Grade Six Instructional Objectives—Emotional and Social Health Education

6.1 Students will describe personal characteristics that can contribute to happiness for self and others.
Descriptive statement: Instruction will include self-discipline, positive self-concept, independence, acceptance of others, concern for the needs of individuals with disabilities, honesty, respect for authority, and acceptance of responsibility for self in relation to others.

6.2 Students will recognize the importance of contributing to a constructive group activity and the larger community.
Descriptive statement: Instruction will include the importance of each individual accepting responsibility, contributing positively to a group, what contributes to group success or failure, and how opportunities for leadership may be presented.

6.3 Students will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.
Descriptive statement: Instruction will include defining types of abuse, importance of reporting, and identifying resources for the reporting and treatment of child abuse and family violence.

6.4 Students will explain that there are laws protecting children from inappropriate and abusive behavior of others.
Descriptive Statement: This includes defining sexual, emotional, and physical abuse and neglect; helping children understand what behavior should be expected from adults; and explaining ways to respond positively to family members and younger children in the students’ care. Instruction will include defining and describing human trafficking.

6.5 Students will become aware of community health-care agencies and their functions.
Descriptive statement: Instruction includes the availability of community agencies providing the following services: child abuse prevention; treatment of abuse victims; mental health counseling; substance abuse prevention and treatment and support groups; other general and specialized medical services, including the role of the family physician and local health department; police department, and other safety services.

Grade Six Media—Emotional and Social Health Education

Tricked: Inside the World of Teen Sex Trafficking. FCPS Media Services (Fairfax Network)
Introductory segment (1:28 - 6:02 only)

Grade Six Instructional Objectives—Human Growth and
Development Education

6.1 (Gender Separate): Students will explore the physical, emotional, and social changes that occur during puberty and relate personal hygiene to these changes.
Descriptive Statement: This includes a review of physiological changes introduced in fifth grade and a brief examination of psychological and social changes, including mood swings, changing family and peer relationships, and increasing interest in romantic relationships. Ways to cope with these changes are addressed, including proper diet, exercise, and talking with a trusted adult such as an adult family member, teacher, counselor, or member of the clergy. The relationship among bodily changes, good personal hygiene and positive interactions with others is emphasized. Girls only review the use and proper disposal of sanitary napkins and tampons.

6.2 (Gender Separate): Students will review the structures and functions of the male and female reproductive systems and how these change during puberty.
Descriptive Statement: Instruction includes the structure and function of the reproductive organs, including the ovaries, fallopian tubes, uterus, cervix, and vagina in girls, and the testicles, vasa deferens, urethra, penis, and scrotum in boys.

6.3 (Gender Separate): Students will expand prior knowledge of the process of human reproduction.
Descriptive Statement: This includes review and extension of information about fertilization, prenatal development, fetal support structures, prenatal care, and birth. The concept that physical readiness to become a mother or father precedes the psychological, emotional, intellectual, spiritual, and social maturity needed to make a commitment to marriage and raising a family is emphasized.

6.4 (Gender Separate): Students will study basic facts about sexually transmitted diseases (STDs).
Descriptive Statement: Viral and bacterial STDs are reviewed, and common consequences of STDs are presented, including infertility; passage to infants during pregnancy, birth, and breast-feeding; and, for HIV/AIDS, eventual death. Prevention of STDs through sexual abstinence, fidelity within marriage, and avoidance of needle sharing and intravenous drug use is stressed.

6.5 (Gender Separate): Students will identify reasons for avoiding premarital sexual intercourse.
Descriptive Statement: Instruction includes exploration of the physical, psychological, social, academic, spiritual, and financial consequences of premarital sexual intercourse. The benefits of sexual abstinence in supporting healthy adolescent development are emphasized, and students review and practice using refusal skills in situations related to adolescent development.

Grade Six Media – Human Growth and Development Education

Straight Talk About Puberty for Boys, Marsh Media (2012) 17:30 minutes
Note: Media title will be shown to boys only. Companion to the program for girls, Straight Talk About Puberty For Boys will help answer many of those important, but often not asked, questions that maturing boys always have. Boys will learn about the male reproductive system; hygiene and good grooming; dangers of alcohol, tobacco, and other drugs to growing bodies; emotional and physical changes of puberty; and importance of exercise and good nutrition.

Straight Talk About Puberty for Girls: Marsh Media (2012) 20:00 minutes

Note: Companion media to boys’ title; will be shown to girls only
As an alternative to story-driven programs, this title is streamlined and trimmed down to “just the facts” – which makes it slightly shorter, and more to the point. Girls will learn about the female reproductive system; hygiene and good grooming; dangers of alcohol, tobacco, and other drugs to growing bodies; emotional and physical changes of puberty; and importance of exercise and good nutrition.

Videotape for Grades 5-12 Human Growth and Development selected Special Education students only (female students):

A Boy’s Guide to Growing Up, Film Ideas, 2005. (15 minutes)
Designed for boys with special needs, this video presents straightforward information about changes to expect during puberty. Calmly reassuring and upbeat, the narration is uncomplicated and the visuals are clear and colorful. The concise chapter format allows for instructional breaks and covers the following important topics: external male anatomy, physical and emotional changes of puberty, health and hygiene, and privacy and safety.

A Girl’s Guide to Growing Up, Film Ideas, 2005. (15 minutes)
Designed for girls with special needs, this video presents straightforward information about changes to expect during puberty. Calmly reassuring and upbeat, the narration is uncomplicated and the visuals are clear and colorful. The concise chapter format allows for instructional breaks and covers the following important topics: external female anatomy, physical and emotional changes of puberty (including menstruation), health and hygiene, and privacy and safety.

Janet’s Got Her Period, James Stanfield Company, 1990. (17 minutes)
Developed by Australia's Victoria Health Foundation, this video addresses the problems of menstrual management for special needs girls and young women. Developed for professionals to use with their lower-functioning students, Janet's Got Her Period tells the story of a young girl who learns self-care responsibility from her mother and sister. The program includes a detailed task analysis of behaviors required for using menstrual pads.