects of each installation’s missions.

Photo by Steve Thurow
AARP DRIVER SAFETY PROGRAM
The Lackland Retiree Activities Office is sponsoring a safe driver program by the American Association of Retired Persons. Saturday, 9 a.m., at Freedom Chapel.

Participants will receive a certificate for completing the class, which makes them eligible for a possible reduction in their automobile insurance premium. The course is good for three years.

Cost is $12 for AARP members and $14 for non-members, payable by check made to AARP.

For more information, contact the Retiree Activities Office at 671-2728 or B.J. Laymon after 1 p.m. at Freedom Chapel, 671-4208.

QUARTERLY FLEA MARKET
The first-quarter flea market is Saturday, 8:30 a.m. to 1:30 p.m., at the Warhawk fitness center parking lot.

Spots are available for $10 or $15. The $15 fee includes a table.

Call the Skylark Community Center at 671-3191 for more information.

LAPA MEETS TUESDAY
The Lackland Administrative Professional Association general membership meeting is Tuesday, 11:30 a.m., at the Gateway Club’s Maverick Lounge.

The luncheon speaker is Tina Trinidad, a retired Lackland secretary. Her topic is consumer tips and life after retirement.

Contact Belle Quesnell at 977-3705 or Janice Troster at 671-1655 for reservations or more information.

ASMC SETS LUNCHEON
The American Society of Military Comptrollers, Alamo chapter, meets Tuesday, 11 a.m. to 1 p.m., at the Randolph Air Force Base Parr Club.

The luncheon’s speaker is Col. Terry Ross, 502nd Air Base Wing comptroller. The topic is “Joint Basing from the FM Perspective.”

Contact Ada Fromuth at 652-4408 for more information.

COUNTY JUDGE TO SPEAK
The Military Officers Association of America luncheon is Thursday, 11:45 a.m., at the Fort Sam Houston golf course clubhouse.

Luncheon cost is $15 and the guest speaker is Bexar County Judge Nelson Wolff.

Call 228-9955 or email moaac@abcglobal.org by Monday for reservations.

HYPERTENSION EDUCATION CLASS
A hypertension education class is April 5, 12:30-3:30 p.m., at Wilford Hall Medical Center.

The class is open to any patient or family member interested in learning more about hypertension.

For more information or to register, call the Nephrology Clinic at 292-6868.

LIBRARY SALUTES IRISH HERITAGE
The Lackland library has purchased DVDs and CDs to celebrate Irish heritage through film and music.

Now available in the media section are “The Wind that Shakes the Barley,” “The Field,” “In the Name of the Father,” “The Quiet Man,” the “Music of Ireland: Welcome Home,” and the PBS series “The Irish R.M.”

For more information, call 671-6606.

THRIFT SHOP HOURS
The Lackland Thrift Shop accepts consignments Tuesdays and Wednesdays, 10-11:45 a.m., and accepts donations during regular business hours Monday through Wednesday or at the back door after business hours.

The shop requests any type of electronic devices, such as large television sets, be dropped off only during business hours.

The shop is open for sales 9:30 a.m. to noon on Mondays, and 9:30 a.m. to 1 p.m. on Tuesdays and Wednesdays.

For more information, call the thrift shop at 671-3600 or e-mail thriftshop@lacklandosc.org.

BOOKKEEPER NEEDED
The Lackland Thrift Shop seeks a part-time experienced bookkeeper for 20 to 25 hours a month.

Knowledge of QuickBooks, accounting principles and base access are required.

Call 372-0657 for more information.

For more information, contact the chapel staff:

Orthodox
Saturday: Airmen Memorial Chapel Divine Liturgy, 9:30 a.m.
Religious Education, 10:45 a.m.

Sunday:
Airmen Memorial Chapel Contemporary Service, 9 a.m.

Protestant
Sunday:
Airmen Memorial Chapel Liturgical Service, 8 a.m.

Hope Chapel Spanish Contemporary, 12:45 p.m.
Contemporary, 10:45 a.m.

Freedom Chapel Contemporary Service, 9:30 a.m.
Gospel Service, 12:30 p.m.
Children’s Church provided
Religious Education, 11 a.m.

Wednesday and Thursday:
Bible Study, 6 p.m.

Friday:
Defense Language Institute Student Center Faith Study, 1:30 p.m.
Jummah Prayer, 1:30-2:30 p.m.
Religious Education, 10:00 a.m.-12:00 p.m.

Sabbath Eve Service, 5:45 p.m.
Religious Education, 4:30 p.m.

UICCO
1st Wednesday:
Freedom Chapel Room 8, San Antonio Military Open Circle, 6:15 p.m.

