CITY OF LOS ANGELES
DEPARTMENT OF RECREATION & PARKS
CITYWIDE AQUATICS DIVISION

NORTHRIDGE SWIMMING POOL & SLIDE
10058 Reseda Blvd.
Northridge, CA 91324
(818) 709 – 7475

*Times subject to change without notice*

Operation Splash Pre-Summer Season
June 6 – June 12
Monday – Friday .......... 2:00 p.m. - 6:00 p.m.
Saturday & Sunday ......... 1:00 p.m. - 5:00 p.m.
OPENING DAY, June 13
Saturday ..................... 1:00 p.m. - 5:00 p.m.
June 14 – June 20
Monday – Friday ............. 2:00 p.m. - 6:00 p.m.
Saturday & Sunday .......... 1:00 p.m. - 5:00 p.m.
June 21 – August 15
Monday – Friday
Lessons/Programs ............. 11:00 a.m. - 1:00 p.m.
Recreational Swim ............. 1:30 p.m. - 4:30 p.m.
Lessons/Programs ............. 5:00 p.m. - 7:00 p.m.
Saturday & Sunday .......... 1:00 p.m. - 5:00 p.m.
August 16 – September 6
Monday – Friday .......... 2:00 p.m. - 6:00 p.m.
Saturday & Sunday .......... 1:00 p.m. - 5:00 p.m.
Monday, Labor Day, Sept. 7: 1:00 p.m. - 5:00 p.m.
Class Registration Begins Sunday, June 14, 2015 at 10am
www.LAPARKS.org

POOL RULES
For the safety of the public and pool employees, the City of Los Angeles has set the following rules to create a safe swimming environment for all patrons. Staff interpretations of rules are final.

- Children under 7 years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm’s length of the child at all times.
- Children under 4 years of age must wear an approved “swim diaper.”
- All swimmers must wear proper swim attire to be allowed into the pool.
- Proper swim attire includes a swim suit or swim trunks with liner (except board shorts). No cotton shirts, socks, or undergarments are allowed into the water.
- White t-shirt or white rash-guards are not allowed in the pool area.
- All patrons must take a soap shower before entering the pool.
- Patrons wishing to swim in the deep water section of the pool will be asked to complete a swim test to assess swimming proficiency.
- Do not interfere with a lifeguard rescue or call for help unless in distress.

POOL HOURS

ADMISSION FEES

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
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<tbody>
<tr>
<td>ADULTS (18 – 64 YRS OLD)</td>
<td>$3.50</td>
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<tr>
<td>YOUTH (0 – 17 YRS OLD)</td>
<td>$1.00</td>
</tr>
<tr>
<td>SENIORS (65 &amp; UP YRS OLD)</td>
<td>$1.00</td>
</tr>
<tr>
<td>Persons with Disabilities (All ages)</td>
<td>$1.00</td>
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</tbody>
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PASSES AVAILABLE

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Adult Lap Pass</td>
<td>$87.50 (30 Entries)</td>
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<tr>
<td>Admission Pass</td>
<td>$25.00 (30 Entries)</td>
</tr>
<tr>
<td>Youth Season Pass</td>
<td>$10.00 (From June 6 – September 7, Labor Day)</td>
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</table>

Persons with disabilities are welcome to participate in programs and classes. Reasonable accommodations will be provided upon request. To ensure availability, you are advised to make your request at least 72 hours prior to the program or class you wish to participate in.

SPONSORSHIPS

The LA84 Foundation (a legacy of the 1984 Olympic Games) has provided a limited number of team sport sponsorships for community youth between 7 and 17 years of age. Sponsorships are issued on a first-come-first-serve basis for NOVICE SWIMMING & SPRINGBOARD DIVING TEAM SPORTS ONLY.

PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Adult, Child, Senior, Adaptive</td>
<td>$108.00</td>
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</table>

SEMI-PRIVATE LESSONS (2 students only)

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult, Child, Senior, Adaptive</td>
<td>$160.00</td>
</tr>
<tr>
<td>1 private lesson: $27.00, 4 private lessons = $108.00</td>
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</tr>
<tr>
<td>20.00 per lesson per student x 2 students = $40.00</td>
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<tr>
<td>4 lessons = $160.00</td>
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</table>
NOVICE TEAM SPORTS
Team Sports and Junior Lifeguard Registration Opens Sunday, June 14, 2015 at 10am
Registration: $45.00 for one team, $40.00 for each additional team

Designed for entry-level competitors. Proof of age required. Age verification must be completed before the first meet, or the participant will not be allowed to compete. Participants compete in a Department-sponsored Swimming league. Participants must demonstrate an intermediate level swimming competency. All meet times and locations will be announced. Fees include t-shirt and awards. A team sports banquet award is scheduled for the last week of summer. Athletes who compete in two or more meets and/or sports will receive a combined participation award.

