ADULT LEISURE & LEARNING
Part Time Guide
WELCOME

to South Staffordshire College

Do you want to improve your career prospects or find a new hobby? Do you need some ‘me time’ or want to meet other like minded people and make new friends?

**Whatever your interests, at South Staffordshire College we offer hundreds of adult leisure and learning courses, in a huge variety of subjects - from fashion and floristry to photography and cookery. With start dates throughout the year, you don’t even have to wait until September to get stuck in!**

**Worried you won’t find something for you?**

Our courses are delivered on our Campuses and local outreach centres, at various times during the day and evening. We even offer courses at the weekend, so whatever your commitments, you’ll still be able to find something to fit in with you.

Whether you’re 19, or 89, we welcome adults of all ages* on to our leisure and learning courses, and best of all… some of them don’t cost a penny!

#itsALLatssc

**What are you waiting for?**

Sign up now online at [www.southstaffs.ac.uk](http://www.southstaffs.ac.uk) or call 01827 304337

*Please note: Learners must be 19+ to enrol.*

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**DID YOU KNOW...**

You can view the details of all of our part time courses online at: [www.southstaffs.ac.uk/community-education](http://www.southstaffs.ac.uk/community-education)
Creative Arts

Do you have a vivid imagination? Are you full of bright new ideas and always think outside the box? Why not express your individuality through one of our creative courses.

What you can study...

- Creative Watercolours
- Creative Writing
- Tap Dancing and Ballet
- Creative Painting and Drawing Techniques
- Interior Design
- Photography and Photoshop
- Jewellery Making
- Dressmaking
- Sculpture and Pottery
- Portrait Drawing and Painting

Plus many more!

Art for Life

Completely free of charge and highly therapeutic, our Art for Life course is open exclusively to those who have been referred by a medical professional. Designed to help those who may be recovering from an illness, or who may be socially isolated, the course lasts for 1 year over three 10 week terms and is a fantastic way to develop creative art techniques and meet new people.

Visit: www.southstaffs.ac.uk/community-education to find out more!

Professions

Do you want to boost your career prospects? Are you looking to develop new skills to help you secure that next promotion? We have a huge range of professional courses, ideally suited to those who want to fulfil their career ambitions!

What you can study...

- Bookkeeping
- Customer Service
- Emergency First Aid
- Business Administration
- Food Safety
- Plumbing

Plus many more!

We also offer introductory courses in a range of professional subjects including:

- Accountancy
- Childcare
- Counselling
- Construction
- Retail and Public Services
to name just a few!

Visit: www.southstaffs.ac.uk/community-education to find out more!
FREEDOM OF SPEECH...

Languages

Thinking of jetting off abroad and want to learn the lingo? Know someone with a hearing impairment and want to communicate effectively with them? Whatever your interests, whether you’re a complete beginner or an experienced linguist who wants to develop your skills, we offer an exciting range of courses that are ideal for you.

What you can study...

- Italian
- Spanish
- French
- German
- British Sign Language
- Plus many more!

COOK UP A STORM...

Cookery and Catering

Have you been inspired by ‘The Great British Bake Off’? Do you fancy yourself as the next ‘Master Chef’? If you’re most at home in the kitchen and like nothing more than surprising your family and friends with your latest culinary delight, then one of our Cookery and Catering courses, are a tasty proposition!

What you can study...

- Cake Decorating
- Cooking around the World
- Indian Cookery
- Creative Cake Baking
- Creole Cooking
- Cupcakes and Fancies
- Sugarcraft
- Kick Start to Healthy Living
- Plus many more!

“The Art For Life class has turned my life around. I attended after being referred due to Severe Illness and although my health issues are still ongoing, I have been encouraged and have progressed onto a Teaching Qualification, which has led to my fulfilment as a Community Tutor for South Staffordshire College, where I now help others find joy in creativity.”

Josie Mason
Studied: Art for Life

“I started Sugarcraft as my children were growing up fast and I wanted a new hobby and to meet new friends. I’ve passed on the skills I’ve learnt to my daughter and we now enter national competitions together. We’re hoping to start a family business in the future”.

Michelle Waddington
Studied: Sugarcraft
Are you in touch with nature? Do you feel most at home in the great outdoors? If you want the chance to get your hands dirty, why not dig in to one of our landbased courses.

What you can study...
- Fun Floristry
- Garden Design
- Horticulture
- Horse Care
- Chainsaw Maintenance

Plus many more!

Do you wish you had the skills to help other people relax and unwind or want to embrace your inner harmony? Do you want to help your friends and family look and feel a million dollars? If so, our holistic therapy, hair and beauty courses are for you.

