Open from 9:00am to late...
Silveroaks Crossing c/o Von Backstrom Boulevard & Solomon Mahlangu Drive
www.mymalt.co.za  info@mymalt.co.za
t: 012 - 809 3330  f: 012 - 809 0997
Find us on Facebook  Malt Bar & Grill
Buy a best-seller FAMILY HOME!! Live in a home you can love. This well-planned open-space family home is located in the game area. Top class finishes, a spectacular view and lovely entertaining rooms linked to a patio and pool. Aircons throughout the house. Open-plan kitchen with breakfast nook and scullery. 4 Large bedrooms, two beautiful bathrooms and lovely guest toilet. Large study and a playroom next to patio outside. Large stand. 3 Garages, outside store room and servants quarters. Natural garden in this popular game area.

Linda 082 567 7963

---

On the golf course with the most spectacular view of the sunrise every morning. If sublime elegance and chic splendour fits your sophisticated style, then this astonishing modern manor is a must view! The spacious home is privately nestled on an outsized 2,340m² golf course stand with enough space for kids to play unharmed and free. An impressive state of the art chef’s kitchen with built in appliances and large entertainment areas will make this house the talk of the town. With a large study, gym, Jacuzzi, centralized sound system and cinema room the house will fit your every need. 4 Elegant bedrooms, all en-suite. 4 garages and 2 Domestic rooms. Contact me to view the most prominent house in Silver Lakes!

Linda 082 567 7963
A year ago, I wrote in this column that work on the Lynnwood Gate would be commencing during July 2015.

However, for a variety of reasons, construction of the roof could only commence at the beginning of this year following a drawn-out process regarding the emergency entrance, Tshwane building approvals and of course the failed court application by a resident to halt construction.

A year later the gatehouse work has finally been completed and it is, by all accounts, a much more welcoming and practical structure for residents, security staff and visitors.

The next major project, which has already commenced, is the first phase of the golf course irrigation system. After a robust tender process and with, the valuable input of one of our residents, Mr Martin te Groen, a fully automated system will be installed on the back nine, with completion expected during September 2016.

The second phase is also planned to start during winter next year to minimise disruption to the course and be in time for the busy spring golfing season. Another golf course project currently underway is the construction of concrete cart paths, with the 6th and 2nd holes being completed first. Additional paths will be completed as budget allows.

On the estate side, the Telkom Fibre to the Home (FTTH) project is progressing well, with approximately half of the fibre already installed. The current completion date is the end of August 2016. This is when the network will finally be tested, and it looks well within reach. From 1 September this year, individual connections to houses will be ready. Should you be interested in connecting to the fibre network, please visit the Silver Lakes website for application forms and further details.

I would lastly encourage residents to communicate with me should there be any issues you would like to bring to our attention. Please feel free to make an appointment via my assistant Michele on (012) 809-0142 or secretary@silverlakes.co.za.

Regards

Jan
EXQUISITE! This super stylish home is situated in the prestigious Silver Lakes Golf Estate with a prime location on the golf course! The home is newly renovated and boasts impeccable finishes, an impressive architectural design and spectacular views of the golf course. The ground floor holds the breathtaking entrance hall, a private en-suite guest bedroom, a separate guest toilet, an open plan lounge, bar area, dining room and a modern gourmet kitchen with a separate scullery and built-in state-of-the-art Siemens appliances that includes a coffee machine, a convection oven, 2 x warming drawers, a gas stove and an oven. The ground floor also offers multiple options for entertainment with a large covered patio, a built-in braai and a bar area on the golf course side and a private sparkling pool, jacuzzi, sun deck and guest toilet on the other side of the bar area. An entertainers dream! The first floor of the property holds the master bedroom with a magnificent dressing room and bathroom, 2 spacious en-suite bedrooms, a large walk-in linen cupboard, a gym, cinema room and a study. Home office with built-in desks and cupboards. The property also features 4 extra large garages with ample storage space and double staff quarters that share a bathroom and kitchenette. Extras include underfloor heating in the bathrooms, a centralised sound system, automated irrigation, a new alarm system with outside beams, a Koi pond at the entrance and air conditioning in all of the bedrooms, the study and cinema room. This home offers a luxurious and secure lifestyle in a picture perfect environment of elegance, comfort and relaxation! Contact us today to schedule a viewing! | website ref: 1432

Silver Lakes Golf Estate

R10,950,000

www.redtableproperties.co.za
www.facebook.com/RedTableProperties
Lynette: 083 235 4696
Lee Trevino, also known as Lee Buck Trevino, was born in Garland, Texas in 1939. He was born into a Mexican-American family and was raised by his mother and grandfather. Lee and his family lived in a very small house with no electricity and no plumbing.

He started helping his family out with finances at the age of 5 by picking cotton. At 8 years old Lee started working for golfers as their caddy at the Glen Lakes Country Club, which was very close to their home.

Lee saw that there was an opportunity to make money out of golf, so in eighth grade he quit school to work at the driving range. He developed a love for the game and hit hundreds of balls every day while working. Lee joined the Marines at the age of 17 and served for a total of four years before he started golfing. He turned pro in 1960.

Trevino possesses an unorthodox swing and used that in his first years of pro’s to hustle other players at the country club where he worked as an assistant. Lee won his first major title at the U.S. Open in 1968. In 1971 he became the first player to win both the U.S. and the Canadian Open in the same year.

In 1975 Trevino was hit by lightning while playing a tournament. He did not let that stop him because just after recovering from those injuries he won another Vardon trophy. In 1984 he played his major and final PGA Tour Victory.

In 1983 Lee married his third wife, Claudia. He fathered four children from his previous marriages and had two children with Claudia.

Not only is he a family man, but he also contributed to the St. Jude Children’s Hospital and was President to the Council on Physical Fitness and Sport, which lead to him being named recipient of the PGA Distinguished Service Award in 2013.

“You don’t know what pressure is until you play for five bucks with only two in your pocket.”

-Lee Trevino-
There is an art to selling fine homes. Just as an art gallery positions and places art, we position your property to place it in its finest light and to showcase the value.

