Did you know: Being a part of a USDA/CACFP program satisfies nutrition requirements for the Texas Rising Star program?

The Texas Rising Star requirements for nutrition emphasize that programs have extensive written policies, proper food storage, educational goals, sample menus and implement other necessary practices. Providers wishing to pursue a TRS certification must meet certain nutrition standards to be considered eligible for certification. To help ease the stress of meeting requirements on their own, center based and home based child care programs have the option to fulfill these needs by joining the USDA/CACFP.

The Child and Adult Care Food Program (CACFP) reimburses child care centers, day care home providers and adult day care centers for part of the cost associated with serving more than 400,000 approved meals and snacks to children and adults in Texas every day. The goal of CACFP is to improve and maintain...
CPR & First Aid / All Ages Topics

CPR
Jerri Haltom

Camp Fire offers the American Heart Association CPR Heart Saver Course (infant, child, adult), which includes rescue Cardio Pulmonary Resuscitation (CPR), with an emphasis on information needed by child care providers. A 2-year certificate will be issued upon successful completion of class.

February 15
March 21
6:30-9 pm
Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $25 per person
No Refunds, substitutions allowed
No walk-ins allowed
Limit 15 participants

First Aid
Jerri Haltom

Camp Fire offers the American Heart Association Basic First Aid training course, which includes rescue breathing and choking prevention to meet the needs of child care providers. A 2-year certificate will be issued upon successful completion of class.

February 16
March 22
6:30-9 pm
Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $20 per person
No Refunds, substitutions allowed
No walk-ins allowed
Limit 15 participants

Continued from Page 1

the health and nutritional status of children and adults, promote development of good eating habits and integrate nutritious food service with organized child and adult day care services.

Camp Fire First Texas is a sponsor of the USDA/CACFP for both center and home based child care providers.

Camp Fire helps make your nutrition needs convenient and can satisfy the TRS nutrition requirements through participation in the program. For more information about USDA/CACFP, please call Camp Fire at 817.831.2111.

NOMINATE An Outstanding Early Childhood Professional Today!

Attention all North Texas child care providers - nominations are now open for the Celebration of Child Care Champions awards.

Nominees may be submitted by the community-at-large and/or through self-nomination. The deadline for submitting nominations is January 22.

A panel of community judges will select one award recipient for each of the categories:

- Young Professional of the Year
- Teacher of the Year
- Administrator of the Year
- Family Child Care Provider of the Year
- Phyllis Jack Moore Professional Development Award

Award details and nomination form are available at CampFireFW.org

The awards dinner will be March 10 featuring Al Stewart as the keynote speaker.
All Ages Topics

Caring for the Caregiver - New Year's Resolution
Pam Rinn, M.S., CFLE

BACK by POPULAR Demand!
Is your emotional bank account running low? Is it completely empty? Take a mini-vacation to beat those winter blahs. Discover your personal strengths and ways to maintain a positive attitude and de-stress anytime and anyplace.

Designed specifically to address the stress experienced by staff working with children, youth and families. This class will help you get energized and network with others while learning skills to prevent caregiver fatigue and burnout. This class also will discuss temperament traits and skills for promoting social and emotional connections.

Meets Licensing Standard 746.1309(c) (7) Professional Development- Stress Management, (b)(1) Child Growth and Development, CDA Subject Area 6 and 2

Texas Core Competency Area- Professionalism, Ethics

3 Clock Hours

Saturday, January 16
9 am – Noon

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $24 per person
Buy 3, get 4th free
At the door: $34, space permitting
Limit 50 participants

Caring for the Caregiver - New Year’s Resolution
Pam Rinn, M.S., CFLE

CONSCIOUS DISCIPLINE: PART 1 OF 2 (PE)
Conscious Discipline Certified Trainer

Challenging behaviors, tantrums, fits of aggression or other difficult behaviors can make you feel more like a police officer than a teacher! This exciting, informative workshop will help you overcome these issues and foster self-regulation behaviors in children. See, touch and experience the research-based Conscious Discipline program that will promote connections and cooperation of all children. The workshop will include resource sharing of materials from the Conscious Discipline website to help you get started.

