To ensure graduation from high school it is essential that students and parents understand the Newfoundland and Labrador senior high school credit system. Not only should students be doing courses that are of interest to them, it is important that students meet all the minimum requirements to graduate from high school and be eligible to enter the post-secondary institution of their choice. This booklet is designed to answer questions about the high school credit system.

As students enter Level I of high school, they will make choices that can affect future career options. If parents and students better understand the credit system, then the best choices can be made this year and over the three years of high school to ensure academic success.
The Credit System

The Senior High School Program comprises the final three years of study of a thirteen year, Kindergarten to Senior High education system. These final three years are referred to as Levels I, II, and III and the program is structured on a course credit basis. Students accumulate credits over the three years, resulting in high school graduation.

What is a Credit?
A credit is awarded when a student attains a passing grade in senior high school courses.

- High school courses are typically either 1 or 2 credits.
- Passing grade is 50%.
- 1 credit is awarded for successful completion of a course designed for a minimum of 55 hours of instruction.
- 2 credits are awarded for successful completion of a course designed for a minimum of 110 hours of instruction.

What do Course Numbers Mean?
At the Senior High level, courses are identified by name and are also assigned a six digit course code.

<table>
<thead>
<tr>
<th>Subject Code</th>
<th>Subject Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>01 1201</td>
<td>Art</td>
</tr>
<tr>
<td>02 1202</td>
<td>Economic Education</td>
</tr>
<tr>
<td>05 2201</td>
<td>Family Studies</td>
</tr>
<tr>
<td>06 2200</td>
<td>French</td>
</tr>
<tr>
<td>07 1201</td>
<td>Health</td>
</tr>
<tr>
<td>08 1205</td>
<td>Technology Education</td>
</tr>
<tr>
<td>10 2200</td>
<td>Music</td>
</tr>
<tr>
<td>12 2100</td>
<td>Physical Education</td>
</tr>
<tr>
<td>13 3101</td>
<td>Religious Education</td>
</tr>
<tr>
<td>15 1201</td>
<td>Social Studies</td>
</tr>
<tr>
<td>16 2101</td>
<td>Guidance</td>
</tr>
<tr>
<td>17 2221</td>
<td>Foreign Language</td>
</tr>
<tr>
<td>18 2120</td>
<td>Native Language</td>
</tr>
<tr>
<td>19 3222</td>
<td>Media</td>
</tr>
<tr>
<td>21 1230</td>
<td>Français langue première</td>
</tr>
<tr>
<td>30 3220</td>
<td>Cooperative Education</td>
</tr>
<tr>
<td>50 2299</td>
<td>General Education</td>
</tr>
<tr>
<td>59 1202</td>
<td>Mathematics</td>
</tr>
<tr>
<td>64 1206</td>
<td>Science</td>
</tr>
<tr>
<td>70 1270</td>
<td>Alternate Course</td>
</tr>
<tr>
<td>94 1201</td>
<td>English Language Arts</td>
</tr>
</tbody>
</table>

Course Level
Usually indicates the year in which the course is normally taken. (4 = advanced courses)

Subject Code
94 = English

Course Type
0 = prescribed course

Credit Value
2 = 2 credits

Last Digit
Distinguishes this course from other level 1 prescribed 2 credit English courses.
### 3rd digit
- Indicates the “course level”
- With some exceptions, the number indicates the year of high school in which the course is normally taken, i.e., year 1, 2, or 3. The number 4 designates advanced courses (normally Advanced Placement).

### 4th digit
- Indicates the “credit value”, i.e., the number of credits awarded for successful completion of the course.

### 5th digit
- A digit from 0-9 indicating the “type” of course

<table>
<thead>
<tr>
<th>5th Digit</th>
<th>Course Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 1202</td>
<td>prescribed courses for students throughout the Province</td>
</tr>
<tr>
<td>15 1212</td>
<td>pilot courses approved on a trial basis for evaluation as potential prescribed courses</td>
</tr>
<tr>
<td>15 1222</td>
<td>district/local courses approved for particular districts (this includes Advanced Placement courses)</td>
</tr>
<tr>
<td>15 1232</td>
<td>prescribed courses for students in French First Language or French Immersion</td>
</tr>
<tr>
<td>15 1242</td>
<td>pilot courses approved on a trial basis in French First Language or French Immersion</td>
</tr>
<tr>
<td>15 1252</td>
<td>district/local courses approved in French First language or French Immersion</td>
</tr>
<tr>
<td>15 1262</td>
<td>prescribed courses modified by reducing depth of treatment and/or deleting certain curriculum outcomes</td>
</tr>
<tr>
<td>70 1270</td>
<td>alternate courses studied by individual students</td>
</tr>
<tr>
<td>64 3283</td>
<td>prescribed courses modified by extending depth of treatment and/or adding curriculum outcomes, particularly International Baccalaureate courses</td>
</tr>
<tr>
<td>15 1299</td>
<td>courses transferred into high school system from outside (e.g., course transferred from another province). In these cases credits are awarded but no mark is indicated on the transcript.</td>
</tr>
</tbody>
</table>

### 6th digit
- A digit between 0 and 9 distinguishing courses in a subject area having the same level, credit value and type.