We embrace innovation. Pushing the envelope and doing things ahead of the curve gets us excited. Technology allows us to market your home in an ever changing and ever improving variety of ways.

Marketing on a global scale. We are not passive in our approach to international marketing. We push to open new markets throughout the world and spotlight our market to savvy buyers.

We understand that understanding the lifestyle our people are looking for can be just as important as the home itself.

A track record that speaks for itself. Our attention to detail and innovative marketing have led us to be the luxury leader in real estate.
Dear All

The Association continually tries to improve its customer service to our residents and owners. As part of this drive, your feedback is very important and valuable to us.

Please send all complaints, inputs or suggestions to suggestions@silverlakes.co.za, after which feedback will be provided. Lists of all the suggestions received are compiled and trends/problem areas are then identified.

Alternatively, please feel free to contact the HOA office on 012 809 0142. In the case of noise complaints, the best course of action is to contact the Control Room, which is open 24/7, on 012 809 0424/5.

We are here to be of service to you. Please let us know how we can help you.

---

**ANNUAL EVENTS CALENDAR 2016**

- **Tuesday, 16 August**: Winter Night Run
- **Friday, 26 August**: Charity Golf Day
- **Date TBA**: Women’s Day
- **Saturday, 10 September**: Spring Day Fun Day
- **Monday, 31 October**: Halloween/Trick or Treat
- **Friday, 18 November**: Garden Competition
- **Friday, 25 November**: Christmas Celebration
- **Tuesday, 6 December**: Summer Night Run
A breathtaking modern design with attention to detail. Satirical style and exclusive finishes - designed with comfort in mind. Live in timeless luxury while enjoying uninterrupted views of the fountain. The whole interior is a symphony of glass and light with state-of-the-art fixtures and fittings. Expansive and flowing open plan reception rooms lead up to a guest and private pool area. Secure area, exclusive bar area, cinema room, and a fully equipped home gym. The home also features 4 spacious air conditioned bedrooms, all en-suite that include a generous master suite with walk in dressing room and executive study with built-in desks and cupboards. Double staff accommodation and 4 extra large garages with ample parking for guests.

This exclusive home has been professionally renovated and renewed with passion and a keen eye for detail. Beautifully presented with state of the art fixtures and fittings. Boasting modern finishes and generous accommodation. Impressive double volume entrance welcomes you to generous open plan reception areas, study or home office with separate entrance, exclusive main wine cellar and indoor entertainment area with stacker doors that open up to a private pool with deck and bar. Cosy kitchen can be accessed via its own entrance. Caesar Stone countertops, soft closing drawers and cupboards, 900mm side by side fridge and oven, SMEG appliances designed for those who like to make dinner instead of reservations. SPECIAL FEATURES: Air Conditioning, Fire place, Under floor heating in all bathrooms. Armoured irrigation. Alarm System with outside beams, Centralised sound system, Boma, Koi Pond, Gym Area.
Construction work on the project has basically been completed. The contractor is busy finalising the snag-list matters and repair work. The temporary contractor site office, screening and yard have been cleared from the parking area.

- A water leak was detected at the eastern open patio above the new covered walkway. This necessitated lifting part of the tiles and screed to expose the defect. Improved waterproofing was also applied. The screed & tiles were put back neatly.
- The internal changes and refurbishing of the scullery behind the members bar was completed up to the white box stage and handed over to the operator (Café 41) for re-fitment.
- Upgrade & re-fitment of the members bar is in progress by the operator (Café 41).
- Installation of the new tap-bar counter facility adjacent to the members bar is in process by the operator (Café 41).
- Fitment of the convenient facility downstairs is in process by the operator (Café 41).

Some images:
The project has been completed, and the required signage has been delivered and mounted to the building structure. Facilities are fully operational. The HOA has also finalised the repositioning and installation of the security gates to the garages & post-box area just outside the Lynnwood gate. These gates will be monitored & managed by the security staff.
The installation of the sleeves (green pipes) into the existing infrastructure is in process. The contractor has completed approx. 11500 meters of the total 22000-metre project. In many instances the contractor is having difficulty installing the sleeves due to blockages and/or damages in the existing infrastructure. This is causing some delays; however, the contractor is confident that the installation will be completed by August 2016, in time for testing & commissioning of the new FTTH network. Thereafter they will commence the installation to the individual homes as per application. Application forms are available on our website as well as at the HOA offices.
GOLF COURSE IRRIGATION SYSTEM (UPGRADE)

The installation of the new, upgraded irrigation system on the golf course has commenced. The site handover was done on 10 June 2016 and the duration of the project is estimated to take 3 months per phase. The work will be performed as per approved budget and in 2 phases:

- Phase 1 will be done on the “back nine” – holes 10 to 18 – during this financial year.
- Phase 2 will be done on the “front nine” – holes 1 to 9 – in the new financial year.

Various areas along the golf course will be used to stockpile materials; this is in order to ensure effective handling of materials and to assist workers/machinery with easier access to the work areas. The work to be performed will entail digging of trenches (or “trenching”) for irrigation pipes and electrical cables, haulage of soil/earth, importing of river sand, backfilling, installation of irrigation system & materials (e.g. piping, fittings, valves, sprinklers, etc.). The existing pump house will also be upgraded by re-using existing compatible equipment. All the required civil work to the pump house will only be done closer to/during Phase 2.

RAINFALL UPDATE

The information tabulated below has been recorded over the period indicated (since 1996 until May 2016) by a homeowner residing in Phase 1 of our estate, and we appreciated receiving the rainfall data regularly for publishing in the Intra Muros.

Total rainfall as recorded for May 2016:

- Phase 1 64mm
- Phase 2 58mm
- Phase 3 46mm
Silver Lakes Golf Estate

We are now really into winter, but the accompanying photographs I took at the beginning of June show how fortunate we are to live in our estate. All around us, everything is starting to become ‘wintery’ in appearance – a bit brown and a bit the worse for wear. But not our estate. Our golf course looks superb and our home owners are really enjoying the last bit of warm weather before the frost comes with a vengeance. Their gardens also look magnificent!

We had nearly 2500 athletes taking part in the Race of Faith on the 4th of June, and all they could talk about was how beautiful our estate is.

