Welcome...

Vancouver pharmacist, Mr. Harlan Lahti, established Biomed International Products Corporation in 1995. Biomed was developed as a manufacturer and distributor of specialty supplements for exclusive use by experienced health care practitioners. Terra-Medica is the USA affiliate of the successful Biomed company.

Mr. Terry Cotter, President of Biomed and Terra-Medica, is a science educated business professional with expertise in outreach, education, enterprise growth and public policy development. Together, Harlan and Terry pursue all aspects of proven therapy options globally. Watch for a continuing delivery of new nutritional compounding development and European Biological Medicine innovations.


Biomed products and programs are a reflection of a preventative, regenerative, integrative and individualized care philosophy. Our products, programs and education are valued by a broad segment of the integrative medicine field (MD, ND, DC, DO, ENS, LAc, TCM, RN, nutritional consultants, and a variety of therapists, psychiatrists and psychologists).

Education is an integral part of the company’s activity. Biomed works closely with European leaders in integrated and holistic medical paradigms in Switzerland and Germany. The metaphysical principles taught here are found in their Biological Medicine approaches. Harlan and Terry are dedicated to bringing education and collaboration between these continents.

Biomed focuses on new science and formulation while continuing to bring the horizon closer to you, so you can focus on the health of your patients and the community.

Terry Cotter, President, and Harlan Lahti, Chairman, are proud to bring science-based formulations and Europe’s Biological Medicine innovations to North American practitioners.
Contents

Product Index ........................................... 2
Biomed Supplements ............................... 5
  Tools and Reference Materials .................. 22
Food Nutrient Series ............................... 23
  Tools and Reference Materials ................. 26
Nestmann Pharma ..................................... 27
  Tools and Reference Materials ................. 41
Dr. Günther Enderlein ............................. 42
Pleo Sanum ............................................ 43
  Tools and Reference Materials ................. 60
Rubimed .................................................. 63
  Tools and Reference Materials ................. 76
Intestinal Rebuilding Program .................... 78
Practitioner and Patient Support Materials ... 79
Botanical Cross Reference:
  Botanical Name to Remedy Name ............. 81
Botanical Cross Reference:
  Common Name to Remedy Name ............... 84
Pleo Sanum Cross Reference:
  Microbiological Name to Remedy Name ....... 87
Weights, Measures and
Dosage Abbreviations ............................ 89
Glossary ............................................... 90
Product Application Guide ....................... 92

This information is for informed health care practitioner use only. The statements in this catalogue have not been evaluated by Health Canada. These products are not intended to diagnose, treat, cure, prevent any disease, replace traditional treatment, or for use outside of your jurisdictional health care guidelines.
# Product Index

<table>
<thead>
<tr>
<th>Product</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>3C (Complete Colon Cleanse)</td>
<td>6</td>
</tr>
<tr>
<td>A-Hepatica</td>
<td>28</td>
</tr>
<tr>
<td>Absinthium</td>
<td>28</td>
</tr>
<tr>
<td>Adrenum</td>
<td>29</td>
</tr>
<tr>
<td>Aesculus</td>
<td>29</td>
</tr>
<tr>
<td>Alkatab</td>
<td>6</td>
</tr>
<tr>
<td>AllerEase</td>
<td>6</td>
</tr>
<tr>
<td>Allernest</td>
<td>30</td>
</tr>
<tr>
<td>An-X-Vita</td>
<td>74</td>
</tr>
<tr>
<td>ASF (Adrenal Support Formula)</td>
<td>6</td>
</tr>
<tr>
<td>Asta-X-Krill</td>
<td>7</td>
</tr>
<tr>
<td>Avena Sativa</td>
<td>30</td>
</tr>
<tr>
<td>B-Complex</td>
<td>7</td>
</tr>
<tr>
<td>Basic Powder</td>
<td>7</td>
</tr>
<tr>
<td>Basictab</td>
<td>8</td>
</tr>
<tr>
<td>Bio Boost</td>
<td>31</td>
</tr>
<tr>
<td>Biorella</td>
<td>31</td>
</tr>
<tr>
<td>BioThy</td>
<td>8</td>
</tr>
<tr>
<td>Biozyme</td>
<td>8</td>
</tr>
<tr>
<td>BoneSure</td>
<td>9</td>
</tr>
<tr>
<td>Broncha</td>
<td>32</td>
</tr>
<tr>
<td>Bucco</td>
<td>32</td>
</tr>
<tr>
<td>Cactus</td>
<td>33</td>
</tr>
<tr>
<td>Calcium &amp; Magnesium 1:1</td>
<td>9</td>
</tr>
<tr>
<td>Calcium &amp; Magnesium 2:1</td>
<td>9</td>
</tr>
<tr>
<td>Cardunara</td>
<td>33</td>
</tr>
<tr>
<td>Carduus</td>
<td>34</td>
</tr>
<tr>
<td>Chavita 1</td>
<td>65</td>
</tr>
<tr>
<td>Chavita 2</td>
<td>66</td>
</tr>
<tr>
<td>Chavita 3</td>
<td>67</td>
</tr>
<tr>
<td>Chavita 4</td>
<td>68</td>
</tr>
<tr>
<td>Chavita 5</td>
<td>70</td>
</tr>
<tr>
<td>Chavita 6</td>
<td>71</td>
</tr>
<tr>
<td>Chavita 7</td>
<td>72</td>
</tr>
<tr>
<td>Cilantrex</td>
<td>34</td>
</tr>
<tr>
<td>Clearizyme</td>
<td>10</td>
</tr>
<tr>
<td>Cogniplex</td>
<td>10</td>
</tr>
<tr>
<td>Complete C</td>
<td>24</td>
</tr>
<tr>
<td>Co-Q10 Supreme</td>
<td>10</td>
</tr>
<tr>
<td>Crataegus</td>
<td>35</td>
</tr>
<tr>
<td>Digestizyme</td>
<td>10</td>
</tr>
<tr>
<td>Emvita 1</td>
<td>65</td>
</tr>
<tr>
<td>Emvita 2</td>
<td>65</td>
</tr>
<tr>
<td>Emvita 3</td>
<td>66</td>
</tr>
<tr>
<td>Emvita 4</td>
<td>66</td>
</tr>
<tr>
<td>Emvita 5</td>
<td>66</td>
</tr>
<tr>
<td>Emvita 6</td>
<td>67</td>
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<tr>
<td>Emvita 7</td>
<td>67</td>
</tr>
<tr>
<td>Emvita 8</td>
<td>67</td>
</tr>
<tr>
<td>Emvita 9</td>
<td>68</td>
</tr>
<tr>
<td>Emvita 10</td>
<td>68</td>
</tr>
<tr>
<td>Emvita 11</td>
<td>68</td>
</tr>
<tr>
<td>Emvita 12</td>
<td>69</td>
</tr>
<tr>
<td>Emvita 13</td>
<td>69</td>
</tr>
<tr>
<td>Emvita 14</td>
<td>69</td>
</tr>
<tr>
<td>Emvita 15</td>
<td>69</td>
</tr>
<tr>
<td>Emvita 16</td>
<td>70</td>
</tr>
<tr>
<td>Emvita 17</td>
<td>70</td>
</tr>
<tr>
<td>Emvita 18</td>
<td>70</td>
</tr>
<tr>
<td>Emvita 19</td>
<td>71</td>
</tr>
<tr>
<td>Emvita 20</td>
<td>71</td>
</tr>
<tr>
<td>Emvita 21</td>
<td>71</td>
</tr>
<tr>
<td>Emvita 22</td>
<td>72</td>
</tr>
<tr>
<td>Emvita 23</td>
<td>72</td>
</tr>
<tr>
<td>Emvita 24</td>
<td>72</td>
</tr>
</tbody>
</table>
Ester-C® Premium ........................................ 11
Ester-C® .................................................. 11
Emvita 28 .................................................. 73
Emvita 27 .................................................. 73
Emvita 26 .................................................. 73
Emvita 25 .................................................. 73
Frangula ................................................... 36
GastroEase+ ................................................ 11
Geovita .................................................... 74
HeparPlex .................................................. 11
Hydrastis Nasal Drops .................................. 36
IMX .......................................................... 12
Lactobacillus Sporogenes .................................. 12
Lapp .......................................................... 37
Ligaflex ...................................................... 12
Lipidzyme ................................................... 12
Liquid Iron .................................................... 13
Luffa tabs .................................................... 37
Luvos® Caps ................................................ 13
Luvos® (powder) .......................................... 13
Lycopus ..................................................... 38
Lymph-a-Derm .............................................. 14
Lymph-A-Drop .............................................. 38
Mag-Citrate .................................................. 14
Menoplex ..................................................... 14
MSM-GLS+ ................................................... 14
MultiFem ..................................................... 15
MultiNatal ..................................................... 15
Multi Supreme .............................................. 16
Multivitamin & Mineral .................................... 24
Mycolimmune .............................................. 16
N-A-G (N-acetyl-glucosamine) ......................... 17
Neuraplex ..................................................... 17
NPF Mono ..................................................... 17
NPF (Natural Pain Formula) ............................. 18
Nurovita ..................................................... 74
Optimum B12F .............................................. 18
Oxoplex Caps ............................................... 19
Paravita ....................................................... 75
Parasagus .................................................... 19
pH papers ..................................................... 45
Pleo ALB (Albicansan) .................................... 45
Pleo ALKALA ‘N’ powder ................................. 45
Pleo ART ‘A’ (Arthrookehan ‘A’) ......................... 45
Pleo ART ‘U’ (Arthrookehan ‘U’) ......................... 45
Pleo CAL (Calvakehl) ..................................... 45
Pleo CERIVI (Cenrivekhi) ................................. 46
Pleo CHELATE .............................................. 46
Pleo CHYRS (Chrysocor) .................................. 46
Pleo CITRO (Citrokehli) .................................. 46
Pleo CUP (Cuprukehl) .................................... 47
Pleo EX (Ezmykehl) ........................................ 47
Lymph-A-Drop .............................................. 38
Mag-Citrate .................................................. 14
Menoplex ..................................................... 14
MSM-GLS+ ................................................... 14
MultiFem ..................................................... 15
MultiNatal ..................................................... 15
Multi Supreme .............................................. 16
Multivitamin & Mineral .................................... 24
Mycolimmune .............................................. 16
N-A-G (N-acetyl-glucosamine) ......................... 17
Neuraplex ..................................................... 17
NPF Mono ..................................................... 17
NPF (Natural Pain Formula) ............................. 18
Nurovita ..................................................... 74
Optimum B12F .............................................. 18
Oxoplex Caps ............................................... 19
Paravita ....................................................... 75
Parasagus .................................................... 19
pH papers ..................................................... 45
Pleo ALB (Albicansan) .................................... 45
Pleo ALKALA ‘N’ powder ................................. 45
Pleo ART ‘A’ (Arthrookehan ‘A’) ......................... 45
Pleo ART ‘U’ (Arthrookehan ‘U’) ......................... 45
Pleo CAL (Calvakehl) ..................................... 45
Pleo CERIVI (Cenrivekhi) ................................. 46
Pleo CHELATE .............................................. 46
Pleo CHYRS (Chrysocor) .................................. 46
Pleo CITRO (Citrokehli) .................................. 46
Pleo CUP (Cuprukehl) .................................... 47
Pleo EX (Ezmykehl) ........................................ 47
Pleo FORM (Forasansan) ................................. 47
Pleo FORT (Fortakehl) .................................... 47
Pleo GINKGO (Ginkgobakehl) ............................ 47
Pleo GRIF (Grifokehl) .................................... 48
Pleo LARI (Larlikehl) ..................................... 48
Pleo LAT (Latensin) ........................................ 48
Pleo LEPTU (Leptugin) .................................... 48
Pleo MUC (Mucokhehl) ................................... 48
Pleo MUC (Mucokhehl) Eye Drops ..................... 49
Pleo MUC EX (Mucokhehlex) ............................ 49
Pleo MUCEDO (Mucedokhehl) ......................... 49
Pleo MUSCAR (Moscaransan) ......................... 49
Pleo NIG (Nigersan) ........................................ 49
Pleo NIG EX (Nigersan Atox) ......................... 49
Pleo NOT (Notakehl) ...................................... 50
Pleo NOTA-QUENT (Notakehl-Quentakehl) ........ 50
Pleo OKU (Okoubasans) ................................ 50
Pleo ORYZAE (Sanoryzae) .............................. 50
Pleo PEF (Pefakehl) ...................................... 50
Pleo PIN (Pinikehl) ....................................... 51
Pleo POLY ‘A’ (Polysan ‘A’) ............................. 51
Pleo POLY ‘D’ (Polysan ‘D’) ............................. 51
Pleo POLY ‘DX’ (Polysan ‘DX’) ......................... 51
Pleo POLY ‘E’ (Polysan ‘E’) ............................. 52
Pleo POLY ‘G’ (Polysan ‘G’) ............................. 52
Pleo POLY ‘K’ (Polysan ‘K’) ............................. 52
Pleo POLY ‘M’ (Polysan ‘M’) ............................. 52
Pleo POLY ‘OM’ (Polysan ‘OM’) ....................... 52
Pleo POLY ‘R’ (Polysan ‘R’) ............................. 52
Pleo POLY ‘T’ (Polysan ‘T’) ............................. 52
Pleo QUENT (Quentakehl) .............................. 53
Pleo REB (Rebas) ......................................... 53
Pleo REC (Recarcin) ..................................... 53
Pleo RELIVORA (Relivora) ............................. 53
Pleo RUB (Rubercehl) .................................... 54
Pleo SAN ACNE (Sanukehl Acne) ..................... 54
Pleo SAN BRUCEL (Sanukehl Brucel) ................ 54
Pleo SAN CAND (Sanukehl Cand) ..................... 55
<table>
<thead>
<tr>
<th>Product Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pleo SAN COLI (Sanukehl Coli)</td>
</tr>
<tr>
<td>Pleo SAN GER (Sanumgerman)</td>
</tr>
<tr>
<td>Pleo SAN KLEBS (Sanukehl Klebs)</td>
</tr>
<tr>
<td>Pleo SAN MYC (Sanukehl Myc)</td>
</tr>
<tr>
<td>Pleo SAN PROT (Sanukehl Prot)</td>
</tr>
<tr>
<td>Pleo SAN PSEU (Sanukehl Pseu)</td>
</tr>
<tr>
<td>Pleo SAN SALM (Sanukehl Salm)</td>
</tr>
<tr>
<td>Pleo SAN SERRa (Sanukehl Serra)</td>
</tr>
<tr>
<td>Pleo SAN STAPH (Sanukehl Staph)</td>
</tr>
<tr>
<td>Pleo SAN STREP (Sanukehl Strep)</td>
</tr>
<tr>
<td>Pleo SAN TRICH (Sanukehl Trich)</td>
</tr>
<tr>
<td>Pleo SANCOM (Sanukehl Trich)</td>
</tr>
<tr>
<td>Pleo SANUVIS (Sanuvis)</td>
</tr>
<tr>
<td>Pleo SELENE (Selenokehl)</td>
</tr>
<tr>
<td>Pleo SPERMUS (Leptospermusan)</td>
</tr>
<tr>
<td>Pleo STOLO (Stolonikehl)</td>
</tr>
<tr>
<td>Pleo STROPH (Strophanthus)</td>
</tr>
<tr>
<td>Pleo THYM (Thymokehl)</td>
</tr>
<tr>
<td>Pleo USNEA (Usneabasan)</td>
</tr>
<tr>
<td>Pleo USTI (Ustilakehl)</td>
</tr>
<tr>
<td>Pleo UT (Utilin)</td>
</tr>
<tr>
<td>Pleo UT 'S' (Utilin 'S')</td>
</tr>
<tr>
<td>Pleo VER (Verrukehl)</td>
</tr>
<tr>
<td>Pleo ZINC (Zinkokehl)</td>
</tr>
<tr>
<td>Polygonum</td>
</tr>
<tr>
<td>Premium D1000</td>
</tr>
<tr>
<td>Probiotic 7-in-1</td>
</tr>
<tr>
<td>RR Formula</td>
</tr>
<tr>
<td>Rubus</td>
</tr>
<tr>
<td>Sabal Serrulatum</td>
</tr>
<tr>
<td>Simvita</td>
</tr>
<tr>
<td>Solidago</td>
</tr>
<tr>
<td>Super B</td>
</tr>
<tr>
<td>Taraxa</td>
</tr>
<tr>
<td>The Right C®</td>
</tr>
<tr>
<td>The Right C® Enhanced</td>
</tr>
<tr>
<td>Thymus EG</td>
</tr>
<tr>
<td>Varicare</td>
</tr>
</tbody>
</table>
Biomed Supplements

Biomed Supplements are unique formulations that contain clinically proven ingredients and are targeted to achieve therapeutic compliance and efficacy. They have been developed to meet specifications requested by professionals. Biomed presents a comprehensive line that is continuously being expanded as technology and science bring forward new thinking and nutritional evidence. The products within the Biomed Supplement line complement the other product lines we distribute.

Biomed is committed to providing products that meet or exceed applicable quality control standards. Raw materials and final formulation are sourced from suppliers located around the world. All products are manufactured under stringent good manufacturing practices (GMP) guidelines and are rigorously and regularly tested for product efficacy and quality. We utilize independent third party testing and quality control laboratory practices for both raw materials and finished products.

Biomed Supplements have been the strength of the company’s success for over two decades. Our health care practitioners and their patients can be assured of product consistency, potency, reliability and suitability for vegetarians.
### 3C (Complete Colon Cleanse)

**Intestinal Health, Bowel Cleanse, Constipation**

3C (Complete Colon Cleanse) is used for gastrointestinal detoxification support. It contains excellent sources of fiber for proper bowel cleansing, as well as anti-microbial and demulcent herbs that help to heal the gastrointestinal tract. In addition, the probiotic (Lactobacillus sporogenes) supports re-establishment of healthy intestinal flora.

**Ingredients:**

*Each vegetarian capsule contains:*

- Borage (Borago officinalis) ........................................ 150 mg
- Fenugreek (Trigonella foenum-graecum) .......................... 25 mg
- Flax (Linum usitatissium) .......................................... 150 mg
- Glucomannan (Amorphophallus konjac) ............................. 50 mg
- Marshmallow root (Althaea officinalis) .......................... 25 mg
- Oat bran (Avena sativa) ............................................ 150 mg
- Papain (2000 PU/g) ................................................... 5 mg
- Plum (Prunus domestica) .......................................... 30 mg
- Slippery elm (Ulmus rubra) ......................................... 25 mg
- Triphala (a blend of Amla (Emblica officinalis) and Haritaki (Chebulic myrobalan)) ........................................... 150 mg

*Suitable for vegetarians.*

**Dosage:** Take three to six capsules with 8 oz. of water two times a day as directed by a health care practitioner.

120 capsules **Item Code:** 11110

### Alkatab

**Anti-inflammatory, Acid-Base Balance**

Alkatab is pharmaceutical grade sodium bicarbonate for decreasing acute inflammatory processes due to food and environmental allergies. It is used to reduce excessive acidity and can assist in relief from allergies and asthma.

**Ingredients:**

*Each tablet contains:*

- Sodium bicarbonate .................................................. 1000 mg

*Suitable for vegetarians.*

**Dosage:** Take one tablet two to three times daily for 10 days or as directed by a health care practitioner.

90 tablets **Item Code:** 11150

### AllerEase

**Allergies**

This potent and natural formula provides relief for hay fever or seasonal allergic rhinitis, and is a safe alternative to over-the-counter anti-histamines.

**Ingredients:**

*Each vegetarian capsule contains:*

- Methylsulfonylmethane (MSM) ...................................... 650 mg
- Grape seed (Vitis vinifera L.) extract* ............................ 100 mg
  *Standardized to contain 12% catechins.

*Suitable for vegetarians.*

**Dosage:** Take two capsules two times a day with food or as directed by a health care practitioner.

120 capsules **Item Code:** 10745

### ASF (Adrenal Support Formula)

**Adrenal Support**

This unique vitamin and botanical combination is designed to improve adrenal function by supplying essential nutrients utilized by the adrenal glands in the regulation of both physical and emotional stress. It is an ideal stress formula and can be used for adrenal fatigue, exhaustion, sleeplessness, depression, anxiety and for weight gain related to stress.

**Ingredients:**

*Each vegetarian capsule contains:*

- Eleuthrococcus senticosus (Siberian gineseng) ............... 100 mg
- Glycercrhiza glabra (Llicorice) .................................. 100 mg
- Rhodiola rosea (Artic root) 3% rosavins .................... 100 mg
- Vitamin B5 (calcium pantothenate) ............................. 200 mg
- Vitamin C (calcium ascorbate) ................................. 50 mg

*Suitable for vegetarians.*

**Dosage:** Take one capsule a day or if under stress, take two to three capsules a day or as directed by a health care practitioner.

90 capsules **Item Code:** 10707
Asta-X-Krill
Cardiovascular, Anti-inflammatory

Asta-X-Krill is a combination of Neptune Krill Oil (NKO®) and AstaREAL’s astaxanthin. With naturally high levels of Omega-3s, Asta-X-Krill has the highest bioavailability, absorption and assimilation of Omega-3s (DHA and EPA) compared to other krill and fish oils. NKO® and astaxanthin have been rigorously researched with strong scientific validation for proven safety and efficacy, and have clinically proven health benefits.

Omega-3s are known for their cardiovascular and anti-inflammatory properties in addition to supporting the normal development of the brain, eyes and nerves. Astaxanthin, as an antioxidant, prevents free radical cellular damage and protects from inflammation and cardiovascular and neurodegenerative disease. The combination of krill oil and astaxanthin reduces chronic inflammation, arthritic and osteoarthritic symptoms, and can be used in cases of high cholesterol, hypertension, hyperlipidemia, PMS, dysmenorrhea, ADHD (adult), eye fatigue, wrinkles, dyspepsia, gastritis, Type II diabetes, and for muscle recovery and endurance.

Ingredients:

Each capsule contains:

- Neptune Krill Oil (NKO®) (Euphasia Superba) .......... 500 mg
- That contains:
  - Total Omega-3 fatty acids ................................................. 150 mg
  - DHA (Docosahexanoic acid) .................................................. 45 mg
  - EPA (Eicosapentaenoic acid) ............................................... 75 mg
  - Haematococcus pluvialis (AstaREAL® L10*) .................. 40 mg
  * 10% Astaxanthin, equivalent to 6 mg Astaxanthin

Dosage: Adults: Take one to two caps twice daily or as directed by a health care practitioner.

60 capsules  Item Code: 11280

B-Complex
Stress Management

B-Complex provides an optimal blend of B-vitamins and supporting lipotrophic factors to help in regulating the body’s metabolic functions and supports the body during increased stress.

Ingredients:

Each vegetarian capsule contains:

- Vitamin B1 (thiamine hydrochloride) .......................... 50 mg
- Vitamin B2 (riboflavin) .................................................. 50 mg
- Vitamin B3 (niacinamide) ............................................. 50 mg
- Vitamin B5 (D-pantothenic acid) .................................. 50 mg
- Vitamin B6 (pyridoxine hydrochloride) ....................... 50 mg
- Vitamin B12 (cyanocobalamin) ................................. 50 µg
- Biotin .......................................................... (50 µg)
- Folate (folic acid) ......................................................... 0.4 mg
- Choline (bitartrate) ....................................................... 50 mg
- Inositol ........................................................................ 50 mg
- Para-aminobenzoic acid (PABA) ............................... 50 mg

Suitable for vegetarians.

Dosage: Take one capsule a day with food or as directed by a health care practitioner.

60 capsules  Item Code: 10755

Basic Powder
Acid-Base Balance

Basic Powder supports the body in its ability to compensate for acid overload and achieve a pH balanced milieu.

Ingredients:

Each teaspoon (4 grams) contains:

- Calcium (calcium carbonate) ................................. 1550 mg
- Magnesium (magnesium carbonate) .................. 930 mg
- Potassium (potassium bicarbonate) .................... 155 mg
- Sodium (sodium bicarbonate) .......................... 1240 mg

*Elemental mineral amount shown

Suitable for vegetarians.

Dosage: Adult: Take 1/2 to 1 teaspoon mixed with warm water on an empty stomach (20 minutes before eating or 2 hours after eating) up to three times daily or as directed by a health care practitioner.

250 grams  Item Code: 10845
Basictab
Acid-Base Balance
Basictab supports the body in its ability to compensate for acid overload and achieve a pH balanced milieu. Tablet form allows for increased compliance in some patients.

**Ingredients:**

*Each tablet* contains:

- Calcium (calcium carbonate) ...................................... 103 mg
- Magnesium (magnesium carbonate) ........................... 45 mg
- Potassium (potassium bicarbonate) ............................ 10 mg
- Sodium (sodium bicarbonate) ................................. 57 mg

*Elemental mineral amount shown

**Suitable for vegetarians.**

**Dosage:** Take 2 to 4 tablets in warm water on an empty stomach (20 minutes before eating or 2 hours after eating) up to three times daily or as directed by a health care practitioner.

180 tablets  **Item Code:** 10850

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BioThy
Thyroid Support
BioThy is a formulation of mineral, amino acid, protein and glandular compounds that have been clinically identified as being effective in cases of thyroid dysfunction (including hypothyroidism).

**Ingredients:**

*Each capsule contains:*

- L-tyrosine ......................................................... (200 mg)
- Iodine (kelp) ....................................................... 100 µg
- Selenium (selenomethionine) .............................. 100 µg
- Zinc (citrate) ....................................................... 10 mg
- Pituitary gland (porcine) ...................................... 10 mg
- Protein hydrolysate ............................................. 150 mg

**Dosage:** Take one capsule two times a day or as directed by a health care practitioner.

60 capsules  **Item Code:** 10702

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Biozyme
General Digestive Enzyme
Biozyme is a broad-spectrum enzyme supplement designed to help the body break down a variety of foodstuffs, including proteins (in acidic, alkaline and neutral environments), fats and carbohydrates.

**Ingredients:**

*Each vegetarian capsule contains:*

- Protease blend (alkaline, neutral and acid stable) ... 12000 HUT
- Amylase ............................................................ 4800 DU
- Lipase ................................................................. 100 LU
- Lactase ............................................................... 300 ALU
- Cellulase ............................................................ 75 CU
- Invertase ........................................................... 15 INVU

*Suitable for vegetarians.

**Dosage:** Take one to two capsules with food or as directed by a health care practitioner.

150 capsules  **Item Code:** 10735
BoneSure

Bone Support

BoneSure is a combination of bone building vitamins and minerals targeted for reversing bone loss and have been clinically proven to increase bone mineral density.

BoneSure is a plant-based, nutrient rich complete mineral complex with naturally occurring calcium, magnesium, boron, silica and more than 70 other trace minerals and phyto-nutrients. The plant-base sourced calcium in Bonesure has high solubility and bioavailability, thus has greater absorption in the body. The plant-sourced calcium is certified organic (USDA/IFOAM) and derived from unique marine algae (Algas calcareas). BoneSure (AlgaeCal®) is the only certified organic calcium in the world.

Ingredients:

Each vegetarian capsule contains:

- Boron (boron citrate) ................................................... 0.8 mg
- Calcium (Algas calcareas as AlgaeCal®) .......................... 170 mg
- Magnesium (Algas calcareas as AlgaeCal®) ..................... 15 mg
- Vitamin C (calcium ascorbate) ..................................... 62 mg
- Vitamin D3 (cholecalciferol) .................................... 6 μg
- Vitamin K2 (Menaquinone-7) ..................................... 25 μg

Suitable for vegetarians.

Dosage: Take two capsules two times a day or as directed by a health care practitioner.

90 capsules Item Code: 11270

Calcium & Magnesium 1:1

Bone Support

Calcium and Magnesium in a 1:1 ratio with added Vitamin D is targeted for the support of general bone health.

