Snapshot of Programs and Services for Youth
Acknowledgements

Public Legal Education and Information Service of New Brunswick (PLEIS-NB) is a non-profit organization that was set up in 1989. Its goal is to provide New Brunswickers with information on the law. As a result of the Youth Justice Renewal Initiative that was announced by Justice Canada in 1998, PLEIS-NB worked with an advisory committee on several youth justice projects, including the development of this Snapshot. The committee included:

NB Department of Public Safety
NB Department of Justice
NB Department of Education
Youth in Transition
The John Howard Society of NB
Centre for Research on Youth at Risk, St. Thomas University
Youth Connexions Jeunesse
Atlantic Alliance for Children and Youth
Provincial Caring Partnerships Committee
Canada/NB Community Mobilization Program
NB Youth Council

This project was funded by Justice Canada.

Published by:

Public Legal Education and Information Service of New Brunswick

P.O. Box 6000
Fredericton, NB
E3B 5H1

Tel:  506-453-5369
Fax:  506-462-5193

www.legal-info-legale.nb.ca
www.youthjusticenb.ca

Published  March 2001
Revised:  March 2004
Revised:  March 2007

Purpose of this Publication

This publication is a “snapshot” of programs and services for youth in New Brunswick. It is not intended to be an exhaustive directory of all programs and services.

Youth get into trouble for many reasons. Often it is because they are bored, lack skills to find a job, do not have support from a caring adult and so on. The purpose of this Snapshot is to provide an overview of the programs and services that can help youth develop positive attributes such as leadership and communication skills, find support and counselling for particular problems, discover opportunities for enhancing their own capacities, and sometimes, simply keep busy and have fun. Fortunately, many people in the community recognize that one of the best ways to support youth at risk of getting into trouble is to address the underlying risk factors. Programs which foster academic skills, build self-esteem, promote positive peer interaction, and improve life skills can have a positive impact on youth and help reduce youth crime.

This Snapshot is intended to provide a starting place for individuals and agencies attempting to direct youth toward appropriate and meaningful activities. Whether it is helping a youth to find a sport, get a tutor, join a drama class or seek addiction counselling, the opportunity to participate in such programs can be instrumental in supporting youth. Together we can offer youth some of the tools necessary to make healthy choices about their lives.

Who Should Use the Youth Services Snapshot

This Snapshot will be of use to police officers, corrections workers, teachers, parents and others in the community who are striving to support youth generally and youth at risk in particular. It might help in identifying the range of programs and services available to assist a particular youth.

How to Use the Youth Services Snapshot

The Snapshot is organized in two ways:

Subject Index: Categorizes programs and services by several broad subjects.
Alphabetical Index: Lists all of the organizations referred to in the guide alphabetically.

Many of the agencies listed in the guide are provincial associations. They can put the user in touch with local branches and organizations involved in a particular activity. If a provincial office or contact is not indicated, the organization provides service to the local area noted.

Please Contact PLEIS-NB with Additions and Suggestions

We will be updating the Internet version of the Snapshot on a regular basis. Revision and reprinting of hard copies will occur less often. If you would like to have your organization listed on our Internet site or added to the published edition of the Snapshot please let us know. Also, if your organization is already listed but contact information has changed, we would appreciate notification. You can contact us at PLEIS-NB:

PLEIS-NB
Attn: Snapshot
P.O. Box 6000
Fredericton, NB E3B 5H1
Tel: (506) 453-5369
Fax: (506) 462-5193
Email: pleisnb@web.ca
Website: www.legal-info-legale.nb.ca
Table of Contents

I. EDUCATION ............................................................ 1
   A. Homework Clubs, Tutoring Services, Reading Programs ................................................ 1
   B. Learning Skills, Literacy, Computer Training ................................................................. 2
   C. Special Skills (Babysitting and First Aid) ......................................................................... 3

II. EMPLOYMENT AND JOB TRAINING .......................... 4
   A. Job Preparation .................................................................................................................. 4
   B. Job Opportunities ............................................................................................................. 5
   C. Self-Employment .............................................................................................................. 7

III. HEALTH AND WELL-BEING .................................. 8
   A. Addiction Services and Programs ...................................................................................... 8
   B. Life Skills & Counselling Services .................................................................................... 9
   C. Support Services (Respite Care, Support Groups)............................................................. 12
   D. Sexual Health Services and Programs ............................................................................. 12
   E. Victim Services, Shelters and Crime Prevention Programs ............................................. 15
   F. Legal Information Sources ............................................................................................... 17

IV. RECREATION AND LEISURE .................................. 18
   A. Service Clubs .................................................................................................................... 18
   B. Community Youth Centres ............................................................................................. 19
   C. SPORTS ORGANIZATIONS AND CULTURAL PROGRAMS ......................................... 21
      1. Sports Organizations ..................................................................................................... 21
      2. Cultural Programs ......................................................................................................... 23
   D. Volunteer Opportunities .................................................................................................. 23

V. SERVICES FOR YOUTH WITH DISABILITIES .......... 25
# Table of Contents

## I. EDUCATION ............................................................ 1
   A. Homework Clubs, Tutoring Services, Reading Programs ................................................ 1
   B. Learning Skills, Literacy, Computer Training ................................................................. 2
   C. Special Skills (Babysitting and First Aid) ..................................................................... 3

## II. EMPLOYMENT AND JOB TRAINING ...................... 4
   A. Job Preparation .............................................................................................................. 4
   B. Job Opportunities ......................................................................................................... 5
   C. Self-Employment ......................................................................................................... 7

## III. HEALTH AND WELL-BEING .................................. 8
   A. Addiction Services and Programs .................................................................................. 8
   B. Life Skills & Counselling Services ................................................................................ 9
   C. Support Services (Respite Care, Support Groups)......................................................... 12
   D. Sexual Health Services and Programs ....................................................................... 12
   E. Victim Services, Shelters and Crime Prevention Programs ....................................... 15
   F. Legal Information Sources ......................................................................................... 17

## IV. RECREATION AND LEISURE ................................. 18
   A. Service Clubs ............................................................................................................ 18
   B. Community Youth Centres ....................................................................................... 19
   C. SPORTS ORGANIZATIONS AND CULTURAL PROGRAMS ..................................... 21
      1. Sports Organizations ............................................................................................... 21
      2. Cultural Programs .................................................................................................. 23
   D. Volunteer Opportunities ............................................................................................ 23

## V. SERVICES FOR YOUTH WITH DISABILITIES ........................... 25
Alphabetical index

4-H Clubs of New Brunswick........................................................................................................ 18
Aboriginal Youth Strategy Program ........................................................................................ 5
Advocacy for Youth .................................................................................................................. 1
Agence Residentielle Restigouche ........................................................................................ 15
AIDS NB Information Line ....................................................................................................... 12
Al-A-Teen ................................................................................................................................... 12
Atlantic Youth Bowling Council ............................................................................................. 23
Baby Think It Over .................................................................................................................... 13
Bathurst Youth Centre ............................................................................................................ 8, 19
Beausejour Family Crisis Resource Centre .............................................................................. 15
Big Brothers and Big Sisters of Canada ................................................................................ 12, 24
Birthright NB .......................................................................................................................... 13
Boys & Girls Club ................................................................................................................... 1, 2, 18
Cadets Canada ......................................................................................................................... 18
Camp Rotary ............................................................................................................................. 25
Canadian Armed Forces Recruiting Centre ............................................................................ 5
Canadian Deaf, Blind and Rubella Association .................................................................... 25
Canadian Mental Health Association New Brunswick Division Inc ....................................... 9
Canadian National Institute for the Blind (CNIB) ................................................................. 25
Canadian Paraplegic Association (New Brunswick) Inc ......................................................... 25
Canadian Red Cross .............................................................................................................. 3, 24
Carleton-Victoria Community Vocational Board .................................................................. 2
Centre for Youth Care ............................................................................................................ 9, 15
Chaleur Community Youth Worker Program ..................................................................... 4
Children’s Wish Foundation of NB ...................................................................................... 12, 26
Chimo Helpline ..................................................................................................................... 9, 24
Chipman Community Youth Centre ...................................................................................... 4, 19
Chrysalis Home – Youth in Transition .................................................................................. 15
Community Health Centre: J.O.B.S ..................................................................................... 4
Connect NB Branché – Community Access Centres ............................................................. 2
SNAPSHOT 2007

