PRODUCT CATALOGUE
FROM THE OUTSIDE IN AND THE INSIDE OUT, NU SKIN® IS THE KEY TO LOOKING AND FEELING YOUR BEST

Glance forward in time – see a more youthful looking you. Your complexion appears smoother and radiant; your body appears more vibrant, firmer and contoured.

At Nu Skin®, we are committed to helping you achieve this best version of you. With state-of-the-art skin care solutions and food supplements formulated to help you defy the visible signs of ageing, you have all the tools you need.
www.nuskin.com

A CULTURE OF GIVING
Humanitarian efforts.

NU Colour®
Enhance your natural beauty with final touches of colour.

PHARMANEX® BIOPHOTONIC SCANNER
Increase your Skin Carotenoid Score.

For Nu Skin® product availability, specific information within your country or the updated item number, please consult the price list at www.nuskin.com

For Pharmanex® product availability within your country, please refer to the country code listed for each product.

For the most up-to-date version of the Product Catalogue, check the online version on our website at www.nuskin.com

The information contained in this catalogue was correct as at May 2016.

Available in:

- Austria
- Belgium
- Switzerland
- Czech Republic
- Germany
- Denmark
- Spain
- Finland
- France
- Great Britain
- Hungary
- Ireland
- Iceland
- Italy
- Luxembourg
- Netherlands
- Norway
- Poland
- Portugal
- Romania
- Sweden
- Slovakia
- Turkey
Scientific innovation has established Nu Skin® as a leader in the health and beauty industries. Our proprietary product formulations and technologies enable us to set new industry standards in the sources of ageing, with real solutions that exhibit demonstrable results. Our team of in-house scientists demonstrates our commitment to research and development by collaborating with leading research institutions. These collaborative relationships help us to develop next-generation skin care and nutritional products.

INNOVATIVE.
COLLABORATIVE.

"Nu Skin® is taking the science of the sources of ageing to a completely new level by studying the genetic origins of how and why we age."

Dr. Joseph Chang, Chief Scientific Officer, Executive Vice President, Product Development

THE FUTURE OF LOOKING AND FEELING YOUNG

Based on years of unparalleled research in skin and nutritional science, Nu Skin® has ushered in a new era with our exclusive ageLOC® science.

With our exclusive ageLOC® science, you can unlock your youthful potential. The ageLOC® brand is a comprehensive approach – targeting the ultimate sources of ageing to diminish the look and feel of ageing. Get ready to discover the products that will improve different aspects of your life. It’s time to unlock the new you.
Nu Skin® has taken the latest insights of how to impact the visible signs of ageing to a new level. In collaboration with some of the world’s leading anti-ageing researchers, Nu Skin® scientists have identified key groups of genes called age-related super markers or arSuperMarkers, that influence how we seem to age. Nu Skin®’s exclusive ageLOC® science targets these ultimate sources of ageing to develop products that help you look and feel younger.

“Nu Skin® uses gene chip technology to identify functional groups of age-related super markers – what we call Youth Gene Clusters. Our research on Youth Gene Clusters helps us to better understand the mechanism of the visible signs of how we look as we are ageing.”

Helen Knaggs, Ph.D., Vice President Global Research & Development

The scientific community has open access to the Human Genome, but Nu Skin®’s breakthrough ageLOC® science gives us the ability to interpret it in a meaningful way. In a recent discovery, Nu Skin®, along with anti-ageing and genetics experts, identified key groups of genes called Youth Gene Clusters. Nu Skin® believes that finding and identifying these functional groups of genes is crucial to addressing the visible signs of ageing at the source.

Clinical study results, genomic analyses and substantiated research have led Nu Skin® scientists to identify genes of which the expression profile shares characteristics associated with youthfulness. The expression of these genes is responsible for the visible signs of ageing on our skin.

Once these key groups of genes have been identified, it is necessary to understand how their activity can reflect a more youthful skin profile. Rebalancing this profile is a subtle process, it is not as simple as turning them all on or off. Some skin markers may need to be turned down and others turned up. Nu Skin®’s proprietary ageLOC® science creates new opportunities to support younger looking skin and body.
FROM THE OUTSIDE IN

Nu Skin® is a leader in the skin care industry with scientifically advanced ingredient technologies and skin beneficial formulas comprised of high quality ingredients. And now, together with ageLOC® science, our skin care products are going a step further by helping to unlock the secret to a younger looking you – today and in the future.
Nu Skin® has redefined skin care with ageLOC Me®, an entirely new approach to anti-ageing. Featuring five cutting-edge cartridges (1 day moisturiser, 1 night moisturiser and 3 anti-ageing serums combined in one step through the device), one unique delivery device and one smart Skin Assessment, ageLOC Me® is anti-ageing skin care like you have never seen, felt, or imagined.

**CUSTOMISED SKIN CARE**
Imagine anti-ageing skin care as individual as you are. Experience it with ageLOC Me® state-of-the-art technology and breakthrough anti-ageing formulations.

**EXPERT SKIN ASSESSMENT**
ageLOC Me® eliminates the guesswork, making it easier to find the ideal customised daily skin care regimen including your anti-ageing serum, Day and Night moisturisers.

**ageLOC® ANTI-AGEING FORMULAS**
Represent Nu Skin®’s most sophisticated anti-ageing skin care formulations in an exceptional way with revolutionary ageLOC® technology that targets the sources of the visible signs of skin ageing.

**A UNIQUE SKIN CARE EXPERIENCE**
ageLOC Me® transforms your daily regimen into a truly luxurious, touchless and hygienic experience through a first-of-its-kind delivery device.
ageLOC Me® SKIN CARE SYSTEM

Customised for you, by you

ageLOC Me® is a first-of-its-kind anti-ageing skin care system combining customisation, skin care and innovation. The ageLOC Me® Skin Care System contains 1 ageLOC Me® Device as well as 1 month’s supply of anti-ageing products called the Reference Set.

ageLOC Me® DEVICE
- First-of-its-kind touchless delivery device
- Makes the daily skin care routine more streamlined, fast, easy and fun
- Delivers a precise dose at the right time, every time
- Hygienic and clean delivery

ageLOC Me® REFERENCE SET
- Enables you to learn about your skin’s needs and your preferences
- Proprietary ageLOC® formulations
- Anti-ageing ingredients provided in 5 Serum cartridges delivered in one step - providing a wide array of active ingredients.
- Stored in aseptic, patented cartridges; this vacuum filling ensures the most optimal product delivery

ageLOC Me® SKIN ASSESSMENT
- Intelligent and exclusive skin assessment algorithm based on Nu Skin’s experience and expertise
- Customisation based on you, your skin and your preferences
- Eliminates the guesswork and makes the skin care product selection much more precise
- Enables you to fine-tune your regimen when needed

YOUR 4 STEPS TO INDIVIDUAL SKIN CARE

1. Discover the ageLOC Me® Skin Care System and learn about your skin
2. Personalise your skin care regimen with the ageLOC Me® Skin Assessment
3. Experience your customised skin care regimen
4. Fine-tune your regimen to adjust to the season, your skin ageing concerns or a location change
**ageLOC® EDITION NU SKIN GALVANIC SPA SYSTEM® II**

**Switch on the power of youth.**

Smooth the appearance of fine lines and wrinkles, rejuvenate your complexion, revitalize your scalp and invigorate your body’s skin appearance with the patented ageLOC® EDITION Nu Skin Galvanic Spa System® II. Studies show that galvanic current improves the delivery of key ingredients to your skin. The results are so remarkable, your radiant, youthful face and body will leave people wondering about your age and your secret. Are you ready to switch on the power?

Item No. 97003876 (white)

97003873 (black)

**DESCRIPTION OF BENEFITS**

ageLOC® ingredients have been shown to protect the skin from oxidative stress by reducing the expression of free radicals associated with the arNOX enzyme. This may help slow down the appearance of skin ageing that may be caused by accelerated free radical production.

**FACE CONDUCTOR**

**BEFORE APPLICATION**

**AFTER APPLICATION**

1 (Results after 6 months)

2

The results achieved may not be typical and your results may vary.

3

The results were achieved after using ageLOC® Transformation twice a day, ageLOC® Edition Nu Skin Galvanic Spa System® II and Nu Skin Galvanic Spa System® Facial Gels with ageLOC® twice per week.

**THE DIFFERENCE DEMONSTRATED: SWITCH ON THE POWER OF YOUTH IN MINUTES**

**BEFORE APPLICATION**

**AFTER APPLICATION**

1 (Results after 1 application)

2

3

**NU SKIN GALVANIC SPA SYSTEM® FACIAL GELS WITH ageLOC®**

Younger looking skin in 5 minutes.

Nu Skin Galvanic Spa System® Facial Gels with ageLOC® is a two-step face session that enables optimal delivery of anti-ageing ingredients to the skin. It features ageLOC®, a proprietary patented technology that targets the visible signs of skin ageing at its source. Transform a tired and stressed complexion into skin that immediately feels refreshed, hydrated and incredibly soft and clean.

Pre-treatment and treatment gel 4 vials each

Item No. 90038705

**UNSURPASSED RESULTS**

Boost the visible benefits of ageLOC® Future Serum, the central product of ageLOC® Transformation, by an average of 80% across multiple visible signs of skin ageing by using the ageLOC® EDITION Nu Skin Galvanic Spa System® II three times a week.*

**DESIGNATION OF BENEFITS**

ageLOC® ingredients have been shown to protect the skin from oxidative stress by reducing the expression of free radicals associated with the arNOX enzyme. This may help slow down the appearance of skin ageing that may be caused by accelerated free radical production.

arNOX Activity – in vitro experiment

*arNOX activity measured in vitro through FerriCytochrome C Reduction, nmole/min/1.5mg epidermis.
SELECT TRU FACE® LINE CORRECTOR
Smooth the appearance of lines with the power of peptides.
This advanced formula features the revolutionary procollagen peptides that help soften the appearance of moderate to deep lines around your mouth, eyes and forehead in just four weeks. Enhance the benefits by using this product with the ageLOC® Edition Nu Skin Galvanic Spa System® II Focus Area Conductor.
30ml
Item No. 97102704

GALVANIC SPA TOTE BAG
All your supplies at your fingertips.
With elasticised bottle loops and zippered organisational pockets, each item is in view for easy access.
Item No. 86997616

NU SKIN® COTTON TOWELS
Add style to your beauty care sessions.
Made of 100% cotton, these super soft towels are extremely absorbent and long-lasting.
60x80cm
10-pack
Item No. 97137499

NU SKIN® TERRY CLOTH TOWELS
Luxuriously soft and super absorbent towels.
These ultra fluffy towels will comfortably clean your skin after every application of the galvanic facial regimen.
30x30cm
10-pack
Item No. 86997542

SCALP CONDUCTOR
NUTRIOL® HAIR FITNESS TREATMENT
Helps hair look and feel more abundant.
This leave-in solution remineralises the scalp and hydrates the hair with Tricalgoxyl®.
12 vials
Item No. 9710219

NUTRIOL® SHAMPOO
Head-turning results for your head of hair.
Featuring Tricalgoxyl®, this solution shampoo is formulated for use with Nutriol® Hair Fitness Treatment to help enhance fullness and shine.
125ml
Item No. 97101219

NU SKIN® CAPES
Give your demonstrations a professional touch.
These Nu Skin® branded white capes are made of waterproof nylon.
73x73cm
10-pack
Item No. 97136867

TRU FACE® LINE CORRECTOR
Focus Area Conductor

FOCUS AREA CONDUCTOR

NU SKIN® TERRY CLOTH TOWELS

NU SKIN® CAPES

SCALP CONDUCTOR

NUTRIOL® HAIR FITNESS TREATMENT

NUTRIOL® SHAMPOO

NU SKIN® COTTON TOWELS

GALVANIC SPA TOTE BAG

FOCUS AREA CONDUCTOR

TRU FACE® LINE CORRECTOR

NU SKIN® TERRY CLOTH TOWELS

NU SKIN® COTTON TOWELS

FOCUS AREA CONDUCTOR

TRU FACE® LINE CORRECTOR

NU SKIN® TERRY CLOTH TOWELS

NU SKIN® COTTON TOWELS

SCALP CONDUCTOR

NUTRIOL® HAIR FITNESS TREATMENT

NUTRIOL® SHAMPOO

NU SKIN® CAPES

TRU FACE® LINE CORRECTOR

FOCUS AREA CONDUCTOR

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NUTRIOL® SHAMPOO

NU SKIN® CAPES

TRU FACE® LINE CORRECTOR

FOCUS AREA CONDUCTOR
**ageLOC® Galvanic Body Trio**

It’s time to take the science of skin ageing one step further with a highly advanced body enhancement system. Based on ageLOC® science, the three ageLOC® Body products feature new scientific breakthroughs for smoothing and firming the skin of your body. Switch on the power and prepare to get a more youthful look.

