School Holiday activities

HOLIDAY CLUB
Access Card £7.50
Access Card £4.50

5-11 yrs
9.15am-12 noon
Sessions include a mixture of sports and team activities.
Children are split into age groups on the day. Activities run inside and out.
Please wear appropriate clothing and footwear.

SAFETY NOTICE
Please note parent or guardian of children age 5-7 must stay at the centre. Children aged 8+ parent or guardian may leave the centre.

Easter Holidays

Tuesday 29 March
ALITUDE and Team Challenges.

Thursday 31 March
Trampolining, Inflatable Bouncer and Fun Games.

Tuesday 5 April
Gymnastics, Inflatable Bouncer and Fun Games.

Thursday 7 April
Inflatable Bouncer & Fun Games Outdoor Session - wear suitable clothing/shoes!

May Half Term

Tuesday 31 May
ALITUDE and Team Challenges.

Thursday 2 June
Trampolining, Inflatable Bouncer and Fun Games.

Please book holiday activities early to avoid disappointment.

813 Fitness Holiday Club
Wednesday 6 April
1.00-4.15pm £7.50
Access Card £4.50
A holiday club for fitness fanatics.
Boys and girls aged 8-13 years. Come and join us for a range of fitness activities. Activities could include a selection from the gym, tramp conditioning, speed/agility/quickness, tennis, circuits, dodgeball, basketball, badminton and tennis.
The holiday club will finish with awards and prizes that were won during the afternoon.

AFC Bournemouth
Community Sports Trust
Soccer Schools
7-14 yrs £10 per day
Coaching sessions on passing, control, dribbling and shooting with fun games, penalty competitions and matches. 10.00am-3.00pm, outdoors on the artificial pitches.

Easter Holidays

Tuesday 29 March, Friday 1 April, Tuesday 5 April, Thursday 7 April

May Half Term

Tuesday 31 May, Thursday 2 June

Tournament Day (7-14yrs)
Wednesday 30 March, Thursday 31 March, Monday 4 April, Thursday 7 April
Outdoor Session – wear suitable clothing/shoes!

Martin Sheppard’s £12 per day
Football Academy Tournament Day (7-14yrs)

Easter Holidays

Tuesday 31 May, Thursday 2 June

May Half Term

Tuesday 31 May, Thursday 2 June

10.00am-3.00pm, outdoors on the artificial pitches. Winning teams receive medals, trophy for player of the tournament pre book or pay on the day, fee payable to Martin Sheppard (not Littledown Centre) 07745 835 702, sheppardcoaching@hotmail.com

Soccer Starters £3.60
3 to 4 yrs
A fun footy session in the sports hall.

Easter Holidays

Thursday 31 March and 7 April 1.00-1.55pm
Saturday 2 and 9 April 8.00-8.55am

May Half Term

Thursday 2 June 1.00-1.55pm
Saturday 4 June 8.00-8.55am

Trampolining £13.00
2 day courses
3-15yrs 2.00pm-2.55pm
3-15yrs 3.00pm-3.55pm

EASTER HOLIDAYS
Thursday 31 March and Friday 1 April
Monday 4 and Tuesday 5 April

MAY HALF TERM
Thursday 2 and Friday 3 June

Parent or guardian must stay within the activity area to help spot please see page 10 for safety note. No jeans and jewellery plus socks must be worn. Children are split into age groups on the day.
School Holiday
swim activities

Easter Holidays
3 day intensive swimming courses
30 minutes each lesson £17.25
(total time 1½ hrs)

Tuesday 29-Thursday 31 March
8.30-9.00am Pre school 1 (TP)
9.00-9.30am Pre school 2 (TP)
9.30-10.00am Stage 3 (TP)
9.30-10.00am Stage 4 (MP)
10.00-10.45am Basic Snorkelling (MP)

Adult and Under 4½ Swim Session £5.10
Friday 1 April 9.15-10.00am (TP)
Friday 8 April 9.15-10.00am (TP)

4 day intensive swimming courses
30 minutes each lesson £23.00
(total time 2hrs)
Monday 4-Thursday 7 April
8.30-9.00am Pre school 1 (TP)
8.30-9.00am Stage 2 (TP)
9.00-9.30am Pre school 2 (TP)
9.00-9.30am Stage 2 (TP)
9.30-10.00am Stage 3 (TP)
9.30-10.00am Stage 4 (MP)
10.00-10.30am Stage 2 (TP)
10.00-10.30am Basic Diving (MP)