**Note:**
Oftentimes a course may be referred to without the subject code. Example: English 1201 instead of 94 1201
**Graduation Requirements**

Students require 36 credits to graduate from the Newfoundland and Labrador high school system. However, most students complete 14 credits each year for a total of 42 credits after three years. Credits must be completed to fulfill each of the subject area credit requirements below.

<table>
<thead>
<tr>
<th>Subject Area</th>
<th>Required # of Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language Arts</td>
<td></td>
</tr>
<tr>
<td>English Language Arts</td>
<td>6</td>
</tr>
<tr>
<td>Optional Language Arts</td>
<td>2</td>
</tr>
<tr>
<td>Mathematics*</td>
<td>4</td>
</tr>
<tr>
<td>Science</td>
<td>4</td>
</tr>
<tr>
<td>Social Studies</td>
<td></td>
</tr>
<tr>
<td>World Studies</td>
<td>2</td>
</tr>
<tr>
<td>Canada Studies</td>
<td>2</td>
</tr>
<tr>
<td>Career Education**</td>
<td>2</td>
</tr>
<tr>
<td>Fine Arts</td>
<td>2</td>
</tr>
<tr>
<td>Physical Education</td>
<td>2</td>
</tr>
<tr>
<td>Other Required Credits</td>
<td></td>
</tr>
<tr>
<td>Economic Education, French, Religious Education, Technology Education, Family Studies**</td>
<td>4</td>
</tr>
<tr>
<td>Any Subject Areas</td>
<td>6</td>
</tr>
<tr>
<td>Total</td>
<td>36</td>
</tr>
</tbody>
</table>

* 4 credits in math must be obtained from two different grade levels.

** This requirement includes a mandatory community contribution component.

*** Students must complete courses from any two of the categories. However, students may use 4 French credits to fulfill this requirement.

Please Note: Satisfying Minimum Graduation Requirements does not necessarily satisfy entrance requirements for many post-secondary schools. Please refer to the entrance requirements for post secondary schools in the relevant section of this handbook.

Notes:

1. at least 20 of the total credits must be obtained beyond Level I, and
2. at least 9 of the total credits must be beyond Level II. At least 5 of these credits must be attained in the Newfoundland and Labrador Senior High School Program.
3. A student cannot use more than 4 local course credits (including alternate courses) to contribute to the 36 credits to graduate.
4. To graduate with honours/academic status, at least 10 of the total credits must be beyond Level II.
High School Transcripts
In each year of high school, in July, students will be sent a transcript from the Department of Education and Early Childhood Development. This transcript will show the progress of students by listing their courses and marks. Below are some of the terms which appear on the transcript of marks each year with a brief description of what they mean.

Graduation status is summarized on the transcript using one of the following designations:

- **FIRST YEAR INCOMPLETE**
  Has achieved fewer than 12 credits

- **FIRST YEAR COMPLETED**
  Has achieved 12-21 credits

- **SECOND YEAR COMPLETED**
  Has achieved 22 or more credits but not graduated

- **GRADUATED**
  Has satisfied graduation requirements.

Graduated with HONOURS Status:
Students must complete graduation requirements for high school as set down by the Department of Education and Early Childhood Development and obtain at least ten credits in the following subject areas, from the courses listed, with an overall average of at least 80%:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>English 3201</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Mathematics 3200, 3201, or 3208</td>
</tr>
<tr>
<td>Science</td>
<td>Biology 3201, Chemistry 3202, Physics 3204, or Earth Systems 3209</td>
</tr>
<tr>
<td>Social Studies (or French):</td>
<td>World Geography 3202, World History 3201, or Histoire mondiale 3231, French 3200, French 3201, Accelerated French 3203, Français 3202</td>
</tr>
<tr>
<td>Electives</td>
<td>2 credits chosen from the subjects above or from additional 3000 or 4000 level courses approved by the Department of Education and Early Childhood Development for certification purposes. (English 3202, Mathematics 3202, Science 3200, and World Geography 3206 cannot be used as elective credits for the purpose of calculating an average for Academic or Honours status).</td>
</tr>
</tbody>
</table>

Note:
For the purpose of achieving the 80% average, each 2 credit course will be entered twice and each 1 credit course (if any) will be entered once. The total marks will then be divided by 10. See example on next page.
To graduate with Honours status, a student must also have received credit for Science 1206.