**ageLOC® Galvanic Body Spa**
Your body optimised. With this breakthrough technology, Nu Skin® has captured the future of body care with the ageLOC® Galvanic Body Spa. It features a proprietary ageLOC® body conductive surface and pulsating galvanic currents to optimise the beneficial effects of the selected ageLOC® Galvanic Body Spa products on the skin of the arms, abdomen and thighs. The ageLOC® Galvanic Body Spa also helps purify and refresh your skin to reduce the visible signs of ageing.

Item No. 97103972

(ageLOC® Galvanic Body Trio package includes 1 ageLOC® Galvanic Body Spa, 1 ageLOC® Body Shaping Gel and 1 ageLOC® Dermatic Effects)

**ageLOC® Body Shaping Gel**
For a more contoured, firmer, smoother you. This intensive spa quality regimen minimises and helps to smooth the appearance of an orange peel look, to improve the appearance of skin’s firmness and helps to improve the overall appearance of the skin. It also helps to increase cellular energy to refresh and purify the skin while reducing the visible signs of ageing.

150ml
Item No. 97003902

**ageLOC® Dermatic Effects**
For a more contoured, smoother looking you. This daily moisturising and contouring lotion helps to increase cellular turnover, which is necessary for renewing the skin and giving it its natural radiant texture. It also contains ingredients that help to diminish the appearance of cellulite while smoothing skin.

150ml
Item No. 97003903

For an extension of benefits, use ageLOC® Dermatic Effects after using ageLOC® Body Shaping Gel.

**ageLOC® Face and Body ADR Package**
A special ADR package that includes 2 Nu Skin Galvanic Spa System® Facial Gels with ageLOC® 1 ageLOC® Body Shaping Gel and 1 ageLOC® Dermatic Effects.

**Before Application**
The results achieved may not be typical and your results may vary.

**After Application**
The results were achieved after using the ageLOC® Galvanic Body Spa and ageLOC® Body Shaping Gel three times a week, and the ageLOC® Dermatic Effects twice a day every day.

**Measure the Difference**

**ageLOC® Galvanic Body Trio**

It’s time to take the science of skin ageing one step further with a highly advanced body enhancement system. Based on ageLOC® science, the three ageLOC® Body products feature new scientific breakthroughs for smoothing and firming the skin of your body. Switch on the power and prepare to get a more youthful look.
Our most advanced system ever.

ageLOC® Transformation is Nu Skin®’s most powerful skin care regimen that reveals younger looking skin in eight ways – for a more youthful looking you. Are you ready for a true transformation?

ageLOC® GENTLE CLEANSE & TONE
Gently purifies and primes skin morning and night.

This sophisticated foaming cleanser combines cleansing and toning into a single step, while providing the skin with advanced ingredients to decrease the visible signs of aging. This luxurious formula delivers your first infusion of ageLOC® ingredients and leaves your skin feeling soft and refreshed.

60ml
Item No. 97003882

ageLOC® FUTURE SERUM
Younger looking skin in eight ways.

Powerful, scientifically tested ingredients that decrease the appearance of visible signs of aging and stimulate youthful skin cell turnover by 85%. Patented ingredient technology promotes youthful skin structure, while increasing the production and inhibiting the breakdown of structural skin protein, thus promoting a firm skin structure. ageLOC® Future Serum – for a visibly younger appearance.

30ml
Item No. 97003885

ageLOC® RADIANT DAY SPF 22
Brightens, hydrates and fortifies skin.

Contains ingredients proven to reduce the appearance of fine lines and wrinkles by 45%. Brightens, hydrates and fortifies skin with ageLOC® ingredients, while helping to protect the skin from the undesirable effects of excessive sun exposure. This lightweight daily moisturizer is excellent under makeup and stimulates cell renewal for a smoother, softer texture – delivering younger, radiant looking skin each day.

35ml
Item No. 97003904

ageLOC® TRANSFORMING NIGHT
For smoother, softer skin.

Contains ingredients proven to stimulate cell turnover by 85% for smoother, softer texture. Ultra-mild ingredients maintain the skin’s own structure, working with the skin’s natural night-time renewal process. This sublime cream delivers superior benefits when applying every evening through ageLOC® technology that targets the sources of visible signs of aging and noticeably reduce the look of fine lines, wrinkles and pore size so you wake to radiant, supple skin.

50ml
Item No. 97003883

1 Eight-week in vitro study using Equol.
2 Four-week in vitro study using bamboo extract, pea extract and glucosamine blend.
NU SKIN 180°® FACE WASH
Cleanse away the visible signs of environmental skin ageing.
Featuring 10% active vitamin C, this rich, creamy formula targets age spots and deconcolouration and helps to support firm skin to diminish the appearance of fine lines and wrinkles.
125ml
Item No. 9710251

NU SKIN 180°® SKIN MIST
Refines and tightens pores.
Featuring di- and tri-peptides from hydrolysed rice protein, this formula improves firmness and keeps skin looking smooth and radiant. Mushroom extract refines and tightens pores while exclusive, soothing HMW Complex protects skin.
100ml
Item No. 9710253

NU SKIN 180°® ANTI-AGEING SYSTEM
The Nu Skin 180°® Anti-ageing System helps to enhance cell turnover and diminish the appearance of fine lines and wrinkles. This system consists of five products: Face Wash, Skin Mist, Cell Renewal Fluid, UV Block Hydrator and Night Complex.
Item No. 9710255

NU SKIN 180°® CELL RENEWAL FLUID
Nu Skin’s cell renewal specialist. Featuring a powerful 15% concentration of the polyhydroxy acid gluconolactone, this formula gently but effectively stimulates the cell turnover process to reveal a more youthful looking skin.
30ml
Item No. 9710250

NU SKIN 180°® FIVE-WEEK PROGRAM
In a Nu Skin 180°® clinical study conducted at a third-party testing lab, clinical graders assessed the skin’s appearance improvements of 50 participants. After eight weeks, 100% of these participants showed some improvement in overall radiance. According to the clinical grader assessments, the percentage of participants who exhibited improvements within the individual attributes and overall radiance was as follows:

- Discolouration
- Pore Size
- Wrinkles
- Texture
- Percent of improvement after eight weeks

100%
80%
60%
40%
20%
0%

Save with the Nu Skin 180°® Anti-Ageing System ADD package. For more information on how to benefit from this special promotion, please ask your Distributor.

As part of your regimen, ageLOC® Future Serum provides amazing skin benefits in eight significant ways:

1. Youthful Skin Structure
2. Skin Smoothness
3. Even Skin Tone
4. Fine Lines/Wrinkles
5. Radiance (Brightness)
6. Pore Size
7. Skin Discolouration (Spots)
8. Hydration

Percent perceived improvement over baseline

- Youthful Skin Structure: 66%
- Skin Smoothness: 62%
- Even Skin Tone: 70%
- Fine Lines/Wrinkles: 59%
- Radiance (Brightness): 73%
- Pore Size: 51%
- Skin Discolouration (Spots): 56%
- Hydration: 71%

Self-perception after 12 weeks use

Save 12-week self-perception study with 25 subjects using ageLOC® Future Serum

NU SKIN 180°® ANTI-AGEING SYSTEM

Younger looking skin in 8 ways

ageLOC® Future Serum Third-Party Consumer Self-Perception Study Results*

As part of your regimen, ageLOC® Future Serum provides amazing skin benefits in eight significant ways:

1. Youthful Skin Structure
2. Skin Smoothness
3. Even Skin Tone
4. Fine Lines/Wrinkles
5. Radiance (Brightness)
6. Pore Size
7. Skin Discolouration (Spots)
8. Hydration

Self-perception after 12 weeks use

*12-week self-perception study with 25 subjects using ageLOC® Future Serum
## Nutricentials® Products

Nutricentials® products are formulated with topically applied nutrients proven to naturally enhance the healthy looking appearance of the skin. With key nutrients from the best daily diets around the world, Nutricentials® products are great for sensitive skin and help to keep skin looking healthy and radiant.

### Nutricentials® Collection

**Normal to dry skin**
- Collection of six products: Creamy Cleansing Lotion, pH Balance Toner, Celltrex® Ultra*, Celltrex® CoQ10 Complete*, Moisture Restore Day SPF 15 Normal to Dry Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.

**Combination to oily skin**
- Collection of six products: Pure Cleansing Gel, pH Balance Mattefying Toner, Celltrex® Ultra*, Celltrex® CoQ10 Complete*, Moisture Restore Day SPF 15 Combination to Oily Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.

### Normal to Dry Skin Range

Normal to dry skin needs greater water-holding capacity. These products provide the perfect basis for your daily skin care regimen while protecting the skin’s moisture barrier.

<table>
<thead>
<tr>
<th>Product Name</th>
<th>Description</th>
<th>Quantities</th>
<th>Item No.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Creamy Cleansing Lotion</strong></td>
<td>Protects the skin’s moisture barrier each time you cleanse. This gentle, soap-free cleanser thoroughly removes impurities and debris without stripping critical skin lipids.</td>
<td>150ml</td>
<td>97110310</td>
</tr>
<tr>
<td><strong>pH Balance Toner</strong></td>
<td>Primes skin for hydration and nourishment. Featuring strawberry extract, which gives skin its ideal pH while helping to diminish the appearance of pores.</td>
<td>150ml</td>
<td>97110311</td>
</tr>
<tr>
<td><strong>Moisture Restore Day SPF 15 Normal to Dry Skin</strong></td>
<td>Hydrates and protects skin. Featuring colourless carotenoids, this lotion enhances the skin’s resistance to the environmental conditions that may negatively impact the skin.</td>
<td>50ml</td>
<td>97102706</td>
</tr>
<tr>
<td><strong>Night Supply Nourishing Cream</strong></td>
<td>Promotes skin flexibility and resiliency while you sleep. This rich formula contains phosphatidylcholine, which enhances the skin’s renewal process as it increases the cell membranes’ flexibility and resiliency.</td>
<td>50ml</td>
<td>97102705</td>
</tr>
</tbody>
</table>

### Combination to Oily Skin Range

Combination to oily skin needs to efficiently retain its own moisture without producing excess oils. These products help minimise shine and free pore-blocking debris while promoting skin softness.

