City of Los Angeles Department of Recreation and Parks

EXPO CENTER

SPPRING 2016

(213) 763-0114

Hours: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed
3980 Bill Robertson Lane, Los Angeles, CA 90037
laparks.org/expo facebook.com/expocenterla

All classes and programs are subject to cancellation. All refunds will be assessed a 15% fee.

Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.
**SPRING 2016**

**YOUTH & TEENS**

**SCHEDULE OF CLASSES**

**SPORTS & LEAGUES**

**T-BALL / COACH PITCH**

Learn fundamental baseball skills for boys & girls.

Register Now through Apr. 1

Practice & Games begins: April 2016

Ages: 5-6 T-Ball *Fee $55.00

Ages: 7-8 Coach Pitch

Mandatory Evaluations: Apr. 2

- includes: uniform, trophy, staff and officials fees

**GPLA SOFTBALL**

Ages: 13-15  *Fee: $20

Register Now through Apr. 1

Games begins: April 2016

Mandatory Evaluations: Apr. 4

- includes: uniform, trophy, staff and officials fees

**SUMMER BASKETBALL LEAGUE**

Learn fundamentals and basic basketball skills for boys and girls.

Ages: 5-12  Fee: $55

Registration: Mar. 22  Begins: Jun

For more information call Baya (213) 763-0114 Ext. 253

**PRESCHOOL**

**RALPH M. PARSONS**

Ages: 3-5

Mon. - Fri.  7am - 6pm

Full-Day Preschool - 7am-6pm  $140 wk

Half-Day Preschool - 7am-12pm  $80 wk

After School Kinder - 2-6pm  $35 wk

Call for more information (213) 763-5119

**AFTER SCHOOL**

**AFTER SCHOOL ENRICHMENT PROGRAM**

Grades: 1-5  Hours: 2-6 pm

Registration Fee: $20 per child

One time, non refundable

Fee: $20 per child, per week

**PICK UP Locations:** Science Center, Menlo Ave., 32nd Street, Vermont, Weemes, John Mack & Foshay.

* New schools WILL NOT be added *

**MIDDLE SCHOOL - HIGH SCHOOL AFTER SCHOOL PICK UP PROGRAM**

Grades: 6-12  Hours: 2 – 6pm

Fee: $20 per week  Registration Fee: $20

Call the ASEP office more information (213) 763-0114 Ext. 228

**RECREATIONAL**

**CAPOEIRA**  Fee: FREE

Day/Time: Tue./Thu.  5-6pm  (Ages 5-10)

Day/Time: Tue./Thu.  6-7pm  (Ages 11-15)

**DANCE & CHEER**  Fee: $30

Day/Time: Tue./Thu.  6-7pm  (Ages 5-8)

Day/Time: Tue./Thu.  7-8pm  (Ages 9-14)

**MARTIAL ARTS**  Ages: 5-15  Fee: $40

Day/Time: Mon./Wed.  6-8pm

**ZUMBA CLASS**  Fee: FREE

Day/Time: Mon./Fri. 7-8pm  (All Ages)

**GENERAL INFORMATION and EVENTS**

**EXPO CENTER**

**SPRING CENTER**

**CALL (213) 763-0114**

**Classes Begin Apr. 11**

**EXPO CAMPS**

**SPRING CAMP**

Mar. 21 - Mar. 25

Ages: 6-11  Hours: 7:30am - 6pm

Camp EXPO offers creative hands-on activities, indoor games, spring crafts and sports! Campers must bring their own lunch each day. Afternoon snacks will be provided.  
Space is limited

Registration OPENS: Friday, Feb. 19

Applications available NOW

Weekly fee: $110 per child, registration fee included

One-time, non-refundable

ASEP/Seasonal office (213) 763-0114 Ext. 228

**SUMMER CAMP**

Jun. 13 - Aug. 12

Camp EXPO has a wide selection of programs:  

