SUPPORTING PARENTCARE IS A MULTI-GENERATIONAL PASSION FOR FAMILY OF THE LATE VISTA HILL EXECUTIVE DON ALLEN

There are some terrible syndromes—like substance abuse, domestic violence and child abuse—that can be passed from one generation to another. There are also wonderful traditions—like the spirit of giving back and philanthropy—that can be handed down to the next generation and beyond.

It is fascinating that the life of one special individual, the late Vista Hill executive Don Allen, bridged both of those worlds. Allen was passionate about breaking many of those negative cycles, and within his own family he served as a wonderful role model for giving back to the community.

Allen had the vision back in the early 1990s to recognize the value of a small Grossmont District Hospital program called ParentCare that was designed to help substance-abusing women with children. When the program was about to lose its funding, Allen made sure it was picked up by Mesa Vista Hospital, where he was CEO. In 1998, ParentCare fully transitioned into Vista Hill’s family of services.

Today, the Don Allen ParentCare Family Recovery Center, named in honor of Allen, who died in 1999, is one of Vista Hill’s most innovative and successful programs. Recently celebrating its 25th anniversary, ParentCare has helped turn around the lives of several thousand chemically dependent women and their families who are at high risk for child abuse, domestic violence and homelessness.

CONTINUED ON PAGE 5

SmartCare Wellness Programs Engage and Enhance Lives

Over the past five years, Vista Hill’s SmartCare has significantly enriched four rural North County cities with hundreds of community wellness programs that thousands of their residents have taken advantage of to enhance their health and knowledge.

The wellness outreach is one of two phases of SmartCare’s effort to improve mental health in those communities. A separate program provides mental health treatment and prevention services in partnership with the county’s community health clinics based in each city.

Nearly 10,000 residents of the four communities signed up for wellness programs last year, according to SmartCare Program Manager Pamela Sachs.

“The community response has been phenomenal,” Sachs says. “Before we started these wellness programs in 2009, there had been very few opportunities for residents to engage in these programs.”

CONTINUED ON PAGE 5
We’re pleased to report that Vista Hill enjoyed another strong year of growth this past year, marked by a remarkable increase in the number of clients we served from 15,000 in 2012-13 to more than 20,000 in 2013-14.

This growth came in a number of our programs, but was particularly noticeable in our SmartCare program in rural North and East County, where our community wellness effort alone attracted nearly 10,000 residents to a variety of highly engaging and popular health-related programs. (see story page 1)

Another area of growth for the second straight year was in the mental health services contracts with area school districts to treat special education students. Since 1999, through county contracts, we’ve developed strong relationships with several dozen districts by providing them with on-site clinical assessment and therapy services for special education students experiencing serious psychiatric issues. This is a unique service virtually only Vista Hill offers, and as school districts have seen the outstanding results, they are continually expanding the number of students they want us to serve.

In the past year, Vista Hill has focused on ensuring that all existing scopes of services are operating effectively. In doing so, this assures reimbursement sources that we are working efficiently to achieve the significant positive impact on the many people under our care. It also has given us the opportunity to continually perfect our methods and introduce new approaches to treatment and care. We are constantly expanding our reach—one recent example is a partnership formed to work with troubled teens identified by certain San Diego Police Department divisions.

In the coming year, our sights are aimed at contract renewal for several very important programs. Perinatal Case Management and Dependency Drug Court (Adults) in our Family Treatment and Recovery Division will come up for competitive bid. In about a year, our innovative SmartCare Integrated Behavioral Health will be due for re-contracting. We never take the contracts and the funding source for granted. We actually view competition as a good process as it keeps us on our game.

We challenge ourselves to be strategic in our thinking. This involves a constant readiness to respond quickly and decisively to opportunities that resonate with our chosen areas of focus. We believe this kind of real-time strategy development will serve the organization well into the future with relevant and responsive programs. Thank you for the support and confidence as we continue changing thousands of lives for the better in San Diego County.

Cecil Steppe, Chairman

Robert Dean
President and CEO

The financial information in this report represents a condensed version of fiscal year 2012-2013 audited financial statements. A complete set of audited financial statements, with accompanying notes and report from AKT LLP is available at Vista Hill’s main office.

Combined Statement of Financial Position

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>At September 30, 2013 (in 000s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td></td>
</tr>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$ 1,702</td>
</tr>
<tr>
<td>Investments</td>
<td>8,526</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>3,973</td>
</tr>
<tr>
<td>Other Current Assets</td>
<td>464</td>
</tr>
<tr>
<td>Total Current Assets</td>
<td>14,665</td>
</tr>
<tr>
<td>Property, Plant and Equipment, Net</td>
<td>8,445</td>
</tr>
<tr>
<td>Endowment and Deferred Giving Assets</td>
<td>3,940</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$ 27,050</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Liabilities</td>
<td></td>
</tr>
<tr>
<td>Accounts Payable</td>
<td>$ 424</td>
</tr>
<tr>
<td>Accrued Expenses</td>
<td>1,095</td>
</tr>
<tr>
<td>Total Current Liabilities</td>
<td>1,519</td>
</tr>
<tr>
<td>Mortgage and Notes Payable</td>
<td>1,918</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>3,437</td>
</tr>
<tr>
<td>Net Assets</td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>19,802</td>
</tr>
<tr>
<td>Temporarily Restricted</td>
<td>2,198</td>
</tr>
<tr>
<td>Permanently Restricted</td>
<td>1,613</td>
</tr>
<tr>
<td>Total Net Assets</td>
<td>23,613</td>
</tr>
<tr>
<td>Total Liabilities and Net Assets</td>
<td>$ 27,050</td>
</tr>
</tbody>
</table>

Cecil Steppe
Chairman
“Don would be so proud if he could see how ParentCare’s family-centered recovery services have grown over the years, including expansion to locations in La Mesa and San Diego and our Sober Living Apartments in Lemon Grove,” said Vista Hill CEO Robert Dean, a longtime friend and colleague. “Among the many achievements under Don’s leadership and vision, he had the foresight to save ParentCare from folding. It flourished into a program that throughout the years has had a significant positive effect on families and our community by preventing child abuse and reducing perinatal drug and alcohol exposure.”