<table>
<thead>
<tr>
<th>Product Name</th>
<th>Description</th>
<th>Quantities</th>
<th>Item No.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pure Cleansing Gel</strong></td>
<td>Deep cleans and clarifies pores. This soap-free foaming formula contains papain, an enzyme from papaya that frees pores of excess oil and debris.</td>
<td>150ml</td>
<td>97110329</td>
</tr>
<tr>
<td><strong>pH Balance Mattefying Toner</strong></td>
<td>Reduces shine and the appearance of pores. Featuring strawberry extract to help pores look less noticeable and promote a radiant complexion.</td>
<td>150ml</td>
<td>97110335</td>
</tr>
<tr>
<td><strong>Moisture Restore Day SPF 15 Combination to Oily Skin</strong></td>
<td>Healthy looking skin without the oil and shine. This lotion enhances the skin’s natural resistance to the environmental conditions that may negatively impact the skin and helps to control excess oil and shine.</td>
<td>50ml</td>
<td>97102707</td>
</tr>
<tr>
<td><strong>Night Supply Nourishing Cream</strong></td>
<td>Promotes skin flexibility and resiliency while you sleep. This rich formula contains phosphatidylcholine, which enhances the skin’s renewal process as it increases the cell membranes’ flexibility and resiliency.</td>
<td>50ml</td>
<td>97102705</td>
</tr>
</tbody>
</table>

*See page 32 for more information on this product.
NU SKIN CLEAR ACTION® SYSTEM
Clearing beyond the breakout.
Collection of four products: Nu Skin Clear Action® Foaming Cleanser, Nu Skin Clear Action® Toner, Nu Skin Clear Action® Day Treatment and Nu Skin Clear Action® Night Treatment.

NU SKIN CLEAR ACTION® FOAMING CLEANSER
Deep cleaning for silky-smooth results.
Formulated to disrupt the breakout causing union of oil, bacteria and debris, this unique foaming cleanser features salicylic acid to clear pores and reduce most breakouts - leaving skin fresh and clean without feeling tight or dry.

Item No. 97110388 100ml

NU SKIN CLEAR ACTION® TONER
Keeps your complexion calm and shine free.
This advanced toner soothes angry, red skin and manages oil levels with licorice extract (soothes irritated skin), NaPCA (helps control sebum levels) and a special blend of vitamins C and E (replenishes the natural antioxidant supply that is lost when your skin is fighting breakouts).

Item No. 97110387 150ml

NU SKIN CLEAR ACTION® DAY TREATMENT
Multi-action for one result - clear skin!
Protects and revitalises your complexion. Mandelic acid reduces the appearance of visible signs of past breakouts as it quickly fades dark spots on the skin’s surface. Salicylic acid works to penetrate pores and dissolve clogs. Combined in a lightweight gel, these two ingredients, along with humectants such as gluconolactone help to deliver a smooth, clear, evenly toned complexion. So you can face every day with confidence.

Item No. 97110389 50ml

NU SKIN CLEAR ACTION® NIGHT TREATMENT
Minimise the visible signs of breakouts while you sleep. Featuring salicylic acid and retinol to diminish the appearance of visible remnant marks associated with past breakouts, this night time formula helps to deliver a smooth, clear, evenly toned complexion.

Item No. 97110390 50ml

HYDRATE AND REPLENISH
We all need a moisturiser that is adapted to the special needs of our skin. There are lots of different factors that influence the level of moisturisation it needs; like fluctuating temperature, pollution, etc. Nu Skin® offers a broad range of facial moisturisers from light to rich. These facial moisturisers can be added to your core daily skin regimen to help you achieve the right hydration for a healthier appearance.

LIGHT MOISTURISATION

NaPCA MOISTURE MIST
Dewy-fresh skin is just a spray away. Packed with natural moisturising ingredients like NaPCA, hyaluronic acid and urea, this oil-free formula helps your skin to maintain a constant moisture level. The cool, refreshing mist is also ideal for the body.

Item No. 97110226 250ml

ENHANCER
A natural balancing act to soothe and hydrate.
With conditioning panthenol and soothing aloe vera, Enhancer soothes the skin and limits moisture loss. Use liberally to keep skin comfortable and support its natural moisture balance.

Item No. 97110208 100ml

MOISTURE RESTORE
MEDIUM MOISTURISATION

INTENSE EYE COMPLEX
A moisture boost for drier skin types.
Formulated with brown seaweed to soften the delicate skin around the eyes, this cream is specifically designed to absorb and retain moisture, helping to soften the appearance of fine lines and wrinkles.

Item No. 97110255 15ml

MEDIUM MOISTURISATION

REJUVENATING CREAM
A moisture boost for drier skin types.
Formulated to address the special needs of dry skin, this cream improves your skin’s moisture-binding capabilities with the hydrating power of hyaluronic acid. Daily use not only improves moisture, but also helps to keep dryness from reoccurring.

Item No. 97110226 75ml

RICH MOISTURISATION

REJUVENATING CREAM
A moisture boost for drier skin types.
Formulated with brown seaweed to soften the delicate skin around the eyes, this cream is specifically designed to absorb and retain moisture, helping to soften the appearance of fine lines and wrinkles.

Item No. 97110208 15ml

RICH MOISTURISATION

MOISTURE RESTORE

INTENSE EYE COMPLEX
A moisture boost for drier skin types.
Formulated with brown seaweed to soften the delicate skin around the eyes, this cream is specifically designed to absorb and retain moisture, helping to soften the appearance of fine lines and wrinkles.

Item No. 97110255 15ml
Get firm with your skin!

Nu Skin®’s firming specialist now employs ageLOC® science, to focus on the sources of the visible signs of skin ageing. Formulated with Ethocyn® and an antioxidant network, ageLOC® Tru Face® Essence Ultra promotes the key components of a firm skin and helps to protect it from oxidative stress. Featuring these key ingredients, this product will help you contour and firm your skin for a more youthful looking appearance.

60 capsules
Item No. 97003906

By adding Nu Skin® Tru Face® products to your core regimen, you can enhance the benefits of daily maintenance, targeting the visible effects of ageing to keep your skin looking smooth, supple and even-toned.

The missing link in your daily ageLOC® facial regimen

TARGETED SOLUTIONS

Developed with leading research institutions, Nu Skin® targeted solutions contain cutting-edge formulas to complement your core system and diminish the visible signs of skin ageing, stress and environmental exposure to enhance a healthy looking, youthful appearance.

These results represent the highest response to a Tru Face® Essence product that Nu Skin® has ever seen in these time frames!

THIRD-PARTY CLINICAL STUDY

In a clinical study, over 55% of the subjects reported improvements both in overall firmness and firmness around the eyes in as little as one week. By week 12, an impressive 80% of subjects were showing improvements in these same areas.

ageLOC® Tru Face® Essence Ultra

CLINICAL RESULTS

Percent of Subjects

Percent of Subjects

Overall Skin Firmness
Firmness Around Eyes

Week 1
Week 12

55%
80%
55%

55%
80%

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The missing link in your daily ageLOC® facial regimen
TRU FACE® PRIMING SOLUTION
Prime your skin for more youthful results.
Featuring a blend of amino acids, this primer optimises the benefits of Tru Face® products and supplies skin-essential protein building blocks.
125ml
Item No. 97101213

TRU FACE® IDEALEYES
Let your eyes show a younger you. Scientifically formulated to offer both short and long-term benefits, this eye refining cream transforms your sensitive under eye area from dark, puffy and aged to radiant, firm and youthful.
15ml
Item No. 97101241

TRU FACE® REVEALING GEL
Fight the visible signs of skin ageing. Featuring polyhydroxy acids – as effective as traditional alpha hydroxy acids – this advanced gel helps to stimulate cell turnover to improve your skin tone and texture, enhance skin brightness and refine pore size. Great for sensitive skin.
30ml
Item No. 9710215

TRU FACE® SKIN PERFECTING GEL
Combats early visible signs of environmental skin ageing. This gel supports the synthesis of structural skin components with Kelpadelie – marine algae that is milder to skin than retinol.
50ml
Item No. 9710251

TRU FACE® LINE CORRECTOR
Smoothes the appearance of lines with the power of peptides. This advanced formula features a revolutionary procollagen peptide that helps to minimise the appearance of moderate to deep lines around your mouth, eyes and forehead.
30ml
Item No. 97102704

THIRD-PARTY CLINICAL STUDY
In an 8 weeks third-party study with 40 subjects, dermatological grading showed that using the Nu Skin Galvanic Spa System® II instrument with Tru Face® Line Corrector improved the appearance of the following key areas of the facial skin:
- Fine Lines: 20%
- Crow’s Feet: 21%
- Tautness: 17%

*For additional skin smoothing benefits, use with Polishing Peel (p. 33).

TRU FACE® INSTANT LINE CORRECTOR
Instant correction of the appearance of fine lines and wrinkles.
This powerful cream fills and releases facial lines immediately reducing the appearance of lines and wrinkles for up to 12 hours, reducing the effects of years of habitual facial movements.
15ml
Item No. 9710257

TRU FACE® TOILETRY BAG
Store all your products in this elegant, timeless toiletry bag. The functional, yet stylish design boasts multiple interior pockets for easy access to all your essentials.

NU SKIN® POUCH
An elegant way to stay organised throughout the year.

NU SKIN® TOILETRY BAG
Store all your products in this elegant, timeless toiletry bag. The functional, yet stylish design boasts multiple interior pockets for easy access to all your essentials.
ENIRONMENTAL DEFENCE
Antioxidant-rich nourishing serums and advanced sunscreen ingredients protect and replenish with benefits for vibrant, healthy looking skin.

SUNRIGHT® LIP BALM 15
Protect and moisture.
Protect your lips and help them look and feel smooth. The Sunright® formula guards your lips against chapping and protects them from sun damage.
4.2g
Item No. 97110369

SUNRIGHT® 35 & SUNRIGHT® 50
High UVA/UVB protection.
Excessive sun exposure can have damaging visible consequences, including premature appearance of the visible signs of skin ageing. These water-resistant, non-greasy formulas are especially designed to promote youthful looking skin by providing protection from the sun’s harmful rays.
100ml
Item No. 97001344 SUNRIGHT® 35
97001345 SUNRIGHT® 50

CELLTREX® CQ10 COMPLETE
A powerful network of antioxidant benefits.
Featuring CoQ10 and a complete antioxidant network, this technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.
15ml
Item No. 97131809

CELLTREX® ULTRA
The ultimate oxidative stress combattant and moisturiser.
Featuring olive oil and vitamins A and E. This nourishing serum soothes and protects the skin from the visible effects of oxidative stress.
15ml
Item No. 97132700

SUNRIGHT® LIP BALM 15
Protect and moisture.
Protect your lips and help them look and feel smooth. The Sunright® formula guards your lips against chapping and protects them from sun damage.
4.2g
Item No. 97110369

PEELS, MASKS AND SCRUBS
Nu Skin® peels, masks and scrubs rejuvenate dull, tired skin by drawing out impurities, removing dulling cell build-up and promoting cell renewal. These invigorating formulas will make you look and feel fantastic.