Hours: 7:30am - 6pm

Registration Opens: Mon. Apr. 11

Copy of Birth Certificate required for Day & Teen Camp

Registration Fee: $20 per child

One time fee, non-refundable

Camp Fee: $120 per child, per week

Must be paid Friday prior to week of attendance

Preschool Camp: Ages 3-5  Day Camp: Ages 6-12

Teen Camp: Ages 13-16

Camp information - Call (213) 763-0114

Day/Ten Camp Ext. 227 & 228  |  Preschool Ext. 264

Jr. Lifeguard Ext. 208

**CAMPERSHIPS for EXPO Summer Camps**

Campership applications available Tue. Mar. 1

Registration Fee: $20 per child (non-refundable)

Application submission:

- Begins: Mon. Mar 14  and  Ends: Mon. Apr. 4

Camperships are given on a first come, first served basis for qualified applicants and are not guaranteed.

Seasonal Camps information or questions call: (213) 763-0114 Ext. 227 & 228

**EXPO Center and POOL Closed**

Cesar Chavez  Mar. 28

Memorial Day  May 30

Independence Day  July 04

Scheduling of Special Events at LA Coliseum may cause additional days of closure to EXPO Center and LA84/John C. Argue Swim Stadium.

Hours of Operation:  Mon. - Fri. 6:00am - 8:00pm |  Sat. 9:00am - 5:00pm |  Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037  www.laparks.org/expo  |  facebook.com/expocenterla

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03-03-16
The Clubhouse Ages 11-17

**YOUTH FX URBAN MEDIA PROGRAM:** Ages: 14-17

Introduces and provides young people, 14-17 access to music and multimedia production tools and teaches high-tech skills to use them. Based on the belief that young people can use video, music, photography and multimedia to spark social change in their community. The young people work with Media Mentors on projects and learn to use the latest software, such as Final Cut, Logic, and Ableton, along with Photos, After Effects and Illustrator.

**Music Production**
Mon./Wed. 4:30-5:30pm

**DJ Workshop**
Mon./Wed. 5:30-6:30pm

**Teen NewsBreak**
Tue. 3-4pm / Thu. 4-5pm

**Photography**
Tue./Thu. 5 - 6pm

**Video Production**
Tue./Thu. 5-6:30pm

**Youth FX Open Lab**
Sat. 12- 4pm

**GOOGLE MAKER PROGRAM**

Our young MAKERS work together to “make” and build things: it is that simple! Activities include coding, circuitry, animation and do it yourself art and design.

**Makers Squad**
Wed. 6-7pm
Thu. 6-7pm

**DIY Swag**
Thu. 4-5pm

For more information on the **Youth FX Urban Media** or **Google Maker Program call Ext. 277**

**C2C PATHWAYS COLLEGE CAMPUS TOURS**

The Clubhouse @ EXPO Center, Clubhouse-to-College (C2C) program was develop to support our clubhouse members in planning for the future and assist them in realizing their potential. The goal of the program is to provide young people with the skills and knowledge needed to take an active role in ensuring their own success. C2C helps members explore career options, provides college campus tours and academic support.

**Spring College Campus Tour Dates**

Space is Limited!

April 23 9am - 2pm - Cal State Northridge
May 21 9am - 2pm - Cal State Long Beach

For more information on the **Clubhouse College C2C Programs, call (213) 763-0114 Ext. 277**

**TEEN SPRING BREAK CAMP**

March 21 - March 25
Ages: 13-16
7:30am-6pm

Weekly Fee: $55 per teen, (includes field trip).

Camp EXPO Teen Spring Break camp is the ultimate camp experience for teens. Teens build friendships and have opportunities to participate in the camp activities from coding to sports.

Camp information call (213) 763-0114 Ext. 228

**CLASS PARKS TEEN CLUB PROGRAM**

Mon. 2:30-7:30pm Fri. 2:30-8pm Sat. TBD

**Free Sports Activities**
Mon. 2:30-4pm
Art Studio/Cross-Fit Sports Mon. 4-5pm
Express Yourself/BeFIT Mon. 5-6pm
EatFIT/Computer FreeTime Mon. 6-7pm
GameOn! Mon. 7-7:30pm

**Computer Free Time**
Fri. 2:30-4pm
**Cross-Fit Sports**
Fri. 4-5pm
**Express Yourself**
Fri. 5-5:30pm
**Snack**
Fri. 5:30-6pm
**GameOn!**
Fri. 6-6:30pm
**Movie Time**
Fri. 6:30-8:30pm

**Saturday – Specialty CLASS Workshops & Field Trips, Community Service, Special Tournaments**

For more information call The Clubhouse office (213) 763-0114 Ext. 257

**TUTORING PROGRAM**

For teens interested in improving their academic performance, building self-confidence, time management skills and becoming life-long learners.