It made me think again about how fortunate we are to be staying in such a beautiful environment. We have a wonderfully temperate climate in Pretoria and we can enjoy sunshine nearly 365 days of the year. As soon as we do not see the sun for more than 2 or 3 days, one sees the withdrawal symptoms on everybody’s faces – we need our sun. We need the warmth that shines down on us and we enjoy the freedom that the great weather brings.

As already mentioned and as you will see elsewhere in the Intra Muros, we had the Race of Faith on the morning of Saturday the 4th of June. People started signing up at the starting point at Curro Primary School bright and early. After a bit of delays with traffic jams, the race started about 20 minutes late to give all a chance to get to the starting point. From the photographs you will see everyone was dressed nice and warmly for the start, and as the day progressed
Now, back to business on the estate. We will soon start with the construction of some of the AGM-approved corners and our usual winter programme will have kicked in fully by the time you read this article. From the photographs below you will see what beautiful gardens we still had at the beginning of June. We will soon begin with the final garden work at the Club – as soon as the construction site is removed from the parking area – and the beautiful gardens will be extended to Pebble Beach Boulevard and the entrance gate at Silver Lakes Drive.

In May the lawns were being mowed every 2nd week and all the empty stands, the veldt area at the workshops, the firebreak in the game reserve, and the Silver Lakes Drive sidewalk were cut and cleaned. This is still an area where much money needs to be spent to make us proud, but in the meantime we will keep it clean.

The flower beds on the estate need constant weeding, pruning, and taking care of pests and diseases. The Garden Group team keep a close eye on these. Some replanting and dividing was done during the month of May in the two boulevards. It is important to note that watering is done from the boreholes and only when necessary.

The Clubhouse gardens are receiving constant care from the gardeners and, as the building activities move, we are finalising the flower beds. The flower beds that were still unplanted have been planted with roses and erigeron, while the older roses were treated with ‘Rose care’. Some colour was added with a border of pansies in the front of the Clubhouse.

In and around the game reserve, the grasses on the N4 side were cut and there is a constant pick-up of litter. We are putting dustbins in strategic places in the game reserve as well. If you see some plastic or any other rubbish lying around, we kindly ask that you please pick it up and either carry it home or put it in one of the dustbins.

people got rid of some of those layers – the weather played along perfectly this year.

Everything about this year’s race was incredible. From the marshalling with our regulars to Christine and her new Silver Lakes running club members who set out the marshals and made the event such an uneventful one, thank you for all your hard work. Another thank you to our staff, Ollie and his team, Hennie and Corne and their team of security guards. We would not have had such a great race day without all your dedicated hard work.

And then, to all the homeowners who patiently waited to get out of gates, who drove slowly around the estate to get to their different meetings and events, thank you. I have never been so proud to be a Silver Laker.

Thank you to our sponsors and helpers on the day. The marshals did a fantastic job. Kia and Leapfrog Properties sponsored the water tables they manned and these funds will be donated towards our charity of The Race of Faith. A big thank you to Nico of The Garden Group and my family as well – they had to quickly jump in and man two more water tables when the water tables inside Silver Lakes were increased.

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As you may well imagine, the job of Environmental Director mostly entails seeing what else can be done for the homeowners of Silver Lakes – to listen to what people ask, to chat to them, to see everything that may bring down the worth of our properties, and yes, there is still a lot to be done.

We still have to persuade everyone with rocks and concrete balls on the sidewalks to remove them because they are not very safe or friendly... But this is not what I want to talk about. It is just that I often only see what is still wrong or what still has to be done, but during this past Race of Faith I was riding on my bicycle through the athletes and standing on the bridge at the 14th, taking photographs of the runners, listening to them, chatting to them and looking out over the golf course. It was then that I once again realised how fortunate we are to live in such a wonderful estate. People were walking their dogs, cycling, jogging, taking the kids for a bike ride and, of course, playing golf. What a wonderful place Silver Lakes is...

Enjoy and see you around.
Corlia Mathews (Environmental Director)

We also have some exciting news. We have a small group of reedbuck that arrived on Sunday 5 June! They are rocky area buck and you will find them in the ‘klip’ veldt of the rocky outcrops in the game reserve. We ask visitors to the game reserve to please be as quite as possible when visiting the walking trails and fishing areas of the game reserve. It is not only a traditionally quite area, but the buck, especially our new ones like the sable, waterbuck and reedbuck, still have to get used to their new homes.

We will be busy with winter-type maintenance and we will soon remove some reeds and weeds from our dams as well as start with the new irrigation on the golf course, while regular items such as cleaning the security fence at Willow Acres and the pruning of trees are ongoing processes.

Street cleaning is done on a regular schedule and the weeds are removed on a regular basis. The use of a new road vacuum machine which sucks up the dirt rather than blow it into the storm water drains has been implemented. This seems to be a big positive for the homeowners! Thank you to Adriaan and his team at The Garden Group.

As you may well imagine, the job of Environmental Director mostly entails seeing what else can be done for the homeowners of Silver Lakes – to listen to what people ask, to chat to them, to see everything that may bring down the worth of our properties, and yes, there is still a lot to be done.

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Enjoy and see you around.
Corlia Mathews (Environmental Director)
I am Inge de Klerk.

I am the gourmet of the Cowhouse Market.
I am the lakes of a Peter Malkovich-designed course.
I am the game reserve on your doorstep.
I am the carrot macadamia baked cheesecake of Isabella’s.
I am the village of 11 estates.

I am Silver Lakes and surrounds agent, Inge De Klerk.

I’d like you to make an informed decision.

