Preschool Programs

New: Parent Child Playtime classes – great for ages 18 months to 3 years

These classes are designed to allow tots an opportunity to enjoy fun classes without all the structure, while having the comfort of a parent nearby. Learn, explore and play in a safe and fun environment. Classes are great for developing early social skills and gross motor skills with increasing physical challenges.

6 wks

The Music Circle: Early Childhood Music and Movement

Judy Lawrence. Come sing, dance, play, laugh and learn along with your little one. Age-appropriate songs and activities include musical games, stories, and instrument exploration. Each class will reflect music of the season, employing traditional children’s songs, sign language, folk, classical and world music. Adult attends class with child. Miss Judy has a Master’s Degree in music performance and 20 years of adventures teaching Early Childhood Music and Movement. She would love to share her joy and knowledge of music and children with you and your family. A $10 materials fee is payable to the instructor at the first class of each session. Parent/caregiver participation is required. No class on Nov 27. Recreation Center Kitchen.

Infants (0-18 mo)
Thu Jan 15-Feb 19 11-11:45a $72*

Toddlers (18 mo-3 yrs)
Thu Jan 15-Feb 19 10-10:45a $72*

Sports Shorts (Sports for Tots) 4 wks
Laura Rencher. Children ages 18 mo-3 yrs will have an opportunity to explore basic concepts of sports and develop skills like kicking, throwing, and hitting. We will explore movement through games and activities. We will also develop social skills such as how to take turns and how to follow directions. Recreation Center.

Wed Feb 11-Mar 4 9:30-10a $36*
Wed Mar 11-Apr 1 9:30-10a $36*

4 wks

Parent –Tot Gymnastics 5 wks/4 wks

Children ages 18 months to 36 months and their parents will work on their motor skills in a safe and playful environment. This class is child-led and loosely structured allowing parents and tots access to all gymnas- tics equipment for lots of fun and exploration. Parent participation is required and siblings are not allowed to participate unless they are registered for the class.

Tue Jan 20-Feb 10 9:30-10a $37*
Tue Mar 3-24 9:30-10a $37*

5 wks

Dance with Me-Movement and Music

Sara Milov of InMotion Performing Arts Studio. This instructor-led class is for parents and children, ages 1-3 1/2 using music, props, and instruments to explore movement. These classes are structured to stimulate coordination skills, listening skills, balance, music interpretation, creative movement and motor development in the young- est dancers. This program is an excellent introduction to the world of dance. InMotion Performing Arts Studio, Poulsbo.

Tue Jan 13-Feb 10 9:45-10:30a $55*
Tue Feb 24-Mar 24 9:45-10:30a $55*
Fairy Tale Ballet 5 wks
Sara Milov of InMotion Performing Arts Studio. Ages 3-5. Calling all princesses and ballerinas, princes and ballet dancers—here's a class just for you! Spend each week exploring different fairy tale stories through music and dance. Basic ballet movement, story and props will bring each story to life. Girls—tights, leotard & ballet shoes are recommended—not color or style specific. Boys—t-shirt and sweatpants or athletic shorts & ballet shoes are recommended.
No class Nov 25. InMotion Dance Studio, Poulsbo.
Tue Jan 13-Feb 10 10:30-11:15a $58* 
Tue Feb 24-Mar 24 10:30-11:15a $58*

Happily Ever After: Fairy Tale Ballet II
Sara Milov of InMotion Performing Arts Studio. Ages 3-5, with instructor permission. This class is for those dancers who are ready to take the next step in dance. Dancers who have completed several sessions of fairy tale ballet or with permission from Miss Sara or Miss Chris will dance and move in a stimulating environment focused on creativity, group interaction and the joy of self-expression. Class will continue to use stories and props. Girls—tights, leotard & ballet shoes are recommended—not color or style specific. Boys—t-shirt and sweatpants or athletic shorts & ballet shoes are recommended.
InMotion Dance Studio, Poulsbo.
Tue Jan 13-Feb 10 11:15a-12n $58* 
Tue Feb 24-Mar 24 11:15a-12n $58*

Storybook Cooking 4 wks
Laura Rencher. Children ages 3-5 will enjoy this class as we explore the world of cooking through storybooks. Each week we will listen to a fun story and then use the story’s theme to create our cooking project. In addition to cooking, we will also make an art project and do an activity. This is a great way to introduce your child to cooking without having to worry about cleaning up your kitchen.
All materials are included. Recreation Center Kitchen.
Wed Feb 25-Mar 18 10:30-11:30a $69* 