EXFOLIANT SCRUB
A kinder, gentler touch for smooth results.
With natural marine diatoms (fossilized algae), this gentle scrub smoothes the skin’s surface by releasing dead cell build-up and pore-blocking impurities.
100ml
Item No. 97102307

POLISHING PEEL
Microdermabrasion at home.
Clinically proven to provide results similar to a professional microdermabrasion session; this advanced formula features pumpkin enzyme to dissolve dead cell build-up and bentonite clay to remove toxins for a polished, smooth appearance.
50ml
Item No. 97122115

FACE LIFT POWDER & ACTIVATOR
Look your best instantly.
Face Lift Powder and Activator goes to work immediately, temporarily lifting, firming and toning your skin while reducing the appearance of lines and wrinkles.
Face Lift Powder and Activator must be used together but can be purchased separately.
Powder only 75g
Activator only 125ml
Item No. 97102099 (Powder and Activator)
97102066 (Powder only)
97102047 (Activator only)

CREAMY HYDRATING MASQUE
An oasis for dry skin.
Featuring saccharide isomerate—a hydration magnet—and cactus and pine cone extracts, this rich formula soothes dry or sensitive skin by helping to bind moisture to the skin.
100ml
Item No. 97120111

NU SKIN® AQUAPOP™ TOWELETTES
These ultra-soft cloths offer you superior cleansing, makeup removal or simply to clean your hands, leaving you with a refreshed feeling while giving you all the care and pampering your skin needs.
100 pieces
Item No. 86998039

FAN LIFT BRUSH
Created specifically for easy mixing and even application of Face Lift Powder and Activator.
Pack of 3
Item No. 00000265

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100 pieces
Item No. 86998039
**BODY BAR**

A bestseller that leaves the skin fresh and clean.

Great for the entire family, this soap-free body bar gently washes away dirt and impurities, leaving the skin fresh and clean. With a light grapefruit scent and soothing aloe vera, this body bar is a bathroom staple.

100g bar
Item No. 97110353

5-pack
Item No. 97110354

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**LIQUID BODY BAR**

A refreshing and soothing experience.

Featuring a unique blend of humectants to drench your skin with conditioning moisture, this soap-free formula gently cleanses the skin and protects its moisture barrier while awakening the senses with a refreshing grapefruit scent.

250ml
Item No. 97101216

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**LIQUID BODY LUFRA**

Give your skin a healthy, polished look and feel.

All-over body exfoliant featuring finely ground walnut shells to buff out rough spots on the skin of your elbows, back of arms, knees, hands and all over. This exfoliating formula revitalizes and smoothes skin, giving it a luminous glow.

250ml
Item No. 97102717

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**BODY SMOOTHER**

Seal in moisture, lock in softness.

Immediately after showering or bathing, smooth this quick-absorbing lotion on your slightly damp skin to lock in moisture, limit tightness and nourish skin with aloe vera, algae extract and vitamins A and E.

250ml
Item No. 97102355

5-pack
Item No. 97102354

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**BODY CLEANSING GEL**

Deep cleanser for daily body care.

Enriched with aloe vera to help keep skin soft and comfortable, this soap-free gel cleanses and conditions skin.

250ml
Item No. 97101223

500ml
Item No. 97101224

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**PERENNIAL®**

Survival strategy for healthy looking skin.

The first all-over moisturiser to contain IBR-Dormin® – protects skin, provides resiliency and increases cellular durability – this fragrance-free formula helps skin remain soft and healthy looking all year round.

250ml
Item No. 97100875

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**HAND LOTION**

The ideal solution for dry hands.

When your hands need quick relief from dryness without a greasy or sticky feeling, reach for Hand Lotion. Skin drinks in this light lotion, so your hands are left soft and hydrated.

125ml
Item No. 97102329

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**SINK SIDE SET**

Welcome your guests to an unequalled hand washing experience with this elegant and inviting Sink Side Set. The stylish and elegant sink side stand allows you to cut the clutter and display your toiletries in style. A true eye-catcher for your bathroom.

Products are not included.

Item No. 86998699

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**BODY CARE**

Nu Skin® body care products contain ingredients designed to nourish, condition and soothe. With these advanced formulations, every inch of you will feel divine – day and night.
HAIR CARE

Transform the condition of your lifeless locks in just seven days with Nu Skin® Hair Care. With regular use, these scientifically advanced products correct and protect your hair from mechanical, environmental and biological aggressors – giving you visibly younger, healthier looking hair.

MOISTURIZING SHAMPOO

An oasis for overworked tresses. If overheating, over-treating and over-colouring have left your hair looking dull and feeling weak, quench your hair’s deep thirst with Nu Skin® Moisturizing Shampoo. Featuring cotton bloom extract, natural sterols and shea butter, this nourishing cleanser gives strength to the cortex for visibly more radiant and replenished hair.

250ml
Item No. 97101350

WEIGHTLESS CONDITIONER

All the conditioning without the weight. Featuring meadowfoam complex to repair damage and amino acids to maximise manageability, Nu Skin® Weightless Conditioner gives you luxurious conditioning without dragging your hair down. This unique formula improves the condition of the hair shaft, promoting younger looking hair that feels full and looks radiant.

250ml
Item No. 97101353

RICH CONDITIONER

Indulge in a youthful shine. Developed with a low pH to seal the hair cuticle for increased moisture retention, Nu Skin® Rich Conditioner contains shea butter to drench the hair with lipids that mimic natural oils. And meadowfoam repairs damage and protects from breaking and weakening, so your hair behaves, feels and looks like younger, shinier hair.

250ml
Item No. 97101354

BALANCING SHAMPOO

Just the right balance of cleansing and moisturising. Some shampoos strip away natural moisture, leaving hair dry, exposed and dull. Nu Skin® Balancing Shampoo gently removes impurities, returning the look of youthful strength and health to your hair.

250ml
Item No. 97101351

RENU HAIR MASK

Lock in luster all week long. Nu Skin® Renu Hair Mask provides critical hydration by penetrating the hair shaft and strengthening damaged hair. Featuring CS7, an innovative cuticle smoothing agent that acts as cuticle glue to seal and strengthen each cuticle, this mask prevents split ends and breakage, making hair smooth, shiny and manageable.

100g
Item No. 97101356

NU SKIN® TRAVEL SET

Bring your favourite Nu Skin® products with you. Whether you are travelling for business or pleasure, this handy set makes it easy to take your favourite Nu Skin® products with you. With four 75ml bottles and a spray nozzle made from high quality material, this convenient space-saving travel solution fits perfectly into your bag.

5 pieces
Item No. 86998186

HAIR CARE CONSUMER USE STUDY* Formulated with scientifically proven technologies and tested and proven to get visible results, Nu Skin® Hair Care improves the condition of your hair by smoothing the cuticle for increased strength, shine and manageability.

- Users who had visual improvement after using the system for dry to damaged hair
- Users who had visual improvement after using the system for normal to oily hair
- Users who felt products worked better than their current hair care products
- Users who had an enjoyable usage experience

*Based on results from a consumer use study in which 42 participants volunteered to use a complete set of the Nu Skin® Hair Care products for seven days. Caucasian and Asian participants between the ages of 18-64 and with moderate to long hair were selected and randomly assigned to use a pair of shampoo and conditioner every day and the weekly conditioning regimen once within the week.

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AP-24® WHITENING FLUORIDE TOOTHPASTE
Whiter, cleaner teeth in one dazzling formula.
This advanced toothpaste lightens teeth without peroxide while helping to decrease cavities and plaque formation.

110g
Item No. 97111155

AP-24® ANTI-PLAQUE TOOTHBRUSH
Toothbrush for the whole family.
This specially designed toothbrush was engineered to effectively remove plaque while gently cleansing your gums.

3-pack
Item No. 97111377

AP-24® ANTI-PLAQUE BREATHE SPRAY
On-the-go convenience that freshens.
Just a few sprays create a clean, just-brushed sensation anytime you need it, offering protection from plaque at the same time.

50ml
Item No. 97111154

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110g
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MEN
Get more from your morning routine. Nu Skin® for Men Dividends® delivers extra skin care benefits without adding extra hassle.

DIVIDENDS® SHAVE CREAM
Cleanses, exfoliates and conditions as you shave.
The concentrated lather of this unique, rich shaving cream gently removes dirt and oil and optimizes razor glide for a clean, smooth shave that makes your skin look and feel great.

200g
Item No. 97101456

DIVIDENDS® AFTERSHAVE BALM
Extends the results of your morning shave.
This lightweight balm makes facial hair appear softer, finer and less noticeable, so the results of your morning shave last longer. Also decreases razor bumps and cools while soothing the skin.

50ml
Item No. 97101457

NU SKIN® TOILETRY BAG
Organise your toiletries in this convenient toiletry bag. It features two spacious compartments with secure zippered closures. The durable nylon exterior protects from the routine wear and tear that comes with travelling.

Item No. 86995819

AP-24® ORAL CARE COLLECTION
Your plan of action for a refreshed mouth.
This collection includes 2 Anti-Plaque Fluoride Toothpastes, 2 Whitening Fluoride Toothpastes, 2 packs of 3 Anti-Plaque Toothbrushes and 1 Anti-Plaque Breath Spray, presented in an easy to carry clear toiletries bag.

Item No. 97075944

DIVIDENDS® SHAVE CREAM
Cleanses, exfoliates and conditions as you shave.
The concentrated lather of this unique, rich shaving cream gently removes dirt and oil and optimizes razor glide for a clean, smooth shave that makes your skin look and feel great.

200g
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110g
Item No. 97111155

AP-24® ANTI-PLAQUE TOOTHBRUSH
Toothbrush for the whole family.
This specially designed toothbrush was engineered to effectively remove plaque while gently cleansing your gums.

3-pack
Item No. 97111377
Enhances healthy looking heels, toes and soles. For those who need more than a moisturiser, Sole Solution® helps to give you smooth, healthy looking feet. Featuring crushed allspice berry (*Pimenta dioica*) − traditionally used by people of Central America to soothe feet of persistent dryness on the heels.

**EPOCH® FIREWALKER®**

Soothes feet. Formulated with Hawaiian ti plant extract (*Cordyline terminalis*) − traditionally used by Polynesian firewalkers to absorb heat and to cool and soothe the skin, this ethno-botanical cream calms the skin of the feet. Babassu oil (*Orbignya phalerata*) provides the perfect amount of moisturisation.

100ml
Item No. 91710826

**EPOCH® BAOBAB BODY BUTTER**

Quench your skin’s thirst. This deliciously rich cream quenches your skin’s thirst with shea butter, macadamia nut oil and the fruit of the African baobab tree. These time-tested ethnobotanicals promote smooth, supple skin that stays touchably soft all day, helping to enhance skin resiliency.

125g
Item No. 97102781

**EPOCH® ICEDANCER**

Refresh and tonify the skin of your legs. When you have been on your feet all day, soothe the skin on your legs with this alcohol-free gel, formulated with natural wild mint (*Mentha arvensis*), used by Native American tribes for its soothing properties. With a combination of horse chestnut, eucalyptus and peppermint oil, this clear cooling formula can be applied right over stockings to quickly tonify your legs.