Inge 083 700 3911
pamgolding.co.za/inge-de-klerk
012 365 9000
Meet more of our people at pamgolding.co.za
On the 16th of June, Silver Lakes Golf Estate embraced Youth Day and hosted a fun-filled day at the Clubhouse. The day kicked off with a bicycle race from the Clubhouse. Activities included pilates classes, a flapjack demonstration, bull-rides, jumping castles and so much more for everyone to enjoy.
### Mature Golfers

#### May 2016

**Mature Golfers - 05 May 2016 - Wingate**

<table>
<thead>
<tr>
<th>NAME</th>
<th>PLACE</th>
<th>2-CLUB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jannie v d Watt/Eugene Visagie (47)</td>
<td>1st</td>
<td>No 2-Clubs</td>
</tr>
<tr>
<td>Theo O’Neil/FX Roome (44 c/o)</td>
<td>2nd</td>
<td></td>
</tr>
<tr>
<td>Theo O’Neil</td>
<td></td>
<td>NTP # 8</td>
</tr>
<tr>
<td>Jannie Jacobs</td>
<td></td>
<td>NTP # 16</td>
</tr>
<tr>
<td>Eugene Visagie</td>
<td></td>
<td>NTP # 14</td>
</tr>
<tr>
<td>Nobody</td>
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<td>NTP # 5</td>
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**Mature Golfers - 12 May 2016**

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<tr>
<th>NAME</th>
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</tr>
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<tbody>
<tr>
<td>André Meij (35)</td>
<td>1st</td>
<td>No 2-Clubs</td>
</tr>
<tr>
<td>Dale Demplers (34 c/o)</td>
<td>2nd</td>
<td></td>
</tr>
<tr>
<td>Daan Venter (34 c/o)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dale Demplers NTP # 9</td>
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<td></td>
</tr>
<tr>
<td>Dale Demplers NTP # 16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sid Pretorius NTP # 18</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rolf HauteurNTP # 13</td>
<td></td>
<td>NTP # 3</td>
</tr>
<tr>
<td>John Murray NTP # 3</td>
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<td></td>
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**Mature Golfers - 19 May 2016**

<table>
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<tr>
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<th>2-CLUB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tienie Wessels/Gunther Körfer/Des Shiel/Daan Venter (82)</td>
<td>1st</td>
<td>Jas Wasserman</td>
</tr>
<tr>
<td>Theo O’Neil/Jas Wasserman/Jannie Duvenhage/Tim Timan (79)</td>
<td>2nd</td>
<td></td>
</tr>
<tr>
<td>Klaas Heystek</td>
<td></td>
<td>NTP # 9</td>
</tr>
<tr>
<td>Jas Wasserman</td>
<td></td>
<td>NTP # 16</td>
</tr>
<tr>
<td>Frank Hialethoo</td>
<td></td>
<td>NTP # 18</td>
</tr>
<tr>
<td>Pieter Albertyn</td>
<td></td>
<td>NTP # 13</td>
</tr>
<tr>
<td>Des Shiel</td>
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<td>NTP # 3</td>
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**Mature Golfers - 26 May 2016**

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<tr>
<th>NAME</th>
<th>PLACE</th>
<th>2-CLUB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frank Hialethoo (39)</td>
<td>1st</td>
<td>Leon Nolle (Hole-in-One on 13)</td>
</tr>
<tr>
<td>Eugene Visagie (36)</td>
<td>2nd</td>
<td></td>
</tr>
<tr>
<td>Fernando Vieira (35)</td>
<td>3rd</td>
<td></td>
</tr>
<tr>
<td>Eugene Visagie NTP # 9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rolf HauteurNTP # 16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fernando Vieira NTP # 18</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Leon Nolle NTP # 13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lodewyk de Wet NTP # 3</td>
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</table>

### Competition Results

#### May 2016

**1 May Sunday**

<table>
<thead>
<tr>
<th>NAME</th>
<th>IPS</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jarryd Vermeulen</td>
<td></td>
<td>33</td>
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**7 May Saturday**

<table>
<thead>
<tr>
<th>NAME</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monthly Medal Mens A-Div Gross</td>
<td>67</td>
</tr>
<tr>
<td>Natie Fourie</td>
<td></td>
</tr>
<tr>
<td>Mens A-Div Nett Corrie Leonard</td>
<td>70</td>
</tr>
<tr>
<td>Mens B-Div Gross Johan Huysen</td>
<td>80</td>
</tr>
<tr>
<td>Mens B-Div Nett Ethene Ehlers</td>
<td></td>
</tr>
</tbody>
</table>

**8 May Sunday**

<table>
<thead>
<tr>
<th>NAME</th>
<th>IPS</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paul Ascroft</td>
<td></td>
<td>39</td>
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**11 May Wednesday**

<table>
<thead>
<tr>
<th>NAME</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Betterball Bonus Bogey Mia Willems</td>
<td>12</td>
</tr>
<tr>
<td>Larry Van Mierlo</td>
<td>12</td>
</tr>
<tr>
<td>Andre Meij</td>
<td>9</td>
</tr>
<tr>
<td>Eric Rautenbach</td>
<td>9</td>
</tr>
<tr>
<td>Jakes Jacobs</td>
<td>9</td>
</tr>
<tr>
<td>Adel Schreiber</td>
<td>9</td>
</tr>
</tbody>
</table>

**14 May Saturday**

<table>
<thead>
<tr>
<th>NAME</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 Ball Alliance Marli Le Roux</td>
<td>85</td>
</tr>
<tr>
<td>Corrie Leonard</td>
<td>85</td>
</tr>
<tr>
<td>Andre Spies</td>
<td>85</td>
</tr>
<tr>
<td>Colin Taylor</td>
<td>85</td>
</tr>
<tr>
<td>Phillip Liebenberg</td>
<td>85</td>
</tr>
<tr>
<td>Wessel Richter</td>
<td>85</td>
</tr>
</tbody>
</table>
## June 2016

### 1 June Wednesday

<table>
<thead>
<tr>
<th>Betterball Stableford</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joe Cabeleira</td>
<td>48</td>
</tr>
<tr>
<td>Jannie Botha</td>
<td>48</td>
</tr>
<tr>
<td>Hennie Oosthuizen</td>
<td>46</td>
</tr>
<tr>
<td>Ruan Botha</td>
<td>46</td>
</tr>
<tr>
<td>Alain Norris</td>
<td>44</td>
</tr>
<tr>
<td>Kyle Norris</td>
<td>44</td>
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### 29 May Sunday

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<td>Willie Booyesen</td>
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### 4 June Saturday

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<tr>
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### 21 May Saturday