**Graduated with ACADEMIC Status:**
A student that has met the same subject area/course criteria as Honours status but the overall average is below 80%.

To graduate with Academic status, a student must also receive credit for Science 1206.

**FRENCH IMMERSION Designation:**
Students enrolled in the French Immersion program must meet minimum graduation requirements and attain 6 credits in Français courses plus 6 other credits in courses studied in French. Successful completion will be indicated on the transcript and diploma as “French Immersion Designation”.

**Awarding Credits for External Courses**
The Department of Education and Early Childhood Development does recognize credentials obtained by students from some national organizations outside the regular school system for the purpose of awarding credit in the senior high school program. For details e-mail: education@gov.nl.ca

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**Example - A student has the following courses and marks for determining Honours Status:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Mark</th>
<th>Calculation</th>
</tr>
</thead>
<tbody>
<tr>
<td>English 3201</td>
<td>78</td>
<td>78 x 2 = 156</td>
</tr>
<tr>
<td>Mathematics 3201</td>
<td>82</td>
<td>82 x 2 = 164</td>
</tr>
<tr>
<td>Chemistry 3202</td>
<td>75</td>
<td>75 x 2 = 150</td>
</tr>
<tr>
<td>World History 3201</td>
<td>78</td>
<td>78 x 2 = 156</td>
</tr>
<tr>
<td>World Religions 3101</td>
<td>88</td>
<td>88 x 1 = 88</td>
</tr>
<tr>
<td>Communications Technology 3104</td>
<td>90</td>
<td>90 x 1 = 90</td>
</tr>
<tr>
<td>Average</td>
<td></td>
<td>804 ÷ 10 = 80.4</td>
</tr>
</tbody>
</table>

To graduate with Honours status, a student must also have received credit for Science 1206.
High School Programs
The following sections provide information on the various course offerings in the high school system. This is not the complete list as many schools and school districts offer district/local courses. Information on these courses can be obtained from the school or school district.

English Language Arts
The high school English Language Arts program offers choice to students at either the general or academic level. The academic level is intended for the majority of students and particularly for those who intend on pursuing a post-secondary (i.e., university or college) education.

To satisfy the English Language Arts graduation requirement, students must complete the following courses:

<table>
<thead>
<tr>
<th>Academic</th>
<th>General</th>
</tr>
</thead>
<tbody>
<tr>
<td>English 1201</td>
<td>or English 1202</td>
</tr>
<tr>
<td>English 2201</td>
<td>or English 2202</td>
</tr>
<tr>
<td>English 3201</td>
<td>or English 3202</td>
</tr>
</tbody>
</table>

To satisfy the Optional Language Arts graduation requirements, students can complete any of the following courses:

- Literacy 1204*
- Writing 2203
- Drama 2206
- World Literature 3207
- any high school French course

* Literacy 1204 is intended for those students registered in English 1202. It provides students with significant instruction and practice in literacy skills that will help them in all courses at the senior high level. If selected, this course must be completed before or concurrently with English 1202 and credit cannot be awarded for literacy 1204 and English 1201.
**Mathematics:**

High school mathematics offers three programs of choice to students: applied, academic and advanced. In Level I, a student who starts on the applied program will take Mathematics 1202. This program is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into the majority of trades and for direct entry into the workforce. A student who wishes to pursue an academic or advanced mathematics program will take Mathematics 1201. The academic program is designed to provide students with the mathematical understandings and critical-thinking skills identified for post-secondary studies in programs that do not require the study of theoretical calculus. The advanced program is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into post-secondary programs that require the study of theoretical calculus.

