Selecting Roses
for Deep South Gardens
November 1 2011
By Al Whitcomb
Brooksville, FL

Margaret Wolfe Hungerford, author of Molly Bawn, wrote in 1878, *"Beauty is in the eye of the beholder."* This adage could not be more valid than it is in the choice of roses. Rose colors, fragrance, bloom cycles, growth habits and hardiness are just a few of the considerations that come into play. Sources, propagation methods and health of the specimen are also important considerations. No matter what your selection criteria, chances are good you can find roses to satisfy your needs.

Deciding which roses best fit your needs can be as challenging as a small child walking into a candy store for the first time. There are so many enticing choices. It’s tempting to choose too many or base choices solely on spur of the moment aesthetic appeal. In the long run you will make much better choices if you use a more analytical approach. Begin by determining a rationale or purpose for your selections. Ask yourself, “Does this rose have the qualities required to satisfy my gardening or exhibition needs?” Investigate all rose categories to learn what plant and bloom characteristics are available within rose classes. Take time to research specific attributes for roses you are considering. You will want to use a variety of information sources to optimize the quality of your selections.

**Rationale**

Not all roses are created equal, nor should everyone use the same criteria when choosing roses. Individual rose selections are driven by a variety of reasons. Some rosarians select roses to serve as focal points in their overall landscape, while others acquire them primarily to compete at rose shows. These contrasting goals are important factors when selecting roses. Other issues such as garden size, available gardening time, and tolerance for using chemical fertilizers, fungicides, and insecticides, as well as color and fragrance preferences influence selections.

**Characteristics**

You probably already know that roses fall into three general groups: species, old garden and modern roses. What typical characteristics, if any, can you expect from different groups, classes, and varieties of roses? It’s important to understand that the rose classification system is far from perfect and you can expect variations within each class. We can thank man’s intervention and role as hybridizer for much of that variation. Hybridizers determine a rose’s classification. As an example, if a hybrid tea is cross-bred with a floribunda, the hybridizer may choose to classify the new rose as a hybrid tea, a floribunda, a grandiflora or possibly even a shrub rose. In most cases the new rose’s class will reflect generally accepted characteristics of its class. So let’s examine some class characteristics.
Species Classes
Species roses, sometime referred to as wild roses, represent the earliest specimens, whose origins date back as far as 35-40 million years ago. Like pre-historic animals many are extinct and almost all are more difficult to find than old garden or modern roses. Many species roses have 5 petals and are white or pink. As you might expect, roses within this group are very resilient, if grown in climatic and soil conditions similar to where they evolved. One of the most common and best to grow in our area is R. laevigata, also known as Cherokee Rose, Georgia’s state flower. Many species roses are fragrant, only bloom once a year and require a lot of space. The largest living specimen is R. banksiae (aka Lady Banks’ Rose) which grows in Tombstone, Arizona. From a single trunk, it covers over 8,000 square feet of an arbor. Unless you have space and structures to support large specimens, species varieties may not be a good choice for a private garden.

Old Garden Rose (OGR) Classes
As man became involved in crossing wild roses, a new category of rose classes evolved. The category was eventually designated Old Garden Rose. OGRs include rose varieties whose class existed prior to 1867. OGR bushes are generally larger than most modern roses and require considerable space to grow. They are known for their resilience and ability to survive with minimal care. In fact, many have been rediscovered in recent years on old homesteads or cemeteries where they have had little or no care for decades. Most OGR rose varieties have been available in commerce long enough for patent restrictions to expire. That means you can propagate them from cuttings until your heart’s content, with little or no cost.

Out of the fourteen OGR classes, Bourbon, China, Noisette, and Tea classes provide most of the good choices for Deep South gardeners. A separate category of found or mystery roses provides several additional good choices for our area. Most roses within these groups are desirable because they are remontant (that is, repeat blooming), fragrant, resilient and can tolerate our climate and soil conditions. Let’s look at a few examples.

China
China roses, originally from eastern Asia, were introduced to Europe in the late 1700s. Up until that time, all European roses bloomed only once each year.