For more information call The Clubhouse Office Ext. 257

**BECOME A MENTOR in The Clubhouse @ EXPO Center**

Make a difference in a young person’s life, join a unique community of young people and adults who create, invent, and explore together using the latest technology! If you are interested in mentoring at our Clubhouse, please call (213) 763-0114 Ext 277 or email Melody.Valenzuela@lacity.org.

Call for more information (213) 763-0118 Ext. 257

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03-03-16
Registration Begins Feb. 29

HEALTH & FITNESS

FITNESS SESSIONS
Apr. 11 - Jun. 4  |  Jun. 13 - Aug. 27

FITNESS CLASSES  $60 Session (7 weeks)
Crossfit Fitness  Mon./Tue./Wed./Thu.  7-8am
Total Body Boot  Mon./Wed./Fri.  8:30-9:30am

PERSONAL Training
$25 per class
Mon./Fri.  10-11am
Call for Appointment (213) 763-0114

BOXING Cardio  $30
Mon./Wed./Fri.  7-8am | 8-9am

BOXING CAMP Sat. 6:30-8:30am  $30
Location: Exposition Park Rose Garden

CALL (213) 763-0114

HEALTH CLUB (Membership)
Allows access to fitness center, weight room, lap swim and open gym.

FITNESS PASS:
QUARTELY: Adults 18+  $70
Seniors 55+  $40
Lap Swimming included with quarterly fitness fees.

MONTHLY: Adults 18+  $35
Seniors 55+  $15

DAY PASS: Adults 18+  $5
Seniors 55+  $3

AQUACISE CLASS for ADULTS & SENIORS
This class offers low to high intensity workouts that promotes cardiovascular fitness, conditioning, increased flexibility, and range of motion.
Fee: $4.50 session
Mon./Wed./Fri. 6:30 – 7:30am | 12 – 1pm | 5 – 6 pm
Register for classes at Roy A. Anderson Swim Stadium

NEW FREE!!

COMPUTER LAB FREE!!
Begin: Mon. Feb. 29  |  Ages 18+
Hours: Mon. 1-3pm  |  Fri. 1:30-3:30  |  Sat. 10-1pm
*  Learn at your own pace  *  Look up the latest news
*  Check your email, catch up with friends on Facebook, Twitter, and more
*  Create your resume and search for jobs
*  Come in and get connected
Ahmanson Senior Center Computer Lab

IMPORTANT DATES
Spring Class Registration Begins  Feb. 29
Campership applications available  Mar. 1
Campership application submission  Mar. 14 - Apr. 4
Spring Eggstravaganza  Mar. 26

EXPO Center and POOL Closed
Cesar Chavez  Mar. 28
Memorial Day  May 30
Independence Day  July 04

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SENIOR CENTER

“CYBER SENIOR” COMPUTER CLASSES
State-of-the-art computer training for senior/adults.
Registration begins Mar. 1
*Must Pre-Register
Classes begin the week of Apr. 11
Classes end week of June 28
Tue. Advanced 9:30am - 12pm
Wed. Introduction 9:30am - 12pm
Thu. Open Lab 12 – 3pm
Fri. Beginners 10:30am - 12:30pm
*Computer Lab access for Ahmanson Senior Center registered members
Location: Senior Computer Lab

NEW SALSA CLASS
Tue./ Thu. & Fri.  11am - 12pm

SUGAR DANCE GROUP
Join the Guys & Dolls Square Dance Club and kick up your boots.
Thu.  7:30 - 9:30pm