<table>
<thead>
<tr>
<th>Advanced</th>
<th>Academic</th>
<th>Applied</th>
</tr>
</thead>
<tbody>
<tr>
<td>Math 1201</td>
<td>Math 1201</td>
<td>Math 1202</td>
</tr>
<tr>
<td>Math 2200</td>
<td>Math 2201</td>
<td>Math 2202</td>
</tr>
<tr>
<td>Math 3200</td>
<td>Math 3201</td>
<td>Math 3202</td>
</tr>
<tr>
<td>Math 3208</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes:

- Math 1202 is pre-requisite to Math 2202 and Math 3202
- Math 1201 is pre-requisite to Math 2201, Math 2202 and Math 3202 and Math 2201 is pre-requisite to Math 3201 and Math 3202
- Math 1201 is pre-requisite to Math 2200 and Math 2202 and Math 3200 and Math 3201
- Math 3208 is an introduction to Calculus and can be taken concurrently with Math 3200
- 4 credits in math must be obtained from two different grade levels
**Social Studies**
The Social Studies curriculum offers students a selection of courses satisfying the Canada Studies and World Studies graduation requirements.

<table>
<thead>
<tr>
<th>Canada Studies</th>
<th>World Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canadian History 1201</td>
<td>World Geography 3202</td>
</tr>
<tr>
<td>Canadian Geography 1202</td>
<td>World Geography 3200*</td>
</tr>
<tr>
<td>Canadian Law 2104/2204</td>
<td>World History 3201</td>
</tr>
<tr>
<td>Canadian Economy 2203</td>
<td>Histoire mondiale 3231</td>
</tr>
<tr>
<td>Newfoundland and Labrador Studies 2205</td>
<td>Histoire mondiale 2236</td>
</tr>
<tr>
<td>Histoire du Canada 1231</td>
<td>World Geography 3200 is intended only for those students in a general stream. It is not intended for the majority of students, particularly those who intend on pursuing a post-secondary (i.e., university or college) education.</td>
</tr>
<tr>
<td>Géographie du Canada 1232</td>
<td></td>
</tr>
<tr>
<td>Économie canadienne 2233</td>
<td></td>
</tr>
<tr>
<td>Droit canadienne 2134</td>
<td></td>
</tr>
</tbody>
</table>

**Career Education**
Students will satisfy the Career Education requirement by completing Career Development 2201. This course will include a community contribution component. Guidelines can be accessed at: [http://www.ed.gov.nl.ca/edu/k12/curriculum/documents/careered/index.html](http://www.ed.gov.nl.ca/edu/k12/curriculum/documents/careered/index.html)

Although some students will not take this course until Level II, they should be advised early in their Level I year about the community contribution component. This will allow them the opportunity to start fulfilling this requirement early in their high school career.

* Successful completion of Science 1206 is required for academic and honours graduation.

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**Science**
The high school science program offers choice to students at the general and academic level. In Level I, a student who starts on a general program will usually take Science 2200. If a student wishes to pursue an academic science program they will usually take Science 1206 in Level I, and in subsequent years choose from biology, chemistry, physics, and/or Earth systems. The academic level is intended for the majority of students and particularly those who intend on pursuing a post-secondary (i.e., university or college) education.

<table>
<thead>
<tr>
<th>General</th>
<th>Academic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science 2200</td>
<td>Science 1206*</td>
</tr>
<tr>
<td>Science 3200</td>
<td>* Biology 2201/3201</td>
</tr>
<tr>
<td>Environmental Science 3205</td>
<td>* Chemistry 2202/3202</td>
</tr>
<tr>
<td></td>
<td>* Earth Systems 3209</td>
</tr>
<tr>
<td></td>
<td>* Physics 2204/3204</td>
</tr>
</tbody>
</table>
**Fine Arts**
The Fine Arts requirement can be satisfied by completing 2 credits from the following courses:

<table>
<thead>
<tr>
<th>Art</th>
<th>Music</th>
<th>Theatre</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art Technologies 1201</td>
<td>Ensemble Performance 1105</td>
<td>Drama 2206</td>
<td>Clothing 1101</td>
</tr>
<tr>
<td>Art and Design 2200</td>
<td>Ensemble Performance 2105</td>
<td></td>
<td>Textiles 3101</td>
</tr>
<tr>
<td>Art and Design 3200</td>
<td>Ensemble Performance 3105</td>
<td></td>
<td>Newfoundland and Labrador Studies 2205</td>
</tr>
<tr>
<td></td>
<td>Experiencing Music 2200</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Applied Music 2206</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Applied Music 3206</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Physical Education**
The Physical Education requirement can be satisfied by completing 2 credits from the following courses:

- Healthy Living 1200
- Physical Education 2100
- Physical Education 2101
- Physical Education 3100
- Physical Education 3101
**Other Required Credits**

Students must obtain at least 4 credits from this category and in doing so must obtain these credits from at least two different disciplines. However, students do not need to satisfy the two different disciplines if the 4 credits for this requirement are satisfied using 4 credits in French.

