Dickinson Parks & Recreation has openings for part-time opportunities throughout the year in the following areas:

- Youth Flag Football Coaches
- Adult Flag Football Officials
- Youth Soccer Coaches
- Adult Volleyball Officials
- Basketball Officials & Scorers
- Tennis Coaches
- West River Ice Center Attendants
- WRCC Building Attendants
- WRCC Control Desk Attendants
- WRCC Child Care Attendants
- WRCC Lifeguards & Waterslide Attendants

**Why work for Parks & Recreation?**

- **Flexible Hours!**
- **Healthy Work Environment!**
- **Rewarding!**
- **Learn Valuable Skills!**
- **Earn Extra Cash!**

**Register Online!**

dickinsonparks.org

You may view and register for most classes online. Watch for this logo throughout the brochure.

**Apply Today!**

701-456-2074
dickinsonparks.org
Information in this brochure will be listed in alphabetical order. Please follow the table of contents to your right to find information on each program.

registration procedures
There are several ways to register for parks and recreation programs and events.

• Register online at www.dickinsonparks.org.

• Register at the Dickinson Parks & Recreation Office Monday-Friday between the hours of 8:00 am to 5:00 pm.

• Please follow specific program registration dates. (For example, aquatics have different registration opening dates for each session).

• When registering for a program, you must pay at registration time—no exceptions.

• Refunds will be allowed for all programs with an unlimited enrollment before the programs begin. No refunds will be given once the program begins.

• We do not want to deny any child participation due to inability to pay (see us for details).

• All programs are open to individuals with disabilities. If special requirements are needed please include with registration.

please assist us by registering prior to deadlines.

Follow us on Instagram... @Dickinsonparks
Tag us in your Instagram photos when using our parks and programs...
#Dickinsonparks

Like us on facebook.com/DickinsonParks
facebook.com/WestRiverCommunityCenter

Dickinsonparks.org

- 3 -
### General Information

**Parks & Recreation**

**Board of Commissioners/Staff**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carol Herauf</td>
<td>President</td>
</tr>
<tr>
<td>Scott Kovash</td>
<td>Vice-President</td>
</tr>
<tr>
<td>Howard Sharpe</td>
<td>Commissioner</td>
</tr>
<tr>
<td>Scott Karsky</td>
<td>Commissioner</td>
</tr>
<tr>
<td>Tim Daniel</td>
<td>Commissioner</td>
</tr>
<tr>
<td>James Kramer</td>
<td>Director of Parks and Recreation</td>
</tr>
</tbody>
</table>

**Business/Finance**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amber Mathieson</td>
<td>Business/Finance Manager</td>
</tr>
<tr>
<td>Leah Hoenke</td>
<td>Administrative Supervisor</td>
</tr>
<tr>
<td>Teri Genzel</td>
<td>Membership Services Supervisor</td>
</tr>
<tr>
<td>Sara Turner</td>
<td>Finance Supervisor</td>
</tr>
<tr>
<td>Jessica Stewart</td>
<td>Accounting Specialist</td>
</tr>
<tr>
<td>Kara Visger</td>
<td>Receptionist</td>
</tr>
</tbody>
</table>

**Parks**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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</thead>
<tbody>
<tr>
<td>Scott Mack</td>
<td>Park Operations Manager</td>
</tr>
<tr>
<td>Daniel Michaels</td>
<td>Park Maintenance Supervisor</td>
</tr>
<tr>
<td>Justin Aufforth</td>
<td>Park Maintenance Supervisor</td>
</tr>
<tr>
<td>Jon Schardin</td>
<td>Park Maintenance Supervisor</td>
</tr>
<tr>
<td>Joseph Binstock</td>
<td>Park Maintenance Specialist</td>
</tr>
<tr>
<td>Jacob Shypkowski</td>
<td>Patterson Lake Caretaker</td>
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</table>

**Recreation**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Ryan Nelson</td>
<td>Recreation/Facilities Manager</td>
</tr>
<tr>
<td>Wilson McLaughlin</td>
<td>Recreation Supervisor</td>
</tr>
<tr>
<td>Caleb Burgard</td>
<td>Recreation Specialist</td>
</tr>
</tbody>
</table>

**Facility Operations**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matt Mack</td>
<td>Facilities Operations Manager</td>
</tr>
<tr>
<td>Alissa Karsky</td>
<td>Facility Supervisor</td>
</tr>
<tr>
<td>Pat Welch</td>
<td>Facility Coordinator</td>
</tr>
<tr>
<td>Jordan Jamieson</td>
<td>Facility Coordinator</td>
</tr>
</tbody>
</table>

**Facility Maintenance**

<table>
<thead>
<tr>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>Xavier Dukart</td>
<td>Facility Maintenance Manager</td>
</tr>
<tr>
<td>Larry Kuether</td>
<td>Facility Maintenance Supervisor</td>
</tr>
<tr>
<td>Jim Deibert</td>
<td>Facility Maintenance Supervisor</td>
</tr>
<tr>
<td>Clint Peterson</td>
<td>Facility Maintenance Specialist</td>
</tr>
<tr>
<td>Jacob Shypkowski</td>
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**Golf**

<table>
<thead>
<tr>
<th>Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Sam Davis</td>
<td>Golf Operations Manager</td>
</tr>
<tr>
<td>Rod Lindborg</td>
<td>Golf Maintenance Supervisor</td>
</tr>
<tr>
<td>Ernie Hill</td>
<td>Pro Shop Supervisor/Golf Pro</td>
</tr>
<tr>
<td>Pat Welch</td>
<td>Golf Coordinator</td>
</tr>
<tr>
<td>Joe Miller</td>
<td>Irrigation Technician</td>
</tr>
</tbody>
</table>

**Mission Statement**

Dickinson Parks and Recreation is a member of the North Dakota Recreation and Parks Association and supports the following mission statement:

*Provide recreational opportunities to enhance the quality of life for the community and its visitors.*

**Parks & Recreation Office Location:**

(inside West River Community Center)

2004 Fairway Street

701-456-2074

Fax: 701-456-2073
dickinsonparks.org

Hours: 8:00 am to 5:00 pm Monday-Friday

**Parks & Recreation Phone Directory**

- Administrative Office ........................................... 456-2074
- Gress Softball Complex ........................................ 456-2058
- Heart River Golf Course ...................................... 456-2050
- Heart River Golf Course Maintenance ....................... 456-2046
- Mustang Complex .................................................. 483-2255
- North Complex ...................................................... 456-2051
- Park Maintenance Shop ......................................... 456-2052
- Patterson Lake Visitors Booth ............................... 456-2056
- Recreation Center ............................................... 456-2057
- Southside Baseball Park ...................................... 456-2044
- West River Community Center ................................ 456-2070

Please contact the Administrative Office with questions during normal office hours of 8:00 am to 5:00 pm Monday-Friday.
**Photography/Video**
Dickinson Parks and Recreation takes photographs and/or video footage of people enjoying our programs, events, parks and facilities. These photographs/video footage are used for parks and recreation publications, such as this activity brochure, web page, etc. The photographs/video footage are used at the discretion of parks and recreation and become the sole property of Dickinson Parks and Recreation.