KNITTING and CROCHETING
Sewing and crafting while socializing
Wed.  10am - 4pm

LOW IMPACT - VIDEO EXERCISE
Follow along with an instructor and enjoy a mixture of exercise routines.
Fri.  9:30 - 11am

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MONDAY—FRIDAY
Adult Lap Swim (18 yrs & up)
6:30am - 8:30am
11:00am – 4:30pm
(Competition Pool Only)
5:00pm-7:30pm
(Family Pool Only)
Recreational Swim
11:00am-4:30pm
SATURDAY
Adult Lap Swim (18 yrs & up)
1:00pm-4:30pm
(Competition Pool Only)
Recreational Swim
1:00pm-4:30pm
GENERAL ADMISSION
17 years & under .... $1.00
18 years to 64 years.. $3.50
65 years & older ..... $1.00
Persons with Disabilities... $1.00
NOTE:
4 yrs. & under, swim diaper required.
6 yrs. & under, must be accompanied by adult on a 1:1 ratio. (One child to one adult)
*All Prices subject to change*

CALL (213) 763-0125

LAP PASS and
HEALTH CLUB
Adult Lap Pass:
$87.50 for 30 admission
Youth/ Senior Pass:
$25.00 for 30 admissions
Adult Health Club Pass
$70.00 for 3 months
(Pool use, Fitness, and Weight room)

AQUACISE for
ADULTS & SENIORS
Ages: 18 +
Fee: $4.50 per class for Adults
$4.00 per class for Seniors
Mon./ Wed./ Fri.
6:30am-7:30am
12:00pm-1:00pm
5:00pm-6:00pm

SUMMER Jr. GUARD CAMP
June 13 to August 12
Fee: $85.00 a week.
Mon. - Fri.
8:00am to 3:00pm

NOVICE TEAMS
Registration begins: TBA
Ages 7-17
Practice Begins: TBA
Fee: $50.00 per participant
Requires a minimum of Intermediate (level 4) swimming skills.

WATER POLO
Mon./ Wed./ Fri.
5:00pm-6:00pm

SYNCHRONIZED SWIMMING
Tue./Thu.
4:30pm-6:00pm

LAC-PAT
April - June 2016
Starts: January  
Fee: $50
Sat. - See James Jordan, AFMI

"Groups or individuals desiring to provide coaching or instruction at City of Los Angeles swimming pools must obtain a permit. Private instruction (one-on-one) is not permissible. Permit guidelines and applications can be obtained online at LAParks.org, aquatic link."

IMPORTANT DATES
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Summer Campership applications available Mar. 1
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Spring Eggstravaganza Mar. 26
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GENERAL INFORMATION and EVENTS

Office Hours Mon. - Fri. 9:00am-7:00pm  Sat. 1:00pm-4:30pm  Sun. Closed Email: expoaquaticcenter@gmail.com
3980 Bill Robertson Lane (formerly Menlo Ave.) Los Angeles, CA 90037 www.laparks.org/expo
City of Los Angeles Department of Recreation and Parks
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3-03-16
SPECIAL OLYMPICS
Students “swimming ability” not required. This class is designed for athletes with disabilities.
Thu. 4:30pm – 5:30pm
Fri. 5:00pm-6:00pm
Fee: $20 per Month

PRIVATE SWIM LESSONS
Fees: 4 lessons of 25 min each
(1 person) *Private $108.00
(2 Persons) Semi–Private $160.00

Instruction:
*Private: is a one-to-one ratio
*Semi-private: is a two-to-one ratio

Registration for private lessons is limited to 2 half-hours slots per family.