**Economic Education**
- Business Enterprise 1100
- Consumer Studies 1202
- Canadian Economy 2203
- Entrepreneurship 3209
- Affaires et entrepreneuriat 1130
- Économie canadienne 2233

**French**
- French 1200
- French 2200 (core)
- French 3200 (core)
- French 3201 (core)
- French 2203 (expanded core)
- French 3203 (expanded core)
- Français 1202 (immersion)
- Français 2202 (immersion)
- Français 3202 (immersion)

**Religious Education**
- Ethics and Philosophy 2101
- Ethics and Social Justice 2106
- World Religions 3101
- World Religions 3106
- Questions morales 1134
- Enseignement religieux 3131
- Enseignement religieux 3136

**Technology Education/Skilled Trades**
- Skilled Trades 1201
- Design and Fabrication 1202
- Integrated Systems 1205
- Communication Technology 2104
- Residential Construction Technologies 2201
- Design and Fabrication 2202
- Communication Technology 3104
- Power and Energy 3201
- Robotics Systems Technology 3205

**Family Studies**
- Clothing 1101
- Healthy Living 1200
- Human Dynamics 2201
- Nutrition 2102
- Nutrition 3102
- Textiles 3101
For a more detailed description of the high school program, as well as short course descriptions, please refer to the Program of Studies which is published each year by the Department of Education and Early Childhood Development. These can be found at each school or accessed online at:

http://www.ed.gov.nl.ca/edu/k12/curriculum/guides/

Please note:
In some cases a particular course may be listed as satisfying more than one of the graduation requirements. If credit is received for this particular course, it can be used to satisfy either of the two graduation requirements, but not both.

Example;
Drama 2206 may satisfy either the Optional Language Arts or Fine Arts requirement. A student who has credit for Drama 2206 may use these 2 credits to satisfy EITHER the Optional Language Arts OR Fine Arts requirements, but NOT both.

Other courses which may be used to satisfy more than one requirement include:

French courses
Optional Language Arts and Other Required Credits (French)

Healthy Living 1200
Physical Education and Other Required Credits (Family Studies)

Newfoundland and Labrador Studies 2205
Canadian Studies and Fine Arts

Clothing 1101
Fine Arts and Other Required Credits (Family Studies)

Textiles 3101
Fine Arts and Other Required Credits (Family Studies)

Canadian Economy 2203
Canadian Studies and Other Required Credits (Enterprise Education)

Économie canadienne 2233
Canadian Studies and Other Required Credits (Enterprise Education)
Preparing for Post-Secondary Study

As you progress through high school, you will become more aware of career and educational choices that you will be making at the end of Level III. It is necessary for you to know the credits needed to gain entry into the post-secondary institution of your choice. If you plan to enter university or technical school, you must know and understand the required courses and required marks for entrance.

Make sure you take the proper program and courses in high school to maximize your chances of being accepted into the post-secondary program of your choice. Students with higher marks often receive preference in registration, placement, scheduling, and of course, scholarships.

The entrance requirements for some of our province’s post-secondary educational institutions are listed on the following pages.
Memorial University of Newfoundland (MUN)

The following information is accurate at the time of publication and is subject to change in the future. The application deadline for Memorial University for general admission is March 1st. Some programs require students to apply for general and faculty admission even earlier or may have more detailed requirements. You should check with your guidance counsellor or with the University for more details on the requirements for specific programs.

<table>
<thead>
<tr>
<th>Subject Area</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>English 3201</td>
</tr>
<tr>
<td>Academic or Advanced Mathematics</td>
<td>one of Mathematics 3200 or 3201 and one of Mathematics 2200 or 2201 (Note: 2000 level course mark is not included in the entrance average)</td>
</tr>
<tr>
<td>Laboratory Science</td>
<td>4 credits in laboratory science (Biology, Chemistry, Physics, Earth Systems) including at least 2 credits at the 3000 level chosen from one of Biology 3201, Chemistry 3202, Physics 3204, and Earth Systems 3209 (Note: Valued at 2 credits each. The remaining 2 credits may be selected from 2000-level courses in the above-noted subject areas or from Science 1206)</td>
</tr>
<tr>
<td>Social Science/Modern or Classical Language</td>
<td>one of World Geography 3208, World History 3201/3209 (new), Histoire mondiale 3231, French 3200, French 3201, French 3203, or Français 3202 or other Social Science or Modern/Classical Language at the 3000 level</td>
</tr>
<tr>
<td>Electives</td>
<td>2 credits at the 3000 level in elective courses chosen from the subjects above or from additional courses approved by the Department of Education for offering at the 3000 level for certificate purposes</td>
</tr>
</tbody>
</table>

Notes:
- If a student has more than 1 course at the 3000 level in either of the requirement groups, the course with the higher mark will be used to calculate the average.
- There are a total of 10 credits used in the average.
- If all courses used are 2 credit courses simply add the 5 marks and divide by 5.
- If there are any 1 credit courses used in the elective requirement each 2 credit course must be added into the total twice and each 1 credit course once. The total is then divided by 10.