No one has had a better sense of Allen’s passion and impact than his own family. His son Josh vividly remembers how passionate his father was about helping the less fortunate. “Dad was motivated by an unwavering belief that all people, no matter how unfortunate or troubled their circumstances, have a right to be treated with respect and dignity—and be given a chance to succeed,” Josh says. “I learned so much from both my parents about helping people. They believed you could tell everything about a society in how it treats those who are least able to defend or take care of themselves. That’s why they dedicated their lives to assisting people in need.”

Josh says ParentCare was the perfect vehicle for his father’s commitment to his principles. “He was so excited about ParentCare’s potential because he saw it not just as a program that could provide immediate help to women and their families, but a nationally important model that could actually break the cycle of addiction, domestic violence and child abuse. Dad really believed that ParentCare had the power to free up future generations to live completely normal lives without the shadow of these destructive syndromes.”

Don Allen’s commitment to ParentCare and its success, inspired multi-generational support of the program. Don’s own parents as well as his in-laws contributed to the program financially. His siblings are also donors, including sister Janine, who along with husband Jon Miller, the San Francisco Giant’s announcer, support Vista Hill’s gala live auction each year by donating club level seats for four to see a Giants game and visit with Jon in his booth.

Don’s widow, Jill, continued to donate to ParentCare every year until just days before her own passing in 2013. “Mom had a few things she wanted to take care of and she knew this would be her last donation to ParentCare,” Josh recalls. “She was so proud of dad’s work, but she also shared his passion for this great program and the women and children it provided so much assistance to.”

Josh says he is pleased to carry on the family tradition of supporting ParentCare, recently mailing a sizable check to the program from Flagstaff, Arizona, where he lives with his wife and three children and works as CFO and COO of “First Things First,” the state’s early child development program. “Krista and I each year use some of the money my mother left us to support ParentCare,” Josh says. “We actually add up what she gave every year, added the amounts our grandparents gave and then doubled that amount with our own personal donation. It’s not change-the-world kind of money, but we know every dollar helps ParentCare carry out its services, and we couldn’t be more proud and honored to contribute to such an important effort.”

Josh and Krista are already preparing a fourth generation of Allens to support ParentCare. A year ago the couple took their daughter and two sons—ages 11 to 14—to San Diego to tour the ParentCare facility in La Mesa. “They never knew my father, but they’ve heard a lot about him and his work, and they were excited to see his name on the building,” Josh says. “But then in meeting some of the ParentCare families, they began to understand just what it is the program does. My daughter even said, ‘Dad, this is really to make sure those children have the same opportunities we have, isn’t it?’”

Adds Josh, “My wife and I are confident and thrilled that the spirit of giving my dad symbolized will be instilled in our children as well, and that they will continue the family tradition of supporting ParentCare for many years into the future.”
1980s  Rising trends of "positive tox" (drug-exposed) births noted throughout San Diego County.

1989  With support from the St. Germaine Auxiliary of the Child Abuse Prevention Foundation, "ParentCare" project is launched at Grossmont Hospital. Social workers provide counseling, parenting skills training and case management services to "high risk" mothers.

1993  The ParentCare program becomes a part of Mesa Vista Hospital (then owned by Vista Hill.)

1994  ParentCare is awarded a contract with the San Diego County Alcohol and Drug Programs to provide intensive outpatient substance abuse treatment to women in East County. Underwritten by Hasbro Children’s Foundation, ParentCare Reunification Project assists mothers and their children in foster care to reunite.

1996  “Therapeutic Learning Center” (TLC) is licensed by the State of California to provide on-site specialized childcare to young children of ParentCare clients.

1999  Assuming the new title, ParentCare Family Recovery Center moves to its current location in La Mesa. Alliance HealthCare Foundation and generous individuals including, Cynthia Shott, provide assistance for program development and facility enhancements.

ParentCare is named in memory of Donald K. Allen, who championed the program.

1999-2003  Under a San Diego County contract and with support from Alliance HealthCare Foundation, the ParentCare "Fathers in Recovery" program provides gender-specific substance abuse treatment.

2000  A Lemon Grove apartment complex is acquired and renovated to create a sober living environment for ParentCare clients with support from the Weingart-Price Fund. Audrey S. Geisel and the Dr. Seuss Fund purchase the adjacent property as an activity center for resident families. In 2006, Mrs. Geisel provides another major gift to retire the apartment complex mortgage.

2001-Present  Major supporters are recognized with the naming of the Lipinsky Family Therapeutic Learning Center, Carole and John Sachs Multi-purpose room and the Jim Martin Building next door.

During these years, generous donors—too many to list—increase the outreach and scope of ParentCare projects by giving gifts to support a wide array of services: Mother Hubbard’s Cupboard/emergency food pantry, transportation, parenting skills training, rent scholarships, on-site psychiatric services for dually diagnosed clients, follow-up evaluation and support, after-school homework club, alumni apprenticeships and more.