**Gift Certificates**
We offer gift certificates in all areas of parks and recreation including the West River Community Center, Heart River Golf Course and any Dickinson Parks and Recreation youth or adult program.

**Employment Opportunities**
Dickinson Parks and Recreation has openings for seasonal, part-time opportunities throughout the year in the following areas: Youth coaching, sports officiating, gym supervisors, score keepers, activity instructors, sports coordinators, lifeguards, ticket takers, and many other positions. Please stop by the parks and recreation office at any time throughout the year to fill out an application or visit www.dickinsonparks.org for current job listings as well as an application.

**Access for All**
Dickinson Parks and Recreation is committed to providing equal access for all participants. All programs are open to individuals with disabilities. If special requirements are needed due to a disability, please include a written request with registration form. Thank-you.

**THANK-YOU!**

The success of Dickinson Parks and Recreation is directly attributed to the Dickinson Public and Parochial School Systems, City of Dickinson, Dickinson State University, and all sponsors and individuals providing facilities and support.
Aquatic Lessons

Register at Dickinson Parks & Recreation Office, WRCC Control Desk or online at dickinsonparks.org.

All classes will be held at the West River Community Center

Aquatic Lessons Fee: $38.00
Parent & Me Fee: $25.00
(Fees subject to change)

Please follow the American Red Cross class descriptions (available online at dickinsonparks.org) for each level when registering your child for lessons. Please contact the Dickinson Parks & Recreation at 456-2074 if you have any questions or need assistance.

PLEASE TAKE NOTICE OF REGISTRATION DATES FOR EACH SESSION.
Classes are subject to cancellation if there are less than 4 registrants. In such cases, participants will be contacted and given the option of moving to another class or refunded their payment.

Parent & Me Lessons (ages 6-35 mo.)
Cost: $25.00/session

The Parent & Me program is a great way to introduce aquatic safety skills and water enjoyment for both parent and child. These classes are designed to encourage parent/child learning and water adjustment in a safe and positive setting. Parents accompany their children at all times while an experienced instructor guides parents in teaching their children fundamental safety and aquatic skills. The classes are held in the Leisure Pool at West River Community Center. Parent/child classes are excellent opportunities for children to begin transitioning to the preschool swim program.

Parent & Me sessions are offered for 2 weeks, 3 days/week with 6, half-hour sessions total.

Parent & Me Schedule
Classes meet on Monday/Wednesday/Friday for 2 weeks. Registration opens 3 weeks prior to session start.

MONDAY / WEDNESDAY / FRIDAY

October 12-23, 2015.........................6:00-6:30 pm
*Registration opens 6 am - September 28

March 14-25, 2016.........................5:30-6:00 pm
*Registration opens 6 am - February 22

April 11-22, 2016 .........................6:00-6:30 pm
*Registration opens 6 am - March 21

Aquatic Lessons Schedule

Lessons will be held for five week sessions, twice per week. Monday/Wednesday or Tuesday/Thursday sessions are offered.

REGISTRATION WILL TAKE PLACE SEPARATELY FOR EACH SESSION.
*See schedule and registration opening dates for each session.

Class Descriptions for each level are available from dickinsonparks.org.

**NOTE: Level 3 and up is held in the Lap Pool.

OCTOBER 19-NOVEMBER 19, 2015
*Registration opens 6 am - September 28th

<table>
<thead>
<tr>
<th>Mon &amp; Wed</th>
<th>Tue &amp; Thur</th>
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<tbody>
<tr>
<td>5:30-6:05 pm</td>
<td>Pre C Pre A</td>
</tr>
<tr>
<td>5:30-6:05 pm</td>
<td>Level 1 Level 1</td>
</tr>
<tr>
<td>6:10-6:45 pm</td>
<td>Pre B Pre B</td>
</tr>
<tr>
<td>6:10-6:45 pm</td>
<td>Level 3 Level 2</td>
</tr>
<tr>
<td>6:50-7:25 pm</td>
<td>Level 5 Level 6A-Fitness Swimmer</td>
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January 12-February 12, 2016
*Registration opens 6 am - December 21st

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<td>Pre A Pre C</td>
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<tr>
<td>5:30-6:05 pm</td>
<td>Level 1 Level 1</td>
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<tr>
<td>6:10-6:45 pm</td>
<td>Pre B Pre A</td>
</tr>
<tr>
<td>6:10-6:45 pm</td>
<td>Level 2 Level 3</td>
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<tr>
<td>6:50-7:25 pm</td>
<td>Level 4 Level 6B-Personal Water Safety</td>
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February 29-March 31, 2016
*Registration opens 6 am - February 8

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<th>Mon &amp; Wed</th>
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<tbody>
<tr>
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<tr>
<td>5:30-6:05 pm</td>
<td>Level 1 Level 1</td>
</tr>
<tr>
<td>6:10-6:45 pm</td>
<td>Pre A Pre B</td>
</tr>
<tr>
<td>6:10-6:45 pm</td>
<td>Level 3 Level 2</td>
</tr>
<tr>
<td>6:50-7:25 pm</td>
<td>Level 5 Level 6C-Fundamentals of Diving</td>
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April 18-May 20, 2016
*Registration opens 6 am - March 28th

<table>
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<tr>
<th>Mon &amp; Wed</th>
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<tbody>
<tr>
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<tr>
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<td>Level 1 Level 1</td>
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<tr>
<td>6:10-6:45 pm</td>
<td>Pre B Pre A</td>
</tr>
<tr>
<td>6:10-6:45 pm</td>
<td>Level 2 Level 3</td>
</tr>
<tr>
<td>6:50-7:25 pm</td>
<td>Level 4 Level 5</td>
</tr>
</tbody>
</table>

WAIT LIST: If a class is full, please make sure you register for the wait list. We fill wait list spots often and will call in the order of registration.
**Water Aerobics**

With a wide variety of classes, we are sure to have the class you are looking for! We offer classes from low to high intensity using a variety of equipment. **Try something new!** Please view our group fitness schedule online or at the WRCC media rack.

Water Aerobics is included in the full-center package at the WRCC. Drop-ins welcome.