6 Clock Hours

CONSCIOUS DISCIPLINE PART 2 OF 2 (PE)
Conscious Discipline Certified Trainer

Challenging behaviors, tantrums, fits of aggression or other difficult behaviors can make you feel more like a police officer than a teacher! This exciting, informative workshop will help you overcome these issues and foster self-regulation behaviors in children. See, touch and experience the research-based Conscious Discipline program that will promote connections and cooperation of all children. The workshop will include resource sharing of materials from the Conscious Discipline website to help you get started!

6 Clock Hours

Meets licensing standard: 746.1309 (b) (4) Teacher-child interaction, CDA Subject area 1, (b) (2) guidance and discipline, CDA Subject area 3

Texas Core Competency Area- Child Growth and Development, Responsive Interactions

FORT WORTH

PART 1 - Saturday, January 30
PART 2 - Saturday, February 13
8:30 am - 4 pm
(1.5 lunch break on your own)
Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $50 per person/per session
At the door: $60- space permitting
Limit 90 participants per location

FARMERS BRANCH

PART 1 - Saturday, January 23
PART 2 - Saturday, February 27
8:30 am - 4 pm
(1.5 lunch break on your own)
Brookhaven Community College
3939 Valley View Lane
Farmers Branch, Texas 75244

Optional CEU: $15
CEUs are approved and issued through UT Arlington’s Division of Enterprise Development.
All Ages Topics

Boys, Boys, Boys
Denise Collins, Ph.D. and Dawn Hallman, M.A.

Did you know boys have less nerve endings on their fingertips so they don’t need lotion? Did you know boys prefer light to darkness? Did you know boys don’t hear the same sounds as girls? Come to this exciting engaging session if you have ever wondered why boys & men in your life or classroom behave a certain way. This session explores male brain development and how we can create better connections & relationships with the boys & men in our lives. Expecting all children to act the same can create frustration and confusion as a teacher. Discover how to understand these differences and create a classroom that honors and celebrates each gender.

Meets licensing standards: 746.1309 (b) (1) (2)(4) Child growth and development, guidance and discipline, teacher-child interactions, CDA Subject Area 2

Texas Core Competency Area- Child growth and Development, responsive Interactions

3 Clock Hours

Saturday, February 6
9 am - Noon
Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $24 per person
Buy 3, get 4th free
At the door: $34 per person, space permitting
Limit 50 participants

Transitions are Teaching Times, Too
Sharlene Abraham, B.S. and Chemika Hardin, B.S.

Transitions are an important part of the daily classroom schedule. To have a smooth-running classroom, planning the transition process and activities is a must. Learn practical ideas for improving the effectiveness of transition times. Discover ways to make transitions fun learning experiences for young children.

Meets Licensing Standard 746.1309 (c) (10) Planning Developmentally Appropriate Learning Activities, CDA Subject Area 2

Texas Core Competency Area- Learning Environments, Planning Framework Curriculum and Standards

3 Clock Hours

Saturday, March 5
9 am - Noon
Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX

Fee: $24 per person
Buy 3, get 4th free
At the door: $34 per person, space permitting
Limit 50 participants

Emergent Writers
Stacy Benge, M.S.

Which teachers should be concerned with writing development? All of them! Although we associate it with preschool, writing development begins with infancy and continues throughout childhood. Learn the different phases of writing development beginning with mobile infants while discovering exciting strategies to implement throughout your classroom. An excellent class for teachers of all ages!

Meets Licensing Standard 746.1309 (c) (10) Planning Developmentally Appropriate Learning Activities, CDA Subject Area 2

Texas Core Competency Area- Learning Environments, Planning Framework Curriculum and Standards

3 Clock Hours

Saturday, February 27
9 am - Noon
Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX

Fee: $24 per person
Buy 3, get 4th free
At the door: $34 per person, space permitting
Limit 50 participants
All Ages Topics / Infant & Toddler Topics

Building Home & School Family
Travis Davis, M. Ed.