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<td>B De Ponte</td>
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<td>Werner Van Esch</td>
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<td>R Coetzee</td>
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<td>Pieter Van Wyk</td>
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<td>Darren Reekstman</td>
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<td>Les Wood</td>
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### 25 May Wednesday

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<td>Henk Viljoen</td>
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<td>Retief Smith</td>
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<td>Jan Meyer</td>
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<td>Joan Norris</td>
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### May 2016

#### 1 May Sunday
- Jarred Vermeulen: 60 Rand

#### 7 May Saturday
- Johan Huyser: 2120 Rand

#### 8 May Sunday
- Warren Schultz: 80 Rand

#### 11 May Wednesday
- Dawie Lubbe: 196 Rand
- Eddie Sarton: 196 Rand
- Ampie Du Preez: 196 Rand
- Fernando Ferreira: 196 Rand
- Hennie Oosthuizen: 196 Rand
- Natie Fourie: 196 Rand

#### 14 May Saturday
- Marlie Le Roux: 132 Rand
- Colin Taylor: 132 Rand
- Jan Minnaar: 132 Rand
- Erasmus Meyer: 132 Rand
- Jerry Olivier: 132 Rand
- Andre Meij: 132 Rand
- Ruben J/V Rensburg X2: 264 Rand

#### 18 May Wednesday
- Matt Chrysalis: 117 Rand
- Yolandi Burger Kloppers: 117 Rand
- Drikus Gous X2: 234 Rand
- Peet De Beer: 117 Rand
- Jose Gonsalves: 117 Rand
- D Conceicao: 117 Rand
- Darrel Thompson: 117 Rand

#### 21 May Saturday
- Andre Spies: 121 Rand
- Francois Cronje: 121 Rand
- Gideon Pienaar: 121 Rand
- Marius Nadel: 121 Rand
- Errol Todd: 121 Rand
- Murray Louw: 121 Rand
- Andries Graaff: 121 Rand
- Johan Du Preez: 121 Rand
- Werner Riedinger: 121 Rand
- Chris Wages: 121 Rand
- Trevor Hankey: 121 Rand
- Barry Van Der Vyver Snr: 121 Rand
- Christian Lewis: 121 Rand
- Ruben Jansen Van Rensburg: 121 Rand
- Craig Zietsman: 121 Rand
- Carl Zietsman: 121 Rand
- Dean Armitage: 121 Rand
- Louis Rheeder X2: 242 Rand

### June 2016

#### 1 June Wednesday
- Alain Norris X2: 300 Rand
- Dean Armitage: 150 Rand
- Mike Louw: 150 Rand
- Marlie Le Roux: 150 Rand
- Phillip Liebenberg: 150 Rand
- Dean Botha: 150 Rand
- Yolande Elbers: 150 Rand

#### 4 June Saturday
- Greg Meuer X2: 348 Rand
- Pierre Spies: 174 Rand
- Geath Heath: 174 Rand
- Murray Louw: 174 Rand
- Darron Le Roux: 174 Rand
- Ann Zietsman: 174 Rand
- Christian Lewis: 174 Rand
- Tommie Brits: 174 Rand
- Wessel Erasmus: 174 Rand
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<td>Lizel Booyzen</td>
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<td>Michael Pawson</td>
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<td>Niel De Wet X2</td>
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<td><strong>8 JUNE WEDNESDAY</strong></td>
<td>RANDS</td>
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<td>Wayne Walker</td>
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<tr>
<td>Corrie Leonard</td>
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<td>Hennie Oosthuizen X2</td>
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<td>Yolandi Kloppers</td>
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<td>Ruan Polgieter</td>
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SILVER LAKES
Birds List
by: Johan en Liza Grobbelaar
Why Prune?

Shaping your plant is essential, especially with newly planted trees. The central leader of a tree should not be pruned, but the height of the lowest branch is important. To maintain healthy growth, all dead or dying material has to be removed regularly. It improves the quality of flowers, fruit and foliage. Controlled growth is needed to maintain your garden design. Trees in general need regular maintenance to be kept within bounds.

How Often?

This can be done monthly to trim hedges or to remove dead flower heads from plants, e.g. Felicia, Tulbachia, Hemerocallis lilies. Do it once a season to tidy up grasses, shrubs and trees. Fruit trees, roses and grape vines are usually pruned once per year.

Tools?

Sharp secateurs, long-handled loppers, strong leather gloves and a saw are necessary to get the job done. When trimming big trees, a suitable ladder and mechanical saw need to be added to the list. A wood chipper would be useful for shredding the material and will supply the garden with mulch and compost. Due to the fact that few people still have fruit trees in their gardens, we will not discuss their pruning.

Pruning of Hydrangeas (Christmas Roses)

These deciduous plants are pruned in winter, when the different types of bare branches are easy to recognize. Hydrangea plants have wood that differ according to age. The young, slender shoots are light brown, will have a bud on the top tip and can be left. The darker coloured shoots are two seasons’ growth. They have a cluster of buds, usually four to six. Cut these back to just above the cluster. They will produce flowers during summer.

The thick, heavy stems carrying dead flowers can be pruned back to the base of the plant to stimulate new growth. By dead-heading during summer a second flush of flowers can be achieved before winter.

Pruning of Roses

Due to watering and fertilisation, roses are sometimes still in full bloom come July. To achieve a rest period (roses are deciduous), cut back on watering for two weeks and the lower leaves on the plants will turn yellow and start dropping. Pruning can still be done during August, but this will delay the first spring flowers.

If roses are not pruned regularly, the bushes will outgrow the space available, become very tall, and eventually the flowers will become smaller.

To assist in having the rosebushes all pruned to the same height, use a measuring stick with Hybrid Tea and tall Floribunda roses. Cut off all branches to the same height. Select strong, healthy stems (up to five) and remove the remaining branches at the base of the plant. Finish off by trimming the remaining branches just above the top eye on each branch. Side shoots are usually removed, but some can be left.

In countries like Germany, roses in nurseries and on estates are pruned mechanically. Hand-pruning is no longer done and these rose bushes perform beautifully.

If you have any queries, please do not hesitate to contact our offices on 012 804 1807.
GARDEN KNOW-HOW:

Prune back deciduous plants and transplant these in June for good results.
THE COOK ON THE CORNER

A BOWL OF WARMTH

I often draw on my childhood for inspiration in the kitchen. This reminds me how much we associate memories with food, both the taste and the smell.