100ml
Item No. 97102803

**EPOCH® SOLE SOLUTION®**

Enhances healthy looking heels, toes and soles. For those who need more than a moisturiser, Sole Solution® helps to give you smooth, healthy looking feet. Featuring crushed allspice berry (*Pimenta dioica*) − traditionally used by people of Central America to soothe feet of persistent dryness on the heels.

125ml
Item No. 97101220

**FACE AND BODY**

Incorporating some of nature’s most distinct ingredients, Epoch® face and body formulas contain skin beneficial ethnobotanicals that soothe and condition.

**MALAWI SEEDS OF HOPE PROJECT**

What goes around comes around, because US$0.25 from each Epoch® product sale will be donated to the Nu Skin Force for Good Foundation® for the Malawi Seeds of Hope project. Life would be insupportable in some parts of Africa without the baobab tree. One baobab tree can store as much as 120,000 litres of water in its swollen trunk. During the dry season, these living reservoirs provide water and nourishment to the communities that surround them − keeping these communities alive.

The Malawi Seeds of Hope reforestation initiative focuses on planting and conserving trees, including the baobab, in local villages, providing and protecting precious resources for the people of Malawi.

For more information, please visit www.forcforgood.org

* Nu Skin® donates US$0.25 from each Epoch® product sale to the Nu Skin Force for Good Foundation® − giving back to the communities that share their wisdom with us.

**EPOCH®**

Nu Skin® partnered with award-winning ethnobotanists to create the Epoch® product line. Designed in balance with nature, Epoch® features efficacious plant wisdom from indigenous cultures. Experience Epoch® and discover a pure, new way of caring for your body and the world around you.*
EPOCH® BABY HIBISCUS HAIR & BODY WASH
No tears – just bath-time smiles.
This tearless wash contains hibiscus flower extract, used by traditional cultures in Southeast Asia and Central America to help moisturise and maintain a healthy looking scalp while cleansing the skin and hair. Dispenses conveniently from a one-hand, easy to use foamer.
150ml
Item No. 97102805

EPOCH® AVA PUHI MONI ANTI-DANDRUFF SHAMPOO
Fights dandruff on a daily basis.
This botanical shampoo is formulated with clematis leaves – used traditionally by Native Americans to improve dry, flaking skin. This daily shampoo contains Ava puhi moni to keep hair soft and silky and has a fresh, clean scent.
250ml
Item No. 97102810

Ava puhi moni shampoo and conditioner.
For generations, Polynesians have squeezed nectar from the Ava puhi bulb directly onto their hair to cleanse and condition it. With Epoch®, now you can experience the conditioning, smoothing and shine enhancing benefits of Ava puhi moni.

EPOCH® DEODORANT
Delivers a natural approach to freshness.
Featuring Citrus aurantium amara, this underarm formula glides on easily and soothes skin.
50g
Item No. 97110802

EPOCH® POLISHING BAR
Polishes your skin while you cleanse.
Containing Glacial Marine Mud® and Tsuga heterophylla (ground bark) – used by Native Americans of the Pacific Northwest to exfoliate skin – this soap-free cleanser helps to remove impurities and excess oil.
100g
Item No. 97110803

EPOCH® EVERGLIDE
Soothe your skin while you shave.
You will enjoy a smooth, close, comfortable shave with Everglide. Features mullein, a botanical used by Southwest Native Americans for its soothing properties.
125g
Item No. 97110805

EPOCH® GLACIAL MARINE MUD®
Draw out the bad, reveal the good.
Extract impurities, remove dead skin cells and nurture skin with a substantial matrix of beneficial components and trace elements. Legend has it that indigenous people may have tried to make pottery from this special mud. They were unsuccessful because of its fine particle size, but noticed their hands were softer and smoother.
200g
Item No. 97102809

EPOCH® BLEMISH TREATMENT
Improve the appearance of breakouts.
Blemish Treatment combines proven pore-clearing ingredients with Job’s tears, used historically in Asia to reduce the appearance of redness.
15ml
Item No. 97110845

EPOCH® DEODORANT
Delivers a natural approach to freshness.
Featuring Citrus aurantium amara, this underarm formula glides on easily and soothes skin.
50g
Item No. 97110802

EPOCH® AVA PUHI MONI CONDITIONER
Hair made in paradise.
This ethnobotanical conditioner is formulated to keep hair looking shiny, healthy and beautiful. Perfect for use with Ava puhi moni Anti-Dandruff Shampoo.
250ml
Item No. 97102812

EPOCH® AVA PUHI MONI SHAMPOO & LIGHT CONDITIONER
Cleanses and hydrates hair.
Two products in one, this rich ethnobotanical shampoo and light conditioner gently cleanses and hydrates, leaving your hair clean, vibrant and lustrous.
250ml
Item No. 97102811

HAIR
Ava puhi moni shampoo and conditioner.
For generations, Polynesians have squeezed nectar from the Ava puhi bulb directly onto their hair to cleanse and condition it. With Epoch®, now you can experience the conditioning, smoothing and shine enhancing benefits of Ava puhi moni.
EPOCH® PEPPERMINT

Mentha piperita

Dive into the refreshing, sharp aroma of Epoch® Peppermint Essential Oil. It will provide you with an exhilarating sensation while creating a positive and refreshing feeling.

15ml

Item No. 97001521

EPOCH® LAVENDER

Lavandula angustifolia

The natural, floral aroma of this oil provides a sense of tranquility. Connect with yourself and enjoy this relaxing moment, even on the busiest day with our Epoch® Lavender.

15ml

Item No. 97001522

EPOCH® LEMON

Citrus lemon

Epoch® Lemon gives you a feeling of crisp freshness that will surprise and delight your senses. This oil can also be used to remove unwanted colours, for a real garden-fresh feeling.

15ml

Item No. 97001523

EPOCH® HARMONY

Cinnamon Clove Blend

Epoch® Harmony is a potent blend of cinnamon and clove. Thanks to its powerful aromas this blend is a nice combination of scents to enjoy, for a warm, cozy feeling.

15ml

Item No. 97001524

EPOCH® PEACE

Eucalyptus Pine Blend

The potent aroma of Epoch® Chill comes from eucalyptol, a naturally forming plant chemical. Eucalyptus has a fresh camphor-like smell, for a feeling of easy breathing and a cooling sensation.

15ml

Item No. 97001525

EPOCH® CHILL

Citrus Mint Blend

Enjoy the zest of Epoch® Sunshine, a balanced blend of citrus and mint essential oils. The exotically aromatic blend will make you feel refreshed, a perfect everyday start-up.

15ml

Item No. 97001526

EPOCH® SUNSHINE

Wintergreen Juniper Blend

The intense smell of Epoch® Move, an aromatic stone, is derived from natural coconut, palm and soy oils. Non-greasy and non-sticky, it provides your skin with a softening and smooth feeling.

118ml

Item No. 97001527

EPOCH® MOVE

Aromatic Stone

 Epoch® Move vibrate to instantly vaporise water and essential oil into an ultra-fine mist. With its customizable look and small size, it perfectly and easily fits into the different rooms of your home.

Dimensions: Ø 5 x H 2 cm

Item No. 97001528

EPOCH® TOPICAL BLENDING SET

this set is the ideal accessory for mixing Epoch® Essential Oils. This exotic combination offers a variety of expressive aromas and solutions that uplift any routine or occasion.

EPOCH® DISCOVERY

Begin your essential oils journey with Epoch® Discovery, containing 1 Epoch® Lemon, 1 Epoch® Peppermint, 1 Epoch® Lavender and 1 Epoch® Aromatic Stone.

Item No. 97138751

EPOCH® EXPERIENCE

Enjoy these uplifting aromas: 1 Epoch® Harmony, 1 Epoch® Chill, 1 Epoch® Sunshine, 1 Epoch® Peace, thanks to 1 Epoch® Diffuser and 1 Epoch® Aromatic Stone. Learn about them with the Epoch® Essential Oils Brochure that is included.

Item No. 97138749

EPOCH® COMBINATION SET FOR BODY OIL

Epoch® Peace or Epoch® Move, To use as a carrier oil for mixing* it with Epoch® Topical

Item No. 97138748

EPOCH® AROMATIC STONE

1 Epoch® Lavender and 1 Epoch® Lemon, 1 Epoch® Peppermint, 1 Epoch® Wintergreen Juniper Blend

Item No. 97138689

EPOCH® EXPERIENCE

1 Epoch® Peace, 1 Epoch® Move and 1 Epoch® Topical Blending Oil. The uplifting aroma will whisk you off on a tropical sensory adventure, while application of the product will leave your skin feeling like silk with an incredible softness and sheen.

Item No. 97138690
NU COLOUR®

Blended with the best of skin care science, this colour line enhances and illuminates your natural beauty – bringing the best of Nu Skin® to colour. An extension to good skin care, Nu Colour® cosmetics protect, correct and improve, helping you to achieve the best looking, most natural you.

COMPLEXION

By marrying the latest technology with ingredients that are weightless and pure, Nu Skin® has produced a collection of products that will define and highlight your natural beauty.

ADVANCED TINTED MOISTURIZER SPF 15
So sheer, so natural, so beautiful. A moisturizer that gives you a radiant and lightweight coverage to reflect your natural skin tone. In addition, it is packed with anti-ageing ingredients, an SPF factor and colour correcting (CC) effects. With these anti-ageing ingredients, you are armed to help reduce the appearance of fine lines and wrinkles, the SPF will help to protect your skin from the undesirable effects of excessive sun exposure.

ADVANCED LIQUID FINISH SPF 15
Soft, radiant colour. A medium-coverage formula for a matte, flawless finish, reducing the appearance of skin redness and dullness. Featuring SPF 15, which helps to protect your skin from the undesirable effects of excessive sun exposure and anti-ageing ingredients that help lessen the appearance of fine lines and wrinkles for a luminous look.

CUSTOM COLOUR MOISTURSHADE WET/DRY PRESENTED POWDER
Two finishes in one for flawless coverage. This versatile, long-wearing powder acts as a silky finishing powder by day and a beautiful matte foundation by evening. Apply dry to set makeup and reduce shine or sponge on damp for maximum coverage and a flawless finish.

ADVANCED LIQUID FINISH SPF 15
Several shades:
- Fair
- Medium
- Tan
- Medium Ochre
- Medium Beige
- Mocha
- Porcelain Beige
- Vanilla Beige
- Buffed Ivory
- Soft Amber

CONCEALER
What flaws?
Superior polymer technology creates a solid cream concealer that weightlessly offers long-lasting, buildable coverage. Supplements skin with beneficial vitamins and botanicals.

