CT Outreach Society

Local Resources - Support Groups

Connecticut Outreach Society (COS)
P.O. Box 163 Farmington CT 06034
(860) 604-6343
E-mail: info@ctoutreach.org
Web page: http://www.ctoutreach.org

Promotes a positive self-image for cross-gendered individuals in the community and in the media.

The Connecticut TransAdvocacy Coalition
http://www.transadvocacy.com/
The Connecticut TransAdvocacy Coalition mission is to improve, through Political and Social Advocacy and Activism, societal attitudes and the law in order to achieve equal rights for the transgender and gender variant individuals and communities.

ConnecticutView
P.O. Box 2281 Devon, CT 06460
E-mail: MASON D@AOL.com
Web page: http://www.transgender.org/ctv/
Open Social and support group for straight, bi, gay, male or female, CD/TV/TS, their S.O.s, wives, and friends.

The Imperial Court of Connecticut
c/o Project 100, Inc.
1841 Broad Street
Hartford, CT 06114
(860) 724-5542
http://www.impcourt.org/icis/chapters/hartford.html

It's Time, Connecticut
It's Time, Connecticut! (ITCT) is a grass roots advocate on behalf of Transgender and other gender expressive people in Connecticut -- http://www.tgender.net/itct
ITCT is a chapter of It's Time, America! (ITA.)

Northeast Boyz & SOFFAs (The American Boyz)
351 Pleasant Street, PMB 130
Northampton, MA 01060
Email: www info@amboyz.org
http://www.amboyz.org
Phone: 413-585-9759
An Atlantic region support & social group for people who were born female but who feel that is not a complete or accurate assessment of who they are

Sunshine Club
P.O. Box 564
Hadley, MA 01035-0564
Monthly meetings at a church in Pioneer Valley area.
(413) 586-5004
E-Mail: av517@osfn.rhilinet.gov
Web page: http://www.thesunshineclub.org/

XX (Twenty) Club
P.O. Box 387 Hartford CT 06141-0387
E-mail: webperson@twentyclub.org
Web page: http://www.twentyclub.org/
XX Club is the TS peer support group of the Gender Identity Clinic of New England.

East Coast Female-to-Male Group (ECFTMG)
P.O. Box 60585
Florence Station
Northampton, MA 01062
(413) 584-7616
ECFTMG is a free peer support group since 1992 for all female-to-male transgendered, cross-dressers, transsexuals, and our significant others. We are all-inclusive, safe, and non-judgemental. We respect the right of each of us to decide our individual path, whatever that may be. We don't believe that there is any one "right way" to evolve as an FTM but that our diverse situations can be joined together in united community. It is this community that we build and for this community that we exist.

Recommended Reading

Stop by the COS Web Site for Amazon.com
Links to all of these books and more!

Transgendered (General)

Transgender Warriors : Making History from Joan of Arc to Dennis Rodman
by Leslie Feinberg
Paperback - 222 pages (June 1997) Beacon Pr; ISBN: 0807079413 ; Dimensions (in inches): 0.63 x 10.53 x 6.52

Confessions of a Gender Defender : A Psychologist's Reflections on Life Among the Transgendered by Randi Ettenner

ensure that the needs of Lesbian, Gay, Bisexual, Transgender, Intersex, and other sexual and gender minorities are competently met by those responsible for our education, health, and well-being.

Local Resources - Therapists

Gender Identity Clinic of New England (GICNE)
C/O Central Connecticut Counseling Associates
82 Vine Street, New Britain, CT 06052
(860) 225-4672
Initial Contact:
Dr. Kathleen Sterner, Ph.D. (860) 225-4672
Web page: http://www.gicne.org/
Provides screening for pre-operative TS applicants desirous of hormone therapy and for sex reassignment surgery approval for pre-operative TSs who have met the requirements of the Harry Benjamin international Gender Dysphoria Association's Standards of Care.

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More Recommended Reading

Transgendered (General)

Sex Changes: The Politics of Transgenderism
by Pat Califia

Gender Blending: Transvestism (Cross-Dressing), Gender Heresy, Androgyny, Religion & the Cross-Dresser, Transgender Healthcare, Free Expression, Sex
by Bonnie Bullough (Editor), Vern L. Bullough (Editor), James Elias (Editor)

Cross-dressing

Transformations: Crossdressers and Those Who Love Them
by Mariette Pathy Allen

Bert & Lori: The Autobiography of a Crossdresser
by Robert J. Rowe, Vern L. Bullough (Introduction)

Transsexualism

True Selves: Understanding Transsexualism- For Families, Friends, Coworkers, and Helping Professionals
by Mildred L. Brown, Chloe Ann Rounsley, Cloe Ann Rounsley (Contributor)

Transsexuals: Candid Answers to Private Questions
by Gerald, Phd Ramsey

Female-to-Male Issues

Stone Butch Blues: A Novel
by Leslie Feinberg
*Paperback* - 304 pages (March 1993) Firebrand Books; ISBN: 156341029X ; Dimensions (in inches): 0.60 x 8.44 x 5.50

Female Masculinity
by Judith Halberstam

Spouses and Significant Others

My Husband Betty: Love, Sex, and Life with a Crossdresser
by Helen Boyd
*Paperback* - 304 pages (January 2004), Thunder's Mouth Press; ISBN:1560255153; Dimensions (in inches) 0.85 x 8.95 x 5.97

My Husband Wears My Clothes: Crossdressing from the Perspective of a Wife
by Peggy J. Rudd

Gender / Queer Issues

Gender Outlaw: On Men, Women, and the Rest of Us
by Kate Bornstein

Read My Lips: Sexual Subversion and the End of Gender
by Riki Anne Wilchins
*Paperback* - 288 pages (September 1997) Firebrand Books; ISBN: 1563410907 ; Dimensions (in inches): 0.54 x 8.53 x 5.53

Pomosexuals: Challenging Assumptions About Gender and Sexuality
by Carol Queen (Editor), Lawrence Schimel (Editor)
*Paperback* - 180 pages (September 1997) Cleis Pr; ISBN: 1573440744 ; Dimensions (in inches): 0.63 x 8.54 x 5.52

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