Comtesse du Cayla  Mutabilis  Pink Pet  Louis Philippe

With the introduction of China roses, European hybridizers were able to create other repeat blooming varieties and classes. China rose bushes are generally smaller than other OGR varieties, ranging in height from 3-5 feet. Generally they exhibit small blooms growing on cold-sensitive twiggy bushes. Most China roses are less fragrant than classes originating in Europe. China colors and blends include red, yellow pink and white. While white blends are fairly common, Ducher is considered to be the only true white China rose. Many are phototropic, that is, they change colors as they are exposed to light. A good example is Archduke Charles that ranges from pale pink to a deep wine red color as the bloom ages. Bloom forms range from singles like Mutabilis; pom-pom
shaped Pink Pet, to more globular blooms like Louis Philippe. Some have a spicy fragrance and nearly all are low maintenance, tolerate hot weather and pruning.

**Bourbon**

Bourbon roses originated in the Indian Ocean area near Madagascar, on the Isle of Bourbon or the neighboring Isle of Mauritius.

The first Bourbons were introduced in France in about 1820. Typically, Bourbons are very fragrant and tend to grow into large bushes. Souvenir de la Malmasion is a popular choice within the Bourbon class. Mme Ernst Calvat is the most fragrant variety in my garden and can be grown on a small arbor as a climber.

**Noisette**

Noisette is the only OGR class that originated in the United States. The first seedling, Champneys Pink Cluster was grown in South Carolina by John Champneys. Philippe Noisette, a French hybridizer, later produced other varieties including Blush Noisette pictured here.

Noisettes usually bloom in clusters. Early varieties produce small blooms while later varieties resulting from crosses with Tea roses are significantly larger. Yellow and pink flowers are most common. Many varieties like Crépuscule have long arching canes and make excellent climbers. While other varieties like Celine Forestier and Natchitoches Noisette are more shrub like.

**Tea**

Tea roses are the forerunners of our modern Hybrid Teas. Originally, they were named for their fragrance which was similar to that of Black China Tea. The first Tea rose resulted from a cross of Humes Blush China and Parks Yellow Tea Scented China. Later varieties became larger as a result of crosses with Bourbons and Noisettes. Bushes are usually a little larger than Chinas, with longer weak canes supporting drooping large blooms.
Pictured here are some diverse examples of Tea roses. Rosette Delizy, Miss Caroline, Mrs. B. R. Cant, Fortune’s Five-colored Rose are all examples of large bushes that can range in height from 6-8 feet. Francis Dubreuil is a medium sized shrub and the most fragrant Tea rose in our garden. Tea roses have a full range of colors and color blend including reds, yellows, pinks and whites. Teas generally do not respond well to severe pruning.

**Found & Mystery**

Found and mystery roses include those roses whose true identity has been lost over the course of history. 

Mystery, or more commonly called Bermuda mystery roses are a great choice for southeastern gardeners because our climate is similar to Bermuda’s where they were discovered. Within this group, Bermuda’s Anna Olivier, Brightside Cream, Miss Atwood, and Spice are all excellent candidates for Central Florida gardens. Bermuda’s Anna Olivier is a fast growing bush that produces large light yellow roses with Tea characteristics. Brightside Cream is a highly scented Noisette that produces masses of blooms and makes an excellent climber. Miss Atwood is a large footprint Tea rose that is well suited for a pergola or small arbor. Spice is a very hardy white to light pink China rose with strong, spice fragrance. Maggie exhibits typical Bourbon class form, color and fragrance and many believe it may be a registered rose named Eugène E. Marlitt.

Not all found roses are OGR. One example is the high centered shrub rose called Blushing Damsel pictured here. It is one of the most resilient modern roses I have grown.

**Modern Classes**

With the advent of the first Hybrid Tea, La France, in 1867, the category of modern rose was introduced. This category has grown to include 22 classes of roses. The nine modern classes illustrated here contain most classes that perform best in the Deep South. Since modern roses are the result of cross breeding of species, OGR and modern roses, the bloom size, shape, petal shape, petal count, color, and fragrance vary considerably. Blooms can vary in size from less than an inch to over six inches in diameter. Bloom shapes range from high tight centered roses that typify Hybrid Tea (HT), Grandiflora (GR), Miniflora (MinFl) and Miniature (Min) varieties to single, quartered, rosette, globular and cupped forms more commonly found in Floribunda (F), Shrub (S), Polyantha (Pol), and other modern varieties.
varieties. You can choose almost any color rose other than black or blue. Many hybridization programs have focused on rose form and color to the detriment of fragrance and disease resistance characteristics common in many OGR and Species classes.