Creative Messy Painting
Colleen Doeleman. This class is designed for parents with children ages 2 1/2 years and older (and their parent or grandparent) who wish to explore the world of creative colors while making a mess! Your little loved ones will get a chance to create many fun messy art projects, while satisfying their natural curiosity and stimulating their imaginations. Painting is a fun and wonderful way to express creativity and imagination, while building self-esteem. Winter projects will include Painted Valentines, Leprechaun Hats and many other exciting projects. Parent participation is required. A $35 materials fee is payable to the instructor at the first class of each session. Recreation Center Kitchen.
Fri Feb 6-Mar 13 9:45-10:30a $71

Colleen Doeleman is an artist with many years of experience. Some younger children may need a little extra help with a few of these projects, so some parent participation is required. Day care and home-schooled children are encouraged to join in the fun.

Drop-ins for Creative Messy Painting
Drop-ins for these classes are those older students with a no-school day who have younger siblings already enrolled in Creative Messy Painting. Please enroll older siblings ASAP to ensure that class supplies will be available. An additional supply fee of a few dollars may apply.
Fee: $12

Poulsbo Library Children’s and Family Programs
The Poulsbo Branch of the Kitsap Regional Library is located at 700 Lincoln Rd NE in Poulsbo. For more information on their programs, call them at (360) 779-2915, or visit their website at www.krl.org. All programs are free. The library will be closed Jan 1 & 19, and Feb 16.

Storytimes: Stories, songs, puppets and flannel board tales for children ages 0-6 years.
Winter Storytime programs run Jan 5-Mar 20.
Baby (1-18 mo) Tue 1p 
Toddlers (18 mo-3) Wed 10:30a AND 11:30a 
Preschool (3-5) Tue 10:30a AND 11:30a 
Pajama (3-6) Mon 7p
Learn & Grow Preschool

Classes available!!

Learn & Grow
PRESCHOOL

Poulsbo Parks & Recreation Center

CITY OF POULSBO PARKS & RECREATION

PHONE: 360.779.9898
EMAIL: parkrec@cityofpoulsbo.com
WEB: CityOfPoulsbo.com/parks/parks.htm

PHYSICAL ADDRESS:
35540 Front St. NE
Poulsbo, WA 98370

MAILING ADDRESS:
200 NE 7th St.
Poulsbo, WA 98370

TWEENERS (age 3 by 8/31/14)
T/Th 9:30-11:30a $55*/$144**

PRE-K (age 4 by 8/31/14)
M/W/F 9:30a-12n $60*/$221**

* Registration Fee
** Monthly Tuition

Join in the fun!
Time for 3’s

Learn & Grow Preschool is offering a new program for children just turning 3! The program will encourage your child to explore the world around them while learning to play with other children in a small and comfortable setting. Classes involve a variety of fun and nurturing activities including story time, art, science, discovery, music and movement. There are two teachers in the program.

The Learn & Grow Preschool is located in the Poulsbo Parks and Recreation Center at 19540 Front Street in Poulsbo.

A registration/supply fee of $25 is due at the time of registration. There is a minimum of 6 needed for this class. Please register by Jan. 29.

For more information please stop by or contact Preschool Coordinator Amy McCollum at 360-779-9898.

T & Th  Feb 3-Jun 11  12:30-2:30p  $135 mo

Discovery Yoga
Samantha Simons, 200RYT. Children ages 4-6 will enjoy the wide world of yoga in classes designed around the 8 Multiple Intelligences, allowing each child to explore in a way that makes sense to them. Each class incorporates a variety of physical postures, games, stories, partner work, and relaxation. Students will learn skills they can carry off the mat, enriching development of the whole child. You may bring your own mat or check one out at the beginning of class. Samantha is certified in ChildLight Yoga, OM Schooled Yoga, and Kunga Yoga with experience teaching inside the classroom and out. Recreation Center or InMotion Performing Arts Studio.
Thu Jan 29-Mar 5 10-11a $52*

Registration for Learn & Grow Preschool for the 2015-2016 school year will begin Tuesday, April 14, 2015, 8 am.