For further information you may check www.mun.ca
**Marine Institute**

The Marine Institute is a part of Memorial University and has many certificate, diploma and degree programs with their own admission requirements. The courses below are designed for students who intend to seek post-secondary education at the Marine Institute in Technician Diploma, Diploma of Technology, or Joint Diploma of Technology/Bachelor of Technology programs. Applicants must have completed Graduation Requirements for high school as set down by the Department of Education and Early Childhood Development and have obtained credits in the following subjects, with an overall average of not less than 60% compiled from the grades received in those courses at the 3000 level.

<table>
<thead>
<tr>
<th>Subject Area</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>two (2) credits from English 3201</td>
</tr>
<tr>
<td>Academic or Advanced Mathematics</td>
<td>four (4) math credits, two (2) of which must be either Math 2201 or Math 2200, and two (2) credits from either Math 3201* or Math 3200</td>
</tr>
<tr>
<td></td>
<td>*minimum of 60% must be achieved in this course</td>
</tr>
<tr>
<td>Science</td>
<td>four (4) credits, two (2) which must be from either Biology 3201 or Chemistry 3202, or Physics 3204, or Earth Systems 3209</td>
</tr>
</tbody>
</table>

*For information on available programs and the entrance requirements for each, you should check with your guidance counsellor and/or check www.mi.mun.ca.*

**College of the North Atlantic (CNA)**

This public college system offers many courses which are grouped into 8 program areas. The entrance requirements vary within each program.

*For more information on what is available in each program and the entrance requirements for each, you should check with your guidance counsellor and/or check www.cna.nl.ca.*

**Program Areas**

- Applied Arts
- Information Technology
- Engineering Technology
- Tourism and Natural Resources
- Business Studies
- Health Sciences
- Industrial Trades
- Access (including College/University Transfer Year)
Private Training Institutions

There are many private training/educational institutions in the province and the various courses have different entrance requirements. You will need to check the requirements for each individual institution.

Newfoundland and Labrador

Private Training Institutions

There are a variety of courses and diplomas offered in Newfoundland and Labrador’s private schools. Here is a list of the schools available.

Academy Canada
  • Corner Brook Campus
  • St. John’s Campus

BAC Training Centre Inc./BAC Masonry College
  • Conception Bay South, NL

Boilermakers Industrial Training Centre
  • Holyrood, NL

Canadian Training Institute
  • Bay Roberts, NL

Carpenters Millwrights College Inc.
  • Paradise, NL

Central Training Academy
  • Badger, NL

DieTrac Technical Institute
  • Lewisporte, NL

Eastern College
  • St. John’s, NL

Gander Flight Training
  • Gander, NL

Ironworkers Education and Training Co.
  • Mount Pearl, NL

Keyin College
  • Burin Campus
  • Carbonear Campus
  • Clarenville Campus
  • Gander Campus
  • Grand Falls-Windsor Campus
  • Marystown Campus
  • St. John’s Campus
  • Stephenville - formerly Western College

Mine Safety Training Institute
  • Grand Falls - Windsor, NL

Operating Engineers College
  • Holyrood, NL

U.A. Training Centre
  • Mount Pearl, NL

Woodford Training Centre
  • Kelligrews, NL
Scholarships

Good marks can translate into scholarships for your post-secondary education. There are many scholarships offered in Newfoundland and Labrador as well as across Canada. Below are lists of some scholarships available to you. Many scholarships are available to students of particular schools or students enrolling in particular programs. You should check with your guidance counsellor for information on other scholarships which may be available to you.

Provincial Government Scholarships

Through the Department of Education and Early Childhood Development, the Government of Newfoundland and Labrador awards 201 scholarships each year to high school students in Newfoundland and Labrador. The scholarships range in value from $1,000 to $2,500 and are based on achievement on the public examinations. Public exam marks are used to determine a provincial scholarship score for each eligible student.

The Junior Jubilee Scholarship ($2,500) is awarded to the student who achieves the highest scholarship score.