Coverdale Centre .................................................................................................................. 15
Crime Stoppers - NB ............................................................................................................. 15
Crisis Pregnancy Centre .................................................................................................. 13, 24
Deaf and Hard of Hearing Services NB ........................................................................... 26
Dial-A-Bus ............................................................................................................................. 26
Dieppe Youth House ....................................................................................................... 10, 20
Drug Abuse Resistance Education (D.A.R.E.) ........................................................................... 8
Duke of Edinburgh’s Award ............................................................................................... 23
Early Intervention Program ............................................................................................... 13
Easter Seal March of Dimes ............................................................................................... 26
Elizabeth Fry Society ........................................................................................................... 15
Family Law Clinic - YWCA Moncton ............................................................................. 17
Federal Student Work Experience Program (FSWEP) .................................................. 6
Fredericton Young Offenders Services ........................................................................... 16
Gignoo Transition House ................................................................................................. 13, 16
Girl Guides of Canada – New Brunswick Council ...................................................... 18
Golden Hawk Teen Centre ............................................................................................... 20
Hawkins-Neville Community Centre ............................................................................. 1, 20
Help-24 Au Secour ........................................................................................................... 10
Info Line ............................................................................................................................... 10
Job Search Centre ............................................................................................................... 6
Jobs Unlimited ...................................................................................................................... 26
John Howard Society ...................................................................................................... 4, 8, 10
John Howard Society – Youth Options Program .......................................................... 6
Junior Achievement .......................................................................................................... 2
Junior Achievement Program ............................................................................................ 7
Katimavik ............................................................................................................................ 24
Kids Help Phone ................................................................................................................. 11
KidSport Fund .................................................................................................................... 21
Kumon Centre ...................................................................................................................... 1
Lakeland Industries ............................................................................................................. 26
Learnex ................................................................................................................................. 1
Learning Centre .................................................................................................................... 26
Learning Disabilities Association of NB .................................................................................. 27
Legal Advice Clinic.................................................................................................................. 17
Military Family Resource Centre............................................................................................. 3
Moncton Community Residences Incorporated (MCRI) .......................................................... 27
Mother and Child Welcome House ....................................................................................... 14
Multicultural Association....................................................................................................... 19
Muriel McQueen Fergusson Foundation – School Chapters ................................................. 9, 11
Native Friendship Centre.......................................................................................................2 0
NB Aboriginal Peoples Council ............................................................................................ 4
NB Amateur Hockey Association ........................................................................................... 21
NB Association for Community Living................................................................................... 27
NB Child Protection Services ................................................................................................. 16
NB Child Protection Services ................................................................................................. 27
NB Coalition of Transition Houses ......................................................................................... 16
NB Mental Health Services ................................................................................................... 11
NB Sound Initiative................................................................................................................ 23
NB Special Olympics Society Inc........................................................................................... 27
NB Trails Council ................................................................................................................... 23
NB Wheelchair Sports Association ........................................................................................ 27
NB Youth Apprenticeship Program ........................................................................................ 4
Neil Squire Foundation ........................................................................................................... 28
New Brunswick Advisory Council on Youth ......................................................................... 2
On the Move ............................................................................................................................ 20
Opal III Respite Services ....................................................................................................... 28
Parks and Recreation............................................................................................................... 22
Portage New Brunswick ........................................................................................................... 9
Provincial Artisans .................................................................................................................. 28
Public Legal Education and Information Service of New Brunswick (PLEIS-NB) .............. 17
Regional Addiction Services Youth Treatment Program ...................................................... 8
Restigouche Family Crisis Intervenors Inc. ............................................................................. 11, 28
Scouts Canada ......................................................................................................................... 19
SNAPSHOT 2007

SEED: Student Employment and Experience Development ....................................................... 6
Sexual Assault Crisis Centre .................................................................................................. 14
Sexual Health Centre ............................................................................................................ 14
Skate/Patinage Canada, New Brunswick ................................................................................ 27
Speak Easy ............................................................................................................................ 28
Sport, Recreation and Active Living ....................................................................................... 22
Sport New Brunswick ............................................................................................................ 21
St. John Ambulance Saint-Jean – New Brunswick Council ................................................. 4, 24
St. Joseph’s Community Health Centre ........................................................................ 2, 10, 20
Student Employment and Experience Development Program – Student Entrepreneurship ....... 7
Student Services – NB Department of Education............................................................... 3
Student Summer Job Action ................................................................................................ 6
Suicide Awareness Presentation .............................................................................................. 9
Suicide Bereavement Support Group .................................................................................... 12
Summer Mentorship Program for Female Students ............................................................... 7
Support to Single Parents .................................................................................................. 3, 14
The Kindness Club ...................................................................................................... 3, 16, 23
Vehicle Retrofitting and Accessible Vehicle Program .............................................................. 28
Victim Services ...................................................................................................................... 17
Victim Services Program ........................................................................................................ 17
Volunteer Bureaus / Centres .............................................................................................. 24
VON Canada NB – Healthy Baby & Me ............................................................................. 14
Women’s Resource Centre - YWCA Moncton .................................................................. 11, 25
YM-YWCA .............................................................................................................................. 5
YMCA ................................................................................................................................... 3, 4, 19, 25
Youth Employment Strategy ................................................................................................ 5
Youth Internship Canada ...................................................................................................... 7
Youth Link .............................................................................................................................. 5
Youth Service Canada .......................................................................................................... 7
Youth Volunteer Award Program ........................................................................................... 25
I. EDUCATION

A. Homework Clubs, Tutoring Services, Reading Programs

Advocacy for Youth

Alternative School Programs
Offers counseling and intervention school-based programs for grades 6-12. The goal is to motivate students to deal realistically with the reasons they are unsuccessful in school. Students are given the opportunity to learn one-on-one and eventually participate in group learning sessions.
Fredericton 444-4711

Job Readiness Program
Offers help and preparation for the work force to youth finishing school or having difficulty with school.
Fredericton 454-5437

Boys & Girls Club
Educational programs offered include reading circles, homework clubs, tutoring services, Mechanics for Youth, and Partners for Alternative Learning Strategies (PAL). Check your local Boys & Girls Club to see what is available in your area.

Dieppe 857-3807 Eel River Bar 684-6277
Fredericton 453-1388 Grand Manan 662-3653
Havelock 534-8298 Miramichi 778-2444
Moncton 853-7356 Moncton East End 857-0358
Petitcodiac 756-2841 Riverview 387-7070
Salisbury 372-5873 Saint John 847-0816
St. Stephen 466-4300 Web Site: www.bgccan.com

Hawkins-Neville Community Centre
Offers a community Academic Service Program for youth having difficulty in school.
Fredericton 453-6671

Kumon Centre
Offers math and reading programs for youth aged 5 – 16 years.
Toll-free 1-800-222-6284 (National office)
Fredericton 472-0203

Learnex
The Home Work School program for grades 5 - 9 operates from October to May.
Saint John 648-0202
B. Learning Skills, Literacy, Computer Training

Boys & Girls Club
Offers Computer Labs, Mechanics for Youth, and Partners for Alternative Learning Strategies (PAL). Check your local Boys & Girls Club to see what is available in your area.

Dieppe 857-3807  Eel River Bar 684-6277
Fredericton 453-1388  Grand Manan 662-3653
Havelock 534-8298  Miramichi 778-2444
Moncton 853-7356  Moncton East End 857-0358
Petitcodiac 756-2841  Riverview 387-7070
Salisbury 372-5873  Saint John 847-0816
St. Stephen 466-4300  Web Site: www.bgccan.com

Carleton-Victoria Community Vocational Board
Offers computer training for young people.
Perth-Andover 273-6866

Connect NB Branché – Community Access Centres
There are over 200 Community Access Centres across New Brunswick in schools, libraries and community centres. The goal is to provide affordable internet access for the public, specifically those in rural communities. To find a site near you visit the web site or call the toll-free number.

Toll-free 1-877-444-0510
Web site www.cnbb.nb.ca

St. Joseph’s Community Health Centre
Offers a Computer Access Centre from 10 a.m. – 5 p.m., Monday to Friday. This service is free of charge. Free tutoring in all subjects is also available at the Centre.
Saint John 632-5537

New Brunswick Advisory Council on Youth
Provides information to youth on topics such as education, employment and training, and can provide contacts for local youth-serving agencies. Information is available on the New Brunswick Advisory Council on Youth website.

Web site: www.gnb.ca/0049
Fredericton 453-3271

Junior Achievement
Offers educational programs for different age groups. Some programs offered are: In-School Business Basics (Gr. 5), Economics of Staying in School (Gr. 8), Making Sense of Business (Gr. 9), After School (Gr. 9), The Company Programs (Gr. 9 - 12), Globe: International Trade (Gr. 11 - 12), Business Challenge (Gr. 11 - 12), Student Venture (Gr. 9 - 12), and Aboriginal Economics (Gr. 8). The availability of programs varies in each community. Check with your local JA to see what is available in your area.

Fredericton 455-6552  jafrednb@nb.aibn.com
Southeastern NB (Moncton) 858-0477  jamtn@nb.aibn.com
Southwestern NB (Saint John) 634-8409  jastj@nb.aibn.com
Northwestern NB (Edmundston) 739-6354  jaedm@nb.aibn.com
Chaleur, Restigouche and Miramichi (Bathurst) 548-3700  jaje@nb.aibn.com
The Kindness Club
A non-profit organization that teaches children and youth about animals and the environment. Services include pet shows, a newsletter, video lending library, special events, and educational presentations. There is a small membership fee, but inability to pay will not mean that a young person can not join. Promotes the First Strike program which teaches about the links between cruelty to animals and human violence. Kindness Clubs have been started in schools and youth centres around the province. For more information about programs or a Kindness Club in your area contact:

Web site  www.kindnessclub.nb.ca
E-mail  kindness@nb.aibn.com
Fredericton  459-3379 (Provincial office)

Student Services – NB Department of Education
Offers assessment services and appropriate instructional programs for school-aged children. Contact your local School District for details:

<table>
<thead>
<tr>
<th>District</th>
<th>School</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Dieppe</td>
<td>856-3333</td>
</tr>
<tr>
<td>2</td>
<td>Moncton</td>
<td>856-3222</td>
</tr>
<tr>
<td>3</td>
<td>Grand-Sault</td>
<td>737-4567</td>
</tr>
<tr>
<td>4</td>
<td>Campbellton</td>
<td>789-2255</td>
</tr>
<tr>
<td>5</td>
<td>Rothesay</td>
<td>847-6262</td>
</tr>
<tr>
<td>6</td>
<td>Saint John</td>
<td>658-5300</td>
</tr>
<tr>
<td>7</td>
<td>Tracadie-Sheila</td>
<td>394-3400</td>
</tr>
</tbody>
</table>

Web site: www.gnb.ca/0000

Support to Single Parents
Offers a literacy program for youth.