Ingredients:

Each caplet contains:

- Calcium (citrate) .......................................................... 100 mg
- Magnesium (citrate) .................................................. 100 mg
- Vitamin D2 (ergocalciferol) ........................................ 100 IU

Suitable for vegetarians.

Dosage: Take two caplets a day or as directed by a health care practitioner.

120 caplets Item Code: 10775
240 caplets Item Code: 10776

Calcium & Magnesium 2:1

Bone Support, Osteoporosis

Calcium and Magnesium in a 2:1 ratio with added Vitamin D is targeted for the treatment of osteoporosis and the support of general bone health.

Ingredients:

Each caplet contains:

- Calcium (citrate) ....................................................... 150 mg
- Magnesium (citrate) .................................................. 75 mg
- Vitamin D2 (ergocalciferol) ...................................... (200 IU)

Suitable for vegetarians.

Dosage: Take two caplets two times a day or as directed by a health care practitioner.

120 caplets Item Code: 10780
Clearizyme (formerly Flexizyme)
Anti-inflammatory, Systemic Enzyme

Clearizyme (formerly Flexizyme) has been formulated to decrease both acute & chronic inflammatory processes. This powerful combination of proteolytic enzymes from three different sources (plant, fungal and animal) act synergistically to reduce swelling, bruising and discomfort associated with inflammation due to arthritis, trauma, sports and surgical procedures.

**Ingredients:**

*Each capsule contains:*

- Peptidase (100,000 HUT/gm) .................. 35 mg
- Bromelain (1800 MCU/gm) .................... 45 mg
- Papain USP (6000 PU/mg) .................... 60 mg
- Pancreatin USP 6X ............................. 150 mg
- Peptizyme SP® (100,000 u/gm)* ................ 50 mg
  * Enteric coated

**Dosage:** Take two capsules two to three times a day (between meals) or as directed by a health care practitioner.

180 capsules  
**Item Code:** 10600

Cogniplex
Memory

Cogniplex with its combination of nootropic herbs (memory and cognitive enhancer) is an effective and natural alternative for those suffering with memory impairment and dementia or for those seeking to assist their learning and memory capability.

**Ingredients:**

*Each vegetarian capsule contains:*

- Brahmi (Bacopa monnieri) .................. 10:1 75 mg
  (barcosides A and B > 55% combined bacosides)
- Ginkgo biloba (Ginkgo) ..................... 50:1 40 mg
  (24% gingko flavonoids & 6% terpene lactones)
- Huperzine A (Huperzia serrata) ............. 0.05 mg
- Vinpocetine ........................................ 3.75 mg

**Suitable for vegetarians.**

**Dosage:** Take two capsules two times a day with food or as directed by a health care practitioner.

120 capsules  
**Item Code:** 10730

Co-Q10 Supreme
Cardiovascular, Hypertension

Co-Q10 Supreme is a unique combination of Co-Q10 (ubiquinone), natural vitamin E (d-alpha tocopherol succinate) and the amino acid L-taurine. This synergistic combination is designed primarily to assist those individuals with cardiovascular complaints including congestive heart failure (CHF) and systolic hypertension.

**Ingredients:**

*Two vegetarian capsules contain:*

- Coenzyme Q-10 (ubiquinone) .................. 100 mg
- Vitamin E (d-alpha tocopherol acid succinate) .... 300 IU
- L-Taurine .............................................. (300 mg)

**Suitable for vegetarians.**

**Dosage:** Take two capsules per day with food or as directed by a health care practitioner.

120 capsules  
**Item Code:** 10705

Digestizyme
High Potency Digestive Enzyme

Digestizyme is a high potency formula created to provide a comprehensive variety of enzymes required by the body for proper digestion of fat, protein, and carbohydrates.

**Ingredients:**

*Each vegetarian capsule contains:*

- Protease Blend (alkaline, neutral and acid stable) ..... 77500 HUT
- Lipase ...................................................... 3010 LU
- Amylase ..................................................... 23100 DU
- Glucoamylase .......................................... 30 AGU
- Malt Diastase ........................................... 2000 DP
- Lactase ..................................................... 1000 LacU
- Alpha Galactosidase .................................. 200 GalU
- Invertase ................................................... 1000 SU
- Cellulase ................................................... 400 CU
- HemiSeb® ................................................ 800 HSU
- Pectinase ............................................... 25 endo PGU

**Suitable for vegetarians.**

**Dosage:** Take one capsule three times a day with food or as directed by a health care practitioner.

60 capsules  
**Item Code:** 10615
Ester-C®

Vitamin C

Ester-C® is a patented form of vitamin C (calcium ascorbate) containing non-acidic mineral ascorbates and natural metabolites. Metabolites are powerful boosters that help the body to efficiently absorb vitamin C. Ester-C® has the ability to maximize vitamin C absorption with added Bioperine® (black pepper extract) to enhance bioavailability.

Ingredients:

Each vegetarian capsule contains:

- Vitamin C (calcium ascorbate) Ester-C® .......... 600 mg
- Calcium (from Ester-C® calcium ascorbate) .......... 80 mg
- Bioflavonoids (citrus) ........................................... (150 mg)
- Bioperine® (black pepper extract) ....................... 3 mg

Suitable for vegetarians.

Dosage: Take one capsule a day or as directed by a health care practitioner.

120 capsules Item Code: 10760

Ester-C® Premium

Vitamin C with Anti-oxidants

Ester-C® Premium is a unique combination of vitamin C in the form of Ester-C® and two well-known herbal antioxidants: green tea (Camilla sinensis) extract and grape seed (Vitis vinifera L.) extract. Ester-C® is a patented form of vitamin C (calcium ascorbate) containing non-acidic mineral ascorbates and natural metabolites, boosting the body's efficiency to absorb vitamin C. Ester-C® has the ability to maximize vitamin C absorption with added Bioperine® (black pepper extract) to enhance bioavailability.

Ingredients:

Each vegetarian capsule contains:

- Vitamin C (calcium ascorbate) Ester-C® .......... 600 mg
- Calcium (from Ester-C® calcium ascorbate) .......... 80 mg
- Green tea (Camilla sinensis) extract (60% polyphenol) .... 50 mg
- Grape seed (Vitis vinifera L.) extract (12% catechins) ...... 15 mg
- Bioperine® (black pepper extract) ....................... 3 mg

Suitable for vegetarians.

Dosage: Take one capsules a day with food or as directed by a health care practitioner.

120 capsules Item Code: 10710

GastroEase+

Peptic Ulcer, Gastritis, GERD

GastroEase+ is a synergistic combination of whole plant extracts (including Mastic gum) well known for anti-ulcer and anti-inflammatory properties. It is designed to aid in cases of H. pylori induced peptic ulcer disease, gastritis and GERD.

Ingredients:

Each vegetarian capsule contains:

- Mastic gum (Pistacia lentiscus) ......................... 175 mg
- Deglycyrrhizinated licorice (Glycyrrhiza glabra) ....... 150 mg
- Marshmallow root (Althea officinalis) 4:1 .......... 100 mg
- German chamomille (Matricaria chamomilla) ........... 4:1
- *standardized to contain 0.4 - 1.5% volatile oil .......... 100 mg
- Fennel seed (Foeniculum vulgare) 4:1 .................. 50 mg

Suitable for vegetarians.

Dosage: Take two capsules three times a day with food or as directed by a health care practitioner.

120 capsules Item Code: 11090

HeparPlex

Liver Support

This formula contains milk thistle and schizandra berry, that have liver protective and healing characteristics. Silymarin, the active ingredient in milk thistle, is protective for liver cells against various toxins and stimulates the liver's own regenerative powers. Schizandra berry (Schizandra chinensis) contain lignans, mainly schizandrins, which act to prevent liver damage, promote liver repair and stimulate normal liver functioning.

Ingredients:

Each vegetarian capsule contains:

- Silybum marianum (milk thistle) 30:1 40% sylmarin ...... 265 mg
- Schisandra chinensis (Schizandra) 4:1 .................. 250 mg

Suitable for vegetarians.

Dosage: Take two capsules twice daily or as directed by a health care practitioner.

60 capsules Item Code: 10790
**IMX**

**Immune Support**
IMX is a combination of vitamins, minerals and botanicals to support the immune system. It may be used as an adjunct in cases of acute or chronic microbial infection and as a prophylactic for the prevention of cold and flu.

**Ingredients:**

*Each vegetarian capsule contains:*

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin A (vitamin A palmitate)</td>
<td>275 µg RAE</td>
</tr>
<tr>
<td>Vitamin B6 (pyridoxine hydrochloride)</td>
<td>15 mg</td>
</tr>
<tr>
<td>Vitamin C (Vitamin C ascorbic acid)</td>
<td>250 mg</td>
</tr>
<tr>
<td>Zinc (Orzze sativa, HVP* chelate)</td>
<td>4 mg</td>
</tr>
<tr>
<td>Hesperidin (bioflavonoids)</td>
<td>130 mg</td>
</tr>
<tr>
<td>Bromelain (3600 mcu/g)</td>
<td>30 mg</td>
</tr>
<tr>
<td>Echinacea angustifolia (Echinacea) 4:1 extract</td>
<td>125 mg</td>
</tr>
<tr>
<td>Glycyrhiza glabra L. (Licorice root)</td>
<td>40 mg</td>
</tr>
<tr>
<td>Hydrastis canadensis (Goldenseal)</td>
<td>20 mg</td>
</tr>
<tr>
<td>Mahonia aquifolium (Oregon grape root) 4:1</td>
<td>30 mg</td>
</tr>
<tr>
<td>Zingiber officinale (Ginger, root) 4:1 extract</td>
<td>30 mg</td>
</tr>
</tbody>
</table>

*Suitable for vegetarians.*

**Dosage:** Take two capsules three times a day with food or as directed by a health care practitioner.

60 capsules  
**Item Code:** 10724

**Lactobacillus Sporogenes**

**Intestinal Flora**
Lactobacillus Sporogenes is a shelf-stable probiotic that helps the body to restore healthy flora in the gastrointestinal system. L. sporogenes passes through the stomach in its spore form and upon arriving in the duodenum, germinates, multiplies rapidly and becomes metabolically active in the intestines producing lactic acid (right spinning). This form of probiotic helps normalize pH, inhibits pathogenic bacteria growth and is especially useful in cases of diarrhea.

**Ingredients:**

*Each vegetarian capsule contains:*

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lactobacillus sporogenes</td>
<td>1 billion active cells</td>
</tr>
<tr>
<td>Fructose oligosaccharides (FOS)</td>
<td>250 mg</td>
</tr>
</tbody>
</table>

*Suitable for vegetarians.*

**Dosage:** Take one to two capsules three times daily before meals for ten days. Then take one capsule daily before a meal or as directed by a health care practitioner.

90 capsules  
**Item Code:** 11085

**Ligaflex**

**Soft Tissue, Musculoskeletal**
Ligaflex is specifically formulated for the musculoskeletal system. Ligaflex contains nutrients and botanicals that have traditionally been used to support joints, ligaments and tendons. It is an ideal formula for healing after a musculoskeletal injury (i.e. strain, sprain).

**Ingredients:**

*Each capsule contains:*

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Collagen</td>
<td>0.5 mg</td>
</tr>
<tr>
<td>L-Cysteine</td>
<td>0.5 mg</td>
</tr>
<tr>
<td>Enzogenol (Pine bark extract)</td>
<td>12.5 mg</td>
</tr>
<tr>
<td>Glucosamine Sulfate (sodium free)</td>
<td>200 mg</td>
</tr>
<tr>
<td>Horsetail (Equisetum arvense) extract</td>
<td>1 mg</td>
</tr>
<tr>
<td>Gotu Kola (Centella asiatica)</td>
<td>30 mg</td>
</tr>
<tr>
<td>MSM (Methyl sulfonyl-methane)</td>
<td>100 mg</td>
</tr>
<tr>
<td>Black seed (Nigella Sativa)</td>
<td>25 mg</td>
</tr>
</tbody>
</table>

**Dosage:**

**Acute condition:** Two capsules four times a day with food or as directed by a practitioner.

**Chronic condition:** Two capsules two times a day with food or as directed by a health care practitioner.

120 capsules  
**Item Code:** 10505

**Lipidzyme**

**Fat Digestion**
Lipidzyme is a comprehensive blend of enzymes specifically formulated to aid in the digestion of fat. The addition of Policosanol® makes this an excellent product to help lower cholesterol. One of the hallmarks of this enzyme combination is the use of acid stable lipase.

**Ingredients:**

*Two vegetarian capsules contain:*

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lipase</td>
<td>2500 LU</td>
</tr>
<tr>
<td>Protease</td>
<td>35,000 HUT</td>
</tr>
<tr>
<td>Amylase</td>
<td>10,000 DU</td>
</tr>
<tr>
<td>Cellulase</td>
<td>300 CU</td>
</tr>
<tr>
<td>Glucoamylase</td>
<td>30 AG</td>
</tr>
<tr>
<td>Policosanol</td>
<td>2.5 mg</td>
</tr>
</tbody>
</table>

*Suitable for vegetarians.*

**Dosage:** Take two capsules two to three times a day with food or as directed by a health care practitioner.

90 capsules  
**Item Code:** 10620
Liquid Iron

Hemoglobin Support

Liquid Iron is used to help maintain healthy physiological iron stores. This non-constipating citrate form of iron has been blended with Vitamin B12 and folic acid in a pleasant-tasting vanilla flavoured liquid.

**Ingredients:**

*Each teaspoon (5 ml) contains:*

- Folate (folic acid) ................................................. 440 µg
- Vitamin B12 (cyanocobalamin) ............................. 110 µg
- Iron (ferric ammonium citrate) ............................. 20 mg

*Suitable for vegetarians.*

**Dosage:** Take one teaspoon a day with food or as directed by a health care practitioner.

177 ml  

**Item Code:** 11105

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Luvos Caps®

Gastrointestinal

Called “healing earth” in Germany, Loess (Luvos®) is a 100% pure natural mineral earth product (without additives) that is mined from mineral rich glacial deposits in Germany. This ultra-fine powder can be used topically or internally, with a large surface area for high absorbency and great binding capacity of toxins, impurities and bacteria.

Luvos® is used internally as a gastrointestinal therapeutic product by acting as a cleansing sponge in absorbing impurities from the gastrointestinal (GI) system. It is used for detoxification and in cases of diarrhea, ulcers, heartburn, GERD, parasites, and GI inflammatory conditions. Luvos® can also be used externally for detoxification of the skin, skin conditions (eczema, rosacea, psoriasis, dermatitis), acne, burns, boils, ulcers, edema and lymphatic vessel inflammation.

**Ingredients:**

*Each vegetarian capsule contains:*

- Luvos® healing earth ........................................... 950 mg

*Suitable for vegetarians.*

**Dosage:** Take two to four Luvos® capsules with a large glass of water two times a day (morning and evening). Up to 12 capsules can be taken daily or as directed by a health care practitioner.

90 capsules  

**Item Code:** 11115

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Luvos® (powder)

Skin Conditions, Gastrointestinal

Called “healing earth” in Germany, Loess (Luvos®) is a 100% pure natural mineral earth product (without additives) that is mined from mineral rich glacial deposits in Germany. This ultra-fine powder can be used topically or internally, with a large surface area for high absorbency and great binding capacity of toxins, impurities and bacteria.

Luvos® powder is used externally for detoxification of the skin, skin conditions (eczema, rosacea, psoriasis, dermatitis), acne, burns, boils, ulcers, edema and lymphatic vessel inflammation.

**Ingredients:**

*Each teaspoon (5 g) contains:*

- Luvos® healing earth ........................................... 5 g

*Suitable for vegetarians.*

**Dosage:** External (topical): Mix Luvos® powder with water to make a paste. Apply the paste onto affected area. Let the paste dry then rinse off with warm water. Or as directed by a health care practitioner.

Internal (oral): Take half to one teaspoon of Luvos® powder in a large glass of water two times a day (morning and evening), up to three teaspoons can be taken daily or as directed by a health care practitioner.

200 grams  

**Item Code:** 11265
Lymph-a-Derm
Lymphatic Drainage

Lymph-a-Derm works on the body’s elimination organs and pathways, including the lymphatic system, the liver, the biliary tract, the skin, the lungs, and the gastrointestinal tract. The lymphatic system is an extensive network of vessels, nodes and ducts and is an integral part of the circulatory and immune systems of the body. Lymph-a-Derm is ideal to support lymphatic drainage, enlarged tonsils, pediatric conditions, sore throats, localized edema, sports injuries and congestion.

Ingredients:
Suitable for vegetarians.

Dosage: Apply sparingly one to three times daily onto affected area (i.e. lymph node area in the neck or groin), or to be used on the advice of a health care practitioner.

60 ml ointment  Item Code: 10870

Mag-Citrate
Smooth Muscle Relaxant

Mag-Citrate is a combination of magnesium and malic acid formulated for the aid and/or support of fibromyalgia, migraine headaches, high blood pressure and cardiovascular health.

Ingredients:
Each caplet contains:
Magnesium citrate ......................................................100 mg
Malic acid .................................................................350 mg

Suitable for vegetarians.

Dosage: Take one caplet a day or as directed by a health care practitioner.

120 caplets  Item Code: 10785

Menoplex
Menopause

Menoplex promotes phytoestrogenic activity with herbal compounds which balance hormonal changes during menopause and promote a reduction in symptoms (hot flashes, night sweats, vaginal dryness) without causing the negative side effects characterized by synthetic hormones, which may include increased risk of breast cancer, heart attack, stroke and blood clots.

Ingredients:
Each vegetarian capsule contains:
Cimicifuga racemosa (Black cohosh) .........................16.67 mg
Indole-3-carbinol .....................................................33.33 mg
Dioscorea villosa (Wild yam) .....................................16.67 mg
Trifolium pratense (Red clover) 4% total isoflavonoids ....50.00 mg
Vitex-agnus castus (Chasteberry) ...............................(16.67 mg)

Suitable for vegetarians.

Dosage: Take one capsule three times a day or as directed by a health care practitioner.

90 capsules  Item Code: 10825

MSM-GLS+
Anti-inflammatory, Arthritis

MSM-GLS+ is a complementary combination of methylsulfonylmethane (MSM) and “European-sourced” Glucosamine sulfate (GLS) with the addition of two notable anti-inflammatory botanicals: Boswellia serrata and Evening primrose oil. Research involving osteoarthritis patients have shown that MSM and GLS are more effective and work faster in combination than separately at reducing pain and inflammation. MSM-GLS+ is effective in cases associated with arthritis (osteo and rheumatoid), sports injuries, muscle sprains and strains.

Ingredients:
Each vegetarian capsule contains:
Glucosamine sulfate (Glucosamine sulfate) ............250 mg
Methylsulfonylmethane (MSM) .................................400 mg
Boswellia serrata (gum resin) *65% boswellic acid ......100 mg
Evening Primrose oil (4% GLA) .............................30 mg

Dosage: Take two capsules two to three times a day with food or as directed by a health care practitioner.

120 capsules  Item Code: 10885
MultiFem

Female Multivitamin

MultiFem provides a full spectrum of vitamins, mineral, trace element and herbs in one energizing and highly potent formula specifically designed for a woman's everyday needs. The added evening primrose in MultiFem is for PMS, menopause symptoms and osteoporosis.

Ingredients:

Each vegetarian capsule contains:

- Vitamin A (palmitate) .................................................. 750 IU
- Beta carotene (mixed carotenoids) ............................. 750 IU
- Vitamin B1 (thiamine HCL) .......................................... 2.5 mg
- Vitamin B2 (riboflavin 5 phosphate) ............................ 2.5 mg
- Vitamin B3 (niacinamide) ............................................ 2.5 mg
- Vitamin B6 (pyridoxine HCl, pyridoxal 5 phosphate) .... 25 mg
- Vitamin B12 (cyanocobalamin) ................................. 50 µg
- Folic acid ................................................................... 0.25 mg
- Pantothenic acid (calcium pantothenate) .................... 25 mg
- Biotin ........................................................................ 10 µg
- Vitamin C (Calcium ascorbate) ................................. 25 mg
- Vitamin D2 (ergocalciferol) ................................. 100 IU
- Calcium (citrate/carbonate) ................................. 200 mg
- Magnesium (HVP* chelate) ...................................... 75 mg
- Iron (citrate) .............................................................. 1 mg
- Zinc (HVP* chelate) .................................................. 5 mg
- Copper (HVP* chelate) .............................................. 1 mg
- Iodine (Potassium iodide) ................................. 0.025 mg
- Selenium (HVP* chelate) ........................................ 25 µg
- Chromium (HVP* chelate) ...................................... 50 µcg
- Potassium (HVP* chelate) ........................................ 10 µg
- Manganese (HVP* chelate) ........................................ 0.5 mg
- Vanadium (HVP* chelate) ........................................ 5 µg
- Molybdenum (HVP* chelate) .................................... 2 µg
- Silicon (dioxide) ...................................................... 1 mg

Suitable for vegetarians.

Dosage: Take one to two capsules two times a day with food or as directed by a health care practitioner.

120 capsules       Item Code: 10770

MultiNatal

Pre- and Postnatal Multivitamin

MultiNatal is a vegetarian high-potency daily multivitamin in an easy to swallow capsule, designed to provide optimal nutrition support for pregnant and breastfeeding women. Includes ginger for morning sickness and stinging nettle to prevent urinary tract infection and uterine bleeding.

Ingredients:

Each vegetarian capsule contains:

- Vitamin A (palmitate, beta carotene) ............. 135.66 µg RAE
- Vitamin B1 (thiamine hydrochloride) ............ 2.5 mg
- Vitamin B2 (riboflavin hydrochloride, riboflavin-5-phosphate) .... 2.5 mg
- Vitamin B3 (niacinamide) .......................... 2.5 mg
- Vitamin B5 (calcium pantothenate) ............. 2.5 mg
- Vitamin B6 (pyridoxine hydrochloride, pyridoxal-5-phosphate) .... 12.5 mg
- Vitamin B12 (cyanocobalamin) ................. 50 µg
- Vitamin C (calcium ascorbate) .................. 12.5 mg
- Vitamin D3 (cholecalciferol) .................. 1.25 µg
- Vitamin E (d-alpha tocopherol succinate) ...... 20.66 mg
- Biotin ......................................................... 2.5 µg
- Folic acid ................................................ 250 µg
- Calcium (citrate) ..................................... 62.5 mg
- Chromium (HVP* chelate) ...................... 0.0375 mg
- Magnesium (citrate) ............................. 31.25 mg
- Manganese (HVP* chelate) ...................... 0.25 mg
- Molybdenum (HVP* chelate) .............. 0.001 mg
- Potassium (HVP* chelate) ...................... 5 mg
- Selenium (selenmoethione) .................. 0.025 mg
- Silicon (silicon dioxide) ...................... 0.25 mg
- Zinc (HVP* chelate) ................................. 4 mg
- Zingiber officinalis (Ginger) .......... 25 mg
- Urticadioirce (Stinging nettle root) .... 10 mg
- Bioperine® .................................................. 2.5 mg

Suitable for vegetarians.

Dosage: Take two capsules two times a day with food or as directed by a health care practitioner.

120 capsules       Item Code: 10835
Multi Supreme

Broad Spectrum Multivitamin and Mineral

Multi Supreme has been formulated to provide a well-proportioned blend of a full spectrum of the vitamins, minerals and lipotropic factors the body needs to remain healthy.

**Ingredients:**

*Each tablet contains:*

- Vitamin A (palmitate) ................................................ 1000 µg
- Vitamin B1 (thiamine HCl) ....................................... 16.66 mg
- Vitamin B2 (riboflavin) ........................................... 12.5 mg
- Vitamin B3 (niacinamide) ............................................. 25 mg
- Vitamin B5 (calcium pantothenate) .............................. 25 mg
- Vitamin B6 (pyridoxine HCl) ...................................... 12.5 mg
- Vitamin B12 (cyanocobalamin) ...................................... 25 µg
- Vitamin C (ascorbic acid) ....................................... 166.66 mg
- Vitamin E (d-alpha tocopheryl acid succinate) ........ 55.09 mg
- Biotin .......................................................................... 33.3 µg
- Folate (folic acid) ......................................................... 130 µg
- Pantothenic acid (calcium d-pantothenate) .................. 25 mg
- Chromium .................................................................. 0.025 mg
- Copper ......................................................................... 0.5 mg
- Iodine (Kelp) .............................................................. 0.04 mg
- Iron (HVP chelate) .................................................... (3 mg)
- Magnesium .................................................................. 75 mg
- Manganese ................................................................. 3.3 mg
- Potassium ...................................................................... 16.5 mg
- Selenium .................................................................. 0.025 mg
- Zinc .............................................................................. 7.5 mg
- Betaine hydrochloride .............................................. 25 mg
- Hesperidin (citrus bioflavonoids) ................................. 33.33 mg
- Bioperine® (Piper nigrum L.) ........................................... 3 mg
- PABA (Para-aminobenzoic acid) ............................... (12.5 mg)
- Betaine hydrochloride .............................................. (25 mg)
- Lecithin (soybean) .......................................................... 8.3 mg
- Citrus bioflavonoids .................................................. (16.66 mg)
- Rutin (buckwheat, whole plant) ............................... (3.33 mg)
- Betaine hydrochloride .............................................. (3 mg)

**Suitable for vegetarians.**

**Dosage:** Take 3 tablets per day with food or as directed by a health care practitioner.

120 tablets **Item Code:** 10765

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MycoImmune

Anti-Viral, Immune

MycoImmune has been custom formulated and contains four of the most powerful and extensively documented medicinal mushrooms available - Lentinus edodes (Shiitake), Grifola frondosa (Maitake), Ganoderma lucidum (Reishi) and Cordyceps sinensis (Cordyceps) in combination with vitamin C. Only certified organic mushrooms are used in this formula. Mushrooms have well documented immunostimulation, anti-tumour, antibiotic and anti-viral properties.

**Ingredients:**

*Each vegetarian capsule contains:*

- Organic Lentinus edodes (Shiitake) ........................................ 150 mg
- Organic Grifola frondosa (Maitake) ...................................... 100 mg
- Organic Ganoderma lucidum (Reishi) ................................... 100 mg
- Organic Cordyceps sinensis (Cordyceps) ............................. 50 mg
- Vitamin C (ascorbic acid) .................................................. 50 mg

**Suitable for vegetarians.**

**Dosage:** Take two capsules a day or as directed by a health care practitioner.

60 capsules **Item Code:** 11030
N-A-G (N-acetyl-glucosamine)

Gastrointestinal, Musculoskeletal

N-A-G is a single ingredient product that provides the body with the precursors required to repair wounded tissue and replace the mucous membranes of the intestinal lining. Persons suffering from ulcers, I.B.S., Crohn’s disease, colitis and other inflammatory disorders lack the ability to naturally manufacture enough N-A-G to maintain the protective barrier that safeguards the intestinal lining from digestive enzymes and other potentially damaging intestinal contents.

N-A-G is also an excellent product for musculoskeletal health as N-acetyl-glucosamine is important in the formation of connective tissue: bones, tendons, ligaments, cartilage and synovial fluid.

Ingredients:

Each vegetarian capsule contains:

N-acetyl-glucosamine ................................................500 mg

Suitable for vegetarians.

Dosage: Take two capsules a day or as directed by a health care practitioner.

120 capsules  Item Code: 10703

Neuraplex

Depression

Neuraplex is a herbal extract preparation used for nervousness, restlessness and anxiety, especially of a depressive nature. Neuraplex has a regulating effect on the mind (psychoactive) and the autonomic nervous system together. This leads to an improvement in physical and mental well-being without any risk of addiction. Clinical trial on Neuraplex formula versus placebo in patients with mild to moderate depressive symptoms found a significant improvement.

Ingredients:

Each vegetarian capsule contains:

St. John’s wort (Hypericum perforatum) 4:7:1 ..........60 mg
Valerian root (Valeriana officinalis L.) 8:10:1............ 28 mg
Passion flower (Passiflora incarnata L.) 5:8:1......... 32 mg
California poppy (Eschscholzia California) ..............40 mg
Corydalis (Corydalis cava) .................................40 mg

Suitable for vegetarians.