Integrate social-emotional well-being into your existing curriculum after attending this session. In the past, we thought rules governed behavior, but classrooms implementing Conscious Discipline recognize relationships are what truly help young learners intrinsically monitor their own behavior. Attend this session to consider ways to increase helpfulness and connection among children, foster a cooperative spirit and discover our role of safe-keepers in the classroom. Move past the language of fear and separation and communicate with your young children the importance of safety and unity.

Meets Licensing Standard 746.1309(b)(4)
Teacher-Child Interaction, CDA Subject Area 2

Texas Core Competency Area-Child Growth and Development, Responsive Interactions

3 Clock Hours

Saturday, March 12
9 am - Noon

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX

Fee: $24 per person
Buy 3, get 4th free
At the door: $34 per person, space permitting

Limit 50 participants

S.T.A.R. Connections for Infant and Toddlers
Pam Rinn, M.S. CFLE

This infant & toddler workshop will help teachers revitalize and rediscover the important role they play in supporting an intentionally responsive environment. Topics discussed will include S.T.A.R. components:
- Sequence of skills and brain plasticity
- Temperaments
- Attachments
- Relationships

Meets licensing standard 746.1309(b) (4) Teacher-child interaction, (1) child growth and development, CDA Subject area 2

Texas Core Competency Area-Child Growth and Development, Responsive Interactions

3 Clock Hours

Saturday, January 9
9 am – Noon

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $24 per person
Buy 3, get 4th free
At the door: $34 per person, space permitting

Limit 50 participants

Infant & Toddler Literacy
Tracy Payne, M.S.

There are three components to language and communication with infants and toddlers. Learn about those components and how infants and toddlers build language. Discover strategies you can use in the classroom to support learning in fun and appropriate ways. Building emergent literacy skills from an early age supports later school readiness success!

Meets licensing standard 746.1309(b) (4) Teacher-child interaction, (1) child growth and development, CDA Subject area 2

Texas Core Competency Area-Child Growth and Development, Responsive Interactions

3 Clock Hours

Saturday, February 20
9 am – Noon

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $24 per person
Buy 3, get 4th free
At the door: $34 per person, space permitting

Limit 50 participants

Camp Fire Professional Learning Courses for Child Care Professionals
To register call 817-831-2111, ext. 145 or Training@CampFireFW.org
1, 2, 3 CHANGE!
Exploring States of Matter
Alan Small, B.S.

What’s the matter? Everything is matter! Delve into the mysteries of floating, flowing and freezing with entertaining, hands-on activities. Dry ice, helium, diapers and a glowing pickle all make an appearance as we examine states of matter!

Meets Licensing Standard 746.1309 (c) (10) Planning Developmentally Appropriate Learning Activities, CDA Subject Area 2

Texas Core Competency Area- Learning Environments, Planning Framework Curriculum and Standards

3 Clock Hours

Saturday, January 23
9 am - Noon

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $24 per person
Buy 3, get 4th free
At the door: $34, space permitting

Limit 50 participants

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CDA Credential Class

Camp Fire First Texas is THE community leader when it comes to assisting early childhood professionals in receiving the BEST first step in their credentialing process and is an approved course through several workforce commissions for Texas Rising Star programs. Camp Fire repositioned the course curriculum to ensure our students receive the most up-to-date and comprehensive instruction!

Camp Fire Resource Center
2700 Meacham Blvd., Fort Worth, TX 76137

Monday evenings 6:30 - 9:30 pm
February 29 - July 25

Fee: $550 per person

CDA Scholarship Information

Camp Fire has scholarships for the CDA class taking place February 29- July 25. This scholarship requires the participant to attend weekly classes and complete weekly homework assignments. Regular attendance is required. Scholarship Applications are online at CampFireFW.org.