What you can study...
- Aromatherapy
- Reflexology
- Herbal Remedies
- Indian Head Massage
- Manicure and Nail Art
- Cosmetic Make Up
- Make-up for photography
- Hairdressing
- Beauty Therapy

Plus many more!

We offer Royal Horticultural Society courses for keen gardening enthusiasts who want to develop new skills!
Visit: www.southstaffs.ac.uk/community-education to find out more!

We have two Commercial Hair and Beauty Salons at our Tamworth and Cannock Campuses. Open to the public for a range of treatments from manicures and massages, to highlights and blow-dries, why not book your appointment now!
Visit: www.southstaffs.ac.uk/hair-salon/
GET UP AND GO...

Health and Fitness

Want to live an active, healthy lifestyle? If you’re inspired by the bright lights and sequins of ‘Strictly Come Dancing’ or feel more inspired by the relaxing pull of Yoga and Tai Chi, we’ve got the course for you.

What you can study...

- Belly Dancing
- Bollywood Dance
- Ballroom and Latin Dance
- Tai Chi
- Fitness Instructing
- Yoga
- Tap Dancing and Ballet
- Plus many more!

DID YOU KNOW...

If you need help brushing up on your Maths and English skills we can help! We offer a range of courses for those who don’t already have a GCSE in these subjects (Grade A*-C). All of our classes are run by friendly, experienced tutors who are on hand to help you build your skills and confidence.

We also offer a range of Family English, Maths and Language (FEML) programmes

We offer an exciting range of family friendly courses including ‘Family Computer Game Maker’, ‘Family Fun Nail Art’ ‘Family Jewellery Making’ and many more!

We even offer a range of ‘family fun’ courses, so why not bring the kids along!*

Visit: www.southstaffs.ac.uk/community-education to find out more!

*Children on the family fun courses must be a minimum of 7 years old to take part.

GET CONNECTED...

IT and Computing

Do you want to develop your computer skills or get up to speed on the latest digital technologies? Do you want to find out more about trading online or building websites? Whatever your goals, our range of practical IT and computing courses will help get you online.

What you can study...

- Sage Computerised Book Keeping
- Web Page Concepts and Design
- Trading on ebay
- Get to know your PC
- Understanding your tablet
- Computing made easy
- 3D Design and Print
- Plus many more!
YOUR AT A GLANCE GUIDE to Adult Learning @southstaffs

Did you know
If you’re in receipt of some means-tested benefits and choose a fee-paying course, you may be eligible for a reduction in fees.

Cost
Our ‘Taster Sessions’ are completely FREE of charge!

Flexibility
Courses run during the day and evenings throughout the year (and weekends too!)

Choice
We offer hundreds of courses in a huge variety of subjects.

Ease
You can register your interest for our courses in just 25 seconds online!

Location
As well as our own campuses, we deliver courses at a range of outreach locations (details of which can be found on the back page of this brochure).

Did you know
Want to know if a course is right for you before you ‘sign up’? We run a fantastic range of ‘Taster Sessions’ and introductory courses in subjects including: Creative Writing, Tap Dancing, Ballet, Dressmaking, Photography and many more! We also offer courses at different levels, so whether you want to try something completely new or just want to brush up on your skills, we can help.

Facilities
All of our campuses have state-of-the-art learning facilities and equipment.

Quality
You’ll be taught by experienced tutors who are experts in their field.

Progression
Many of our courses can lead to other qualifications which can help you fulfil ambitions and boost your career.

Discounts
We offer an ‘early bird’ discount for those who sign up to our fee-paying courses.

Call 01827 304 337 to find out more about early bird discounts!
As well as being delivered at our Tamworth, Lichfield, Cannock and Rodbaston Campuses, we also offer Adult Leisure and Learning Courses at our TORC campus (in Tamworth) and various community outreach centres including:

- Boney Hay Children’s Centre, Chase Terrace
- Bromford Living, Lichfield
- South Staffordshire Council Office, Codsall
- Old Mining College Centre, Burntwood
- Queens Croft High School, Lichfield
- Tamworth Library, Tamworth
- Wilnecote High School, Tamworth

**OPEN EVENTS...**

If you want to find out more about any of our courses, why not come along to one of our Open Events. Held throughout the year at all campuses, simply visit: [www.southstaffs.ac.uk/events/](http://www.southstaffs.ac.uk/events/) for details of dates and times.

Please note: Classes will run only when sufficient numbers have been enrolled. Learners must be aged 19+ to enrol.

01827 304 337 • [www.southstaffs.ac.uk](http://www.southstaffs.ac.uk)