Moncton  858-1303

YMCA
Offers a variety of programs such as: Computer Kids/Teen Computer, Junior/Senior Leader Corps, Business Training Centre, and CAST Literacy Program for Youth 16 - 24. Check your local YMCA to see what is available.

Saint John  634-7720
Greater Moncton  857-0606
Fredericton Headstart Program  462-3000
(Pre-schoolers are taught to learn through play).

C. Special Skills (Babysitting and First Aid)

Canadian Red Cross
Offers courses for young people in babysitting and life-saving skills.

Fredericton  458-8445
Moncton  863-2650
Saint John  674-6132

Military Family Resource Centre
Offers babysitting courses for young people.

Oromocto  422-2000 Ext. 3352
St. John Ambulance Saint-Jean – New Brunswick Council
Offers First-Aid training around New Brunswick.
  Toll-free  1-800-563-9998
  Web site  www.sja.ca/nb
  Fredericton  458-9129 (Provincial office)

YMCA
Offers babysitting courses for young people.
  Saint John  634-7720
  Greater Moncton  857-0606
  Fredericton  462-3000

II. EMPLOYMENT AND JOB TRAINING

A. Job Preparation

Chaleur Community Youth Worker Program
  Bathurst  549-3215

Chipman Community Youth Centre
Offers resume preparation and employment counselling.
  Chipman/Minto  339-8834

Community Health Centre: J.O.B.S.
Offers a day and a half workshop for teens ages 15 to 19, to help them prepare for a summer job.
  Topics include preparing a resume and cover letter, job hunting, approaching employers, and preparing for a job interview.
  Saint John  632-5537

John Howard Society
Offers youth a Learning to Work Program and work projects such as Park Development.
  Check your local JHS office to see what is available.
  Provincial office  457-9810  Miramichi  622-5135
  Edmundston  736-0111  Moncton  854-3499
  Fredericton  450-2750  Saint John  632-0800

NB Aboriginal Peoples Council
Offers employment services for Natives who live off reserve and for Metis people.
  Fredericton  458-8422
**NB Youth Apprenticeship Program**  
Provides an opportunity for students at the high school level to become actively involved in getting skills and work experience related to their occupational interests. While in school, students will have access to formal classroom instruction related to their occupational interests, and the opportunity to work in that area. The program begins upon completing grade 10 and continues through grades 11 and 12, and includes three paid summer work terms.

Contact the Youth Apprenticeship Program Coordinator at your local School District Office:

- **District 1 Dieppe**  856-3333  
- **District 2 Moncton**  856-3222  
- **District 3 Grand-Sault**  737-4567  
- **District 5 Campbellton**  789-2255  
- **District 6 Rothesay**  847-6262  
- **District 8 Saint John**  658-5300  
- **District 9 Tracadie-Sheila**  394-3400  
- **District 10 St. Stephen**  466-7300  
- **District 11 Richibucto**  523-7655  
- **District 13 Woodstock**  325-4432  
- **District 15 Dalhousie**  684-7555  
- **District 16 Miramichi**  778-6075  
- **District 17 Oromocto**  339-7000  
- **District 18 Fredericton**  453-5454

Web site:  www.gnb.ca/0000

**YM-YWCA**  
Offers the Junior / Senior Leader Corps, and a Business Training Centre.

Saint John  634-7720

**Youth Employment Strategy**  
The federal government offers programs to assist youth such as career planning, resume preparation, interview skills, job search techniques, etc. Contact the national Youth Info Line or visit the web site for more information:

- **Web site**  www.youth.gc.ca  
- **Toll-free**  1-800-935-5555 (Youth Info Line)

**Youth Link**  
This resource booklet offers career information about programs available to youth, ages 15 to 30. For a copy of this publication, call or visit the web site:

- **Toll-free**  1-800-935-5555 (Youth Info Line)  
- **Web site**  www.youth.gc.ca

**Aboriginal Youth Strategy Program**  
Offers a training program for Aboriginal youth.

Fredericton  458-8422

**B. Job Opportunities**

**Canadian Armed Forces Recruiting Centre**  
Offers a variety of employment opportunities to individuals wishing to pursue a full or part-time career in the Canadian Armed Forces. A wide variety of employment plans are available ranging from basic entry (Private) to a full scholarship at a Canadian Military College or a civilian university (Officer Training). Applicants must be at least 18 years of age (or 17 with a parent or guardian’s consent) and have completed a minimum of grade 10. Applicants must also be free of judicial and/or financial obligations.

- **Toll-free**  1-800-856-8488
Federal Student Work Experience Program (FSWEP)
Offers full-time high school and post-secondary students an opportunity to apply for student jobs with the federal government. Applications are available at campus career centres, Job Search Centres, Career Information Centres, Service Canada Centres for Youth, and Public Service Commission of Canada offices. Call the Youth Info Line or visit the web site to apply to FSWEP online:
- Toll-free 1-800-935-5555 (Youth Info Line)
- Web site www.jobs.gc.ca
- Moncton 851-6616 (Public Service Commission of Canada)

Job Search Centre
Offers local and national job listings as well as access to the Internet, word processors, fax, photocopier and telephone services. Also offers employment counselling and referral services. Open 8:30 a.m.– 4:30 p.m. Monday to Friday. Contact your local office for more information:
- Fredericton 453-8269  Edmundston 735-2677
- Bathurst 549-5878  Moncton 869-6944
- Campbellton 789-2955  Miramichi 627-4000
- Caraquet 726-2711  Saint John 643-7258
- Woodstock 325-3927

John Howard Society – Youth Options Program
Offers 8 to 20 week work programs for youth in conflict with the law and for youth at risk 16 and older. The goal of the programs is to increase their sense of self-respect and to better understand their choices and work responsibilities. It is also an opportunity to experience success on the job and to gain positive work references and experience in various fields. For more information, call the John Howard Society in your area.
- Provincial office 457-9810  Miramichi 622-5135
- Edmundston 736-0111  Moncton 854-3499
- Fredericton 444-8166  Saint John 632-0800

SEED: Student Employment and Experience Development
This program is open to students attending a post-secondary institution in the fall and who have registered with the Central Provincial Student Referral Office. Students will be referred to employers who wish to offer students interesting and worthwhile summer projects. Applications are available at all New Brunswick university and community college campuses and Human Resource Service Centres.

Information is available through the Post-Secondary Education, Training and Labour’s web site.
- Web site www.gnb.ca
- Fredericton 453-3818

Student Summer Job Action
Offers an extensive range of programs and services designed to help high school and post-secondary students find summer employment.
- Toll-free 1-800-935-5555 (Youth Info Line)
- Web site www.youth.gc.ca
**Summer Mentorship Program for Female Students**
Pairs female students with civil servants working in non-traditional or senior level jobs. Through the Province’s JET Stream Program, young women will gain 12 weeks of valuable job experience in various regions of the province.
Fredericton 453-2141

**Youth Internship Canada**
Creates employment opportunities within emerging and expanding industries. The program focuses on skills development and work experience. It helps youth gain the types of employability skills they will need to enter the labour market and make the transition from school to work. This program is available to youth without a diploma or youth at risk. Call the Youth Info Line for more details.
Toll-free  1-800-935-5555 (Youth Info Line)

**Youth Service Canada**
Offers a program to help young people acquire valuable job and life skills through community service projects. Young people who are not attending school and are currently unemployed are eligible. Call the Youth Info Line for more details.
Toll-free  1-800-935-5555 (Youth Info Line)

**C. Self-Employment**

**Junior Achievement Program**
Offers students in grades 9 - 12 a chance to participate in this 8 month program through the Restigouche Business Financial Centre. Students start their own businesses from scratch. They are responsible for inventing their own product and developing their own business plan and marketing strategy.
Fredericton 455-6552 jafrednb@nb.aibn.com
Southeastern NB (Moncton) 858-0477 jamtn@nb.aibn.com
Southwestern NB (Saint John) 634-8409 jastj@nb.aibn.com
Northwestern NB (Edmundston) 739-6354 jaedm@nb.aibn.com
Chaleur, Restigouche and Miramichi (Bathurst) 548-3700 jaje@nb.aibn.com

**Student Employment and Experience Development Program – Student Entrepreneurship**
Provides students 16 years and older with an opportunity for self-employment through interest-free loans to operate their own summer business. Contact the Department of Post-Secondary Education, Training and Labour for more information
Bathurst 549-5766 Richibucto 523-7612
Campbellton 789-2411 Sackville 364-4304
Caraquet 726-2639 Saint John 643-7258
Edmundston 735-2677 Shediac 869-6944
Fredericton 453-2377 Shippagan 726-2639
Grand Falls 475-4025 St. Stephen 466-7627
Miramichi 627-4000 Sussex 432-2110
Moncton 869-6944 Tracadie-Sheila 726-2639
Neguac 628-4000 Woodstock 325-4406
Perth Andover 273-4559
Find the application booklet online at www.gnb.ca/0311/ENEntrepreneurshipbooklet.pdf
III. HEALTH AND WELL-BEING

A. Addiction Services and Programs

Regional Addiction Services Youth Treatment Program

Offers outpatient counseling for youth 12 to 19 years who are experiencing problems with drugs or alcohol. Both one-on-one counseling and seminars are offered. Contact your regional Addictions Services for more information.

