Person-Centered Planning Process

Florida’s Positive Behavior Support Project
University of South Florida
What is Person-Centered Planning

- Person-Centered Planning is a way for diverse people, who share a common need to align....
  - Their vision, purposes, and goals
  - Their understanding of the focus person’s past, present and future life
  - Their actions for change, mutual support, personal and team development, and learning
A Person-Centered Planning Team

- Makes a commitment and takes action to ensure that changes will be accomplished for the focus person.
- Coordinates supports around the life of the individual rather than around the needs of the system and existing services.
- Recognizes that abilities of ordinary citizens, children, co-workers, and neighbors can teach people skills, help them participate, model appropriate behaviors, and foster interdependent relationships.
What Person-Centered Planning is NOT...

• An easy, one-shot process
• The answer to all problems
• A replacement for an IEP
• A quick fix solution to complex human and/or organizational problems
• Something to be done and forgotten
• A guarantee
How this process works?

- Each team member (family, teachers, administrators, etc) should receive a copy of this packet prior to the first day of training. Please fill out only the frames that represent and hold value for your focus individual.
- Fill out these frames individually and to the best of your ability based on your relationship with the focus individual.
- As a team during the first day of training we will work through a person-centered planning process that will allow you to share your important information with your team and to discuss each frame more fully.
- This process will allow your team to collaborate in the development of a person-centered plan based on the goals and vision that are important to the focus person and his or her team.
Person-Centered Plan: Sample Organizational Chart

<table>
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<tr>
<th>People</th>
<th>Health</th>
<th>Choices</th>
<th>Strategies</th>
<th>Barriers and Supports</th>
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</thead>
<tbody>
<tr>
<td>Places</td>
<td>History</td>
<td>Respect</td>
<td>Hopes and Fears</td>
<td>Themes</td>
</tr>
</tbody>
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Dream

Goals

First Steps
• With this frame we want to help the person identify their dream for the future, including all the ideas, values, people and things that are important to them.

• List anything that is important for the person to realize the kind of life they desire.
• List the people who are present in the person’s life.
• Place their name in the appropriate section of the circle.
• Place the name of individuals who are closest to the person in or near the inner circle.
- Indicate activities in which the individual participates in the school.
- Indicate activities in which the individual participates in the home.
- Indicate places in the community that the individual participates on a consistent basis.
- List only 4-5 primary activities in each setting.
• Describe the individual's health by listing any positive or negative conditions.

• Indicate any medications the individual is currently taking.
• Indicate some of the critical events that occurred in the person's life from birth until today.

• Put a "*" next to any positive events.

• Put a "-" next to any negative events.

Born:

Today
Choices

• What choices can the individual make within his personal and academic life?
• Identify what choices are presented to the individual within both areas.
Respect!

- List any behaviors or characteristics of the person that cause him/her to gain or lose respect or his/her peers or adults.
- Under “Gains” list those things you really like about the person.
- Under “Loses” list those behaviors that you do not like to see.
What strategies work well for the individual?

What strategies have not been as successful or cause the challenging behavior to increase?
• Identify the hopes and fears you have for this individual.
• Under “Hopes” list what is possible if we do the best we can.
• Under “Fears” list what is possible if things do not improve or get worse.
• What are some barriers and opportunities for this individual and his/her team?
• Identify any patterns or themes you found throughout this process.
• List at least one main point from each of the other frames that you want to share with the team.
• List the goals that you would like to see achieved one year from today.
• Think about what might be possible if everyone tries their hardest.
• Consider any outcome as long as it is POSSIBLE and POSITIVE.
• What actions can be taken immediately?

• These steps can be small