2003  On-site Reproductive Health and Nursing Services are launched with support from The California Wellness Foundation.

Endowment to help sustain ParentCare services is initiated with assistance from the Parker Foundation, Lipinsky Family Foundation, Vista Hill Board and the Friends of Vista Hill Board.

2005  The Alumni Program is launched at ParentCare, providing enhanced support to program graduates.

2006  Bridges Adult Intensive Outpatient Program (IOP) of the ParentCare Center is launched with support from Alliance Healthcare Foundation, reinstating evening programs for working fathers and mothers with substance abuse problems.

2008  Perinatal Case Management and Street Outreach Program becomes part of the ParentCare service array.

2009  ParentCare is awarded a contract to provide the Incredible Families model (evidence-based mental health services, parenting skills training and therapeutic visitation activities) to foster children and their biological families in East County.

2011  Based on the long term success of the ParentCare program in East San Diego County (La Mesa), Vista Hill is awarded a contract with San Diego County to launch a new ParentCare site in central San Diego (mid-city area).

2013  Incredible Families is awarded a contract to expand countywide.

2014  Vista Hill’s ParentCare Family Recovery Center celebrates 25 years of services, assisting more than 3,000 women and their children since its launch.
kinds of activities, largely because it’s a rural area with limited resources. Once we started our outreach, however, the residents immediately understood what we were doing and because we actually create the programs around their suggestions and needs, they immediately embraced everything we offered.”

The breadth of programs offered is remarkable. Just a few examples:

- Women’s empowerment groups that provide education in parenting, self-esteem building, family health, and nutrition
- Financial planning classes for seniors and computer skills training for parents so they can access their children’s grades online
- Pre and post-partum classes for mothers, including a segment on car seat safety
- Yoga, art and wellness camps for children
- Dental hygiene clinics
- Spanish language classes and ESL
- Classes on stress reduction and depression awareness
- Classes and seminars that are timed to coincide with major national efforts, including Domestic Violence Awareness Month, Breast Cancer Awareness Month, Bullying Prevention Month and Drug Awareness and Prevention Month

“Recently we had several hundred people show up for an annual suicide prevention event in Ramona,” Sachs says. “The more events we hold and the more popular they become, the more people come up with ideas for new programs, which is just great, because it shows real community engagement.”

The programs are held in partnership with schools, libraries, churches, Boys and Girls Clubs, senior centers and other local organizations. The use of Facebook and other social media, along with the regular blogs Sachs writes, have played a major role in spreading the word about the wellness programs.

“Our goal is to raise awareness and remove the stigma about mental health issues in these rural areas that traditionally hadn’t had access to those kinds of services,” Sachs says. “We’ve been amazed at the response, and after five years, I think it’s safe to say our SmartCare wellness programs not only have become an invaluable community resource, they’ve actually helped improve the overall health and well being of thousands of residents.”
Year-End Sample Outcomes for Vista Hill Programs (as of 2013)

ParentCare*

>>> Infants are born healthy—100% of infants, born to ParentCare clients, were drug-free at birth
>>> Clients are more likely to stay in treatment—retention rate is nearly twice County contract expectation
>>> Clients attain significant improvements in stability—after six months in treatment, twice as many clients reported stable residency compared to intake
>>> As a result of enhanced after-care support, 90% of participants in the ParentCare Alumni Training Program have found employment or enrolled in college or a certificate program

*intensive substance abuse treatment and parenting skills training for low-income parenting or pregnant women

Incredible Families Program*

>>> 87% of parents showed improved parenting discipline practices
>>> 76% of the families successfully completed the iF program

*county-wide evidence-based parenting skills training, mental health treatment for children in foster care and therapeutic visitation program for the families

Stein Education Center Education Program*

>>> On average, 94% of students met or made progress toward Academic/Functional goals on their annual Individual Education Plan (IEP); and 91% of students met or made progress toward Behavioral goals

*special education and training for students with developmental disabilities and behavioral challenges

SmartCare Integrated Behavioral Health*

>>> As patients in primary healthcare clinics gained access to mental/behavioral health care and resources, there was a 75% reduction in the number of youth identified by their parents as having significant behavioral health symptoms

*-serving the North Inland and East County rural communities

Learning Assistance Center (LAC)*

>>> 79% of parents reported meaningful improvement in their child’s behavior symptoms from program enrollment to discharge

*school-based mental health services for students in North Inland school districts

Juvenile Court (Mental Health) Clinic

>>> 90% of participants avoided psychiatric hospitalization during outpatient treatment

Juvenile Drug Court and Substance Abuse Services (SAS) for teens

>>> The incidence of drug use (as evidenced by drug testing) decreased significantly over time for Juvenile Drug Court and SAS participants

Sarah:
Clean and Sober
Since August 5, 2004

I walked into ParentCare and I felt immediately embraced and safe at the facility.

I always compare my recovery to the reverse of a country song. I got my job back, my house back, my car back, and my beautiful boy back. I never forget where I come from. I know how easy it is to return to misery and devastation.

I actively give back. I join the ParentCare Alumni anytime I can. I share my experience, strength and hope anytime I am asked. I have been the chairwoman of Natives In Recovery for Southern California since 2006 and honorably bring recovery to my American Indian Family and Friends.

The best thing I got from ParentCare was myself. I love that lady who looks back at my today. I owe my strength to ParentCare and the staff who loved me when I could not love myself.
We tipped our hats at this year’s gala theme by having a posh prelude to the royal British “Jubilee” Gala with a proper high tea. Even with Sir Paul McCartney performing that very same evening, all the king’s horses and all the king’s men couldn’t keep our loyal subjects away on Sunday, September 28. Friends of Vista Hill Board member “Lady” Patti Holmes opened up her castle above the sea to host gala committee members and patrons. It was a lovely afternoon for a spot of hot or iced tea and petite portions of Shepard’s pie. The many tasty tea sandwiches and treats were created by Crown Point Catering and served poolside.