Advanced Tinted Moisturizer SPF 15
Fair
- Almond
- Porcelain Beige

Medium
- Medium Beige
- Medium Ochre
- Medium

Tan
- Honey Beige
- Mocha
- Medium Beige

Fair
- Fair
- Almond

Medium
- Medium Beige
- Medium

Tan
- Medium Beige
- Medium Ochre
- Tan

Porcelain Beige
- Porcelain Beige

Vanilla Beige
- Vanilla Beige

Buffed Ivory
- Buffed Ivory

Soft Amber
- Soft Amber

American Roast
- American Roast

Medium
- Medium Beige

Tan
- Tan

Medium Ochre
- Medium Ochre

Medium Beige
- Medium Beige

Mocha
- Mocha

Porcelain Beige
- Porcelain Beige

Vanilla Beige
- Vanilla Beige

Buffed Ivory
- Buffed Ivory

Soft Amber
- Soft Amber

American Roast
- American Roast

Medium
- Medium Beige

Tan
- Tan

Medium Ochre
- Medium Ochre

Medium Beige
- Medium Beige

Mocha
- Mocha

Porcelain Beige
- Porcelain Beige

Vanilla Beige
- Vanilla Beige

Buffed Ivory
- Buffed Ivory

Soft Amber
- Soft Amber

American Roast
- American Roast

Medium
- Medium Beige

Tan
- Tan

Medium Ochre
- Medium Ochre

Medium Beige
- Medium Beige

Mocha
- Mocha

Porcelain Beige
- Porcelain Beige

Vanilla Beige
- Vanilla Beige

Buffed Ivory
- Buffed Ivory

Soft Amber
- Soft Amber

American Roast
- American Roast

Medium
- Medium Beige

Tan
- Tan

Medium Ochre
- Medium Ochre

Medium Beige
- Medium Beige

Mocha
- Mocha

Porcelain Beige
- Porcelain Beige

Vanilla Beige
- Vanilla Beige

Buffed Ivory
- Buffed Ivory

Soft Amber
- Soft Amber
BRONZING PEARLS
Bronze it up with a simple sweep. Featuring silky, pearlised powder spheres in a blend of five different shades, these are the perfect touch for any complexion. Brush on to add a hint of sun-kissed radiance for a healthy looking, vibrant glow.

BRONZING BRUSH
Use with Nu Colour® Bronzing Pearls for a glowing complexion.

FINISHING POWDER
Lock in your look. This ultra-sheer loose powder helps to set foundation and blush to create a flawless, natural finish -- and it won’t crease or cake.

NU COLOUR® COSMETIC BAG
Made of micro-fibre and includes brown leather accents, this stylish case conceals a well-structured cosmetic bag.

CONTURING LIP GLOSS
Gloss your way to fuller, more youthful looking lips. These ultra shiny, long-wearing lip glosses feature an oligopeptide to define and contour the lips, focusing on the ‘cupid’ bows. This peptide helps you achieve the full, shapely and youthful looking lips you desire. Wear alone or over your favourite shade of Nu Colour® Replenishing Lipstick.

REPLENISHING LIPSTICK
Irresistible, younger looking lips. This velvety smooth lipstick enhances the appearance of your lips with rich, non-feathering colour and the added protection of olive oil. This ingredient provides powerful antioxidant, tissue-nurturing benefits for smooth, youthful looking lips.

CURLING MASCARA BLACK
Get long lasting curling power. Look alive and bright-eyed everyday with this advanced mascara. Its lightly curved wand enhances the natural curl of your lash and makes application a breeze.

EYES & LIPS
Explore our line of natural, long-wearing products for your eyes and lips. They will flatter any look in seconds.
FROM THE INSIDE OUT

In addition to helping you look your best, we are committed to optimising the way you feel. Pharmanex® offers a complete approach, with food supplements formulated to nourish and protect your body. With dedicated scientists and affiliations with scientific institutions around the world, our research and development engine produces innovative products.
LIFEPAK®+
Staying healthy throughout one’s life begins with eating right. There is a growing number of scientific evidence demonstrating the health benefits of specific nutrients. A healthy diet needs to have a balance of macronutrients (fats, proteins and carbohydrates) and micronutrients (vitamins and minerals) to meet the needs for human nutrition.

LifePak®+ will bring you a significant amount of the required vitamins and minerals that will target nine important functions of your body.

60 sachets containing 4 tablets
Item No.  85343742: FI, SE, NO, HU, NL
85433743: CZ, GB, AT, DK, FR, IT, PL
85883742: DE, BE, CH, ES, IE, IS, PT
85893742: AT, BE, CH, DE, FR, IT, LU
85833742: PT, RO, SK

LIFEPAK®+
Your foundation for a lifetime of health.
Pharmanex® has created a comprehensive micronutrient supplement that provides the body with beneficial levels of important vitamins and minerals, as well as a complete arsenal of botanicals. LifePak®+ provides key nutritional benefits that are substantiated by science.

9 FUNCTIONS IN ONE FORMULA
1. Contribute to normal cognitive function.
2. Contribute to the maintenance of normal skin.
3. Contribute to the protection of cells from oxidative stress.
4. Contribute to the maintenance of normal bones.
5. Contribute to the maintenance of normal vision.
6. Contribute to normal blood clotting.
7. Contribute to the normal function of the immune system.
8. Contribute to normal energy-yielding metabolism.
9. Contribute to the normal thyroid function.

Don’t let your guard down
Your body is constantly exposed to sunlight, pollution and stress that can weaken your skin’s protective barrier. With its advanced formula, LifePak®+ provides vitamin C, which contributes to the protection of cells from oxidative stress.

ESSENTIAL NUTRITIONALS ADR PACKAGE, WHICH CONTAINS LIFEPAK®+, MARINE OMEGA AND JVI®
For more information on how to benefit from this special promotion, ask your Distributor.

LIFEPAK®+
Staying healthy throughout one’s life begins with eating right. There is a growing number of scientific evidence demonstrating the health benefits of specific nutrients. A healthy diet needs to have a balance of macronutrients (fats, proteins and carbohydrates) and micronutrients (vitamins and minerals) to meet the needs for human nutrition.

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SUPPORT FOR A STRONG FOUNDATION

To sustain optimal health, a balanced diet containing vitamins, minerals and other nutrients is recommended, together with a healthy lifestyle. With the demands of a busy routine, the additional intake of selected nutrients can complement your normal diet on a daily basis. LifePak®, JVi® and Marine Omega are specifically designed to help provide you with the nutritional foundation to strive in today’s world.

MARINE OMEGA

Marine Omega is a food supplement rich in omega-3 fatty acids, containing eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which provides about 1.5 g/day of omega-3 fatty acids with krill and fish oil. EPA and DHA contribute to the normal function of the heart. In addition, DHA contributes to maintenance of normal brain function and normal vision.

120 softgels
Item No. 85883536: AT, BE, DE, FI, IT, LU, NL, PT
85893536: DK, ES, GB, IE, IS, NO, SE
85433536: CZ, HR, H, RS, SK

HOW DO I KNOW MY CAROTENOID LEVELS?

The Pharmanex® BioPhotonic Scanner, developed by scientists at a top American research university, is a unique tool that measures carotenoid levels non-invasively in skin tissues using the long-accepted science of Raman spectroscopy.

By simply placing the palm of your hand in front of the Scanner’s safe, low-energy blue light, you will obtain a reading representing the carotenoid levels in your skin - your Skin Carotenoid Score (SCS) - within seconds.

The BioPhotonic Scanner technology is patented and is a fast and convenient way to determine whether your products, such as LifePak®+ and JVi®, are increasing your Skin Carotenoid Score.

It is the next generation of business innovation being smaller, faster and portable. The S3 was named a 2014 bronze winner from the International Design Excellence Awards (IDEA) and was selected as a winner in the 2015 BIG Innovation Awards. According to BIG, the Scanner empowers users to track improvements to their skin as they make changes to their diet and lifestyle.

Available since April 2014 to all qualified Distributors.

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Available since April 2014 to all qualified Distributors.

MONEY BACK GUARANTEE

After taking SCS Certified products, if your SCS does not increase, your money will be refunded.

* Visit www.nuskin.com for complete guarantee details.

Would you like more information on a Pharmanex® product? Then visit www.nuskin.com
TR90® Programme consists of three important elements: food supplements, an eating plan with meal replacement bars and shakes and an exercise plan to help you on the way. The food supplements will keep your motivation level up.

TR90® package includes:
1 TR90® JS, 3 TR90® Complex C, 3 TR90® Complex F, 20 TR90® M-Bars, 10 TR90® M-Shakes, 1 TR90® Programme Guide, 1 Transformation Journal and other items to support you on your transformation.

TR90® 3-month ADR Programme:
Month 1: 1 TR90® JS, 1 TR90® Complex C, 1 TR90® Complex F, 20 TR90® M-Bars, 10 TR90® M-Shakes, 1 TR90® Programme Guide, 1 Transformation Journal and other items to support you on your transformation.

TR90® Programme
START YOUR TRANSFORMATION

These days, there is a high pressure to look young and to have that perfect body shape. When it comes to developing new and healthy eating habits to get the body shape we are craving for, we lack willpower, time or maybe traditional diets simply do not work for you.

Introducing TR90®, a breakthrough weight management and body shaping system, to help your mind and body unify for a 'new' looking you.
TR90® M-BAR
Your on-the-go meal
Delicious meal replacement bars available in two flavours: Chocolate and Lemon Crisp. They offer an appropriate amount of proteins that contribute to the growth and maintenance of muscle mass in a convenient and easy way.

TR90® M-Bar:
• Can easily be integrated into your lifestyle.
• Removes the guesswork.
• Is convenient, discreet and ready for use on-the-go.

Chocolate: 60g/bar
Lemon Crisp: 59g/bar

Item No. TR90® M-Bar Chocolate (30 bars)
97138409: AT, BE, CH, DE, FR, LU, NL
97138405: DK, GB, I, ES, PT
97138673: HU, RO
97138403: CZ, PL, SK
97138407: FI, SE
97138405: ES, NO
97138411: IT

TR90® M-Bar Lemon Crisp (30 bars)
97138410: AT, BE, CH, DE, FR, LU, NL
97138402: DK, GB, I, ES, PT
97138674: HU, RO
97138404: CZ, PL, SK
97138408: FI, SE
97138406: ES -NO
97138412: IT

TR90® M-SHAKE
All the nutrients of a healthy meal in a delicious shake
Available in Chocolate and Vanilla, these shakes are quick to prepare as a delicious alternative for your breakfast, lunch or dinner. Each shake brings you the replacement of one main meal, which is not always easy with a busy agenda.

By adding 250ml of semi-skimmed milk, TR90® M-Shake will provide the right amount of proteins that contribute to the growth and maintenance of muscle mass, and as such, help you to manage your body shape.

Chocolate: 33,5g/sachet
Vanilla: 32g/sachet

Item No. TR90® M-Shake Chocolate (30 sachets)
97138761: AT, BE, CH, DE, FR, LU, NL
97138760: CZ, PL, SK
97138764: FI, SE
97138763: ES, IT, NO

TR90® M-Shake Vanilla (30 sachets)
97138767: AT, BE, CH, DE, FR, LU, NL
97138766: CZ, PL, SK
97138770: FI, SE
97138769: ES, IT, NO

TR90® M-SHAKE BOTTLE
Mix even the thickest ingredients with ease
Perfect for your TR90® M-Shake, this 590ml BlenderBottle® features a secure screw-on lid, wide mouth for easy mixing, convenient carrying loop and a flip-cap design. The patented BlenderBall® wire moves freely inside the bottle as you shake, mixing even the thickest ingredients with ease.

Item No. 86998691

TR90® PROGRAMME GUIDE
Doing exercises adjusted to your personal lifestyle, adapting your eating habits and setting your goals are a really important topic in this programme.

Eating proteins is a key component of the TR90® Programme. Proteins are important nutrients to contribute to the maintenance of muscle mass. After that, it is time to start thinking about your exercise pattern. Are you used to doing sports or not? Don’t worry, this guide will help you get through this amazing transformational journey.