The Constable W.C. Moss Scholarship ($1,000) is awarded to the son or daughter of a member of the Royal Newfoundland Constabulary or the Royal Canadian Mounted Police (active, retired or deceased) who achieves the highest scholarship score.

The Electoral District Scholarships ($1,000 each) are awarded to the three high school graduates in each provincial electoral district who achieve the highest scholarship score.

Fifty-five Centenary of Responsible Government Scholarships ($1,000 each) are awarded to the students who achieve the highest scholarship scores, excluding those students awarded any of the above scholarships.

Other Provincial Government Scholarships

Lester B. Pearson Scholarship

Each year a Level II student is selected to attend Pearson College, a United World College, in Victoria, BC. The value of the scholarship is approximately $50,000 and covers the cost of attending the college to complete the two-year International Baccalaureate (IB) Program.

Holy Heart IB Diploma Scholarship

Each year two Level I students outside the St. John’s metro area are selected to attend Holy Heart High School in St. John’s to complete the two-year International Baccalaureate (IB) Program. The value of the scholarship is $5,000 per year to cover living expenses while in St. John’s. There is also $1,000 per year available to offset travel expenses.

The IB Diploma, an internationally recognized university preparation program, educates students through a comprehensive curriculum to become creative, critical thinkers, effective communicators, and globally-aware citizens.
**Federal Government Scholarships**

The Federal Government has established the Millennium Scholarship Foundation. This program offers both a Bursary Program as well as Excellence Awards for students entering a post-secondary school. The Bursary Program is for those who are eligible for student financial assistance in their province. The Excellence Awards are for those students who demonstrate community involvement, leadership, innovation, and academic excellence. For more information on these programs, check with your guidance counsellor and/or the website: www.millenniumscholarships.ca

**Memorial University Entrance Scholarships**

High school applicants from the Newfoundland and Labrador high school system are automatically considered for many of Memorial University’s entrance scholarships. The majority of these are offered automatically to eligible students on the basis of academic merit. Early offers are made, normally in late winter, on the basis of grades available at that time. Applicants are considered again for entrance scholarship eligibility once final high school results are released in July. A limited number of renewable entrance scholarships are available each year through a separate application process and these are awarded on the basis of academic merit and other selection criteria.

The value and number of entrance scholarships that are offered each year may vary as the entrance scholarship program is reviewed annually. Information on entrance scholarships that are available to applicants for admission for the upcoming fall semester may be found online at www.mun.ca/become.

**Marine Institute**

Students applying to the Marine Institute are eligible for all Memorial University Entrance Scholarships. In addition to those scholarships, there are a limited number of $1,000 scholarships for any student who is applying to MI Diploma of Technology or Joint Diploma of Technology/Bachelor of Technology programs with over an 80% entrance average. As well, the Marine Institute offers a number of entrance scholarships that are program specific and based on solid academic performance and community involvement. For further information on these opportunities please visit www.mi.mun.ca.
Good Study Skills

The most important aspect of being a good student is that you become committed to doing well in school.

How you do in the three years of high school can have a significant effect on what options will be available to you at the end of high school.

Two ingredients to becoming an effective student are organization and time management. These important ingredients can be learned by any student. You should learn to plan and organize your time and homework tasks in a way that is efficient and productive. Good organizational skills and time management skills include:

- having well organized notes
- planning ahead
- staying conscious of timetables and schedules
- organizing your school subjects
- keeping a list of upcoming tests and assignments
- committing time to your studies
- asking questions in class
- completing homework assignments on time
- setting goals
- learning to prioritize

Homework - Hints for Students

Useful tips include:

- If possible study in the same place at all times. This should be a quiet place away from distractions.
- You should study sitting up and not lying across a bed or on the floor.
- Have proper lighting and seating.
- Avoid distractions.
- Turn off stereos and personal listening devices. If listening to music is a must, keep it low and in the background.
- Have homework materials ready. For easy access, keep all your homework supplies in the same place. This avoids wasting time looking for required materials.
- Reward yourself with a break after certain periods of time. (e.g., 10 minutes every 50 minutes).
- Focus on the harder homework first. You are fresher at the start and the more difficult material generally takes more of an effort. After the more difficult material is conquered, there is also a sense of relief and you are better able to tackle the remaining homework.
- Review regularly.
- Make a quick schedule for homework time each time you sit down to do homework.
  This ensures you have a clear picture as to what exactly it is you wish to accomplish in the homework session.
Also remember:

- Homework starts in school and you can make your effort at home a lot easier by listening well in school.
- To start homework or an assignment, you should know the following:
  - what to do
  - when it is due
  - where to obtain information
  - how to write the assignment or homework
- When you think you have no homework, you can always:
  - review notes and texts
  - begin another assignment or ready yourself for a test
  - read other material related to your courses

**Homework - Hints for Parents**

Helping a student become organized can be the best thing you can do for your child.