“Dame” Rachel Peniche, Executive Director of Friends of Vista Hill, welcomed the generous supporters and expressed her gratitude for all those present and those who couldn’t attend. “Sir” Robert Dean, Vista Hill President and CEO, gave a brief history of ParentCare, the program that is the beneficiary of the gala in honor of their 25th Anniversary. Everyone seemed to have a jolly good time and bid cheerio in the end.
It was a very regal evening on Saturday, October 18 as 225 Lords and Ladies were courted at the U.S. Grant Hotel. The 25th Annual Gala “Jubilee” was a special 25th anniversary celebration for ParentCare, one of Vista Hill’s crowning achievements.

The reception and silent auction area were well guarded by Beefeaters and the guests were welcomed into the Presidential Ballroom by our very own Queen Ann (Mound). Gala chair, Her Royal Highness, Debra McGinty-Poteet, started the evening off from her throne as she graciously thanked the honorary committee, sponsors, underwriters and guests for their support.

Vista Hill was thrilled to bestow its highest honor, the IMBY (In My Back Yard) Award, to Barbie and Dan Spinazzola for all their dedication not only to Vista Hill but the entire San Diego community.

Together Barbie and Dan have done a great deal for Vista Hill, and we feel very fortunate to have them as part of the Vista Hill family. Barbie has chaired several spectacular Vista Hill fashion shows and served on many gala committees. Through Dan’s incredible work with the Nice Guys, 40 families from the various Vista Hill programs each year are guests at their annual holiday event—and we don’t know what many of our families would do without the wonderful support of the Nice Guys.

Incidentally, Dan was named Nice Guy of the Year in 2007. Barbie and Dan each spoke eloquently and from the heart about why they support Vista Hill. “All kids deserve to grow up in a loving and safe home with parents who treat them well,” proclaimed Dan. We couldn’t agree more!

Three of ParentCare’s alumni were featured in a moving video presentation that celebrated their successful recovery. Jayne, Riana and Sarah were all present at the Gala and were given a standing ovation by the guests who were eager to congratulate them for maintaining a clean and sober life and raising beautiful children.

With the help of the entire gala committee, it was a grand ball fit for kings and queens. Thanks to their hard work and support of our generous donors the gala proceeds are in excess of $230,000! We will be able to help so many more families in need because of this incredible event.
(L to R back row) ParentCare staff and alumni: Diane Lobo, Jolene Silvas, Irma Contreras, Angela Rowe, (front row) Jayne O., Sarah H., Tari Williams, Riana A. Robert Dean, Dan and Barbie Spinazzola (IMBY Award Recipients) and Rachel Peniche. Gigi and Ed Cramer never miss a good party. Opportunity Drawing Ticket Sellers dressed the part.

THANK YOU
TO OUR GALA SPONSORS AND UNDERWRITERS!
WE COULDN'T DO IT WITHOUT YOU!

**SPONSORS:**

“Jubilee” Sponsor:
Audrey S. Geisel – Dr. Seuss Fund

“Anniversary” Sponsors:
Martin Family Fund
Barbie & Dan Spinazzola

“Legacy” Sponsor:
Virginia Napierskie

“Milestone” Sponsors:
Mary Alice & Ron Brady
The John M. & Sally B. Thornton Foundation

“Triumph” Sponsors:
San Diego Chargers
The Honorable Lynn Schenk

**UNDERWRITERS:**

Darlene Marcos Shiley
Vista Hill Board of Directors
The Thomas J. & Theodora Lynch Fleming Foundation
Kimberly Godwin
Anonymous
Rachel & Pino Ficara
Torrey Pines Bank
Barbara J. Brown
Arlene J. Esgate
Peggy Matthews
Claudia & Jim Prescott
Judy & Alan Robbins
Faith Stagg
Matthew Zetumer, M.D. & Lynn Corrin, M.D.
Dear Friends,

There isn’t too much Vista Hill can do to reward steadfast donors like you except to continue doing the best job we can. We understand that you are not seeking accolades or applause; still, we want to express how much we value your friendship and support. Listing your names and thanking you by phone, by mail, or in person are small ways in which we can show our appreciation.

We know that you have a variety of choices among many worthwhile non-profit organizations; and we thank you for including Vista Hill among your charitable endeavors.

Sincere thanks from all of us at Vista Hill!

Vista Hill
Community
Impact Leaders
1957 – PRESENT
CUMULATIVE GIVING

Making an impact…
leading the way…
for more than 55 years.