Dosage: Take two capsules one to three times a day or as directed by a health care practitioner.

100 capsules  Item Code: 10855

NPF Mono

Anti-inflammatory, Pain, Arthritis

NPF Mono is a proprietary extract of Phellodendron amurense bark (Nexrutine®), which based on clinical tests is recommended for use as an “anti-inflammatory for natural pain management”, especially in cases of arthritis and joint inflammation. NPF Mono inhibits the COX-2 enzyme (cyclooxygenase-2); yet, unlike prescriptive COX-2 inhibitors (i.e. Vioxx® and Celebrex®) will not lead to increased cardiovascular risk and unlike other NSAIDs, it is gentle on the stomach and intestines.

Ingredients:

Each vegetarian capsule contains:

Nexrutine® (Phellodendron amurense),
Huang Bai bark .............................................250 mg 10:1
Equivalent to 2.5 g of Huang Bai
Contains 50% berberine

Suitable for vegetarians.

Dosage: Take one to two capsules three times a day with food or as directed by a health care practitioner.

90 capsules  Item Code: 10870
Biomed Supplements

NPF (Natural Pain Formula)

Pain Formula

NPF is an enhanced supplement that synergistically incorporates herbs with vitamins and minerals to be used for pain, inflammation, cramping and spasms of the musculoskeletal system. NPF is useful in cases of acute injury (i.e. sprain or strain), headaches and cramping (including both muscle and menstrual cramps).

Ingredients:

Each vegetarian capsule contains:

- Vitamin B3 (niacinamide) ........................................... 25 mg
- Vitamin B6 (pyridoxal HCl) ....................................... 12.5 mg
- Calcium (citrate/carbonate) ........................................ 25 mg
- Magnesium (citrate/oxide) ........................................ 25 mg
- Potassium (citrate) ................................................... 12.5 mg
- Copper (gluconate) ................................................... 0.0625 mg
- L-phenylalanine ..................................................... 50 mg
- Bromelain (2400 mcu/g) .......................................... 75 mg
- White willow bark (Salix alba) 4:1 ......................... 75 mg
- Wild yam root (Dioscorea villasa) 4:1 ................... 25 mg
- California poppy (Eschscholzia California) 4:1 ........ 25 mg
- Rosemary (Rosmarinus officinalis) 4:1 .................... 12.5 mg

Suitable for vegetarians.

Dosage: Take two capsules three times a day (between meals) or as directed by a health care practitioner.

100 capsules Item Code: 10723

Optimum B12F

High Potency Vitamin B12 and Folic Acid

Optimum B12F is a high potency vitamin B12 (methylcobalamin) and folic acid formula designed as a quick dissolve sublingual lozenge. This offers rapid absorption of the biologically active form of methylcobalamin into the bloodstream, thus bypassing several potential issues in the B12 absorption cycle of the digestive tract. It is suitable for vegetarians and vegans.

The combination of vitamin B12 (as methylcobalamin) and folic acid together can be used for: preventing B12 deficiency, anemia, and regulation of red blood cell formation; assisting in metabolism of carbohydrates and fats for increased energy; maintaining the myelin sheath and protecting against peripheral and central neurological disease and aging; supporting healthy nervous, cardiovascular and immune system functioning; pre and postnatal health; enhancing brain health, memory, and learning; and finally normalizing homocysteine levels, thus decreasing risk of heart disease and stroke.

Ingredients:

Each lozenge contains:

- Vitamin B12 (methylcobalamin) ............................ 5 mg
- Folate (folic acid) .................................................. 500 µg

Suitable for vegetarians.

Dosage: Adult: dissolve 1 lozenge under the tongue once daily or as directed by a health care practitioner.

Children (over 9 years): dissolve 1 lozenge under the tongue once daily or as directed by a health care practitioner.

60 sublingual lozenges Item Code: 11295
Oxyplex Caps

Gastrointestinal, Bacterial Infection

Oxyplex reduces the number of pathogenic intestinal flora, particularly anaerobic and facultative anaerobic bacteria, through the release of reactive oxygen species. It controls the symptoms of a wide spectrum of intestinal diseases such as Roemheld (gastrocardiac) syndrome, acute gastritis, enzyme deficiency, dysbiosis, dyspepsia, enteritis and flatulence. It may be prescribed for occasional relief of constipation and as a bowel evacuant for diagnostic and therapeutic indications.

**Ingredients:**

*Each vegetarian capsule contains:*

- Magnesium hydroxide ................................................ 900 mg

**Suitable for vegetarians.**

**Dosage:** Take four capsules three times a day with 230 ml (8 oz.) of water mixed with lemon juice one hour after meals for up to one week or as directed by a health care practitioner.

90 capsules  
Item Code: 11130

Parsagus

Diuretic

Parsagus helps the body to increase elimination of excess fluid and impurities and supports therapy in cases of congestive heart failure and hypertension. It is also beneficial against bladder diseases and kidney and bladder stones.

**Ingredients:**

*Each vegetarian capsule contains:*

- Organic asparagus (Asparagus officinalis) ............... 200 mg
- Organic parsley (Petroselinum crispum) ............... 200 mg

**Suitable for vegetarians.**

**Dosage:** Take four capsules three times a day (before meals) or as directed by a health care practitioner.

100 capsules  
Item Code: 11060

Probiotic 7-in-1

Intestinal Flora

Probiotic 7-in-1 formula has been uniquely designed to incorporate several different forms of healthy bacteria that resist the negative actions of oxygen, gastric acid and bile salts on probiotic viability, thereby ensuring balanced colonization of these strains throughout the ileum and large colon.

**Ingredients:**

*Each vegetarian capsule contains:*

- Lactobacillus rhamnosus .......................... 200 million cfu
- Lactococcus lactis ............................. 600 million cfu
- Lactobacillus acidophilus ................. 400 million cfu
- Bifidobacterium breve ..................... 200 million cfu
- Bifidobacterium bifidum ................... 100 million cfu
- Bifidobacterium longum ................... 200 million cfu
- Streptococcus thermophilus ................ 200 million cfu

**Suitable for vegetarians.**

**Dosage:** Take one to two capsules two times a day or as directed by a health care practitioner.

90 capsules  
Item Code: 10701
RR Formula

Gastrointestinal

RR Formula is a modified Robert’s Formula (RF Formula) that uses more potent healing extracts in achieving a refinement of a time proven formula for the treatment of gastrointestinal conditions such as inflammatory bowel disease, peptic ulcer and gastritis. RR Formula is most suitable for upper G.I. problems.

Ingredients:
Each vegetarian capsule contains:

- Bromelain (3600 mcu/g) ............................................. 100 mg
- Cranesbill (Geranium maculatum) 4:1 ...................... 100 mg
- Goldenseal (Hydrastis canadensis) 4:1 ...................... 100 mg
- *Standardized to 5% hydrastine alkaloids
- Echinacea augustifolia, root 4:1 .................................. 75 mg
- Cabbage (Brassica oleracea) 3:1 .......................... 75 mg
- Slippery elm (Ulmus fulva) 4:1 ..................................... 75 mg
- Marshmallow (Althaea officinalis) 4:1 ...................... 75 mg

Suitable for vegetarians.

Dosage: Take one capsule three times a day with food or as directed by a health care practitioner.

60 capsules Item Code: 10731

Taraxa (formerly Hepartox)

Liver Detoxification

Taraxa (formerly Hepartox) is a unique formulation capable of stimulating liver detoxification by promoting hepatocyte activity and greater circulation to the liver. Besides its detoxification attributes, Taraxa contains the lipotropic factors and herbs that act to protect the liver from further damage.

Ingredients:
Each tablet contains:

- Vitamin B6 (pyridoxine hydrochloride) .................. 10 mg
- Vitamin B12 (cyanocobalamin) .......................... 5 µg
- Magnesium (oxide) ........................................... (17.5 mg)
- Celadine (Chelidonium majus) .............................. 17 mg
- Dandelion root (Taraxacum officinale) .................. 50 mg
- Tumeric (Curcuma longa L.) * 3% curcuminoids .... 75 mg
- Wormwood (Artemisia absinthium) ...................... 100 mg
- Lipotropic factors:
  - Choline (bitartrate) ........................................ 165 mg
  - DL-methionine .............................................. 165 mg

Suitable for vegetarians.

Dosage: Take two tablets two to three times a day or as directed by a health care practitioner.

60 tablets Item Code: 10708
The Right C®

Vitamin C

The Right C® is a form of vitamin C (sodium ascorbate) containing a special complex of unique metabolites called Riboperine™, which enhances the effect of vitamin C by increasing bioavailability in the GI tract and elevating plasma levels of vitamin C by up to 30%. Today, recognized based on studies as the higher bioavailable form of vitamin C.

Ingredients:

Each half (1/2) teaspoon (2.5 grams) contains:

Vitamin C (The Right C® sodium ascorbate) .................. 2.0 g
Riboperine® ............................................................. 93 mg
*Proprietary blend of wild blueberry, strawberry, cranberry, wild berry, elderberry and raspberry

Suitable for vegetarians.

Dosage: Take half (1/2) teaspoon (2.5 grams) daily or as directed by a health care practitioner. Can be mixed with water or juice.

100 grams (powder)  

Item Code: 11070

The Right C® Enhanced Formula

Vitamin C with Anti-oxidants

The Right C® Enhanced Formula is a combination of The Right C® and Riboperine® with Pomegranate, Açai and Optiberry® extracts. The Right C® is a form of vitamin C (sodium ascorbate) containing a special complex of unique metabolites called Riboperine™, which enhances the effect of vitamin C by increasing bioavailability in the GI tract and elevating blood plasma levels of vitamin C by up to 30%. The added Pomegranate, Açai and Optiberry® extracts are for increased antioxidants and energy support.

Ingredients:

Each half (1/2) teaspoon (2.5 grams) contains:

Vitamin C (The Right C® sodium ascorbate) ............... 1.86 g
Punica granatum 90:1 extract (Pomegranate) ............. 40% punicosides ...................................................... 0.13 g
Euterpe oleracea 4:1 extract (Açai) 10% phenolic acid .. 0.11 g
Optiberry® anthocyanin extract ............................ 0.03 g
Riboperine® ............................................................. 93 mg
*Proprietary blend of wild blueberry, strawberry, cranberry, wild berry, elderberry and raspberry

Suitable for vegetarians.

Dosage: Take half (1/2) teaspoon (2.5 grams) daily or as directed by a health care practitioner. Can be mixed in water or juice.

100 grams (powder)  

Item Code: 11075

Thymus EG

Thymus Support

This formula supports healthy immune function. The thymus gland is part of the immune system that produces hormones to support the development of the immune cells and stimulates the phagocytosis and the intracellular killing of exogenous organisms. This product also contains Echinacea and Ginger root for added immune support.

Ingredients:

5 drops (0.2 ml) contains:

Glandular thymus lyophilized extract ...................... 100 µg
Echinacea angustifolia ........................................ 500 µg
Ginger (Zingiber officinale) ................................ 100 µg

Dosage: Take five drops three to four times a day or as directed by a health care practitioner.

30 ml  

Item Code: 11120

Varicare

Venous Circulation, Varicose Veins, Hemorrhoids

Varicare is a popular European botanical remedy containing Aesculus hippocastanum (Horse chestnut) that is recognized for its use for venous insufficiency, in strengthening vein walls, increasing circulation and used for varicose veins and hemorrhoids. Varicare decreases venous congestion and connective tissue formation.

Ingredients:

Each vegetarian capsule contains:

Aesculus hippocastanum (Horse chestnut) ............... 500 mg
Vaccinium myrtillus L. (Bilberry) 4:1 ....................... 150 mg
Ginkgo biloba (Ginkgo) 24:6 .................................. 40 mg

Suitable for vegetarians.

Dosage: Take one capsule two times a day or as directed by a health care practitioner.

60 capsules  

Item Code: 10820
Tools and Reference Materials

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com

Biomed Supplements Test Kit

The Biomed Supplement test kit is a collection of test vials for the full product line of Biomed Supplements.

**Item Code:** 10709
Food Nutrient Series

Food Nutrient Series advances assimilation of nutrient delivery to the equivalent efficiency of food. Food Nutrient Series supplements are ‘re-natured’ extracts of natural foods, bound together within their natural food matrix (and molecular structure) of supporting molecules and carrier proteins. This food matrix is essential for transportation and delivery of the nutrients within the body.

- Complete C
- Multivitamin & Mineral
- Premium D1000
- Super B

Food Nutrient Series molecules function as though they were real food, with the food matrix vitamins and minerals possessing the highest utilization rates of any form of supplementation. Food Nutrient Series supplementation offers: greater absorption, higher assimilation, increased effectiveness and the highest bioavailability compared to conventional supplements (USP and chelated forms of supplementation).

Being 90 per cent effective and the closest form of supplementation to food, Food Nutrient Series supplements deliver the quality of performance that Biomed health care practitioners have asked us for.
Complete C

Vitamin C with Bioflavonoids

Complete C is a unique Food Nutrient formula designed with food matrix molecules for high bioavailability, assimilation and absorbency. The vitamin C found in Complete C is unlike any other forms of vitamin C, in that it provides a complete food matrix of nutrient coefficients and bioflavonoids necessary to make it a complete nutrient. Clinical studies have demonstrated that one 250 mg tablet of Complete C is equivalent to 1,500 mg of ascorbic acid (conventional USP vitamin C), thus allowing greater delivery of nutrients at a significantly reduced dosage.

Ingredients:

Each tablet contains:
- Vitamin C (ascorbic acid) .................................250 mg
- Bioflavonoids (citrus pulp) ..............................20 mg

Suitable for vegetarians.

Dosage: Take one tablet daily or as directed by a health care practitioner.

60 tablets  Item Code: 11155

Multivitamin & Mineral

Complete Multivitamin and Mineral

Multivitamin & Mineral is a unique Food Nutrient formula designed with food matrix molecules for high bioavailability, assimilation and absorbency of all nutrients. This formula is designed to deliver the optimal combination of nutrients in an easy one-a-day formula, supporting a healthy and active lifestyle.

Ingredients:

Each tablet contains:
- Beta carotene (equivalent to 1.2 mg RAE) ..........2.4 mg
- Vitamin B1 (thiamin hydrochloride) .....................0.7 mg
- Vitamin B2 (riboflavin) .......................................0.8 mg
- Vitamin B3 (niacinamide) ....................................9 mg
- Pantothenic acid (calcium-d-pantothenate) ............3 mg
- Vitamin B6 (pyridoxine hydrochloride) .................1 mg
- Vitamin B12 (cyanocobalamin) ......................0.5 µg
- Vitamin C (ascorbic acid) .................................30 mg
- Vitamin D3 (cholecalciferol) .................................2.5 µg
- Vitamin E (d-alpha tocopherol acetate) .............5 mg
- Biotin (biotin) ......................................................76 µg
- Folate (folic acid) ........................................100 µg
- Vitamin K1 (phylloquinone) .........................20 µg
- Calcium (calcium chloride) ..............................9 mg
- Magnesium (magnesium chloride) .....................3 mg
- Potassium (potassium hydroxide) ......................6 mg
- Phosphorus (ammonium phosphate) ..................6 mg
- Iron (ferrous sulphate) ....................................2.5 mg
- Zinc (zinc chloride) ........................................2.5 mg
- Iodine (potassium iodide) .................................75 µg
- Copper (cupric sulphate) ..............................0.25 mg
- Manganese (manganese chloride) ..................0.25 mg
- Selenium (selenium dioxide) .........................50 µg
- Chromium (chromium trioxide) ......................25 µg
- Boron (sodium tetraborate) ..........................0.5 mg
- Molybdenum (sodium molybdate) ....................5 µg
- Choline (choline chloride) ..............................2.5 mg
- Inositol (inositol) ........................................2.5 mg
- Para-amino-benzoic acid (PABA) .............2.5 mg

Suitable for vegetarians.

Dosage: Take one tablet daily or as directed by a health care practitioner.

60 tablets  Item Code: 11285
Food Nutrient Series

Premium D1000

Vitamin D

Premium D1000 is a unique Food Nutrient Vitamin D formula designed with food matrix molecules for high bioavailability, assimilation and absorption. Vitamin D is essential in preventing and combating a broad range of diseases and health conditions and is beneficial in the following categories: aging, cardiovascular, digestive, immune, metabolism, musculoskeletal, nervous, oral, respiratory, reproductive, hormonal, and skin. Clinical studies have demonstrated that one 1000 IU tablet of Premium D is equivalent to 6,000 IU of conventional USP vitamin D, thus allowing greater delivery of nutrients at a significantly reduced dosage.

Ingredients:
Each tablet contains:

- Vitamin D3 (cholecalciferol) ...................................... 1000 IU

Suitable for vegetarians.

Dosage: Take one tablet daily or as directed by a health care practitioner.

60 tablets Item Code: 11145

Super B

B-Complex with Rhodiola

Super B is a unique Food Nutrient formula designed with food matrix molecules for high bioavailability, assimilation and absorbency. It contains all eight water-soluble B vitamins and supporting lipotrophic factors required in proper functioning of the nervous, immune and cardiovascular systems and vital to mental well-being. Super B also contains Rhodiola rosea, a well-known herb for stress, making this formula ideal for stress management and adrenal support.

Ingredients:

Each tablet contains:

- Vitamin B1 (thiamine) ........................................ 1.4 mg
- Vitamin B2 (riboflavin) ........................................ 1.6 mg
- Vitamin B3 (niacin - nicotinic acid) ......................... 18 mg
- Vitamin B5 (calcium-d-pantothenate) ......................... 6 mg
- Vitamin B6 (pyridoxine hydrochloride) .................... 2 mg
- Vitamin B12 (cyanocobalamin) ............................... 1 µg
- Vitamin C (ascorbic acid) .................................... 60 mg
- Hesperidin (citrus bioflavonoids) ............................ 6 mg
- Biotin (biotin) ......................................................... 150 µg
- Choline (choline bitartrate) .................................... 25 mg
- Folate (folic acid) .................................................. 200 µg
- Inositol (inositol) ..................................................... 25 mg
- Para-amino-benzoic acid (PABA) ......................... 25 mg
- Rhodiola rosea (Arctic root, 3% rosavins) ............ 100 mg

Suitable for vegetarians.

Dosage: Take one tablet daily or as directed by a health care practitioner.

60 tablets Item Code: 11165
Tools and Reference Materials

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com

Food Nutrient Series Test Vials

These four test vials are a collection for the Food Nutrient Series supplements available through Biomed.

**Item Code:** 10000
Nestmann Pharma

Nestmann Pharma’s professional line of German complex homeopathics and herbal remedies are recognized for their outstanding quality and effectiveness in Europe for over 50 years. This reputation has prompted Nestmann to become known as the ‘drainage people’ in Europe and are the remedies preferred by German health care practitioners.

- A-Hepatica
- Absinthium
- Adrenum
- Aesculus
- Allernest
- Avena Sativa
- Bio Boost
- Biorella
- Broncha
- Bucco
- Cactus
- Cardunara
- Carduus
- Cilantrex
- Crataegus
- Female Tonic
- Frangula
- Hydrastis Nasal Drops
- Lappa
- Luffa tabs
- Lycopus
- Lymph-A-Drop
- Polygonum
- Rubus
- Sabal Serrulatum
- Solidago

The combined experience of three generations of pharmacists and naturopaths has lead to the development of Nestmann formulas that are available today. With decades of consistent therapeutic results, the use of these remedies can be a cost effective and successful means of achieving targeted eliminative improvement, making a critical difference in patient recovery. This exceptional drainage line is available exclusively through Biomed.

Gain the clinical benefits from three generations of knowledge using the Nestmann Pharma remedies!
A-Hepatica
Liver Detoxification

A-Hepatica is an herbal combination for detoxification of the liver and gallbladder. German physicians have been using this formula for many decades as a liver detoxifier. A-Hepatica regulates secretion and absorption in the digestive system, has anti-inflammatory and anti-spasmolytic function in the portal vein, stimulates bile flow and increases detoxification of the liver.

A-Hepatica can be used in cases of chronic liver conditions due to infection, cholecystitis, cholangitis, metabolic disturbances, adiposity, and toxic stress due to environmental chemicals.

Ingredients:
Each 100 ml contains:

Anise (Pimpinella anisum) .............................................. 0.427 g
Bitter orange (Citrus aurantium) ................................... 15.40 g
Blessed thistle (Cnicus benedictus) .............................. 11.53 g
Chicory (Cichorium intybus) .......................................... 3.84 g
Cinnamon (Cinnamomum verum) ................................. 0.43 g
Clove root (Geum urbanum) .......................................... 1.30 g
Coriander (Coriandrum sativum) ................................. 0.20 g
Lemon balm (Melissa officinalis) ................................. 5.70 g
Liverwort (Anemone hepatica) .................................... 11.70 g
Wormwood (Artemisia absinthium) ........................... 1.40 g

Non-Medicinal Ingredients:
Water, ethanol

Suitable for vegetarians.

Dosage (Canadian NHPD): Take 60 drops (2/3 teaspoon) in warm water 20 minutes before meals three times daily or to be used on the advice of a health care practitioner.

Nestmann Pharma recommended drainage dosage: Take 20 drops in warm water 20 minutes before meals three times daily.

50 ml drops Item Code: 10961

Absinthium
Acid Reflux, Digestive Aid

The herbs found in Absinthium are used for acute and chronic gastrointestinal symptoms: heartburn, acid reflux, indigestion, lack of appetite, flatulence, inflammation, meteorism and dyspepsia.

This herbal combination normalizes the digestive gastric juices (namely hydrochloric acid and digestive enzymes) and motility conditions by influencing the autonomic tonicity. It has a direct and indirect influence on the mucous membranes with an anti-inflammatory effect and mobilization of the protective mucosa. With use, a general tonification with improvement of circulation in the GI tract can be expected.

Ingredients:
Each 100 ml contains:

Anise (Pimpinella anisum) .............................................. 1.4 g
Blessed thistle (Cnicus benedictus) .............................. 1.5 g
Elecampane/Inule (Inula helenium) .............................. 1.4 g
Fennel (Foeniculum vulgare) ........................................ 1.4 g
Gentian (Gentiana lutea) .............................................. 1.5 g
Hyssop (Hyssopus officinalis) ...................................... 0.8 g
Juniper (Juniperus communis) .................................... 1.5 g
Peppermint (Mentha piperita) .................................... 1.5 g
Sage (Salvia officinalis) ............................................ 0.8 g
Wormwood (Artemisia absinthium) ........................... 1.5 g

Non-Medicinal Ingredients:
Water, ethanol

Suitable for vegetarians.

Dosage: Adults: Take 15 to 25 drops in water before meals or to be used on the advice of a health care practitioner.

50 ml drops Item Code: 10905
Adrenum
Adrenal Support

Adrenum is a homeopathic preparation formulated to support the adrenal glands. It can be used for symptoms of stress including exhaustion, fatigue, lack of motivation and weakness. As this formula works to revitalize and recharge the body’s energy levels naturally, it is effective for adrenal stress, adrenal fatigue, nerve weakness (neurasthenia), nervous exhaustion, weakness and collapse, debility, and mental depression.

Adrenum also contains micro-nutritional components that help to increase functions of the cerebro-spinal system, sympathetic nervous system, and vascular activity. These assist in a marked improvement in cases of drowsiness, mental depression, forgetfulness, over-sensitivity and over-excitability.

Ingredients:
Each 100 ml contains:
- Anacardium orientale D3 ..............................................10 ml
- Aralia quinquefolia D3 ..................................................20 ml
- Avena sativa D3 ..............................................................5 ml
- Caffeinum D3 .................................................................. 8 ml
- Camphora D2 ...................................................................2 ml
- Selenium metallicum D8 ............................................... 20 ml
- Sterculia acuminate D2 .................................................. 10 ml
- Zincum metallicum D8 ................................................... 10 ml

Non-Medicinal Ingredients:
Ethanol

Suitable for vegetarians.

Dosage: Take 25 to 30 drops in water three times daily or to be used on the advice of a health care practitioner.

50 ml drops Item Code: 11170

Aesculus
Circulation

This homeopathic formula is used for peripheral circulatory disturbances, as Aesculus improves peripheral arterial circulation (specifically to the extremities) and invigorates the return of venous blood by strengthening the walls and veins. Aesculus is used in cases of arterial circulatory disturbances of the extremities (especially in the legs), angina cruris, peripheral edema, varicose veins, hemorrhoids, tingling and numbness in arms and legs, and cold extremities.

Aesculus is useful for venous congestion. Aesculus not only increases peripheral circulation, but supports and tonifies the vessels. It also helps to reduce congestion in the portal area, as high portal tension often results in hemorrhoids.

Ingredients:
Each 100 ml contains:
- Aesculus hippocastanum D1 .........................................25 ml
- Potentilla anserina D1 ...................................................25 ml
- Rutinum D2 .................................................................1 ml
- Secale cornutum D4 ..................................................... 10 ml
- Ustilago maidis D5 .........................................................10 ml

Non-Medicinal Ingredients:
Ethanol

Suitable for vegetarians.

Dosage: Take 20 drops in water five times daily. When improvement shows, take 25 drops in water three times daily or to be used on the advice of a health care practitioner.

50 ml drops Item Code: 10980
Allernest

Allergies

Allernest is a homeopathic combination for allergies and associated symptoms. Allernest works deep within the organism to reduce the hypersensitive reaction, stabilize histamine levels and has a positive influence on the skin, mucous membranes and airways. It reduces inflammation and swelling of the mucous membranes of the upper respiratory tract, strengthens the cell walls and decreases the hyper-allergic reaction.

Allernest is effective for seasonal, environmental and food allergies and covers such symptoms including: coughing, sneezing, difficulty breathing, hay fever, rashes, itching of the skin, food reactions, and headaches.

Ingredients:

Each 100 ml contains:

- Aralia racemosa D4 .................................................... 9.09 ml
- Cardiospermum D3 ..................................................... 9.09 ml
- Formicum acidum D12 ................................................9.09 ml
- Galphimia glauca D4 ..................................................9.09 ml
- Lachesis mutus D8 .....................................................9.09 ml
- Luffa operculata D6 ....................................................9.09 ml
- Petroleum D6 ..............................................................9.09 ml
- Rhus toxicodendron D6 ..............................................9.09 ml
- Thuja occidentalis D4 ................................................. 9.09 ml
- Urtica urens D4 ..........................................................9.09 ml

Non-Medicinal Ingredients:

Ethanol

Suitable for vegetarians.

Dosage:

Take 10 drops in water three times daily before meals or to be used on the advice of a health care practitioner.

Acute: Take 10 drops in water every 15 minutes until symptoms resolve.

50 ml drops Item Code: 10920

Avena Sativa

Nervous System, Stress

Avena Sativa is a herbal formula used for nervous conditions, stress, hyperactivity, insomnia, depression, hysteria, palpitations, and hypochondria. It is also used as an adjunct to assist the body and mind in handling stressful situations more easily.

Avena Sativa calms the central nervous system and nerve conduction, and regulates circulatory conditions by influencing the vasomotor system. It is effective for nervous complaints associated with the autonomic nervous system including both the sympathetic and parasympathetic nervous systems.

Ingredients:

Each 100 ml contains:

- Cowslip (Primula veris) ...............................................0.638 g
- Dill (Anethum graveolens) .........................................0.638 g
- Heather (Calluna vulgaris) ..........................................0.638 g
- Hops (Humulus lupulus) ..............................................0.638 g
- Lemon Balm (Melissa officinalis) .................................0.638 g
- Mugwort (Artemisia vulgaris) .....................................1.28 g
- Oat (Avena sativa) ......................................................0.015 g
- Peppermint (Mentha piperta) .....................................0.638 g
- Pulsatilla (Anemone pulsatilla) ..................................0.001 g
- Red squill (Urginea maritima) ....................................0.012 g
- St. John’s Wort (Hypericum perforatum) ....................0.638 g
- Valerian (Valeriana officinalis) .................................0.638 g
- Vervain (Verbena officinalis) ....................................0.638 g
- White nettle (Lamium album) ....................................0.638 g

Non-Medicinal Ingredients:

Water, ethanol

Suitable for vegetarians.