Application Process
- Complete all portions of the CDA Scholarship Application
- References
- The director and applicant must print and sign their names at the bottom of the application
- Applications must be received by 5 pm January 15

Eligibility Requirements
- Must be 18 years of age or older
- Hold a high school diploma or equivalent
- Written & oral English proficiency
- Place of employment must be in Tarrant County
- Must be a teacher working in the classroom in a child care center with infant, toddler, or preschool age children, on a full time basis (at least 35 hours per week) or run a family child care home

For questions, please contact Pam Rinn at 817-831-2111, ext. 114 or Pam@CampFireFW.org.

Scholarship recipients will be notified the week of February 1.
Director & Business Topics

Child Development as it Relates to Child Care Administration
Camp Fire Staff

Participants will become familiar with running and providing a high quality early childhood program. We will discuss ages and stages of child growth and development, effective guidance techniques and classroom management techniques. Offered two dates for convenience.

Meets licensing standard 746.1311(c)(d) management techniques, leadership, staff supervision, CDA subject area 6

Texas Core Competency Area-
Implementing a developmentally appropriate curriculum and environment

8 Business Hours

Friday, January 8 or Friday, February 19
8:30 am – 5 pm
(1 hour lunch on your own)

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $65

Parent Participation
Camp Fire Staff

Participants will become familiar with family-centered child care, and learn strategies for building strong parent partnerships. Offered two dates for convenience.

Meets licensing standard 746.1311(c)(d) management techniques, leadership, staff supervision, CDA subject area 6

Texas Core Competency Area-
Instituting family and Community Centered Programming

8 Business Hours

Friday, January 15 or Friday, February 26
8:30 am – 5 pm
(1 hour lunch on your own)

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $65

Ethics
Camp Fire staff

The NAEYC Code of Ethics focuses on responsibilities to children, families and colleagues all toward supporting effective, high-quality and consistent programs. Come and learn how to reference the Code, engage in discussions and activities that help guide the decisions that impact the quality of child care. You will leave with information you can apply to your own program.

Meets licensing standard 746.1311(c)(d) management techniques, leadership, staff supervision, CDA subject area 6

Texas Core Competency Area-
Establishing and maintaining an effective organization, business and operations management

4 Business Hours

Friday, January 22 or Friday, March 4
8:30 am – 12:30 pm

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $35
Director & Business Topics

Child Care Administration
Camp Fire Staff

Child care administration covers many aspects of leadership. Join others and learn about the role of the director, budget management, and strategies for managing hiring, time wasters and staffing issues plus much more.

Meets licensing standard 746.1311(c) (d) management techniques, leadership, staff supervision, CDA subject area 6

Texas Rising Star Standards:
Establishing and maintaining an effective organization, business and operations management

8 Business Hours

Friday, January 29 or Friday, March 11
8:30 am – 5 pm
(1 hour lunch on your own)

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $65

Minimum Standards and Legal Issues
Camp Fire Staff

Participants will become familiar with the licensing requirements, develop procedures to handle emergencies and become aware of legal aspects affecting early childhood programs. Offered two dates for convenience.

Meets licensing standard 746.1311(c) (d) management techniques, leadership, staff supervision, CDA subject area 6

Texas Core Competency Area- Establishing and maintaining an effective organization, business and operations management.

8 Business Hours

Friday, February 5 or Thursday, March 24
8:30 am – 5 pm
(1 hour lunch on your own)

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $65

Staff Relations
Camp Fire Staff

Participants will learn to write job descriptions, understand recruiting and interviewing strategies and hiring procedures. Information will also be presented on how to retain and engage staff and building a stronger team. Offered two dates for convenience.