---

**Lifeguards Wanted**

Dickinson Parks & Recreation with Stark County Red Cross holds lifeguard courses as needed throughout the year. If you are interested in becoming a lifeguard or need re-certification please call the Aquatics Specialist at 701-456-2070.

**BE A LIFEGUARD!**

- Flexible Hours!
- Healthy Work Environment!
- Rewarding!
- Fun!
- Learn Valuable Life Saving Skills!
- Earn Extra Cash!

---

**Learn to Fly... SWIM WITH THE DOLPHINS!**

The Dickinson Dolphins Swim Team is open to any youth, age 6-18, who enjoy swimming and want to learn new skills and endurance. The essence of the program is personal improvement; achieving a “personal best”, while being part of a team. The Dickinson Dolphin Swim Team is associated with USA Swimming, a sponsor of the US Olympic Trials.

During Splash Week youth swim for **FREE** and swimming skills will be evaluated to ensure the swimmer is able to complete swim team workouts. Swimmers should be able to swim the length of the pool or have completed Level 3 in swimming lessons.

If you are interested in fun, friends, and fitness, this is an opportunity to see if swimming with the Dolphins is for you! Come try it out for three days with no obligation.

**Splash Week**

- **Date:** November 16, 17, 18, 19, 2015
- **Ages:** 6 and up
- **Time:** 4:00-5:30 p.m. / Register for the season nightly 5:00-5:30 pm
- **Location:** West River Community Center Lap Pool
- **Fee:** **FREE**

**Note:** Your family **DOES NOT** need to be a member of the West River Community Center for your child to be a member of the Dolphin Swim Team.
Youth Basketball Tournaments
NEW FORMAT!
*This year, we’ll be splitting up each tournament in two separate
days depending on grade level. Teams will play one day only.

32nd Annual Optimist Tournaments
Dickinson Parks and Recreation, in conjunction with the
Optimist Club, wishes to extend an invitation to youth
basketball teams (grades 4-8) to participate in the 32nd
Annual Youth Optimist Basketball Tournaments.

2015-2016 Tournament Dates:
Saturday & Sunday, November 14-15, 2015
SATURDAY-Boys (Gr. 4-8) and SUNDAY-Girls (Gr. 4-6)
Entry Fee: $140.00 (3 game guarantee)
Entry Deadline: Tuesday, November 3, 2015

Saturday & Sunday, April 9-10, 2016
SATURDAY-Boys and Girls (Gr. 4-6)
SUNDAY-Boys and Girls (Gr. 7-8)
Entry Fee: $140.00 (3 game guarantee)
Entry Deadline: Tuesday, March 29, 2016

18th Annual THS/DHS Booster Tournament
Saturday & Sunday, January 16-17, 2016
SATURDAY-Girls (Gr. 4-6); SUNDAY-Boys (Gr. 4-6)
Entry Fee: $140.00 (3 game guarantee)
Entry Deadline: Tuesday, January 5, 2016

All proceeds benefit THS & DHS Athletics.

Youth Basketball Mini-Camps
Boys / Girls Mini-Camp
Dickinson Parks & Recreation in
conjunction with Dickinson State
University Head Men’s Basketball
Coach Justin Wetzal and Women’s
Basketball Coach Mark Graupe will
host a one day mini-camp.

BOYS-Date: Saturday, September 19
GIRLS-Date: Saturday, September 26
Grades: 3rd-6th
Times: 9:00-11:00 am (report by 8:30 am)
Location: West River Community Center
Cost: FREE

Youth Basketball Training
Offered by Healthy Results, Inc. - See page 14 for details.

Adult Basketball Tournaments

Blue Hawk Booster Tournament
Saturday & Sunday, February 20-21, 2016
Divisions: Men’s: A, Comm 1, Comm 2, Recreation 1,
Recreation 2; Women’s: A, Recreation
Location: Local Gymnasiums
Entry Fee: $200.00 (3 game guarantee)
Entry Deadline: Tuesday, February 9, 2016
All proceeds go to Dickinson State University Athletics.

NDABI State Tournament
(North Dakota Amateur Basketball Incorporated)
Date: April 1-3, 2016
Location: Bismarck
Entry Fee: Men’s A $155 / All other divisions $140
Entry Deadline: Wednesday, February 24, 2016
Register at Dickinson Parks and Recreation.

Adult Basketball Leagues

3x3 Men’s Basketball League
If you are interested in forming a team, please contact
Dickinson Parks and Recreation.
PROGRAM INFORMATION:
Player Fee: $32.00
Sponsor Fee: $75.00
Fees and Rosters Due: Wed., September 2, 2015
Manager’s Meeting: Tues., September 8, 6 pm-WRCC

Men’s/Women’s Basketball League
League play for men, women and old pro teams. If you
are interested in forming a team, please contact Dickinson
Parks and Recreation.
PROGRAM DATES: November 30, 2015-March 30, 2016
League Play: Men - Mondays & Wednesdays
Old Pro - Tuesdays
Women - Thursdays

(Sunday’s may be scheduled to fill out schedule)
Packet Available: Thursday, September 29, 2015
Fees and Rosters Due: Tuesday, November 3, 2015
OLD PRO:
Old Pro players are to contact the Parks and Recreation
Office at 456-2074 no later than Wednesday, November
4, if you wish to have your name added to the old pro
draft list. Players must also pay the registration fee at that
time. Interested players must be 32 years of age by
December 31, 2015.
OLD PRO DRAFT: Tuesday, November 10, 2015
6:00 pm - WRCC

Boy Scouts
Please see page 10 for Boy Scouts.
West River Community Center
2004 Fairway Street, Dickinson • 456-2070

We invite you to spend some time and enjoy the West River Community Center. The staff at West River Community Center are ready to make your stay in our facility a memorable and pleasant experience. Open seven days a week, the community center has a friendly and welcoming family atmosphere for all ages. Memberships and daily drop-in rates are available.

- 4 Gymnasiums and MAC (multi-athletic court)
- 3 Racquetball/Wallyball Courts
- 2 Indoor Tennis Courts
- Indoor 8 Lane, 25 Yard Lap Pool
- Indoor Leisure Pool with 2 water slides and lazy river
- Indoor Whirlpool, Sauna and Steam Room
- Outdoor Water Park w/ lazy river and 3 waterslides
- 3 Community Rooms offering a wet party room and patio
- Large Strength & Cardio Fitness Areas
- Lobby/Lounge/Vending Area
- 3 Group Fitness Studios
- Indoor Playground
- Drop-in Childcare
- Walk/Jog Track (5 laps to a mile)
- 23' Climbing Wall
- 2 Tanning Beds
- Golf Simulator / Driving Cage
- Table Tennis
- Personal Training Services

Membership Options
The West River Community Center offers memberships for 1-month, 3-month or annual with individual or family options. We also have punch cards and daily passes available. For more information on memberships, please contact the Membership Services Supervisor at 456-2070.