The other day I was sitting in studio and a friend walked in carrying a homemade lunch with a smell that pulled me back to my childhood in a jiffy. It smelled just like a sosatie starter my mother used to make. The memory association was so strong it actually shocked me a bit!

I love food memories because you can relive them with a spoonful of food. This recipe is inspired by just such a childhood memory. When we were little and my dad went away for business, my mom always used to treat us to sago pudding for dinner… Nope, not for dessert. For dinner. She was really fun like that and made sure to do something different when it was just us girls at home (I grew up with 3 sisters). I really treasure that memory, and I’m so grateful to have had a mother that gave us memories like that.

Walking through the shops the other day, the sago caught my eye, and I instantly knew that I wanted to head down memory lane. In my opinion, sago, coconut and vanilla share some of the same undertones, so I decided to test using them all together. This is a secret to creating depth of flavour in your dishes – to think of the base feel of a dish and to combine it with likewise elements. For example, if a dish contains mushrooms, their base flavour is earthy, which would make it go well with things like cumin, whole grains, coffee or venison – all of which also have earthy undertones. This is a good technique to apply if you feel your dishes are nice but missing that extra kick. I incessantly add a squeeze of lemon juice and a pinch of fresh chilli to almost everything because they add a new dimension, especially to fatty dishes!

Sago is a South African tradition, but I’ve added a few interesting twists to this one. Instead of just using milk, I combined the milk with coconut milk, which adds a beautiful tropical note to the dessert. This adds to the creaminess of the custard base which, when combined with the pop of the sago in your mouth, makes for a warm, comforting taste.
of home. To up the ante and to add a dimension of warmth (great for the winter), I added some brandied, caramel-soaked dried fruit. The pop of the fruit and the warm tones of the brandy make this dish a winner! Simply leave out the brandied fruit for the kids, or soak the fruit in apple juice instead.

BRANDIED FRUIT SAGO PUDDING BOWLS

Ingredients:

1 cup mixed, dried fruit
125ml brandy
125ml castor sugar
125g butter
200ml uncooked sago (soaked in water for 30 minutes, then strained)
5 eggs
2ml salt
65ml sugar
12ml vanilla (or half a vanilla pod)
800ml coconut milk (2 tins)
700ml milk
15ml butter

1. First prepare the dried fruit. Soak the mixed fruit in the brandy for 20 minutes.
2. In a medium saucepan, melt the butter and castor sugar until bubbly and sticky. Add the brandy and dried fruit and cook for about 10 minutes until the fruit is soft and has soaked up all the buttry goodness in the saucepan. Set aside.
3. Combine the coconut milk and regular milk and bring to the boil in a large saucepan.
4. Add the sago, stirring often, and cook on a low heat until the sago goes translucent (no white dot in the middle). This normally takes about 30 minutes.
5. Beat the eggs, sugar and salt together. Add slowly to the sago, beating well.
6. Add the butter and vanilla to the sago. Once the mixture boils, remove from heat and serve.
7. Serve topped with the caramel brandied fruit.

You can keep the left-over sago pudding in a sealed container in the fridge for up to 3 days. Simply warm it up in the microwave and dig in.
Slippery Snakes!

by: Leanne Sykes
Late one evening in April, I was alerted to an “uninvited garden guest” by my all-bark-and-no-bite doggie, Raffie. Fearing that there was an intruder on my property, I ran inside, locked all the doors, and switched off all the lights. I then armed myself with a torch, hid behind the window and carefully shone into the garden at the spot where Raffie was still ferociously guarding. I couldn’t see much except for the occasional rustling of leaves, and I calmed myself down a bit, thinking it was a bird, a frog or a lizard. All of a sudden, a huge arm-like projection shot out towards the dog and back in again. That was when I realised it was a snake and, after frantically screaming at Raffie to get inside, ran to call security.

I was amazed that an armed response vehicle arrived in under five minutes, and I welcomed Mpho Modiba into my house. When I told him that the intruder was in fact a snake, he looked set to break the 100-metre sprint record straight out again. After a few minutes we both calmed down and called for back-up in the form of the shift manager, John Marule. He too arrived in super-fast time, and the three of us, now armed with a much larger, more powerful torch, bravely went into the garden to hunt down the viper. It was nowhere to be seen, and I think the pair of them may have suspected that I was a bit of a late-night tippler. All of a sudden, John let out a scream and came running inside. He had almost stepped on the cobra – and confirmed my sighting (Thank goodness – firstly that he was OK, secondly that we had seen where it was hiding, and thirdly that they now believed I was not totally mad).

After many phone calls between security, the gate, and my contacts, we managed to get a few numbers of snake catchers. As luck would have it, Person One was on voicemail and Person Two was a dead end, but luckily Person Three picked up. It was a lovely man by the name of Ryan – who was still at the gym in Menlyn at that late hour but promised to leave then and there to come help us. I have NO idea how he did it, but I am sure that both him and his car are powered by some super strong bodybuilding potion because he landed in Silver Lakes in under ten minutes…

He was amazingly brave and strode out into the garden – almost fearless. Of course by now the snake had moved and we began the next hunt. Rather foolishly I suggested we let Raffie out to go find the snake – which he duly did, but then it became a mission-impossible to try get him back inside. In hindsight, this was really stupid of me as he could have been bitten, and being that small he would have died from the poison.

Ryan took control, almost effortlessly caught the snake – a one-meter long spitting cobra – and housed it safely in his container. He then came inside and gave the three of us a fascinating educational talk on snakes, their habits, how to handle them and what precautions to take in the future. The three of them left and I was about to go to bed when there was a knock on the door. Ryan had come back to check on Raffie and make sure he had not been bitten, and then sat with me for a while monitoring his breathing – WOW! Needless to say, I was very impressed and even more relieved – but decided from then onwards to sleep inside and NOT on the porch as I had been doing since moving into my new house.