Dosage:

Take 30 drops in water three to five times daily, or as needed, or to be used on the advice of a health care practitioner.

As a sleep aid: Take 40 to 60 drops (up to one teaspoon) in water before bed time.

50 ml drops Item Code: 10900
Bio Boost

Upper Respiratory, Cold & Flu

Bio Boost is a powerful homeopathic remedy that acts to increase the body’s natural defenses against viral and bacterial infections. It works on the non-specific immune system, stimulates granulopoiesis and increases the phagocytic function of leukocytes. Bio Boost markedly increases the bactericidal activity of blood cells and has a beneficial effect on the complement properdin system.

Bio Boost relieves symptoms of colds and can be particularly useful for the treatment of influenza, viral infections and recurrent infections of the respiratory and urinary tract systems. A further effect is to improve lymphatic drainage. It is also as an adjunct therapy in cases of allergic and rheumatic illnesses.

Ingredients:

Each 50 ml contains:

- Echinacea pallida D1 ................................................12.75 ml
- Arnica montana D3 .................................................... 3.75 ml
- Baptisia tinctoria D4 ..................................................3.75 ml
- Bryonia alba D3 ..........................................................3.75 ml
- Cinchona officinalis D3 ................................................3.75 ml
- Cuprum sulphuricum D4 ............................................ 3.75 ml
- Eupatorium perfoliatum D2 ...................................... 3.75 ml
- Ferrum phosphoricum D2 ........................................... 4.5 ml
- Lachesis mutus D8 .................................................... 3.75 ml
- Lachesis mutus D15 ................................................... 3.75 ml
- Thuja D4 .................................................................... 3.5 ml

Non-Medicinal Ingredients:

Ethanol, water

Suitable for vegetarians.

Dosage:  
Adults: Take 40 drops every four hours until signs of improvement. Then take 20 drops three times a day or to be used on the advice of a health care practitioner.

Children: Take 20 drops every four hours until signs of improvement. Then take 10 drops three times a day or on the advice of a health care practitioner.

50 ml drops  Item Code: 11275

Biorella

Heavy Metal Detoxification

Biorella contains 100% Chlorella pyrenoidosa, a sweet-water algae from East Asia, is used for heavy metal, chemical and pesticide detoxification, exhibits anti-inflammatory properties and helps to promote the absorption of vitamins, minerals and amino acids. Biorella is a versatile dietary supplement that is rich in protein and amino acids, vitamins, minerals, trace elements and bio-active plant substances. Additionally, Biorella is beneficial in cases of fibromyalgia, anemia, suppressed immune function, hypertension, rheumatism, arthritis, and ulcerative colitis.

The chlorella algae found in Biorella has proven to be effective in heavy metal (including mercury) detoxification from non-neurological structures such as the intestinal wall, muscles, ligaments, connective tissues and bone. In addition to heavy metal binding, chlorella helps to repair and activate the body’s detoxification function while restoring bowel flora.

Ingredients:

Each tablet contains:

- Chlorella pyrenoidosa (Chlorella) ....................... 200 mg
- Vitamin A ............................................................ 20.28 µg RAE
- Vitamin B12 ......................................................... 0.42 µg
- Iron ......................................................................... 0.17 mg
- L-leucine ............................................................... 9 mg
- L-lysine ................................................................. 6 mg
- L-threonine ......................................................... 5 mg
- L-methionine ....................................................... 2.4 mg
- L-histidine ........................................................... 2 mg
- L-valine ................................................................. 6.2 mg
- L-phenylalanine ................................................... 5 mg

Suitable for vegetarians.

Dosage: Take 2 to 5 (chew or swallow) tablets with water two to three times daily or to be used on the advice of a health care practitioner. See Heavy Metal Detoxification Protocol in the Nestmann Compendium for more details.

360 tablets  Item Code: 11055
Broncha
Lung and Bronchial

The herbs found in Broncha are among the most extensively researched and documented in terms of their effectiveness related to lung and bronchial diseases. The use of this herbal combination is well known in Germany for coughs, acute and chronic bronchitis, asthma, infections and flu symptoms in the chest.

Broncha works as an anti-inflammatory and relieves cramps in the bronchial tree, loosens mucous and increases expectoration, promotes sweat production, improves oxygen uptake, supports blood purification and is an antitussive with relation to the lungs and bronchi.

**Ingredients:**

*Each 100 ml contains:*

- English Ivy (Hedera helix) ............................................... 2.6 g
- Fennel (Foeniculum vulgare) ......................................... 2.6 g
- Peppermint (Mentha x piperita) .................................... 2.6 g
- Thyme (Thymus vulgaris) ............................................. 10.0 g

**Non-Medicinal Ingredients:**

Water, ethanol

*Suitable for vegetarians.*

**Dosage (Canadian NHPD):** Take 100 drops (1 teaspoon) in water twice daily or to be used on the advice of a health care practitioner.

**Nestmann Pharma recommended drainage dosage:** Take 30 to 40 drops in water three to five times daily.

50 ml drops  
Item Code: 10895

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Bucco
Kidney Support

Bucco is an herbal combination specifically formulated for the kidneys. It is recommended for sub-acute and chronic kidney disorders. It increases circulation in the renal parenchyma, mildly stimulates diuresis, protects the epithelium coating of the efferent urinary passages, has anti-spasmodic and anti-inflammatory properties, prevents formation of kidney stones and is a mild adrenal stimulant.

**Ingredients:**

*Each 100 ml contains:*

- Bean (Phaseolus vulgaris) ............................................. 1.0 g
- Bearberry (Arctostaphylos uva-ursi) ............................ 1.0 g
- Birch (Betula pendula) .................................................. 1.0 g
- Horsetail (Equisetum arvense) .................................... 1.0 g
- Java-tea (Orthosiphon aristatus) ................................. 1.5 g
- Juniper (Juniperus communis) ...................................... 2.0 g
- Licorice (Glycyrrhiza glabra) ........................................ 1.0 g
- Long-leaf buchu (Agathosma serratifolia) ................. 1.0 g
- Peppermint (Mentha piperita) ................................. 2.0 g
- Restharrow (Ononis spinosa) ..................................... 1.0 g
- Rupturewort (Herniaria glabra) ............................... 1.0 g
- White willow (Salix alba) ........................................... 1.0 g

**Non-Medicinal Ingredients:**

Water, ethanol

*Suitable for vegetarians.*

**Dosage:** Take 20 to 30 drops in 8 oz. of water two to three times daily between or after a meal, or to be used on the advice of a health care practitioner.

50 ml drops  
Item Code: 10975
Cactus
Heart, Cardiovascular

The homeopathic combination of remedies in Cactus work to regulate the vegetative control of the heart and circulation and increases coronary circulation. It is one of the most important and successfully used remedies in Germany for increased heart rate, circulatory disturbances with tendency towards collapse, angina pectoris, aging heart and myocardia. It is also used for a nervous heart, heart pain due to stress, hypotonic tachycardia, nicotine abuse, heart constriction, like an ‘iron band’ with pain shooting down the left arm, irregular heartbeat and pulse, hypotension, endocarditis, nervous excitability, slow pulse, palpitation, pericarditis and heart pain.

Cactus is useful for functional irregularity of the heart, especially when caused by stress.

Ingredients:
Each 100 ml contains:
- Arnica montana D6 ..................................................4.0 g
- Cactus grandiflorus D2 ...........................................20.0 g
- Camphora D2 .....................................................5.0 g
- Convallaria majalis D3 .........................................20.0 g
- Crataegus oxycantha D1 .......................................30.0 g
- Glonoinum D8 ....................................................4.0 g
- Kalmia latifolia D4 ...............................................5.0 g
- Lachesis mutus D8 ...............................................4.0 g
- Spigelia anthelmia D4 .........................................4.0 g
- Tabacum D8 ..........................................................4.0 g

Non-Medicinal Ingredients:
Ethanol

Suitable for vegetarians.

Dosage: Take 10 drops in water three times daily before meals or to be used on the advice of a health care practitioner.

Acute: Take 10 drops in water every 15 minutes.

Cardunara
Liver Detoxification, High Cholesterol

The artichoke is one of the oldest cultivated plants in the world and has been used in traditional medicine as a specific liver and gallbladder remedy.

Cardunara is effective as a natural aid to lower cholesterol and for cases that fall within the framework of functional dyspepsia (pain in the upper abdomen, indigestion, bloating, fullness, belching, heartburn, nausea, GERD, and gastritis). The increase of bile production and flow is advantageous for the digestion of fats, detoxification of the liver/gallbladder system, stimulation of intestinal peristalsis, protection of the intestinal mucosa and results in overall better digestion. Due to the effects on fat metabolism, excessive cholesterol and triglyceride values in the blood are lowered. It promotes better blood flow through the liver and stimulates liver regeneration.

Ingredients:
Each 100 ml contains:
- Artichoke (Cynara cardunculus) .........................100 g

Non-Medicinal Ingredients:
Water

Suitable for vegetarians.

Dosage: Take 30 drops three times daily in water before meals or to be used on the advice of a health care practitioner.

50 ml drops Item Code: 10965
Carduus

Gallbladder and Liver Detoxification

Carduus is a homeopathic combination primarily for gallbladder conditions with secondary effects on the liver. It is used for acute, sub-acute and chronic diseases of the liver and gallbladder with emphasis on gallbladder conditions, constipation, stasis of the portal vein, hemorrhoids, hepatopathy with constipation and difficulty in fat digestion.

Carduus works by improving bile secretion, which in turn improves fat digestion, relieves constipation from increased intestinal peristalsis and helps remove small gallstones (gravel). It also has anti-spasmodic effects and stimulates the blood flow in the portal vein.

Ingredients:

Each 100 ml contains:

Berberis vulgaris D2 ...........................................2.0 ml
Carduus marianus D1 ...........................................5.0 ml
Cascara sagrada D1 .............................................73 ml
Chelidonium majus D1 ......................................5.0 ml
Cuprum metallicum D8 ......................................2.0 ml
Leptandra virginica D2 ......................................2.0 ml
Magnesia phosphorica D8 .................................2.0 ml
Myrica cerifera D2 .............................................2.0 ml
Natrium sulfuricum D6 ......................................2.0 ml
Taraxacum officinale D1 ..................................5.0 ml

Non-Medicinal Ingredients:

Ethanol

Suitable for vegetarians.

Dosage: Take 35 drops in water three times daily 20 minutes before meals or to be used on the advice of a health care practitioner.

50 ml drops Item Code: 10925

Cilantrex

Heavy Metal Detoxification

Cilantrex containing cilantro (Coriandrum sativum) plays an essential role in the body by supporting heavy metal detoxification. Many conditions related to nervous system disorders are directly linked to heavy metal poisoning. Cilantrex mobilizes heavy metals (including mercury, aluminum, lead and tin) from tissues, so that they can be further excreted from the body using binding chelation agents (such as chlorella).

Cilantro is also a well-known herb used as a digestive aid and to support the health of the intestine. Cilantro has a carminative, slightly spasmylic and stimulating effect on the secretion of the gastric juices.

Ingredients:

Each tablet contains:

Cilantro (Coriandrum sativum) ...................................100 mg

Non-Medicinal Ingredients:

Cellulose, lactose, starch, magnesium stearate

Suitable for vegetarians.

Dosage: Take 1 to 3 tablets dissolved under the tongue two to three times daily or to be used on the advice of a health care practitioner. See Heavy Metal Detoxification Protocol in the Nestmann Compendium for more details.

120 tablets Item Code: 11050
Crataegus

Circulation, Heart

Crataegus contains hawthorn and is used in impaired heart function and for organic and functional heart disorders. It is used by German physicians as a cardiac tonic, to increase the coronary circulation, for irregular heart beat (arrhythmia, tachycardia) and for pain and tightness in the chest. Crataegus contains flavonoids such as rutin, hyperoside and flavonoglycosyls, which play an important role as free radical scavengers and protecting the heart.

Crataegus works to strengthen the cardiac beat and improves myocardial contractibility. It improves cardiac output by increasing heart rate and reducing excitability. Due to its vasodilatory action on the peripheral arteries, it decreases peripheral resistance while increasing cardiac output.

Ingredients:

Each 100 ml contains:

Hawthorn berry (Crataegus monogyna) .......................13.6 g
Hawthorn leaf with flower (Crataegus monogyna) .... 13.6 g

Non-Medicinal Ingredients:

Water, ethanol

Suitable for vegetarians.

Dosage: Take 20 to 30 drops in water three times daily or to be used on the advice of a health care practitioner.

50 ml drops Item Code: 10955

Female Tonic

Female Health, Hormonal Balance

Female Tonic is a homeopathic preparation formulated for the restoration of hormonal balance in women. It is designed to help the body balance and regulate hormones and is an excellent tonic for overall women’s menstrual and menopausal health.

In addition to balancing menstrual and menopausal symptoms, it increases circulation in female organs and the intestinal tract, stimulates the liver functions, strengthens the myocardium, calms the nervous system and increases detoxification of the kidneys. It can also be used as a supportive remedy for physical and mental exhaustion; sleeplessness; menopausal disturbances; hot flashes; metabolic disturbances; depression and irritability.

Ingredients:

Each 100 ml contains:

Agnus cactus D3 .......................................................... 6.5 ml
Ambra grisea D3 .......................................................... 6.5 ml
Caulophyllum thalictroides D4 ..................................... 6.5 ml
Cimicifuga racemosa D3 ............................................. 6.5 ml
Cinchona officinalis D2 .............................................. 8.0 ml
Convallaria majalis D3 .............................................. 6.5 ml
Crataegus oxyacantha D24 ...................................... 6.5 ml
Crocus sativus D3....................................................... 6.5 ml
Cyclamen europaeum D3 ........................................ 6.5 ml
Damiana D3 ................................................................ 6.5 ml
Helonias dioica D2 .................................................... 6.5 ml
Hydrastis canadensis D3 ........................................... 6.5 ml
Lilium tigrinum D4 ................................................... 6.5 ml
Naja tripudians D8 .................................................... 6.5 ml
Rosemarinus officinalis D1 ....................................... 8.0 ml
Senecio aureus D4 .................................................... 6.5 ml
Staphysagria D4 ....................................................... 6.5 ml
Viola tricolor D1 ........................................................ 12.0 ml

Non-Medicinal Ingredients:

Ethanol

Suitable for vegetarians.

Dosage: Take 1 tablespoon two to three times daily before meals or to be used on the advice of a health care practitioner.

236 ml Item Code: 10990
**Frangula**

**Gastrointestinal, Gas and Bloating**

Frangula is a complex homeopathic formula covering a broad spectrum of gastrointestinal symptoms, with the emphasis on gas, bloating and flatulence. It is also effective for indigestion, sluggish bowel, spastic colon, and Roemheld's Syndrome (cardiac symptoms due to pressure from the diaphragm related to intestinal bloating).

Frangula works by stimulating intestinal peristalsis, is antispasmodic and antiputrifying and increases circulation in the liver, spleen and digestive organs.

**Ingredients:**

*Each 100 ml contains:*

- Aletris farinosa D3 ......................................................6.25 ml
- Carduus benedictus D1 ..............................................6.25 ml
- Carduus marianus D4 .................................................6.25 ml
- Citrus vulgaris D1 ....................................................... 6.25 ml
- Helianthus annuus D3 ................................................6.25 ml
- Melissa officinalis D1 .............................................. 6.25 ml
- Plumbum aceticum D6 ............................................... 6.25 ml
- Polyporus officinalis D3 ............................................. 6.25 ml
- Rhamnus frangula D1................................................. 6.25 ml
- Sambucus nigra D1 .................................................... 6.25 ml
- Sarsaparilla D1........................................................... 6.25 ml
- Senna D1 .................................................................... 6.25 ml
- Verbascum thapsus D1 .............................................. 6.25 ml
- Verbena officinalis D1 ................................................6.25 ml
- Aloe capensis D1 ....................................................... 6.25 ml

**Non-Medicinal Ingredients:**

- Ethanol

Suitable for vegetarians.

**Dosage:**

Take 25 to 30 drops in water after a meal or to be used on the advice of a health care practitioner.

50 ml drops  
Item Code: 11035

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**Hydrastis Nasal Drops**

**Sinusitis, Rhinitis**

Hydrastis Nasal Drops work by decreasing inflammatory processes in the nose, stimulates secretions, prevents drying out of the nasal mucosa, regenerates the function of the mucous membranes and normalizes nasal breathing. It is used for sinusitis, chronic rhinitis, allergies, ‘blocked’ or dry nose, pharyngolaryngitis, and nose bleeds.

**Ingredients:**

*Each 100 ml contains:*

- Hydrastis canadensis D4................................. 10 ml
- Ephedra vulgaris D3................................. 10 ml
- Lycopodium clavatum D3............................. 10 ml
- Mezereum D3.............................................. 10 ml
- Petroleum D8 ............................................... 10 ml
- Pulsatilla D3 ............................................. 10 ml
- Thuja occidentalis D10 .......................... 10 ml

**Non-Medicinal Ingredients:**

- Ethanol

Suitable for vegetarians.

**Dosage:**

Take 1 to 2 drops in each nostril* several times daily or to be used on the advice of a health care practitioner.

*A mild burning sensation that may be felt for a few seconds after administration is harmless and helps to moisturize the nasal mucosa membranes.

30 ml drops  
Item Code: 11005
**Lappa**

**Lymph and Blood Purifier**

Lappa is a blood purifier and a lymph stimulator and contains herbs known as ‘blood cleansers’. This combination of herbs in Lappa makes this an effective and powerful blood purifier and broad-spectrum detoxifying remedy. According to scientific standards of today, the so-called ‘blood purification’ is based on the results of increasing the elimination process of metabolic waste. Lappa increases the elimination of metabolic wastes via the kidneys, intestines and skin.

**Ingredients:**

_Each 100 ml contains:_

- Birch (Betula pendula) ................................. 1.60 g
- Burdock (Arctium lappa) ................................. 2.00 g
- Butternut (Juglans cinerea) ............................. 1.60 g
- Egyptian acacia (Acacia nilotica) ...................... 1.20 g
- Fennel (Foeniculum vulgare) ............................ 0.60 g
- Licorice (Glycyrrhiza glabra) ......................... 0.80 g
- Mexican sarsaparilla (Smilax officinalis) ............. 2.00 g
- Heartsease (Viola tricolor) ............................ 1.60 g
- Thyme (Thymus vulgaris) .............................. 1.60 g

**Non-Medicinal Ingredients:**

Water, ethanol

_Suitable for vegetarians._

**Dosage:** Take 20 to 30 drops in water two to three times daily or to be used on the advice of a health care practitioner.

50 ml drops  _Item Code:_ 10950

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**Luffa tabs**

**Sinusitis**

Luffa tabs are a traditional German preparation for sinusitis. This homeopathic combination is used for sinusitis, sinobronchitis and associated symptoms including chronic coryza with headache and accompanying bronchitis. It inhibits inflammation in the nose and paranasal sinus, decreases inflammation of lymphatic nodes and tonsils, and stabilizes the function of the sinubronchial complex.

Luffa tabs also stimulate secretion of mucous, facilitate expectoration and inhibit inflammatory processes. In upper respiratory tract inflammation of an allergic origin, they work to decrease the inflammation of the mucous membranes (of the lungs, bronchi, and sinuses).

**Ingredients:**

_Each tablet contains:_

- Luffa operculata D6 ...................................... 20 mg
- Allium cepa D6 .............................................. 10 mg
- Mercurius sulfuratus ruber D4 ......................... 20 mg
- Eupatorium perfoliatum D5 ............................ 10 mg
- Hydrastis canadensis D4 ................................. 20 mg
- Natrum muriaticum D6 ................................ 10 mg
- Phosphorus D6 .............................................. 10 mg
- Sticta pulmonaria D2 1 ................................. 0 mg

**Non-Medicinal Ingredients:**

Lactose, magnesium stearate, starch (potato)

_Suitable for vegetarians._

**Dosage:** Take 1 tablet and dissolve on the tongue three times daily or to be used on the advice of a health care practitioner.

Acute: Take half a tablet and dissolve on the tongue every hour until symptoms improve.

60 tablets  _Item Code:_ 10995
Lycopus

Thyroid Support

Lycopus is used for hyperthyroid complaints, tightness in the throat, palpitation, insomnia, anxiety, nervous condition, circulatory disorders, and symptoms related to thyroid dysfunction. It regulates the sympathetic trunk by increasing the vagal tone.

Lycopus contains botanicals and nutrients (Mag phos, Calc phos) that assist in modifying and supporting thyroid activity. In addition to thyroid function, Lycopus assists in a wide range of symptoms secondary to thyroid dysfunction including sleeplessness, feelings of fear, shakiness, perspiration, tachycardia, circulation disturbances, feeling of a lump in the throat and ‘nervous’ gastrointestinal issues.

Ingredients:

Each 100 ml contains

- Badiaga D2 ................................................................. 0.5 g
- Calcarea phosphorica D8 ............................................. 15.6 g
- Chininum arsenicosum D6 .......................................... 12.25 g
- Lophophytum leandri D6 .......................................... 12.25 g
- Lycopus virginicus D1 ............................................... 12 g
- Magnesia phosphorica D8 ........................................... 15.6 g
- Spongia tosta D1 ......................................................... 0.6 g

Non-Medicinal Ingredients:

Ethanol

Suitable for vegetarians.

Dosage: Take 5 drops in one teaspoon of water three times daily. When improvement shows, take 1 drop daily or to be used on the advice of a health care practitioner.

Item Code: 10970

Lymph-A-Drop

Lymphatic Drainage

Lymph-A-Drop works on the body’s elimination organs and pathways including the lymphatic drainage, liver, biliary tract, skin, lungs, and gastrointestinal tract. Lymph-A-Drop is a classic formula to detoxify the lymph, the blood, the extracellular matrix and connective tissues.

Specific conditions in which Lymph-A-Drop is recommended includes: lymphatic congestion (including lymphadenitis, lymphangitis and lymphadenopathy), edema (postoperative, acute or secondary), sports injuries (strains, sprains, contusions, swelling and hematomas), systems diseases (eczema, urticaria, allergies and postsurgical scarring), pediatrics (lymphatic diathesis, recurrent/chronic infections including otitis media), and detoxification programs for general health maintenance and disease prevention.

Ingredients:

Each 100 ml contains:

- Taraxacum ................................................................. 8.0 g
- Calendula ................................................................. 4.5 g
- Arsenicum album D8 ............................................... 1.0 g
- Chelidonium D2 ......................................................... 0.5 g
- Leptandra ................................................................. 0.3 g
- Echinacea ................................................................. 0.3 g
- Phytolacca D2 .............................................................. 0.2 g
- Carduus marianus D1 ............................................... 0.2 g
- Condurango D2 ........................................................ 0.1 g
- Hydrastis ................................................................. 0.1 g
- Lycopodium D2 ........................................................ 0.1 g
- Sanguinara ............................................................... 0.1 g
- Mercurius solubilis D8 .............................................. 0.2 g

Non-Medicinal Ingredients:

Water, ethanol

Suitable for vegetarians.

Dosage: Take 10 drops four times a day or to be used on the advice of a health care practitioner.

Item Code: 10880
Polygonum

Arthritis, Rheumatism, and Gout

Polygonum is a specially formulated homeopathic remedy that provides relief from symptoms related to arthritis, rheumatism and gout. It works by increasing the excretion of uric acid, improves the circulatory flow of the capillaries and tissues and has anti-inflammatory effects.

This remedy is specifically used for arthritis, inflammatory and degeneration afflictions of the joints, rheumatism arthrosis, spondylarthrosis, cervical and lumbar syndrome and uric-acid diathesis (gout). It is also proven to be effective for neuralgic pain, neuritis and ischialgia.

Ingredients:

Each 100 ml contains:

- Colchicum autumnale D3 ................................................ 5 ml
- Colocynthis D3 ................................................................. 5 ml
- Gnaphalium polycephalum D2 ........................................ 5 ml
- Ichthyolum D3 ................................................................. 5 ml
- Kalium iodatum D4 .......................................................... 5 ml
- Polygonum aviculare D4 ................................................ 30 ml
- Acorus calamus D4 ....................................................... 10 ml
- Rhododendron D3 ............................................................ 5 ml
- Symphytum officinale D1 .................................................. 0.3 ml
- Rhus toxicodendron D4 ................................................... 10 ml

Non-Medicinal Ingredients:

Ethanol

Suitable for vegetarians.

Dosage: Take 15 to 25 drops in water three to five times daily or on the advice of a health care practitioner.

Acute: Take 10 to 15 drops in water every one to two hours.

50 ml drops

Item Code: 10935

Rubus

Pancreas, Digestion

This homeopathic preparation works to stimulate the islet system (hormones insulin and glucagon) in the pancreas, increases the pancreatic secretion (enzymes and hormones) and lowers blood sugar (hyperglycemia, diabetes mellitus) by regulating the sugar metabolism via the intestine, liver and kidneys. Studies have shown an increase in diabetes, particularly due to insecticide intoxication, and this remedy has proven effective in cases of insecticide intoxication.

Ingredients:

Each 100 ml contains:

- Iris versicolor D4 ............................................................ 20 ml
- Vaccinium myrtillus D3 ................................................. 20 ml
- Okoubaka aubreville D6 ................................................. 20 ml
- Rubus fruticosus D2 ...................................................... 20 ml
- Syzygium jambolanum D3 ............................................. 20 ml

Non-Medicinal Ingredients:

Ethanol

Suitable for vegetarians.

Dosage: Take 20 drops in one tablespoon of water twice daily or to be used on the advice of a health care practitioner.

Acute: Take 25 drops three to four times daily.

50 ml drops

Item Code: 10940
Sabal Serrulatum
Prostate Health, Libido

This homeopathic formula is used for enlarged prostate with difficulty during urination, BPH (Benign Prostatic Hyperplasia - with hesitancy, difficulty or pain in urination, a weak urine flow, a frequency or urgency to pass urine and increased frequency needing to use the toilet at night), acute and chronic bladder irritation, prostatitis, impotence, formation of residual urine in the bladder, decreased libido and ovariagia (in females). It acts on the membrane-prostatic portion of the urethra, promotes tissue regeneration and enhances libido due to the increased circulation to the prostate gland.

Ingredients:
Each 100 ml contains:
Sabal serrulata D1 ..................................................... 33.3 ml
Lycopodium clavatum D4 ........................................... 33.3 ml
Pareira brava D4 .........................................................33.3 ml

Non-Medicinal Ingredients:
Ethanol

Suitable for vegetarians.

Dosage: Take 10 drops in water every half hour until improvement. Then take 25 - 30 drops in water three times daily or to be used on the advice of a health care practitioner.

50 ml drops Item Code: 11040

Solidago
Kidney, Bladder and Urinary Tract

Solidago is a homeopathic combination formulated for the urinary bladder, urinary tract and kidneys. It is recommended for all kidney affections and acute and chronic infections of the urethra, pyelitis, cystitis, urine retention and prostate conditions. Solidago works through anti-inflammatory effects, by stimulating diuresis and excretion of matter eliminated with the urine, stops cramps of the urinary passages, protects the epithelium coating and prevents the formation of crystallized materials.

Other common symptoms that Solidago can be used for include burning in the urethra, pain or burning during or at the end of urination, frequent urination or urging, bloody urine or discharge, enuresis, prostate hypertrophy, and renal colic.