<table>
<thead>
<tr>
<th>Classes Available:</th>
<th>Class Days and Time</th>
<th>Registration Fee &amp; Monthly Tuition</th>
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<tbody>
<tr>
<td>Pre K (age 4 by 8/31/2015)</td>
<td>M/W 9:30-12n</td>
<td>$55 reg fee $149 mo.</td>
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<td>MWF 12:45-3:15p</td>
<td>$60 reg fee $221 mo.</td>
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<td>Tweens (age 3 by 8/31/2015)</td>
<td>M/W 9:30-11:30a</td>
<td>$55 reg fee $144 mo.</td>
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<td>T/Th 12:30-2:30p</td>
<td>$55 reg fee $144 mo.</td>
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<tr>
<td>Tots (age 2 by 3/31/2015)</td>
<td>Friday 9:30-11:30a</td>
<td>$40 reg fee $72 mo.</td>
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### Preschool Programs

**Parent –Tot Gymnastics**
Children ages **18 months to 36 months** and their parents will work on their motor skills in a safe and playful environment. This class is child-led and loosely structured allowing parents and tots access to all gymnastics equipment for lots of fun and exploration. **Parent participation is required and siblings are not allowed to participate unless they are registered for the class.**

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**Tumbling Tot Gymnastics**
3-year-olds will use gymnastics equipment and be introduced to the basic skills of gymnastics. Focus is on developing coordination, strength, balance and flexibility. We will also develop social skills such as how to take turns, how to follow directions and how to work with others. **This is a fully structured class. Parent participation is encouraged if necessary.**

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**Kindergym**
Gymnastics fun for **ages 4-6**. Students will be introduced to basic tumbling, balance beam, bar work, vaulting technique, rings and rope. **Class focus is on coordination, strength and spatial awareness. No class Feb 16.**

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**Sports Shorts (Sports for Tots)** 4 wks
Laura Rencher. Children age **18 mo-3 yrs** will have an opportunity to explore basic concepts of sports and develop skills like kicking, throwing, and hitting. **We will explore movement through games and activities. We will also develop social skills such as how to take turns and how to follow directions. Recreation Center.**

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**Parents Night Out**
**Saturday’s 5-9pm**
**Sept 27, Nov 1 & Feb 14**
**$30**

At InMotion in Poulsbo,
**Fun & Games for kids 2–12 while parents have time for themselves.**

**Momentum, InMotion’s Competitive dance team, is raising money for 2015 National Competition in Texas. Please call InMotion at 360-779-7090 to register for more info.**
Pre-school Sports: Soccer & Basketball
Laura Rencher. This program is designed to inspire an interest and introduction to physical sports for ages 3-6. Are you ready to let the kids burn some energy through games and activities? Children will have an opportunity to explore basic concepts of sports and develop skills like kicking, throwing, and hitting. We will practice skills for development into soccer, tee-ball, and basketball. We will also develop social skills such as taking turns, following directions and playing with others. If the class you want is full, please make sure you are added to the waitlist; additional staff or classes may be added. Most classes are held rain or shine. No class on Nov 26. Soccer will be held at Raab Park. Basketball will be held at Poulsbo Elementary Multi-Purpose Room.

Mighty Mights Basketball- Age 3
Children MUST be age 3 by Aug 1, 2014
Wed Feb 11-Mar 11 5p-5:30p $46*

Mighty Mights Basketball- Age 4-5
Wed Feb 11-Mar 11 4:05-4:50p Tue Mar 3-31 5-5:45 $56*

Mighty Mights Basketball – LEVEL II
Same class as After School Basketball for K-2nd
Laura Rencher/Carolyn Slade. This class is for younger students who are just starting to develop their basketball skills, but are not ready for league and competitive team play. Also for those preschool kids that have completed Mighty Midgets Basketball level 1 and can dribble a basketball while moving.

Poulsbo Elementary
Wed Feb 11-Mar 11 3:10-3:55p $56* Tue Mar 3-31 4-4:45p $56*

Gordon Elementary

Samurai: Karate for Preschoolers
UKO staff. In this fun Karate class for ages 4-6, we’ll learn beginning blocks, kicks, and punches, along with proper classroom behavior. We practice balance, self control, and coordination exercises. We also discuss teamwork, good manners, never giving up, positive pretending, and other personal success attitudes and skills. Students may test for a belt at the end of the session. Classes are 30 minutes, twice per week. No class on Dec 22, 24, 29, 31, Jan 19, Apr 6, 8. Students may purchase a Karate Uniform from the instructor for $40.

West Sound Academy.
Free introductory class Nov 24 – Must preregister with Poulsbo Parks & Recreation.
Mon & Wed Dec 1-Feb 9 5:30p-6p $157* +
+Parents may pay in 2 payments; 2nd payment due no later than Jan 8.

Free introductory class Feb 18 – Must preregister with Poulsbo Parks & Recreation.
Mon & Wed Feb 23-Apr 22 5:30p-6p $157* +
+Parents may pay in 2 payments; 2nd payment due no later than Mar 20.