- Bathurst 547-2086
- Campbellton 789-7055
- Edmundston 735-2092
- Fredericton 452-5558 (Victoria Treatment Centre)
- Miramichi 623-3375
- Moncton 856-2333
- Saint John 674-4300 (Ridgewood Treatment & Rehab Centre)
- Tracadie-Sheila 394-3615

Bathurst Youth Centre

Provides a safe and healthy environment for youth to hang out and have fun with friends. Drug and alcohol prevention workshops are offered.

- Bathurst 549-3215

Drug Abuse Resistance Education (D.A.R.E.)

D.A.R.E. helps elementary schoolchildren develop the skills to recognize and resist social pressures to try tobacco, alcohol and other drugs. A formal curriculum is taught by uniformed law enforcement officers to students in a classroom setting. Contact your local RCMP District:

- District 1 Charlotte 755-1130 District 7 Woodstock 325-3000
- District 2 Oromocto 357-4302 District 8 Tracadie-Sheila 393-3001
- District 3 Hampton 832-5566 District 9 Campbellton 789-6000
- District 4 Shediac 533-5151 District 10 Grand Falls 473-3137
- District 5 Kent 523-4611 District 11 Riverview 387-2222
- District 6 Blackville 843-9400 Codiac 857-2400

Local Police forces participating in the D.A.R.E. Program:

- Grand Falls 475-7767
- Rothesay 847-6300
- Saint John 648-3251

John Howard Society

Offers Drug and Alcohol Addiction Counselling and Prevention Workshops. For more information, call your local JHS office.

- Provincial office 457-9810 Miramichi 622-5135
- Edmundston 736-0111 Moncton 854-3499
- Fredericton 450-2750 Saint John 632-0800
Muriel McQueen Fergusson Foundation – School Chapters

The Muriel McQueen Fergusson Foundation (MMFF) supports the elimination of family violence through action research and effective public education programs. There are 2 school-based chapters. One is located at Fredericton High School and the other at Harvey High School. These Chapters promote awareness of family violence and healthy relationships in their own schools. Anyone interested in starting a school-based Chapter can contact the provincial MMFF office.

- Toll-free 1-888-673-6633
- Fredericton 472-5085 (Provincial office)

Portage New Brunswick

A provincial treatment program for drug addicted youth (14 - 21 years old). Offers a drug and alcohol-free program that encourages the young person to take charge of their life. Participation in the 6 – 8 month program is voluntary. Youth build self-esteem by developing family-like relationships, building on assets to create positive life situations, and strengthening their desire for rehabilitation. Various sports, leisure and therapeutic activities are available at the facility which can accommodate 40 young people.

- Toll-free 1-888-735-9800

B. Life Skills & Counselling Services

Canadian Mental Health Association New Brunswick Division Inc.

Offers workshops and programs that promote good mental health. Workshops offered include: Adolescent Stress, Stress Management, Anger Management, Self-Esteem, Parenting, Assertive Communication, and, Assertiveness Training. Contact the provincial CMHA office for information about programs in your area:

- Fredericton 455-5231 (Provincial office)
- Web site www.cmha.ca

Programs aimed at young people include:

- I’m Thumbody
  Provides a two-hour self-esteem program to children in Grades 3. The program is presented by trained volunteers.

- Suicide Awareness Presentation
  Provides Middle and High School students with general information about suicide. This one to three-hour presentation includes a discussion of the size of the problem, how to identify the warning signs and determine risk level, and how to access help in the community.

Centre for Youth Care

Offers residential care for youth in need of therapeutic support.

- Saint John 643-3361

Chimo Helpline

Offers friendship to the lonely and help to people in crisis through a 24-hour information, referral and crisis/suicide helpline. Chimo is a bilingual service that provides non-judgmental, confidential and anonymous service to all callers.

- Toll-free 1-800-667-5005
St. Joseph’s Community Health Centre
Provides a number of services to young people in the Saint John area, free of charge.
   Saint John   632-5537 (All services are free)

Programs include:

   Girl Talk
   Offers teenage girls ages 14 - 19 an opportunity to discuss issues that are important to them.
   These chat groups are held on the last Wednesday of the month, 6:00 p.m. - 7:30 p.m. at the
   Community Health Centre.

   Becoming Your Best
   Provides teens with a skill development program designed to enhance self-esteem.

   How to Make Anger Work for You
   Provides teens with tools, skills and information. Helps them understand what triggers anger,
   explore creative alternatives, create choices in difficult situations, manage stress, deal with peer
   pressure, and more.

   Who Am I, Anyway
   Offers teen girls ages 12 - 15 a four-week self-exploration program.

   Free 2 Be Me
   Offers support and information to individuals with questions about their sexual identity. 632-5532

   Turning Points
   Offers a seven-week educational program to youth 17 and older with eating disorders.

   Stress Unplugged
   Offers teens ages 14 - 19 stress management programs and workshops.

   Go For It!
   Provides teen girls ages 15 - 19 with assertiveness training programs and workshops.

Dieppe Youth House
Offers one-on-one counselling to youth through an outreach program at a Drop-in Centre.
   Dieppe   388-2665

Help-24 Au Secour
Offers help and referrals to people in crisis.
   Moncton   859-4357

Info Line
Provides information about youth services available in Greater Saint John. Operates from 8:30 a.m.
   to 4:30 p.m., Monday to Friday.
   Saint John   633-4636 (Help-line)

John Howard Society
Offers youth (12 and older) and their families programs including anger management, family nur-
   turing, and relapse prevention.
   Provincial office   457-9810   Miramichi   622-4920
   Moncton   854-3499   Edmundston   736-0111
   Fredericton   450-2750   Saint John   643-2000
Kids Help Phone
Provides professional counselling, information and referral service to young persons up to 19 years of age living in Canada. The phone line is open 24-hours, seven days a week.
Toll-free 1-800-668-6868

Muriel McQueen Fergusson Foundation – School Chapters
The Muriel McQueen Fergusson Foundation (MMFF) supports the elimination of family violence through action research and effective public education programs. There are 2 school-based chapters. One is located at Fredericton High School and the other at Harvey High School. These Chapters promote awareness of family violence and healthy relationships in their own schools. Anyone interested in starting a school-based Chapter can contact the provincial MMFF office.
Toll-free 1-888-673-6633
Fredericton 472-5085 (Provincial office)

NB Mental Health Services
Offers youth treatment programs to help deal with issues that may include suicidal children and adolescents, depression, sexual abuse, extreme behavioural problems, dysfunctional families, separation and loss, anxiety-based problems and eating disorders. The counselling promotes the health and well being of the client, helps build self-esteem and improves coping skills. Contact your local Department of Health office for the service nearest you:

Bathurst 547-2038 Campbellton 789-2440
Caraquet 726-2030 Edmundston 735-2070
Fredericton 453-2132 Grand Falls 475-2440
Miramichi 778-6111 Moncton 856-2444
Richibucto 523-7620 Saint John 658-3737
St. Stephen 466-7380 Woodstock 325-4419

Pierre Caissie Youth Treatment Centre – Residential Program 856-3262

Restigouche Family Crisis Intervenors Inc.
The Community Integration Program offers support to families of children with special needs. Counsellors encourage the child’s development and integration into the community through one-on-one counselling. Children learn life skills such as eating and dressing by themselves, and how to deal with refusal. This free service is designed to assist special needs youth ages 0 - 19.
Campbellton 759-6688
E-mail rfci@nb.sympatico.ca
Web site www.rfci.nb.ca

Women’s Resource Centre - YWCA Moncton
Provides opportunities, resources and support for women and their families. Programs offered include: an Eating Disorder Resource Centre, Health and Wellness programs, Personal Development programs, and, legal services and education.
Moncton 855-4349
Web site www.ywcamoncton.com
Email info@ywca.com
C. Support Services (Respite Care, Support Groups)

**Al-A-Teen**
Offers a support group with weekly meetings for young people living with an alcoholic parent. Contact the Chimo Helpline or your local Alcoholics Anonymous for information about support groups in your area.
- Fredericton: 450-3094 (Provincial Office)
- Toll Free: 1-888-425-2666

**Big Brothers and Big Sisters of Canada**
Matches supportive adult volunteers with youth ages 6 - 16, from single parent families. The adults act as positive role models for the youth. All volunteers are screened by professional caseworkers and a committee of the board of directors.
- Web site: www.sharealittlemagic.ca
- Fredericton: 458-8941
- Saint John: 635-1145
- Miramichi: 778-2444
- Sussex: 433-5995
- Moncton: 857-3047
- Woodstock: 328-2094

**Children’s Wish Foundation of NB**
Grants wishes to terminally ill children. Children must be between the ages of three and eighteen and their medical condition must be verified by a physician.
- Toll-free: 1-800-267-9474
- Web site: www.childrenswish.ca

**Suicide Bereavement Support Group**
Support for friends or relatives of those who have died as a result of suicide. Literature and one-on-one support is available. This program is offered by the Canadian Mental Health Association.
- Fredericton: 458-1803
- Web site: www.cmhafo.ca

D. Sexual Health Services and Programs

**AIDS NB Information Line**
Trained volunteers provide callers with information about AIDS symptoms, transmission and testing. Information about prevention and assistance in accessing other community resources is also available.
- Toll-free: 1-800-561-4009
- Web site: www.aidsnb.com
Baby Think It Over
This pregnancy prevention program provides teens with a simulated parenting experience to help them understand three important facts about babies:
• their demands are unpredictable and must be met promptly
• they require a great deal of time and attention; and,
• the responsibilities of parenting change a person’s lifestyle completely.