Islamic
Friday:
Airmen Memorial Chapel
Sabbath Eve Service,
March 19

KEY SPOUSE PROGRAM
Training for the Key Spouse Program is today, 8 a.m. to 4 p.m., at the Airman and Family Readiness Center, Bldg. 1249.

The sessions are for spouses who have volunteered and been appointed by unit leadership.

The Key Spouse Program is an Air Force readiness program supporting Airmen and their families during deployments, separations and emergencies by enhancing and encouraging communication between units and families.

Spouses interested in the program should seek appointment by their sponsor’s unit commander. Appointees should then contact the center at 671-3722 to register for a class.

March 22

MOTHERS OF PRESCHOOLERS
Mothers of Preschoolers, or MOPS, meet for Bible study and fellowship Monday, 9:30 a.m., at the Freedom Chapel’s Fellowship Hall.

Childcare for preschool-aged children will be provided.

For more information, call 671-4208.

MARCH 24
BUILDING HEALTHY RELATIONSHIPS
A Building Healthy Relationships class by Military Family Life consultants is Wednesday, 11:30 a.m. to 1:30 p.m., at the Airman and Family Readiness Center, Bldg. 1249.

For more information or reservations, call 632-3231.

March 25
OFFICERS’ SPOUSES CLUB
The Lackland Officers’ Spouses Club meets every third Thursday of the month, 11 a.m., at the Gateway Club. For more information, visit www.lacklandosc.org.

March 26
BUDGET AND SPENDING CLASS
A budget and spending class is March 26, 10-30 to noon, at the Airman and Family Readiness Center, Bldg. 1249.

The class teaches the basics of financial management. For reservations or more information, call 671-3722.

March 30
SMALL BUSINESS WORKSHOP
The Small Business Development Center will sponsor a workshop. How to Start Your Own Business, 1-4 p.m., March 30 at the Airman and Family Readiness Center, Bldg. 1249.

Among the topics for discussion will be writing an effective business plan, doing market research, selecting a location and time management.

To enroll, call 671-3722.

March 31
SOCIAL SECURITY SEMINAR
A Society Security Administration representative will address new program changes at a seminar March 31, 10 a.m. to noon, at the Airman and Family Readiness Center, Bldg. 1249.

For more information, call 671-4208.

MONTHLY MEETINGS

ENLISTED SPOUSES CLUB
The Lackland Enlisted Spouses Club meets every third Tuesday of the month, 6:30 p.m., at AFRC, Bldg. 1249. For more information, visit www.lacklandesc.org.

OFFICERS’ SPOUSES CLUB
The Lackland Officers’ Spouses Club meets every third Thursday of the month, 11 a.m., at the Gateway Club. For more information, visit www.lacklandosc.org.

PROTESTANT WOMEN OF THE CHAPEL
Protestant Women of the Chapel meets for Bible study Tuesday, 10 a.m., at Freedom Chapel. For more information, call 671-4208.

PROTESTANT WOMEN OF THE CHAPEL
Protestant Women of the Chapel meets for Bible study Thursday, 6 p.m., at Freedom Chapel with no children ministry available during the meeting.

For more information, call 671-4208.

DEPLOYED SPOUSES DINNER
A dinner and networking event for 802nd Mission Support Group deployed spouses is Thursday, 6-8 p.m., at Freedom Chapel.

Dinner is provided; spouses are asked to bring a dessert.

Contact Leslie Detouche at (518) 729-7662 or Kathy Williams at 724-5925 for more information.

MILITARY COUNCIL OF CATHOLIC WOMEN
The Military Council of Catholic Women meet the first Friday of the month, 10 a.m. to noon, at the Airman and Family Readiness Center. For more details on the free classes, call 671-4208.

PRAISE DANCE CLASS
Praise dance class meets Monday, 6 p.m., at Arnold Hall Community Center. For details on the free classes, call 671-2619.

RETURN AND REUNION SEMINAR
A return and reunion seminar is Monday, 2:30-3:30 p.m., at the Airman and Family Readiness Center, Bldg. 1249.

The seminar is an informal forum about the stress families and individuals experience during separation.

Call 671-3722 for more information.

What’s Happening

ARCH


www.lacklandosc.org.

WWW.LACKLANDFSS.COM
By Patrick Desmond  
Sports Editor

If the last three years of intramural basketball has proven anything, it's that defense really does win championships.

Just ask 59th Medical Logistics Readiness Squadron coach Lucas Jenkins, whose team outlasted reigning intramural champs, the 802nd Security Forces Squadron Defenders, in a low scoring 32-22 title game Tuesday night.

"Just commitment on defense and taking it personally," he said. "I always tell them, do not let your man beat you in any aspect of the game, and they did that. They executed perfectly."

MLRS played a better half of basketball than the Defenders on championship night, circumventing a full-court press much of the first half.