SPRINGBOARD DIVING
Length of Season ................................................. June 22 – August 14
Workouts ................................................................. Monday - Friday, 11:00 a.m. – 12:00 p.m.
Age .................................................................7-17

SYNCHRONIZED SWIMMING
Length of Season ................................................. June 23 – August 14
Workouts ................................................................. Monday - Friday, 12:00 p.m. – 1:00 p.m.
Age .................................................................7-17

SWIMMING
Length of Season ..................................................... June 23 – August 14
Workouts ................................................................. Monday - Friday, 5:00 p.m. – 6:00 p.m.
Age .................................................................7-17

JUNIOR LIFEGUARD PROGRAM - $40.00
Program meets Monday – Friday ........................................6:00 – 7:00pm

The Junior Guard program allows youths between 10-17 years of age an opportunity to improve their swimming skills, receive a basic understanding of water safety, and learn to swim. The Junior Lifeguard program includes one Junior Lifeguard T-shirt, bus transportation to selected events, materials, and instruction. This program is not eligible for a two team discount. Program limited to 20 participants. This program is not eligible for an additional team discount. Check with pool clerk for last day to register.

ACCESS FOR OBSERVATION
On-deck observation by parents and guardians will be allowed during the morning (11am-1pm) and evening (5-7pm) swim lessons and aquatic sport programs only. Please remain inside the designated observation areas.

During recreation swim sessions (1:30-4:30pm and 5/6 1-5pm), no on-deck observation will be allowed. Only parents with bathing suits and paid/free admission will be allowed on deck.

LEARN TO SWIM
LEARN TO SWIM

LESSON REGISTRATION

LESSON REGISTRATION

- Pre-registration for the session begins one week prior to the session start date.
- No telephone registration.
- Fees must be paid at the time of registration.
- NO EXCEPTIONS.

YOUTH - $40.00
ADULT - $50.00

LESSONS CATEGORIES & REQUIREMENT

Parent/Child – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1) – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

Beginner (Level 2) – Learn safety skills including floats and treading water, and progressive skills leading to front crawl including combined arm and leg action.

Advanced Beginner (Level 3) – Learn dolphin and scissor kicks, rotary breathing, progressive skills leading to diving, front crawl and elementary backstroke.

Intermediate (Level 4) – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

Swimmer (Level 5) – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool.

GROUP LESSONS

MONDAY THROUGH FRIDAY

10 Lessons/2 weeks ...... YOUTH/ADULT
Session # 1 .................. June 22 - July 03
Session # 2 .................. July 6 - July 17
Session # 3 .................. July 20 - July 31
Session # 4 .................. Aug 3 - Aug 14

(Late Afternoon Lessons ONLY)
Session # 5 ................. Aug 17 - Aug 28

YOUTH LESSONS

Swimmer .................. Mon. – Fri.. 11:00 a.m. - 11:25 a.m.
Parent/Child ............... Mon. – Fri.. 11:00 a.m. - 11:25 a.m.
Adv. Beginner ............... Mon. – Fri.. 11:30 a.m. - 11:55 p.m.
Beginners .................. Mon. – Fri.. 11:30 a.m. - 11:55 p.m.
Adv. Beginner ............... Mon. – Fri.. 12:00 p.m. - 12:25 p.m.
Parent/Child ............... Mon. – Fri.. 12:00 p.m. - 12:25 p.m.
Intermediate ............... Mon. – Fri.. 12:30 p.m. - 12:55 p.m.
Water Confidence .......... Mon. – Fri.. 12:30 p.m. - 12:55 p.m.

Adult Level 1-3 .................. Mon. – Fri.. 6:00 p.m. - 6:25 p.m.
Adult Level 4-5 ............... Mon. – Fri.. 6:30 p.m. - 6:55 p.m.