Million Dollar
Leadership Circle
($1,000,000+)
Audrey S. Geisel/Dr. Seuss Fund
Estate of Fanya Jackson
Sam and Rose Stein Foundation/
Sharon and Jerry Stein

Leadership Circle
($500,000+)
Diane and Jim* Martin Family
Carole Sachs/The John M. Sachs Family
Darlene Marcos Shiley and
Donald* Shiley
Elizabeth and Arthur Wolrich*

Founder’s Circle
($200,000+)
Alliance Healthcare Foundation
Betty and Bob Beyer/Beyer
Family Foundation
Marilyn Creson Brown and
James S. Brown
California Wellness Foundation
Ilse, Charles, and Peter Dalebrook Fund
Fujitsu Computer Products of America
Marian Parker Graves*
Grossmont Healthcare District
Vicki and Don Hamilton/Crown Point
Catering/The Edwards Foundation
Hasbro Children’s Foundation
Lipinsky Family Foundation/Elaine*
Lipinsky; Jeffrey and Sheila Lipinsky
Virginia and Glenn* Napierskie/
Connie and Phil Conard
Price Family Charitable Fund
Rivkin Family Foundation
Junior Saxe Foundation

Golden Circle
($100,000+)
Gayle and Tom Allen/Northern Trust
Renée S. Bannash
Esther and Arnold Belinsky Family
Mary Alice and Ron Brady
The Country Friends, Inc.
Darlyn* and Chuck Davenport
Estate of Charles G. Delgado
Samuel H. French, III & Katherine
Weaver French Fund
Georges & Germaine Fazenot
Charity Foundation
Kimberly Godwin
Connie K. Golden

Las Patronas
The Lebenscheld Foundation
Elaine Lipinsky Family Foundation
Maurice J. Masserini Charitable Trust
Frank Neuberger*
Parker Foundation
Estate of Irene and Pierre Poizie
Art Pratt Foundation/Old Mission
Rotary Club
Estate of James M. Simmons
Barbie and Dan Spinazzola
Irvin Stern Foundation
United Way of San Diego County
Weingart Foundation

Benefactor’s Circle
($25,000+)
Lauren and Jeffrey Abrams, M.D.
Thomas C. Ackerman Foundation
Dee and Jon Ammon
Anthony Anewalt*
Anonymous (1)
Herbert L. & Marcella Beckett Fund
Helen Beckman*
H.N. and Frances C. Berger Foundation
Lucille* and Howard Brotman
Barbara J. Brown
Edyth Bush Charitable Foundation
California Community Foundation
Wildfire Relief Fund
Chandler Asset Management
City National Bank
Coastal Community Foundation
Valerie and Harry Cooper

(L to R) Sandra Lawhon, Barbara Brown, Carole Sachs, Fern Murphy and Sherry Ingram.

Without your gifts, our programs could not flourish, and thousands of children and families would not receive the services they so desperately need.
Chairman’s Circle
($10,000+)
Renée S. Bannasch
Esther and Arnold Belinsky
Marilyn Creson Brown and
James S. Brown
Valerie and Harry Cooper
Ilse, Charles, and Peter Dalebrook Fund
Phyllis and Dan Epstein/Epstein
Family Foundation
Audrey S. Geisel/Dr. Seuss Fund
Connie K. Golden
Grossmont Healthcare District
Vicki and Don Hamilton/Crown Point
Catering/The Edwards Foundation
Patricia Holmes
Rise Johnson
Kaiser Permanente
Lipin Family Foundation
Virginia and Glenn* Napieriskie/Connie
and Phil Conard
Carole Sachs/The John M. Sachs Family
Darlene Marcus Shiley and
Donald* Shiley
Anne and Irving Sigele*
Seth Sprague Educational and
Charitable Foundation
The Walter J. and Betty C. Zable
Foundation

Director’s Circle
($1,000+)
Lauren and Jeffrey Abrams, M.D.
Lori and John Anewalt
Anonymous (3)
Barona Casino
Judith and Larry Belinsky
Stephanie Bergsma
James Biddle
Laurie Black
Barbara J. Brown
Mary Margaret and Kelly Brown
Holly and David Bruce
Stacy and Gary Cady
Mae and Curtis Chan, DDS
Lynn Cihak
Julie and Michael Connolly
Barbara and Charley Crew/Mistler Family Foundation
Liz and Robert Dean
Heidi Dormann
Eleanor Duemling
Alice and Mark Evans
Joan and Wes Eversen
Margaret Fischer – Cortland
Valuation Group, Inc.
Robin and Larry Gitman
Scarrain Gomes
Lucy and Bruce Goodwin
Thania and Tom Griffiths
Tory and Rick Galley
Cherie Halladay
Richard Haux
Linda and Jerry Hirshberg
Pat Hodgkin of First American
Trust, FSB
Margaret Jackson and Neil Hadfield
Kamaya Jane
Susan and Bob Katz
Sheryl Kaufman
Diane and William Kelner
Lynda and Richard Kerr
Barbara Kjos
Bess Lambron
Joni Laura and Dan Smith
Kathleen and Dennis Lavine
Sandra Lawhon
Linda Marteeny
Peggy Matthews
NAI San Diego

President’s Circle
($5,000+)
Gayle and Tom Allen
Sherrie Auen
Sheila Belinsky
Beyster Family Foundation
Mary Alice and Ron Brady/Gr’meres
I'mpossible Journey Fund
The Country Friends
Mary Jane and Robert Engman
Alberta Feurzeig and Harold Laz
Rachel and Pino Ficara
Thomas I. and Theodora Lynch
Fleming Foundation
Georges & Germaine Fusenot
Charity Foundation
Hanna and Mark Gleberman
Kimberly Godwin
Ingrid Hibben
Diane Hollingsworth
Sidney Kinsella
Las Primeras
Jeffrey and Sheila Lipinsky Foundation

Associates and
Special Friends
OCTOBER 1, 2013
THROUGH
SEPTEMBER 30, 2014
CURRENT GIVING
Very special thanks go to our
current donors who generously
support Vista Hill. We salute
the following individuals,
foundations, corporations, and
organizations:

Seth Sprague Educational and
Charitable Foundation
St. Germaine Children’s Charity
C.J. & Dot Stafford Memorial Trust
Faith Stagg
John and Beverly Stauffer Foundation
Susan Straub
Estate of Stefanie Dawn Strauss
Sunflower Fund
Sally B. and John M. Thornton
The Thursday Club
William and Ruth Tippett Foundation
Torrey Pines Bank
Susan and Darryl Tschirn
Union Bank of California
SDG&E
SDG&E Contribution Club
Sharp Mesa Vista Hospital
Cynthia Shott
Estate of Anne and Irving Sigele

* Indicates donor is deceased.