**Hybrid Tea (HT)**

The first Hybrid Tea roses came from crosses of Tea roses with hybrid perpetuals. If you were to ask someone on the street to describe a rose, they would most likely describe a high centered single stemmed rose like Veteran’s Honor. It exhibits standard characteristics of the class and is a favorite for many rose growers. HT forms may be quite different. Excite is a single HT but Gemini usually produces blooms in sprays. Hybrid Teas are the most popular modern rose. Most are beautiful, but many lack good traits like fragrance and disease resistance. If you are going to be a serious exhibitor, you will want to select several Hybrid Teas.

**Polyantha (Pol)**

Polyanthas appeared on the scene in France in the late 1800s. They were developed through crosses of China roses and European multiflora roses. They are usually short compact plants that exhibit small clustered sprays of flowers. Shorter varieties make excellent border plantings. Polyanthas are one of the best choices you can make if your primary objective is a beautiful rose garden continuously in bloom from spring to fall.

**Floribunda (F)**

Floribundas resulted from crossing Polyanthas and Hybrid Teas. They typically bloom in sprays and their bloom forms range from Polyanthas to Hybrid Tea forms as you might expect. Like Polyanthas, but somewhat larger,
these are good choices for landscaping because of the number of blooms they produce. Butterfly Kisses is a good example of singles within this category. French Lace and Kanegem are representative of a few Floribundas with bloom forms similar to high-centered Hybrid Teas. Many Floribundas have bloom forms similar to Our Lady of Guadalupe pictured above.

**Grandiflora (GR)**
Floribundas and Hybrid Teas were crossed to produce Grandifloras. These are often larger bushes that produce either single blooms or sprays of. Roses pictured below are good examples of this variety.

![Candelabra](image)
![Queen Elizabeth](image)
![About Face](image)
![Tournament of Roses](image)

**Large Flowered Climber (LCI)**
Fourth of July and Clair Matin are two of the best LCI to grow in the Deep South. Night Owl is also a beautiful example of a climber, but to date, has not performed as well in my garden as the other two examples. Climbers tend to require a lot of space in southern gardens because our long growing season promotes exceptionally large plants. A frequent error made by new rosarians is to use structures that are too high, making maintenance more difficult. Lower, wider structures will result in more blooms and easier maintenance.

**Hybrid Musk (HMsK)**
Hybrid Musks are the result of crossing Rosa multiflora and Rosa muchatta. They are known for their disease resistance and musk fragrance. Their blooms are normally found at the end of long arching canes. Many varieties in this class can be grown as climbers.

![Nur Mahal](image)
![Cornelia](image)
![Buff Beauty](image)
![Ballerina](image)
![Prosperity](image)
**Miniature (Min)**
All classes of Old Garden Roses have corresponding miniature forms. Many small European varieties have been crossed with Asian varieties to produce repeat blooming miniature roses. Most range in height from 6 inches to 36 inches. Grace Seward, pictured at the left is exceptionally vigorous and can grow to a height of 5 feet.

They make ideal container plants which can be grown as patio plants, as long as they get about 6 hours of required daily sunshine. As you can see they come in both single and double forms.

**Miniflora (MinFl)**
In recent years, hybridizers developed larger and larger varieties of miniature roses. Competition between old and new varieties was no longer fair because of this disparity. It became necessary to create a new class called Miniflora. They are larger than miniatures but smaller than other hybrid varieties like Hybrid Teas and Floribunda. Roses pictured above good examples of this class. Many can reach a height of 4 ft and are good choices for border plantings or for exhibiting at rose shows.

**Shrub (S)**
Shrub roses are popular because of their resilience, beautiful colors and variety of bloom forms. Summer Wind and Prairie Harvest are two of many excellent roses hybridized by Dr. Griffin Buck. I would recommend most of his roses to southern gardeners because of their hardiness. Everyone is familiar with Knock Out Shrub roses. They have been a godsend to the rose industry because of their popularity which stems primarily from their low maintenance requirements. David Austin, a world famous English rose hybridizer, has introduced numerous beautiful fragrant Shrub roses. Sophy’s Rose pictured above is a good example of one his roses that performs well in the Deep South and is especially well suited to landscape applications.
Research

Now that we have explored the possibilities, let’s look at selecting specific roses. Before you select roses, it’s important to do some basic research. Accumulate as much information as you can on roses that are grown in your area by using local experts, visiting local rose shows, public and private rose gardens.