- Have regular times set up for studying.
- Put up a calendar for assignments and tests.
- Provide a good environment for study.
- Talk to them about the topics they have for assignments.
- Discuss with them their organization of assignments or study schedules.
- Talk to them about not procrastinating.
- Talk to them about expectations for homework.
- Follow up regularly to see that they are doing their work.
- Obtain extra help for them, if you feel it is necessary, either from the teacher, a peer, or a tutor.
- See Tutoring for Tuition.
- Stay in touch with their teachers and make sure they know you are involved in their school work.
- Be aware of reporting times at school to ensure you are aware of your child's progress.
- Read any comments that teachers write on work they submit.
- Don't do the work for them but become aware of their learning style and help them develop good study and homework skills.
- Talk to them regularly about their work habits and help them where you can.
- If problems should arise, talk to your child's teacher.
- Reward your child for appropriate behaviours when it comes to school and homework.

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**Tutoring for Tuition**

Would you like your child to have extra tutoring during the school year?

Do you have a child in high school who would like to apply to become a tutor and earn a voucher towards their Post-Secondary Education?

The provincial government offers the Tutoring for Tuition (TFT) program in schools throughout the province. Tutors are current high school students who have been trained to assist other students with their courses. This tutoring service is available online at www.cdli.ca/tutoring or face to face. Contact your school guidance counselor and/or principal for assistance.
**Tips for Tests**

**Before the Test**
- Start as early as possible to get ready for upcoming tests.
- Plan review times to get ready long before the test occurs. Short review periods may be better than one long one.
- Read notes from class and ask yourself questions about the material.
- Make up possible exam questions and see how you can do with them.
- Consider organizing a small study group.
- Get enough sleep.
- Be sure you have materials (calculators, pens, etc.) required to complete the test.
- Avoid caffeine and eat a healthy meal.
- Always start with the easiest questions so you can get off to a good start.
- Answer all questions - remember: teachers do give partial credit.
- Make an outline of long answer questions as a guide to use as you are answering these questions.
- Watch out for these key words in tests, such as: explain - give detail
  compare - show similarities/differences
  describe - use adjectives and descriptive words
  outline - give main points
  illustrate - give examples
- Have time at the end to review your answers.
- After you complete the test, go back and reread any questions you could not answer.

**During the Test**
- Read the questions carefully.
- Listen for important instructions from the teacher.
- Take a quick look at the whole test and see how much time you need to allot to each question.
On the flip side of this page we have included a three year planner to keep you on course as you make your choices for high school.
## Three Year Planner

<table>
<thead>
<tr>
<th>Graduation Requirements</th>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Total Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Language Arts</strong></td>
<td>Course(s)</td>
<td># credits</td>
<td>Course(s)</td>
<td># credits</td>
</tr>
<tr>
<td>English Language Arts</td>
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<td>(4 credits required)</td>
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<tr>
<td>Optional Language Arts</td>
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<td>(2 credits required)</td>
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<tr>
<td><strong>Social Studies</strong></td>
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<td>World Studies</td>
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<td>(2 credits required)</td>
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<tr>
<td>Canada Studies</td>
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<td>(2 credits required)</td>
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<tr>
<td>Career Education</td>
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<td>(2 credits required)</td>
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<td>Physical Education</td>
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<td>(2 credits required)</td>
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<tr>
<td>Fine Arts</td>
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<tr>
<td>(2 credits required)</td>
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<tr>
<td>Other Required Credits</td>
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<tr>
<td>(4 credits required)</td>
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<tr>
<td>Any Subject Area</td>
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<tr>
<td>(6 credits required)</td>
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</tbody>
</table>

**Total Credits:**
- 6 credits required in Language Arts
- 2 credits required in Social Studies
- 2 credits required in Career Education
- 2 credits required in Physical Education
- 2 credits required in Fine Arts
- 2 credits required in Other Required Credits
- 6 credits required in Any Subject Area
- Total: 36 credits

Must have:
- at least 20 credits beyond Level III
- at least 9 credits beyond Level III
- not more than 4 local or alternate credits
- at least 2 categories from other required credits (unless using 4 credits in French)

*Please refer to page 3 for additional information on graduation requirements.*