Ingredients:
Each 100 ml contains:
Borax D8 ............................................................... 2.5 ml
Cantharis D4 ........................................................... 2.5 ml
Herniaria glabra D1 ................................................... 30 ml
Pareira brava D3 ..................................................... 5.0 ml
Populus tremuloides D2 .......................................... 2.5 ml
Solidago virgaurea D1 ............................................. 30 ml
Staphysagria D3 ...................................................... 2.5 ml
Terebinthina D6 ...................................................... 2.5 ml
Uva ursi D1 .............................................................. 20 ml

Non-Medicinal Ingredients:
Ethanol

Suitable for vegetarians.

Dosage: Take 40 drops in water three times daily or to be used on the advice of a health care practitioner.

Acute: Take 40 drops in water five times daily.

50 ml drops Item Code: 10945
Tools and Reference Materials

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com

Nestmann Pharma Compendium

The Nestmann Pharma homeopathic and herbal compendium is a great desktop reference tool for using the Nestmann Pharma remedies. It provides extensive details on each remedy including ingredients, dosage, contraindications and clinical pearls from health care practitioner’s experience. The compendium also contains general reference material on drainage remedies with a history of Nestmann Pharma, a quick reference guide by indication for the entire Nestmann Pharma line, and comprehensive protocols using the Nestmann drainage remedies.

Item Code: 810-610-CM001

Nestmann Pharma Test Kit

The Nestmann Pharma test kit is a collection of test vials for the full line of Nestmann Pharma remedies available through Biomed.

Item Code: 10709
Dr. Günther Enderlein worked ceaselessly and meticulously observing drops of living blood under the microscope. Based upon his extensive research, observations and experiments, Dr. Enderlein proved that blood is not sterile and that microorganisms undergo various developmental stages based upon the milieu. These conclusions form the basis of pleomorphism and isopathy therapy, with Dr. Enderlein’s original isopathic and immunobiological remedies available as the Pleo Sanum remedies made by SANUM-Kehlbeck in Germany.
Pleo Sanum products by SANUM-Kehlbeck GmbH are the original isopathic and homeopathic remedies from Germany. Pleo Sanum is a product system first developed in 1944 and is manufactured and distributed worldwide by SANUM-Kehlbeck in Germany.

For over 60 years, Pleo Sanum isopathic, homeopathic and supplement preparations has been a keystone of biological medicine for chronic and acute conditions. Pleo Sanum therapy is widely recognized to positively influence the regulatory processes, the internal milieu, immune response capacity and the symbiotic bacterial ecology within the body.

Experience the breakthrough success enjoyed by holistic medicine peers around the world. Welcome to the Pleo Sanum Biological Medicine family.
The Pleo Sanum isopathic, homeopathic and supplement products provide broad spectrum medical alternatives that can address acute and chronic inflammations and infections without the use of traditional antibiotics.

Dr. Gunther Enderlein (1872 - 1968) proved that blood is not sterile and that microorganisms undergo various developmental stages based upon the milieu. From the pleomorphic perspective, the internal environment is largely responsible for the establishment of viral, bacterial, inflammatory and degenerative physiology. This thinking leads to the conclusion that bacterial or viral infections, and chronic inflammatory and degenerative diseases can be reversed by modulating the milieu to optimize physiological function.

With foundations in pleomorphism, Pleo Sanum finds an important and pervasive role as a key restorative tool within the Biological Medicine modality. Biological Medicine principles emphasize optimizing the body’s natural systems by promoting regulation, regeneration, adaptation and self-healing.

Pleo Sanum therapy is the foundation to this approach and provides tools for:

- Acid-base balance through milieu modulation
- Milieu self-regulation and toxic excretion
- Promoting detoxification and healthy intestinal flora
- Modulation of pleomorphic behaviour of microorganisms causing pathological conditions
- Stimulation of immuno-modulation
- Enhancing immune response capacity
- Addressing trace mineral and vitamin deficiencies
- Resolving acute and chronic degenerative conditions
- Addressing the cause, not just the symptoms of disease

This family of remedies is suitable for all ages (newborn to elderly), has shown no toxicity and exhibits no side effects or interactions with other medications.

Pleo Sanum Products are Available in the Following Forms

- Drops
- Tablets
- Capsules
- Suppositories
- Ointment
- Sips
Pleo ALB (Albicansan)

Pleo Alb (Albicansan) is for chronic and systemic mycosis (fungus) of the mucous membranes.

**Ingredients:**
Candida albicans

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 3X - 10 suppositories  | Item Code: 0103-1
- 3X - 30 g ointment    | Item Code: 0104-1
- 4X - 20 capsules      | Item Code: 0102-1
- 5X - 10 ml drops      | Item Code: 0101-1
- 5X - 10 sips          | Item Code: 0105-1
- 5X - 50 sips          | Item Code: 0105-2

**pH Indicator Paper**

Litmus paper strips for testing pH (acid-base) values.

Booklet of 48 pH strips  | Item Code: 0197-0

**Pleo ALKALA ‘N’ Powder**

Pleo Alkala ‘N’ powder is a base mixture, excellently suited for correction of the acid-base balance in the organism by decreasing tissue acidosis and increasing mitochondrial respiration.

**Ingredients:**

*Each 150 g contains:*
- Sodium bicarbonate ................................. 2.67 g
- Potassium bicarbonate............................ 13.40 g
- Sodium citrate ...................................... 133.93 g

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 150 g powder  | Item Code: 6001-1

Pleo ART ‘A’ (Arthrokehlan ‘A’)

Pleo Art ‘A’ (Arthrokehlan ‘A’) supports conditions of arthritis, osteoporosis, ankylosing spondylitis, arthrotic myalgia, dental conditions, as well as degenerative diseases of the spinal column and of the entire apparatus of locomotion.

**Ingredients:**
Propionibacterium acnes

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 6X - 10 ml drops  | Item Code: 0301-1
- 6X - 10 sips     | Item Code: 0302-1
- 6X - 50 sips     | Item Code: 0302-2

Pleo ART ‘U’ (Arthrokehlan ‘U’)

Pleo Art ‘U’ (Arthrokehlan ‘U’) is a homeopathic preparation used for the stimulation of endogenic defense capacities. It also acts as an adjuvant in anti-carcinomatous therapy.

**Ingredients:**

Corynebacterium sp.

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 6X - 10 ml drops  | Item Code: 0401-1
- 6X - 10 sips     | Item Code: 0205-1
- 6X - 50 sips     | Item Code: 0205-2

Pleo CAL (Calvakehl)

Pleo Cal (Calvakehl) is used in bleeding disorders (of the nose and uterus), weakness of the heart and circulatory system, lack of oxygen in the blood, skin rashes and digestive conditions (indigestion, diarrhea).

**Ingredients:**
Calvatia gigantea

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 3X - 10 ml drops  | Item Code: 0111-1
- 4X - 80 tablets   | Item Code: 0113-1
Pleo CERIVI (Cerivikehl)

Pleo Cerivi (Cerivikehl) promotes circulation of the mucous membranes and is used for conditions of the respiratory tract including: sinusitis, laryngitis, bronchitis, dry cough and for lack of appetite.

**Ingredients:**
Cetraria islandica

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Amount</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>1X - 30 ml drops</td>
<td>7001-3</td>
</tr>
<tr>
<td>3X - 10 sips</td>
<td>7002-1</td>
</tr>
<tr>
<td>3X - 50 sips</td>
<td>7002-2</td>
</tr>
</tbody>
</table>

Pleo CHELATE

Pleo Chelate is used to stimulate the body’s capacity of chelation and secreting ionic metals, particularly heavy metals such as mercury, lead and cadmium. It reduces high burden with heavy metals and reduces the production of harmful free radicals in the body.

**Ingredients:**

Each 100 g contains:
- Sodium edentate 2X: 8.0 g
- Hydrogen peroxide 2X: 8.0 g
- Magnesium sulphate 2X: 4.0 g
- Potassium chloride 2X: 4.0 g
- Sodium chloride 2X: 1.6 g

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Amount</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>2X - 100 ml drops</td>
<td>6100-1</td>
</tr>
</tbody>
</table>

Pleo CHrys (Chrysocor)

Pleo Chrys (Chrysocor) contains human-placenta hydrolysate to stimulate the metabolism and to address functional disturbances of the male gonads, climacterium virile, conditions of “old age”, sexual asthenia (libido), hypogenitalism, sexual adynamia (libido), hypogenitalism, sexual adynamia and as an adjuvant for cellular regeneration.

**Ingredients:**

Placenta hydrolysate (human)

**Dosage:** See Pleo Sanum Materia Medica for dosage.

<table>
<thead>
<tr>
<th>Amount</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>5X - 10 sips</td>
<td>1086-1</td>
</tr>
<tr>
<td>5X - 50 sips</td>
<td>1086-2</td>
</tr>
</tbody>
</table>

Pleo CITRO (Citrokehl)

Pleo Citro (Citrokehl) is homeopathic citric acid used to support the Kreb’s citric acid cycle. It increases cellular metabolism and blood viscosity and decreases lactic acid production and fluid retention. Also supports the use of Pleo Nig (Nigersan) by increasing Aspergillus niger activity.

**Ingredients:**

Acidum citricum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Amount</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>10X 30X 200X - 100 ml drops</td>
<td>8001-1</td>
</tr>
<tr>
<td>10X 30X 200X - 10 sips</td>
<td>8002-1</td>
</tr>
<tr>
<td>10X 30X 200X - 50 sips</td>
<td>8002-2</td>
</tr>
<tr>
<td>10X 30X 200X - 80 tablets</td>
<td>8003-1</td>
</tr>
</tbody>
</table>
Pleo CUP (Cuprukehl)

Pleo Cup (Cuprukehl) is used for inflammatory processes in the stomach, intestines and kidneys (both pre- and post-operative phases).

**Ingredients:**
Copper gluconate

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

<table>
<thead>
<tr>
<th>Strength</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>3X - 30 ml drops</td>
<td>1071-3</td>
</tr>
<tr>
<td>4X - 10 sips</td>
<td>1075-1</td>
</tr>
<tr>
<td>4X - 50 sips</td>
<td>1075-2</td>
</tr>
</tbody>
</table>

Pleo EX (Exmykehl)

Pleo Ex (Exmykehl) is a combination of Pleo Alb (Albicansan), Pleo Pef (Pefrakehl) and Pleo Fort (Fortakehl). It is used for chronic fungal conditions and all types of mycosis, especially of the mucous membranes.

**Ingredients:**
Candida albicans  
Candida parapsilosis  
Penicillium roquefortii

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

<table>
<thead>
<tr>
<th>Strength</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>3X - 10 suppositories</td>
<td>1106-1</td>
</tr>
<tr>
<td>4X - 20 capsules</td>
<td>1103-1</td>
</tr>
<tr>
<td>5X - 10 ml drops</td>
<td>1101-1</td>
</tr>
<tr>
<td>5X - 10 sips</td>
<td>1105-1</td>
</tr>
<tr>
<td>5X - 50 sips</td>
<td>1105-2</td>
</tr>
<tr>
<td>5X - 20 tabs</td>
<td>1102-1</td>
</tr>
</tbody>
</table>

Pleo FORT (Fortakehl)

Pleo Fort (Fortakehl) is used for all gastrointestinal issues including digestive mycosis and rebalancing gastrointestinal symbiosis. It is obtained from the mold fungus Penicillium roquefortii, however it is not an antibiotic and does not produce antibiotic substances. Therefore, there are no occurrence of side effects as may be seen with conventional antibiotic treatment, such as allergies, liver damage, destruction of the intestinal flora, and the formation of penicillin-resistant strains.

**Ingredients:**
Penicillium roquefortii (this is not an antibiotic and does not produce antibiotic substances)

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

<table>
<thead>
<tr>
<th>Strength</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>3X - 10 suppositories</td>
<td>1106-1</td>
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<tr>
<td>4X - 20 capsules</td>
<td>1103-1</td>
</tr>
<tr>
<td>5X - 10 ml drops</td>
<td>1101-1</td>
</tr>
<tr>
<td>5X - 10 sips</td>
<td>1105-1</td>
</tr>
<tr>
<td>5X - 50 sips</td>
<td>1105-2</td>
</tr>
<tr>
<td>5X - 20 tabs</td>
<td>1102-1</td>
</tr>
</tbody>
</table>

Pleo GINKGO (Ginkgobakehl)

Pleo Ginkgo (Ginkgobakehl) is used for circulatory disturbances (arterial and peripheral), arteriosclerosis, and weakness in concentration and tiredness.

**Ingredients:**
Gingko biloba

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

<table>
<thead>
<tr>
<th>Strength</th>
<th>Item Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>1X - 30 ml drops</td>
<td>9001-3</td>
</tr>
<tr>
<td>4X - 10 sips</td>
<td>9002-1</td>
</tr>
<tr>
<td>4X - 50 sips</td>
<td>9002-2</td>
</tr>
</tbody>
</table>
Pleo GRIF (Grifokehl)

Pleo Grif (Grifokehl) has an adaptogenic effect on unbalanced body functions, and is used in cases of the herpes virus (including Herpes blisters, Herpes zoster, Herpes simplex and Herpes genitalis), diabetes mellitus, hypertonia, obesity, and as an immunostimulant.

**Ingredients:**

Grifola frondosa

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0123-1</td>
<td>5X - 10 ml drops</td>
</tr>
<tr>
<td>0122-1</td>
<td>5X - 10 sips</td>
</tr>
<tr>
<td>0122-2</td>
<td>5X - 50 sips</td>
</tr>
</tbody>
</table>

Pleo LARI (Larifikehl)

Pleo Lari (Larifikehl) is for lung conditions as well as inflammation of the digestive organs and fever.

**Ingredients:**

Laricifomes officinalis

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1302-1</td>
<td>4X - 20 caps</td>
</tr>
<tr>
<td>1301-1</td>
<td>5X - 10 ml drops</td>
</tr>
<tr>
<td>1303-1</td>
<td>5X - 10 sips</td>
</tr>
<tr>
<td>1303-2</td>
<td>5X - 50 sips</td>
</tr>
</tbody>
</table>

Pleo LAT (Latensin)

Pleo Lat (Latensin) is used in sub-acute and chronic inflammations, conditions of weakness and has a beneficial effect in immune modulation.

**Ingredients:**

Bacillus cereus

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1407-1</td>
<td>4X - 10 sips</td>
</tr>
<tr>
<td>1407-2</td>
<td>4X - 50 sips</td>
</tr>
<tr>
<td>1402-2</td>
<td>4X - 5 capsules</td>
</tr>
<tr>
<td>1403-2</td>
<td>6X - 5 capsules</td>
</tr>
<tr>
<td>1401-1</td>
<td>6X - 5 ml drops</td>
</tr>
<tr>
<td>1405-1</td>
<td>6X - 10 sips</td>
</tr>
<tr>
<td>1405-2</td>
<td>6X - 50 sips</td>
</tr>
<tr>
<td>1404-1</td>
<td>6X - 10 suppositories</td>
</tr>
</tbody>
</table>

Pleo LEPTU (Leptucin)

Pleo Leptu (Leptucin) is used to increase blood circulation in the body, for stimulation of the circulation to the extremities and for immunostimulation.

**Ingredients:**

Propionibacterium avidum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1601-1</td>
<td>6X - 20 capsules</td>
</tr>
<tr>
<td>1602-1</td>
<td>6X - 10 suppositories</td>
</tr>
</tbody>
</table>

Pleo MUC (Mucokehl)

Pleo Muc (Mucokehl) is used in circulatory and congestive conditions. It increases circulation and decreases congestion, especially affecting the cardiovascular and lymphatic systems.

**Ingredients:**

Mucor racemosus

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1805-1</td>
<td>3X - 10 suppositories</td>
</tr>
<tr>
<td>1806-1</td>
<td>3X - 30 g ointment</td>
</tr>
<tr>
<td>1804-1</td>
<td>4X - 20 capsules</td>
</tr>
<tr>
<td>1801-1</td>
<td>5X - 10 ml drops</td>
</tr>
<tr>
<td>1807-1</td>
<td>5X - 10 sips</td>
</tr>
<tr>
<td>1807-2</td>
<td>5X - 50 sips</td>
</tr>
<tr>
<td>1803-1</td>
<td>5X - 20 tablets</td>
</tr>
<tr>
<td>1809-1</td>
<td>6X - 10 sips</td>
</tr>
<tr>
<td>1809-2</td>
<td>6X - 50 sips</td>
</tr>
<tr>
<td>1808-1</td>
<td>7X - 10 sips</td>
</tr>
<tr>
<td>1808-2</td>
<td>7X - 50 sips</td>
</tr>
</tbody>
</table>
Pleo MUC (Mucokehl) Eye Drops

Pleo Muc (Mucokehl) is used in circulatory and congestive conditions. It increases circulation and decreases congestion, especially affecting the cardiovascular and lymphatic systems. It is specifically useful for glaucoma, cataract, scintillating scotoma and conjunctivitis.

**Ingredients:**
Mucor racemosus

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

5X - 5 ml eye drops [Item Code: 1802-2]
5X - 10 single use* drop vials [Item Code: 1822-1]
*Homeopathic Ophthalmic Demulcent Medicine without preservatives, can be used with contact lenses.

Pleo MUC EX (Mucokehl Atox)

Pleo Muc Ex (Mucokehl Atox) is used to support both metabolic and decomposition product (Mucor racemosus) elimination, especially after treatment with Pleo Muc (Mucokehl).

**Ingredients:**
Mucor racemosus antichondrit serum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

6X - 10 ml [Item Code: 1901-1]
6X - 10 sips [Item Code: 1905-1]
6X - 50 sips [Item Code: 1905-2]

Pleo MUCEDO (Mucedokehl)

Pleo Mucedo (Mucedokehl) is used for regulatory dysfunction of the lymphatic system, to increase microcirculation to the endocrine glands and brain, for thyroid function disturbances, upper respiratory tract conditions and neuro-vegetative syndrome (anxiety).

**Ingredients:**
Mucor mucedo

**Dosage:** See Pleo Sanum Materia Medica for dosage.

4X - 20 caps [Item Code: 1702-1]
5X - 10 ml drops [Item Code: 1701-1]
5X - 10 sips [Item Code: 1704-1]
5X - 50 sips [Item Code: 1704-2]
3X - 10 suppositories [Item Code: 1703-1]

Pleo MUSCAR (Muscarsan)

Pleo Muscar (Muscarsan) is for detoxification (from drugs and medication), muscle spasms, organs and blood vessels, migraines and nervous disorders (intestinal).

**Ingredients:**
Amanita muscaria

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

6X - 10 ml drops [Item Code: 0801-2]
6X - 10 sips [Item Code: 0802-1]
6X - 50 sips [Item Code: 0802-2]

Pleo NIG (Nigersan)

Pleo Nig (Nigersan) is used for tubercular and paratubercular conditions (mucous membrane, tissue and joint inflammations) and to increase lymphatic circulation.

**Ingredients:**
Aspergillus niger

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

3X - 10 suppositories [Item Code: 2104-1]
4X - 20 capsules [Item Code: 2103-1]
5X - 10 ml drops [Item Code: 2101-1]
5X - 20 tablets [Item Code: 2102-1]
5X - 10 sips [Item Code: 2105-1]
5X - 50 sips [Item Code: 2105-2]
6X - 10 sips [Item Code: 2107-1]
6X - 50 sips [Item Code: 2107-2]
7X - 10 sips [Item Code: 2106-1]
7X - 50 sips [Item Code: 2106-2]

Pleo NIG EX (Nigersan Atox)

Pleo Nig Ex (Nigersan Atox) is used to support both metabolic and decomposition product (Aspergillus niger) elimination, especially after treatment with Pleo Nig (Nigersan).

**Ingredients:**
Aspergillus niger antichondrit serum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

6X - 10 sips [Item Code: 2111-1]
6X - 50 sips [Item Code: 2111-2]
Pleo NOT (Notakehl)

Pleo Not (Notakehl) is for both chronic and acute bacterial infections, inflammations and conditions, especially for staph and strep infections.

**Ingredients:**
Penicillium chrysogenum (this is not an antibiotic and does not produce antibiotic substances)

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

- 3X - 10 suppositories Item Code: 2304-1
- 3X - 30 g ointment Item Code: 2305-1
- 4X - 20 capsules Item Code: 2303-1
- 5X - 10 ml drops Item Code: 2301-1
- 5X - 20 tablets Item Code: 2302-1
- 5X - 10 sips Item Code: 2306-1
- 5X - 50 sips Item Code: 2306-2
- 6X - 10 sips Item Code: 2308-1
- 6X - 50 sips Item Code: 2308-2
- 7X - 10 sips Item Code: 2310-1
- 7X - 50 sips Item Code: 2310-2

Pleo NOTA-QUENT (Notakehl-Quentakehl)

Pleo Nota-Quent is a combination of Pleo Not (Notakehl) and Pleo Quent (Quentakehl) that specifically acts on all infections caused by streptococci and staphylococci and/or with all viral infections.

**Ingredients:**
Penicillium chrysogenum
Penicillium glabrum
(These are not antibiotics and do not produce antibiotic substances)

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

- 5X - 10 ml drops Item Code: 0031-1

Pleo OKU (Okoubasan)

Pleo Oku (Okoubasan) is derived from Okoubaka aubrevillei and is used in cases of food poisoning, healing of infectious diseases of the gastrointestinal tract, food intolerances and during elimination of metabolic waste products.

**Ingredients:**
Okoubaka aubrevillei

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

- 2X - 30 ml drops Item Code: 2401-3
- 2X - 80 tablets Item Code: 2402-2

Pleo ORYZAE (Sanoryzae)

Pleo Oryzae (Sanoryzae) acts on the vascular system by stimulating the blood circulation. It is used for disturbed circulation of the coronaries, internal ear, headaches and high blood pressure.

**Ingredients:**
Aspergillus oryzae

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

- 6X - 10 ml drops Item Code: 0021-1

Pleo PEF (Pefrakehl)

Pleo Pef (Pefrakehl) is used for enteral mycosis when fungus first enters orifices and for dental conditions.

**Ingredients:**
Candida parapsilosis

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**
Pleo PIN (Pinikehl)
Pleo Pin (Pinikehl) is used for conditions of the liver and spleen and for intermittent fever.

**Ingredients:**
Fomitopsis pinicola

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 4X - 10 suppositories
- 4X - 20 capsules
- 5X - 10 ml drops
- 5X - 10 sips
- 5X - 50 sips

**PLEO POLY (POLYSANS)**

The Pleo Poly (Polysans) are a group of remedies (A, D, DX, E, G, K, M, OM, R, T) that are used as an antibody-antigen assessment tool and therapy that stimulates the immune system to clear out old, latent or inherited infections.

**Pleo POLY ‘A’ (Polysan ‘A’)**
Pleo Poly A (Polysan ‘A’) is for aging-associated complaints, metabolic disturbances, arteriosclerosis, hypertension, cardiac afflictions, nervous disorders and prostatic diseases.

**Ingredients:**
Antigens of Mycobacterium tuberculosis typus bovinus, Mycobacterium tuberculosis typus brevis and antitoxins from the blood of highly immunized rabbits.

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 9X - 10 ml drops

**Pleo POLY ‘D’ (Polysan ‘D’)**
Pleo Poly D (Polysan ‘D’) is used for focal infections.

**Ingredients:**
Antigens from Streptococcus lacticus, S. pyogenes, S. hemolyticus, S. viridans, Staphylococcus albus, S. pharyngis, S. aureus, Diplococcus lanceolatus, Mycobacterium tuberculosis typus bovinus, and antitoxins from the blood of highly immunized rabbits.

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 9X - 10 ml drops

**Pleo POLY ‘DX’ (Polysan ‘DX’)**
Pleo Poly D (Polysan ‘DX’) is used for latent focal infection (stronger version of Pleo Poly D).

**Ingredients:**
Antigens from Streptococcus lanceolatus, Staphylococcus aureus, Diplococcus pneumoniae and antitoxins from the blood of highly immunized rabbits.

**Dosage:** See Pleo Sanum Materia Medica for dosage.

- 9X - 10 ml drops
Pleo POLY ‘E’ (*Polysan ‘E’*)

Pleo Poly E (Polysan ‘E’) is for inherited toxins, especially of the luetic nature.

Ingredients:
Antigens from luetic hereditary toxins.

Dosage: See Pleo Sanum Materia Medica for dosage.

9X - 10 ml drops  
Item Code: 2804-1

Pleo POLY ‘G’ (*Polysan ‘G’*)

Pleo Poly G (Polysan ‘G’) is used for the flu, angina, suppuration, all inflammation, blood poisoning, feverish diseases and diverse colds.

Ingredients:
Antigens from Virus influenzae Spengler, Bazillus influenzae Pfeiffer, Bacterium pneumoniae and antitoxins from the blood of highly immunized rabbits.

Dosage: See Pleo Sanum Materia Medica for dosage.

9X - 10 ml drops  
Item Code: 2805-1

Pleo POLY ‘K’ (*Polysan ‘K’*)

Pleo Poly K (Polysan ‘K’) is for circulatory disturbances, venous congestion, allergic illnesses (asthma, hay fever), varicose veins and pre-cancerous stages.

Ingredients:
Antigens from Streptococcus lanceolatus, Staphylococcus aureus, Diplococcus pneumoniae and antitoxins from the blood of highly immunized rabbits.

Dosage: See Pleo Sanum Materia Medica for dosage.

9X - 10 ml drops  
Item Code: 2806-1

Pleo POLY ‘M’ (*Polysan ‘M’*)

Pleo Poly M (Polysan ‘M’) is used for malaria and its latent effects.

Ingredients:
Antigens from Malaria plasmodia and antitoxins from highly immunized rabbits.

Dosage: See Pleo Sanum Materia Medica for dosage.

9X - 10 ml drops  
Item Code: 2807-1

Pleo POLY ‘OM’ (*Polysan ‘OM’*)

Pleo Poly OM (Polysan ‘OM’) is for neoplasms both benign and malignant, precancerous.

Ingredients:
Antigens from Streptococcus lacticus, S. pyogenes, S. hemolyticus, S. viridans, Staphylococcus albus, S. pharyngis, S. aureus, Diplococcus lanceolatus, Mycobacterium tuberculosis typus bovinus and antitoxins from the blood of highly immunized rabbits.

Dosage: See Pleo Sanum Materia Medica for dosage.

9X - 10 ml drops  
Item Code: 2808-1

Pleo POLY ‘R’ (*Polysan ‘R’*)

Pleo Poly R (Polysan ‘R’) is used for rheumatism, gout, neuralgia, elimination of uric acid and rheumatism of tuberculosis origin.

Ingredients:
Antigens from Mycobacterium tuberculosis typus brevis, tuberculosis typus bovinus, Streptococcus pyogenes and antitoxins from the blood of highly immunized rabbits.

Dosage: See Pleo Sanum Materia Medica for dosage.

9X - 10 ml drops  
Item Code: 2809-1

Pleo POLY ‘T’ (*Polysan ‘T’*)

Pleo Poly T (Polysan ‘T’) is used for tuberculosis, latent and masked forms of asthma, eczema, rheumatism, migraine and scrofulosis.

Ingredients:
Antigens from Mycobacterium tuberculosis typus humanus, M. tuberculosis typus brevis, M. tuberculosis typus bovinus, Diplococcus pneumoniae, Streptococcus mucosus and antitoxins from the blood of highly immunized rabbits.

Dosage: See Pleo Sanum Materia Medica for dosage.

9X - 10 ml drops  
Item Code: 2810-1
Pleo QUENT *(Quentakehl)*

Pleo Quent (Quentakehl) is used for acute, chronic and latent viral conditions.

**Ingredients:**

Penicillium glabrum (this is not an antibiotic and does not produce antibiotic substances)

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

3X - 10 suppositories  Item Code: 2904-1  
4X - 20 capsules  Item Code: 2902-1  
5X - 10 ml drops  Item Code: 2901-1  
5X - 10 sips  Item Code: 2905-1  
5X - 50 sips  Item Code: 2905-2

Pleo REB *(Rebas)*

Pleo Reb (Rebas) contains Peyer’s patches extract for chronic and recurrent inflammations, including disturbances in the humoral body defense, gastrointestinal conditions, chronic hepatitis and angina lacunaris.

