Health & Safety Resources for Early Education and Child Care

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www.healthychildcare.org
Agenda

• Healthy Child Care America (HCCA)
  • Partners
• Child Care Health Partnership
  • Goals
  • Resources
• Questions?
Healthy Child Care America

HCCA is the product of a shared vision between Health Resources and Services Administration’s Maternal and Child Health Bureau (MCHB) and the Administration for Children and Families' Office of Child Care (OCC).

That vision was to forge strong linkages between health and child care professionals in order to support the health and safety of children in child care settings.
Healthy Child Care America

- National Resource Center for the Health and Safety in Child Care and Early Education

- National Training Institute for Child Care Health Consultation

- AAP’s Child Care Health Partnership

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Health & Safety Resources

- Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition
  - Searchable database of CFOC Standards
  - Searchable site of state/territory licensing regulations
- Healthy Weight Resources
  - Videos
  - Checklist
  - Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations

www.nrckids.org
• Supported the health and safety of young children in child care settings through the development of a national child care health consultant training program

• Trained state and regional-level public health and early childhood education professionals to coordinate and train child care health consultants in their community who ultimately serve out-of-home child care programs
Child Care Health Partnership

This program is coordinated by the American Academy of Pediatrics (AAP) and is funded in part by the Office of Child Care (OCC) and by the Maternal and Child Health Bureau.

Goals

• To promote the healthy development and school readiness of children in early education and child care by strengthening partnerships between health and child care professionals.

• To provide information and support necessary to strengthen children’s access to health services.
CCHP

• To promote the cognitive, social and physical development of children in early education and child care.
• To provide technical assistance regarding health and safety for health professionals and the early childhood community.
• To enhance the quality of early education and child care with health and safety resources.
• To support the needs of health professionals interested in promoting healthy and safe early education and child care programs.
Technical Assistance

• Provide resources upon request for health professionals regarding early education and child care.
• Provide guidance for state licensing agencies
• Provide health and safety resources upon request for early education and child care professionals and state system’s administrators
• Provide technical reports, policy statements, and field studies on health and safety related early childhood topics
www.healthychildcare.org

Early Education and Child Care Initiatives

What's New!

- Register for the Health and Safety Resources in Early Education and Child Care webinar by clicking here!
- New Online Learning Course
- April Standard of the Month
- Find your Building Bridges State Contact

www.healthychildcare.org
HCCA/CCHP Web Site Resources

- Chapter Child Care Contacts (CCCCs)
- Professional Development: Webinars
- *Caring for Our Children* (CFOC): Standard of the Month
- State Contacts
- Safe Sleep Resources
- Healthy Futures: *Improving Health Outcomes for Young Children*
- Bright Futures Handouts
- Building Bridges between Health Professionals and Early Childhood Systems
- Resource Library

[www.healthychildcare.org](http://www.healthychildcare.org)
AAP Section on Early Education and Child Care (SOEECC)

- Sections were developed within the AAP for members who share a pediatric subspecialty, surgical specialty, special area of interest, or stage of life.

- The SOEECC strives to maximize the health, safety, and developmental potential of all children by promoting (1) quality child care within a nurturing environment and (2) a medical home that integrates early education and child care as a partner.
Chapter Child Care Contacts (CCCCs)

- A network of volunteer pediatric child care experts
- Serve as state AAP chapter representatives with a special interest on health and safety in early education and child care.
- Child care professionals & CCCCCs can work to increase collaboration on early education and child care activities.
- Health care professionals improve health and safety practices and advocate for quality child care.
- Locate the CCCC in your area: www.healthychildcare.org/cccc.html
Webinars

- Webinars offered on health and safety topics, such as: Safe Sleep, Medication Administration, and Managing Infectious Disease.
- Offered to early educators, child care providers, state licensing officials, state administrators, public health professionals, etc.
- Participation certificates available for attendees

www.healthychildcare.org/webinars
CFOC Standard of the Month

The **Standard of the Month**:

- Helps child care providers and child care health consultants successfully implement the *Caring for Our Children* standards.

- Each month, one standard is featured and a team of experienced pediatricians, child care health consultants, child care directors, and family child care providers provide strategies that support the standard.