(L to R) Jeff and Sheila Lipinsky
with Dr. Mark Chenven, Vista Hill
Executive Medical Director.
Barbara and Sol Nagorner
Northern Trust Bank of California
Elvi Olesen
Paulette and George Obher
Kathryn Olson
Shital and Himanshu Parikh
Debra McGinty Poteet and Larry Poteet
Julie and Lowell Potiker
Arthur & Jeannette Pratt Memorial Fund
Claudia and Jim Prescott
Ralphs
Wendi and Craig Ramseyer
Rancho Bernardo Community Foundation
Rancho Bernardo Rotary Club Foundation, Inc.
Marilyn Ritter
Mary Lee Roberts
E.J. and Ron Rosenblatt, D.D.S
Chris and Bob Ross
Estate of Annie D. Sawert
Scarano Family Foundation
The Honorable Lynn Schenk and C. Hugh Friedman*
Sempra Energy
Karen and Jeff Silberman
Donald and Gayle Slate Family Fund
of the Jewish Community Foundation
Barbie and Dan Spinazzola
Valerie and Steve Spooner
Heidi and Greg Stein, M.D.
T.B. Penick & Sons, Inc.
Melissa and Frederick Taylor
Sally B. and John M. Thornton
USS Midway Museum
Lynn Corrin, M.D. and Matthew Zeitmer, M.D.

Guarantors ($500+)
A.O. Reed & Co.
Mary Sue Allen
Anonymous (1)
Craig Belinsky
Vicki and Joel Breman
Linda and Edgar Canada, M.D.
Gigi and Ed Cramer
Elizabeth and Jose del Pozo
Barbara and David Dunbar
Joanne and Steven Eisold
Chris and Keith Eshelman
Annette and Leney Frankel
Leslie and Norman Gollub, M.D.
Karen and Richard Grob
Eileen Haag and Ira Lechner
Jeanne Jones and Don Breitenberg
Jeryl Jones
Gale Krause
Barbara and Richard Kramvieda
Sean Lefkin
Linda and John Maguire
Ann Mound
Paul Padgett
Marcia and Herman Peniche
Jan and Michael Pradels
Amy and Charles Spielman
Evelyn and Cecil Stepe
Laurette Verbinski
Jack Winters

Patrons ($250+)
Barbara and David Dunbar
Joanne and Steven Eisold
Chris and Keith Eshelman
Annette and Leney Frankel
Leslie and Norman Gollub, M.D.
Karen and Richard Grob
Eileen Haag and Ira Lechner
Jeanne Jones and Don Breitenberg
Jeryl Jones
Gale Krause
Barbara and Richard Kramvieda
Sean Lefkin
Linda and John Maguire
Ann Mound
Paul Padgett
Marcia and Herman Peniche
Jan and Michael Pradels
Amy and Charles Spielman
Evelyn and Cecil Stepe
Laurette Verbinski
Jack Winters

Ambassadors ($100+)
Sherry Ahern
Laura Alessio
Kathleen Allen
Barbara and Arthur Athans
Joyce Axelrod
Virginia Ball
Susan Barby-Booth
Sylvia Baron
Deborah Barrow
Judy and Vince Bartolotta
Allison Beach
Amber Belmonte
Gretchen and David Bergman, M.D.
Marilyn Billingsley
Karen Bonding
Joan Bowes
Dr. Lisa Braun-Glazer
Barbara and Robert Brinsin
Russell Broscious
Bridge Brown
Genevieve and Frank Brown
Vickie and Ron Cady
Mary Caldwell
Paul Cappitelli
Chuyao Chavez
Candace and Robert Cohen
Jessica Colosimo
Connie and Phil Conard
Mary Conroy
Liz and Michael Copley
Sandra Deakman
Antonello di Benedetto
Bridge and Tom Di Fiore
Jeanne Elmer
Byrne Eger
Empties2Cash
Arlene and Richard Esigate
Jill and Jeffrey Essakow
Lydia and Mark Gruettner
Gloria Haltfery
Leah Hurwitz
Ruth and David Jacobson
Marilyn Johns and Peter Stovin
Peggy Johnson
Julie and Nelson Jones
Kari and Ken Martone
Chalyce and Charles Murray
Patty and Mark Ochenduszkio
Daniel Orlando
Susan Pantaleoni
Viviana and Chuck Polinsky
Mary Quisenberry
Karen Sanchez
Linda Shapiro Chemtob
Maria and Paul Stanley
Joan Stein
Thelest and Larry Stewart
Gayle and Philip Tauber
Rhonda and Ken Trueman
Susan and Richard Ulevitch
Kathryn and Donald Vaughn

Barbara and Bob Ross
Mary Sue Allen
($500+)
Guarantors

Patrons ($250+)
Barbara and David Dunbar
Joanne and Steven Eisold
Chris and Keith Eshelman
Annette and Leney Frankel
Leslie and Norman Gollub, M.D.
Karen and Richard Grob
Eileen Haag and Ira Lechner
Jeanne Jones and Don Breitenberg
Jeryl Jones
Gale Krause
Barbara and Richard Kramvieda
Sean Lefkin
Linda and John Maguire
Ann Mound
Paul Padgett
Marcia and Herman Peniche
Jan and Michael Pradels
Amy and Charles Spielman
Evelyn and Cecil Stepe
Laurette Verbinski
Jack Winters