**Ingredients:**

Peyer’s patches extract

**Dosage:** See Pleo Sanum Materia Medica for dosage.

4X - 10 suppositories  Item Code: 3003-1  
4X - 20 capsules  Item Code: 3001-1  
5X - 10 sips  Item Code: 3006-1  
5X - 50 sips  Item Code: 3006-2  
6X - 10 sips  Item Code: 3007-1  
6X - 10 suppositories  Item Code: 3007-2

Pleo REC *(Recarcin)*

Pleo Rec (Recarcin) is used for sub-acute and chronic inflammations, especially inflammation of the mucous membranes and caused by fever. It is also an immune modulator.

**Ingredients:**

Bacillus firmus

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

4X - 5 capsules  Item Code: 3102-2  
4X - 10 sips  Item Code: 3105-1  
4X - 50 sips  Item Code: 3105-2  
6X - 5 capsules  Item Code: 3103-2  
6X - 5 ml drops  Item Code: 3101-2  
6X - 10 sips  Item Code: 3701-1  
6X - 50 sips  Item Code: 3701-2  
6X - 10 suppositories  Item Code: 3104-1

Pleo RELIVORA *(Relivora)*

Pleo Relivora is used for stimulation of endogenic defensive capacities in feverish processes, stimulate the immune system, conditions of the upper respiratory tract and inflammatory processes of the pulmonary tract (including hard dry cough, bronchitis and whooping cough).

**Ingredients:**

Drosera 3X  
Echinacea angustifolia 2X  
Juglans 4X

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

2X 3X 4X - 30 ml drops  Item Code: 6200-3  
2X 3X 4X - 10 sips  Item Code: 6201-1  
2X 3X 4X - 50 sips  Item Code: 6201-2
Pleo RUB *(Ruberkehl)*

Pleo Rub (Ruberkehl) is used for all chronic diseases of the upper and lower respiration tract (including allergies) such as rhinitis, sinusitis, bronchitis, conjunctivitis (i.e. red itchy eyes), and for cystitis & nephritis.

**Ingredients:**

Aspergillus ruber

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 3X - 10 suppositories  Item Code: 3302-1
- 5X - 10 ml drops  Item Code: 3301-1
- 5X - 10 sips  Item Code: 3303-1
- 5X - 50 sips  Item Code: 3303-2

**PLEO SAN *(SANUKEHLS)***

The Pleo San (Sanukehls) are a group of remedies that use polysaccharide extracts from the cell walls of various infectious bacterial species to serve as markers for CWD (cell wall deficient) bacteria. They form complete antigens, which allow the body to recognize and eliminate bacterial toxins or proteins released from previous infections.

**Pleo SAN ACNE *(Sanukehl Acne)***

Pleo San Acne (Sanukehl Acne) is used for rheumatoid arthritis and acne conglobata.

**Ingredients:**

Propionibacterium acnes

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 5X - 10 sips  Item Code: 3602-1
- 5X - 50 sips  Item Code: 3602-2
- 6X - 10 ml drops  Item Code: 3601-1

**Pleo SAN BRUCEL *(Sanukehl Brucel)***

Pleo San Brucel (Sanukehl Brucel) is for dysmenorrhea, influenza, intermittent fever and subacute rheumatoid arthritis.

**Ingredients:**

Brucella melitensis

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

- 6X - 10 ml drops  Item Code: 1234-1
- 6X - 10 sips  Item Code: 1235-1
- 6X - 50 sips  Item Code: 1235-2
Pleo SAN CAND (Sanukehl Cand)
Pleo San Cand (Sanukehl Cand) is used for candida mycosis, and conditions associated with the upper and lower digestive tract (stomatitis, aphthous ulcers, pain in small intestine, colitis, constipation after treatment with antibiotics), gingivitis, eczema and dermatosis (especially following antibiotic treatment).

**Ingredients:**
Candida albicans

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

<table>
<thead>
<tr>
<th>Dosage</th>
<th>Item Code</th>
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<tbody>
<tr>
<td>5X - 10 sips</td>
<td>1315-1</td>
</tr>
<tr>
<td>5X - 50 sips</td>
<td>1315-2</td>
</tr>
<tr>
<td>6X - 10 ml drops</td>
<td>1316-1</td>
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</tbody>
</table>

Pleo SAN COLI (Sanukehl Coli)
Pleo San Coli (Sanukehl Coli) is used for conditions related to inflammation of the gastrointestinal tract (irritable bowel, colitis), liver, kidney and genital area (urinary tract infection, prostatitis, vaginitis) and in case of acute food poisoning.

**Ingredients:**
Escherichia coli

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<tbody>
<tr>
<td>6X - 10 ml drops</td>
<td>1224-1</td>
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<td>1225-1</td>
</tr>
<tr>
<td>7X - 50 sips</td>
<td>1225-2</td>
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</tbody>
</table>

Pleo SAN KLEBS (Sanukehl Klebs)
Pleo San Klebs (Sanukehl Klebs) is a supportive therapy for influenza, pneumonia, bronchial asthma and other respiratory conditions and after antibiotic therapy.

**Ingredients:**
Klebsiella pneumoniae

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<tr>
<td>6X - 10 ml drops</td>
<td>1214-1</td>
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<tr>
<td>6X - 10 sips</td>
<td>1215-1</td>
</tr>
<tr>
<td>6X - 50 sips</td>
<td>1215-2</td>
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</tbody>
</table>

Pleo SAN MYC (Sanukehl Myc)
Pleo San Myc (Sanukehl Myc) is used for bronchial asthma, arthritis and nephritis.

**Ingredients:**
Mycobacterium bovis

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<th>Dosage</th>
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<tr>
<td>5X - 10 sips</td>
<td>1205-1</td>
</tr>
<tr>
<td>5X - 50 sips</td>
<td>1205-2</td>
</tr>
<tr>
<td>6X - 10 ml drops</td>
<td>1204-1</td>
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</tbody>
</table>

Pleo SAN PROT (Sanukehl Prot)
Pleo San Prot (Sanukehl Prot) is used for Helicobacter pylori infection, gastritis, dysbiosis, upper digestive conditions, bladder (including bed wetting), genitals and herpes.

**Ingredients:**
Proteus vulgaris

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<th>Dosage</th>
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<tr>
<td>6X - 10 ml drops</td>
<td>1244-1</td>
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<tr>
<td>7X - 10 sips</td>
<td>1245-1</td>
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<tr>
<td>7X - 50 sips</td>
<td>1245-2</td>
</tr>
</tbody>
</table>

Pleo SAN PSEU (Sanukehl Pseu)
Pleo San Pseu (Sanukehl Pseu) is used for infectious and allergic dermatitis, insect bites, burns, upper respiratory tract infections (i.e. bronchial asthma, sinusitis, chronic bronchitis, hay fever) and autoimmune diseases.

**Ingredients:**
Pseudomonas aeruginosa

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<th>Dosage</th>
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<tr>
<td>6X - 10 ml drops</td>
<td>1254-1</td>
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<tr>
<td>6X - 10 sips</td>
<td>1256-1</td>
</tr>
<tr>
<td>6X - 50 sips</td>
<td>1256-2</td>
</tr>
</tbody>
</table>
Pleo SAN SALM (Sanukehl Salm)
Pleo San Salm (Sanukehl Salm) is used for chronic bowel problems associated with E. coli and salmonella, chronic GI inflammation, pancreatitis, celiac disease, malnutrition, failure to thrive in children and rheumatic fever.

**Ingredients:**
Salmonella enteriditis

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<th>Dosage</th>
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<tr>
<td>6X - 10 ml drops</td>
<td>1264-1</td>
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<tr>
<td>6X - 10 sips</td>
<td>1265-1</td>
</tr>
<tr>
<td>6X - 50 sips</td>
<td>1265-2</td>
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</tbody>
</table>

Pleo SAN SERRA (Sanukehl Serra)
Pleo San Serra (Sanukehl Serra) is used for chronic middle ear and inner ear problems (including from air travel) and infectious tinnitus.

**Ingredients:**
Serratia marcescens

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<tr>
<td>6X - 10 ml drops</td>
<td>1274-1</td>
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<tr>
<td>7X - 10 sips</td>
<td>1277-1</td>
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<td>7X - 50 sips</td>
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</table>

Pleo SAN STAPH (Sanukehl Staph)
Pleo San Staph (Sanukehl Staph) is used for staphylococcus infections, sinusitis, angina, meningitis, pleuropneumonia and anthrax.

**Ingredients:**
Staphylococcus aureus

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<tr>
<td>6X - 10 ml drops</td>
<td>1284-1</td>
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<tr>
<td>5X - 10 sips</td>
<td>1285-1</td>
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<tr>
<td>5X - 50 sips</td>
<td>1285-2</td>
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</tbody>
</table>

Pleo SAN STREP (Sanukehl Strep)
Pleo San Strep (Sanukehl Strep) is used for strep throat, skin infections, carditis, chronic rheumatoid arthritis and migraine.

**Ingredients:**
Streptococcus pyogenes

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<tr>
<td>5X - 10 sips</td>
<td>1295-1</td>
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<tr>
<td>5X - 50 sips</td>
<td>1295-2</td>
</tr>
<tr>
<td>6X - 10 ml drops</td>
<td>1294-1</td>
</tr>
</tbody>
</table>

Pleo SAN TRICH (Sanukehl Trich)
Pleo San Trich (Sanukehl Trich) is used for mycosis of the hair, skin and nails, tinea (ringworm), trichophytosis, impairment of the skin function and hair loss.

**Ingredients:**
Trichophyton verrucosum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

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<tr>
<td>5X - 10 sips</td>
<td>1305-1</td>
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<tr>
<td>5X - 50 sips</td>
<td>1305-2</td>
</tr>
<tr>
<td>6X - 10 ml drops</td>
<td>1304-1</td>
</tr>
</tbody>
</table>
Pleo SAN GER (Sanumgerman)
Pleo San Ger (Sanumgerman) is used for peripheral arterial circulatory disturbances, cerebral sclerosis, Raynaud’s, chronic rheumatism, Parkinson’s, epilepsy and as an adjunct therapy for cancer.

**Ingredients:**
Di-potassium-germanium (IV) - citrate - L(+)-lactate

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

6X - 100 ml drops  
**Item Code:** 1002-2

Pleo SANCOM (Sankombi)
Pleo Sancom (Sankombi) is a combination of Pleo Muc (Mucokehl) and Pleo Nig (Nigersan) and is used for circulatory and congestive issues combined with conditions of the mucous membranes, tissues and/or joints.

**Ingredients:**
Mucor racemosus  
Aspergillus niger

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

5X - 10 ml drops  
**Item Code:** 3401-1

Pleo SANUVIS (Sanuvis)
Pleo Sanuvis is L (+) lactic acid that is used to increase mitochondrial respiration, decrease lactic acid (-) build-up in the muscles and lower blood pH. It also supports treatment while using Pleo Muc (Mucokehl), by increasing Mucor racemosus activity.

**Ingredients:**
Acidum L (+) lacticum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

1X - 30 g ointment  
**Item Code:** 6301-1  
4X 6X 12X 30X 200X - 100 ml drops  
**Item Code:** 6300-1  
4X 6X 12X 30X 200X - 10 sips  
**Item Code:** 6302-1  
4X 6X 12X 30X 200X - 50 sips  
**Item Code:** 6302-2  
4X 6X 12X 30X 200X - 80 tablets  
**Item Code:** 6303-1

Pleo SELENE (Selenokehl)
Pleo Selene (Selenokehl) is used for amalgam detoxification and in case of selenium deficiency due to malnutrition and malabsorption.

**Ingredients:**
Sodium selenite

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

4X - 10 ml drops  
**Item Code:** 0901-3

Pleo SPERMUS (Leptospermusan)
Pleo Spermus (Leptospermusan) is for conditions of the gastrointestinal tract including gastritis and colitis, respiratory tract including sore throats, allergic conjunctivitis, inflammation such as trigeminal neuralgia, apoplexy and ischaemic attack.

**Ingredients:**
Leptospermus scoparium

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

1X - 30 ml drops  
**Item Code:** 1311-3

Pleo STOLO (Stolonikehl)
Pleo Stolo (Stolonikehl) is used in cases of intercostal neuralgia and for antiviral activity. It can also be used as a prophylactic against viral infections.

**Ingredients:**
Penicillium stoloniferum (it is not an antibiotic and does not produce antibiotic substances)

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

6X - 10 ml drops  
**Item Code:** 0011-1
Pleo STROPH (*Strophanthus*)

Pleo Stroph (*Strophanthus*) supports cardiac function by increasing the systolic phase and lowering the heart rate. For edema, weak heart, brittle blood vessels, pneumonia, exhaustion from post-operative bleeding, uterine bleeding and pain associated with menopause.

**Ingredients:**

*Strophanthus gratus*

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

| 4X - 30 ml drops | Item Code: 9011-1 |
| 4X - 80 tablets  | Item Code: 9012-1 |

Pleo THYM (*Thymokehl*)

Pleo Thym (*Thymokehl*) contains thymus gland extract to strengthen the immune system in chronic conditions, increase cellular metabolism and is used for all degenerative processes in the lumbar vertebral column area.

**Ingredients:**

*Thymus gland extract*

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

| 6X - 20 capsules | Item Code: 5200-1 |
| 6X - 10 sips     | Item Code: 5005-1 |
| 6X - 50 sips     | Item Code: 5005-2 |
| 6X - 10 suppositories | Item Code: 5002-1 |

Pleo USNEA (*Usneabasan*)

Pleo Usnea (*Usneabasan*) is used for conditions of the head region: congestive headaches, migraines and sunstroke.

**Ingredients:**

*Usnea barbata*

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

| 1X - 30 ml drops | Item Code: 5101-3 |

Pleo USTI (*Ustilakehl*)

Pleo Usti (*Ustilakehl*) is used for conditions of the uterus including hemorrhage, dysmenorrhea, metrorrhagia, headaches and menopausal symptoms.

**Ingredients:**

*Ustilago zeae*

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

| 5X - 10 ml drops | Item Code: 5601-1 |
| 5X - 10 sips    | Item Code: 5603-1 |
| 5X - 50 sips    | Item Code: 5603-2 |
| 5X - 10 suppositories | Item Code: 5604-1 |

Pleo UT (*Utilin*)

Pleo Ut (*Utilin*) is for sub-acute and chronic inflammation and conditions of weakness. It acts as an immune modulator and increases the elimination process.

**Ingredients:**

*Bacillus subtilis*

**Dosage:** See Pleo Sanum Materia Medica for dosage.

*Suitable for vegetarians.*

| 4X - 5 capsules | Item Code: 5302-2 |
| 4X - 10 sips    | Item Code: 5305-1 |
| 4X - 50 sips    | Item Code: 5305-2 |
| 6X - 5 capsules | Item Code: 5303-2 |
| 6X - 5 ml drops | Item Code: 5301-2 |
| 6X - 10 sips    | Item Code: 5307-1 |
| 6X - 50 sips    | Item Code: 5307-2 |
| 6X - 10 suppositories | Item Code: 5304-1 |
Pleo UT ‘S’ (Utilin ‘S’)

Pleo Ut ‘S’ (Utilin ‘S’) acts as a strong immune modulator in conditions of the respiratory tract, extra pulmonary tuberculosis and lungs. Also for fever and conditions of weakness.

**Ingredients:**
Mycobacterium phlei

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

4X - 5 capsules  
4X - 10 sips  
4X - 50 sips  
6X - 5 capsules  
6X - 5 ml drops  
6X - 10 sips  
6X - 50 sips  
6X - 10 suppositories  

Pleo VER (Verrukehl)

Pleo Ver (Verrukehl) is used for trichophytosis, tinea (ringworm), mycosis of the hair and skin, and hair loss.

**Ingredients:**
Trichophyton verrucosum

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

6X - 10 ml drops  

Pleo ZINC (Zinkokehl)

Pleo Zinc (Zinkokehl) is used for zinc deficiency, fractures, delayed bone growth, arthritis, skin diseases, burns, reduced wound healing and ulceration of the lower leg.

**Ingredients:**
Zinc gluconate

**Dosage:** See Pleo Sanum Materia Medica for dosage.

**Suitable for vegetarians.**

3X - 30 ml drops  
4X - 10 sips  
4X - 50 sips
Tools and Reference Materials

A. Pleo Sanum Materia Medica
Materia Medica for the entire line of Pleo Sanum remedies.

**Item Code:** 9801-8
(Complimentary with product order)

B. Pleo Sanum Therapy Prescription Book
Pleo Sanum acute and chronic condition protocols (including neural therapy protocols).

**Item Code:** 9802-8
(Complimentary with product order)

C. The Sanukehls – Preparations Book
A collection of research papers on Haptenic theory and clinical application of the Sanukehls (Pleo San remedies).

**Item Code:** 9803-8
(Complimentary with product order)

D. Holistic Dentistry: Articles by Pleo Sanum Practitioners from the Dental and Medical Field
A collection of articles on dental medicine and Pleo Sanum applications.

**Item Code:** 9804-8
(Complimentary with product order)

E. Biological Medicine - The Future of Natural Healing
By Dr. Thomas Rau, M.D.
An in-depth understanding of Biological and Holistic medicine.

**Item Code:** 9704-9

F. Principles of Pleo Sanum Therapy
A detailing of the principles, theory and applications of Pleo Sanum therapy and the Biological Medicine modality.

**Item Code:** 800-BK002
(Complimentary with product order)

G. Pleo Sanum Remedies and Protocols
A reference booklet detailing each of the Pleo Sanum remedies and suggested protocols from clinical experience.

**Item Code:** 800-BK003
(Complimentary with product order)

H. The Restorative and Regenerative Diet
A step-by-step diet designed for restoration and regeneration of the milieu, intestinal mucosa and overall vitality.

**Item Code:** 800-BK004
(Complimentary with product order)
Tools and Reference Materials

I. Introduction to Darkfield Diagnostics
   By Cornelia Schwerdtle and Franz Arnoul
   Introductory Darkfield book with many diagrams and illustrations.
   
   **Item Code:** 9700-8

J. Unappreciated Friend or Unsuspected Foe
   By Maria Bleker
   Darkfield book or CD to support Dr. Enderlein’s research with illustrations.
   
   **Book**  
   **Item Code:** 9705-8
   
   **CD**  
   **Item Code:** 9706-5

K. The Four Steps of Isopathic Therapy
   By Dr. Konrad Wertmann
   Introduction and theory of Pleo Sanum therapy.
   
   **Item Code:** 9707-8

L. Sanum Therapy in the Practice
   By Harold Krebs
   Pleo Sanum acute and chronic condition protocols (including neural therapy).
   
   **Item Code:** 9701-8

M. A Comprehensive Guide to Sanum Therapy
   By Günter Weigel.
   Intermediate theory and protocols for Pleo Sanum therapy.
   
   **Item Code:** 9703-8

N. Bacteria Cyclogeny
   By Dr. Enderlein.
   Dr. Enderlein’s research on Pleomorphism and the basis of the Pleo Sanum remedies.
   
   **Item Code:** 9750-8

O. Successful Treatments for Allergies & Chronic Disorders
   By Dr. Konrad Wertmann.
   Intermediate Pleo Sanum therapy with theory and protocols.
   
   **Item Code:** 9702-8

P. Paracelsus Dental Poster
   A detailed chart of the teeth and their related organs and relationship to disease.
   
   **Item Code:** 800-LP001

Q. Pleo Sanum Test Kit
   The Pleo Sanum Test Kit is a collection of test vials for the full product line (including all forms and potencies) of the Pleo Sanum remedies.
   
   **Item Code:** 0000-2
Tools and Reference Materials

The Acute Action Pack user guide introduces health care practitioners to the use of Pleo Sanum isopathic therapy. It details five of the most commonly used Pleo Sanum remedies and contains a quick reference chart for easy application of these remedies.

**Item Code:** 800-200-BK002
*(Complimentary with product order)*

S. Acute Action Pack
The Acute Action Pack introduces health care practitioners to the use of isopathic therapy and the Pleo Sanum remedies. This pack includes two each of Pleo Alkala powder, pH papers, Pleo Ex drops, Pleo Muc Eye Drops, Pleo Not drops, Pleo Quent drops and the Acute Action Pack user guide.

**Item Code:** AAP

T. Pleo Sanum Power 10 Pack User Guide
The Pleo Sanum Power 10 user guide introduces health care practitioners to the use of Pleo Sanum isopathic therapy. It details ten of the most commonly used Pleo Sanum remedies used in most acute and chronic protocols and contains a quick reference chart for easy application of these remedies.

**Item Code:** 800-200-BK001
*(Complimentary with product order)*

U. Pleo Sanum Power 10 Pack
The Power 10 pack contains the essential foundations for chronic and acute care by Pleo Sanum. This pack includes two each of Pleo Alkala powder, pH papers, Pleo Ex drops, Pleo Muc drops, Pleo Muc Eye drops, Pleo Not drops, Pleo Quent drops, Pleo Rec drops, Pleo Ut drops and the Pleo Sanum Power 10 user guide.

**Item Code:** PP10

V. Pleo Sanum Intestinal Rebuilding Kit
This Pleo Sanum program and simultaneous diet modifications are the foundation for all of the regenerative and restorative programs developed by the Paracelsus Clinic in Switzerland. This 5 week restorative program can bring about significant healing for the whole body and can significantly improve response to other therapy measures. This kit includes: 1 Pleo Alkala ‘N’ powder, 2 Pleo Sanuvis tablets, 2 Pleo Citro tablets, 1 Pleo Fort tablets, 1 Pleo Ex suppositories, 1 Pleo Reb suppositories, 1 Pleo Rec capsules, 1 Pleo Ut capsules, 1 Pleo Sancom drops.

**Item Code:** PP10

See Biomed’s upcoming educational seminars and webinars, and archive of webinars on our website at [www.biomedicine.com](http://www.biomedicine.com)
Rubimed

Rubimed is a revolutionary natural healing modality from Europe that combines ancient healing knowledge with modern complementary medicine and psychology. Introduced into North America over a decade ago, the Rubimed remedies have been clinically proven to resolve negative health effects of psychological trauma, anxiety and stress.

Fundamental understanding of Rubimed and Psychosomatic Energetics (PSE) is derived from the knowledge that a harmonious and free-flowing energy system is important for mental, emotional and physical health.

Decades of research lead German physician, Dr. Reimar Banis, to develop technology that can be utilized in a clinical setting to identify the draining energetic influences and emotional conflicts that are believed to be causal in disease. The appropriate Rubimed therapy serves to resolve the depleting energetic influences and begins a holistic self-healing process.

Experience the success of this family of natural remedies for emotional issues.
Dr. Reimar Banis, German physician and researcher, brings a new understanding to the way of thinking about sickness and health with the revolutionary healing modality of Rubimed.

Dr. Banis has taken centuries-old chakra and aura theories and put them into the modern day context of biophysics, homeopathy and psychology. This led to the establishment of Psychosomatic Energetics (PSE) and the Rubimed remedies.

According to PSE, subtle energy flows through the body and is the source of health, vitality and well-being. Illness is associated with emotional trauma that becomes repressed into the subconscious and stored in the human subtle energy field. Unresolved, these unconscious emotional conflicts lead to a reduced flow of energy that contributes to physical, mental and/or emotional disorders.

Rubimed therapy is used for healing past emotional trauma. Rubimed therapy entails a systematic approach using applied kinesiology testing methods and the Reba® Device to determine the active emotional conflict and appropriate remedies for its resolution. The Rubimed remedies include the Chavita® remedies for the chakras with their corresponding Emvita® remedies for the emotional conflicts, which are usually prescribed as pairs. In addition, there are remedies for geopathy and acute conditions. For a full description and understanding of all 40 Rubimed remedies, refer to the Rubimed Practitioner Guide.

The Reba® Device measures an individual’s energy levels, corresponding to physical, emotional, mental and causal states of health. The Reba® Device is versatile and can also be used for organ testing, food sensitivity testing and testing the compatibility of other remedies including supplements and pharmaceuticals.

A two year study conducted in 10 European clinics with 1002 cases showed an 86.5% success rate using the Rubimed remedies for resolving anxiety, depression, behavioural disorders, pain, adrenal burnout, sleep disorders, autonomic dysfunctions, respiratory and gastrointestinal conditions, allergies, hormonal disorders, skin conditions and stress.

Thousands of health care practitioners have utilized this healing modality in Europe for over two decades. Introduced to North America over 10 years ago, Rubimed has become the essential tool in complementary medicine practices to resolve depleting energetic influences and begin a holistic self-healing process.

This is the time to successfully address your patient’s emotional issues. Inquire about Rubimed health care practitioner trainings in your area.
Rubimed therapy uses a systematic approach where the Chavita® remedies are paired with their corresponding Emvita® remedies. For a full description and understanding of Chavita® 1 to 7 and Emvita® 1 to 28, please refer to the Rubimed Practitioner Guide and become trained by taking a Rubimed Therapist Training Level I course.

### CHAVITA® 1

Chavita® 1 is the remedy for the first or root chakra. This chakra is situated in the pelvic region, is associated with the ovaries and testes and regulates the autonomic functions of the pelvic organs. The energetic function is to be rooted and grounded, and provides vitality. It also involves basic (primal) trust and self-esteem.

**Ingredients:**
- Silicea D 21
- Carbo vegetabilis C 50
- Urtica urens D 21
- Oophorinum bovine D 21
- Orchitinum bovine D 21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care health care practitioner.

50 ml drops  
**Item Code:** 00293

### Emvita® 2

Emotional issues addressed: You experience difficulty with focusing and concentration, can easily be distracted or get lost in thought. You may live life halfheartedly with a lack of conviction and have a tendency to postpone and avoid things. You do not feel grounded, without firm roots or like a leaf blowing in the wind. You haven’t realized your full potential, your place in life, your destiny or your purpose. You would rather be somewhere else (another family, another workplace, another country). You may withdraw in stressful situations.

**Ingredients:**
- Calcarea phosphorica C800
- Veratrum album LM16
- Cuprum metallicum LM18
- Vipera berus D21
- Oophorinum bovine D21
- Orchitinum bovine D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00026
Emvita® 3
Emotional issues addressed: You feel overwhelmed; not strong enough to cope with life’s challenges. You hide your strengths from the world and live life as a never ending struggle. You experience indecision and tend towards postponing things or procrastination. You have feelings of helplessness, loss of control, or being stuck in certain circumstances. You feel dependent on others. You lack willpower, cannot face life’s challenges and feel incapable of making changes for the better. You may hide behind a mask of managing and toughness.

Ingredients:
Apis mellifica C800
Conium maculatum LM18
Oophorinum bovine D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00033

Emvita® 4
Emotional issues addressed: You are hard on yourself and have high expectations for yourself and others. You conduct your life in a very self controlled fashion. You present an appearance of being calm, balanced and in control however, this is a façade as you don’t want to show your true feelings to others. You may appear emotionless or indifferent and have trouble expressing your feelings. There is a tendency to suppress your emotions or override them with tasks that need to be fulfilled.

Ingredients:
Platinum metallicum C50
Stramonium foetidum LM18
Oophorinum bovine D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00040

Emvita® 5
Emotional issues addressed: You have excess nervous energy that can make you feel restless, excitable or tense. You may feel ‘butterflies in the stomach’ or like a ‘live humming wire’. You always need to be busy and find it hard to relax and let go or alternatively, you are so tired yet unable to ’turn off’ and fall asleep. You find yourself often in a hurry, always under stress. The stress can manifest as physical symptoms*. You may appear calm on the outside but need to release pressure by being very talkative, while fearing an interruption in the stream of your thoughts.