Climbing Wall Belayer Classes
The West River Community Center offers Learn to Belay classes. These classes are anyone ages 16+ who want to become a certified belayer. Being a certified belayer allows you to climb the wall during open climb hours rather than just during the supervised climb hours.

Upcoming Classes
Times: 7:00-9:00 pm each session
Dates: Class dates are listed in our monthly newsletter
Cost: $15.00
Participants must attend both sessions to become certified. Pre-register is required at WRCC.

Group Fitness Classes
WRCC offers a wide variety of land and aqua group fitness classes for ages 14 and up. All classes are included in your WRCC membership or available for a drop-in fee.

Classes offered include:
Aqua Aerobics, Ab Blast, Body Sculpt, Boot Camp, Cycle, Forever Fit, Insanity, Kettlebells, Kids Fit, Pilates & Yoga, SilverSneakers, TRX, Zumba and More!

All instructors are certified and all classes may be modified based on your fitness level. For more information on group fitness, please visit westrivercommunitycenter.com or pick up a schedule from the WRCC media rack.

Kids Fit Classes
Kids Fit for ages 3-5
Day: Wednesday & Friday
Time: 9:15 am
Location: West River Community Center
Fee: WRCC membership or $4 daily

Kids ages 3 to 5 will learn about their muscle groups while doing fun activities such as marching in place to warm up, leaping like a frog, stomping like a rabbit, practicing monkey arms and other fun activities such as red light/ green light. Not to mention, visits from special guests such as the Easter Bunny and Santa.

Parents must accompany children and be present during class. Please no street shoes.

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dickinsonparks.org

701-456-2074

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2004 Fairway Street, Dickinson • 456-2070

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dickinsonparks.org

701-456-2074
Boy Scouts

BOY SCOUTS OF AMERICA®
NORTHERN LIGHTS COUNCIL

Trevor Courneya
District Executive
701-261-1909
26 W Villard St, Dickinson, ND  58601

Dates and times vary by unit
Fees are $24/year
1st Grade through 12th Grade
No registration deadline

For more information, please visit:
https://beascout.scouting.org
http://www.nlcbsa.org/roughrider
https://www.facebook.com/nlcbsaroughrider

Dance

Academy of Dance
103 8th Avenue West • Dickinson • ND • 227-4970

We offer classes in
Ballet, Tap, Jazz, Hip Hop, Modern, Stretch, Toning, and Celtic

Classes available for girls and boys
18 months thru adult!

Call 701-227-4970
Email
academyofdance89@gmail.com
or visit our website at
academyofdancend.com
for more information.

Classes open until October 31st.

Additional classes starting in January!

Boy scouts - dance
Artistic Exchange Dance Studio

To Register:
Check out our website
www.artisticexchangedancestudio.com
or call Megan VanSon at
701-260-0817

We Offer:
Mommy and Me Classes
Introduction through Advanced Classes

NEW TO OUR STUDIO:
College and Adult Hip Hop!
CLOGGING FOR AGES 4 TO ADULT!

REGISTER TODAY! SLOTS ARE FILLING FAST!
Heart River Golf Course
2510 8th St SW, Dickinson
2 miles west of Dickinson on 8th St SW
Managed by Dickinson Parks and Recreation

The general public is welcome to use the golf course by either paying green fees or purchasing a season pass. Tee time reservations can be made by calling the Golf Pro Shop at 456-2050.

FALL HOURS OF OPERATION:
September 8 - 7:00 am to sunset
October 1 - 8:00 am to sunset
(opening and closing may vary according to weather conditions).

Remaining Tournaments for 2015
Kevin Bergman Labor Day Classic...September 5-7
Ball Buster Scramble.........................September 19
Last Chance Tournament....................October 17

Golf Promotions
Heart River Golf Course offers several promotions throughout the fall and winter.

Fall Promotions
• Buy a Fall pass for $150.00 (+ tax) good for the remaining golf season.
• Twilight Special - $17 (+ tax) green fee after 4:00 pm. Cart included.

Early Bird Promotion
• Buy your 2016 Season Pass before 1/31/16 and receive a 5% discount.

Golf Lessons
Keep your swing in shape! Call Ernie (760-641-4015) to schedule your private lesson today. $40/hour.

2016 Golf Tournaments
Any group or organization that would like to have a golf tournament at Heart River Golf Course may do so by making a written request after November 1, 2015. Dates will be established based on 2015 tournament dates. Call 456-2050 for more information.
Golf - Disc Golf Courses
Play a round of golf at these great locations:
Memorial Park .................. 801 5th Ave W
Jaycees Park................... 497 2nd St SE
Patterson Lake ............... 3753 114th Ave SW

Optimist Disc Golf Course at Memorial Park - 12 hole course with multiple pins and dual tees. Fairly open course with good elevation.

Jaycees Park Disc Golf Course - 9 hole course redesigned in 2007 for recreational and youth play. Beautiful course along the Heart River.

Patterson Lake Disc Golf Course - 12 hole course built in 2006. Diverse professional course next to Patterson Lake. Wide variety from very long and open to short and very tight play.

Dickinson Disc Golf Club
For more information on the Disc Golf Club please contact Darrell Nodland at 260-8090 or Glen Bruhschwein at 483-3161.

REGISTRATION
will be Mon., August 24 through Sat., August 29 (late registration will be allowed if room remains in classes).

FALL GYMNASTICS: Beginning August 31
Tiny Tots (3 & 4 yr olds) 
Mon. 6:15-6:55 pm 
Mon. 7:00-7:40 pm 
Tues. 6:15-6:55 pm 
Tues. 7:00-7:40 pm 
Wed. 6:15-6:55 pm 
Wed. 7:00-7:40 pm 
Thurs. 6:15-6:55 pm 
Thurs. 7:00-7:40 pm
Fees for the Entire Month! 
One lesson per week: $36.00 
Two lessons per week: $68.00 
Three lessons per week: $100.00

Levels 2 & 3 (Beginners) 
Mon. 6:15-7:10 pm 
Mon. 7:00-7:55 pm 
Tues. 6:15-7:10 pm 
Tues. 7:00-7:55 pm 
Wed. 6:15-7:10 pm 
Wed. 7:00-7:55 pm 
Thurs. 6:15-7:10 pm 
Thurs. 7:00-7:55 pm

Levels 4, 5 & 6 (Int.-Adv.) 
Mon. 7:45-8:40 pm 
Mon. 7:45-8:40 pm 
Tues. 7:00-7:55 pm 
Tues. 7:45-8:40 pm 
Wed. 7:45-8:40 pm 
Wed. 7:45-8:40 pm 
Thurs. 7:45-8:40 pm 
Thurs. 7:45-8:40 pm

$20.00 Annual Family Membership. All memberships will be due in the fall. Gymnasts that are new beginning January 1 will be charged 50% annual membership ($10) for the remainder of the school year. Memberships paid in the summer are good through the following school year. FAMILY RATES: 1st child regular fee. Each additional child 10% off.