Caleb Swartzendruber led MLRS with 11 points, including four free throws down the stretch during the close game, while MLRS point guard Alphius White led the charge through the backcourt pressure.

"They were in a press all night, it's kind of tiring," the speedy guard said. "It takes a lot of communicating and knowing your position and where you need to go."

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"They were in a press all night, it's kind of tiring," the speedy guard said. "It takes a lot of communicating and knowing your position and where you need to go."

The Defenders took Chaparral court Tuesday with the name "Defenders" emblazoned on their uniforms. From the tip-off, it seemed its patented pressure defense would uphold the gold letters showcased across their jerseys for a third straight year.

Up to their old tricks – pressing opposing ball handlers and capitalizing on takeaways – the Defenders held a 6-0 lead after 12 minutes. But MLRS remained calm.

Jenkins knew this would come, and he prepared his team before the game.

"Right before the game, I was telling everyone just to stay composed," he said. "We don’t have to rush just because they’re pressing. Take your time, find the open man and once we beat the press, do what we’ve been doing all year."

Down 4-0, a MLRS timeout provided a clear picture of the contrast between the opposing teams. On the home side, the Defenders coach Jesse Jenkins’ huddle buzzed with excitement while the MLRS squad seemed meditative.

Back on the floor, MLRS forward Adams put an exclamation on his team’s first two points, running past his defender along the baseline to catch a pass and spike a one-handed slam.

After being held to the early scoring drought, the points began to rain in for MLRS as they closed the first half on a 19-1 tear.

Following Adams’ jam, MLRS scored on its next three possessions with Swartzendruber finding range on a 3-pointer to give his team a 9-7 lead.

But the champs didn’t go down lightly.

They regrouped their tenacious defense at the break and went on their own run to again outscore MLRS through the first 12 minutes.
of the second half and pulled within three, 22-18, late in the game.

The easy buckets MLRS had preyed on in the first half were no longer there, each offensive possession turning into a battle for control of the ball or resulting in a trip to the foul line.

The lead and championship seemed to be slipping away with three minutes to play, when MLRS was turned away after three offensive rebounds, only to lose the ball out of bounds.

But the MLRS lead amassed at halftime was too much to overcome and the Defenders had to stop the clock by fouling.

Swartzendruber remained cool, hitting four-of-four free throws, teammate Milo Otis added a double-pump lay-in, and consistent with the style starting MLRS’ scoring, Adams’ dunk closed the win, 32-22.

Common queries about the PT test

**Q**: Will the push-up component be terminated if hands or feet are repositioned after starting the test?

A: No. The component ends if hands or feet rise off the ground, but not if turned on the ground for comfort.

**Q**: During crunches, is there a height requirement for the toe-hold bar?

A: No. But the bar must be anchored, and heels must not rise off the ground during testing.

**Q**: Can test takers leave the track during the 1.5-mile run or 3-mile walk?

A: Leaving the track to gain advantage will terminate the test. However, if the entire track is blocked, leaving the course to avoid the obstruction will not count as disqualification.

**Q**: What can people do if they lack PT gear for a scheduled test?

A: Visit the FAC Sharepoint homepage and reschedule a test. All Fitness Assessments require members to be in official Air Force physical training (PT) attire, unless unit-specific attire is specified.

**Q**: What happens if all sections of the PT test are completed except for the 1.5-mile run due to inclement weather?

A: The member must report back to the FAC within five duty days for the 1.5-mile run or the entire test must be retaken.

**Q**: If there’s a disagreement with an abdominal measurement after the third attempt, can a fourth be given or another FAC staff member conduct the assessment?

A: If any measurements differ more than one inch from the other two, the FAC is required to administer a fourth. After three successful measurements, the other FAC member can conduct the assessment.

**Q**: Can a woman’s abdominal be measured by a male FAC staff member?

A: Yes. If a same-gender FAC member is not available to conduct a measurement, an observer of the same gender must be present to act as a chaperone.

**Q**: What does a test taker need to do after being placed on a profile and acquiring Air Force Form 469?

A: Contact a Unit Fitness Performance Manager as soon as possible. To test, an active Air Force Form 422 is needed, generated by the FPM at the Health and Wellness Center. A UFPM must call and set up an appointment to acquire a AF Form 422 prior to testing.

**Q**: How is a Cycle-Ergometry test scheduled?

A: All cycle and 3-mile walk tests are scheduled on Sharepoint or at the Health and Wellness Center. This requires an active AF Form 422.

**Q**: Are electronic devices such as pacers or iPods allowed during 1.5-mile runs?

A: Yes, both are allowed. Pacing is permitted as long as there’s no physical contact, and it is not a hindrance to other runners.

(For answers to more frequently asked questions regarding the revised fitness test and its procedures, visit www.afpc.randolph.af.mil/affitnessprogram/affitnessfaq.asp.)