Ryan and Dez have kindly agreed that I can share their contact details with our residents and are happy to be called to come collect snakes in the future.
Ryan: 073 449 9302, Dez: 083 455 3037
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At least 150 000 people are already looking forward to getting more from their money. As Finance Minister Pravin Gordhan indicated in the budget speech earlier in the year, this is the number of people who have opened Tax-Free Savings Accounts (TFSAs) and invested about R1 billion in these accounts.

Clearly, they won’t accept getting less when it comes to their savings. So why should you?

Tax-Free Savings Accounts enable people to get more for their money because they don’t have to pay tax on interest, dividends and capital gains in these accounts. It makes a TFSA one of the most beneficial and attractive long-term savings vehicles.

If you are uncertain about some elements and benefits of TFSAs, here’s what you need to know:

1. **What savings objectives are best served by TFSAs?**

   TFSAs are ideal for longer-term goals like a child’s education because your money will grow faster in a TFSA than in any other investment. Furthermore, the tax relief means the effect of compound interest is increased.

   The purpose and time horizon you have to save will determine which vehicle will best serve your various goals. For instance, while a TFSA is an excellent savings solution for your children’s education, it is not necessarily the best platform for retirement savings. All things being equal, a retirement annuity (RA) will give the same or better value for money compared to a TFSA when used for retirement savings. This is due to a number of post-retirement tax benefits offered by RAs, including the more favourable income tax rates compared to preretirement rates.

2. **When using TFSAs to save for children’s education, what should one keep in mind?**

   You can open a TFSA in your child’s name and contribute up to the allowed R30 000 limit per tax year. However you should consider saving under your own name, unless you have already reached your annual or R500 000 lifetime limit. Also consider the fact that if you plan on using the TFSA savings to fund your child’s elementary schooling, you can withdraw money at any time, but you cannot replace the money you have withdrawn. It is more beneficial to leave the money invested for longer since the benefit of tax-free growth will only be experienced over the long-term.

3. **How do TFSAs differ from other savings vehicles like unit trusts?**

   Unit trusts also have a tax-free element up to a certain threshold. A tax-free threshold is the amount of interest you can earn on your investment before you start paying tax. The current tax-free threshold on taxable interest investments is R23 800 per year for taxpayers under the age of 65 and R34 500 per year for taxpayers aged 65 years or older. On the other hand, all interest, dividends and capital gains on TFSAs, regardless of the amounts, are entirely tax-free!

4. **Do I need to use other savings vehicles if I have a TFSA, especially when other savings vehicles aren’t taxfree?**

   A tax-free savings account should form part of every individual’s financial plan and it should be aligned with your specific medium-to long-term savings goals. A qualified financial adviser can help you determine which savings vehicle will best serve your various goals. You should consider different savings vehicles for short-term, medium-term and long-term goals respectively.

Contact BluCrest BlueStar Financial Advisory Services at 012 470 0850 or support@blucrest.co.za or visit www.blucrest.co.za.
WHAT CAN YOU EXPECT FROM PSYCHOTHERAPY?

DR ILSE RUANE PSYCHOLOGY

This is a tricky question. Relationships, even psychotherapeutic ones, do not follow prescribed guidelines. Of course, if you are miserable in the first therapy session, find someone else. Apart from that, you and your therapist should agree on a time frame. At this point you will discuss whether or not there has been any progress and how things are going in general. If a client is comfortable with me in the first session and wants to return, I tell her/him to come a couple of times.

By the end of these sessions we should have a good idea of what we will be discussing and how these conversations will proceed. She should have a sense of what a session feels like and what will happen, and understand that the conversations are different from what she experiences elsewhere in society. For example, conversations with friends are very different from therapeutic conversations. It is important during this trial period not to obsess over whether it is working, if you really like the therapist, if the therapist can help, etc. It is too early to know. It is nearly like going to the gym twice and then checking to see if your muscles are getting bigger.

Therapy sessions should feel intriguing. They may be erratic, inconsistent, and full of resistance that makes you want to quit, but there should also be a sense of something new and interesting happening. You may find yourself getting curious about what is making you think, feel, and act the way you do and how various aspects and events of your life are related in ways you have not previously considered.

You also want to feel that you are getting to the truth of your role in the problem context; what you feel, how you act, and what you believe, albeit not something comfortable to hear as it is often very difficult to hear how we contribute to creating our own problem situation.

What you want most from a session is the experience of insight. Insight is psychotherapy. You will know when it happens. You will find yourself suddenly feeling clearer, more hopeful, more decisive, more energetic, and your symptoms will start to clear up. When you feel the things you have been trying not to feel, when you become aware of things you have avoided, you feel better and you function better.

If this is not happening, ask yourself what your expectations of psychotherapy are and how committed to the therapeutic process you really are. Clients often go through the motions of religiously attending therapy, but they might never honestly surrender to the therapeutic process and allow change to happen.

How long does it take?

This is a very common question I get asked.

Symptom relief: How long it takes for symptom relief varies from problem to problem. In my experience, ‘big’ symptoms like obsessing, phobias, panic, social- and other anxieties clear up rather quickly – within 10 or 15 sessions. If there is no progress in these areas after a good try, it is time to consider another therapist or add other treatment options such as medication or behavioural therapy.

However, it is sometimes the case that you will not get a lasting change but merely momentary symptomatic relief until you root out larger problems. I can with relative certainty tell my clients that they will see a change within 10 or 15 sessions – maybe not a cure, but a clear difference in how they relate to the problem. For example, they will see changes in how they think, feel, and act, or in how things look to them. This is a rather conservative estimate as many clients see a change much sooner.
Other kinds of problems need more time. In general, those that are more consuming and embedded in a client’s everyday life story take longer. That is, something which is part of a general pattern of troublesome actions and feelings in your life will probably not evaporate as quickly. Problem-saturated actions and feelings that have become entrenched in your life story, that have been part of who you are for a long time and that reflect your overall way of getting through life, will be more difficult to uproot than one that feels like a thorn in your otherwise comfortable side.

Stories take time to tell. Be aware that it can take a long time to tell your story even if you feel highly motivated to do so – especially if you have never really told the whole truth to someone before. This is more common than we like to admit, but it can be hard to let another person know your secrets. Meanwhile, it may appear to those outside a session that not much is happening, and you may honestly be trying to talk, but the story is complex and convoluted. In many instances it may take several tellings of the same story for it to be more complete. Therefore, it can take a good deal of time to get the ‘complete story’ across.