West River Ice Center
WINTER GAMES: Skating"
Gymnastics
Dickinson Gymnastics Club
979 13th Avenue West, Dickinson High School,
Phone: 456-0011 / Director: Kent Van Ells

REGISTRATION
will be Mon., August 24 through Sat., August 29 (late registration will be allowed if room remains in classes).

FALL GYMNASTICS: Beginning August 31
Tiny Tots (3 & 4 yr olds) 
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Healthy Results, Inc. is the exclusive provider of personal training services at the West River Community Center. All Healthy Results staff are educated and experienced professionals with certifications in one or more of the following:

- National Strength and Conditioning Association (NSCA)
- American College of Sports Medicine (ACSM)

All personal trainers are certified in CPR and are knowledgeable of safe exercise technique and use of exercise machines and free weights along with a working knowledge of body mechanics, anatomy and physiology.

**Personal Trainers Available:**
Natashia Ash, CSCS; Terri Stevenson, ACSM; Staci Moore, CSCS; Michelle Orton

**Licensed Registered Dietitian Available:**
Kailah Haag, LRD

To make an appointment with a personal trainer or dietitian please call 260-8803 or email: healthyresultsincorporated@gmail.com

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### F.Y.T. After School Program

F.Y.T. (Fit Youth Training) After School Program was designed as a continuation of F.Y.T. Camp to help kids ages 7-12 improve their muscular strength, enhance motor skills (ex: sprinting, jumping, etc.) and aerobic power and endurance. Staci Moore, a Healthy Results, Inc. Personal Trainer will expose each child to a variety of safe, effective and fun training methods to give them the competitive edge for sports performance, reduced risk of injury, and tools for a healthier lifestyle. A supervised and planned exercise program will be provided each camp day that includes a F.Y.T. Conditioning Circuit, a F.Y.T. Strength Training Progression, and a F.Y.T. Flexibility Routine. There will be an emphasis on athletic movements, speed and power development to prepare each child for a fall, winter, or early spring sport.

**Program Details:**
- **Fall Session:** Sept 8 - Nov 5, 2015
- **Winter Session:** Jan 12- Mar 10, 2016
- **Days:** Tuesday & Thursday
- **Time:** 4:00-5:30 pm
- **Age:** 7-12 years
- **Cost:** $140 (WRCC members) or $152 (non-member)
- **Instructor:** Staci Moore, Healthy Results, Inc. Personal Trainer

### Basketball Training

Healthy Results, Inc. is offering personalized small group and individual basketball training. Small groups are forming now, so call and reserve your appointment today!

**Program Details:**
- 5 Sessions (1 hour each) scheduled at your convenience
- **Age:** 10-18 years
- **Cost:** Individual - $250  
  Partner - $200/athlete  
  Group of 3 - $175/athlete  
  Group of 4 - $150/athlete  
  Group of 5 - $125/athlete

**Instructor:** Staci Moore, Healthy Results, Inc. Personal Trainer

### Healthy Pregnancy & Exercise Nutrition Program

**Trainer:** Terri Stevenson & Healthy Results Personal Trainers

**Who:** Pregnant Women (any trimester)

**Purpose:** Prescribe personalized exercise & nutrition program for expecting mothers.

**Registration:** Email healthyresultsincorporated@gmail.com or Call Natashia Ash to schedule your appointments.

**Package #1 Includes:** 5 sessions with a Certified Personal Trainer (Consultation, Fitness Assessment, and Exercise Program Demonstration). **Cost:** $300.00

**Package #2 Includes:** 5 sessions with a Certified Personal Trainer (Consultation, Fitness Assessment, and Exercise Program Demonstration) PLUS 3 sessions with a Licensed Registered Dietitian (Assessment, Goal Setting, and Nutrition Prescription). **Cost:** $565.00

### Sweating for the Wedding

**Trainer:** Terri Stevenson & Healthy Results Personal Trainers

**Who:** Bride and/or Groom

**Purpose:** Prescribe personalized exercise & nutrition programs for the bride and/or groom to be fit & healthy on the happiest day of their lives.

**Registration:** Email healthyresultsincorporated@gmail.com or Call Natashia Ash to schedule your appointments.

**Package Includes:** 5 sessions with a Certified Personal Trainer and a personalized exercise program. **Ask about Add-on Packages.** 

**Cost:** $315.00/person (Individual Package) or $265.00/person (Partner Package)

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**Healthy Results, Inc. Program Registration**

Registration forms will be available at the WRCC front entrance media rack or online at www.westrivercommunitycenter.com
Heart River Retreat
Dickinson Parks & Recreation has recently finished renovating the old Teen Center location into a great group rental space!

This newly renovated building overlooks Heart River Golf Course and is a great space ready to accommodate family reunions, company gatherings, graduation or birthday parties and much, much more!
(This is not a dance facility)

Rental Fees:
Daily Rental = $165/day (5 or more hours)
Hourly Rental:
0-3 hours = $75 (min)
3-4 hours = $105
4-5 hours = $135

Available now for Group Rentals
Heart River Retreat overlooks the scenic Heart River Golf Course and is a great space ready to accommodate family reunions, company gatherings, graduation or birthday parties and much, much more!

CALL 701-456-2074
TO RESERVE YOUR NEXT EVENT
LOCATED AT
2475 WEST BROADWAY, DICKINSON
**LEARN-TO-SKATE**

This program is set up to teach each child the basic skills for skating. Our main goal is for each child to get enjoyment out of the activity of ice skating and the ability to skate on their own.

**Sessions** | **Dates** | **Times**  
-------------|-------------|-------------
Session 1    | August 17-20, 2015 | 6:00-7:00 pm  
Session 2    | October 12-15, 2015 | 6:00-7:00 pm  
Session 3    | October 19-22, 2015 | 6:00-7:00 pm  
Session 4    | November 2-5, 2015 | 6:00-7:00 pm   
Session 5    | November 9-12, 2015 | 6:00-7:00 pm  
Session 6    | December 7-10, 2015 | 6:00-7:00 pm  
Session 7    | January 4-7, 2016 | 6:00-7:00 pm

Fees: $15.00 per Session

Visit dickinsonhockey.com or call 483-7825 for registration information.