The program is available to teachers, professionals or other community organizations for presentation to youth.
St. Joseph’s Community Health Centre 632-5544

Birthright NB
Offers support services to pregnant teens, including free confidential counselling for youth and their families, anonymous pregnancy testing, and non-judgmental support throughout pregnancy and following the birth. They can provide information on alternatives to abortion, pregnancy information, adoption information and professional and medical referrals and assistance with maternity and infant clothing and accessories, living arrangements and financial burdens.
Toll-free 1-800-550-4900
Fredericton 454-1890

Crisis Pregnancy Centre
Offers the following services to youth and their families who are or think they may be experiencing a crisis pregnancy: free pregnancy tests, information on available options, confidential counselling, medical and other professional referrals, maternity and infant clothing and accessories, and continued support following birth. The centre also offers a program of peer counselling, healing and recovery for mothers and others affected by past abortion experiences. All services are free.
Saint John 634-8672 (Wednesdays only)
Greater Moncton 857-3033 (24-hour hotline)
Sussex 432-4006

Early Intervention Program
Offers young moms support and parenting skills to help give their children a good start in life. Contact your local Public Health office or the number below for information about an Early Intervention Program near you.
Fredericton 454-8698

Gignoo Transition House
Provides programs and services to women and children from First Nations communities. Gignoo programs and services are designed to stop violence and respond to crisis and include the following: peer counselling, budget and financial planning, healthy lifestyles program, traditional healing, resource contacts, parenting skills, victim services, anger management, and workshops on family violence.
Toll-free 1-800-565-6878
Mother and Child Welcome House
Established to extend recognition, welcome and support to mothers, fathers and children during pregnancy and following birth. Offers the latest information on sexuality, pregnancy, fetal development, miscarriage, reproductive technologies, bio-ethics and end of life care.
Fredericton 459-5901
Toll Free 1-866-980-2273

Sexual Assault Crisis Centre
Offers confidential counselling from trained volunteers, including: support and follow-up for victims/survivors of sexual violence (sexual assault, harassment, sexual abuse, incest), information on police investigations, medical needs and legal procedures, accompaniment to the hospital, police station, court, and, referrals to agencies. Programs offered include a Self-Protection Teen Girls and Dating Violence Prevention Classroom Program.
Fredericton 454-0437 (24-hour Crisis Hotline) (Provincial Office)
Web site www.aware-nb-averti.org

Sexual Health Centre
Offers information about birth control and sexually transmitted diseases, as well as counselling on sexuality and reproductive health issues. HIV testing, pregnancy testing and counselling are available by appointment only. You do not have to give your name to have HIV testing done. Pregnancy testing and counselling at the Centre are completely confidential.
Campbellton 789-2348 Fredericton 453-5200
Grand Falls 475-2441 Miramichi 778-6107
Moncton 856-3310 Saint John 658-3998

Support to Single Parents
Offers programs designed to make positive changes in the lives of single parents and their children including personal growth and development programs, parenting classes, a single father’s group, a drop-in centre, child care services, and a Residential Program.
Moncton 858-1303

VON Canada NB – Healthy Baby & Me
(Formerly LEAP: Lifestyle Education for Adolescent Parents)
A series of programs designed to support and educate expectant teens or teens parenting an infant up to six months of age. Contact the number listed for your area or call the provincial Victoria Order of Nurses (VON) office:
Administration: www.von.ca
Acadian Peninsula 727-0024 Perth Andover 273-4461
Bathurst 546-4490 Richibucto 523-8161
Campbellton 789-0333 Saint John 672-9647
Edmundston 739-8891 St. George 755-8805
Fredericton 459-8582 St. Stephen 465-7940
Miramichi 773-7005 Sussex 433-6336
Moncton 389-2229 Woodstock 328-2944
Oromocto 459-8582
E. Victim Services, Shelters and Crime Prevention Programs

**Agence Residentielle Restigouche**
Provides free residential care to youth with the goal of stabilizing the youth’s health and well-being. A team of psychologists and parents decide the best approach for the youth’s recovery. This bilingual service is available to youth of all ages, either by self-referral or referral by Mental Health or Human Resource Development.

Campbellton  759-6646

**Beausejour Family Crisis Resource Centre**
Offers a place for people experiencing to drop in or call for assistance, including emotional support, short-term counselling, information on services available and referrals to appropriate agencies.

Shediac  533-9100

**Centre for Youth Care**
Offers residential care for youth in need of therapeutic support.

Saint John  643-3361

**Chrysalis Home – Youth in Transition**
Chrysalis Home provides long-term shelter for young women ages 16 - 19. Women staying at Chrysalis must attend an educational institution and obey the rules, which strictly forbid drugs and alcohol. If school is not available, woman who are working or doing volunteer work can stay at Chrysalis Home. Women may be self-referred, or referred by their school or doctor. Traditionally, women can stay up to 30 days in a transition home, but Chrysalis provides shelter as long as needed, up until the woman’s 19th birthday when other accommodations are sought.

Fredericton  451-4767

**Coverdale Centre**
Offers a unique program for young offenders ages 12 - 16, called Youth Shoplifting Deterrence. Youth are usually referred by Probation, alternative measures or community programs to take advantage of this free service. Counselling sessions show youth the impact of their offenses on the community and help them understand the consequences of, and accept responsibility for their actions.

Saint John  634-1649

**Crime Stoppers - NB**
This civil-run organization is designed to help solve and prevent crimes in schools and on the street by encouraging youth to improve their school environment and take an active role in lowering the crime rate. Witnesses can call the toll free number to pass on information that could help solve a crime. This service is confidential.

Toll-free  1-800-222-8477 (TIPS)

**Elizabeth Fry Society**
Offers a bilingual crime prevention program aimed at kids in Gr. 5. The program is designed as a classroom presentation complete with videos, workbooks and an essay contest. The focus of the program is teaching students to be responsible members of their community and educating them about the impact crime has on their community.

Moncton  855-7781
Email  efryn@nb.aibn.com
Fredericton Young Offenders Services
Provides counselling to encourage young offenders, ages 12 - 18, to not re-offend. Also offers the Alternative Measures Program for non-violent offenders as an alternative to going to court. The Program includes workshops on shoplifting and drug abuse, and teaches youth accountability and responsibility for their actions. The RCMP or police must refer youth.
   Fredericton 453-3928

Gignoo Transition House
Provides programs and services to women and children from First Nations communities. Gignoo programs and services are designed to stop violence and respond to crisis and include the following: peer counselling, budget and financial planning, healthy lifestyles program, traditional healing, resource contacts, parenting skills, victim services, anger management, and workshops on family violence.
   Toll-free 1-800-565-6878

The Kindness Club
A non-profit organization that teaches children and youth about animals and the environment. Services include pet shows, a newsletter, video lending library, special events, and educational presentations. There is a small membership fee, but inability to pay will not mean that a young person can not join. Promotes the First Strike program which teaches about the links between cruelty to animals and human violence. Kindness Clubs have been started in schools and youth centres around the province. For more information about programs or a Kindness Club in your area contact:
   E-mail kindness@nb.aibn.com
   Fredericton 459-3379 (Provincial office)

NB Child Protection Services
Services are offered for children under 16 or mentally or physically challenged youth under 19 who are being abused. The abuse may be physical, sexual or emotional. Social workers determine what services are appropriate to assist the victim and the family.
   Toll-free 1-888-992-2873
   After-hours emergency 1-800-442-9799

NB Coalition of Transition Houses
Transition Houses and Shelters across the province provide a range of services for women and youth who are victims of domestic violence. In addition to providing a safe place to stay, many organization offer outreach programs which provide counselling and support to victims. The NB Coalition of Transition Houses website can help you find a transition house or shelter in your area and provide more information about the services available.
   www.nbcth.com
   St. Stephen 466-5879
Victim Services
Offers support for victims and witnesses in criminal cases, including assistance preparing a Victim Impact Statement, short-term counselling, compensation for victims of crime, information about requesting restitution through court, and information about Offender and Correctional Programs. Contact your local office:

- Bathurst 547-2924
- Burton 357-4035
- Edmundston 735-2543
- Grand Falls 473-7706
- Moncton 856-2875
- Saint John 658-3742
- Saint Stephen 466-7414
- Woodstock 325-4422
- Bouctouche 743-7233
- Campbellton 789-2388
- Fredericton 453-2768
- Miramichi 627-4065
- Richibucto 523-7150
- Shediac 533-9100
- Tracadie-Sheila 394-3690

Victim Services Program
This unit of the police department operates as a liaison between the victim, the police and social agencies and a crisis response service. The unit provides crisis counselling at the time of the incident, emotional support, information on the judicial process and court attendance.