[www.healthychildcare.org/standardofthемonth](http://www.healthychildcare.org/standardofthемonth)

[www.healthychildcare.org](http://www.healthychildcare.org)
State Contacts

http://www.healthychildcare.org/Contacts.html

Click on your state
State Contacts

Example of state specific contact information available

- Illinois
  - Child Care Health Consultant
    - Healthy Child Care Illinois
      - [Web site](#)
  - Early Childhood Mental Health Consultant
    - Mental Health Child Care Consultants
      - [Web site](#)
  - AAP Chapter Child Care Contact
  - CCDF State Administrator
  - Child Care Resource and Referral Agencies
  - ECCS Coordinator
  - Head Start Collaboration Office
  - Licensing Contact
  - Professional Development Contact

[www.healthychildcare.org](http://www.healthychildcare.org)
Safe Sleep

**A Parents' Guide to Safe Sleep** (Also available in Spanish)
This brochure includes information for parents about infant sleep positioning and practices as well as describes how parents can work with child care providers to ensure that safe sleep practices are used in all child care settings as well as at home. (Updated April 2012)

**A Child Care Provider's Guide to Safe Sleep** (Also available in Spanish)
This easy-to-read brochure provides child care providers with information about ways to promote safe sleep practices and reduce the risk of SIDS. (Updated April 2012)

**Tummy Time**
This brochure provides information about the importance of supervised tummy time and how it promotes healthy development. (Revised 2011)
Safe Sleep

More information about the new play yard standards. Links to keeping babies safe in their sleeping environments is at the Crib Information Center on CPSC’s website.

Safe Sleep Practices and SIDS/Suffocation Risk Reduction
This spinoff includes safe sleep practice standards from Caring for Our Children, 3rd Edition.

Online learning module:

Reducing the Risk of SIDS in Child Care

Based on the AAP Reducing the Risk of SIDS in Child Care Speaker’s Kit, this FREE course is designed to educate everyone who cares for babies, including:

- Child care providers
- Grandparents
- Health care professionals
- Babysitters
- Parents
- Relatives

In 1 hour, participants will learn how to create a safe sleep environment to reduce the risk of SIDS and other sleep related deaths. With an easy to use format, this course is available 24/7 from your home computer. Child care providers will receive a certificate of completion for 1.0 contact hour. However, this module may not meet state SIDS in-service requirements. Health care professionals can also receive credit (see flyer for details).

Promotional Flyer
Feel free to disseminate this flyer to anyone who cares for infants!

Instructions for Accessing the FREE Course
Get step-by-step instructions for accessing the course and downloading the certificate of completion.

Note: to participate for free, you must use the promo code: SIDSCP

¡NUEVO! instrucciones para el Registro en español

www.healthychildcare.org/sids
Healthy Futures:
Improving Health Outcomes for Young Children

Topics:
- Medication Administration in Early Education and Child Care
- Managing Infectious Disease in Early Education and Child Care

Two Learning Formats:
1. In-person training
   - Full curricula available for download online with facilitator and participant guides, power point presentations, pre/post-tests and learning activities
2. Online learning
   - Designed to allow participants to learn independently in a web-based format

www.healthychildcare.org
Healthy Futures: In-Person Training

- Healthy Futures in-person training modules are designed to be facilitated by a “trainer” to a group of child care providers.

- Optimal instructors for these courses include:
  - Child care health consultants
  - Pediatricians
  - Other licensed health care professionals with experience in child care settings

- These curricula are divided into modules and include PowerPoint presentations, video clips, activities, forms, and pre/post-tests.

- Resources to facilitate in-person can be found on our website at http://www.healthychildcare.org/HealthyFutures.html.
Healthy Futures online learning modules are designed to allow participants to learn independently in a web-based (online) format.

- Participants need an AAP User ID and Password
  - Instructions on how to get an ID and password are available on our Web site [http://www.healthychildcare.org/HealthyFutures.html](http://www.healthychildcare.org/HealthyFutures.html)

- These courses are approved for contact hour credit
  - Please check with your local licensing/regulatory contact to find out if this will meet training hours requirements for your state.
Bright Futures Handouts

Handouts that provide parents with tips on what child care programs will be working on with a child based on the child’s age.