Please remember:

1. You do not have to talk about your past, nor do you have to blame your mother for everything.
2. Your therapist will not judge your actions and feelings.
3. Therapy is a journey of self-discovery.
4. Therapy is also about uncovering your role in the problem story.
5. The goal of therapy is to understand what happened to you, what effect it had, and how it is still affecting you so that you can be freed to choose other ways forward.
6. The reality of therapy is that the problem often feels like it is getting worse before it gets better. This is because the problem needs to be opened up and explored from every angle before we can set out to challenge and overcome it.

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Did you say “Gift Card”?
WHAT YOU NEED:

- Sheet of A3 paper
- Scissors
- Double-sided tape or stapler
- Candle

STEPS:

1. Start by trimming a 3cm piece off of your sheet of paper. This will become the handle for your paper lantern. You can decide whether you want to trim it in the length or width.

2. Fold your paper in half.

3. From the folded edge cut 3cm slits, leaving another 3cm margin at the top. If it is easier, you can draw the lines on the paper where you need to cut.

4. After cutting your slits, take your double-sided tape and put a strip on one of the ends.

5. Roll your sheet of paper into a tube and paste it. You can also use a stapler.

6. For the finishing touches, take the strip you kept aside, place a strip of double-sided tape on each side, and attach it to the lantern.

7. To round it off beautifully you can place a candle inside.
Use the Lantern as Fun Decor at a party.
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DOMESTIC WORKERS

As of July 14th, Maria Reba is available for 4 days a week or is available to work for more than one family for a few days a week each. She has worked in Silver Lakes for the past 9 years. Maria is extremely reliable and trustworthy. She is a self-starter and a hard worker who knows how to clean well. She is always pleasant and respectful. She does not want a live-in position, although she may be open to working extra hours or babysitting if arranged in advance. Please contact Sheila for a reference on 079 389 7391 or Maria directly on 076 173 6911.

Iness is looking for full-time domestic employment as soon as possible. She speaks fluent English, is prompt, reliable, and wonderful with children. Her husband Arnold is a hard-working gardener. Please call Iness on 073 050 9302 if you are interested in hiring one of them, or maybe both as a team!

Marthia is looking for full-time domestic work in Silver Lakes, sleep-in or out. She is experienced and is good with children. Contact her on 0723872091 or 0720644289.

Lisa works for me every weekend. She is looking for 2-3 days of work during the week. She is reliable, a hard worker and great with my young kids. She has already been activated to enter the gate. Please phone me for a reference: Bronwyn Craig 076 838 1158. Lisa 072 413 8173.

Elsie is looking for part-time domestic work on Tuesdays and Thursdays. She is already working in Silver Lakes, but her previous employers emigrated. Please contact her on 072 222 6437.

Maria, who lives in Silver Lakes, is looking for work on Tuesdays and Thursdays. She currently works for our tenants who are moving back to the USA at the end of June. She has been working for us for about 10 years and is currently working for us on Mondays, Wednesdays and Fridays. She is very dependable and trustworthy. Phone Maria on 0765714797 or Renate for a reference on 0825777566.

Miriam Kruger, our domestic worker, is looking for work on Mondays, Wednesdays and Thursdays in Silver Lakes. She is currently working for us on Tuesdays and Fridays. She is hard-working, friendly, reliable and honest. She has been working as a domestic worker for many years. I would gladly recommend her to anyone. Please phone Miriam on 079 2919392. For reference, please contact 078 4274830.

Gertude is looking for work for Tuesdays and Fridays. She is extremely diligent, hard-working and trustworthy. We are relocating and she will be available from August. Contact me on 0827717142.

My domestic worker is looking for work on a Monday and Thursday. You can contact me, Malissa Badenhorst, at 079 865 8055 for a reference. Her name is Flora and she has been working for me for the past 2 years.

Domestic worker looking for work on Thursdays. Fina has been working for a number of our family members in Silver Lakes for years and she comes very well recommended. She currently has a spare day on Thursdays. She speaks English & Afrikaans. You are welcome to phone Fina on 0790155455 and you can contact Irma Dyssel for a reference on 082 444 7368.

I have a very reliable domestic worker, looking for 3 or 4 days work per week. Sleep out. I have known her for over 10 years and have never had any problems. Please contact Melanie to arrange an interview with her. 083 794 0509. Thank you

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GARDENER

Long-time, experienced gardener with excellent references seeks work on Mondays, Wednesdays and Fridays. Skills include: general gardening (often without supervision); tree felling; paving; painting; can even help clean house! Call Jephtah on 084 4254 818 or employer Frankie on 083 300 7130.

Lucas, our gardener, has been working in Silver Lakes Golf Estate for more than a decade. He still has an opening on Tuesdays should you require a competent and reliable gardener. Please call Genevieve on 083 640 5227 for more info and a reference, or call Lucas directly on 0782973401.

My long-time gardener Moses is looking for garden work for Mondays, Saturdays, and alternate Thursdays. He is honest and reliable, and can also help with painting and cleaning the house. Contact employer Frankie on 083 300 7130 or Moses on 076 716 4053.

Caiphas has been working at my house for the last seven years. He is extremely competent and reliable. Always with a friendly smile, he is punctual and efficient. He has two open days (Tuesday and Saturday) which he is looking to fill. Contact him directly on 079 955 7120 or myself, Max, on 082 494 5015 for a reference.

Lackson Mauta is looking for garden work for four days a week (Tuesdays, Wednesdays, Fridays and Saturdays). He is an excellent worker and has been working in Silver Lakes for six months. He can also do other jobs like painting and small building jobs. Contact Lackson at 0748400176 or M. Botes at 0824583385.

SERVICES

Handyman – If you are too busy or need a small job done in Silver Lakes, please call me. Anything from changing a light bulb or lock to painting, waterproofing, tiling, paving, ceilings, cornices, small brick work and plaster – almost anything. Call Johan on 082 4110 451 or Protus on 061 0291 850.

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