The Butte College Foster/Kinship Care Education Program Presents
Workshops Featuring Trainer: Susan Patricio MS, RN

When: Tuesday Mornings 9am to noon
Location: The Paradise Ridge Family Resource Center
6249 Skyway Paradise, CA 95969

Nurturing Parenting Program-Skills For Families
Nurturing is the ability to care for and foster growth in us and others. We all need to be nurtured - to receive understanding, respect, recognition, warmth, praise, security, limits and appropriate expectations. Parents who learn “Nurturing Parenting” realize that raising children doesn’t have to be a series of confrontations where parents have to “pick their battles”. The Nurturing Parenting Program’s Goals are based on teaching competency areas. A competency area is a set of parental attitudes and behaviors that plays a very significant role in childrearing. A major goal of the Nurturing Program is to help parents improve their nurturing in each of these five areas: 1: Appropriate Expectations 2: Empathy 3: Non-Violent Discipline 4: Appropriate Family Roles 5: Power and Independence. The Nurturing Parenting Programs are developed from a strong philosophical basis that supports the growth and development of parents and youth as caring people who treat themselves, other, and the environment with respect and dignity.

2015 Dates:
April 14 Week 1/10 The Philosophy and Practices of Nurturing Parenting
April 21 Week 2/10 Ages and Stages of Growth and Development
April 28 Week 3/10 Ways to Enhance Positive Brain Development
May 05 Week 4/10 Communicating With Respect
May 12 Week 5/10 Building Self-Worth
May 19 Week 6/10 Understanding Feelings
May 26 Week 7/10 Understanding and Developing Family Morals, Values and Rules
June 02 Week 8/10 Praising Youth and Their Behavior
June 09 Week 9/10 Alternatives to Spanking
June 16 Week 10/10 Learning Positive Ways to Deal with Stress and Anger

Developing Capable Young People
Developing Capable Young People is a phenomenal parenting series created and developed by H. Stephen Glenn. The premise of this parenting approach is to work with youth’s perceptions of themselves and the world. Giving youth the messages: You are SIGNIFICANT, You are CAPABLE, You have INFLUENCE, and You are NEEDED, truly can change a youth’s life for the better! Come learn how to apply this model of parenting and influence your own life as well! Lisa will focus instruction on how to apply this model to your specific needs/situation. Problem solving for parents/support staff attending this class will be a priority in any class session. Have you already taken the series and need a refresher? Come and join us!!!!

2015 Dates:
June 23 Class 1/10 The argument for changing your relationship with your youth… The Significant Seven.
June 30 Class 2/10 Working with your youth’s perceptions
July 07 Class 3/10 Giving your youth the “You are Capable” Message!
July 14 Class 4/10 Giving your youth the “You have Significance” Message!
July 21 Class 5/10 Giving your youth the “You have Influence” Message!
July 28 Class 6/10 Developing Interpersonal Skills in your youth
August 04 Class 7/10 Developing the skills of Listening, Communicating, and Dialog with your youth
August 11 Class 8/10 Developing Systemic Skills: Conveying Empathy with firmness, dignity, and respect
August 18 Class 9/10 Developing Judgment Skills and Capabilities in your youth
August 25 Class 10/10 Ten Keys to Validation and Affirmation- Using Builders, Not Barriers with your youth

Please call Butte College Foster/Kinship Care Education at 530-897-6235 to sign-up for any of these classes. If you are new to the program or have not attended training recently please arrive 15 minutes early to fill out mandatory paperwork or fill it out from the website and bring it with you. www.butte.edu/careerservices/fosterkinship/
Or go to www.butte.edu/careerservices and click on Foster/Kinship Care Education Program

😊😊 Thanks for your cooperation, it really helps!! Choose Your Attitude AND Make It A Great Day!!😊😊