Ambassadors ($100+)
Sherry Ahern
Laura Alessio
Kathleen Allen
Barbara and Arthur Athans
Joyce Axelrod
Virginia Ball
Susan Barby-Booth
Sylvia Baron
Deborah Barrow
Judy and Vince Bartolotta
Allison Beach
Amber Belmonte
Gretchen and David Bergman, M.D.
Marilyn Billingsley
Karen Bonding
Joan Bowes
Dr. Lisa Braun-Glazer
Barbara and Robert Brinsin
Russell Broscious
Bridge Brown
Genevieve and Frank Brown
Vickie and Ron Cady
Mary Caldwell
Paul Cappitelli
Chuyao Chavez
Candace and Robert Cohen
Jessica Colosimo
Connie and Phil Conard
Mary Conroy
Liz and Michael Copley
Sandra Deakman
Antonello di Benedetto
Bridge and Tom Di Fiore
Jeanne Elmer
Byrne Eger
Empties2Cash
Arlene and Richard Esigate
Jill and Jeffrey Essakow
Lydia and Mark Gruettner
Gloria Haltfery
Leah Hurwitz
Ruth and David Jacobson
Marilyn Johns and Peter Stovin
Peggy Johnson
Julie and Nelson Jones
Kari and Ken Martone
Chalyce and Charles Murray
Patty and Mark Ochenduszkio
Daniel Orlando
Susan Pantaleoni
Viviana and Chuck Polinsky
Mary Quisenberry
Karen Sanchez
Linda Shapiro Chemtob
Maria and Paul Stanley
Joan Stein
Thelest and Larry Stewart
Gayle and Philip Tauber
Rhonda and Ken Trueman
Susan and Richard Ulevitch
Kathryn and Donald Vaughn

* Indicates donor is deceased.
Kenneth and Harle Montgomery*  
Annie Morley – A. Morley Design  
Lynn Muto  
Virginia Napierskie/Connie Conard  
Charlotte Nielsen*  
The John M. Sachs Family  
Darlene Marcos Shiley  
Union Bank – Carlee Harmonson  
The Walter J. and Betty C. Zable Foundation  
Matthew Zetumer, M.D.

Estate of Fanya Jackson  
Carol LeBeau Mental Health Endowment  
Bessie Lucy Rozella Leiro*  
Elaine Lipinsky Endowment  
The Lipinsky Family Foundation  
Harry J. Lloyd  
Diane M. Martin  
Michael McCoy  
Debra McGinty-Poteet  
Ralph McKinnie  
Angela A. Mickelson  
Harle Montgomery*  
Mr. & Mrs. Kenneth Mueller  
Frank Neuberger*  
Susanne Oken*  
Melody L. Padget  
Francis D. Parker*  
Janet & Charles Peter  
Joan L. Peterson  
Pierre & Irene Poize*  
Jacqueline Range  
James L. Rice, M.D.  
H. Michael Roark, M.D.  
John D Robuck, M.D.*  
John M. Sachs Family Endowment  
Sanda’s Fund  
Linda Sanders  
Estate of Annie D. Sawert  
Yvette & William* Scandling  
Mr. & Mrs. Stanley R. Schoen  
Margot Shott  
Anne & Irving Sigele*  
James M. Simmons*  
Rose & Sam Stein*  
Cecil H. Steppe  
Marguerite R. Strand  
The Straub Family Endowment  
Estate of Stefanie Dawn Strauss  
Mr. & Mrs. Marvin Thompson  
Susan Wais  
Maggie Watkins  
Estate of Margaret Whitemore  
Mr. & Mrs. Arthur E. Wolrich*  
Matthew R. Zetumer, M.D.

Vista Hill
Board of Directors
Cecil Steppe, Chair  
James Brown  
Dennis Doyle  
David Dunbar  
Bruce Goodwin  
Robert Graham  
Linda Hirshberg  
Fred Taylor  
John Wertz  
Robert Dean, President/CEO

Friends of Vista Hill Advisory Board
Gayle Allen  
James Biddle  
Howard Brotman  
Barbara J. Brown  
Charles Foster  
Kimberly Godwin  
Warren Haviland  
Marie Hemingway  
Iris Krasnow  
Carol LeBeau  
Harriet Lerner  
Suzanne Braun Levine  
Thomas Perls, M.D.  
Michael Plopper, M.D.  
Theodore Roth  
Susan Tschirn  
Matthew Zetumer, M.D.

Vista Hill
8910 Clairemont Mesa Blvd.  
San Diego, CA 92123-1104  
858-514-5151 (phone)  
858-514-5193 (fax)  
www.vistahill.org

Please note: Space limitations do not allow us to name all donors, but we hope you know that we appreciate each of you as well as every contribution, large or small. If you notice errors, please accept our sincere apology and call 858-514-5152 to let us know. Thank you.

* Indicates donor is deceased.

(L to R) The Belinsky Family: Larry with wife Judy, Esther, Sheila and Craig.
Happy retirement wishes to Vista Hill’s longtime Human Resources Vice President Velma Netto. Since joining the organization in July 2001, Velma has steadily provided a high level of HR expertise, dedication to fairness, humor and strong work ethics. We will miss Velma and wish her all the best in retirement.