Ingredients:
Bufo rana C800
Cuprum metallicum LM18
Phosphorus D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00057

CHAVITA® 2
Chavita® 2 is the remedy for the second or sacral chakra. This chakra is situated in the lower abdomen below the navel, is associated with the adrenal glands and regulates the autonomic function. The energetic function is to create and sustain balance, especially during stressful situations. This chakra also regulates water metabolism, adrenal hormones (adrenaline and cortisol), maintenance of mineral reserves, toxin excretion and functions with respect to behaviour during stress (fight or flight response).

Ingredients:
Platinum metallicum C50
Argentum metallicum D21
Juniperus communis D21
Glandula suprarenalis suis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00309
Emvita® 6

Emotional issues addressed: You appear calm and controlled on the outside, but are full of worry, anxiety or apprehension on the inside. You may not be aware of anxious feelings, as you want to feel mentally strong. Tension, anxiety, worry or fear is deposited into the body’s cells and organs (somatized fears), creating physical symptoms (i.e. low back pain, diarrhea). You experience chronic mental and physical overexertion, yet continue to push past your own boundaries and have a hard time saying ‘no’.

Ingredients:
Phosphorus C800 Secalecornum LM16
Arsenicum album LM18 Lachesis mutus D21
Glandula suprarenalis suis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00064

Emvita® 7

Emotional issues addressed: You appear strong and in control on the outside, but feel weak, tired or vulnerable on the inside. You lack inner peace. You hide behind false self confidence, which may be seen as arrogance or defiance. Despite feelings of weakness, you still push on resulting in a tendency to exert yourself until you drop. You often exceed your own limits.

Ingredients:
Lycopodium clavatum LM16 Lachesis mutus C800
Anacardium occidentale LM18 Phosphorus D21
Glandula suprarenalis suis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00071

Emvita® 8

Emotional issues addressed: You desire connections and relationships, but have difficulty opening up and approaching others. You feel alone, not part of the group and not understood. You may have had a circumstance in life that makes you feel different from everyone else. You hesitate to embrace life and may isolate yourself from others and/or life. Feelings of isolation lead to unhappiness, indifference, lethargy, and inactiveness.

Ingredients:
Ammonium carbonicum C800 Graphites LM16
Chininum arsenicosum LM18 California poppy D21
Calcarea carbonica D21 Pancreas suis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00088

CHAVITA® 3

Chavita® 3 is the remedy for the third chakra or the solar plexus. This chakra is situated in the upper abdomen, is associated with the pancreas and regulates the autonomic functions related to digestion. The energetic function represents processing feelings and events that one has to digest (both physically and emotionally): absorption (taking in), assimilation (processing) and excretion (letting go).

Ingredients:
Argentum metallicum D21 Nux vomica C50
Lycopodium C200 Chelidonium majus D21
Matricaria chamomilla D21 Zingiber D21
Pancreas suis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00316
Emvita® 9

Emotional issues addressed: You suppress and/or bottle up your emotions. You may have the tendency to get frustrated, irritated or angry very quickly, especially if things don’t go the way you want. You get stuck in anger instead of digesting the experience and moving on (stomach ulcers). You try to control your emotions, but may find you ‘lose it’ instead. You try to act calmly, nicely and politely to others, even if someone hurts your feelings (silent sufferer). You tend to satisfy the needs of others and not have your own wishes fulfilled.

Ingredients:
- Hepar sulphur D21
- Lycopodium clavatum C800
- Sulphur LM18
- Tarantula hispana LM16
- Pancreas suis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00095

Emvita® 11

Emotional issues addressed: You feel an inner dissatisfaction, deeply discontent, or frustration. You crave good feelings. You want to be cared for, to feel that somebody loves you. You have feelings of unrest and restlessness, as you are always searching for something to fill the emotional hunger. You may feel cheated out of a sense of well-being and need to protect your boundaries and the nice things that bring you joy.

Ingredients:
- Cuprum metallicum D21
- Ferrum metallicum C800
- Ignatia amara LM18
- Secale cornutum D21
- Pancreas suis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00118

CHAVITA® 4

Chavita® 4 is the remedy for the fourth or heart chakra. This chakra is situated in the region of the heart, is associated with the thymus gland and regulates the immune system function in addition to the heart, lungs and circulation. The energetic function is developing trust and opening one’s heart to love: developing trust in self, trust in others, trust in life, and loving oneself, loving others, and loving life. This chakra also deals with the immune system and allergies.

Ingredients:
- Ferrum metallicum C 50
- Zincum valerianicum C 200
- Aurum metallicum D 21
- Eucalyptus globulus D 21
- Cetraria islandica D 21
- Crataegus oxyacantha D 21
- Glandulae thymi D 21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00323


**Emvita® 12**

Emotional issues addressed: You have difficulty trusting others and possibly even yourself. You may have the tendency to over-think things and try to analyze what others say or mean. You feel mentally overtaxed, exhausted, or overwhelmed and under pressure for all you have to do. It might be difficult to concentrate and there may be an internal feeling of wanting to escape. You try to keep your emotions under control and tend to be more rational than emotional.

**Ingredients:**
- Apis mellifica C800
- Baryta carbonica LM18
- Graphites D21
- Ignatia amara LM16
- Naja tripudians C800
- California poppy D21
- Glandulae thymi D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00125

**Emvita® 13**

Emotional issues addressed: You have been deeply hurt or betrayed, so withdraw and build walls to protect yourself. You have the tendency to distance yourself from others and may feel indifferent or misunderstood. You focus on tasks, family or work rather than emotions. You don’t feel like you can cope with another disappointment. You lack faith and trust in yourself and/or in others.

**Ingredients:**
- Anacardium occidentale D21
- Bothrops lanceolata C800
- Calcaria carbonica LM16
- Graphites LM18
- Glandulae thymi D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00132

**Emvita® 14**

Emotional issues addressed: You have been deeply hurt or betrayed and retreated emotionally, leading to the feeling of being trapped or shut in with no way out. You may be distrustful, timid or anxious. You feel under pressure due to the expectations of others. You feel tense and tight, like you cannot breathe deeply and freely. You have the tendency to isolate yourself from the world around you.

**Ingredients:**
- Stramonium foetidum C800
- Moschus LM16
- Sulphur sublittum LM18
- Hyoscyamus niger D21
- Plumbum metallicum D21
- Calcarea carbonica D21
- Glandulae thymi D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00149

**Emvita® 15**

Emotional issues addressed: You were deeply hurt and still have not overcome it, fearing that it could happen again. Anxiety, fear and worry weigh on your heart and block you from fully enjoying life. You may feel abandoned or all alone without support. You may have developed other fears (spiders, mice, rejection, relationships, a broken heart, etc.) and go about life cautiously or without taking initiative.

**Ingredients:**
- Apis mellifica C800
- Zincum metallicum LM16
- Lachesis mutus LM18
- Phosphorus D21
- Glandulae thymi D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00156
Emvita® 16

Emotional issues addressed: You have been deeply hurt and it seems hard to believe that you will ever be able to fully trust or feel completely happy again. You may tend to anticipate things going badly. You experience anxiety or panic, but mask them with an attitude of braveness and ambition. The panic can be a true panic attack or negative thoughts that produce brief fear that you have become accustomed to. A fear of failure can make you highly competitive.

**Ingredients:**
- Aconitum napellus C800
- Ambra grisea LM18
- Zincum metallicum D21
- California poppy LM16
- Secale cornutum D21
- Glandulae thymi D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00163

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Emvita® 17

Emotional issues addressed: You have difficulty expressing yourself and often swallow your feeling. You have experienced a trauma or shock that you haven’t recovered from. You may appear indifferent or have ‘no feelings’, as little emotion is expressed. You can present a calm, controlled and rational exterior with nothing seeming to affect you. You don’t express how you feel and ultimately, don’t speak your truth.

**Ingredients:**
- Baryta carbonica D21
- Baryta carbonica D21
- Cuprum metallicum LM18
- Graphites LM18
- Iodium D21
- Pulsatilla vulgaris D21
- Thyroidinum D21
- Chininum arsenicicum C800

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00170

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ChAvita® 5

Chavita® 5 is the remedy for the fifth or throat chakra. This chakra is situated in the throat region, is associated with the thyroid gland and regulates metabolic functions within the body. The energetic function is related to communication, expressing ourselves to the outside world and expressing our truth. This chakra also deals with metabolism, as the thyroid is the master gland of metabolism.

**Ingredients:**
- Thunja occidentalis C 50
- Viola tricolor D 21
- Phosphorus D 21
- Thyroidinum D 21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00330

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Emvita® 18

Emotional issues addressed: You have trouble expressing your opinion or communicating clearly in order to be understood. You don’t express how you feel and ultimately, don’t speak your truth. Your mind works faster than your actions/words so you have too many thoughts or impulses which make you appear disorganized, hasty, impulsive, confused or restless. You may feel misunderstood, ignored or a victim of circumstance. You may be a silent sufferer or very talkative; either way, you do not feel heard and are not able to express what is really important to you.

**Ingredients:**
- Agaricus muscarius C800
- Cuprum metallicum LM18
- Iodium D21
- Thyroidinum D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops  
**Item Code:** 00187
**CHAVITA® 6**

Chavita® 6 is the remedy for the sixth chakra or the ‘third eye’. This chakra is situated between the eyebrows, is associated with the pituitary gland and regulates the hormonal functions within the body. The energetic function is to create harmony and balance in one’s life. This chakra also deals with all hormonal and endocrine issues, as the pituitary is the master gland and conductor of all endocrine organs.

**Ingredients:**
- Staphysagria C 50
- Plumbum metallicum D 21
- Viscum album D 21
- Cerebellinum D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops **Item Code:** 00347

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**Emvita® 20**

Emotional issues addressed: You are self sufficient. You may be perceived as proud, self-involved and hard to approach or shy and reserved. You have difficulty asking for help, and find solutions to your problems on your own. You may think you can do it better and more efficiently, so would rather do it yourself. This leads to being overwhelmed with the amount of work you have to do. Isolation may come with the self sufficiency, with deep feelings of being unloved and disliked.

**Ingredients:**
- Belladonna baccifera C800
- Phosphorus D21
- Ignatia amara LM16
- Hypophysis D21
- Apis mellifica LM18
- Magnesia carbonica D21
- Pulsatilla vulgaris D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops **Item Code:** 00200

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**Emvita® 19**

Emotional issues addressed: You have trouble making decisions; this indecisiveness is rooted in fear of making a mistake or missing out on a better opportunity. You try to take everyone and everything into consideration before you take action, which can lead to doing nothing. You try to be pleasing, accommodating and avoid confrontation, with a ‘don’t rock the boat attitude’. You search for peace, harmony and balance within and may appear shy or withdrawn.

**Ingredients:**
- Magnesia carbonica C800
- Zincum metallicum LM18
- Calcarea carbonica D21
- Hypophysis D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops **Item Code:** 00194

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**Emvita® 21**

Emotional issues addressed: You are driven, ambitious and always on the go, with the internal feeling of needing to be doing or accomplishing something. You may be seen as a workaholic, hyperactive or irritable. You are physically overtaxed and push past your own boundaries to fulfill your goals. You are unable to relax with the potential to burn out, as there always seems to be so much to do. You hope someone recognizes you for all the effort, but are often disappointed since through hurrying, you neglect your own needs and perhaps the needs of others.

**Ingredients:**
- Lachesis mutus C800
- Matricaria chamomilla LM18
- Magnesia carbonica D21
- Arsenicum album D21
- Pituitarum posterium D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops **Item Code:** 00217
Emvita® 22

Emotional issues addressed: Your mind is constantly active, you think about your obligations and it seems that your thoughts never take a break. A thousand thoughts whirl around in your mind. You have difficulty relaxing. You may experience tension, inner restlessness, worries, crowded thoughts, absentmindedness or mental nervousness. There may be deep feelings of dissatisfaction and underlying fears of loss of power or of missing something.

Ingredients:
- Matricaria chamomilla C800
- Iodium LM16
- Anacardium occidentale LM18
- Crotalus horridus D21
- Phosphorus D21
- Ambra grisea D21
- Pituitarum posterium D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00224

Emvita® 23

Emotional issues addressed: You are trapped in tension and unable to relax physically or mentally, despite being exhausted you still go on. You can appear to be over-disciplined and over achieving and very strict with yourself. You may experience mental and physical restlessness and your thoughts move faster than your actions. So much tension may lead to feelings of helplessness, constant cramping and the inability to relax.

Ingredients:
- Agaricus muscarius D21
- Cuprum metallicum C800
- Rhus toxicodendron LM18
- Pituitarum posterium D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00231

Emvita® 24

Emotional issues addressed: Constant tension and chronic stress lead to feelings of discomfort, uneasiness, muscular tension and chronic pain. You feel like you cannot relax and your body and mind has fallen out of harmony. You lack joy in your life, feel a mental disconnect, may experience feelings of depression and helplessness, and perhaps want to escape from your life responsibilities. You may feel the inability to be at ease or satisfied with yourself. You long to see and experience the beautiful things in life.

Ingredients:
- Crotalus horridus C800
- Phosphorus LM16
- Matricaria chamomilla LM18
- Ignatia amara D21
- Hypophysis D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00248

CHAVITA® 7

Chavita® 7 is the remedy for the seventh or crown chakra. This chakra is situated at the crown (top) of the head, is associated with the hypothalamus and the epiphysis and regulates neuroendocrine secretions, circadian rhythms and homeostasis. The energetic function is to impart structure, regulation and order to the entire system, including cyclical functions and the sleep-wake cycle.

Ingredients:
- Aurum metallicum C 200
- Calcarea sulphurica C 200
- Lachesis mutus D 21
- Valeriana officinalis D 21
- Hypericum perforatum D 21
- Millefolium D 21
- Cerebrinum D 21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00354
Emvita® 25

Emotional issues addressed: You appear optimistic on the outside, but have a deep underlying feeling that things are not going to work out. You are skeptical and do not trust others easily. You want proof before you will believe, you question everything. Past disappointments have left you hurt and opening up emotionally or asking for help makes you feel vulnerable. You are more comfortable figuring things out on your own. You do not trust your inner voice or intuition.

Ingredients:
- Conium maculatum C800
- Magnesia carbonica LM16
- Plumbum metallicum D21
- Lycopodium clavatum D21
- Cerebellinum D21
- Apomorphium muriaticum LM18

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00255

Emvita® 27

Emotional issues addressed: You view life through rose-colored glasses and ignore the uglier sides of life. You feel the world is a hard place, so seek escapism (i.e. dreams, fantasy, books, meditation, drugs). You are not able to tolerate your reality, so banish it from your perception. You dream of living a different life. Often you are more open to perceptions, but unable to integrate your visions into everyday life.

Ingredients:
- Helleborus niger C800
- Mandragora LM16
- Anacardium occidentale LM18
- Anhalonium lewinii D21
- Cerebellinum D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00279

Emvita® 26

Emotional issues addressed: You feel you have had to fight hard to achieve your goals in life. Nothing comes easy. You work hard for what you have, and your possessions are important to you. You desire to have things (i.e. property, jewelry, knowledge, spiritual values, good deeds, successful career) and like the status that come with it. It may be hard to give away your things. There may be a fear of major change, with comfort in things staying the same.

Ingredients:
- Arsenicum album C800
- Lycopodium clavatum LM16
- Plumbum metallicum LM18
- Millefolium officinale D21
- Cerebellinum D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00262

Emvita® 28

Emotional issues addressed: You have deep convictions and deep beliefs that you hold very close to your heart. You feel certain rules and order are necessary when dealing with life (family, religion, work, the world). At times, you are unwilling to deviate from your opinion, even if there are disadvantage and limitations. Your standards or ideals may be too fixed or set too high, which leads to frustration when things are not accomplished or others do not live up to your expectations.

Ingredients:
- Mandragora C800
- Hellborus niger LM18
- Hyoscyamus niger D21
- Cerebellinum D21

Non-Medicinal Ingredients: Alcohol

Dosage: Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops Item Code: 00286
Geovita®

Geovita® is used in cases of exposure to geopathic stress and electrosmog. There is a solid body of knowledge that correlates exposure to geopathic stress and the inability of the body to heal itself, which can lead to a variety of symptoms.

Symptoms of geopathic stress or electrosmog can include: sleep disorders, difficulty falling asleep, nightmares, bed wetting, children falling out of bed, abnormal exhaustion, feeling worn out/tired upon rising in the morning, Chronic Fatigue syndrome, fibromyalgia, rheumatic pain and joint issues, arrhythmias, migraines or tension headaches, muscle cramps, all chronic symptoms and diseases, learning difficulties (especially in children – ADD, ADHD), infertility, frequent miscarriages, hormonal disorders, and all cancers.

**Ingredients:**
- Ferrum metallicum D6
- Silicea D12
- Cuprum metallicum D21
- Formicum acidum D21
- Cerebrinum D21

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 12 drops two times a day or as directed by a health care practitioner.

50 ml drops **Item Code:** 00378

An-X-Vita®

An-X-Vita® is used in cases of anxiety and nervous tension. It works to prevent anxiety and provide immediate relief during acute states of anxiety and/or panic attacks. An-X-Vita® can be used to prevent anxiety before exposure to stressful situations such as examinations, speeches, the dentist, flying and social gatherings. An-X-Vita® can also be used for symptoms related to anxiety including tachycardia, sweating, tightness in the chest, fatigue, exhaustion, nervousness, tension, stress, and chronic pain.

**Ingredients:**
- Piper methysticum D12
- Hypericum perforatum D21
- Cerebellum suis D21
- Acontinum napellus LM18

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 5 drops three times daily or as directed by a health care practitioner. For acute conditions, take 5 drops up to six times daily.

50 ml drops **Item Code:** 00361

Nurovita®

Nurovita® is used in cases of stress, nervous tension and pain. It is useful for those who are unable to relax and often hold tension and stress in the body, leading to pain. Symptoms and conditions can include: holding tightness in the body, fatigue, chronic pain, headaches, neck tension, back pain, neuralgia (nerve pain), MS, stroke, post-traumatic conditions (cerebral hemorrhage) and other nerve conditions.

**Ingredients:**
- Melissa officinalis D4
- Cerebellinum D21
- Ambru grisea D21
- Cinchona officinalis C50
- Cuprum aceticum C200
- Phosphorus LM12

**Non-Medicinal Ingredients:** Alcohol

**Dosage:** Take 5 drops three times daily, can be taken up to six times daily as needed or as directed by a health care practitioner.

50 ml drops **Item Code:** 00385
Paravita®

Paravita® is used in cases of hypofunction of the parasympathetic nervous system. It is often needed for those who feel exhausted, are unable to recuperate even though they get enough rest or sleep, and after long periods of struggle and mental and/or physical stress. Symptoms and conditions include: fatigue, exhaustion, adrenal fatigue, hypothyroidism, sluggishness, constipation, cramps of the inner organs (gallbladder, bladder, and intestines), asthma, migraine, eczema, and low blood pressure.

Ingredients:
Formica rufa D12
Cerebellinum D21
Acetylcholinum chloratum D30
Psorinum C200

Non-Medicinal Ingredients: Alcohol

Dosage: Take 5 drops in the morning and 5 drops at noon (not to be taken after noon) or as directed by a health care practitioner.

50 ml drops

Item Code: 00392

Simvita®

Simvita® is used in cases of hyperfunction of the sympathetic nervous system. It is useful for nervous tension and the inability to relax. Symptoms and conditions include: hyperthyroidism, high blood pressure, cardiac arrhythmia (tachycardia), tension, jitteriness, sleeplessness, restlessness, diarrhea, sweating, trembling, and headache.

Ingredients:
Secale cornutum D12
Cerebellinum D21
Acetylcholinum hydrochloricum D30
Tuberculinum C200

Non-Medicinal Ingredients: Alcohol

Dosage: Take 5 drops three times daily, can be taken up to six times daily as needed or as directed by a health care practitioner.

50 ml drops

Item Code: 00408
Tools and Reference Materials

Reba® Device
The Reba® Device uses a polyfrequency spectrum to measure an individual’s energy levels both quantitatively and qualitatively, with these readings corresponding to physical, emotional, mental and causal states of health. With the aid of the Basic Test Kit, the appropriate Rubimed remedies can be selected for each individual. Additionally, the Reba® Device may be used for organ testing, food sensitivity testing and testing the compatibility and effectiveness of other remedies including supplements and pharmaceuticals.

Item Code: 05000

Test Kits

Additional Test Kit
The Rubimed Additional Test Kit is a collection of test vials used to regulate the health care practitioner during testing, identify electrosmog influences, and energetically neutralize an acting surrogate during testing.

Item Code: 10001

Basic Test Kit
The Rubimed Basic Test Kit is a collection of test vials for the full product line of the Rubimed remedies (Chavita® 1 to 7, Emvita® 1 to 28, An-X-Vita®, Geovita®, Nurovita®, Paravita® and Simvita®).

Item Code: 01000

Zoological Test Kit
(Organ Test Kit)
The Zoological Test Kit is a collection of 35 test vials containing organ tissues (from porcine, bovine, equine sources) in D2 dilution. They enable testing for foci, milieu stresses, and various body organs and their functionality. Used with the Reba® Device, this test kit greatly expands the test device’s range of use.

Item Code: 10035

Reference Guides

Rubimed Practitioner Guide
The Rubimed Practitioner Guide introduces health care practitioners to the principles, theory and application of Rubimed therapy and Psychosomatic Energetics (PSE). It also includes a detailed description and ingredient list for each of the Rubimed remedies, and positive affirmations for the Emvita® remedies.

(Complimentary with product order) Item Code: 800-BK003

Rubimed Patient Guide
The Rubimed Patient Guide is designed for patient use. It contains an explanation of the basic concepts of Rubimed therapy and summarizes each the Rubimed remedies with associated positive affirmations.

(Complimentary with product order) Item Code: 800-BK004
Tools and Reference Materials

Books

   By Dr. Reimar Banis.
   Rubimed therapy and PSE taken to the next level with information about life energy, the aura and chakras and their relation to health.
   Item Code: 30006

B. Psychosomatic Energetics: A Manual for Therapists
   By Dr. Reimar Banis
   Manual detailing Rubimed therapy and PSE from both theoretical and therapeutic perspectives.
   Item Code: 30007

C. Handbook of Psychosomatic Energetics
   By Dr. Ulrike Banis
   Introduction to Rubimed therapy and PSE, with case examples.
   Item Code: 30055

D. Geopathic Stress and What You Can Do About It
   By Dr. Ulrike Banis
   The impact of Geopathic stress on our health and how to resolve it.
   Item Code: 30050

See Biomed's upcoming educational seminars and webinars, and archive of webinars on our website at www.biomedicine.com
Intestinal Rebuilding Program

The intestinal mucosa, the intestinal bacteria, and the bacterial communities throughout the body are the principle factors to sustaining immune system and regulatory processes, especially in chronic disease. Using select Pleo Sanum remedies, Dr. Thomas Rau’s Intestinal Rebuilding Program outlines the steps involved to rebuild the intestinal mucosa, the intestinal flora, and for reactivation of a robust immune system.

Notakehl is very similar to Fortakehl. If we are solely concerned with building up the intestinal flora, we begin with Fortakehl. If there are issues with bacterial conditions, we begin with Notakehl instead of Fortakehl.

### Intestinal Rebuilding Kit Protocol

#### 5 WEEK/ 2 PHASE PROGRAM

<table>
<thead>
<tr>
<th>REMEDY</th>
<th>PHASE/DOSE</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
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<tr>
<td>Pleo Alkala</td>
<td>1/4 - 1 scoop, according to urinary pH testing, in warm water completely away from food, 30 minutes before a meal or on an empty stomach.</td>
<td>✓✓</td>
<td>✓✓</td>
<td>✓✓</td>
<td>✓✓</td>
<td>✓✓</td>
<td>✓✓</td>
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<tr>
<td>Pleo Sanuvis</td>
<td>2 tabs</td>
<td>✓✓</td>
<td>✓✓</td>
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<td>✓✓</td>
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<tr>
<td>Pleo Citro</td>
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<td>✓✓</td>
<td>✓✓</td>
<td>✓✓</td>
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<tr>
<td>Pleo Fort</td>
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<td><strong>Phase 2 = Days 15 - 35</strong></td>
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<tr>
<td>Pleo Alkala</td>
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<td>✓✓</td>
<td>✓✓</td>
<td>✓✓</td>
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<tr>
<td>Pleo Ex</td>
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<td>✓</td>
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<td>Pleo Rec</td>
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<td>Pleo Ut</td>
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<td>Pleo Muc Ex</td>
<td>10 drops orally</td>
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<td>✓</td>
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<td>Pleo Nig Ex</td>
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</tbody>
</table>

**Legend:** ✓ = 1 dose per day. ✓✓ = 2 doses per day.

Practitioners may recommend a diet adjustment to remove all primary antigens (hen eggs, cow dairy, meats, wheat, gluten and nuts) and any confirmed personal food allergens during this program.
Patient Handout Cards

Designed with you and your patients in mind. Each card gives short and concise lay-person messages about the benefits of each product. This will help you to discuss your care plan with each patient and provide an easy resource for them to take home. Call our Order Desk to request bundles of 20 Handout Cards at no charge. We will include them with your next order shipment. 1-888-665-8308.

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**Biomed**

- Asta-X-Krill 810-350-HC001
- BoneSure 810-350-HC005
- Flexizyme 810-350-HC007

**Food Nutrient Series**

- Premium D 810-352-HC002
- Super B 810-352-HC001

**Nestmann Pharma**

- Ligaflex 810-350-HC005
- Luvos 810-350-HC009
- Neuraplex 810-350-HC008

**Rubimed**

- Optimum B12 810-350-HC011
- Probiotic 7-in-1 810-350-HC012
- The Right C 810-350-HC002

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Patient Handout Cards

**Pleo Sanum**
# Botanical Cross Reference

## Botanical Name to Remedy Name

This section presents botanical ingredient references for all applicable products within the Biomed lines, according to the Latin and remedy name.

<table>
<thead>
<tr>
<th>Botanical Name</th>
<th>Remedy Name</th>
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<tbody>
<tr>
<td>Acacia nilotica</td>
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<tr>
<td>Aconitum napellus</td>
<td>An-X-Vita, Emvita 16</td>
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<td>Acorus calamus</td>
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<td>Aesculus hippocastanum</td>
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<td>Agaricus muscarius</td>
<td>Emvita 18, Emvita 23</td>
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<td>Agathosma serratifolia</td>
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<td>Agnus cactus</td>
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<td>Allium cepa</td>
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<td>Aloe capensis</td>
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<td>Althaea officinalis</td>
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<td>GastroEase+, RR Formula</td>
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<td>Amanita muscaria</td>
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<td>Anacardium orientale</td>
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<td>Emvita 22, Emvita 27</td>
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<td>Anemone hepatica</td>
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<td>Anethum graveolens</td>
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<tr>
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<td>Lymph-a-Derm, Lymph-A-Drop</td>
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### Additional Remedy Name

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<tr>
<td>Calluna vulgaris</td>
<td>Avena Sativa</td>
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<td>Calvatia gigantea</td>
<td>Pleo Cal (Calvakehl)</td>
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<tr>
<td>Camilla sinensis</td>
<td>Ester-C® Premium</td>
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<td>Adrenum, Cactus</td>
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<td>Solidago</td>
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<td>Carduus marianus</td>
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## Botanical Cross Reference

### Common Name to Remedy Name

This section presents botanical ingredient references for all applicable products within the Biomed lines, according to the common botanical and remedy name.

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<td>Fennel</td>
<td>Absinthium, Broncha, GastroEase+, Lappa</td>
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<td>Yarrow</td>
<td>Chavita 7, Emvita 26</td>
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**Pleo Sanum Cross Reference**

**Microbiological Name to Remedy Name**

This section presents the microbiological ingredient reference in relation to the applicable Pleo Sanum isopathic and bacterial remedies.