**NOTE:** Each week will be limited to 30 participants. The DHC requires each participant to wear a properly fitted hockey or figure skate as well as a hockey helmet with a cage. The DHC will have this equipment available to all participants if needed. If equipment is needed, please have participant arrive at the rink between 5:15-5:45 pm on the first day of camp so the coaches can fit the participant for skates and a hockey helmet.

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**USA HOCKEY’S TRY HOCKEY FOR FREE DAY’S**

Girls Day - Saturday, October 10, 2015  
Saturday, November 7, 2015  
Times for each are to be announced.

**For more information contact:**
Dallas Kuntz, Dickinson Hockey Club at 483-PUCK (7825) or e-mail dickinsonhockey@ndsupernet.com  
www.dickinsonhockey.com

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**WANTED! Hockey Coaches and Referees**

The Dickinson Hockey Club is looking for professional, energetic people, with hockey experience for the 2015-2016 season. We need coaches for all levels based on your hockey background. The pay is negotiable based on experience. The commitment of our coaches would last from October through mid-March.

For more information call 701-483-7825 (leave message).
Holiday Events Schedule

Take some time and enjoy some of these events scheduled for the holiday season.

Jingle Bell 5K Walk/Run.................................................................................................................. Saturday, December 5
Santa Hotline.............................................................................................................................. Tuesday-Thursday, December 8-10
New Year’s Eve Party .............................................................................................................. Thursday, December 31

Santa Hotline

Hey kids! Santa and Mrs. Claus want to know what’s on your Christmas list.

If you would like Santa or Mrs. Claus to call you between the hours of 5:00-7:00 pm on the nights below, please sign up on our web site, fill out a registration form or call our office at 456-2074.

Tuesday, December 8
Wednesday, December 9
Thursday, December 10

Forms will be distributed through the schools in December and will also be available at Dickinson Parks & Recreation, WRCC and on our web page at www.dickinsonparks.org.

NEW YEAR’S SKATING PARTY

Sponsored by Lyons Concrete

THURSDAY, DECEMBER 31, 2015
1:00-4:00 PM
(Doors open at 12:30 pm)
WEST RIVER ICE CENTER

Dickinson Parks and Recreation invites you to bring the entire family to enjoy music, skating, door prizes, games, food and nonalcoholic beverages

FREE ADMISSION!
Skate Rental $2 (while inventory lasts)
Dickinson Parks & Facilities Map

There are approximately 1,538 acres of land that Dickinson Parks and Recreation owns, manages and maintains. The following is a map and legend of local parks and facilities. Most parks are open year-round, with some facilities operating on a seasonal basis. See our Parks/Facilities Legend on page 20.
*See our Parks/Facilities Legend on page 20.
# Parks & Facilities Legend

*See parks map on page 18-19.

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<th>Parks</th>
<th>Acres</th>
<th>Bandshell</th>
<th>Basketball</th>
<th>Bike/Hike Path</th>
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<th>Disc Golf</th>
<th>Fishing Area</th>
<th>Golf</th>
<th>Grills</th>
<th>HorseShoes</th>
<th>Nature Area/Open Space</th>
<th>Playground</th>
<th>Pools (Indoor &amp; Outdoor)</th>
<th>Ponds (Lake/Pond/River)</th>
<th>Reservable Shelter/Room</th>
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<th>#</th>
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<tr>
<td>25</td>
<td>City Tennis Courts</td>
<td>650 6th St W</td>
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<td>Dickinson Dike</td>
<td>2302 Broadway W</td>
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<td>27</td>
<td>Dickinson Dog Park</td>
<td>455 8th Ave SW</td>
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<td>28</td>
<td>Gress Softball Complex</td>
<td>455 8th Ave SW</td>
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<td>29</td>
<td>Heart River Golf Course</td>
<td>2510 8th St SW</td>
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<td>30</td>
<td>Hearth River Retreat</td>
<td>2475 Broadway W</td>
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<td>31</td>
<td>Mustang Baseball Complex</td>
<td>2004 Fairway St</td>
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<td>32</td>
<td>North Softball Complex</td>
<td>1600 Fairway St</td>
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<td>33</td>
<td>Patterson Lake Recreation Area (Information Booth)</td>
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<td>34</td>
<td>Skate Park</td>
<td>2015 Empire Rd</td>
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<tr>
<td>35</td>
<td>Southside Ballpark</td>
<td>240 2nd St SE</td>
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<td>36</td>
<td>West River Community Center</td>
<td>2004 Fairway St</td>
</tr>
<tr>
<td>37</td>
<td>West River Ice Center (former Recreation Center)</td>
<td>1985 Empire Rd</td>
</tr>
<tr>
<td>38</td>
<td>West River Soccer Complex</td>
<td>2015 Empire Rd</td>
</tr>
</tbody>
</table>
Parks

Park Reservations
Groups planning picnics may reserve a shelter by calling Dickinson Parks and Recreation.

- Eagles Park
- Gress Softball Complex
- Jaycee Park
- Lion’s Park (Patterson Lake)
- Old Archery Range (Patterson Lake)
- Rocky Butte Park
- Turtle Park

A nonrefundable fee of $35.00 per shelter is required for all parks except Eagles and Lions Park, which requires a nonrefundable fee of $40.00 per shelter. Fee must be paid at time of reservation.

*Reservations can be made for the 2016 season beginning Monday, January 4, 2016 at the Parks and Recreation Office. (Shelter fees subject to change)

At the time of reservation, you must agree to the permit terms for use of the picnic shelters and if needed, an alcoholic beverage permit. This may be done during regular office hours of 8:00 am to 5:00 pm Monday through Friday.

Picnic bags (containing a volleyball, football, soccer ball, softball bat, 2 softballs, 2 frisbees and horseshoes) are available for a rental fee of $5.00 per bag.

Parks - Dickinson Dog Park
802 5th St SW (next to Gress Softball Complex)

The Dickinson Dog Park consists of two fenced in areas, separated for big and small dogs. The park is open to the public during daylight hours. This project is a cooperative effort between Dickinson Parks & Recreation and Oreo’s Animal Rescue non-profit group.