Experts

The easiest place to meet experts in your area is at a local rose society meeting. You can find local rose society information and contacts at: http://www.ars.org. At local society meetings, you will find plenty of rosarian experts who are knowledgeable and willing to share information on selecting, exhibiting and growing roses. If you are experiencing a particularly challenging problem choosing or growing roses you should talk to a Consulting Rosarian. The American Rose Society trains and tests local rosarian experts and designates them as Consulting Rosarians. Consulting Rosarians will provide you free advice over the phone or through personal visits to your garden. You can locate local American Rose Society (ARS) Consulting Rosarians on the internet at http://www.ars.org/?page_id=157.

Publications

Whenever possible use reference material written by local experts who know which roses grow well in our southern climate and soil. If publications focusing on your specific local area are not available, you can still find good basic information on selecting roses in national publications. The ARS Handbook for Selecting Roses describes rose characteristics and serves as a rose-buying guide to more than 3,000 rose varieties. It is based on national surveys of rosarian recommendations and can be obtained by joining the ARS or can be purchased separately. Because of the widely differing growth patterns and sizes of rose bushes, you should use information on plant tags, other references publications like Ortho’s: All About the Easiest Roses to Grow, by Dr. Tommy Cairns. It contains detailed pictures and information on several roses that will be very helpful in your selection process.

Internet

Many of you are internet surfers. There is a wealth of information available on the internet, but be cautious in applying it, because it may contain recommendations based on colder or dryer climatic conditions or soil structures different from those in our area. Here are some useful links:

- Modern Roses 12 (Subscription) http://www.stsrv.com/modernroses12/mr12.htm
- Help Me Find - Roses http://www.helpmefind.com/roses
- EarthKind™ Roses http://earthkindroses.tamu.edu/
- Woodland Rose Garden – Growing Roses in the shade http://www.woodlandrosegarden.com/rose/shade1.htm

If you want to compete at rose shows and have an ultimate goal of winning Queen of Show, you will want to weight your purchases with those Hybrid Tea and Grandiflora roses with potential to win. To help narrow your choices, research the records of recent rose shows in the ARS Deep South District on its website.

On the other hand, if your primary goal is just to produce a garden full of beautiful roses your selection options are much more flexible. In any case, select bushes that fit available spaces in your garden. Roses should be spaced far enough apart to insure they have room to grow, good air flow and room for easy maintenance. There is no single pat answer on how far bushes should be planted apart. Internet sites like Help Me Find - Roses can be helpful in determining potential bush size and popularity. It is important to note, rose bushes tend to grow larger in the Deep South than the average sizes you will find in national publications and on the internet.
Time spent learning which roses are low maintenance and easy to grow is paramount for people who have limited time to care for their roses. Texas A & M University oversees the EarthKind™ program which lists the lowest maintenance roses to grow.

While most roses require at least 5-6 hours of daily direct sunlight, you can find recommendations on roses that are somewhat shade tolerant on the Woodland Rose Garden website.

**Plant Sources**

Using good sources when buying roses and rose gardening supplies will go a long way toward increasing your chances for success in growing beautiful healthy roses at minimum cost. If you are lucky, you have a local nursery that specializes in roses and rose gardening supplies. Mail order sources listed below are excellent sources particularly if you want the latest popular roses to exhibit at rose shows.


Big-box stores, like Home Depot, Lowe’s and Wal-Mart also can be used if you are careful with selections and root stock. Almost all roses will perform better if they are grafted on Fortuniana root stock. OGR and EarthKind™ roses on their own root can be purchased from any local source (Home Depot, Lowe's, flea markets etc.). Many other mail order sources can be found on the internet.

**Final Plant Selection**

The final step is plant selection. To increase your chances of success choose containerized roses, grafted on Fortuniana root stock. Fortuniana root stock will increase the vitality of your roses and help counter the threat of nematodes prevalent in Deep South sandy soils. Always try to select roses with at least three healthy new canes emanating from the graft. Grade-one grafted roses are best, but are difficult to find. Choose healthy green plants, with little or no evidence of disease or insect infestation. Buying a plant with the notion that you will be able to correct its deficiencies is not a good idea.

If you follow the steps outlined above, you will be well on your way to selecting beautiful roses that will meet your needs.