New Stein Education Director
Chayo Chavez Loves Helping Children With the Biggest Challenges

In the world of special needs education, there is no more challenging population to work with than children with intellectual and developmental disabilities and those with severe emotional disturbances. That’s what makes educators like Chayo Chavez so remarkable. She recently celebrated her 30th year of working with the students at the Stein Education Center—and she’s enjoyed every minute of it, from the day in 1984 when she was hired as a classroom aide during college, to this past spring when she was promoted to the top position as the Director of Special Education.

Chavez has actually been helping people since she was a teenager. Her father died when she was 16 and she stepped up to help her mother take care of her six brothers and sister. Shortly thereafter, one brother was diagnosed with schizophrenia and she became his primary caretaker, something she continues to do to this day.

“I found very early in my life, starting with my own family, that I really enjoyed taking care of others,” Chavez says. “And the problems my brother faced, even though it caused our family a lot of turmoil in his and our lives, really motivated me to want to help children with special needs.”

Chavez was quickly promoted after graduation to overseeing the Stein Recreation Program. Over the years she has created innovative after-school programs while advancing her education by acquiring a Master’s Degree in Educational Counseling. Her expertise in helping the developmentally disabled has drawn praise from school districts around the county who send their students to Stein for services.

“What I love about this job is that we’re able to make a real difference in the lives of students that others have found too difficult to teach,” Chavez says. “We never give up on anyone because we know there’s no limit to what these students can learn, no matter how challenging they may be when they start.

“Our number one goal is to help our students become as independent as possible, we not only improve the quality of their lives, we significantly improve the lives of their families as well, which is also extremely important given the pressure and strain most of them feel. We wish to see all our students reach their ultimate potential. We believe that they can make a positive contribution as members of our community.”

Chavez continues her devotion to a challenging position that involves running two certified schools and a separate after-school program with a combined 200 students and more than 100 staff members.

“I have always enjoyed direct student and parent contact and hope to be able to achieve even more at an administrative level that will positively impact our students,” Chavez says. “It’s why after 30 years I still love coming to work every day to see what else we can do to improve their lives.”
The annual Helping Hands awards were presented on October 28th to exemplary staff from each division of the Stein Education Center (SEC). Pictured are Jerry Stein (son of Rose and Sam Stein after whom the center is named) David Bear, SEC Education Program; Brittni Ellis, SEC Special Care Services; Ian Griggs, SEC Adult Services Program (La Mesa location); and Robert Dean, Vista Hill President and CEO.

40-Year Vista Hill Staff Member Keeps Client Services Up and Running Through Facilities Management

Power outages, broken playground equipment, frozen locks, and malfunctioning air conditioning is just the beginning of a list of problems and potential crises that can suddenly stop services from being delivered to thousands of clients in Vista Hill programs throughout San Diego County.

Rod Engel has devoted the last 40 years of his life to making sure those kinds of issues have as little impact as possible on Vista Hill. Starting in a summer job as gardener’s helper back in 1974, Engel was steadily promoted, eventually becoming Director of Maintenance, a job he’s had for more than 30 years. He’s also the second-longest serving Vista Hill employee behind Belle Nunley, Senior Vice President Finance and CFO.

“We’re aware that if something goes wrong anywhere it can bring the delivery of services to a grinding halt and that’s bad for our clients and really stressful for our staff,” Engel says. “But we love the challenges that pop up virtually every day. Our facilities staff has a reputation that we’re pretty proud of. We’re able and eager to handle just about any problem that comes up and solve it quickly so that there is minimal interruption of services.”

With a staff of only three, made up of Engel, who does hands-on work in addition to managing the department, Brian O’Keefe and David Willis (28 and 25-year employees themselves, respectively), the facilities team has its hands full trying to maintain a corporate headquarters, two ParentCare facilities, a 26-unit Sober Living Apartment complex, an entire school at Stein Education Center and four Stein satellite offices, as well as SmartCare offices scattered around North County.

And troubleshooting maintenance issues is only part of the job. The team is so talented and its collective skills so varied, they are frequently called upon to remodel classrooms, build out offices in newly acquired buildings and replace floors and cabinets at the apartments.

The team’s efforts were acknowledged last year when the three staff members were honored with a “Helping Hand” award during a ceremony at the Stein Education Center.

Because of the money saved by doing construction in-house, the facilities team saves Vista Hill tens of thousands of dollars each year.

“We enjoy knowing that because of our efforts, all of those dollars that are saved can be put to good use,” Engel says. “Because we’re out there every day, we actually get to see what Vista Hill is doing for the people in our programs. And though our work isn’t directly connected to those services, we do take pride in knowing our efforts ultimately play an important role in helping all of those people in need.”
SAVE THESE DATES!

24th Annual Vista Hill Fashion Show
*Friday, March 13, 2015*
“In Style Bollywood—The Spice of Life”
Town and Country Resort & Convention Center
Chair: Kristi Pieper; Honorary Chair: Shital Parikh; Mistress of Ceremonies: Sandra Maas
Shopping at 10 a.m.; lunch at noon; and Fashion Show at 1 p.m. by Gretchen Productions

Vista Hill Council on Mental Health Luncheon
*Thursday, June 11, 2015*
“What Addicts Know” Christopher Kennedy Lawford, author of *What Addicts Know: 10 Lessons from Recovery to Benefit Everyone*
Sheraton Mission Valley San Diego Hotel
Chair: James F. Mulvaney, Jr.

26th Annual Vista Hill Gala
*Saturday, October 17, 2015*
IMBY (In My Back Yard) Award Recipients: Mary Alice and Ron Brady
Chair: Connie Conard

For reservations or more information, please contact Jenny Cairncross at 858-514-5155 or jcairncross@vistahill.org