- Fredericton 460-2422
- Saint John 648-3269

F. Legal Information Sources

Family Law Clinic - YWCA Moncton
Offers free legal advice to women who can’t afford a lawyer. Legal advice is offered on family law topics which include separation, divorce, custody and division of property. The clinic is staffed by volunteer lawyers. The clinic is open one day a week for appointments.

- Moncton 855-4349
- Web site www.ywcamoncton.com

Legal Advice Clinic
Offers free legal advice. The Clinic is held at Wilmot United Church on the corner of King and Carleton in Fredericton. The Clinic usually meets on the first and third Monday of each month. You can visit the Wilmot United Church website and check the Calendar or Events for dates and times or call the number below for more information.

- Fredericton 458-1066
- www.wilmotuc.nb.ca

Public Legal Education and Information Service of New Brunswick (PLEIS-NB)
Offers information about the law to the public through publications, information services, a Speaker’s Bureau, and a Video Lending Library. Most of PLEIS-NB’s publications are available free of charge. Information is available on topics that include Youth Justice, dating violence, babysitting, child custody and access issues, child support, landlord and tenant relationships, and divorce and separation issues.

- Web site www.legal-info-legale.nb.ca
- E-mail pleisnb@web.ca
- Fredericton 453-5369
IV. RECREATION AND LEISURE

A. Service Clubs

Boys & Girls Club
Provides a safe, non-judgmental environment where children and teens can develop skills, self-confidence and social values to become healthy adults. Local clubs may offer a variety of services to youth, including teen drop-in centres, sports, arts and crafts, games, drama, summer camps, after-school programs, breakfast programs, field trips, cooking classes, woodworking, movie nights, bingo, and more. Programs and services vary. Contact your local club to see what they offer:

- Dieppe: 857-3807
- Fredericton: 453-1388
- Havelock: 534-8298
- Moncton: 853-7356
- Petitcodiac: 756-2841
- Salisbury: 372-5873
- St. Stephen: 466-4300
- Eel River Bar: 684-6277
- Grand Manan: 662-3653
- Miramichi: 778-2444
- Moncton East End: 857-0358
- Riverview: 387-7070
- Saint John: 847-0816

Web Site: www.bgccan.com

Cadets Canada
Offers youth ages 12 to 18 an opportunity to participate in a variety of challenging and rewarding activities and learn more about the Canadian Forces. Cadets choose to belong to either the Sea Cadet, Army Cadet or Air Cadet program. Sea cadets learn seamanship skills and how to sail. Army cadets focus on adventure training activities such as outdoor adventure and camping expeditions. Air cadets learn the principles of aviation, and some learn to pilot gliders and power airplanes. Visit the web site or call for more information.

- Web site: www.cadetscanada.com
- Air Cadets: 1-888-848-6333 ext. 4
- Army Cadets: 1-888-848-6333 ext. 3
- Sea Cadets: 1-888-848-6333 ext. 2

4-H Clubs of New Brunswick
An education program offered outside of school for youth ages 9 - 21. Volunteers run the 4-H clubs which offer a wide variety of activities including cooking, crafts, sewing, woodworking and photography, as well as raising dairy cows, beef cows, and horses.

- Woodstock: 324-6244 (New Brunswick 4-H Council)

Girl Guides of Canada – New Brunswick Council
Provides opportunities for fun, friendship and adventure to girls ages 5 - 21. The program is activity-based and designed to foster creativity, to promote social, physical, intellectual and emotional growth, and to promote learning, self-reliance, resourcefulness, leadership, co-operation and self-discipline. Levels include Sparks (5 - 6 year-olds), Brownies (7 - 8), Guides (9 - 12), Pathfinders (12 - 15) and Cadets, Junior Leaders and Rangers (15 - 21).

- Web site: www.girlguides.ca
- E-mail: ggcnbc@nbnet.nb.ca
- Saint John: 634-0808 (Provincial office)
Multicultural Association
The Multicultural Association facilitates a group for youth ages 14 - 20. Participants in the youth group meet once a week to enjoy sports and recreational activities. A Rainbow of Culture Camp is also offered to youth ages 6 - 11. Kids are entertained with recreational, leisure and crafts activities for 5 weeks.
Fredericton 454-8292

Scouts Canada
Provides opportunities designed to help boys and girls ages 5 - 21 become self-fulfilled individuals and constructive members of society. For information on Scouting in your area, call the NB headquarters at:
Toll-free 1-888-ScoutsNow Web site: www.scoutsnb.ca
Saint John 646-9120 (Provincial Office)

YMCA
Offers swimming programs, sport and fitness programs, day camps, childcare and after-school programs. Additional programs may be offered at various locations. The YMCA is a non-sectarian agency that places emphasis on leadership and personal development. Everyone is welcome; subsidized memberships are available based on ability to pay.
Fredericton 462-3000
Moncton 857-0606
Saint John 634-7720

B. Community Youth Centres

Bathurst Youth Centre
Provides a safe and healthy environment for youth to hang out and have fun with friends. Facility includes a restaurant, pool tables, arcade, games, gym, skateboard park, and trampoline. Activities offered include dances, variety shows, karaoke nights, movie nights, contests and tournaments. Programs offered include volunteer and staff training program, drug and alcohol prevention workshops, educational workshops, and the Chaleur Community Youth Worker Program. The Centre is available for all youth activities and organizations as requested. Open daily.
Bathurst 549-3216

Chipman Community Youth Centre
This community-based Teen Centre offers a sport facility, employment and resource counsellors, an After-School Program, Summer Recreation Program Camps, and more. The After-School Program, offered to youth in Gr. 6 - 12, provides students with free snacks and a place to just “hang out”. On Fridays, a structured event is organized at the Centre. The Summer Recreation Program Camps are available for youth ages 5 - 14. Participants can choose from a variety of recreational activities, including basketball, volleyball, softball, and soccer. The centre is open to all youth ages 5 - 24. Fees are only charged for special programs such as dances, but can be waived if the youth is unable to pay. If transportation is a problem, organizers can arrange a car pool. The Centre is operated in part by a Youth Advisory Committee. Organisers promote a motivational philosophy known as RESPECT: Responsibility, Empathy, Self-Sufficiency, Productivity, Empowerment, Co-operation, and Tolerance. Staff is specifically trained to work with youth.
Chipman 339-8834
St. Joseph’s Community Health Centre
Offers a Teen Drop-in Centre and a Teen Night. All services and programs are free. The Teen Drop-in Centre provides a place to hang out, do homework, talk or play with friends, use the computer or play in the pool. Open Monday 1 - 9 p.m. and Tuesday through Friday 1 – 5 p.m. The Teen Night provides an opportunity for youth to explore important issues in a fun and interactive way.
Saint John 632-5537

Dieppe Youth House
Provides a Drop-in Centre for youth ages 13 - 18. The facility offers a BMX park with ramps, as well as an art centre and computer room. Events include dances, outings and a prevention program organised by a Youth Committee. Memberships are $5 per year.
Dieppe 388-2665

Golden Hawk Teen Centre
Provides a swimming pool, gymnasium, pool table, cable television, Internet access, Nintendo, card and board games and a skate park for youth to use in a positive, safe, fun-filled, supervised environment. Open Tuesday, Thursday and Saturday. Contact the Miramichi Community Recreation Department for more information.
Miramichi 623-2054

Hawkins-Neville Community Centre
Offers various activities and programs, including a free hot lunch program during the school year. The Youth centre is run by youth, for youth. The objective of the centre is to increase youth involvement in the community. The Youth Centre is open 8:30 a.m. - 9:00 p.m., Monday to Friday, for young people up to age 18.
Fredericton 453-6671

Native Friendship Centre
This Drop-in Centre for youth ages 14 - 24 offers drumming and craft sessions. The goals of the program are to help build self-esteem, improve teamwork and communication skills, and increase youth understanding of Native culture. The Centre is open Monday to Friday from 9:00 a.m. - 4:30 p.m. and is free of charge.
Fredericton 459-5283

On the Move
Provides girls ages 10 - 15, with equal access to recreational programming free of competitive pressures. Activities offered include line dancing, sports, crafts, horseback riding, canoeing, swimming and much more. Contact the Miramichi Community Recreation Department for more information.
Miramichi 623-2054
C. SPORTS ORGANIZATIONS AND CULTURAL PROGRAMS

1. Sports Organizations

Sport New Brunswick

Sport New Brunswick maintains a comprehensive directory of sports programs throughout the Province. Offers support programs that promote sports in New Brunswick. Programs include: an Athlete/Team of the Month Award; Communication Services; Compass Sport Awards; Creating a Safe Environment for Sport; Fair Play Awards; Harassment Training; an Insurance Program; KidSport Trust Fund; Leadership Workshops; Member Web Sites; Olympic Pins’ Provincial Sport Arbitration; Sand Dollar Draw; Sport Directory; Sport Focus; Sport Forum; Sport For Fun, For Life, Forever!; and, the Sport NB web site.