TR90® JS
For a two-week boost and to get you primed and ready for lasting success.
15 sachets

TR90® COMPLEX C
Is your mind ready to feel the transformation? Complex C is your companion on this TR90® journey.
90 capsules

TR90® COMPLEX F
Rev your body’s system!
120 capsules

TR90® COMPLEX D
Your daily energy booster.
90 capsules

TR90® COMPLEX E
Ultra-protective formula.
90 capsules

TR90® COMPLEX G
Your body’s best ally.
90 capsules

TR90® COMPLEX H
Your immune system’s support.
90 capsules

TR90® COMPLEX I
Premiere multivitamin formula.
90 capsules

TR90® COMPLEX J
Your body’s most important ally.
90 capsules

TR90® COMPLEX K
Your body’s perfect ally.
90 capsules

TR90® COMPLEX L
Your body’s ultimate ally.
90 capsules
SOLUTIONS

Formulated to meet the demands of everyday life.

Today’s lifestyles demand more from our bodies than ever before. Our Pharmanex® Solutions products contain high-quality ingredients in safe and beneficial amounts. Each one provides the targeted nutrients our bodies need to keep up with our daily routines – providing real-life solutions for real-life demands.

**FLEXCARE®**

Your body’s joints enable you to enjoy movement, with the primary function of holding the skeletal structure of your body together. Simply stated, the joints act as the glue.

The cartilage found in joints acts as a cushion between the bones. Maintaining healthy joints should be a lifelong goal achieved by adopting a healthy lifestyle. Elements of healthy living that help maintain healthy joints include sustaining a healthy body weight, regular and appropriate exercise and maintaining a nutritious and healthy diet.

FlexCare® contains vitamin C which contributes to normal collagen formation for the normal function of cartilage and gums.

120 tablets
Item No. 85883231: BE, LU, NL
85833231: CZ, HU, RO, SK

**BIOGINKGO**

If you feel you have been slightly forgetful lately, give yourself a mental performance boost. Ginkgo biloba extract, present in BioGinkgo, will help you to maintain memory with age decline and to preserve cognitive function while helping to protect your cells and tissues from oxidation.

60 tablets
Item No. 85873442: DK, GB, IS, NL
85433442: CZ, HU, RO, SK

**CORDYMAX CS-4®**

Our CordyMax formula is a standardised mycelia obtained through a fermentation process of the Cordyces sinensis mushroom. CordyMax is manufactured according to the Pharmanex® 6S Quality Process and is standardised by High Performance Liquid Chromatography (HPLC) – an instrument used to determine the chemical makeup of any sample - to guarantee potency and consistent results of active ingredients.

120 capsules
Item No. 85873441: BE, GB, IT, LU, NL, SE
85433441: CZ, HU, RO, SK

**OPTIMUM OMEGA®**

Optimum Omega® is a food supplement that provides fish omega-3 fatty acids including EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid) and deodorised garlic extract. EPA and DHA contribute to the normal function of the heart.

Alpha-tocopherol, present in Optimum Omega®, preserves product freshness by preventing omega-3 from oxidative damage.

Under the strict Pharmanex® 6S Quality Process for efficacy and safety, Pharmanex® sources fish that meet all its quality requirements.

60 softgels
Item No. 85883103: AT, BE, CH, DE, FR, IT, LU, NL
85893103: DK, FI, GB, IE, IS, NO, SE
85433103: CZ, HU, PL, RO, SK

**PHARMANEX® PILL BOX**

Designed with your convenience in mind, this transparent, three-compartment pill box can be carried in your purse or pocket.

1 piece
Item No. 97136127: all markets

**FLEXCRÈME™**

FlexCrème™ is a unique and proprietary mixture of cetylated fatty acid esters including Cetyl Tallowate. Simply rub this fast-acting cream onto your skin. FlexCrème is easy to apply and quickly absorbed by the skin.

60ml
Item No. 85873521: all markets except ES, IE, PT

Would you like more information on a Pharmanex® product? Then visit www.nuskin.com
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APPENDIX 1
The formula for great skin
Healthy, beautiful looking skin can be a reality for everyone, regardless of age. By following a few simple rules and then caring for your skin with efficacious products, you have the formula for youthful, smooth, healthy-looking skin now and in the future.

AGE GROUP
TYPICAL SKIN FEATURES
TAKE ACTION
RECOMMENDATIONS

20's
Even though your skin is moist, smooth and supple, your skin cell renewal rate is beginning to slow. The result is accumulation of excess dead skin cells that give your complexion a dull appearance.
This is a great time to establish a beneficial skin care regimen.
• Pure Cleansing Gel
• pH Balance Mattifying Toner
• Nu Skin Clear Action® Foaming Cleanser
• Nu Skin Clear Action® Toner
• CellRene® CoQ10 Complete
• Moisture Restore Day SPF 15 Combination to Oily Skin
• Tru Face® Skin Perfecting Gel
• Polishing Peel
• ageLOC® Edition Nu Skin Galvanic Spa System®
• Try a weekly spa treatment at home to remove toxins.

30's
The effects of U/V radiation (sunlight) and environmental pollution are beginning to show on your complexion. As collagen production declines, paired with repetitive facial movements, you may start noticing wrinkles around your eyes, mouth and forehead.

Keep a cleanser, toner, moisturizer and sunscreen as part of your daily regimen and include a product that boosts collagen production to help fill in and smoothen out those noticeable lines.
• ageLOC® Gentle Cleanse & Tone
• Pure Cleansing Gel
• pH Balance Mattifying Toner
• ageLOC® Radiant Day SPF 22
• Moisture Restore Day SPF 15 Combination to Oily Skin
• ageLOC® Transforming Night
• Tru Face® Line Corrector
• Tru Face® Instant Line Corrector
• Tru Face® Revealing Gel
• Polishing Peel
• ageLOC® Edition Nu Skin Galvanic Spa System® II
• ageLOC® Multi Skin Care System
• Try a weekly spa treatment at home to remove toxins.

40's
Your skin’s sebum production slows down, resulting in dryer skin. You are also losing fat beneath your skin’s outer layer, which means your skin is more fragile and beginning to sag. Elasticity is reducing and you may notice deeper wrinkles. In short, your complexion has lost its youthful glow.

You may benefit from an antioxidant rich cleanser and a hydrating moisturizer.
• ageLOC® Gentle Cleanse & Tone
• Creamy Cleansing Lotion
• pH Balance Toner
• ageLOC® Radiant Day SPF 22
• Moisture Restore Day SPF 15 Normal to Dry Skin
• ageLOC® Transforming Night
• Night Supply Nourishing Cream
• Tru Face® Line Corrector
• ageLOC® Tru Face Essence Ultra®
• ageLOC® Future Serum
• Nu Skin® 180°® Anti-Ageing System
• ageLOC® Edition Nu Skin Galvanic Spa System® II
• ageLOC® Multi Skin Care System
• Try a weekly spa treatment at home to remove toxins.

50’s+
The pigment cells in your skin may clump together more, creating “age spots”. Your skin has lost much of its firmness and tone and may be drier, flaky and more sensitive to allergens. Your skin is thinner and more fragile.

In addition to cleansing, toning and moisturizing, consider a skin brightening system to reduce skin discolouration and achieve a more even tone.
• ageLOC® Gentle Cleanse & Tone
• Nu Skin® 180°® Foaming Cleanser
• Nu Skin® 180°® Toning Solution
• ageLOC® Radiant Day SPF 22
• CellRene® Ultra
• Moisture Restore Intense Moisturizer
• ageLOC® Transforming Night
• Tru Face® Line Corrector
• Tru Face® Revealing Gel
• ageLOC® Tru Face Essence Ultra®
• ageLOC® Future Serum
• ageLOC® Edition Nu Skin Galvanic Spa System® II
• ageLOC® Multi Skin Care System
• Try a weekly spa treatment at home to remove toxins.

No matter what your age is, always remember to use a daily suncream to help reinforce your natural skin defences and include fresh fruits and vegetables in your diet.

The above information is a guide to typical skin features through different ages. Lifestyle, environment and genes all play a part in how your skin looks and feels, so you may find that products suited to your skin’s specific needs may fall under a different age category than your actual age.

APPENDIX 2
Individualised skin care regimen guide

Daily Core Systems* daily usage
Targeted Treatments** daily usage
Spa-Like Treatments*** 1-3 times per week

Primary Skin Concerns

Natural

ageLOC® Multi Skin Care System
ageLOC® Elements
ageLOC® Future Serum
ageLOC® Tru Face® Essence Ultra
Tru Face® Line Corrector
Tru Face® Revealing Gel
Nu Skin® 180°® Anti-Ageing System
Nu Skin® 180°® AHA Facial Peel and Neutralizer

Targeted the Sources of Visible Signs of Ageing

Youthful Skin Structure

Skin Firmness

Fine Lines and Wrinkles

Deep Lines and Wrinkles

Hyperpigmentation (age and sun spots)

Uneven Skin Tone

Rough Skin/Uneven Texture

Dullness/Lack of Radiance

Appearance of Pores

Dry Skin

Dark Circles/Under Eye Puffiness

Breakouts

Oily Skin

Note:
* Only one core system should be used at a time.
** Using multiple products that target cell turnover like hydroxy acids is a duplication and may potentially increase skin sensitivity. Contact your local Customer Service for detailed product recommendations.
*** Only one spa product should be used per sitting.
### Glossary

**ageLOC**: Nu Skin’s anti-aging platform that includes science used to develop and market products that target sources and signs of aging.

**Allspice berry** (*Pimenta dioica*) - a spice used by the indigenous people of Central America to relieve persistent dry skin on the hands.

**Aloe vera** (*Aloe barbadensis*) - recognized for its soothing and conditioning properties.

**Alpha-hydroxy acid** (AHA) - an acid that increases skin turnover and helps reduce the appearance of fine lines and wrinkles and promote smoother, cleaner skin.

**Amino acids** - a family of 20 different amino acids which are used by the body to manufacture different proteins in muscle, hair, skin, blood and other tissues.

**Anti-oxidant** - a compound which helps capture free radicals.

**AP-24** - a patented oral care ingredient with remineralization and surfactants that leaves a smooth, clean feeling on the teeth.

**arNOX** - a powerful free radical generator found on the surface of cells and within the body. arNOX is an age-related enzyme that is believed to create and act as a source of aging skin. arNOX activity levels in the human body have been shown to be associated with a person’s youthful appeal and longevity.

**arSuperMarkers** - age-related super markers or “arSuperMarkers” is a term Nu Skin coined that describes components of body chemistry that influence how we age.

**Ascorbic acid** - also known as vitamin C. Vitamin C contributes to the protection of skin from oxidative stress and contributes to normal collagen formation for the normal function of skin.

**Ava puhi extract** - a patented oral care ingredient with many beneficial properties. These include thiamine (vitamin B1), riboflavin (vitamin B2), niacin (vitamin B3), pantothenic acid (vitamin B5), pyridoxine (vitamin B6), biotin (vitamin B7), folate acid (vitamin B9) and the cobalamins (vitamin B12).

**Babassu** - a botanical extract from the nuts of the babassu palm. Used for generations by Native Americans to soothe flaky, dry skin.