Racquetball

Racquetball Junior Lessons
Location: West River Community Center
Fee: $18/member or $23/non-member
Class Limit: Minimum 3 / Maximum 6 per class
*Fees subject to change

Dates: January 4, 11, 18 & 25, 2016
Day: Monday
Age: Time:
Age 6-7 4:00-4:55 pm
Age 8-10 5:05-6:00 pm
Deadline: Monday, December 21, 2015

*Reservations can be made for the 2016 season beginning Monday, January 4, 2016 at the Parks and Recreation Office. (Shelter fees subject to change)

At the time of reservation, you must agree to the permit terms for use of the picnic shelters and if needed, an alcoholic beverage permit. This may be done during regular office hours of 8:00 am to 5:00 pm Monday through Friday.

Picnic bags (containing a volleyball, football, soccer ball, softball bat, 2 softballs, 2 frisbees and horseshoes) are available for a rental fee of $5.00 per bag.

Patterson Lake Off Season Hours
All services will be closed down October 1 and will open again May 2016. During winter months, roads will be closed at the beach area.

dickinsonparks.org
Running

Elementary Cross Country Meets
Cross Country program for 6th grade and under.
There will be three different meets in September.

Scheduled Meets:
Wednesday, September 9 (4:30pm) Gress Softball Complex
Wednesday, September 16 (4:30pm) Gress Softball Complex
Wednesday, September 23 (4:30pm) Gress Softball Complex

Approximate Race Distances:
2nd Grade & Under - 1/2 Mile
3rd-4th Grade - 1/2 Mile
5th & 6th Grade - 1 Mile

This program will be offered free of charge. Registration will take place a 1/2 hour before race time the day of race at the race site. For more information call 456-2074.

Jingle Bell Run/Walk
Date: Saturday, December 5, 2015
Registration: 9:30-10:15 am @ WRCC
Race Time: 10:30 a.m.
Entry Fees: $20.00 received by Nov 20 / $25 after Nov 20 / $30 day of race

Pick up a registration form at WRCC or from dickinsonparks.org

Skate Park
2015 Empire Road

The Skate Park Plaza was completed in 2011 is located in Leisure Park next to the West River Community Center.

Skiing - Cross Country
Dickinson Parks & Recreation offers groomed cross country ski trails located at Heart River Golf Course beginning at Heart River Retreat, 2475 W. Broadway (old teen center). Currently the trail is 1.5 miles. We will be experimenting with different styles and distances with the trails. Skiing trails are dependant on appropriate snow conditions.

Instagram
FOLLOW US ON INSTAGRAM @dickinsonparks and share your photos #dickinsonparks
Soccer Coaches & Referees Needed:
Are you interested in being a soccer coach or referee?
Please contact us at dickinsonsoccer@ndsupernet.com.
We would love to meet you to discuss our program.
Soccer - Dickinson Soccer Club
Dickinson Soccer Club is a club sport governed by a volunteer board. See page 22 for more information on club soccer or visit dickinsonsoccer.com.

Soccer - Fall Soccer
Fall Soccer for Kindergarten and 1st Grades offered by Dickinson Parks & Recreation.

Registration Dates:
Monday, August 24 - Tuesday, September 1
*Register online at dickinsonparks.org or at the Parks and Recreation Office.

Player Fee: by Sept. 1 - $28 or $33 after Sept. 1

<table>
<thead>
<tr>
<th>Grade</th>
<th>Day</th>
<th>Start/End</th>
<th>Time</th>
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<tbody>
<tr>
<td>K</td>
<td>Tues/Thur</td>
<td>Sept 8-Oct 20</td>
<td>4:00-4:55 pm</td>
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<tr>
<td>1st</td>
<td>Tues/Thur</td>
<td>Sept 8-Oct 20</td>
<td>5:05-6:00 pm</td>
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</table>

Softball - Girls Softball Mini-Camp
Dickinson Parks & Recreation in conjunction with Dickinson State University Head Softball Coach Kristen Fluery will host a one day mini-camp.

Date: Sunday, September 13
Grades: 3rd-6th
Times: 1:00-3:00 pm (report by 12:30 am)
Location: North Softball Complex
Cost: FREE

Softball - Dickinson Soccer Club
Dickinson Soccer Club is a club sport governed by a volunteer board. See page 22 for more information on club soccer or visit dickinsonsoccer.com.

Softball - Adult League
League play for men's, women's and coed teams. Registration information will be available from dickinsonparks.org. If you are interested in playing on a team, please contact Dickinson Parks and Recreation.

Softball - Umpires Needed
If you are interested in umpiring for the 2016 Season please call 701-456-2074.
**Tennis - Youth Lessons**

The Youth Tennis Program is designed to introduce children from grades 1 to 6 to the game of tennis. Through engaging drills and games children will learn proper form, footwork and rules. Any ability level is welcome as our instructors will modify lessons to your child's needs.

**Grades:** 1-6  
**Fee:** $25/WRCC members or $35/non-members  
**Location:** WRCC Indoor Courts

**Fall Session:**  
Grades 1-2:  
Tuesdays 4:00-5:00 pm  
October 27-December 8, 2015

Grades 3-6:  
Thursdays 4:00-5:00 pm  
October 29-December 17, 2015

**Tennis - Pre-Super Bowl “Doubles” Tennis Tournament**

**Date:** February 5-6, 2016  
**Ages:** High School to Adult  
**Divisions:** Mixed Doubles, Women’s Doubles, Men’s Doubles

**Registration Deadline:** Tuesday, December 16, 2014  
Pick up a registration form from the WRCC media rack or www.westrivercommunitycenter.com.

**Trails - Enjoy a walk on one of these great trails in Dickinson**

**Rocky Butte Park**, 566 Fairway Street  
scenic .80 mile loop around Rocky Butte Park

**Eagles Park**, 428 2nd Ave SW  
walk this scenic trail by the riverside to Gress Softball Complex

**Leisure Park**, 2015 Empire Road  
1.1 mile loop around the West River Ice Center and West River Community Center. Accomodations include benches located along the trail with many trees planted along the way. The trail also has great access to the Mustang Baseball Complex, West River Ice Center and West River Community Center.

**NEW! Leisure Park Trail has been expanded to encompass the new CHI St. Joseph’s Hospital.** The trail will include benches and great views of our growing community in western Dickinson.

**Badlands Self-Paced Triathlon**

August 31 - October 9, 2015  
$20.00/person

Workout at your own pace with 40 days to reach your goal!

**Divisions:**
- **Ultra Ironman (Double)** - 5.2 mile swim, 52 mile run/walk, 220 mile bike
- **Ironman** - 2.6 mile swim, 26 mile run/walk, 110 mile bike
- **Tinman** - 1.5 mile swim, 13 mile run/walk, 55 mile bike
- **Olympic** - 1 mile swim, 6 mile run/walk, 24 mile bike
- **Sprint** - 750 meter swim, 3 mile run, 12 mile bike

**Event Description:**
- Competitors will choose which category they would like to compete in with 40 days to reach their personal goal.  
- Activity miles may be completed at WRCC or outdoors.  
- We will rely completely on the honor system for all competitors when recording their mileage totals.  
- All competitors that reach their goal by the end of the event will receive a t-shirt.