May Half Term
3 day intensive swimming courses
30 minutes each lesson £17.25
(total time 1½ hrs)

Tuesday 31 May-Thursday 2 June
8.30-9.00am Pre school 1 (TP)
8.30-9.00am Stage 2 (TP)
9.00-9.30am Pre school 2 (TP)
9.00-9.30am Stage 2 (TP)
9.30-10.00am Stage 3 (TP)
9.30-10.00am Stage 4 (MP)
10.00-10.30am Stage 2 (TP)
10.00-10.30am Basic Diving (MP)

Under 5s Pay and Play activities
Child must be accompanied by an adult

EASTER HOLIDAY
Monday 4 April
Mini-Gym © 15 months-School Age 10.25-11.00am
Mini-Gym © 15 months-School Age 11.15-12 noon

Wednesday 30 March & 6 April
Mini-Gym © 15 months-School Age 10.25-11.00am
Mini-Gym © 15 months-School Age 11.15-12 noon

Thursday 3 March & 7 April
Soccer Starters 3yrs-School Age 10.00-1.55pm

Friday 1 & 8 April
Kidagility © 15 months-School Age 9.30-10.15am
10.25-11.10am

Saturday 2 & 9 April
Soccer Starters 3yrs-School Age 8.00-8.55am

MAY HALF TERM
Wednesday 1 June
Mini-Gym © 15 months-School Age 10.25-11.10am

Thursday 2 June
Soccer Starters 3yrs-School Age 1.00-1.55pm

Friday 3 June
Kidagility © 15 months-School Age 9.30-10.15am
10.25-11.10am

Saturday 4 June
Soccer Starters 3yrs-School Age 8.00-8.55am

Crèche
Monday-Friday 9.00am-12.10pm
(Closed Bank Holidays)
Age range: Under 5s.
Separate nursery area for under ones.
Pre-booking is recommended.

Members £6.60 (per morning)
Non Members £7.60 (per morning)

Course Descriptions
For descriptions of First Splash Adult & Baby, Adult and Under 4½ yrs, Pre-School 1 & Pre-School 2 courses please refer to page 4.

Basic Diving
Learn the basic steps to improve your poolside diving skills. Must be able to swim 25 metres and be confident in deep water.

Basic Snorkelling
Learn some basic snorkelling skills, all equipment provided. Must be able to swim 25 metres and be confident in deep water.

Soccer Starters £3.60
Learn basic football skills.

Mini-Gym £5.10
Structured introduction to gymnastics.

Kidagility £5.10
Elementary gymnastics instruction, soft play and inflatable bouncer.
School Holidays
wet & wacky

Family Fun Sessions in the Pool
Have fun in the pool with inflatable swimming pool toys, giant play mats and lots of other fun equipment. Also ride the two giant waterslides, the Green Scream and Rainbow River. Background music to add to the atmosphere!

Easter Holidays
26 March-10 April
3 sessions at weekends
Saturday 26 and Sunday 27 March
Saturday 9 and Sunday 10 April
Session 1) 11.50am-1.00pm
Session 2) 1.20pm-2.30pm
Session 3) 2.50pm-4.00pm
(No Wet & Wacky sessions on Saturday 2 and Sunday 3 April due to swimming galas)

2 sessions weekdays
Tuesday 29 and Thursday 31 March
Tuesday 5 and Thursday 7 April
Session 1) 11.50am-1.00pm
Session 2) 1.20pm-2.30pm

May Half Term
28 May-5 June
3 sessions at weekends
Saturday 28 and Sunday 29 May
Saturday 4 and Sunday 5 June
Session 1) 11.50am-1.00pm
Session 2) 1.20pm-2.30pm
Session 3) 2.50pm-4.00pm

2 sessions weekdays
Tuesday 31 and Thursday 2 May
Tuesday 29 and Thursday 31 March
Tuesday 5 and Thursday 7 April
Session 1) 11.50am-1.00pm
Session 2) 1.20pm-2.30pm

See pages 14 and 15 for more school holiday activities

Junior Membership

Unlimited use seven days a week, subject to pool timetable, at all centres across Bournemouth. Activities and facilities vary at each centre. Contact customer services for details.

£20
per month
Terms and Conditions apply

bhlive active