Meets licensing standard 746.1311(c) (d) management techniques, leadership, staff supervision, CDA subject area 6

Texas Core Competency Area- Human resource leadership and development

8 Business Hours

Friday, February 12 or Friday, April 1
8:30 am – 5 pm
(1 hour lunch on your own)

Camp Fire Resource Center
2700 Meacham Blvd
Fort Worth, TX 76137

Fee: $65
**Early Childhood Administrator’s Credential**

**Rolling ECMI - Start Anytime! Complete in Six Weeks**

Join the growing group of early childhood educators and directors who have been attending the Rolling ECMI class. Whether you are in need of training hours and would like to attend one day, or you are considering getting your credential, plan to attend this class and join in the lively discussions and meaningful information we share each week!

Classes are held Friday 8:30 am – 5 pm (1 hour lunch on your own)

Camp Fire Resource Center  
2700 Meacham Blvd  
Fort Worth, TX 76137

$500 for all six classes OR $65 per individual class

- Friday, January 8  
  ECMI Module 4 Child Development
- Friday, January 15  
  ECMI Module 5 Parent Partnerships
- Friday, January 22  
  ECMI Module 6 Ethics
- Friday, January 29  
  ECMI Module 1 Child Care Administration
- Friday, February 5  
  ECMI Module 2 Minimum Standards and Legal Issues
- Friday, February 12  
  ECMI Module 3 Staff Relations
- Friday, February 19  
  ECMI Module 4 Child Development
- Friday, February 26  
  ECMI Module 5 Parent Partnerships
- Friday, March 4  
  ECMI Module 6 Ethics
- Friday, March 11  
  ECMI Module 1 Child Care Administration
- Thursday, March 24  
  ECMI Module 2 Minimum Standards and Legal Issues
- Friday, April 1  
  ECMI Module 3 Staff Relations

**Onsite Training: Plan Your Staff In-Service Now!**

Benefits of booking Camp Fire onsite training for your team:

- Meet the specific needs of your team
- Create a training that is individualized- keep in mind what the staff already know and where they need to grow/improve
- You choose the topic to support your team’s needs
- Experienced and knowledgeable staff
- Flexible hours/days to meet your team’s needs
- Get specific feedback to improve and enhance your current environment.

You can pick any topic you see listed in the catalog or create your own training! Contact us for more details or to discuss options.
# Coach & Mentor Certification

## Coach & Mentor Certification Course

This 45-hour course is focused on increasing the skill of early childhood professionals who facilitate the professional growth of early education teachers.

This course is ideal for mentors, coaches, directors, assistant directors and any others who impact the work of early childhood education teachers.

Topics include:
- Adult learning styles and developmental stages of adult learners
- Coaching strategies
- Developmentally appropriate practices
- Effective classroom observations
- Targeted mentoring
- The gradual release model of responsibility
- Conducting classroom visits
- Giving feedback, creating action plans and reflective practices

Fee: $500 per person

You must attend all six classes to receive certification:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Session</th>
<th>Modules</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday January 22</td>
<td>9am - 5pm</td>
<td>1</td>
<td>I. Mentors: Who We Are &amp; What We Do: Explore the mentor role, characteristics and different perspectives of the mentor lens.</td>
<td>7 hours</td>
</tr>
<tr>
<td>Friday January 29</td>
<td>9am - 5pm</td>
<td>2</td>
<td>II. DAP- Infants, Toddlers &amp; Pre-K: Review the importance of developmentally appropriate practices and discuss the connections to the state guidelines.</td>
<td>7 hours</td>
</tr>
<tr>
<td>Friday February 12</td>
<td>9am - 5pm</td>
<td>3</td>
<td>III. Assessment Data &amp; Differentiated Instruction: Understand the significance of assessment data IV. Mentor Model &amp; Approaches: Discover the mentor model for working with teachers and the mentoring approaches to get the greatest results.</td>
<td>7 hours</td>
</tr>
<tr>
<td>Friday February 26</td>
<td>9am - 5pm</td>
<td>4</td>
<td>V. Targeted Mentoring VI. Gradual Release Model &amp; Facilitating Change: Learn how to focus the mentoring visits and facilitate lasting change in instructional practices.</td>
<td>7 hours</td>
</tr>
<tr>
<td>Friday March 18</td>
<td>9am - 5pm</td>
<td>5</td>
<td>VII. Classroom Visits with Focused Observations VIII. Reflection (Part 1): Preparing for the visit is a key element of a mentoring role. Discuss observing classroom practices during classroom visits and initiating the coaching conversation.</td>
<td>7 hours</td>
</tr>
<tr>
<td>Friday March 23</td>
<td>9am - 5pm</td>
<td>6</td>
<td>IX. Reflection (Part 2): Asking the right questions can guide teachers in becoming reflective in their daily instruction. Discuss closing the visit and developing the action plan.</td>
<td>7 hours</td>
</tr>
</tbody>
</table>