Web site  www.sport.nb.ca
Fredericton  451-1320 (Provincial office)

Sport New Brunswick maintains a comprehensive directory of sports programs throughout the Province. Contact the Provincial office or their web site for current contact information for the following sports:

Archery  Athletics  Badminton  Baseball
Baton  Bowling  Boxing  Canoe
Curling  Diving  Equestrian  Fencing
Football  Golf  Gymnastics  Handball
Hockey  Horseshoe  Judo  Karate
Lacrosse  Lawn Bowling  Martial Arts  Orienteering
Racquetball  Ringette  Rowing  Rugby
Sailing  Shooting  Skating  Ski
Soccer  Softball  Special Olympics  Squash
Swimming  Taekwondoe  Tennis  Volleyball
Wheelchair Sports  Wrestling

KidSport Fund

Provides assistance to remove financial barriers that prevent many New Brunswick youth from participating in sports. Applicants who are granted funds from KidSport will receive up to $200 for registration fees and/or mandatory equipment. Funds are given directly to selected sports clubs and organizations. Sponsors directly involved with potential KidSport recipients, such as parents, teachers, and social workers, submit an application form on behalf of the youth to the KidSport Fund. All money raised through special events and personal donations goes entirely to the KidSport Fund to be redistributed to NB children and youth. Visit the web site for more information and access to the application.

Toll-free    1-888-543-7767
Web site www.sport.nb.ca/kidsport

NB Amateur Hockey Association

Offers youth 5 years and older an opportunity to play on a hockey team. Visit the web site for information about hockey programs near you or contact the Association:

Web site  www.nbaha.nb.ca
E-mail  nbahabrw@nbnet.nb.ca
Fredericton  453-0089 (Provincial contact)
### Parks and Recreation

Provides a directory of information about local sports and recreation facilities and programs available to the public. Visit the web site or contact the office nearest you for more information.

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone</th>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bathurst</td>
<td>548-0410</td>
<td>Bath</td>
<td>278-5923</td>
</tr>
<tr>
<td>Campbellton</td>
<td>789-2717</td>
<td>Cap-Pele</td>
<td>577-2030</td>
</tr>
<tr>
<td>Caraquet</td>
<td>727-1703</td>
<td>Clair</td>
<td>992-6043</td>
</tr>
<tr>
<td>Dalhousie</td>
<td>684-7600</td>
<td>Dieppe</td>
<td>857-2083</td>
</tr>
<tr>
<td>Dorchester</td>
<td>379-3010</td>
<td>Edmundston</td>
<td>739-2104</td>
</tr>
<tr>
<td>Florenceville/Bristol</td>
<td>392-6797</td>
<td>Fredericton</td>
<td>460-2230</td>
</tr>
<tr>
<td>Grand Bay-Westfield</td>
<td>738-6423</td>
<td>Grand Falls</td>
<td>475-7770</td>
</tr>
<tr>
<td>Grand Manan</td>
<td>662-3605</td>
<td>Hampton</td>
<td>832-6102</td>
</tr>
<tr>
<td>Hartland</td>
<td>375-4222</td>
<td>Kedgwick</td>
<td>284-2276</td>
</tr>
<tr>
<td>Lameque</td>
<td>344-3222</td>
<td>McAdam</td>
<td>784-1400</td>
</tr>
<tr>
<td>Minto</td>
<td>327-1114</td>
<td>Miramichi</td>
<td>623-2300</td>
</tr>
<tr>
<td>Moncton</td>
<td>853-3519</td>
<td>Nackawic</td>
<td>575-2240</td>
</tr>
<tr>
<td>Neguac</td>
<td>776-3950</td>
<td>New Maryland</td>
<td>451-8508</td>
</tr>
<tr>
<td>Oromocto</td>
<td>357-3333</td>
<td>Perth Andover</td>
<td>273-4845</td>
</tr>
<tr>
<td>Petit-Rocher</td>
<td>783-3644</td>
<td>Plaster Rock</td>
<td>356-6081</td>
</tr>
<tr>
<td>Pointe Verte</td>
<td>542-2606</td>
<td>Quispamsis</td>
<td>849-5750</td>
</tr>
<tr>
<td>Riverview</td>
<td>387-2031</td>
<td>Rogersville</td>
<td>775-1206</td>
</tr>
<tr>
<td>Rothesay</td>
<td>848-6606</td>
<td>Sackville</td>
<td>364-4955</td>
</tr>
<tr>
<td>Saint Antoine</td>
<td>525-4020</td>
<td>Saint John</td>
<td>658-2841</td>
</tr>
<tr>
<td>Saint Anne De Madawaska</td>
<td>445-2449</td>
<td>Saint Louis de Kent</td>
<td>873-3420</td>
</tr>
<tr>
<td>St. Basile</td>
<td>263-1310</td>
<td>St. Francois de Madawaska</td>
<td>992-0134</td>
</tr>
<tr>
<td>St. Quentin</td>
<td>235-1951</td>
<td>St. Stephen 466-7707</td>
<td></td>
</tr>
<tr>
<td>Shediac</td>
<td>532-7000</td>
<td>Sussex</td>
<td>432-4573</td>
</tr>
<tr>
<td>Tracadie-Sheila</td>
<td>394-4018</td>
<td>Woodstock</td>
<td>325-4671</td>
</tr>
</tbody>
</table>

### Sport, Recreation and Active Living

*(Branch of the Culture and Sport Secretariat)*

Provides information on programs that help recognized provincial sport organizations develop the potential of their athletes. Support programs include: Provincial Team Assistance; High Performance Athlete Assistance; Training Centres; National Sport Centre – Atlantic Canada; Canada Games – New Brunswick Division; Jeux de la Francophonie; Funding for Provincial Games (Indian Games, Senior Friendship Games, Jeux de l’Acadie); 2003 Canada Winter Games; and, World Championships.

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone</th>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bathurst</td>
<td>547-2478</td>
<td>Campbellton</td>
<td>789-2387</td>
</tr>
<tr>
<td>Edmundston</td>
<td>735-2279</td>
<td>Fredericton</td>
<td>453-2928</td>
</tr>
<tr>
<td>Miramichi</td>
<td>778-6688</td>
<td>Moncton</td>
<td>856-3118</td>
</tr>
<tr>
<td>Saint John</td>
<td>658-2492</td>
<td>Woodstock</td>
<td>325-4729</td>
</tr>
</tbody>
</table>
2. Cultural Programs

Duke of Edinburgh’s Award
This prestigious award challenges youth ages 14 - 25, to broaden their interests and experiences by participating in a balanced program of practical, cultural and adventurous activities. Programs are designed to suit individual aptitudes and relate to local needs and conditions. To qualify for the award, a young person must first register and obtain a Record Book, and then satisfy the requirements of the four sections of the Award Program – Service, Expeditions, Skills and Fitness. The registration fee is $15.

Web site: www.dukeofed.org
Fredericton 453-3662 (Provincial office)

The Kindness Club
A non-profit organization that teaches children and youth about animals and the environment. Services include pet shows, a newsletter, video lending library, special events, and educational presentations. There is a small membership fee, but inability to pay will not mean that a young person can not join. Promotes the First Strike program which teaches about the links between cruelty to animals and human violence. Kindness Clubs have been started in schools and youth centres around the province. For more information about programs or a Kindness Club in your area contact:

Web site  www.kindnessclub.nb.ca
E-mail  kindness@nb.aibn.com
Fredericton 459-3379 (Provincial office)

NB Sound Initiative
Offers assistance to NB recording artists, producers and distributors of sound recording products with all aspects of the music and sound recording industry. The program offers assistance with production, marketing and promotion, and professional training. Applications are available by calling the number listed below.