Each handout includes:

- Tools for healthy, active living
- Tips by topic areas such as "relationships" and "nutrition"
- Questions for parents to ask their health care professional

http://www.healthychildcare.org/bfutures.html
Building Bridges

The *Building Bridges Among Health & Early Childhood Systems* project is a collaborative effort between the American Academy of Pediatrics (AAP) chapters and state early childhood systems. The project seeks to establish leadership in early brain and child development (EBCD) at the state level in order to develop and implement sustainable connections between health professionals and early childhood state leaders.

The following states applied and were awarded funding: Alabama, California, Iowa, Idaho, Illinois, Louisiana, Maryland, Michigan, Minnesota, Missouri, Nebraska, New York, Ohio, Oklahoma, Pennsylvania, Tennessee, Utah, Virginia, Washington, and Wisconsin.

http://www.healthychildcare.org/BuildingBridges.html
Welcome to the Resource Library! Here you can find many resources related to early education and child care.

Simply select the criteria for the resource you would like. Select a few criteria for a broad result, or select many for a narrow result. Click SUBMIT to receive your results.

External Resources are not a part of the HEALTHYCHILDRENCARE.ORG Web site. AAP is not responsible for the content of sites that are external to the AAP. Linking to a Web site does not constitute an endorsement by AAP, of the sponsors of the site, or the information presented on the site.

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- AAP Materials Only
- Materials for Families Only

Search through a wealth of resources on early education and child care by:

- Topic
- Type
- AAP resources
- Materials for families
Here's an example of a search.

- **Topic:** infectious diseases
- **Type:** Handout
Listservs

• Health and Safety Listserv: Parents, Early Education and Child Care Providers, Trainers, Administrators
  http://www.healthychildcare.org/ENewsCaregiver.html

• Child Care Action Listserv: Mental Health Professionals, Social Workers, Child Care Health Consultants, Nurses, Pediatricians
  http://www.healthychildcare.org/ENewsHP.html
Like us on Facebook!

AAP Early Education and Child Care

Non-Profit Organization
A collaborative effort of health professionals & child care providers working to improve the early education & health & safety of children in out of home care.

921 likes · 45 talking about this
National Center on Health Partners

- American Academy of Pediatrics
- Education Development Center, Inc.
- Center for Child and Human Development and the National Maternal and Child Oral Health Resource Center at Georgetown University
- UCLA Health Care Institute at the UCLA Anderson School of Management
- National Training Institute for Child Care Health Consultants at The University of North Carolina at Chapel Hill
AAP Key Resources

Caring for Our Children: *National Health and Safety Performance Standards Guidelines for Early Care and Education Programs, 3rd Ed*

- Your primary reference for health and safety in child care!
- 686 standards and recommendations
- Developed by AAP/APHA health and safety experts
- Full text is available at: http://nrckids.org/CFOC/index.html
- Print copies from: AAP, APHA, NAEYC
AAP Key Resources

Managing Infectious Diseases in Child Care and Schools: A Quick Reference Guide, 2nd Ed

Includes more than 50 quick reference fact sheets on common diseases and symptoms featuring:

- Easy-to-understand explanations
- Strategies for limiting spread of infection
- Exclusion and readmission criteria
- Guidance on which situations require immediate medical attention
AAP Key Resources

Managing Chronic Health Needs in Child Care and Schools: Quick Reference Guide

Includes more than 35 quick-access fact sheets that describes specific conditions, like:

- Allergies
- Asthma
- Autism
- Diabetes
- Heart conditions & Defects
- Seizures

Also includes:

- Care plans
- Emergency planning recommendations
- Ready-to-use sample letters & forms
- Medication administration issues

www.healthychildcare.org
Contact Information

Mail: American Academy of Pediatrics
Department of Community and Specialty Pediatrics
Division of Developmental Pediatrics & Preventive Services
Early Education and Child Care Initiatives
141 Northwest Point Blvd
Elk Grove Village IL 60007

Phone: 888-227-5409

Fax: 847-228-7320

E-mail: childcare@aap.org

Web site: www.healthychildcare.org
QUESTIONS???
The AAP Section on Early Education and Child Care provides an AAP home for health professionals involved in early education and child care.

Join the Section at:
http://www.healthychildcare.org/SOEECC.html
THANK YOU!

- “Like” AAP Early Education and Child Care on Facebook
- Check out “What’s New!” on www.healthychildcare.org
- Now Available: Preventing and Managing Infectious Diseases in Early Education and Child Care Online Learning Module
- Now Available: Medication Administration in Early Education and Child Care Online Learning Module