**Cx67** - a compound which helps capture free radicals.

**DHA** (Docosahexaenoic acid) - an omega 3 fatty acid that contributes to normal brain function and normal vision. Fish oil is a good source of DHA.

**Dry- and tri-peptides** - derived from hydrolysed rice protein; improve the skin’s recovery process after stress; stimulate cell turnover and synthesize dermal proteins for improved firmness and a decrease in lines and wrinkles.

**EPA** (Eicosapentaenoic acid) - omega-3 fatty acid. Together with DHA, EPA contributes to the normal function of the heart. Fish oil is a good source of EPA.

**Ethnobotanicals** - plants used by indigenous cultures for skin benefits.

**Eucalyptus** - combined with menthol and peppermint oil to provide a cooling and refreshing sensation on the skin as well as a bold refreshing scent.

**Free radicals** - unstable molecules in the body that seek neighbouring molecules, making a continuing chain reaction of free radical formation and molecular stress. This chain reaction can lead to oxidative stress on cell membranes, DNA and tissues proteins.

**Genome** - the basic unit of heredity in living organisms. Genes are functional sections of DNA that hold the information to build, maintain and replicate cells and pass genetic traits to offspring. Some of these traits are immediately visible, such as eye colour or number of limbs and some express themselves later on in life, such as rate of ageing, health.

**Ginkgo biloba** - a botanical extract from the ginkgo tree that will help you to maintain memory with age decline and preserve cognitive function.

**Grape seed extract** - a compound which helps capture free radicals.

**Hair loss or hair thinning** - a condition where the hair is growing in its follicle.
Glucolactone - a polyhydroxy acid found naturally in skin cells. Its molecular structure makes it gentle and non-irritating to the skin while providing clinically proven anti-aging benefits, such as antioxidant protection, moisturization and skin barrier.

Green tea (Camellia oleifera and Camellia sinensis) - used as a cosmetic ingredient, it is an antioxidant that helps to soothe troubled skin and even out skin tones. Green tea contains several molecules of phytochemicals.

Hibiscus flower extract (Hibiscus rosa-sinensis) - used throughout Polynesia, Southeast Asia and Central and South America for creating an infusion to clean, soften and soothe.

Hyaluronic acid - a moisturizing compound found naturally in the skin. Selected for its capacity to bind moisture to the skin's surface.

Hydroxytyrosol - a polyphenol found in extra virgin olive oil that promotes smooth, flawless skin.

IBR-Dormin (Narcissus tazetta extract) - a natural compound in the narcissus bulb. Scientifically shown to enhance cellular durability and improve the skin's natural defense against environmental aggressors.

Immunoglobulins - a general term for antibodies. In response to exposure to foreign substances, all mammals produce these specific proteins.

Job's tears extract (Coix Lacryma-jobi) - derived from seeds of an ornamental grass. Historically used in Asia to soothe the skin.

Jojoba oil (Simmondsia chinensis) - a natural moisturizer derived from the seeds of a desert shrub that helps hair and skin look and feel soft.

Kelp extract (Macrocystis pyrifera) - brown marine kelp extract, beneficial for the synthesis of structural skin components, contributes to a firm and soft-looking skin.

Koil oil - marine oil extracted from crustaceans offering a natural combination of phospholipids, astaxanthin and EPA/DHA fatty acids.

Lactic acid - see Alphahydroxy acid.

Lavender extract (Lavandula angustifolia) - used since ancient times as a cleansing ingredient.

Manganese - in biology, manganese ions function as cofactors for a large variety of enzymes with many functions. Contributes to normal energy-yielding metabolism and the protection of cells from oxidative stress.

Marine diatoms (Diatomaceous earth) - fine particles from planktonic algae used to gently exfoliate dead skin cells.

Meadowfoam seed oil (Limnanthes alba) - natural emollient. Moisturizes and conditions skin.

Montha arvenis - a natural wild mint that cools and revives the skin. Used by south-western Native American tribes.

Micronutrients - nutrients that we need in only small quantities, such as vitamins and minerals. Micronutrients carry out hundreds of vital functions within the body.

Minerals - essential micronutrients that are required in the diet because they cannot be produced by the body. They function as cofactors in many reactions in the body.

Mullein (Verbascum thapsus) - a flowering plant indigenous to the American Southwest, which is used by Native Americans for its soothing effects.

Mushroom extract (Pomene officinalis) - a natural extirgent shown to improve skin tightness and firmness as it diminishes the appearance of pores.

NaPCA (Sodium PCA) - a humectant that attracts and binds moisture to the skin.

Natural sterols - have a high water holding capacity and give hair a moist, smooth feel.

Oligopeptide - a skin conditioning agent that enhances lip definition and fullness.

Omega 3 fatty acids - Omega-3 fatty acids are polyunsaturated fatty acids. Main sources are krill and fish oil, egg and plant oils (foussed oil). EPA and DHA are the most important fatty acids.

 Oxidation - a reaction caused to the body's cells by the action of free radicals. Over time, cells become weaker and less able to perform all their functions properly.

Panthenol - a member of the vitamin B family. A revitalising moisturiser and conditioner for both skin and hair.

Papain - an enzyme from the tropical fruit papaya that helps eliminate build up in pores.

Pea extract, bamboo extract and glucosamine - a powerful anti-aging ingredient blend that has been shown to reduce the appearance of fine lines and wrinkles, and increase cell turnover, resulting in visibly youthful skin.

Peppermint oil (Menta piperita) - a natural plant oil that cools, invigorates and stimulates the skin.

Phosphatidylcholine - derived from soy. Helps protect cell membranes and maintain skin fluidity.

Photosomes - DNA enzymes derived from marine plantain. They defend and support the skin and help to repair the impact of UV radiation. Lipid encapsulation provides enhanced bioavailability.

Potachol oil (Pistacia vera) - a nut oil rich in fatty acids that moisturises and softens the skin.

Polyhydroxy acids (PHA) - see Glucolactone.

Polymer technology - creates a soft cream conditioner that weightlessly offers smooth, long-lasting, buildable coverage without the use of petroleum or heavy waxes.

Polyphenols - polyphenols are molecules that plants produce. The pigments that indicate that flowers and vegetables are ripe are also part of the polyphenol family. They are also called phytochemicals or phytonutrients.

Pomegranate - a red, many seeded fruit native to Asia. Pomegranate contains polyphenols such as flavonoids.

Proteins - large biological molecules consisting of one or more chains of amino acids. Proteins perform a vast array of functions in the body including metabolic reactions, replication of DNA and transport of molecules. Used by the body for building tissues, proteins are found in meat, eggs, dairy products, nuts, grains, fruits and vegetables.

Pumpkin enzymes (Lactobacillus/Curcurbita papaya fruit extract) - protective enzymes derived from pumpkin that help exfoliate and slough off dead skin cells.

Reishi mushroom (Ganoderma lucidum) - a powerful anti-ageing ingredient blend that has been shown to reduce the appearance of fine lines and wrinkles, and increase cell turnover, resulting in visually youthful skin.

Retinol (Retinol) - a natural compound in the narcissus bulb. Scientifically shown to enhance cellular durability and improve the skin’s natural defense against environmental aggressors.

Saccharide isomerate - binds moisture to the skin, reducing dryness and giving skin a healthy glow.

Salicylic acid - a hydroxy acid that promotes skin exfoliation.

Selenium - a trace mineral essential to more than 70 enzyme reactions in the body. Selenium contributes to the protection of cells from oxidative stress.

Shea butter (Butyrospermum parkii) - a rich emollient that enhances the skin’s natural barrier function and increases moisture levels.

Sox lipids (Glycosyl soja) - protect the skin’s delicate moisture barrier. Help skin stay soft and hydrated.

Strawberry extract (Fragaria vesca) - helps soothe skin and reduce the appearance of pores.

Sunscreen - an active ingredient that helps prevent sun damage by absorbing harmful UV radiation.

Tocopherol - also know as vitamin E, which contributes to the protection of cells from oxidative stress.

Tricalgosyl (ketyl sulphated oligosaccharides) - extracted from brown algae. Rich in polysaccharides, which provide an optimal environment for abundant-looking hair.

Urea - a highly effective and powerful humectant. Urea penetrates deep into the outermost layer of the skin to hydrate and protect dry, damaged skin. In higher concentrations, urea can help reduce scales and calluses.

Vitamin A - see Retinol.

Vitamin C - see Ascorbic acid.

Vitamin D - a fat soluble vitamin obtained from dietary sources or produced by skin cells when exposed to sun light. Contributes to the maintenance of normal bones and the normal functions of the immune system. Synthesis of vitamin D in the skin by the action of sunlight is insufficient to meet requirements in European countries, especially during winter months when there is little sunlight exposure.

Vitamin E - see Tocopherol.

Vitamin K - this fat soluble vitamin contributes to normal blood clotting and to the maintenance of normal bones.

Vitamins - essential micronutrients that are required in the diet because they cannot be produced by the body. Vitamins can act as antioxidants and coenzymes, compounds necessary for numerous reactions within the body.

Walnut shell powder (Juglans regia) - ground from the English walnut to create a mild abrasive for softer, smoother skin.

White tea extract (Camellia sinensis) - an anti-oxidant high in catechins; helps protect the maintenance of normal skin, vision and immune system.

Yarrow ( Achillea millefolium) - a plant extract that helps soothe the skin.

Youth Gene Clusters - functional groups of genes that share characteristics associated with youthfulness. Youth Gene Clusters are a key aSuperMarker.

Zinc - a trace mineral essential to more than 70 enzyme reactions in the body. Zinc contributes to the protection of cells from oxidative stress, the maintenance of normal bones, vision and skin. It also contributes to normal cognitive function.

Zinc PCA - a selenium reducer.
NU SKIN FORCE FOR GOOD FOUNDATION®

Since 1996, the non-profit Nu Skin Force for Good Foundation® has granted more than US$51 million to life-changing projects to help improve the lives of children around the world. Since Nu Skin® covers all administrative and overhead costs for the foundation, 100% of donations from generous Distributors, and from sales of our unique Epoch® personal care line and nourishing VitaMeal are used directly to improve the health, education and economic opportunity of children. Major projects include:

• Teaching sustainable agriculture in Malawi with the Mtalimanja Village School of Agriculture for Family Independence (SAFI) and Seeds of Hope reforestation initiative.
• Providing schools and education resources to island children through Seacology.
• Funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB).

For more information or to make a difference with your contribution, please visit www.forceforgood.org

A CULTURE OF GIVING

Nu Skin’s culture of giving unites the Nu Skin® family of Distributors, customers and employees in innovative humanitarian efforts that multiply the company’s ability to nourish and empower children around the world.
Making a difference in lives of children.

Fortunately, with Nu Skin®’s Nourish the Children® initiative, now one serving of VitaMeal is donated to a child in need every second. Nourish the Children® is an innovative business initiative that facilitates ongoing VitaMeal purchases, donations and distribution. This unique social entrepreneurial network of Nu Skin® Distributors and customers results in millions of life-saving meals reaching malnourished children around the world every month.

Nu Skin® scientists collaborated with a leading expert in child malnutrition to develop VitaMeal. One bag of VitaMeal holds 30 child-sized meals – enough to provide the vitamins and nutrients necessary to nourish a child for a month. Since 2002, more than 450 million meals have been donated through the Nourish the Children® initiative.

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