CALL (213) 763-0125

ADULT & SENIORS GROUP SWIM LESSONS
(18 yrs +)

Level 1 - WATER CONFIDENCE
Mon./Wed. 12:00pm-12:25pm
6:00pm- 6:25pm
Tue./Thur. 1:00pm-1:25pm
6:00pm-6:25pm

Level 2 - BEGINNER
Mon./Wed. 12:30pm-12:55pm
5:30pm-5:55pm
Tue./Thur. 1:30pm–1:55pm

Level 3 - ADVANCED BEGINNER
Mon./Wed. 11:30am - 11:55am
5:30pm-5:55pm
Tue./Thur. 4:30pm - 4:55pm

Level 4 - INTERMEDIATE
Mon./Wed. 5:00pm-5:25pm
5:30pm-5:55pm
Tue./Thur. 4:00pm - 4:25pm

Level 5 & 6 - SWIMMERS/ADV. SWIMMERS
Mon./Wed. 5:00pm-5:25pm
Tue./Thur. 3:30pm-3:55pm

ADULT & SENIORS GROUP SWIM LESSONS
(18 yrs +)

Level 1 - WATER CONFIDENCE
Mon./Wed. 12:00pm-12:25pm
6:00pm- 6:25pm
Tue./Thur. 1:00pm-1:25pm
6:00pm-6:25pm

Level 2 - BEGINNER
Mon./Wed. 12:30pm-12:55pm
5:30pm-5:55pm
Tue./Thur. 1:30pm–1:55pm

Level 3 - ADVANCED BEGINNER
Mon./Wed. 11:30am - 11:55am
5:30pm-5:55pm
Tue./Thur. 4:30pm - 4:55pm

Level 4 - INTERMEDIATE
Mon./Wed. 5:00pm-5:25pm
5:30pm-5:55pm
Tue./Thur. 4:00pm - 4:25pm

Level 5 & 6 - SWIMMERS/ADV. SWIMMERS
Mon./Wed. 5:00pm-5:25pm
Tue./Thur. 3:30pm-3:55pm

AQUATIC PROGRAM
AGES 7-17 yrs.
Level 1 - WATER CONFIDENCE
Mon./Wed. 4:00pm-4:25pm
Tue./Thur. 5:30pm-5:55pm

Level 2 - BEGINNER
Mon./Wed. 4:00pm-4:25pm
5:30pm-5:55pm
Tue./Thur. 4:30pm-4:55pm
5:00pm-5:25pm

Level 3 - ADVANCED BEGINNER
Mon./Wed. 5:00pm-5:25pm
5:30pm-5:55pm
Tue./Thur. 4:00pm-4:25pm
6:00pm-6:25pm

Level 4 - INTERMEDIATE
Mon./Wed. 5:30pm-5:55pm
Tue./Thur. 3:30pm–3:55pm

Level 5 & 6 - SWIMMERS/ADV. SWIMMERS
Mon./Wed. 5:30pm-5:55pm
Tue./Thur. 5:30pm–5:55pm

YOUTH GROUP SWIM LESSONS
(7-17 yrs.)
$20.00 per session
25 minutes per lesson

AGES 4-6 yrs.
INFANT-PRESCHOOL
Mon./Wed. 1:30pm-1:55pm Level 1
3:00pm-3:25pm Level 3
Tue./Thur. 3:30pm-3:55pm Level 2
5:00pm-5:25pm Level 1

AQUATICS Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed
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03-03-16 (2)

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## SCHEDULE OF CLASSES —

### ONLINE REGISTRATION

Register online: laparks.org/expo/aquaticcenter.htm

Online Registration starts at 12:01 am and ends at 11:59 pm

<table>
<thead>
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<th>Class / Session 1</th>
<th>Apr. 25– May 27</th>
<th>Online Registration Dates</th>
<th>Walk-In Registration Date for All Levels *</th>
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<tr>
<td>Level 4: Intermediate</td>
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<td>Level 2: Beginner</td>
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<tr>
<td>Level 1: Water Confidence &amp; IPAP</td>
<td>Wed. Apr. 20</td>
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<tr>
<td>Adult Lessons &amp; Private Lessons</td>
<td>Thu. Apr. 21</td>
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*Walk in registration starts at 9:00 am Registration may begin early to meet demand
*There are no classes on holidays and there will be no make ups.

- Note: Space in class is limited, registrations taken on a first come first serve basis until class is full.
- No refunds unless class is cancelled by facility.
- All prices subject to change without notice.
- The classes and programs in this brochure may be subject change or cancellation.
- Patrons with disabilities are welcome to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.

All classes and programs are subject to cancellation. All refunds will be assessed an 15% administrative fee.