Total Course Hours: 42 hours

Course Exam Time: 3 hours

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**DID YOU SEE?!**

We have trainings for parents! If you have families who have been seeking out parenting resources, or you think would benefit from some additional support, these learning opportunities will be beneficial to share with them. Look for this symbol (PE) next to classes and share them with your families!

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Camp Fire Professional Learning Courses for Child Care Professionals
To register call 817-831-2111, ext. 145 or Training@CampFireFW.org
Professional Learning Registration Form

1. Copy this form as needed, 1 form per training event, and return completed form and registration fees to:
   Attn: Professional Learning Registrar
   Camp Fire First Texas
   2700 Meacham Blvd.
   Fort Worth, TX 76137

2. You may fax this form, along with your credit card information to: 817-806-5150. Faxes go directly to registrar.
   If you prefer, you can call in your registration and provide your credit card as payment.
   Call Debra Hanus at 817-831-2111, ext. 145 or Debra@CampFireFW.org.

3. Space is limited - first come, first served! You may call our office to confirm your registration.

4. Please include a check or money order payable to Camp Fire First Texas. We are unable to accept cash.

5. All payments are final. No refunds provided, but substitutions are available.

Please Print or Type or Register ONLINE at CampFireFW.org

Child Care Facility Name___________________________________________________________ Phone ________________________________

Address ____________________________________________________________________________

City ___________________ State ______ Zip _____________ County ________________________

Email________________________________________________________

Is your child care facility a: ☐ registered/licensed family home ☐ center ☐ other

Training Event Title:_________________________ Training Date: __________

Participant Names (attach more names as needed) Cost Per Person

1. ____________________________ __________________________ Yes ☐ __________

2. ____________________________ __________________________ Yes ☐ __________

3. ____________________________ __________________________ Yes ☐ __________

4. ____________________________ __________________________ Yes ☐ __________

5. ____________________________ __________________________ Yes ☐ __________

Amount Enclosed ________________ Check or Money Order #__________________________

Credit Card Information
☐ MasterCard ☐ Visa ☐ American Express ☐ Discover Card

Card Number: ____________________________ Expiration Date: ______ CVV2 Code: ______

Name on Credit Card (print): ____________________________________________________________

Signature of Cardholder: ____________________________ Phone Number: ____________________________

Purchase CEUs?
Add $15 per person
Available for Advanced Level Trainings ONLY
Our Promise
Young people want to shape the world. Camp Fire provides the opportunity to find their Spark, lift their voice, and discover who they are. In Camp Fire, it begins now.

Light the fire within

Saturday, April 2 • 9 am – 4 pm
First Baptist Church Arlington, 301 South Center Street, Arlington TX 76010

Camp Fire Early Childhood Conference
Neurons and New Experiences

Saturday, April 2 • Arlington

Four Tracks:
Infant, Toddler/2yr, Preschool and Director
• Build stronger interactions
• Provide higher-learning activities
• Enhance your classroom

Registration is NOW open
$50 by January 31; $60 after

BONUS break out session with Pam Schiller - limited spaces offered, additional $15

Register online at CampFireFW.org or call 817.831.2111