**Click here to register** or pick up an entry form at the WRCC Control Desk.

**Tennis Court Locations**

*West River Community Center ..........2004 Fairway St  
(indoor courts)*

*City Courts (outdoor) .........................650 6th St W  
(across from Optimist Park)*

*Dickinson High School (outdoor) ........979 13th Ave W  
(Southwest side of Dickinson High School)*

*Dickinson State University (outdoor) ..291 Campus Drive  
(Northwest of Pulver Hall)*

*Eagles Park (outdoor) .........................428 2nd Ave SW*

*Tennis courts are lighted until 10:30 pm through fall time change.*

dickinsonparks.org
**Veteran’s Memorial**

801 5th Ave W, Dickinson, ND
The Stark County Veterans Memorial Association is spearheading the effort to build a Veterans memorial at Memorial Park in Dickinson. This memorial will honor all of Stark County’s more than 7,000 Veterans who have served honorably in our armed forces, from the Spanish American War through present conflicts. For more information regarding the Veterans Memorial, please contact: 701-225-9461 or info@StarkCountyVeterans.org

**Volleyball - Adult Leagues**

League Play: Coed - Mondays
Women - Wednesdays

Player Fee:
Fall League - $35.00
Winter League - $35.00

Sponsor Fee:
Fall League - $80.00
Winter League - $80.00

*Fees subject to change

**Fall Leagues:**
Registration Deadline: Thursday, August 13, 2015
Manager’s Meeting: Wed., Sept. 2, 6pm - WRCC
PROGRAM BEGINS: Wed., September 9 (women)
Mon., September 14 (coed)

**Winter League:**
Packets Ready: Thursday, November 5, 2015
Registration Deadline: Thursday, December 10, 2015
PROGRAM BEGINS: Wed., January 13, 2016 (women)
Mon., January 18, 2016 (coed)

*Schedules will be available online at dickinsonparks.org or at the DPRD office.

**Volleyball - DSU Mini Camp**
Dickinson Parks & Recreation in conjunction with Dickinson State University Head Volleyball Coach Jennifer Hartman will host a one day mini-camp.

Date: Saturday, November 21
Grades: 3rd-6th
Times: 9:00-11:00 am (report by 8:30 am)
Location: West River Community Center
Cost: FREE

**Volleyball - Youth Program**
Spring program - Details TBA

**Volleyball - Adult Leisure**
WOMEN’S - SCHOOL YEAR

Date: August 26, 2015 - May 25, 2016
Day: Monday & Wednesday
Time: 1:00-3:00 pm
Location: West River Community Center
Fee: Free with WRCC membership or $3.00 drop-in

COED - SCHOOL YEAR

Date: August 30, 2015 - May 29, 2016
Day: Sunday
Time: 3:30-7:30 pm
Location: West River Community Center
Fee: Free with WRCC membership or $3.00 drop-in

These leagues are designed to provide physical conditioning in a leisure type noncompetitive atmosphere. Teams are determined on a daily basis at the site.

**Volleyball - Ron Feland Memorial Volleyball Tournament**
Dickinson Parks and Recreation invites you to take part in the “Ron Feland Memorial” in memory of our dear friend Ron Feland who was a Parks and Recreation supporter and avid volleyball player.

Date: Saturday & Sunday, October 24-25, 2015
(Men & Women play Saturday and Coed play Sunday)
Location: Dickinson High School
Entry Fee: $100.00
Deadline: Tuesday, October 13, 2015

**Wrestling - Spring Youth Program**
For more information on youth wrestling in the Dickinson area please contact Thadd O’Donnell at 701-483-2181.
Ice Time Rentals
Interested in having a skating party? Call us to reserve your time at the West River Ice Center for your birthday party or skate party.

*Birthday Parties are generally scheduled during open skate time. There will now be a designated party room available for rent. Please call Dickinson Parks & Recreation at 701-456-2074 to schedule.

Private Ice Rentals may be available on a limited basis.

West River Ice Center
NEWLY EXPANDED IN 2014!
1865 Empire Road

The newly expanded Dickinson Recreation Center has a new name...West River Ice Center consists of a second arena that allows for additional ice time for hockey, public skate and off season rentals. The project has also updated the exterior of the existing building and created new lobby space. The new arena consists of a private room with sink and restroom access available for private rentals. The arena measures 216 ft x 100 ft with a seating capacity of 300 added on to the existing building which measures 216 ft x 137 ft and a seating capacity of 1,000.

Off-Season Rentals
Groups interested in renting the West River Ice Center during its off-season for picnics or other events such as meetings, educational seminars, conventions, shows, etc. can reserve the facility by contacting Dickinson Parks and Recreation. Rental rates are available hourly and daily with discounts for multiple day usage. Please contact Ryan Nelson at 701-456-2074 to schedule.

Public Skating
Public Skate begins Tuesday, October 6, 2015.
Public Skate Hours:
Tuesdays and Fridays ......................7:00-9:00 pm
Saturdays and Sundays ..................1:30-3:30 pm

Public Skate Admission
Admission......................................$4.00
..................................................5 & under free
Skate Rental....................................$2.00
15 Sessions (Admission)......................$52.00
15 Sessions (Skate Rental).................$25.00
*Fees subject to change

New Year’s Eve Skating Party
December 31, 2015 - 1:00-4:00 pm
Don’t forget about our annual New Year’s Eve Skating Party. Bring the whole family to enjoy skating, music, door prizes, food and nonalcoholic beverages provided FREE OF CHARGE! See page 17 for details.

Learn-to-Skate
Learn to Skate classes are now held through the Dickinson Hockey Club--Please see page 16 for class details.

Dickinson Hockey Club, Inc.
The West River Ice Center is home to the Dickinson Hockey Club, Inc. See page 16 for hockey details.
Heart River Golf Course offers a full service restaurant. Whether you’re playing a round of golf or out to lunch with family and friends, The Links has something for everyone. 

Don’t forget about the beverage cart while you golf!

FALL PROMOTION
Buy a Fall Season Pass for $150 + tax.
Good for remaining golf season.

Twilight Special - after 4:00 pm $17 + tax
(cart included)

EARLY BIRD PROMOTION
Buy your 2016 Season Pass before
January 31, 2016 and receive a 5% discount.

If you would like to purchase your membership, call or stop at the Pro Shop this winter.

Visit HeartRiverGolfCourse.com for more information.

Photos courtesy of Dickinson CVB