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<thead>
<tr>
<th>Microbiological Name</th>
<th>Remedy Name</th>
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<tr>
<td><strong>Aspergillus niger</strong></td>
<td>Pleo Nig (Nigersan)</td>
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<td><strong>Aspergillus oryzae</strong></td>
<td>Pleo Oryzae (Sanoryzae)</td>
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<td><strong>Aspergillus ruber</strong></td>
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<td><strong>Bacillus cereus</strong></td>
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<td><strong>Bacillus influenzae</strong></td>
<td>Pleo Poly ‘G’ (Polysan ‘G’)</td>
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<td><strong>Bacillus subtilis</strong></td>
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<td>Pleo San Brucel (Sanukehl Brucel)</td>
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<td><em>Streptococcus viridans</em></td>
<td>Pleo Poly ‘DX’ (Polysan ‘DX’),</td>
</tr>
<tr>
<td><em>antigen</em></td>
<td>Pleo Poly ‘K’ (Polysan ‘K’),</td>
</tr>
<tr>
<td><em>Trichophyton verrucosum</em></td>
<td>Pleo Poly ‘OM’ (Polysan ‘OM’),</td>
</tr>
<tr>
<td><em>Virus influenzae Spengler</em></td>
<td>Pleo Poly ‘G’ (Polysan ‘G’),</td>
</tr>
<tr>
<td><em>antigen</em></td>
<td>Pleo San Trich (Sanukehl Trich), Pleo Ver (Verrukehl)</td>
</tr>
</tbody>
</table>
**Measurement Conversions**

<table>
<thead>
<tr>
<th>IMPERIAL</th>
<th>METRIC</th>
<th>OTHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 drops</td>
<td>1 ml</td>
<td></td>
</tr>
<tr>
<td>1 tsp (teaspoon)</td>
<td>5.0 ml</td>
<td>100 drops (gtt)</td>
</tr>
<tr>
<td>1 Tbsp (Tablespoon)</td>
<td>15.0 ml</td>
<td></td>
</tr>
<tr>
<td>1 Cup</td>
<td></td>
<td>284 ml</td>
</tr>
<tr>
<td>1 Gallon</td>
<td>4.546 L</td>
<td></td>
</tr>
</tbody>
</table>

IU - International Unit

**Liter** = 1,000 milliliters (ml) = 1,000 Cubic Centimeter (CC)

0.001 Kilogram (kg) = 1 gram (g) = 1,000 milligrams (mg) = 1,000,000 microgram (mcg or µg)

**Enzymes**

The enzyme activity potency is measured and reported in FCC units. These unit measurements are categorized as follows:

<table>
<thead>
<tr>
<th>ENZYME</th>
<th>UNIT OF MEASURE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alpha galactosidase</td>
<td>GalU</td>
</tr>
<tr>
<td>Amylase</td>
<td>DU</td>
</tr>
<tr>
<td>Cellulase</td>
<td>CU</td>
</tr>
<tr>
<td>Glucoamylase</td>
<td>AG</td>
</tr>
<tr>
<td>HemiSeb&lt;sup&gt;®&lt;/sup&gt;</td>
<td>HSU</td>
</tr>
<tr>
<td>Lactase</td>
<td>ALU</td>
</tr>
<tr>
<td>Lipase</td>
<td>LU</td>
</tr>
<tr>
<td>Invertase</td>
<td>INVU/SU</td>
</tr>
<tr>
<td>Malt diastase</td>
<td>DP</td>
</tr>
<tr>
<td>Pectinase</td>
<td>PGU</td>
</tr>
<tr>
<td>Protease</td>
<td>HUT</td>
</tr>
</tbody>
</table>

**Homeopathic Dilutions**

D or X dilution (1:10) *see glossary for description  
C dilution (1:100)  
M dilution (1:1000)  
LM dilution (1:50,000)

**English/German Dosage Abbreviation Chart**

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>ABBREVIATION</th>
<th>GERMAN</th>
</tr>
</thead>
<tbody>
<tr>
<td>daily</td>
<td>q.d.</td>
<td>taglish</td>
</tr>
<tr>
<td>twice daily</td>
<td>b.i.d.</td>
<td>zweimal täglich</td>
</tr>
<tr>
<td>three times</td>
<td>t.i.d.</td>
<td>dreimal täglich</td>
</tr>
<tr>
<td>four times</td>
<td>q.i.d.</td>
<td>viermal täglich</td>
</tr>
<tr>
<td>every other</td>
<td>q.o.d.</td>
<td>wechselnde Tage</td>
</tr>
<tr>
<td>once a week</td>
<td>q.w./w.o.</td>
<td>ein pro Woche</td>
</tr>
<tr>
<td>twice a week</td>
<td>t.w.</td>
<td>zwei pro Woche</td>
</tr>
<tr>
<td>drop</td>
<td>g.t.t.</td>
<td>tropfen</td>
</tr>
<tr>
<td>capsule</td>
<td>cap</td>
<td>kapsel</td>
</tr>
<tr>
<td>tablet</td>
<td>tab</td>
<td>tablette</td>
</tr>
<tr>
<td>powder</td>
<td></td>
<td>pulver</td>
</tr>
<tr>
<td>before meal</td>
<td></td>
<td>vor Mahlzeit</td>
</tr>
<tr>
<td>with meal</td>
<td></td>
<td>mit Mahlzeit</td>
</tr>
<tr>
<td>morning</td>
<td></td>
<td>morgen</td>
</tr>
<tr>
<td>with doughnut</td>
<td></td>
<td>mit donut</td>
</tr>
<tr>
<td>bedtime</td>
<td></td>
<td>bettzeit</td>
</tr>
</tbody>
</table>

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Glossary

**Acidic** - a solution having a pH less than 7.0.

**Alkalization (acid-base balance)** – using natural buffering minerals (sodium, potassium, magnesium and calcium) including sodium bicarbonate and potassium bicarbonate to flush out excessive acidity (H ions) in the body and bring the normal acid-base balance back within the body tissues.

**Allopathy** – therapy using pharmacologically active agents or physical interventions to treat or suppress symptoms or pathophysiologic processes of diseases.

**Alpha galactosidase** - an enzyme that breaks down the 1-6 glycosidic linkage present in the raffinose series of oligosaccharides to form galactose and sucrose.

**Amylase** – an enzyme that breaks starch and glycogen.

**Angiogenesis** – the physiological process through which new blood vessels form from pre-existing vessels. Angiogenesis is a normal and vital process in growth and development, as well as in wound healing and in granulation tissue. However, it is also a fundamental step in the transition of tumors from a dormant state to a malignancy.

**Antibody** – immunoglobulin molecule that are evoked due to a response to an antigen, which then interacts with the antigen.

**Antigen** - a substance that evokes the production of one or more antibodies.

**Autonomic nervous system (ANS)** – regulates the functions of the internal organs and acts as a control system affecting heart rate, digestion, respiration, salivation, perspiration, pupil dilation, urination and sexual arousal. Most autonomic functions are involuntary and include breathing and swallowing.

**Basic/Alkaline** – a solution have a pH greater than 7.0.

**Biological Medicine** – principles and therapeutic practices that emphasize optimizing the body's natural systems by promoting regulation, regeneration, adaptation and self-healing.

**Bioperine®** – black pepper extract used to increase bioavailability.

**Bitters** – a bitter tasting herbal (ex. Gentian) infusion or tonic that stimulates saliva and gastric juice production and aids appetite and digestion.

**Bovine** – cow

**Cellulase** – an enzyme that breaks down cellulose.

**Cyclogeny** – according to Dr. Gunther Enderlein (1872 - 1968), the cyclogeny represents the capability for upward and downward development between non-pathogenic and pathogenic forms, depending on the milieu.

**Drainage remedy** – a drainage remedy contains specific medicinal herbs that must meet two main criteria: a) increase circulation in a specific organ system and b) have a biochemically active effect. In addition, drainage remedies improve metabolism and the function of the specific organ, thus increasing elimination of cellular wastes from the connective tissues and surrounding cells.

**Dysbiosis** – a microbial imbalance associated with mucous membranes, the digestive tract and the skin.

**Endobiont** – present in every cell of all warm-blood mammals with physiological functions related to viscosity or immunity. It has the capability for upward and downward development between non-pathogenic and pathogenic forms, depending on the milieu. Mucor racemosus is the designated endobiont by Dr. Gunther Enderlein (1872-1968).

**Equine** - horse

**Food Nutrient** – supplements that are re-natured extracts of vitamins and minerals bound within their natural food matrix, which enhances transportation and delivery of the nutrients within the body.

**FOS (Fructose oligosaccharides)** – prebiotic for probiotics.

**Glucoamylase** - an enzyme that breaks down raffinose, stachyose and pentosans (from legumes), hemicelluloses, pectin and celluloses.

**Hapten therapy** – a molecule when attached to a larger antigenic carrier molecule, is able to produce antibodies (see Sanukehls).

**HemiSeb®** - an enzyme that breaks down the 1-6 carbon bond found in legumes. Legume sugars such as raffinose, stachyose and pentosans are not normally digested and may be fermented in the intestines. HemiSeb® breaks down these sugars and aids in digestion.

**Homeopathic Dilutions:**
D or X dilution (1:10)*
C dilution (1:100)
M dilution (1:1000)
LM dilution (1:50,000)
*To make a D or X dilution: 1 mL of the herbal mother tincture (MT) is added to 9 mL of alcohol and/or water. This solution is then succussed (the process of potenization) to make the D1 dilution. The next dilution, D2, contains 1 mL of the D1 potency plus 9 mL of the alcohol and/or water and is then potentized. This process of serial dilutions and dynamization is continued to make the subsequent D3 to D12 potencies.

**Homeopathy**  – Based on the law of similar (like cures like), this therapy uses minute doses of potentized substances that has the same symptom picture that the ill patient presents.

**Invertase**  – an enzyme that breaks down sucrose into glucose and fructose.

**Isopathy**  – therapy that uses low potency materials that are either familiar or similar to substances that already exist within the body (ex. Candida)

**Lactase**  – an enzyme that breaks down lactose.

**Lactobacillus sporogenes**  – beneficial bacteria (probiotic) that produces lactic acid from carbohydrates and fermenting milk sugars. Supports digestion and promotes an alkaline environment.

**Lipase**  – an enzyme that breaks down fats.

**Malt diastase**  - an enzyme that removes single glucose residues from alpha (1-4) linked oligosaccharides and disaccharides.

**Milieu (Matrix/Terrain)**  – the internal and external environment of the body, which includes the connective tissues, bodily fluids and all the areas around and inside the cells.

**Mother tincture (MT)**  - The first stage in the preparation of an herbal or homeopathic remedy, made by soaking a substance in a solution of alcohol or water. This form may also be used therapeutically.

**Parasympathetic nervous system**  – a part of the autonomic nervous system that is associated with rest, relaxation, digestion and intestinal muscular activity.

**Pectinase**  – an enzyme that breaks down pectin.

**Peptizyme SP®**  - serrapeptidase enzyme that is a caseolytic (fibrinolytic) agent.

**Pleo Sanum**  – the original isopathic, homeopathic, and supplement preparations by SANUM-Kehlbeck GmbH in Germany.

**Pleomorphism**  – the concept that microorganisms undergo various developmental stages, which are dependent upon the milieu.

**pH**  - a measure of the hydrogen ion concentration

**Policosanol**  – natural extracts of plant waxes from sugar cane used to lower LDL cholesterol, increase HDL cholesterol, inhibit atherosclerosis plaque formation and decrease platelet aggregation.

**Polysans**  – an antibody-antigen assessment tool and therapy that stimulates the immune system to clear out old, latent or inherited infections.

**Porcine**  - pig

**Protease**  – an enzyme that breaks down protein.

**Protit**  – the smallest, indestructible protein particle that is present in warm blooded animals and survives the death of the host.

**Psychosomatic Energetics (PSE)**  – a body-mind medicine (psycho = mind, somatic = body) where harmonious and free-flowing energy is important for health and that unresolved emotional conflicts lead to physical, mental and/ or emotional disorders. Rubimed therapy is used to heal past emotional trauma, leading to a holistic self-healing process.

**Rubimed**  – natural high potency homeopathic combination remedies for emotional issues.

**Sanukehls**  – polysaccharide extracts from the cell walls of various infectious bacterial species that serves as markers for CWD (cell wall deficient) bacteria. They form complete antigens, which allow the body to recognize and eliminate bacterial toxins or proteins released from previous infections.

**Sublingual**  – literally 'under the tongue', refers to the route of administration by which medicine (ex. vitamin B12) diffuses into the bloodstream through tissues under the tongue.

**Sympathetic nervous system**  – part of the autonomic nervous system that is associated with the ‘fight or flight’ response (including increased blood circulation and respiration) and to maintain homeostasis.

**Terrain (Matrix/Milieu)**  – the internal and external environment of the body, which includes the connective tissues, bodily fluids and all the areas around and inside the cells.
Product Application Guide

This Product Application Guide is a compilation of suggestions and preferred uses from all five Biomed product lines. This information has been compiled from materia medica, monographs and clinical experience, and we invite you to explore these within your scope of practice under your jurisdictional guidelines.

Acid-base balance
See pH balance

Adrenal
See Endocrine

Allergies
General
Alkatab, AllerEase, Allernest, Basictab, Basic Powder, Hydrastis Nasal Drops, Luffa tabs, Pleo Alkala ‘N’, Pleo Ex, Pleo Form, Pleo Muc, Pleo Neg, Pleo Reb, Pleo Rec, Pleo Rub, Pleo Ut

Hayfever
Alkatab, Allernest, AllerEase, Basictab, Basic Powder, Hydrastis Nasal Drops, Luffa tabs, Pleo Alkala ‘N’, Pleo Form, Pleo Reb, Pleo Rub

Environmental and food
Alkatab, Allernest, Basictab, Basic Powder, Hydrastis Nasal Drops, Oxyplex Caps, Pleo Alkala ‘N’, Pleo Ex, Pleo Form, Pleo Fort, Pleo Reb, Pleo Rub, Probiotic 7-in-1

Anxiety
See Nervous System

Arthritis
See Musculoskeletal

Asthma
See Respiratory

Bacterial

Bladder and Urinary Tract
Bio Boost, Bucco, Parasagus, Pleo Alkala ‘N’, Pleo Ex, Pleo Neg, Pleo Not, Pleo Rec, Pleo San Coli, Sebal Serrulatum, Solidago

Blood Sugar
3C (Complete Colon Cleanse), Asta-X-Krill, Biozyme, Digestzyme, Rubus

Bone
See Musculoskeletal

Brain, Cognitive and Memory

Candida
See Fungal

Cardiovascular and Circulation
General

Anemia
B-Complex, Liquid Iron, Optimim B12F, Super B

Angina, arrhythmia, myocardia, palpitations, tachycardia
An-X-Vita, Avena Sativa, Cactus, Crataegus, Paravita®, Simvita®

Cholesterol
Asta-X-Krill, Cardunara, Lipidzyme

Cold extremities, numbness, tingling
Aesculus, Optimim B12F

Congestion
Lappa, Lymph-a-Derm, Lymph-A-Drop, Pleo Muc, Parasagus

Coronary circulation
Cactus, Clearizyme, Crataegus, Pleo Muc

Hemorrhoids
Aesculus, Pleo Ex, Pleo Muc, Varicare

Homocysteine management
Optimum B12F

Hypertension
Asta-X-Krill, Avena Sativa, Biorella, Co-Q10 Supreme, Crataegus, Mag-Citrate, Premium D1000, Simvita®

Lymphatic congestion
Lappa, Lymph-A-Drop, Pleo Muc

Peripheral vascular circulation
Aesculus, Clearizyme, Pleo Muc

Varicose veins, venous congestion
Aesculus, Pleo Muc, Varicare

Chakra
See Chavita® remedies in Rubimed section of catalogue

Cold and Flu
See Immune

Dental
General
Pleo Alkala ‘N’, Pleo Art-A, Pleo Not, Pleo Pef

Gingivitis
Pleo Alkala ‘N’, Pleo Rec, Pleo Ut

Infection and abscess
Pleo Not

Depression
See Female Health

Detoxification
Blood
Lappa, Pleo Alkala ‘N’

Heavy Metal
Biorella, Cilantrex, Pleo Chelate

Kidney
Bucco, Solidago

Blood
Carduus, Cardunara, Heparplex, Hepartox, Hepatica

Lymphatic
Lappa, Lymph-A-Derm, Lymph-A-Drop

Gastrointestinal
3C, Luvos™

Dysbiosis
See Gastrointestinal
Ear, Nose and Throat
Also see Respiratory
Otitis
Pleo Not
Streptococcus
Pleo Not
Tonsillitis
Bio Boost, Lymph-a-Derm, Lymph-A-Drop, Pleo Not, Pleo San Strep

Emotional
See Chavita® and Emvita® remedies in Rubimed section of catalogue

Endocrine
General
Female Tonic, Geovita®, Paravita®, Pleo Mucedo, Premium D1000, Simvita®
Adrenal
Mammary
Female Tonic, Menoplex
Ovary
Female Tonic, Menoplex, Sebal Serrulatun
Pancreas
Asta-X-Krill, Premium D1000, Rubus
Pituitary
BioThy
Placenta
Pleo Chyrs
Prostate
Premium D 1000, Sebal Serrulatum, Solidago
Thymus
Thymus EG, Pleo Thym
Thyroid
BioThy, Lycopus, Paravita®, Pleo Mucedo, Premium D1000, Simvita®
Uterus
Female Tonic, Pleo Usti

Eye
General
Asta-X-Krill, Pleo Muc Eye Drops
Cataracts, glaucoma, macular degeneration
Pleo Alkala ‘N’, Pleo Muc Eye Drops
Conjunctivitis, pink eye, styte
Pleo Muc Eye Drops, Pleo Not
Dry eyes
Pleo Muc Eye Drops

Female Health
General
Anxiety (see Nervous System)
Cystitis, urinary tract infection
Pleo Not, Pleo Coli, Solidago
Depression
Avena Sativa, B-Complex, Biothy, Chavita® and Emvita® remedies, Female Tonic, Neuraplex, Optimum B12F, Premium D1000, Super B
Exhaustion, fatigue
Adrenum, An-X-Vita, ASF (Adrenal Support Formula), B-Complex, Biothy, Liquid Iron, Nurovita, Paravita®, Pleo Citro, Pleo Sanuvis, Super B
Hormonal regulation and balance
Female Tonic, Menoplex
Libido
Female Tonic, Pleo Chrys, Sebal Serrulatum
Menopausal symptoms
Female Tonic, Menoplex
Premenstrual (PMS) and menstrual
Asta-X-Krill, B-Complex, Cal-Mag 1:1, Cal-Mag 2:1, Female Tonic, Mag Citrate, NPF (Natural Pain Formula), Optimum B12F, Pleo Chyrs, Super B
Stress (see Stress)

Fungal
General
Pleo Alb, Pleo Ex, Pleo Fort, Pleo Muc, Pleo Pef, Pleo Rec, Pleo San Cand
Candida
Digestzyme, Pleo Alkala ‘N’, Pleo Alb, Pleo Ex, Pleo Pef, Pleo San Cand
Nail fungus, athlete’s foot
Pleo Alkala ‘N’, Pleo Alb, Pleo Ex

Gallbladder
See Liver/Gallbladder

Gastrointestinal
Acid Reflux, heartburn, low HCl
Absinthium, Basicatab, Basic Powder, Cardunara, GastroEase+, Luvos™, Pleo Alkala ‘N’, Pleo Ex,
Allergies, food (see Allergies)
Cholesterol
Asta-X-Krill, Avena Sativa, Cardunara, Lipidzyme
Crohn’s and colitis
Biorella, Luvos™, N-A-G, Pleo Alkala ‘N’, Pleo Ex, Pleo Nig, Pleo Reb, Pleo Rec, Pleo Ut, Probiotic 7-in-1, RR Formula
Constipation
3C (Complete Colon Cleanse), Carduus, Luvos™, Oxyplex Caps, Paravita®, Pleo Ex, Pleo Muc, Probiotic 7-in-1
Diarrhea
Lactobacillus Sporogenes, Luvos™, Pleo Ex, Pleo Not, Pleo San Coli, Pleo San Salm, Probiotic 7-in-1, Simvita®
Dysbiosis
Biozyme, Digestizyme, Lactobacillus Sporogenes, Luvos™, Oxyplex Caps, Pleo Alkala ‘N’, Pleo Alb, Pleo Ex, Pleo Fort, Pleo Muc, Pleo Nig, Pleo Pef, Probiotic 7-in-1
Gas and bloating
Absinthium, Biozyme, Digestizyme, Frangula, Lipidzyme, Oxyplex
Gastritis
Absinthium, GastroEase+, Luvos™, Pleo Alkala ‘N’, Pleo Ex, Pleo Ut, RR Formula
Hepatic portal vein congestion
Aesculus, Carduus
Indigestion
A-Hepatica, Absinthium, Basic-tab, Basic Powder, Biozyme, Cardunara, Digestizyme, Frangula, Lipidzyme, Pleo Alkala ‘N’
Inflammation
Spasm
Frangula
Probiotics
Lactobacillus Sporogenes, Probiotic 7-in-1
Ulcer (stomach or intestinal)
Geopathic
Geovita
Heavy Metal Detoxification
Biorella, Cilantrex, Pleo Chelate

Immune
General and Cold & Flu

Allergy (hayfever)
Allernest, Hydrastis Nasal Drops, Pleo Rub

Bacterial (see Bacterial)

Bronchitis
Broncha

Cough
Avena Sativa, Allernest, Broncha, Pleo Relivora

Fever
Bio Boost

Sinusitis, rhinitis

Hydrastis Nasal Drops, Luffa tabs, Pleo Not

Tonsillitis (see Ear, Nose and Throat)

Viral (see Viral)

Inflammation
General (also see Gastrointestinal and Musculoskeletal)

Joint
See Musculoskeletal

Kidney
General
Bucco, Parsagus, Pleo Nig, Solidago
Diuretic
Bucco (mild), Parsagus, Solidago (mild)
Gout
Basic-tab, Basic Powder, Pleo Alkala ‘N’, Pleo Nig, Polygonum, Solidago
Kidney stones
Bucco
Urinary retention
Bucco, Sebal Serrulatum

Liver / Gallbladder
Gallbladder
A-Hepatica, Carduus, Cardunara, Lipidzyme
Gallstones
Carduus
Liver
A-Hepatica, Cardunara, Carduus, HeparFlax, Taraxa, Pleo Lat, Pleo Pin, Pleo Reb

Lymphatic
### Male Health

**Prostate**
- Clearizyme, Pleo Alkala 'N', Pleo Ex, Pleo Nig, Sebal Serrulatum, Solidago
- Libido
  - Pleo Chyrs, Sebal Serrulatum

**Multivitamins and Minerals**

**General**
- Multi Supreme, MultiFem, MultiNatal, Multivitamin & Mineral

**Calcium**
- Cal-Mag 1:1, Cal-Mag 2:1

**Copper**
- Pleo Cup

**Iron**
- Liquid Iron

**Magnesium**
- Mag-Citrate

**Selenium**
- Pleo Selene

**Zinc**
- Pleo Zinc

**Vitamin B**
- B-Complex, Optimum B12F, Super B

**Vitamin C**

**Vitamin D**
- Premium D1000

### Musculoskeletal

**General**

**Joint**
- Clearizyme, MSM-GLS+, N-A-G, Polygonum

**Lactic acid build-up**
- Pleo Sanuvis

**Ligament, tendon and bursitis**
- Ligaflex

**Muscle fatigue, endurance and recovery**
- Asta-X-Krill, Pleo Citro, Pleo Sanuvis, Premium D1000

**Osteoarthritis**
- Asta-X-Krill, Basictab, Basic Powder, Clearizyme, Ligaflex, MSM-GLS+, NP-F (Natural Pain Formula), NP-F Mono, Pleo Alkala 'N', Pleo Art 'A'

**Osteoporosis**
- Basictab, Basic Powder, BoneSure, Cal-Mag 2:1, Pleo Alkala 'N', Pleo Ex, Pleo Muc, Pleo Nig, Pleo Rec, Pleo Ut

**Pain**
- Asta-X-Krill, Clearizyme, Lymph-a-Derm, MSM-GLS+, NP-F (Natural Pain Formula), NP-F Mono, Nurovita®, Pleo Sanuvis, Premium D1000

**Post-surgical healing**
- Clearizyme, Pleo Muc, Pleo Sanuvis

### Nervous System

**General**
- Asta-X-Vita, B-Complex, Optimum B12F, Nurovita®, Nurovita®, Paravita®, Pleo Nig, Premium D1000, Simvita®, Super B

**Anxiety**
- Asta-X-Vita, Avena Sativa, B-Complex, Chavita® and Emvita® remedies, Neuroplex, Optimum B12F, Super B

**Calming, nervous conditions, restlessness**
- Avena Sativa, B-Complex, Neuroplex, Nurovita®, Optimum B12F, Simvita®, Super B

**Insomnia, sedative effect**
- Avena Sativa, Neuroplex, Paravita®, Simvita®

**Nervous heart, arrhythmia**
- Asta-X-Vita, Avena Sativa, Cactus, Simvita®

**Stress**
- (see Stress)

### Oxygen Metabolism
- Crataegus, Co-Q10 Supreme, Oxyplex Caps, Pleo Citro, Pleo Sanuvis

### Pain Management
- Asta-X-Krill, Clearizyme, NP-F (Natural Pain Formula), NP-F Mono, Nurovita®, Pleo Form, Pleo Stolo

### Pancreas
- See Endocrine

### Parasites
- Pleo Oku, Pleo San Coli, Pleo San Salm, Pleo San Trich, Pleo Ver

### pH Balance
- Alkatab, Basic Powder, Basictab, pH papers, Pleo Alkala 'N', Pleo Sanuvis

### Prenatal
- B-Complex, Cal-Mag 1:1, Cal-Mag 2:1, Liquid Iron, MultiNatal, Premium D1000, Probiotic 7-in-1, Super B

### Probiotic
- Lactobacillus Sporogenes, Probiotic 7-in-1

### Prostate
- See Male Health
**Respiratory**

**General**
Allernest, Bio Boost, Broncha, Hydrastis Nasal Drops, Luffa tabs, Pleo Mucedo, Pleo Not, Pleo Nota-Quent, Pleo Quent, Pleo Rub, Premium D1000

**Allergy, hayfever and environmental** (see Allergies)

**Asthma**
Avena Sativa, Broncha, Paravita®, Pleo Alkala ‘N’, Pleo Ex, Pleo Muc, Pleo Nig, Pleo Rec

**Cough**
Avena Sativa, Broncha

**Lung and bronchial**

**Sinusitis and rhinitis**
AllerEase, Hydrastis Nasal Drops, IMX, Luffa tabs, Pleo Ex, Pleo Not, Pleo Nota-Quent, Pleo Quent, Pleo Rub

**Skeletal**
See Musculoskeletal

**Skin**

**General**

**Acne**
Luvos™, Pleo Ex, Pleo Not, Pleo San Acne

**Burns**
Luvos™, Pleo Muc

**Eczema**
Luvos™, Pleo Alkala ‘N’, Pleo Ex, Pleo Muc, Pleo Not, Pleo Nig, Pleo Ut

**Urticara**
Allernest, Luvos™, Pleo Form

**Sleep**
Avena Sativa, Neuroplex, Paravita®, Simvita®

**Spleen**
Pleo Pin

**Sports and Injuries**
See Musculoskeletal

**Stress**

**Thyroid**
See Endocrine

**Thymus**
See Endocrine

**Viral**

**General**

**Herpes (blisters, simplex, zoster, shingles)**
Luvos™, Pleo Alkala ‘N’, Pleo Grif, Pleo Quent, Pleo Stolo

**Influenza**
Bio Boost, Pleo Quent

**Warts**
Pleo Quent

**Water Balance**
Also see Lymphatic
Lappa, Lymph-a-Derm, Lymph-A-Drop, Parsagus