E-mail  sound@gnb.ca
Fredericton 453-2555 (Provincial office)

NB Trails Council
Offers an activity book for elementary students and the Adopt-a-Trail program for schools. Other youth-oriented programming is also available. Visit the web site or contact NB Trails Council for information about how you can get involved:

Web site  www.nbtrail.com
Fredericton 459-1931 (Provincial contact)

D. Volunteer Opportunities

Atlantic Youth Bowling Council
Offers tournament, competitive and recreational bowling for youth ages 4 - 19. Youth can inquire about volunteer opportunities by contacting the Council:
Fredericton 684-5595 (Provincial contact)
**Big Brothers and Big Sisters of Canada**  
Matches supportive youth volunteers with youth ages 6 - 16 from single parent families. The adults act as positive role models for the youth. All volunteers are screened by professional caseworkers and a committee of the board of directors.  
Toll-free 1-800-263-9133  
Fredericton 458-8941  
Miramichi 778-2444  
Moncton 857-3047  
Web site www.bbsc.ca  
Fredericton 433-5995  
Sussex 433-5995  
Woodstock 328-2094  
Saint John 635-1145

**Canadian Red Cross**  
Provides training to young volunteers so that the youth can assist in providing first aid at events and participate in Red Cross projects in their community.  
Fredericton 458-8445  
Moncton 863-2650  
Saint John 674-6132

**Chimo Helpline**  
Offers volunteer opportunities to individuals who are compassionate, understanding and non-judgmental. A training program is provided to youth who volunteer as Crisis-line Intervenors.  
Toll-free 1-800-667-5005

**Crisis Pregnancy Centre**  
Offers volunteer opportunities for individuals interested in helping with activities and assisting teens and women of the Greater Moncton area. A comprehensive 21-hour training schedule is offered.  
Web site www.pregnancysupport.ca  
E-mail cpchelp@rogers.com  
Greater Moncton 857-3033

**Katimavik**  
The Katimavik program offers youth ages 17-21 the opportunity to live and volunteer in three different regions of Canada over a 9 month period.  
Web site www.katimavik.org  
E-mail info@katimavik.org  
Toll-free 1-888-525-1503

**St. John Ambulance Saint-Jean – New Brunswick Council**  
Provides training to volunteers who want to provide first aid coverage at community events.  
Toll-free 1-800-563-9998  
Web site www.sja.ca/nb  
Fredericton 458-9129 (Provincial office)

**Volunteer Bureaus / Centres**  
Matches individuals to local organizations looking for volunteers.  
Moncton 869-6977  
Moncton 869-6977  
Saint John 658-1555  
St. Stephen 466-4995  
vcbed@nbnet.nb.ca  
vcc@nb.sympatico.ca  
volunter@fundy.net
Women’s Resource Centre - YWCA Moncton
Volunteers are needed to perform a variety of duties including reception, office work, fundraising, and program development.
  Moncton 855-4349

YMCA
Volunteers are highly valued and central to the program operation of the YMCA. For information on how youth can help, contact your local YMCA.
  Fredericton 462-3000
  Moncton 857-0606
  Saint John 634-7720

Youth Volunteer Award Program
New Brunswick youth between the ages of 15 -24 who complete 100 hours of volunteer work are eligible for the Youth Volunteer Award. Contact the Culture and Sport Secretariat for more information on the program.
  Web site http://www.ted-fde.gnb.ca/onthemove/volunteer.htm#Award
  Fredericton 453-2928

V. SERVICES FOR YOUTH WITH DISABILITIES

Canadian Deaf, Blind and Rubella Association
Provides intervention services to visually and hearing impaired children and adults throughout New Brunswick.
  Fredericton 452-1544 (Provincial office)

Canadian National Institute for the Blind (CNIB)
Provides a wide range of services to the blind/visually impaired, including: rehabilitative teaching; library service in Braille and talking books; eye bank registry; and pre-school and mobility training. A sight enhancement program offers services to those who are not qualified for registration as legally blind.
  Fredericton 458-0060 (Provincial office)

Canadian Paraplegic Association (New Brunswick) Inc.
Provides mobility-impaired youth and paraplegics with counselling, education, training assistance, job placement and public education.
  Fredericton 462-9555 (Provincial office)

Camp Rotary
Offers fully accessible summer camping to disabled children and adults. Owned by the Fredericton Rotary Club and operated by New Brunswick Easter Seal March of Dimes.
  Web site www.camprotary.ca
  E-mail rotaryc@nbnet.nb.ca
  Fredericton 458-8739
Children’s Wish Foundation of NB
Grants wishes to terminally ill children. Children must be between the ages of three and eighteen and their medical condition must be verified by a physician.
Toll-free 1-800-267-9474

Deaf and Hard of Hearing Services NB
This employment agency for the deaf and hard of hearing helps clients get jobs and improve education levels. The service helps write resumes and prepare for interviews. It also provides information about applying to university or community college, including referring clients to special aids, tutorial services and advising clients on how to get a student loan. Organisers make efforts to get to know their clients in order to discover their interests and needs. This free service is available in English, French and ASL.
Bathurst 548-3114

Dial-A-Bus
Provides transportation in the city for disabled people only. Twenty-four hour notice is preferred. Transportation is not guaranteed – seats are provided as available. Operates 8 a.m. - 11 p.m. Monday to Friday, and 10 a.m. - 11 p.m. Saturdays.
Fredericton 460-2212

Easter Seal March of Dimes
Offers resources to people with physical disabilities including various personal services, an Equipment Assessment Loans Bank, information and consultation about rehabilitation technology, information and education about rehabilitation and disability, equipment repair, Camp Rotary and a Toy Library that lends toys to disabled kids for up to one month.
Web site www.easterseals.nb.ca
Fredericton 458-8739 (Provincial office)

Jobs Unlimited
An employment agency for persons facing employment barriers.
Fredericton 458-9380
Web site: www.jobs-unlimited.org

Lakeland Industries
Provides training and employment for the mentally challenged in a sheltered workshop. Under the supervision of their trainers, the shelter staff makes survey stakes and picnic tables to be sold. Transportation is provided.
St. Croix 784-2251

Learning Centre
Offers free assessments of pre-school and school age children who are experiencing learning difficulties, as well as ongoing consultation for teachers of children with special needs. The Centre works to develop individual educational programs to help those with learning difficulties.
Fredericton 453-3515
Learning Disabilities Association of NB
Provides information to increase public awareness using a Lending Library, Speakers’ Bureau and Helpline. The Lending Library offers educational tapes, books and videos. The Speakers’ Bureau offers professional development days for groups of teachers, counsellors and others. The Helpline operates from 8:30 a.m. - 4:30 p.m. Monday to Friday.

- Toll-free: 1-877-544-7852
- Fredericton: 458-7852 (Provincial office)
- Web site: www.nald.ca/ldanb.htm
- E-mail: ldanb@nald.ca

Moncton Community Residences Incorporated (MCRI)
Provides residential options and support for individuals with developmental challenges; support for young adults living on their own; respite relief for families; recreation, assessments and consultation for specific family needs; a drop-in centre; and personal wellness training workshops.

- Moncton: 858-0550

NB Association for Community Living
NBACL is a provincial, voluntary, non-profit organization that works on behalf of children and adults with intellectual disabilities and their families. NBACL supports families, provides training and education, does research, and provides inclusive recreation and leisure opportunities and more.

- Fredericton: 453-4400 (provincial office)
- Toll free: 1-866-622-2548
- Web site: www.nbacl.nb.ca

NB Child Protection Services
Services are offered for children under 16 or mentally or physically challenged youth under 19 who are being abused. The abuse may be physical, sexual or emotional. Social workers determine what services are appropriate to assist the victim and the family.

- Toll-free: 1-888-992-2873

Skate/Patinage Canada, New Brunswick
Offers figure skating programs for all ages. Programs vary regionally and may include the Can-Skate program, competitive and recreational skating, special needs programs, and Powerskating. Visit the web site or call the Association for information about the figure skating club nearest you.

- Web site: www.skatenb.org
- Fredericton: 451-1321 (Provincial contact)

NB Special Olympics Society Inc.
Provides opportunities for youth with a mental disability to participate, train and compete in sporting activities matched to their age and suited to their ability.

- Toll-free: 1-888-362-5926
- Fredericton: 459-3999

NB Wheelchair Sports Association
Provides recreation sports at all levels for people with disabilities. Volunteers run the services offered by the Association. You can volunteer with the Association to raise money, participate in the sports or run the sports. Call the number below for information.

- Saint John: 674-1205 (Provincial contact)
Neil Squire Foundation
Computer-based literacy upgrading for young people with physical disabilities. Speech Assisted Reading and Writing, and Speech Assisted Math are talking computer programs designed to teach basic reading, writing and math skills to adults with disabilities. Also helps disabled young adults become employable. Creative Employment Options is a comprehensive, individualized employment training program where participants expand skills and knowledge in computer applications, adaptive technology and vocational preparation.
Fredericton 450-7999 (Provincial office)

Opal III Respite Services
This community-based program recruits and trains volunteers to care for children or adults with intellectual disabilities. Opal III also helps parents find affordable sitters. One relief apartment is available for a child up to age 20 with an intellectual disability. Contact Opal III for information about these and other services.
E-mail opal@nb.ainb.com
Fredericton 454-1922

Provincial Artisans
This organization provides employment and vocational training opportunities to youth with disabilities.
Fredericton 459-1404

Restigouche Family Crisis Intervenors Inc.
The Community Integration Program offers support to families of children with special needs. Counsellors encourage the child’s development and integration into the community through one-on-one counselling. Children learn life skills such as eating and dressing by themselves, and how to deal with refusal. This free service is designed to assist special needs youth ages 0 - 19.
Campbellton 759-6688
E-mail rfci@nb.sympatico.ca

Speak Easy
Offers a support group for people who stammer.
Saint John 696-6799

Vehicle Retrofitting and Accessible Vehicle Program
Offers a grant of 80% of the first $5,000 plus 50% of the next $6,000 (whichever is less) to individuals, registered non-profit organizations, municipalities or private companies who want to make a vehicle accessible so that disabled individuals can be transported or can drive. Visit the Department of Transportation web site or call the number below for more information.
Web site www.gnb.ca/dot
Fredericton 453-2802 (Provincial office)